



*Update*  
**September 17, 2008**  
Vol. 9, Issue 3

*Independence ~ Knowledge ~ Community*

***We are how we treat others . . .***

When I was principal of Scituate High School, my husband and I attended a week long institute on high schools of the future. My week at Brown was a life-changing experience for me and I came away with a number of new ideas. Two of the presenters that week were Theodore Sizer, founder of the Coalition of Essential Schools, and Grant Wiggins, founder of the Understanding by Design program. One of the “assignments” for the 200 participants who came from all over the country was to write a short, succinct student discipline code. When I returned to Scituate, I worked with the faculty and students on our handbook and we completely revamped both the student and faculty handbook and we made it clear to everyone that “we are how we treat others.” Here at SSCPS, I hear teachers, Level Coordinators, and staff members always talking to students about the importance of respect and the importance of community.

Last year, school administrators and members of the Parents Association joined together to address the issue of bullying and cyber-bullying– a problem that sadly permeates society and school communities everywhere. We contacted Dr. Elizabeth Englander, the founder of the Massachusetts Aggression Reduction Center (MARC) to schedule events and programs for parents, faculty and students. MARC is based at Bridgewater State College and its goal is to bring low- or no-cost services to K-12 education, in the Commonwealth of Massachusetts, in the area of bullying prevention, cyberbullying education and prevention, and violence prevention. In January, MARC presented to parents and on August 25<sup>th</sup>, MARC did a three hour training for all of our staff. Yesterday, facilitators from MARC did two presentations: one for seventh and eighth grade students and one for the high school students. Next Wednesday, John Halligan will be here to do a presentation for students, “Ryan’s Story.” Katie Walsh, one of our Level IV teachers, heard John speak at a middle school when she was doing her student teaching. Last spring, Katie and I talked about a presentation of “Ryan’s Story” for our Level IV students. John’s son Ryan was a student at a middle school in Vermont who was bullied and took his own life. “In memory of his son, he spearheaded the Vermont Bully Prevention Bill in 2004 and it was signed into law in May of that year. Since the death of his son, John has made it his mission to tell his son’s story and education young people about the problem. In 2006, John was interviewed by ABC anchor Diane Sawyer. Partnering with the Holbrook Public Schools, we are able to share the cost of bringing John to both schools on the 24<sup>th</sup> to address the on-going problem of bullying and cyberbullying.

As always, we need your support and vigilance at home to address the rampant problem in this country with cyberbullying and the inappropriate use of myspace and other internet sites by young people. Last spring, we posted information about internet safety on our website.

Together, we can educate students about the very real harm that bullying and cyberbullying can cause others and the serious consequences of these acts. We are how we treat others.

***Annual Fund, Harvest Road Race and Development Summit this Saturday***

This week you all received a letter on South Shore Charter Educational Foundation (SSCEF) letterhead about this year’s Annual Fund. State law requires charter schools to have a separate entity (a foundation) for fundraising events such as the Annual Fund, a Capital Campaign, Road Race, Auction, Golf Tournament, etc. SSCEF is our foundation. As you know, last year we started the Annual Fund late in the year. Everyone, particularly those experienced with development and fundraising, told me that we were very late in starting the campaign. The good news – the letters are out and I hope that we can get our parent participation up from 46% to 100% this year – that is my goal. The not so great news – we had to doctor the new logo for the Foundation because of the wording, “South Shore Charter Public School.” Graphic designer, super parent, and creator of our new school logo, Tim Coletti has offered to work on the adaptation of the new logo for the Foundation.

This Saturday is our Fourth Development and Fundraising Summit and EVERYONE is invited to attend. The meeting is being hosted by Board member Jo Loughnane at her home in Hull. We encourage anyone interested in helping SSCPS reach its fundraising goals over the next year to attend. The meeting will begin at 9:30 a.m. and should be over by noon. If you are able to attend, please contact Pam Algera no later than Friday morning so that we can have a head count for Jo. Coffee and refreshments will be served.

