



Update
March 25, 2009
Vol. 3, Issue 4

Independence ~ Knowledge ~ Community

“That’s What Friends Are For”

The past few days have been very sad and difficult for our students, recent graduates, faculty, and families as they have had to come to grips with another tragic death of one of our students, 2008 graduate Robert Bowker-Kelly. Our thoughts and prayers go out to the Bowker-Wickersham family – parents Christine and Clark, and sisters Joycelynn, Nicole, Corrie, and Hana.

A popular song in 1985 was “That’s What Friends Are For” sung by Dionne Warwick, Gladys Knight, Stevie Wonder, and Elton John. I was teaching U.S. History at Randolph High School at the time and was also Student Council Advisor. That year, the Council sponsored a Talent Show to raise money for a scholarship in memory of the ten year old son of one of our teachers who had died in a car accident. At the end of the Talent Show all performers sang the song. On Monday, a group of students met with me to ask if it would be possible to purchase some white t-shirts and tie-dye kits so that they could make and sell, at cost, t-shirts for students and staff to wear to the wake and funeral. In their grief, these students wanted to find a way to honor Robbie as well as to follow his family’s request for everyone to dress casually for both occasions. I was very moved by their request and we quickly worked together to purchase the materials and groups of students made the t-shirts in their homes on Monday night. One of the stanzas that is repeated in the song is

Keep smiling, keep shining
Knowing you can always count on me, for sure
That's what friends are for
In good times, in bad times
I'll be on your side forever more
Oh, that's what friends are for

School is so much more than teaching and learning and nowhere is this more evident than at SSCPS. We are a community that laughs together, cries together, and supports one another when the unexpected strikes. Together, we will get through these difficult days and help our students deal with all of the questions that come up when someone dies, especially one so young.

Department of Elementary and Secondary Education Visits

Today and tomorrow, two teams from the Department of Elementary and Secondary Education are visiting SSCPS to learn more about our school, our compliance with federal regulations, and what we are doing to improve instruction and student achievement. I would like to thank our teachers, support staff, and administrators for all that they have been doing since the very beginning of the school year to make our school even better and meet the needs of all of our students. In putting together all of the documents for the two teams, we realized just how much has been going on at SSCPS this year – it is breath taking. As you all know by now, I have worked in a number of school systems in my career. I can honestly say that I have never met a more dedicated and committed staff. They work tirelessly and just about around the clock to meet the educational, social, and emotional needs of our students. Special thanks and appreciation also to the parents and members of the Board of Trustees who found time in their busy schedules to participate in the focus group meetings tomorrow.

Prue Goodale

*No words can ease the heartbreak,
no tears or memories can take
away the loss of one who's gone,
of one you've loved since he was born. – Joyce P. Hale*

Wednesday	3/25	Junior Parent Night	7:00pm
Thursday	3/26	DESE Federal Program Review & Charter Site Visit	
Thursday	3/26	2 nd Grade Students Field Trip to MFA	
Thursday	3/26	Education Committee	3:45pm
Thursday	3/26	Finance Committee	6:00pm
Thursday	3/26	Board of Trustees	7:00pm
Saturday	3/28	Founders Celebration – Clarion Hotel – Hull	7-11pm
Monday	3/30	Facilities Committee	5:30pm
Tuesday	3/31	Governance Committee	7:00pm

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG

ANNOUNCEMENTS

The 7th Annual Big Hair Cut is coming . . . June 12! 10 inches of hair required – come join our Big Give to give your hair to be sent to Locks of Love, an organization that makes wigs for children who lose their hair due to chemotherapy and other lose diseases. Everyone is invited to participate and cheer for everybody. Let’s beat last year’s record of 110 inches of braid! (we have collected 605 inches of hair in the past 6 years!) Sign-up on the door of Mary Ellen’s classroom, room 103, next to the front desk. If you have any questions please contact me by sending an email to amedeiros1106@hotmail.com. The Big Count Down, Drum Roll, and C heers begin at 2:15 outside, behind the school. (if it does rain we will be moving it inside into the High School Great Room. Everybody Come!



LUNCH ORDERS

Enclosed is the April Menu and Order form. April orders are due Thursday, March 26th.

