



Thursday	11/05	SSCPS Annual Book Fair	8:30am -2:00pm
Thursday	11/05	K-4 Literacy Night	6:00-7:00pm
Friday	11/06	SSCPS Annual Book Fair	8:30am-2:00pm
Friday	11/06	SEPAC	8:30am
Friday	11/06	Grade 7-12 - 1 st Quarter Grades Close	
	11/06	POSTPONED - High School Dance (Grades 9-12)	
Saturday	11/07	SSCPS Fall Campus Clean Up	9:00am-1:00pm
Monday	11/09	Development Committee	5:30pm
Wednesday	11/11	Veteran's Day – No School	
Thursday	11/12	School Council	3:45pm
Friday	11/13	7-12 Grades Distributed	
Saturday	11/14	Enrollment Open House	1:00-3:00pm

FROM THE EXECUTIVE DIRECTOR

November is Family Literacy Month

Governor Patrick and Commissioner of Elementary and Secondary Education Mitchell Chester have declared November as **Family Literacy Month** in Massachusetts. Mr. Chester writes in his press release that “When families, schools, and communities work together to support children's academic achievement and social development across early childhood, elementary, middle, and high school, children are much more likely to have the skills and abilities needed for success in college and the workforce.”

There are a number of excellent websites for parents to visit to learn more about how they can support reading at home. One of them is www.bookpals.net. On the main page, they write that “Even when schools are doing the best they can to teach our children to read, their efforts are diminished if children do not get the proper support at home.”

Commissioner Chester includes some excellent tips for parents on ways to promote literacy in the home and he notes that research shows that children who spend as little as 30 minutes a day reading books, magazines, and newspapers are more likely to become good readers. His tips for raising a good reader include:

- **Know your children.** Before selecting books, make sure you know your child's reading abilities and interests. Your school's teacher or reading specialist can assess your child's ability. Your child's teacher or school/town librarian can make recommendations on age-appropriate books.
- **Set aside time for reading.** Designate a time of day when family members can read for pleasure. Make reading a part of your family routine.

- **Make reading special.** Children should feel as if having a book is special. Help them create a space for storing their books. However, if your child doesn't show an interest or strong ability in reading, be patient, but don't give up. Reading should be viewed as an enjoyable activity.
- **Use your local library.** One of the best resources you will have as a parent is access to your community's library. It costs nothing to borrow books. Many libraries also offer story hours and other fun literacy activities. Make visits to your library a routine activity.
- **Limit television time.** Monitor program selection for your children. Discuss programs with them. Have a "NO-TV" night with your family on a regular basis. Read magazines, write letters to relatives living far away, or play charades or Scrabble as a refreshing alternative.

Tomorrow evening from 6:00 p.m. to 7:00 p.m. SSCPS is hosting our own literacy night for Level 1 and Level II students. There will be guest readers and, as a very special treat, we will have Murphy, a 3 year old German Shepherd, here to listen to children read. Murphy is part of the dog B.O.N.E.S. reading program and we are very excited that he will be here with us. Special thanks to Bev Bruce for arranging this for us. Children can come in their pajamas (I plan to as one of the guest readers) and, as an extra added attraction, the book fair hours will be extended and parents will be able to look at the books on sale before or right after the program.

Save the Dates

Saturday, November 14th from 1:00 p.m. to 3:00 p.m.: Enrollment Open House

Wednesday, November 18th from 7:00 p.m. to 8:00 p.m.: High School Information Night for Current Eighth Grade Families We invite all 8th grade students and their parents to join us for a presentation on our high school program so that you can learn more about what we have to offer, our plans for the future, and why SSCPS is a 21st century high school.

Prue Goodale, Executive Director

"Family involvement is the key to a student's academic success." — Partnership for Family Involvement in Education

SPOTLIGHT ON COMMUNITY SERVICE EVENT:

Fall Clean Up

The fall cleanup at SSCPS is scheduled for Saturday November 7th from 9:00 a.m. until 1:00 p.m. The purpose of the cleanup is to get the school grounds ready for winter by raking leaves, trimming plants, sweeping and generally making the outside of the school look neat.