**Directions to Jo Loughnane’s Home  
Fifty Andrew Avenue**

Once you enter Hull (either by Rte. 228 or 3A) you will be on Nantasket Avenue, the main street in Hull. One of the first establishments you will see on your left is the Red Parrot Restaurant and my home is approximately 4 miles from that point. Follow Nantasket Avenue for about two miles and you will be at a traffic light with the fire station on your left. This is A Street and the start of the Alphabet Streets. Once you come to XYZ Street you will come to a three-way intersection where you will bear hard left. You will then pass two yacht clubs and a gazebo. Shortly after that you will again bear left and you will pass the cemetery on your right; the water will be on your left. After a short distance you will enter Hull Village with houses on both sides. Almost immediately you will see a large gray house, which is the Hull Library. At that point you will take a left onto Highland Avenue. Follow Highland to the top of the hill to Andrew Avenue (second right, about 15 houses on your right). My home is on the corner of Andrew and Highland. It is natural gray with a Talbot red door.

***Harvest Road Race***

Back by popular demand, the 5 mile road race. Saturday, October 18 is our 5 mile Harvest Road Race at Wompatuck State Park. The road race is both a fundraiser for the Foundation and a “building community” event. We hope that you register for the race and spread the word to friends and neighbors who enjoy running. Lots of exercise, t-shirts, good company, prizes for the top runners, and even some refreshments – what a great way to spend a Saturday with family and raise money for our school. For more details about the race, registration fee, start time, etc. please refer to the attached flier. We are distributing fliers at local road races and posting it on the internet.

As always, thank you for all of your support and please don’t forgot to get the information on volunteering and to sign up. There are SO MANY ways that you can help our students and the school.

*Prue Goodale, Interim Executive Director*

*“Act as if what you do makes a difference – it does.” --William James*

|                  |             |  |               |
|------------------|-------------|--|---------------|
| <b>Thursday</b>  | <b>9/18</b> | <b>Professional Development Early Release Day</b>                      | <b>Noon</b>   |
| <b>Friday</b>    | <b>9/19</b> | <b>SEPAC</b>   | <b>8:30am</b> |
| <b>Saturday</b>  | <b>9/20</b> | <b>Development Summit – 50 Andrew Avenue Hull</b>                      | <b>9:30am</b> |
| <b>Monday</b>    | <b>9/22</b> | <b>SSCEF Meeting – 100 Longwater Circle - Norwell</b>                  | <b>5:30pm</b> |
| <b>Tuesday</b>   | <b>9/23</b> | <b>Celebration in honor of Dr. Tom Gorsuch – The Red Parrot – Hull</b> | <b>5-7pm</b>  |
| <b>Wednesday</b> | <b>9/24</b> | <b>Pod Parent Meeting</b>  | <b>8:30am</b> |
| <b>Thursday</b>  | <b>9/25</b> | <b>Finance Committee</b>   | <b>6:00pm</b> |
| <b>Thursday</b>  | <b>9/25</b> | <b>Board of Trustees</b>   | <b>7:00pm</b> |

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA  
EXT. 103 OR EMAIL PALGERA@SSCPS.ORG**

## ANNOUNCEMENTS

**Please join us as we celebrate Tom Gorsuch and his invaluable years of service to SSCPS**

Tuesday, September 23, 2008 ~ 5:00 pm – 7:00 pm

The Red Parrot ~ 1 Hull Shore Drive, Hull, MA

\$25 per person

RSVP by September 19<sup>th</sup>

Mariclare Cheney (781) 982-4202 x159 or [mcheney@sscps.org](mailto:mcheney@sscps.org)

If you cannot attend but would like to contribute to Tom's gift, the recommended amount is \$10 and can be given to Mariclare

**REMINDER:** If you have not completed and returned an emergency form your child will not be permitted to participate in field trips.

## LUNCH ORDERS

Enclosed is the order form for the remainder of September which is due Thursday, September 18 by 3pm.

Also enclosed is the October Order Form and Menu. October orders are due by Thursday, September 25<sup>th</sup> by 3pm.. .

## ART NEWS

September is starting off students creating . Look into the front cabinets for **Level III's** themed 3D sets.

Students were grouped and asked to work collectively and create a scene with model magic. Be sure to take a minute and see if you can identify the theme.

