

# Update September 28, 2011

Vol. 9. Issue 5

Thursday	09/28	Volunteer Training	8:30am
Thursday	09/28	Grades 7-12 Warnings Mailed	
Friday	09/30	SEPAC	8:30am
Tuesday	10/04	Parents Association Meeting	7:00pm
Thursday	10/06	Level I and Level II Family Literacy Night	6:00-7:00pm

### THE AFTER SCHOOL ENRICHMENT PROGRAM HAS RETURNED!

Please review the after school enrichment opportunities with your child and if he or she is interested in participating, return this form as soon as you are able. Like last year we are anticipating full enrollment. Thank you for your support of this program.

### K-6 PRINCIPAL'S REPORT

Yesterday was a professional development afternoon. There are five types of professional development that we are pursuing this year here at SSCPS.

- The first was the work we did in August where administrators, teachers and one outside expert taught each other as we prepared for the new school year. This work was important to integrate new staff, to collectively assert our goals and purposes for the year, and to learn how to better utilize tools such as Grade Ouick and EdLine.
- The second is a course that is being taught by Lesley University in our building on how to expand our teaching repertoire so that our teachers can develop their craft. An added benefit to having all our teachers take this course is that we will all share a common language. This unifying experience will assist us in collaboration and teamwork.
- The third type of professional development that we are doing this year, and have done every year for many years, is individual teacher-chosen courses or workshops. For this staff development, teachers are allotted money to pursue individual goals.
- The fourth type of professional development is our work with Collins Writing where Jerry Morris and Bill Atwood come in and work with our students and teachers directly in the classroom. The work that Jerry and Bill have done over the past few years has made our school a more rigorous and purposeful place.
- The fifth kind of professional development is the work that we collectively do at times like yesterday afternoon. The goal of yesterday's work was to go over the school-wide results of the MCAS, prepare for the first round of formative assessments, which will be given next week, collectively plan course work, and study student data to help develop individual plans for students. We call these days "Data Days."

We know we are asking a great deal from families by having professional days and afternoons. We are not teaching your children but are doing essential work together. Because we understand families' demands, three types of our professional development do not change your family's school routine. However, times like yesterday afternoon and the upcoming afternoon on October 12<sup>th</sup> are necessary for us to get better as a school.

Here is a brief summary of our performance as a school on last year's MCAS that was possible because of our previous commitment to professional development:

• We made AYP (Adequate Yearly Progress) in every category. The requirements have become so difficult that last year only 18% of all schools and 9% of all districts in Massachusetts accomplished this.

- For K − 12 schools or districts we had the highest growth score in the state in ELA and were tied for fourth in Math.
- Our Special Ed subgroup had the highest growth scores in the state for a K − 12 school or district in ELA and the second highest in math.
- Our African American/Black subgroup had the highest growth scores in the state for a K-12 school or district in ELA and seventh highest for math.
- Our Low Income subgroup had the highest growth scores in the state for a K − 12 school or district in ELA and second highest for math.

These results are the product of hard-working students, dedicated and thoughtful teachers, and committed families. We have "Miles to go before we sleep," and we will not rest on our laurels. We are continuing to work hard and are not complacent and need times like yesterday. I would like to express gratitude for the time we had together yesterday to make this another wonderful year here at SSCPS.

Ted Hirsch (781)982-4202 Ext 108

### ON THE LEVELS

### **SAYING OF THE WEEK:**

Level 1: "Do unto others as you would have them do unto you."

Level 2: "Like a bull in a china shop."

### JOIN SSCPS FOR LITERACY NIGHT Thursday, October 6<sup>th</sup> from 6-7pm

To all families of Level I and Level II students, please join us for our annual Literacy Night!

Pajamas and slippers are appropriate dress. If you would like to volunteer as a reader, please contact Ted Hirsch at 781-982-4202, ext. 108

### **Box Tops for Education**

Happy New School Year! My name is Bethany Whitemyer and I'm the volunteer coordinator for Box Tops for Education. This school year our goal is to raise \$1000. We are well on our way already thanks to the support of so many dedicated SSCPS families! Box Tops offer three easy ways to earn cash for our school through everyday activities such as buying groceries, shopping online, and purchasing books.

