Vol. 3, Issue 3

South Shore Charter Public School is pleased to announce that Sophomore, Grace Moore has earned national recognition in The Scholastic Arts \& Writing Awards of 2012, presented by the Alliance for Young Artists \& Writers. Grace Moore has been identified by panels of professional artists as one of the most talented young artists in the nation. This year, 200,000 works of art and writing were submitted to the competition. Only the top 1,500 were recognized on the national level and of that, Grace was chosen in the top $11 \%$. Grace Moore and art teacher Marianne Buckley-Curran have been invited to attend a ceremony at the world-famous Carnegie Hall on June 1 and they have been invited to participate in a number of showcase events at Parsons The New School for Design in New York City. South Shore Charter Public School is so proud to have Grace represent our school in this year's National Scholastic \& Writing Awards. Congratulations Grace!


## patrinticudari.com

Weymouth second-grader launches toy drive for sick kids Christian Schiavone

For most 8 -year-olds, getting out of the hospital and heading back home with an armload of new toys and games would be a dream come true. But for Connor Daley, it got him thinking about other kids who might not be so lucky.
"I was at the hospital and when I was there I got to have some toys," Connor said. "Then when I left the hospital with the toys, I wanted other kids to have some, too."

Connor, a second-grader at South Shore Charter Public School in Norwell, has organized an effort to collect new and unused toys, books and games for children like him who suffer from immune deficiencies and can't share toys with other kids because of the risk of spreading infections.
Donation boxes have been set up at American Kempo Karate Academy's locations in East Weymouth, South Weymouth, Hanson, Hanover and Rockland and will be accepting donations through March 31.

| Wednesday | $03 / 21$ | MCAS Testing Grade 10 and Level III |  |
| :--- | :--- | :--- | :--- |
| Wednesday | $03 / 21$ | Level II Field Trip to Boston Theatre |  |
| Wednesday | $03 / 21$ | High School AP Biology Field Trip to Harvard |  |
| Thursday | $03 / 22$ | MCAS Testing Grade 10, Level II, and Level IV |  |
| Thursday | $03 / 22$ | High School Science Field Trip |  |
| Friday | $03 / 23$ | SEPAC (offsite) | 8:30am |
| Friday | $03 / 23$ | Auction Committee Meeting | 8:30am |
| Saturday | $03 / 24$ | High School Theatre Workshop Performance | 1pm \& 2:30pm |
| Sunday | $03 / 25$ | High School Theatre Workshop Performance | $1 \mathrm{pm} \& 2: 30 \mathrm{pm}$ |
| Tuesday | $03 / 27$ | MCAS Testing Level III and Level IV |  |
| Wednesday | $03 / 28$ | MCAS Testing Level II |  |
| Wednesday | $03 / 28$ | 11 |  |

## Announcements

## The $17^{\text {th }}$ Annual Auction is fast approaching. Purchase your tickets today!

Make sure to mark your calendars on Friday, March $30^{\text {th }}$. This year the auction will be held at the Elms in Hanover. It is located off of Main Street (Hanover) or High Street (Norwell) and is less than 1 mile from our school. Tickets are $\$ 30.00$ per person. Visit the SSCPS Auction page to purchase tickets, make donations, and to view items:
http://events.constantcontact.com/register/event?llr=cof5p6eab\&oeidk=a07e5lngwpj3bc990855
Would you like your name or your child's name on our new Street Sign? Check out the attached flyer for more information.

## PRINCIPAL's REPORT

In these Update articles I typically write about the seasons: the seasons of the earth and the seasons in the school year. In schools across Massachusetts it is now the season of the MCAS. Angie in previous Updates has spoken eloquently of our efforts as a school to teach the students the valuable academic tasks that the MCAS measures. Because of that this Update piece will be about Art and Physical Education. We are determined to make this the school of our founding vision - a place that does the right thing by valuing the life of the children and adults in our community. Nothing is more important to go with an analytical mind than a healthy body and pondering mind, the fruits of exercise and art.