We encourage you to bring the family and help our school with this effort. Please feel free to bring any of the following tools: work gloves, rakes, shovels, brooms, clippers and leaf blowers as well as tarps.

We will supply the trash bags as well as snacks and water for our volunteers. The building will not be open during the 4 hours except to use the bathroom so please plan accordingly. If it's raining, we will schedule a rain date – keep watching the Update!

Thank you in advance for your cooperation in keeping our school green and clean! See you on Saturday...

ANNOUNCEMENTS

ANNUAL BOOK FAIR - The Library Committee will be sponsoring a book fair on Thursday, November 5th and Friday, November 6th. A wonderful selection of books will be provided by Storybook Cove for the children to look through. They will bring home an order form along with a booklet of all of the books that are offered. The order forms are due on November 10th. Please make all checks payable to SSCPS. The books will be in well before the December holidays and will be delivered to your child's classroom.

Please note - if you would like to purchase books as a holiday gift, please put an H next to the items that you do NOT want delivered to your child and those books will be held for you in Pam Alger's office. If you have any questions, please contact Melissa Freitas at MelissaFreitas@msn.com or 857-205-8712

SALLY FOSTER ORDERS ARE IN AND MAY BE PICKED UP ON FRIDAY, NOVEMBER 6TH.

2010 Golf Tournament Sign Profiles UPDATE: So far we've received some wonderful nominations to use for the signs on the golf course! Keep in mind absolutely anything goes; students (all grades), teachers and parents can enter a nomination. Does your child LOVE to write? Have him or her jot down a few sentences about their favorite teacher or their pod project, or anything they like about the school - use your creativity! Do YOU love something about your child's teacher? Now is the time to use the opportunity we have to showcase this to people outside our direct community. If you haven't already, please consider taking the few minutes this will take of your time and submit a quick few sentences to show your support for this event!

LUNCH ORDERS

Enclosed are the November Menu and Lunch Order Form. November orders are due Thursday, November 5th by 3pm.

HEALTH OFFICE

The flu season is upon us, please remember to:

- Keep your child home if ill with cough, runny nose, sneezing, body aches or chills
- Do not send your child to school with a temperature of 100.0 or above
- Notify health office if your child is diagnosis with the Flu or has Flu-like symptoms.
- Students must be fever- free for 24 hours without fever reducing medication before returning to school
- Remind your child to WASH HANDS frequently through out the day.
- Contact your child's doctor for information on receiving the H1N1 vaccine.
- **MASSACHUSETTS toll- free phone # for H1 N1 information 211(no area code)**

Flu Symptom Checklist for Families and Schools

The main symptoms of influenza (flu) include fever and cough and/or sore throat. Some people also have a runny nose, body aches, headache, chills, and feel tired. Some people also have diarrhea and vomiting. The most important thing that you can do to keep flu from spreading in the community is to keep your sick child at home when they are sick.

SHOULD I KEEP MY CHILD HOME?

____ Yes ____ No Has your child had a fever of 100.4 degrees or more in the past 24 hours?

____ Yes ____ No Does your child have a cough OR a sore throat?

If you answered YES to both questions above, keep your child home. *Your Child has an influenza-like illness.*

CAN MY CHILD RETURN TO SCHOOL?

____ Yes ____ No Has your child had a fever of 100.4 degrees or more in the past 24 hours?

____ Yes ____ No Has your child had acetaminophen (Tylenol) or ibuprofen (Motrin or Advil) in the past 24 hours?

If you answered NO to both questions above, your child can return to school.

If you answered YES to one of the questions about, your child CANNOT return to school.

Keep your child home for at least another day to observe for additional symptoms. Then use the checklist questions again to decide whether you should continue to keep your child home.

WHERE CAN I FIND MORE INFORMATION ABOUT INFLUENZA?

1. Call the Massachusetts Department of Public Health information line: 211
2. Go to Massachusetts Department of Public Health influenza website: www.mass.gov/flu

ART NEWS

Attention, Attention..... Original Works are going home this week, check those backpacks!! The original, order form and check are due back **Monday, November 9th**. All returning orders will go directly to the Pod teacher and into an envelope in the classroom. Any questions please call Marianne at x304.