- Clip Clip Box Top coupons from hundreds of participating products and send them to school. Box Tops coupons are worth 10¢ each when our school redeems them from Box Tops for Education. There is an envelope at the front desk where you or your child can leave your Box Tops. Collection sheets will be distributed to all Level One classrooms.
- **Shop** Shop at your favorite online stores through the Box Tops Marketplace® (boxtops4education.com/marketplace). Up to 15 eBoxTops<sup>TM</sup> per \$10 spent on qualifying purchases is automatically donated to our school, at no additional cost to you. Plus, you'll get exclusive Box Tops deals and discounts!
- **Buy books** Buy books online through the Reading Room, a partnership between Box Tops and Barnes and Noble. Our school receives up to 6 eBoxTops per \$10 spent on qualifying purchases.

Sign up — It's easy and free. Sign up to support our school at boxtops4education.com, where you can:

- See how much our school is earning with Box Tops
- Enter online promotions for chances to win Bonus Box Tops and other prizes
- Print money-saving coupons for your favorite Box Tops brands
- Make mealtime easier with family-pleasing recipes

To learn more, visit <a href="www.boxtops4education.com">www.boxtops4education.com</a> —and thanks for choosing to make a difference for our school with Box Tops! —Sincerely, Bethany <a href="www.boxtops4education.com">Whitemyer@rcn.com</a>

#### **COMMUNITY SERVICE**

Community Service is a requirement in the education of the students at the SSCPS. By volunteering students continue their education outside of the school environment learning how to be caring, kind, individuals which also contribute toward building character. It also is helpful in setting themselves apart from most of their peers. In order to engaged students in volunteering try to direct them toward subjects and projects that they have an interest in.

The Community Service Committee will be researching and posting current and ongoing opportunities that are available for students/families. If you know of an event that is coming up in the near future please **email Beth Toma** at <a href="mailto:JToma85103@aol.com">JToma85103@aol.com</a> so this information can be share with the school community.

### <u>2ND ANNUAL BOSTON BRAIN TUMOR WALK - AT CASTLE ISLAND, BOSTON, MA SATURDAY, OCTOBER 1, 2011</u>

Location: Castle Island, Boston, MA - At Marine Park across from

Pleasure Bay

Registration: 8 - 9 AM

Program and Activities: 9 AM - 12 PM

For more information go to web site www.BrainTumorWalk.org/Boston.

### WALK TO END ALZHEIMER'S - SATURDAY, OCTOBER 1, 2011

The Walk to End Alzheimer's is the nation's largest event to raise awareness and funds for Alzheimer's care, support and research. Unite in a movement to reclaim the future for millions. Join the Alzheimer's Association Walk to end Alzheimer's.

Location: Pilgrim Memorial State Park, Water Street, Plymouth, MA For more information go to web site: www.alzwalkMANH.org

#### WALK FOR BREAST CANCER - SUNDAY, OCTOBER 2, 2011

Making Strides Against Breast Cancer is not just a walk, it's a fundraising event. The dollars that you raise help the American Cancer Society save lives by helping people get well, stay well, by finding cures, and by fighting back. For more information go to web site: www.cancer.org/stridesonline

### Trail work Days with Friends of Blue Hills Get Out, Get Dirty

<u>Email:</u> <u>trailwork@FriendsOfTheBlueHills.org</u> for directions and details Join Friends of the Blue Hills on trail work in the Blue Hills Reservation. Pre-registration is not required. Trail work from 9am- 1pm. Saturday, October 15; Saturday, November 12; Saturday, December 10

#### **Library Volunteer Opportunities**

### **Rockland Memorial Library**

Rockland Memorial Library has community service opportunity for 11-18 years.

<u>For 11-14 year olds</u> have opportunities to help at children's events that happen perhaps once or twice a month. They could use two or three students right now.

<u>For 15-18 year olds</u> have opportunities to volunteer at children's events or shelve books. For shelving books, they need to detail-oriented. They could use one or two students to shelve right now.

Prospective volunteers need to talk to Geralyn Schultz, Youth Services Librarian, Rockland Memorial Library, 781-878-1236 ext 12 or email <a href="mailto:schultz@ocln.org">gschultz@ocln.org</a> They will need to pick up a form to fill out. All students under 18 years old need to have their form signed by a legal guardian.