High School Students have been invited to participate in an outside show entitled "**If I Could Change the World.**" The show is sponsored by artist and guest workshop instructor **John Kilroy** and will be hosted at his studio in Rockland in the Wright Building. Show dates are October 25 and 26. Please check in for more updates.

**Digital Art update-** The new MAC Lab is almost up and running and will augment the fine arts program with digital based art. The lab houses 10 new MACs and will be utilized by students 7<sup>th</sup> grade and up. Thanks to parents, administration and teacher support the school continues to make strides in all areas including the arts! The lab is located inside the current art room at the back side of the school.

## K-6 PRINCIPAL'S REPORT

Last night about seventy of our families came in for the Level I Open House to learn about their children's days in school. At the Open House I said to everyone that we wanted all to feel welcome in our school and I asked anyone who did not feel welcomed to please seek me out by phone (781) 982-4202 Ext. 108, or e-mail [thirsch@sscps.org](mailto:thirsch@sscps.org), or in person to let me know. I shared the story of my being taken outside to look at a "maintenance issue" only to wonder out loud upon seeing all of the students from K – 6 that "we seemed to be having a silent fire drill." The silent fire drill soon burst into "Happy Birthday." It was a wonderful present to me on my birthday from the students and my colleagues. It made me realize how fortunate I am to be doing a job I love at a school I love. We as a staff are grateful to you for sending us your children and to know we have your support and can work together to build an even better school. It is a place where we have time for kindness and love.

My fortune has led me to think about the plight of the people in Haiti where three successive hurricanes have battered the country. The High School Community Service Club led by Yolonda Patten and Jacqueline Perry has begun a Service Learning Project to help the people of Haiti. If you are interested in helping them please contact the club's teacher leader Mary Ellen Cole at [mcole@sscps.org](mailto:mcole@sscps.org). We also have many parents in our community who are reaching out to Haiti. Jacky Poteau father of two of our high school students is working with a group to restore the LaTombe Bridge in Mirebalais. The contact information for that is (866) 983-2836 or [www.fatem.org](http://www.fatem.org). Carmel Desgrottes mother of a Level I and a High School student has agree to come in and speak to our students about the needs in Haiti. She will help to coordinate the donations of school supplies for the opening of the upcoming school year in October in Haiti. Much more is going on in the greater Boston Community to help and we hope that our small school community can assist the people of Haiti in their time of enormous need.

*Ted Hirsch*

## HEALTH OFFICE

The 9<sup>th</sup> grade students will be attending a workshop on Depression Awareness and Suicide Prevention next week. The workshop will be presented by Susan Dupras and Alicia Scafidi. It will be held in the afternoon on September 23 and 24 with each student attending one session. Please call the Health Office if you have any questions or concerns.

## ON THE LEVELS

### SAYING OF THE WEEK:

Level 1: "Back to the drawing board".

Level 2: "Birds of a feather flock together".

### HIGH SCHOOL NEWS:

Summit Educational Group is offering free practice tests this fall for the PSAT, SAT, and ACT at Hingham High School. Next scheduled date is Sept. 20th they are open to all students. Summit will score the test and provide a detailed analysis and score report within seven days. For complete listing of dates and locations go to [mytutor.com](http://mytutor.com) or call the Summit program director at 800-698-8867

## PARENTS ASSOCIATION

**JOIN** the online SSCPS Parents Discussion Forum at GoogleGroups. There are currently more than 100 SSCPS parents signed up. It's a great forum for sharing thoughts and ideas related to the school and our community, and for keeping up with Parents Association announcements and news. If you'd like to sign up, simply send an email to [sscpsparents@googlegroups.com](mailto:sscpsparents@googlegroups.com) and write "Sign Me Up."

**LONGWATER TRANSPORT** offers reliable and safe bus service from Hull, Hingham, and Cohasset to SSCPS. We offer 1-way and round trip options, and have several vacancies. This may be your opportunity to enroll your child(ren) on the bus. For further information, please contact: Cheryl Casey, [ccasey@redtreeprod.com](mailto:ccasey@redtreeprod.com), 617-966-3339 or Amy Lemkin, [amylemkin@comcast.net](mailto:amylemkin@comcast.net), 781-801-5557.