Two weeks or so ago Geoff Roman, one of our music teachers, invited me to be a judge of the High School students' original songs in the Music Workshop. Geoff had also invited three professional musicians to be the jury that evaluated the students' work. The students performed interesting and complex music that had life, energy, and newness. The performances were strong, and comment after comment from the jury attested to their talent. These comments were a confirmation of the hard work that these students have been putting into their work over the course of years. It was a treat for me to see the founding vision of the school - to have outside experts give direct and specific feedback to students - utilized by a brand new faculty member. While these performances were going on, in the High School Great Room the Poetry Slam Workshop was throwing down verses. Though I could not be in two places at once I have heard these students perform before and I know it was an excellent show, as was the High School Drama Workshop's play that they put on for the Statewide Drama Festival a week or so before this. Last week the second and third graders went to Symphony Hall and were enthusiastic listeners to symphonic music. The reflections
on their experience showed just how much they got out of the trip; in fact they were so focused that not one of them got up to go to the bathroom during the whole concert. And to cap off all of this artistic achievement and study, $10^{\text {th }}$ grader Grace Moore's entry into a national students' art show - a jacket made primarily of comics from the Sunday papers - received a "Silver Key" award. She will receive her award at Carnegie Hall in New York City in early June. (This reminds me of an old joke: "How do you get to Carnegie Hall?" Answer: "Practice, practice, practice.") Congratulations to all of the students and teachers for their pursuit of Art, and possibly a new reply to the query - why go to SSCPS?

Now this brings us to exercise. I asked Heather Fredette, our Athletic Director and PE teacher, to write something for the Update that promoted fitness. Please don't merely read her piece; let's put it to use.

It is recommended by The American Heart Association that children and teens participate in at least 60 minutes of moderate to vigorous physical activity every day.

This is important because increasing physical activity in children is associated with an increased life expectancy and decreased risk of cardiovascular disease. Exercise can produce physical, psychological and social benefits, and inactive children are more likely to become inactive adults. Physical activity can help with not only controlling body weight but also reducing the risk of diabetes. It can also improve mental well-being, including gaining more self-confidence and achieving a higher self-esteem.

## Here are some tips for increasing physical activity at home:

1. Take the dog for walks
2. Go for a half hour walk instead of watching TV
3. Do active chores together such as washing the car, gardening, shoveling or yard work
4. Enroll children in community sports or lessons
5. Throw impromptu dance parties
6. Go swimming
7. Make a family walk a weekend habit
8. Have a sit-up, squat, push up or jumping jack competition with your kids while watching TV.

Ted Hirsch - thirsch@sscps.org and Heather Fredette - hfredette@sscps.org

## From the Health Office

Tick Season: Due to the warm weather the ticks are out early. Please remember to check your children every day for ticks. We will be keeping all children out of the wooded areas during the school day. If a tick is found and removed on your child at school, you will be notified. Please contact me with any questions or concerns.

Sunscreen: Please remember to apply sunscreen to your child before school as most children will be spending time outdoors during the warm weather.

Lice: There have been four recent cases of lice in the school. Please remember to have your child's hair pulled up and back. If your child develops symptoms, itchy scalp, please check for nits / lice or send to the health office for screening. Also please report all cases to the school nurse, this will help alleviate the spread by checking classmates.

Thank you, Susan Dupras - sdupras@sscps.org

## ON THE LEVELS

## SAYING OF THE WEEK:

Level 1: "Got up on the wrong side of the bed."
Level 2: "That's the last straw"
Level II students in Sarah's Pod have dropped off boxes for you to put in new, unsharpened pencils. We are collecting pencils for needy students in Mississippi. Thank you from all the students in Sarah’s Pod

Level II student, Shannon Daly in Donovan's pod is collecting "slightly used" books for children, ages 2 to 14 , whose parents are students at the Adult Learning Center in Brockton. Each year all the adult learners
and their children are invited to come and choose books that they can take home and create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside of Donovan's Pod in level II, and any donations would be greatly appreciated!