FROM THE ATHLETIC DIRECTOR

Ski Club forms can be found on the wall in the front lobby. All forms must be back into athletics by **Friday November 13th**.

7-12 PRINCIPAL'S REPORT

Students and faculty in grades 7 – 12 are about to complete the first quarter of the 2009 – 2010 school year. Grades close Friday, November 6 and will be distributed Friday, November 13. First quarter grades are an opportune time to gauge our students' progress and for all of us, students, parents/guardians, and faculty, to renew our focus and our efforts to work together to achieve the most from our labor. It is curious that the first quarter report comes as the Thanksgiving holiday approaches. Hopefully, all of us will find reason to rejoice this year over the grades students earn and for all the other blessings in our lives.

For those students who are struggling in their classes, there is hope. There are still three quarters of the school year remaining for you to make corrections and improve grades. Teachers, support staff, and administrators are here to support you and to help you with this endeavor. All of us believe that your education is a critical determinant in your future happiness and all of us believe you are capable of doing the work.

For those students who find that they are excelling at the end of Quarter One, congratulations and keep up the good work. There is little in life more rewarding than giving your best effort and achieving distinction for your work. You have much to be proud of. One test before you now is to commit to the work required to sustain this effort in order to continue to be rewarded with distinction.

Unlike past grade distribution periods at SSCPS an updated edline report for every class for each student will not accompany the report card. This year we are asking parents to access edline from home to get an updated report and to get comments on individual student progress in each of their classes. By not sending the edline reports home we are saving time, money, and a whole lot of paper. For those parents who cannot access edline, we will be happy to provide you a hardcopy. Please contact me if you need a hardcopy of the reports, and, as always, I welcome comments, questions, and concerns.

Jim Connolly – (781)982-4202 – jconnolly@sscps.org

ON THE LEVELS

SAYING OF THE WEEK:

Level 1: "If at first you don't succeed, try, try again."

Level 2: "Laugh and the world laughs with you."

Emily's Conservation Project on Level IV is participating in TerraCycle. TerraCycle is an organization that turns trash into new products. The school collects juice pouches and Nabisco wrappers and sends them to the company. For each juice pouch or Nabisco wrapper recycled through our project, two cents is donated to our school. It may not sound like much at first, but it adds up quickly! Then the products are shipped to the TerraCycle organization so they can reuse them to create new products such as pencil cases, backpacks, folders, lunchboxes and tote bags. So let's save the earth and raise money for our school. Send in juice pouches and Nabisco wrappers to Level IV. Stay tuned for TerraCycle on other levels soon.

The Literary Magazine is looking for student writings. We would like stories and poems from grades K-8. Please put the work in the manila envelopes that are hung up around the school or in Angie Pepin's mailbox. Thank you.

Sincerely, the Literary Magazine

LIBRARY NEWS

We want to update all families on the library overdue policy on books checked out from the school library. The overdue policy is the following:

Students that have a book(s) that is three weeks overdue will receive an overdue notice to take home and this same notice will be given to their teacher. When a book(s) is overdue four weeks or more the student will receive another overdue notice stating he or she will not be able to check out any more books until the book is returned. Parents and teachers will receive this same notice by **email**.

If a book is lost please notify the library at librarian@SSCPS.org We will make arrangements with parents to either replace the book or pay for the missing book. If you have any questions regarding this overdue policy you can contact the Library Committee at the above email address.

Thank you - SSCPS Library Committee

PARENTS ASSOCIATION

Fundraising Committee wants your ideas!

Please submit any Fundraising ideas that you might have to fundraising@sscps.org. A meeting will be held soon, but in the meantime if you have a great idea, please don't wait to bring it up!