HEALTH OFFICE

The Smart Smiles Dental Prevention Program is returning to our school this coming spring. The program provides dental screenings, dental sealants and topical fluoride, as well as referrals for dental treatment as necessary. This school-based oral health program is provided at no cost to families. Dental sealants are coatings that are placed on the top surface of molar (back) teeth and are nearly 100% successful in preventing cavities. The program targets 2nd and 3rd grade students, as well as 6th and 7th grade students. If there is a family in another grade that would like to participate, please contact the school nurse. The Smart Smiles Program is a collaboration between the Massachusetts Department of Public Health and Boston University School of Dental Medicine.

K-6 PRINCIPAL REPORT

We are all very sad at the passing of Robbie Bowker Kelly a graduate of our school and we are grateful to have known him and his family. We will try to be the best school we can be for his sisters Corrie and Hana. As Rick Small said to the High School students at Morning Meeting on Monday we are a family and we mourn his death and celebrate his life. I know that his parents love this school and our hearts go out to them. We will not forget Robbie and we look forward to welcoming back Hana and Corrie when they are ready to come back. His family was so proud to say he was a graduate of our school and we will keep his loving and fun spirit alive and well, and I will remember him for his fine food and tie dye shirts.

Last Friday was our final Professional Development Day of the school year. On that day everywhere I went I saw teachers talking together passionately about students' work. I saw Level Coordinators and teachers working together planning both long range plans and short term plans to help students learn. There were specific conversations about how to teach topics/domains/subjects more effectively both on the micro and macro level. There was conversation about how to more effectively teach particular students. There was celebration about student success. There were incredibly high standards. In my view, always higher than the state standards, thought by analysts to be in the top five for toughness in the country. Yesterday, groups of our teachers decided a paper was a 2, where I thought the state might think it a 3!

Many people say one of the hallmarks of a good school is constant talk about student work. Studies show that along with feedback it is one of the most important contributors to improved student performance. Well, from the data that I saw chartered yesterday, it was clear that our students are doing better. Yes there are students about whom we are concerned. However, we see that we are doing better motivating students to work hard and we are communicating that, with effort and support, all students will achieve high standards. The extra support and the classroom teaching are making a difference. In the cases where we are not seeing improvement now, we need to keep our eyes on the prize, which is long term achievement, and we must not sacrifice long term learning for minor short term improvement. This school is great because we believe that learning is complex and our most important goals are community, knowledge and independence for our students and we will not sacrifice those for short term gains. We (and the State) set very difficult goals for our students but the evidence is that we are meeting many of those goals. Are we satisfied? Well on Friday I did not hear a single teacher who was satisfied with the status quo but I also did not hear teachers who did not take satisfaction in the work that we are and have done together.

As part of the accountability process that helps makes Massachusetts Charter Schools among the best in the country the state is visiting us today and tomorrow. We will be sure to communicate with you what their ideas are about how we are doing and what we could do that would make us a better school.

Ted Hirsch – (781) 982-4202 – hirsch@sscps.org

ATHLETICS

High School Basketball News:

Congratulations to Yuji Dubuisson and Katie Sullivan who were both voted to the All League Second Team. They were among only 20 athletes that were selected in our MCSAO league. The athletics department is very of all of our Jaguars!

ON THE LEVELS

SAYING OF THE WEEK:

Level 1: "Sour grapes."

Level 2: "When it rains it pours."

The **Level II students** are participating in the Pennies for Patients campaign. This is a fund raising activity sponsored by the Leukemia and Lymphoma Society. The students will be collecting spare change to help people with blood cancer. This year we will be raising money in honor of Alison Hayes, who was a 2007 graduate of SSCPS. Please consider donating your spare change to one of the level II classrooms. Every PENNY counts!!!

FUNDRAISING & DEVELOPMENT CORNER

DRIVE fore the FUTURE Golf Tournament & Auction

The Golf Tournament & Auction website is now live! www.scefgolfauction.com Please visit the website daily to see what new & exciting auction items have been donated! Event information will be added shortly and the registration form can be downloaded from the website. Reserve your golf spots today! 30% of our golf slots are filled on promises, so get your forms in to be sure you get a slot! Ads, sponsorships & auction items are coming in. We now have over 40 items toward our 100 item goal. If you're wondering how you can help reach our goal and more, please see below.