## Community Service

Community Service takes on many different types of experiences from collecting can goods for your local food pantry, collecting money for a local charity, helping at an animal shelter. As students become older the type of volunteering can become more involved making it a much more meaningful experience.


## Volunteering Abroad

The other type of community service project would be to volunteer abroad. (This would be for high school students.) There are many organizations that offer this type of trip. They help to organize and guide students through a worthwhile and life changing experience. This can be done short term one week to a month or more. You'll work side by side with local community members in a variety of destinations doing a variety of projects. Whether you have an interest in working with people, the environment, or animals, there is a project waiting for you! The opportunities available to you as a volunteer abroad are endless, so there's no reason you should not be able to find your perfect program by researching the internet. You will find many types of organizations that offer this type of experience. The majority of organizations allow you to choose the duration of your program, so it doesn't matter if you're a student you'll be able to find the program that best fits your life schedule. As a volunteer abroad, you'll make new friends, lasting memories, and leave a lasting impact on your new community for years to come. Help improve the lives of those in need throughout the world, and experience a piece of that culture that you will forever appreciate.

## Volunteering in America

Volunteers
of America
If you would prefer to volunteer in this country there are also various organizations that can assist you such as Habitat for Humanity, Volunteers of America and many others that can give you a similar experience. Helping out others in this country that are in need can be such a worthwhile experience.

Everyone has a talent to give. Tapping into people's skills and knowledge creates a more meaningful experience for the volunteer and those he or she serves. It can be expertise in a certain field to the ability to make others feel assured, cared for and safe. No matter what the talent or gift a volunteer shares with others, it helps to sustain a culture of relationship-building among many groups, including youth, seniors, businesses and other charitable organizations.

If you know of an event that is coming up in your community in the near future please email Beth Toma at JToma85103@aol.com.


Snack Bag Packing Event - Saturday, April 21, 2012
Two Shifts - 9:00 am-12:00pm or 12:30pm-3:30 pm
Location : Boston Food Bank
70 South Bay Avenue, Boston, 02118
Anyone who is interested in attending can either contact Nicholas Riley at nicholas_riley@projectbread.org directly or RSVP online at www.projectbread.org (after clicking on 'Walk for Hunger,' it is under the 'Pre-Walk Events' link in the left column). For directions for the Boston Food Bank go to their website at http://www.gbfb.org
$21^{\text {st }}$ Annual Walk to Benefit Hospice of the South Shore Saturday, March 24, 7-10 am South Shore Plaza, Braintree
SSCPS's Girl Scout Juniors will be walking in this years Walk for Hospice on March
 24th, and would like to invite others from the SSCPS family to walk with them on

Team SSCPS Cares: Please click on the link below to join Team SSCPS Cares and walk with us, pick up a sponsor sheet at the school, or please consider sponsoring the team if you are unable to attend. Feel free to contact Anatoli Korosidis for any further information \#781-308-3421.
http://www.kintera.org/faf/search/searchTeamPart.asp?ievent=1005422\&lis=0\&kntae1005422=41249B45 D2A6438A929C31EAF708D3B2\&team=4991774\&tlteam=0


MS Society Walks
April 1, 2012 in Boston May 5, 2012 in Cohasset
May 12, 2012 in Natick

## MS Society Bike Ride

June 23-24, 2012 - Boston to Provincetown.
Check website below for more details
http://www.nationalmssociety.org

Save the datel Join the 2012 Walk for Hunger on Sunday, May 6, 2011! Register online beginning in February. Sign-up to receive an email when registration is available. Website: http://www.projectbread.org See email below regarding Walk for Hunger:

This is an email received recently from Nicholas Riley, Volunteer Campaign Associate for Project BreadWalk for Hunger. I wanted to get in touch to let you know about a couple of our events coming up before the Walk for Hunger. The first opportunity is sign painting, which takes place Saturday March $17^{\text {th }}$ at the East Boston Social Center from 9:30am-1pm. Sign painting is a fun event where volunteers create the nearly 400 signs that will line the entire route of the Walk for Hunger. The EBSC is located at 68 Central Square in East Boston. Later in April, we will also be hosting our annual snack bag packing to put together the 30,000 snack bags given out to walkers at Arsenal Park. We're still finalizing a specific date and time for the event, but I would be happy to let you know when that information becomes available.Thank you for your interest in this year's Walk for Hunger. I hope to see the South Shore Charter Public School's students at one of our events!

This would be a great opportunity for Community Service for students/families that may not be able to participate in the Walk for Hunger in May, but would like help be involved in the preliminary preparations for this popular and well attended event.

Breast Cancer Walk - Boston - May 19-20, 2012
Website: http://www.avonwalk.org

Day of Event Information<br>Ride Day<br>Date: Sunday, May 20, 2012<br>Location: Reservoir Woods, Waltham, MA<br>Registration/Check In: 7-8 a.m.<br>Program and Activities: 8 a.m. - 12:30 p.m.

You do not have to ride to volunteer at this event. Volunteers are needed from helping set up, registration, greeters and food tent. Check web site below for more information. http://www.braintumorcommunity.org

## Community Interest

Holly Hill Farm, 236 Jerusalem Road, Cohasset, is pleased to announce a full lineup of Summer 2012 Programs for children ages 3 through college. In addition to our traditional farm programs, we're offering many new opportunities for children interested in exploring the diverse habitats of the 130 acres of woods, ponds, and salt marsh at Holly Hill Farm. There are also exciting new offerings for pre-teens and older youth who might be interested in a different sort of summer experience building things, cooking, growing food for Father Bill's, selling produce at the farmers market, or assisting with camp programs. More information and registration forms are available at www.hollyhillfarm.org.

Salamanders on the Move - Come to Holly Hill Farm to learn about the fascinating life in a vernal pool and join us as we carefully observe the annual trek of salamanders into vernal pools for their mating
season. Temperature and weather play an important part in the timing of the salamanders' move to vernal pools so we have been waiting for the right evening to schedule this event. Join us THIS Friday March 23 from 7-8:30 pm. All ages are welcome, but sorry, dogs are not invited on this walk as we need to be very still and quiet to not disturb the salamanders. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For directions and more information, visit www.hollyhillfarm.org. Please call 781-383-6565 to check on the date and to pre-register. Fee: $\$ 5$ for members of the Friends of Holly Hill Farm, max $\$ 15$ per family / $\$ 8$ for non-members, max $\$ 24$ per family.


The High School Theater Workshop presents

## THE MIDDLE OF NOWHERE

By Raleigh Marcell, Jr.

CAST

| Arlo | Tyler Zakrzewski |
| :---: | :---: |
| Hoyt | ........CJ Palmer |
| Milo | ..Kaisaac Griffin |
| Old M | ..Zach Johnston |

UNDERSTUDIES
Arlo .Garrett Creutz

Hoyt ..................................Devin Nigro
Milo .............................Steven Coleman
Old Man Cody Brennan Dayna St.Peter

The Coke Machine $\qquad$ .Ben Otis

CREW
Director $\qquad$ .Mr. Loren Sanborn

Stage Manager. $\qquad$ .Marie Juste

Light Operator $\qquad$ .Matt Young

Sound Operator. $\qquad$ Johnnie Jackson

Saturday March 24
Leads: 1:00 pm
Understudies: 2:30 pm
Sunday March 25
Understudies: 1:00 pm
Leads: 2:30 pm
Admission: $\$ 2$ per person or $\$ 5$ per family

The play takes place in the anytime of existentialism.

# We need your help to make the Annual SSCPS Auction at The Elms of Hanover March 30, 2012 a success! 

The auction will be accompanied by a selection of hot and cold passed hors d'oeuvres and dessert buffet.