Welcome back to school and a new year of **Box Tops for Education**. Our school earns cash for each General Mill Box Top that we collect and send. You can help by clipping box tops from the 100s of products that participate, and by signing up to support our school at www.boxtops4education.com. Last year we raised over \$700 with this program. Let's try to make it an even more profitable year. Please bring your box tops to school and leave them in the envelope behind the front desk. Level I students can tape or staple their box tops onto the monthly collection sheets that are distributed to the classrooms. If you have questions about the General Mills Box Tops program, please contact me at bwhitemyer@rcn.com. Thanks. Bethany Whitemyer

Longwater Transportation offers a reliable and safe bus service run from Hull, Hingham, and Cohasset to SSCPS. If you are interested in having your child ride the LW Bus either one way or full time, please email AmyLemkin@gmail.com.

REMINDER: to join the online SSCPS Parents Discussion Forum at GoogleGroup. This is a great forum for sharing thoughts and ideas related to the school and our community, and for keeping up with Parents Association announcements and news. If you'd like to sign join you can email sscsparents+subscribe@googlegroups.com

COMMUNITY SERVICE OPPORTUNITIES

Anton's Cleaners is sponsoring **Coats for Kids** - Donate quality coats for kids, adults and babies too! SSCPS will accept gently used, warm winter jackets or coats of all sizes.

Please – no rips, holes or tears, broken zippers, permanent stains, vests or spring coats

EMPLOYMENT OPPORTUNITIES

Anticipated 2009-2010 Coaching Vacancies:

High School Girls Basketball Coach

On going for 2009-2010

On-Call Substitute Teachers

On-Call Substitute Teacher Aides

Send cover letter, resume and list of references to Kristine Shipps, Business Manager.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG

Lunch Menu – November, 2009

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Salad With lettuce and tomato	3 Cheese Pizza	4 B L T Bacon, Lettuce and tomato with mayo	5 Cheese Pizza	6 Tuna Salad With lettuce and tomato
9 Turkey and American Cheese With lettuce, tomato and mayo	10 Cheese Pizza	11 Veterans Day NO SCHOOL	12 Cheese Pizza	13 Tossed Salad With Italian dressing and pita bread
16 Italian Cold Cuts With Provolone cheese, lettuce, tomato, pickle and oil	17 Cheese Pizza	18 B L T Bacon, Lettuce and tomato with mayo	19 Cheese Pizza	20 Tuna Salad With lettuce and tomato
23 Ham With American cheese and mustard	24 Cheese Pizza	25 Early Release No Lunch	26 Thanksgiving	27 No School
30 Roast Beef With American cheese and mustard	12/1 Cheese Pizza	12/2 B L T Bacon, Lettuce and tomato with mayo	12/3 Cheese Pizza	12/4 Greek Salad With Greek dressing and pita bread

2 % milk, chocolate milk, strawberry milk or orange juice is included with the purchase of lunch or may be purchased for 25 cents.

Please note: If your child has forgotten a lunch, yogurt, a fruit bar and Milk will be provided at the cost of \$1.75. For Level I and II a Lunchable and Milk will be provided for the cost of 2.75. A note from the office will go home that week for reimbursement.

Lunch Order Form
 Lunch for the Month of November, 2009
Due to the office by 3:00 pm, Thursday, November 5, 2009

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day lunch will be ordered and **CIRCLE** your selection.

Week of	<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday
11/2 – 11/6	Sub	Pizza	Sub	Pizza	Sub
	½ sub	#_____	½ sub	#_____	½ sub
	Wheat		Wheat		Wheat

Week of	<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input checked="" type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday
11/9 – 11/13	Sub	Pizza	No School	Pizza	Salad
	½ Sub	#_____		#_____	
	Wheat				

Week of	<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday
11/16 – 11/20	Sub	Pizza	Sub	Pizza	Sub
	½ sub	#_____	½ sub	#_____	½ sub
	Wheat		Wheat		Wheat

Week of	<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input checked="" type="checkbox"/> Wednesday	<input checked="" type="checkbox"/> Thursday	<input checked="" type="checkbox"/> Friday
11/23 – 11/27	Sub	Pizza	Early Release	No School	No School
	½ sub	#_____			
	Wheat				