Your Time is Valuable! One bittersweet upside to the current economic crisis is that many of us hardest hit may find ourselves with a windfall of time on our hands. If your business has experienced a downturn and you've got some time to share, why not consider donating a gift certificate for your services to our Spring golf tournament and auction? Lawyers, handymen, landscapers, calligraphers, party planners – whatever your specialty – no doubt there is a family in our community willing to bid on your services. This is a great opportunity to build contacts and expand your business base, support our wonderful school, and lead by example in showing your children that 'community service' is a lifelong pursuit. It's a win-win situation. Contact Geri Calos today at (781) 982-4202 ext. 362 or by email at gcalos@sscps.org if you are willing to donate your time and expertise.

PARENTS ASSOCIATION

The SSCPS PA Needs You!!!

If you've ever considered getting more involved at the school now is your chance. The PA Elections are fast approaching.

Please consider running this election for:

- PA Chair, Co-Chair, Secretary, or Treasurer
- Committee Chair (Arts/Music, Welcoming/Orientation, Community Service, SEPAC, Fundraising, Health/Safety, and Library)
- Parent Grade Reps (k-12)

If you are interested in getting your name on the ballot, or have questions regarding roles and responsibilities, please email me at jcalamoureux@comcast.net.

Deidre Lamoureux, PA Chair

REMINDER: to join the online SSCPS Parents Discussion Forum at GoogleGroups which is a great forum for sharing thoughts and ideas related to the school and our community, and for keeping up with Parents Association announcements and news. If you'd like to sign join you can email the group owner at dwhitemyer@rcn.com or log onto <http://www.sscps.org/parents/parents-association/index.cfm>

EMPLOYMENT OPPORTUNITIES

2008-2009 Vacancies:

- **On-Call Substitute Teachers**
- **On-Call Substitute Teacher Aides**

Send cover letter, resume and list of references to Kristine Shipps, Business Manager.

COMMUNITY SERVICE

A SPARKLING PARAGON CAROUSEL

Thanks to the efforts of more than 75 volunteers on Friday and Saturday last week, the Paragon Carousel is a sparkling jewel once again. Friday afternoon dozens of Girl Scouts and Troop leaders joined together to clean the fence railing around the horses while a team of 12 adults cleaned the inside of the Clock Tower Building. Starting at 8:30 am on Saturday 4 licensed electricians started a 6 hour process of re-wiring the Clock Tower Building to make the space more useful. As the electricians worked scores of volunteers arrived with buckets, power washers, shop vacs, sheer muscle and boundless energy and started working on more than 30 cleaning and clearing projects. By 2:00 pm virtually all the work was completed and volunteers who arrived later were disappointed that there was nothing left to do.

BUT THERE IS MORE TO DO.....THIS WEEKEND IS PAINTING WEEKEND

Prep Day at the Paragon Carousel-Friday

Friday, March 27th at 3:00 pm

Help get the carousel ready for a new coat of paint

We will need scrapers and wire brushes and Drop Cloths as well as Shop Vacs to clean up the mess.

3 teams of 6 people will help to make the prep work go fast.

Painting Day at the Paragon Carousel-Saturday

March 28th- starting at 9:00 am

Volunteers will arrive at 9:00 am, 11:00 am and 1:00 pm so that we have a steady flow of energy.

Please come prepared to paint and bring along any of the following materials;

Latex Paint Brushes, Scrapers, Wire Brushes, Roller Handles, Paint Trays, Roller Extension Sticks and rags. We will need lots of CANVAS/CLOTH drop cloths. Please do not bring Plastic Drop Cloths, **only CLOTH drop cloths.**

Please put your name on all your equipment if you want it back. We will also need volunteers for painting the inside of the Carousel which includes the fence railing around the horses and the inside of the garage doors. All work begins at 9:00 am. Again we will need lots of CLOTH drop cloths and rags. Jim Quatromoni and Chris Oliveri are serving as Project Managers for the outside painting and Dianne Campbell is serving as Project Manager for the inside painting. If you plan to show up to help out please send an email message to Dennis Zaia at DZ@FocusHR.com Please go to www.ParagonCarousel.com to read about how you and your neighbors or business group or community group or your family can help to staff the Carousel on a Saturday or Sunday from April 11 until May 17 when the Carousel will be open from 11:00 am until 5:00 pm.