**BOX TOPS FOR EDUCATION** - Please help our school earn extra money by collecting Box Tops for Education. Last year we earned over \$500 through the Box Tops program- all from parents clipping those little cardboard pieces! Box Tops can be found on hundreds of products, from Ziploc baggies and Kleenex tissues to Cheerios and Gogurt. Our school earns 10 cents for every Box Top we collect. The funds raised this year at our school will help develop our library. There is an envelope at the front desk where you can leave your Box Tops. Visit [www.boxtops4education.com](http://www.boxtops4education.com) for more information about Box Tops, as well as recipes, coupons, and special offers. You can also earn money for our school by starting your online shopping at stores like Kohl's, Land's End, Wal-Mart, and more at the Box Tops website. A percentage of your total will be donated to our school. Box Tops do expire, so please check the date before you drop them off at school. If you have any questions about the program, please feel to contact Bethany at [bwhitemyer@rcn.com](mailto:bwhitemyer@rcn.com). Thank you.

## EMPLOYMENT OPPORTUNITIES

### Immediate Part Time Openings:

Speech & Language Pathologist/Therapist (15-20 hours per week based on student needs)

Learning Service Teachers Aide

### Anticipated 2008-2009 Coaching Vacancies:

Middle School Boys basketball

Middle School Girls basketball

On-Call Substitute Teachers

On-Call Substitute Teacher Aides

*Send cover letter, resume and list of references to Kristine Shipps, Business Manager.*

## COMMUNITY INTEREST

**Girl Scouts** will be starting the week of September 30/October 1. Meetings are held twice a month.

Tuesdays: Daisies (grades K-1) and Older girls (grades 4 and up); First meeting - September 30<sup>th</sup>;

Wednesdays: Brownies (grades 2-3) First meeting - October 1<sup>st</sup>. Our meetings run from 3:00 p.m. to 4:30 p.m. For information contact a troop leader. Dues: \$4.00 per meeting – 17 meetings - \$68.00. Financial aid is available. Daisy Troop Leader: Beth Farmer – H: (781) 826-2025; Email [bfarmer12@verizon.net](mailto:bfarmer12@verizon.net)  
Brownie Troop Leaders: Michelle Amicangelo – H: (781) 878-7710, Cell (781) 799-8098, Email – [Michelleamicangelo@verizon.net](mailto:Michelleamicangelo@verizon.net); Maureen Hebert – Cell (781) 837-8952, Email – [mhebert@metlife.com](mailto:mhebert@metlife.com) ; Stacey Kirves – Cell (617) 510-8888, Email - [kirv4@yahoo.com](mailto:kirv4@yahoo.com) Junior and Older Girl Troop Leaders: Stacy Rousseau – H: (781) 961-4071, Cell (781) 727-9784; Email – [faemoon3@gmail.com](mailto:faemoon3@gmail.com) ; Justine Notarangelo – H: (781) 982-8648, Cell (781) 985-4433, Email – [Justine@Notarangelo.com](mailto:Justine@Notarangelo.com)

## **COMMUNITY SERVICE**

Richie and Jonathan (Level IV) and Caroline (K) Boyle will be walking in the Alzheimer's Memory Walk on September 28 in Cambridge. The walk is to raise money for research and to find a cure for Alzheimer's. Our grandmother has Alzheimer's. We would like to help find a cure for her and other families like ours. If you would like to sponsor us, please see Richie, Jonathan or Caroline or email us at [klb.rjc@verizon.net](mailto:klb.rjc@verizon.net). Please make your donations payable to: Alzheimer's Association. If you want to join us or if you would like us to walk in someone's memory, please let us know. Thank you, The Boyle Family.



EDUCATIONAL FOUNDATION

# HARVEST RUN

## 5M Road Race – Fitness Walk – Free Kids Fun Run

### Registration form

Date: Saturday, October 18, 2008

Race Start: 10:00 a.m. sharp at Wompatuck State Park\*, Hingham – Registration begins at 8:30 a.m.