#### **Tufts Library Weymouth**

The Tufts library, 46 Broad Street, has volunteer opportunities for students in Children Services. There is not an age requirement but it would be helpful if students have an understanding of the Dewey Decimal System. If you are interested contact Amy Perriello, librarian in Children Services at <a href="majorage-aperriel@ocln.org">aperriel@ocln.org</a> or 781-337-1402.

#### **COMMUNITY INTEREST**

**Holly Hill Farm**, 236 Jerusalem Road, Cohasset, MA is having its 4thAnnual "Discover the Woods" Day on Sunday October 2nd. There is a 5K run at 9 am, a 1 mile fun run/walk at 11 am and in the afternoon there will be guided nature walks all through the 130 acres of woods that abut and surround the 5 acres of organically grown vegetables, flowers and herbs. There will also be a home composting workshop at 1 pm so you can learn how to make compost at home, just like Mother Nature does in the woods. Race registration forms and more information are available at <a href="www.hollyhillfarm.org">www.hollyhillfarm.org</a> or by calling 781-383-6565. Proceeds from these events will benefit the Friends of Holly Hill Farm, the non-profit education center that uses the farm as its outdoor classroom for school field trips, workshops, and summer programs for children and adults.

**Don't stay in the dark!** Come to the South Shore Celebration! sustainable lifestyle fair at the Marshfield Fairgrounds on Oct 8th for some live music, a farmers market, workshops, demonstrations and a variety of vendors promoting sustainable living ideas! Get off the grid (or at least, reduce your dependency on it) and celebrate the color green! www.SouthShoreCelebration.com for more details.

#### **Out of the Darkness**

The Out of the Darkness Community Walks are 3-5 mile walks taking place in over 200 communities across the country this year, with the proceeds benefitting the American Foundation for Suicide Prevention (AFSP). By walking in the Out of the Darkness Community Walks, you will be walking with thousands of other walkers nationwide to raise money for AFSP's vital research and education programs to prevent suicide and save lives, increase national awareness about depression and suicide and provide support for survivors of suicide loss. In deciding to walk you are taking us a step closer to making suicide prevention a national priority. For more information, visit www.afsp.org

A letter from Christine Bowker-Wickersham

#### Dear Friend,

On March 21, 2009, my son died of suicide. Robs was a 2008 graduate of SSPCS. Our entire family walks in memory of Rob, in hopes to help others like him.



### Some Stunning Statistics about Suicide, Depression and Bipolar Disorder:

- -An estimated 26% of Americans ages 18 and older one in four adults suffer from a diagnosable mental disorder in a given year
- -60% of individuals diagnosed with bipolar disorder have a co-occurring Substance Abuse Disorder
- -data suggest that 40% of individuals with an alcohol use disorder and 60% of individuals with a drug use disorder have a co-occurring mood disorder
- -64% of jail inmates suffer from a mental illness
- -as many as two thirds of males and three quarters of females in the juvenile criminal justice system meet criteria for one or more psychiatric disorders
- -Bipolar disorder is the sixth leading cause of disability in the world
- -2.6%, 5.7 million people are diagnosed with bipolar disorder
- -According to several studies, a significant proportion of the approximately 3.4 million children and adolescents with depression in the United States may actually be experiencing the early onset of adolescent bipolar disorder
- -30% of depressed teens will develop substance abuse problems
- -The divorce rate of bipolar sufferers is as high as 90%
- -The number of ambulance visits with mental disorders as primary diagnosis for 2006: 55.7 million
- -Estimated 10-15% of people with bipolar diagnoses die of suicide
- -a person dies of suicide every 16 minutes in the US, an attempt is made every minute
- -1 in 6 people are directly affected by suicide
- -Suicide is the 3rd leading cause of death for 15-24 year olds
- -Although more females make attempts, males die of suicide 4 to 1.
- -More people die of suicide, 33,300 than of homicide, 18,573
- -83% of gun-related deaths in homes are the result of a suicide
- -Less than 33% of teens with depression will get help

I hope you will consider supporting our participation in this event. Any contribution will help the work of AFSP, and all donations are 100% tax deductible.