Penny Drive Level 3 & 4 – March 16th thru April 17th

Grace & Nicholas Moore are raising money to donate to the Children's Inn at The National Institute of Health in Bethesda, MD. Their brother, Benjamin, spent 11 weeks receiving treatment at NIMH (National Institute of Mental Health) last April. Grace and Nicholas stayed at the Inn for 5 weeks last year. Their mom and Benjamin, stayed at the Inn for the 11 weeks while Benjamin received treatment.

The family had a chance to experience, first hand, how important a place like the Children's Inn is to families living with chronic and sometimes life threatening illnesses. The Children's Inn provides all services free of charge. Families can stay for up to 120 days or more, in some cases, while their child is being treated.

Here is some more information about the Children's Inn taken from their website:

In June 1990, The Children's Inn at NIH opened its doors to pediatric patients and their families. Since then The Inn has been in continuous operation: 24 hours a day, seven days a week, 365 days a year. Our doors never close. During the past 18 years, 8,684 seriously ill children and their families have made 40,000 visits to The Inn.

Children and families travel from all over the world to the National Institutes of Health (NIH) because conventional treatments have failed to have sufficient impact on their illnesses. Located in Bethesda, Maryland, NIH is the world's premier biomedical research facility. Children receive treatment for illnesses such as cancer, heart, lung, blood, bone and growth disorders, mental illnesses, and HIV infection. The warmth and camaraderie of The Inn stand in sharp contrast to the isolation of a hotel room. In the lively atmosphere of The Inn, the kids and their families can put aside the challenges they face. The Inn gives kids a place to be kids for a while, instead of patients. At the end of the treatment day, they leave behind the IV drips, the needles, the nurses and doctors to return to The Inn and, most importantly, to the comforting presence of their families and caring staff and volunteers.

The overriding philosophy at The Children's Inn is that families make a difference in the lives of their sick children. To treat a patient effectively, the healthcare team must care for the family and child as one. The emotional comfort a family gives to a sick child and the mutual support among kids and families who share the same experience together are invaluable.

FREITAS FAMILY COLLECTING DONATIONS FOR TANZANIA! Our Auntie Arlene will be traveling to Tanzania in East Africa at the end of June with Missions for Humanity. Their purpose is to provide medical, dental and humanitarian aid to those in the neediest communities. They will be working at the Ukonga Hospital in Dar es Salaam, Tanzania and the outlying villages. We are very proud of our aunt for all of the work that she does to help other people and we thought it would be great for us, as kids, to help the kids that she will be working with. We are looking for donations of new or gently used backpacks. Also flip flops and sunglasses for children. If you can donate any of these items, please bring them to Danny Freitas in Krista's Pod on Level II.

Thank you - The Freitas Kids: Danny (4th grade), Matthew (2nd grade) and Amelia (kindergarten)

HELP!



The History Workshop is looking for people who have been to and remember Paragon Park. We are making a public exhibit about the park and need information about the history and closing of the park, memories, pictures, artifacts, etc. If you have anything that might help us or would like to be interviewed, please be kind enough to contact us at ldesalvo@sscps.org.

SAVE THE DATE

APRIL 29, 2009

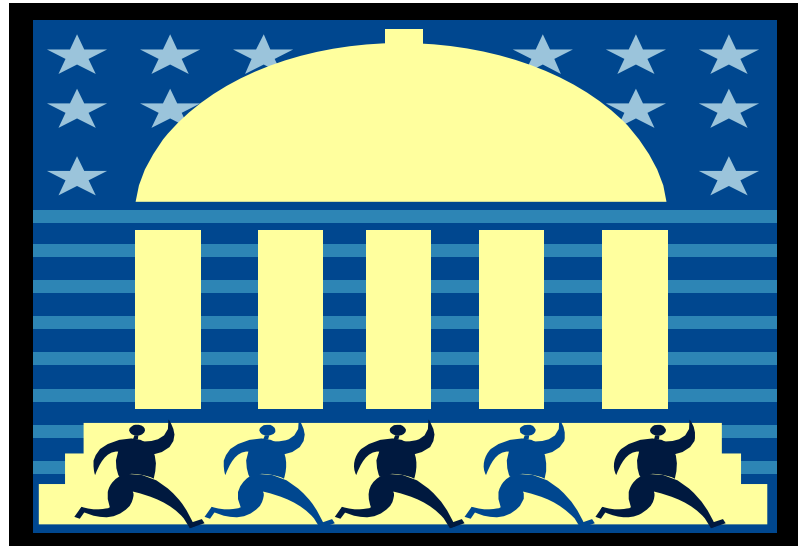
10:00a.m.-2:00 p.m.