Course Length: 5 miles - Walkers Welcome

Entry Fee: \$20 Pre-registration (postmarked by 10/10/08 or online at [www.racersresource.com](http://www.racersresource.com)  
\$25 Registration (From 10/11/08 until Race Day)

Awards: Award ceremony will follow the race at the finish line

\*USATF Certified Course

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(entrance form – please print)

Name: \_\_\_\_\_ Gender: M F

Age Group: 11-15      16-19      20-29      30-39  
40-49      50-59      60-69      70+

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

T-shirt size: S M L XL T-shirts guaranteed to first 150 runners

In consideration of this entry being accepted, I hereby, for myself waive and release any and all rights and claims for damages I may have against the race organizer, The South Shore Charter Public School, The South Shore Charter Educational Foundation, Inc., The Town of Hingham, Wompatuck State Park, their agents, representatives for any and all injuries suffered by me on the way to take part in this race, during the race, and leaving the scene of the race.

Signature of Competitor: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature required if competitor is less than 18 years of age: \_\_\_\_\_ Date: \_\_\_\_\_

Send completed application with your non-refundable check payable to **SSCEF** to:  
Geri Calos, SSCEF, 100 Longwater Circle, Norwell, MA 02061 or register online at: [www.racersresource.com](http://www.racersresource.com)



**EDUCATIONAL FOUNDATION**

## **HARVEST RUN**

**5M Road Race – Fitness Walk – Free Kids Fun Run**

### Sponsor form

We are offering Harvest Run sponsorship at several different levels. If you have any questions re: sponsorships, please contact Geri Calos via email: [gcalos@sscps.org](mailto:gcalos@sscps.org) or by phone: 781.982.4202 ext. 362  
Please include your sponsorship check with application, made payable to **SSCEF** to the address below.

### **EVENT SPONSOR - \$2,500**

The entire event will be sponsored by your company along with the South Shore Charter Educational Foundation. Your company name and logo will appear on all media correspondence, the event banner, tshirts and any other form associated to the event.

**Business Name:** \_\_\_\_\_ **Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

### **GOLD MEDAL SPONSOR (2 AVAILABLE – START/FINISH LINE) – \$500**

As a Gold Medal Sponsor, your business name will appear on all media correspondence, t-shirts, and on the Start/Finish Line banner. **Business Name:** \_\_\_\_\_ **Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

### **SILVER MEDAL SPONSOR (4 AVAILABLE) – \$250**

As a Silver Medal Sponsor, your business name will appear on a banner on one of 4 water tables, as well as on print media & t-shirts. **Business Name:** \_\_\_\_\_ **Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

### **BRONZE MEDAL SPONSOR - \$100 (UNLIMITED)**

As a Bronze Medal Sponsor, your business name will appear on a lawn sign along the race route and on print media. **Business Name:** \_\_\_\_\_ **Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

### **MERCHANDISE SPONSOR**

If you have a special item or service relating to the race that you would like to donate, your name will be recognized as a sponsor on your item as well as on print media. **Business Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Item or service to donate:** \_\_\_\_\_

If you cannot participate as a sponsor, but would like to make a monetary donation, please send your tax deductible donation to **SSCEF, Attn: Geri Calos, 100 Longwater Circle, Norwell, MA 02061**

## Lunch Menu – October, 2008

| <b>Monday</b>  | <b>Tuesday</b>                                   | <b>Wednesday</b>   | <b>Thursday</b>           | <b>Friday</b>  |
|--|--|--|---------------------------|--|
| 6<br><b>Chicken Salad</b><br><br>With lettuce  | 7<br><b>No Lunch</b><br><br><b>Early Release</b> | 8<br><b>B L T</b><br><br>Bacon, Lettuce and<br>Tomato with<br>mayonnaise                               | 9<br><b>Cheese Pizza</b>  | 10<br><b>Tossed Salad</b><br>With Italian dressing<br>and pita bread |
| 13<br><b>Columbus Day</b><br><br>NO SCHOOL   | 14<br><b>Cheese Pizza</b>                        | 15<br><b>Italian Cold<br/>Cuts</b><br><br>With Provolone<br>cheese, lettuce, tomato,<br>pickle and oil | 16<br><b>Cheese Pizza</b> | 17<br><b>Tuna Salad</b><br><br>With lettuce and<br>tomato            |
| 20<br><b>Ham and Salami</b><br>With Provolone cheese, lettuce,<br>tomato, pickle and oil | 21<br><b>Cheese Pizza</b>                        | 22<br><b>Roast Beef</b><br><br>With American<br>cheese and mustard                                     | 23<br><b>Cheese Pizza</b> | 24<br><b>Greek Salad</b><br>With Greek dressing<br>and pita bread    |
| 27<br><b>Ham</b><br><br>With American cheese and<br>mustard                              | 28<br><b>Cheese Pizza</b>                        | 29<br><b>Turkey</b><br><br>With American<br>cheese, lettuce,<br>tomato and<br>mayonnaise               | 30<br><b>Cheese Pizza</b> | 31<br><b>Tuna Salad</b><br><br>With lettuce and<br>tomato            |
|  |  |  |                           |  |