The committee is trying to keep the cost down with donations of food and volunteers for staffing. This
will result in more of the funds going directly to the school, which means our children benefit.
This function is run solely by parents, family members and friends of parents.
If you would like to help out or donate any of the following items please contact
Christina \& Mark Harvey
Parents of Mathew grade $1 \&$ Olivia grade 3
Theharveys.4@gmail.com
781-293-4424

## Food Donation Needed

1. Cold hors d'oeuvres for passing
a. 1 to 2 bites each
b. Minimum of 24 pieces
c. Dropped off in a disposable box or container. We will take care of putting them on serving trays for passing. We can assemble items right before service if needed.
2. Cold plated items to be put on tables
a. Items need to be on 12 inch disposable serving trays or in a baskets
b. Examples of items needed: Vegetables and dip, cheese and crackers, corn chips \& dip. (What ever you can come up with that can sit out on the tables for 3 hours.)
3. Desserts that are also finger food sizes
a. Dropped of in a disposable box or container. We will be serving them on platters for the buffet.
b. We will take care of putting them on serving trays for the buffet

## Food Staffing Needs

We are looking for:
-People to assist food service during the event
-People to assist with clean up during and after the Auction
-People to help prepare, receive \& set up the food any time on March 30, 2012 from 8:00 am until 5:00 pm at the Elms

## Equipment Donation Needs for Food

Coolers (the larger the better)

## Name Our Street Sign!

How would you like to see your name or child's name on our new street sign at SSCPS?



Purchase a $\$ 5.00$ raffle ticket for a chance to win your name on the sign for a year!

After one year you will be given the sign to keep!
Drawing will be held at the 17th Annual SSCPS Auction on March 30th, 2012!

Detach above and retum this portion with payment to:
SSCPS - 100 Longwater Circle - Norwell, MA 02061 - Attn: Denise Demaggio

## Name Our Street Sign!

South Shore Charter Public School
Name: $\qquad$ $\$ 5.00$ per raffle ticket

Child and/or Family name as it will appear on the sign:

Drawing will be held at the 17th Annual SSCPS Auction on March 30, 2012.

# Breakfast Order Form <br> Lunch for the Month of April, 2012 <br> Due to the office by 3:00 pm, *Tuesday, March 27, 2012 

Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$
Please CHECK off the day lunch will be ordered.
Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 4/2-4/6

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 4/9-4/13

Week of [X] Monday [X] Tuesday [X] Wednesday [X] Thursday [X] Friday 4/16 - 4/20

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 4/23-4/27

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 4/30-5/4

Number of Breakfasts ordered $\qquad$ X \$1.60

Less credit due

## Total Amount Enclosed

\$ $\qquad$
Cash or Checks may be made out to SSCPS.

# Lunch Order Form <br> Lunch for the Month of April, 2012 <br> Due to the office by 3:00 pm, *Tuesday, March 27, 2012 

Student Name $\qquad$

Pod Teacher/Advisor $\qquad$ Grade $\qquad$
Please CHECK off the day lunch will be ordered.

| Week of <br> $4 / 2-4 / 6$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [X] Friday |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Week of <br> $4 / 9-4 / 13$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |
| Hamburger or |  |  |  |  |  |
| Week of <br> $4 / 16-4 / 20$ | [X] Monday | [X] Tuesday | [X] Wednesday | [X] Thursday | [X] Friday |


| Number of Meals ordered |  | X | $\$ 3.75$ |
| :--- | :--- | :--- | :--- |
| Number of Slices of Pizza ordered | $\square$ | X | $\$ 1.75$ |
| Hamburger/Veggie Burger | $\square$ | X | $\$ 3.75$ |
| $\quad$Less credit due  <br> $\quad$ Total Amount Enclosed  |  |  |  |

Cash or Checks may be made out to SSCPS.
Choice of $1 \%$ milk, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 25 cents.