STATE HOUSE
BOSTON, MA

CHARTER SCHOOL STATE HOUSE DAY

MA CHARTER PUBLIC SCHOOL ASSOCIATION

Our mission is to serve, support and advocate for Massachusetts charter public schools.



CALLING ALL PARENTS

Your attendance at our 5th Annual Charter School State House Day is very important. Budget cuts are jeopardizing the funding for our schools. We need your help educating legislators about charter public schools.

- Tell your story
- Advocate more choice for parents
- Ask your legislator for their support

We will provide you with:

Transportation to/from the State House

Box lunch

Speaking program with important legislators

South Shore Charter Public School
100 Longwater Circle
Norwell, MA 02064

Contact: Deidre Lamoureux
Phone: 781-335-5014
E-mail: jcalamoureux@comcast.net



February 10, 2009

Dear Friend:

It's still very much winter, but SSCEF's Auction & Golf Committee is already in full swing, planning the 14th Annual Auction and 1st Annual Golf Tournament. Yes, the **Drive Fore the Future** events will be held at Southers Marsh Golf Club in Plymouth on **Thursday, May 28th, 2009** beginning with an afternoon scramble (12:00 p.m. registration, 1:00 p.m. shotgun start) and followed by a fabulous dinner auction with one-of-a-kind items to benefit the students of the school.

This tournament is not just a great day of golf; it's an important fundraiser for an institution that's near and dear to our hearts – South Shore Charter Public School. Each year, our efforts support programs from the arts to athletics, science to technology. If you have a child who has attended the school or if you're a graduate yourself, you know what a difference an SSCPS education makes. If not, take this opportunity to learn more about this wonderful school which educates students from grades K through 12 from 27 communities in the area.

Each year, our school graduates another fine crop of future leaders who have spent thousands of hours volunteering at such places as Cardigan Nursing Home, Cradles to Crayons, Habitat for Humanity (South Shore and International), Holly Hill Farms, Magical Moon Foundation, Hull Seaside Animal Rescue, South Shore Hospital, South Shore Wildlife Center, Special Olympics, Tufts Floating Hospital, and Wellspring Multi-Service Center. Since SSCPS opened its doors in the fall of 1995, we have been committed to service learning and students begin their service in kindergarten. We are most fortunate to have this unique school on the South Shore!

We've enclosed this year's registration form, but you can also make your sponsorship commitment, sign up your foursome or make dinner auction reservations online at www.sscps.org. Sponsorship opportunities start at just \$100 and our golf packages include your cart as well as dinner that night in coordination with our Annual Auction. In short, there's something for everyone.

All we need is you. While we can accommodate about 250 for dinner, our field of golfers is limited to 144, so please register today and join us for all or part of what promises to be a spectacular day for SSCPS. If you have any questions, please contact Geri Calos at gcalos@sscps.org or at 781-982-4202 ext. 362, or any of the three co-chairs who signed below. On behalf of the entire South Shore Charter School Community, we thank you for your support.

Best regards,

Miriam Brownwall
Golf & Auction Chairperson
Brownwall@comcast.net

Mark Stevenson
Golf Committee Co-Chair
gurnetinn@verizon.net

Maureen Hebert
Auction Committee Co-Chair
mhebert@metlife.com



DONOR /PLAYER CONTACT INFORMATION

Name/Contact: _____
 Company: _____
 Address: _____
 City, State & Zip: _____
 Phone: _____ E-Mail: _____ Web Address: _____

GOLF SPONSORSHIP OPPORTUNITIES

- \$2,000 Tournament Sponsor**
Includes foursome, 4 additional guest dinner tickets, half-page ad in program
- \$1,000 Contest Sponsor**
Includes foursome, 2 additional guest dinner tickets, contest sign and quarter-page ad in program
- \$750 Hole Sponsor Foursome**
Includes foursome, hole sign and business card ad in program
- \$275 Hole Sponsor**
Includes hole sign and business card ad in program
- \$100 Cart Sponsor**
Includes sign on golf cart and listing in program