2 % milk, chocolate milk, strawberry milk or orange juice is included with the purchase of lunch or may be purchased for 25 cents. If your child has forgotten a lunch, a Peanut Butter & Jelly Sandwich and Milk will be provided at the cost of \$2.75. **Level I and II will be provided with a Lunchable.** A note from the office will go home that week for reimbursement.



Lunch Order Form  
 Lunch for the Month of October, 2008  
**Due to the office by 3:00 pm, Thursday, September 25, 2008**

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day lunch will be ordered and **CIRCLE** your selection.

|              |                                 |   |                                    |                                   |                                 |
|--------------|---------------------------------|---|------------------------------------|-----------------------------------|---------------------------------|
| Week of      | <input type="checkbox"/> Monday | <input checked="" type="checkbox"/> Tuesday | <input type="checkbox"/> Wednesday | <input type="checkbox"/> Thursday | <input type="checkbox"/> Friday |
| 10/6 – 10/10 | Sub                             | <b>Early</b>                                | Sub                                | Pizza                             | Salad                           |
|              | ½ sub                           | <b>Release</b>                              | ½ sub                              | #_____                            |                                 |
|              | Wheat                           |   | Wheat                              |                                   |                                 |

|               |  |                                  |                                    |                                   |                                 |
|---------------|--|----------------------------------|------------------------------------|-----------------------------------|---------------------------------|
| Week of       | <input checked="" type="checkbox"/> Monday | <input type="checkbox"/> Tuesday | <input type="checkbox"/> Wednesday | <input type="checkbox"/> Thursday | <input type="checkbox"/> Friday |
| 10/13 – 10/17 | <b>No School</b>                           | Pizza                            | Sub                                | Pizza                             | Sub                             |
|               |  | #_____                           | ½ sub                              | #_____                            | ½ sub                           |
|               |  |                                  | Wheat                              |                                   | Wheat                           |

|               |                                 |                                  |                                    |                                   |                                 |
|---------------|---------------------------------|----------------------------------|------------------------------------|-----------------------------------|---------------------------------|
| Week of       | <input type="checkbox"/> Monday | <input type="checkbox"/> Tuesday | <input type="checkbox"/> Wednesday | <input type="checkbox"/> Thursday | <input type="checkbox"/> Friday |
| 10/20 – 10/24 | Sub                             | Pizza                            | Sub                                | Pizza                             | Salad                           |
|               | ½ sub                           | #_____                           | ½ sub                              | #_____                            |                                 |
|               | Wheat                           |                                  | Wheat                              |                                   |                                 |

|               |                                 |                                  |                                    |                                   |                                 |
|---------------|---------------------------------|----------------------------------|------------------------------------|-----------------------------------|---------------------------------|
| Week of       | <input type="checkbox"/> Monday | <input type="checkbox"/> Tuesday | <input type="checkbox"/> Wednesday | <input type="checkbox"/> Thursday | <input type="checkbox"/> Friday |
| 10/27 – 10/31 | Sub                             | Pizza                            | Sub                                | Pizza                             | Sub                             |
|               | ½ sub                           | #_____                           | ½ sub                              | #_____                            | ½ sub                           |
|               | Wheat                           |                                  | Wheat                              |                                   | Wheat                           |

|                                |       |   |         |
|--------------------------------|-------|---|---------|
| Number of Subs/Wheat ordered   | _____ | X | \$5.00  |
| Number of ½ subs ordered       | _____ | X | \$3.00  |
| Number of Pizza Slices ordered | _____ | X | \$1.75  |
| Number of Salads               | _____ | X | \$3.00  |
| <i>Less credit due</i>         |       |   | _____   |
| <b>Total Amount Enclosed</b>   |       |   | \$_____ |

Cash or Checks may be made out to SSCPS.