Donating online is safe and easy! To make an online donation please click the "Support This Participant" button on this page. And again, thank you for any donation you can afford, and thank you if you have already donated.

Support Hana and our family for our walk on October 15th

### WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>

#### SOUTH SHORE CHARTER PUBLIC SCHOOL

### Parents Association

Next PA meeting: Tuesday October 4, 2011, social at 6:30 meeting 7-9

Volunteers: you can complete your CORI paperwork during social time (bring ID).

Stop and Shop will attend to explain the A+ program and register your shopping cards to benefit the school.

Emily Merwin will speak to us about Lyme Disease.

Please join us...!

**Get Involved**: We still have lots of great volunteer opportunities on our various committees. Please see last week's update or contact Lisa Harvey-Mone (molimu@gmail.com) for committee descriptions.





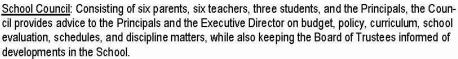
**Proposed PA Committee:** Technology (formation of this committee will be voted on at the next PA meeting)

The goal of the Technology Committee is to facilitate communication and distribution of knowledge among the school parent community and coordinate PA use of technology. The Technology Committee will coordinate with the googlegroups Administrator to ensure those wishing to be included are successfully enrolled on the googlegroups discussion group. The Technology Committee webmaster will gather and post information of interest to the school parent community on the Parent's Association website and coordinate material posted in the parents section of the school website. The content of the website is designed to be informative, to supplement the school website and official school notices, rather than opinion driven

or in contradiction to official school publications. Out of an abundance of caution to ensure a cohesive and consistent message, the following applies: In the event the Executive Director or Parent's Association Chairperson requests that any material not be posted on the website, the webmaster agrees to remove the material from the PA website until a vote by the PA is taken to determine if the material will be posted again or remain offline. By agreeing to serve as the webmaster, the webmaster agrees to remove any material from the website in accordance with the prior sentence.

If you are interested in serving as Technology Committee Chair, please email Lisa Harvey-Mone molimu@gmail.com.

Parent Representatives to School Council and Education Committee will be appointed: If you are interested in serving on either of these committees, please email Lisa Harvey-Mone molimu@gmail.com





School Council meets on the second Thursday of the month at 3:45pm unless otherwise noted. We would like to have a parent representative from each level +1 additional parent.

<u>The Education Committee</u> of the South Shore Charter Public School is comprised of the Executive Director, the two principals, the five level coordinators, a Board of Trustee member and parents/guardians of students. The committee is a deliberative body that makes recommendations to the school on educational matters. It studies the performance of the SSCPS students and guides the school administration on educational planning and assessment. It is important for the group to hear the input and values from families of a variety of ages.

One K-6 parent & one 7-12 parent is needed for each committee.

Education Committee meetings on the 3rd Thursday of each month at 3:45pm.

### Stay connected by joining the SSCPS Parents Google Group and visiting the NEW PA Website ....

To subscribe to google groups simply send email to sscpsparents+subscribe@googlegroups.com

The website address is: http://sscpsparentsassociation.homestead.com

And, as always, thanks for all you do!

### Sign Up for the Harvest Run!

www.harvestrun.homestead.com



### Harvest Run

5K ROAD RACE—FITNESS WALK

### Saturday, October 15

9:00 day of Registration, 11:00 Harvest Race Begins!

Wompatuck

State Park

Hingham, MA

Post race luncheon hosted by:



### **Community Service Opportunities:**

### **SUPPORT THE HARVEST RUN WITH SPONSORS!**

SSCPS students can get:

- 1. community service and
- 2. impact their physical Education program just by getting sponsors for the race! Ask family, friends, neighbors or places you frequent to sponsor. All money raised will be DIRECTLY benefiting each and every child!

### **Volunteers Needed**

Friday October 14<sup>th</sup> 1:30pm - 7:00pm Marathon Sports, Route 53 Norwell

Saturday October 15<sup>th</sup> 8:00am - 3:00pm Wompatuck

### Dear SSCPS Family:

Hope you had a wonderful summer. As the start of the school year begins, we are putting together the annual Harvest Run Road Race. We have added many new and exciting changes to the race this year, as well as keeping some of the wonderful traditions that keep this race one of the best 5Ks around.