PAYMENT
 Total Amount: \$ _____
 Check / Money Order enclosed payable to SSCEF
 Bill my credit card: MasterCard Visa
 Account #: _____
 Exp. Date: _____
 Signature: _____

Corporate or Personal Auction/ Golf Donor \$ _____ (please complete top section)
\$1000 donors will receive 4 tickets to Dinner Auction

Advertising Donors

- Business Card \$35.00 ½ page ad \$100.00 back cover \$200.00
- ¼ Page Ad \$60.00 full page ad \$175.00
- I'd like to donate a prize for the raffle or auction: _____
 Estimated Value _____ (continue description on reverse or attach information as necessary)

PLAYER / BANQUET REGISTRATION

- \$450 Golfer Foursome x _____ (\$500 if received AFTER May 15, 2009.)
- \$125 Individual Golfer x _____
- \$35/65 per couple... Dinner Auction Only Tickets x ___ individual ___ couple

My group includes:

	Golfer	Dinner Only	Golfer's Shirt Size (circle)
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	S M L XL XXL
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	S M L XL XXL
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	S M L XL XXL
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	S M L XL XXL
5. _____	<input type="checkbox"/>	<input type="checkbox"/>	
6. _____	<input type="checkbox"/>	<input type="checkbox"/>	

All golf and sponsorship packages include golf, cart, giveaways and dinner and auction. Field is limited to 144 players, so act now! Payment must be received with reservation to confirm spots. Please send registration form and fees no later than Friday, May 15, 2009 to: **Golf Tournament, SSCEF, PO BOX 512, Accord, MA 02018** or fax to (781) 982-4201. Online registration available at www.sscps.org

Lunch Menu – April 2009

Monday	Tuesday	Wednesday	Thursday	Friday
6 <p style="text-align: center;">Turkey</p> <p style="text-align: center;">With American cheese, lettuce, tomato and mayo</p>	7 <p style="text-align: center;"><i>Cheese Pizza</i></p>	8 <p style="text-align: center;"><i>Chicken Salad</i></p> <p style="text-align: center;"><i>With lettuce and tomato</i></p>	9 <p style="text-align: center;"><i>Cheese Pizza</i></p>	10 <p style="text-align: center;">Tossed Salad</p> <p style="text-align: center;">With Italian dressing and pita bread</p>
13 <p style="text-align: center;"><i>Roast Beef</i></p> <p style="text-align: center;">With American cheese and mustard</p>	14 <p style="text-align: center;"><i>Cheese Pizza</i></p>	15 <p style="text-align: center;"><i>BLT</i></p> <p style="text-align: center;">Bacon, Lettuce and Tomato with mayonnaise</p>	16 <p style="text-align: center;"><i>Cheese Pizza</i></p>	17 <p style="text-align: center;">Tuna Salad</p> <p style="text-align: center;">With lettuce and tomato</p>
20 <p style="text-align: center;">----- V</p>	21 <p style="text-align: center;">A C</p>	22 <p style="text-align: center;">A T</p>	23 <p style="text-align: center;">I O</p>	24 <p style="text-align: center;">N -----</p>
27 <p style="text-align: center;"><i>Italian Cold Cuts</i></p> <p style="text-align: center;">With Provolone cheese, lettuce, tomato, pickle and oil</p>	28 <p style="text-align: center;"><i>Cheese Pizza</i></p>	29 <p style="text-align: center;"><i>BLT</i></p> <p style="text-align: center;">Bacon, Lettuce and Tomato with mayonnaise</p>	30 <p style="text-align: center;"><i>Cheese Pizza</i></p>	5/1 <p style="text-align: center;">Greek Salad</p> <p style="text-align: center;">With Greek dressing and pita bread</p>

2 % milk, chocolate milk, strawberry milk or orange juice is included with the purchase of lunch or may be purchased for 25 cents. If your child has forgotten a lunch, yogurt, a fruit bar and Milk will be provided at the cost of \$1.75. For Level I and II a Lunchable and Milk will be provided for the cost of 2.75. A note from the office will go home that week for reimbursement

Lunch Order Form
 Lunch for the Month of April, 2009
Due to the office by 3:00 pm, Thursday, March 26, 2009

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day lunch will be ordered and **CIRCLE** your selection.