**Choice of 2 %, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 25 cents.**

*Please note: If your child has forgotten lunch, a lunch of Peanut Butter & Jelly Sandwich and Milk will be provided at the cost of \$2.75. For Level I and II a Lunchable will be provided. A note from the office will go home that afternoon for reimbursement.*

Lunch Order Form  
 Lunch for the Month of September 2008  
**Due to the office by 3:00 pm, Thursday, September 17, 2008**

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day lunch will be ordered and **CIRCLE** your selection.

|            |                                 |                                  |                                    |                                   |                                 |
|------------|---------------------------------|----------------------------------|------------------------------------|-----------------------------------|---------------------------------|
| Week of    | <input type="checkbox"/> Monday | <input type="checkbox"/> Tuesday | <input type="checkbox"/> Wednesday | <input type="checkbox"/> Thursday | <input type="checkbox"/> Friday |
| 9/22– 9/26 | Sub                             | Pizza                            | Sub                                | Pizza                             | Salad                           |
|            | ½ sub                           | #_____                           | ½ sub                              | #_____                            |                                 |
|            | Wheat                           |                                  | Wheat                              |                                   |                                 |

|            |                                 |                                  |                                    |                                   |                                 |
|------------|---------------------------------|----------------------------------|------------------------------------|-----------------------------------|---------------------------------|
| Week of    | <input type="checkbox"/> Monday | <input type="checkbox"/> Tuesday | <input type="checkbox"/> Wednesday | <input type="checkbox"/> Thursday | <input type="checkbox"/> Friday |
| 9/29– 10/3 | Sub                             | Pizza                            | Sub                                | Pizza                             | Sub                             |
|            | ½ sub                           | #_____                           | ½ sub                              | #_____                            | ½ sub                           |
|            | Wheat                           |                                  | Wheat                              |                                   | Wheat                           |

|                                |       |   |         |
|--------------------------------|-------|---|---------|
| Number of Subs/Wheat ordered   | _____ | X | \$5.00  |
| Number of ½ subs ordered       | _____ | X | \$3.00  |
| Number of Pizza Slices ordered | _____ | X | \$1.75  |
| Number of Salads               | _____ | X | \$3.00  |
| <i>Less credit due</i>         |       |   | _____   |
| <b>Total Amount Enclosed</b>   |       |   | \$_____ |

Cash or Checks may be made out to SSCPS.

**Choice of 2% milk, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 25 cents.**

*Please note: If your child has forgotten lunch, a lunch of Peanut Butter & Jelly Sandwich and Milk will be provided at the cost of \$2.50. A note from the office will go home that afternoon for reimbursement.*



South Shore YMCA

## Teen Fridays **FREE-4-ALL**

**Join us for the South Shore YMCA's Teen Fridays Kick-off. Everyone 12 and older is welcomed to join in the activities for FREE. So bring a friend and try something new!**

**Sept. 19th  
6:30-9:30 PM**



**Zumba** 6:30-7:30 PM studio 3  
**Free Weights Training** 7-8 PM free weights  
**Performance Workshop** 7-9 PM art room  
**Indoor Cycling** 7:30-8:30 PM cycling studio  
**Mixed Martial Arts** 7:30-8:30 PM studio 1

**Open Gym, Swim & Cardio** 6:30 -9:30 PM

**Extras That Night** in the art room:

- **Pizza & Drinks**
- **Karaoke**
- **Y Teen Logo Contest**

**You Pick**

**All Teen Friday events are free to members and \$5 for non-members, with the exception of 9/19. Everyone is free.**

**Participants must be 12 or older.**

For more information contact Karen at 781-829-8585 x335