The Harvest Run Road Race will again be a 5K distance (3.1 miles). It will be held on Saturday, October 15, 2011, at Wompatuck State Park in Hingham. We are strongly encouraging **BOTH** runners and walkers to sign up for this race. It is not only a great way to spend time outside in a beautiful setting, but it is also a great opportunity to spend time with your family and to meet or interact with the SSCPS community.

One of the changes this year we are most excited about is we are adding a sponsorship aspect to the race this year. In addition to the race entry fee, you will have the ability to obtain "outside" sponsors to donate money to SSCPS. **ALL** funds raised will be used to enhance the physical education facilities at SSCPS. Physical activity is extremely important to a child's development; and this race, along with the sponsorship aspect, will allow your child to benefit from the physical activity of the race itself, as well as enhancing the physical education he/she receives at SSCPS on an ongoing basis. All sponsorship dollars received will be **DIRECTLY** benefitting each and every child.

It is important to note that you **DO NOT** need to participate in the race itself in order to obtain sponsors. Each child is encouraged to obtain sponsors, even if they are not running/walking.

Along with the numerous physical education benefits your child will receive, there are two more incentives for obtaining sponsorship. The first is community service. Your child will receive community service for obtaining sponsors. The second is there will be three pizza parties awarded for the highest sponsorships and greatest number of Harvest Run participants (runners/walkers).

- One pizza party will be awarded to the class from Levels I and II with the highest sponsorship
- One pizza party will be awarded to the class from Levels III and IV with the highest sponsorship
- One pizza party will be awarded to the high school advisory with the highest sponsorship

Thank you so much for taking the time to read through this letter. We appreciate your help in making this the best Harvest Run yet!

Sincerely,

Denise Demaggio and Annette Golden Harvest Run Event Coordinators

STEPS FOR THE RUNNER/WALKER WITH	STEPS FOR SPONSORSHIP ONLY
SPONSORSHIP	
1. Register for the Harvest Run - registration form	1. Email, call or mail friends and family for sponsorship.
attached.	Use the attached Harvest Run Sponsor Mailer.
2. Email, call or mail friends and family for sponsorship.	2. Track your sponsors on the attached Harvest Run
Use the attached Harvest Run Sponsor Mailer.	Sponsor Sheet. Bring the completed sheet with
	donations to school on Monday, October 17 <sup>th</sup> .
	Envelopes will be in each Pod/Advisors room.
3. Track your sponsors on the attached Harvest Run	
Sponsor Sheet. Bring the completed sheet with	
donations to school on Monday, October 17 <sup>th</sup> .	
Envelopes will be in each Pod/Advisors room.	



Student's Name: Pod/Advisor:

### HARVEST RUN SPONSOR SHEET

Please use this sheet to keep track of every sponsor you receive for the road race, their address, and the amount they donate. Bring this sheet, along with the donations you collect, to school on Monday, October 17, 2011.

Sponsor Name	<u>Address</u>	Telephone #	<b>Amount</b>



## **Harvest Run**

**5K ROAD RACE—FITNESS WALK** 

### When you support the South Shore Charter Public School, you support:

- An innovative K 12 charter school that has been nationally recognized as America's Greenest School
- Project-based learning initiatives resulting in awards and grants for excellence in math, science, and technology
- A college preparatory curriculum and outstanding faculty, resulting in 42% of seniors qualifying for the John and Abigail Adams Scholarship and 100% of all graduating seniors being accepted into a college or university

We are a public school, tuition-free, and we educate students from over 27 districts on the South Shore. We believe in children, we believe in excellence, we believe in the future. Run to support the South Shore Charter Public School or sponsor a runner today!