Week of	<input type="checkbox"/> Monday	<input type="checkbox"/> Tuesday	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday
11/30 – 12/4	Sub	Pizza	Sub	Pizza	Salad
	½ sub	#_____	½ sub	#_____	
	Wheat		Wheat		

Number of Subs/Wheat ordered	_____	X	\$5.00
Number of ½ subs ordered	_____	X	\$3.00
Number of Pizza Slices ordered	_____	X	\$1.75
Number of Salads ordered	_____	X	\$3.00

Less credit due

Total Amount Enclosed

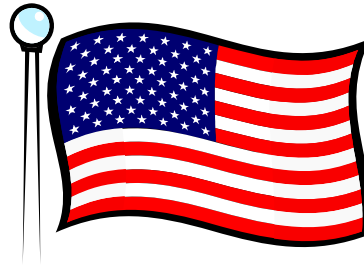
_____ \$ _____

Cash or Checks may be made out to SSCPS.

Choice of 2% milk, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 25 cents.

Please note: If your child has forgotten lunch, a lunch of a yogurt, a fruit bar and Milk will be provided at the cost of \$1.75. **For Level I and II a Lunchable will be provided at the cost of \$2.75.** A note from the office will go home that afternoon for reimbursement.

School Age Child Care Vacation Day Program



South Shore YMCA Veteran's Day 11/11/09

Grades: K-6

Hours: 8am – 6pm

Fee: \$40

Let your child enjoy their Veteran's Day holiday at the South Shore YMCA at Mill Pond in Hanover. Children will have the opportunity to participate in sports, swimming, arts and crafts, and a fun special event!

- THE FIRST 10 PEOPLE TO ENROLL GET A FREE SOUTH SHORE YMCA GYM BAG!
- Registrations forms are located at the Front Desk at the Y
- Enrollment is limited and is on a first come, first serve basis.
- Please contact Jamie Whitcomb for more information
781-829-8585 x262



YMCA

We build strong kids,
strong families, strong communities.

TEEN FRIDAY



South Shore YMCA

Every Friday 6:30–9:30 pm

11/6
Definitions 6:30 - 7:30 Studio 3
Yoga 7:30 - 8:15 Studio 3
Karaoke 8:00 - 9:15 Lounge
Indoor Cycling 7:30 - 8:15 Cycling Room

11/13
Zumba 6:30 - 7:30 Studio 3
YArt 7:00 - 9:00 Art Room
Yoga 7:30 - 8:15 Studio 3
Rock Band 8:00 - 9:15 Lounge
Indoor Cycling 7:30 - 8:15 Cycling Room
Tennis Challenge* 8:30 - 9:30 Tennis Courts

* Racquets available. MUST wear non-scuffing sneakers.

11/20
Definitions 6:30 - 7:30 Studio 3
Yoga 7:30 - 8:15 Studio 3
YIdol w/Sue 7:30 - 9:15 Lounge
Indoor Cycling 7:30 - 8:15 Cycling Room

11/27
Zumba 6:30 - 7:30 Studio 3
YArt 7:00 - 9:00 Art Room
Yoga 7:30 - 8:15 Studio 3
Indoor Cycling 7:30 - 8:15 Cycling Room
Wii Tournament 7:30 - 9:15 Art Room

Every Friday:

Open Gym, Swim & Cardio	6:30 - 9:30
Cardio & Weights Training	6:30 - 8:30
Gym Games	6:45 - 9:00
Mixed Martial Arts	7:30 - 9:30

Teen Friday is included with membership and just \$7 for non-members. Participants must be 11- 17 years old. Participants register upon arrival and receive a wristband. When participants leave, wristbands are removed with no re-entry. Every 10 times you come get a prize. Activities are subject to change. WEAR WORK-OUT GEAR TO BE ACTIVE.

Contact **Karen Hirsh & Caitlin Cavanagh**
 @ 781-829-8585 x335

khirsh@ssymca.org/ccavanagh@ssymca.org
 Find us on facebook: search SSYMCA Teens
 Follow us on Twitter.com/SSYMCA_Teen_Dep