Week of	<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday
4/6 – 4/10	Sub	Pizza	Sub	Pizza	Salad
	½ sub	#_____	½ sub	#_____	
	Wheat		Wheat		

Week of	<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday
4/13 – 4/17	Sub	Pizza	Sub	Pizza	Sub
	½ sub	#_____	½ sub	#_____	½ sub
	Wheat		Wheat		Wheat

Week of	<input checked="" type="checkbox"/> Monday	<input checked="" type="checkbox"/> Tuesday	<input checked="" type="checkbox"/> Wednesday	<input checked="" type="checkbox"/> Thursday	<input checked="" type="checkbox"/> Friday
4/20 – 4/24					

----- V A C A T I O N -----

Week of	<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday
4/27 – 5/1	Sub	Pizza	Sub	Pizza	Salad
	½ sub	#_____	½ sub	#_____	
	Wheat		Wheat		

Number of Subs/Wheat ordered	_____	X	\$5.00
Number of ½ subs ordered	_____	X	\$3.00
Number of Pizza Slices ordered	_____	X	\$1.75
Number of Salads	_____	X	\$3.00

Less credit due

Total Amount Enclosed \$_____

Cash or Checks may be made out to SSCPS.

Choice of 2% milk, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 25 cents.

Please note: If your child has forgotten lunch, a lunch of yogurt, a fruit bar and Milk will be provided at the cost of \$1.75 For Level I and II a Lunchable will be provided at the cost of \$2.75. A note from the office will go home that afternoon for reimbursement.

We build strong kids, strong families, strong communities.



Teen Fridays In March

Every Friday from 6:30 - 9:30 pm we offer activities for teens. Come try a new activity. Find what moves you!



3/6	Definitions	6:30 - 7:30 pm	studio 3
	Wiffle Ball	7 - 8:30 pm	gym
	Performance Workshop	7:30 - 9:30 pm	AHC
	Foosball Challenge	8:30 - 9:30 pm	activity center

**Free
Pizza
March 6th**

3/13	Zumba	6:30 - 7:30 pm	studio 3
	Kick Ball	7 - 8:30 pm	gym
	Eco-Art Project	7 - 9 pm	AHC
	Shuffle Board Challenge	8:30 - 9:30 pm	activity center

3/20	Definitions	6:30 - 7:30 pm	studio 3
	3 on 3 Basketball	7 - 8:30 pm	gym
	Performance Workshop	7:30 - 9:30 pm	AHC

3/27	Zumba	6:30 - 7:30 pm	studio 3
	Revenge	7 - 8:30 pm	gym
	Special Event Sponsored by SSYMCA Leaders Club	7:30 - 9:30 pm	AHC
	Ping Pong Challenge	8:30 - 9:30 pm	activity center

Every Friday Night:

- Cardio & Weight Training**
6:30-8:30 pm
- Mixed Martial Arts**
7:30-8:30 pm studio 2
- Indoor Cycling**
7— 7:55 set-up
8 — 8:30 pm
Kick'in Class
- Open Gym, Swim & Cardio**
6:30-9:30 pm

New Format

Teen Friday events are free to Members and \$5 for Non-Members. Participants must be 12 or older. Come 10 times & get a prize. Wear work-out gear to be active.

TEEN FRIDAY NEWS
Check out the March Calendar.

Teen Advisory Board – The CORE

If you: Have fresh ideas for Teen Fridays. Consider yourself a leader or role model. Or, want to be a leader. Ask us about the Teen Advisory Board – The CORE. A group of teens will be selected as part of a “think tank”, developing programs for all of you. So if you want a say in what happens at the Y on Friday nights – join in. Get an application at the Teen Friday registration table or ask any of the staff about it.

Accessories for everyone! Starting this Friday **everyone**, Member and Non-Members, will get a wristband at check in. Why do you have to wear them? To keep you safe (so we know who you are) and to give you access to Teen Friday activities. Look forward to seeing you all on Friday. Karen Hirsh 781-829-8585 x335