Please note: If your child has forgotten lunch, a lunch of yogurt, a fruit bar and Milk will be provided at the cost of $\$ 2.00$. For Level I and II a Lunchable will be provided at the cost of $\$ 2.75$. A note from the office will go home that afternoon for reimbursement.

## South Shore Charter School <br> April, 2012 <br> Catered by Essence of Thyme

## Breakfast

| 2 Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $2$ <br> Golden Grahams Juice Milk | $3$ <br> Blueberry Muffin Juice Milk | $4$ <br> Plain Bagel Juice Milk | 5 <br> Cheerios w/whole wheat graham crackers Juice Milk | $6$ <br> Honey Wheat Bagel Juice Milk |
| $9$ <br> Raisin Bran Juice Milk | $10$ <br> Yogurt w/granola bar Juice Milk | 11 <br> Cinnamon Raisin Bagel Juice Milk | 12 <br> Frosted Mini Wheats Juice Milk | 13 <br> Cheerios w/whole wheat graham crackers Juice Milk |
| $16$ $S \quad P \quad R$ | $17$ | $18$ | $19$ | $20$ |
| 23 <br> Corn Flakes w/whole grain cinn.crackers Juice Milk | $24$ <br> Bagel w/jelly Juice Milk |  | $26$ <br> Fruit Yogurt Parfait Milk | $27$ <br> Corn Muffin Juice Milk |
| $30$ <br> Honey Wheat Bagel Juice Milk | 5/1 <br> Yogurt w/granola bar Juice <br> Milk | 5/2 <br> Whole Wheat Cinnamon Bun Juice Milk | 5/3 Cheerios w/whole wheat graham crackers Juice Milk | 5/4 <br> Frosted Mini Wheats Crackers Juice Milk |

* All Meals include 8 ounce Choice 1\% or Lowfat Chocolate Milk


## South Shore Charter

April, 2012
Catered by Essence of Thyme

## LUNCH

| 2 Monday | Tuesday  <br> 3 4 |  | Thursday |  | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2 <br> Chicken Pot Pie Mixed veggies Fruit Milk | 3 <br> Ziti and Meatballs Broccoli Applesauce Milk | 4 <br> French Toast Sticks Hash Browns Baked sliced Apples Sausages Milk | Herbed Baked Chicken Stuffing Carrots Scalloped Potato Milk | 6 | No Lunch Early Release |
| 9  <br>  Beef and Bean Burrito <br>  Corn <br>  Fruit <br>  Milk | 10  <br>  American Chop Suey <br>  Peas <br>  Apple <br>  Roll <br>  Milk | 11Chicken Quesadilla <br>  <br>  <br>  <br>  <br>  <br>  <br>  <br>  <br> Fruirots <br> Milk | 12Cheese Tortellini <br> Green Beans <br> Roll <br>  <br> Apple <br> Milk | 13 | BGood |
| $\begin{array}{llll} \hline 16 & & & \\ & \mathrm{~S} & \mathrm{P} & \mathrm{R} \end{array}$ | $17$ | $18$ | $19$ |  | A K |
| 23 <br> Hamburger on Bun Corn French Fries Milk | 24 <br> Stuffed Shells Baked apple slices California Medley Milk | 25 <br> Chicken Caesar Salad Wrap Carrots and celery Fruit Milk | $26$ <br> Cod Sticks Potato wedges California Medley | 27 | Pizza |
| 30 <br> BBQ Chicken Mashed potato Roll Peas Milk | 5/1 <br> Macaroni and Cheese Carrots and celery Fruit Milk | 5/2 <br> Chicken Patty on a Bun Tater Tots Green Beans Milk | $5 / 3$ <br> No Lunch <br> Early Release | 5/4 | BGood |

[^0]*Before placing your order, please inform the school if you have a food allergy!


[^0]:    * All Meals include 8 ounce Choice 1\% or Lowfat Chocolate Milk