rom: Advisor/pod teacher:						
Dear,						
Please sponsor me in the South Shore Charter Public School's 3rd Annual Harvest Run Road Race/Fitness Walk. All funds raised will be used to enhance the physical education facilities at the South Shore Charter Public School. Our goal this year is \$20,000.00. With your help, I know we will be successful.						
Thank you in advance for your support!						
	Student Signature					
*Please staple your check here and return it to the school, or fill in your credit card information below; or if you prefer, you may make a donation online at www.sscps.org. Thank you for your pledge.  Your donation is tax deductible.						
Sponsor reply form: Yes, I will sponsor you for:         □       \$100         □       \$80         □       \$60         □       \$40         □       \$20         □       Other	Your gift may also be eligible for a MATCHING GIFT. Please check with your employer's Human Resources Office for a matching gift program.					
Credit card number: Expiration date: Card type:	Sponsor Signature  Date					
Your donation is tax deductible. Please make your check payable to: SSCEF (South Shore Charter Educational Foundation)	Please check here if you would <u>not</u> like to receive future mailings from the school or foundation.  Office use: Entry date Amount: Check #					



### **Harvest Run**

5K ROAD RACE - FITNESS WALK

Saturday, October 15, 2011

Wompatuck State Park Hingham, Ma

### **SSCPS FAMILY REGISTRATION**

Family Name:			
Address:			**
City:			
Zip Code:	E-M	[ail	
Phone Number:			
Individual Names	Runner/Walker	Gender M/F Age Group (-10) (11-14) (15-19) (20-29) (30-39) (40-49) (50-59) (60+)	Shirt Size *2 Shirts included, \$5.00 each additional *Guaranteed to those who register by September 25th.*
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

### Pre-Race Number and T-Shirt Pick-Up:

Marathon Sports Norwell, MA Friday, October 14, 2011 2:00pm — 6:00pm

#### Race Schedule:

9:00 - 10:45: Registration and t-shirt pick-up 11:00: The Harvest Run begins!

\* Refreshments provided by b.good after the race\*

SSCPS Family Registration \$35.00 / family

SSCPS Student Registration \$10.00 / individual student

Cash or Check payable to SSCEF

All funds raised will be used to enhance the physical education facilities at the South Shore Charter Public School.

### SSCPS AND YMCA AFTER SCHOOL ENRICHMENT PROGRAM

Our After School Enrichment Program runs Monday through Thursday beginning Tuesday, September 20<sup>th</sup> ending Monday November 21st. The program starts at dismissal and ends at 5:00pm. All programs are held at SSCPS with the exception of swimming.

**Homework Club**-Homework Club is for students in Grades 2-8 that want to get a head start on their homework or get extra help from our High School Students. Homework Club begins after dismissal until 4:00 pm at no cost to the student. However, Homework Club help from 4:00 pm to 5:00 pm Monday -Thursday costs \$40.00. SSCPS Registration Form attached. Please make checks payable to SSCPS.

**Swimming**- This class is for students in Grades 2-4. This class can only accommodate 16 students. So register early! We will be using the pool at Webb's Pro Fitness Facility in Norwell and students will be transported by the school's van and chaperoned by a parent. Class starts at 3:15 pm and ends at 4:15 on Mondays. Students must be picked up by 4:15 at Webb's Pro Fitness. The cost of this 8 week swimming program will be \$100.00. Instructor Alex Canning. SSCPS Registration Form and the Webb's release form are attached. Please make checks payable to SSCPS.

**Knitting-**This class is for students in Level II-HS (parents also welcome) that want to learn how to knit, learn to follow a pattern, and create your own knitted designs. Monday's from 4:00 pm - 5:00 pm. Instructors Mac Haran and Jenny Kostka. The cost of this 8 week class is \$40.00. SSCPS Registration Form attached. Please make checks payable to SSCPS.

**Art with Kathryn**-This class is for students in Grades 2-Level III that will work on a group art project for the school that involves recycling. Instructor Kathryn Hahn. Sessions are held on Tuesday or Wednesdays from 4:00 pm to 5:00 pm. The cost of this 8 week class is \$40.00 per session. SSCPS Registration Form attached. Please make checks payable to SSCPS.

**Oral Story Telling-**This class is for students in Grades 2-8. This project is performance based, but will also take a brief look at the historical and cultural roots of storytelling through the ages. Each student will be invited to work through the multiple processes necessary for a storyteller to "own his or her story" through careful selection, practice, and finally....presentation. Wednesday's from 4:00 pm - 5:00 pm. Instructor Judy Pritchard. The cost of this 8 week class is \$40.00. SSCPS Registration Form attached. Please make checks payable to SSCPS.

Nature Program-This class is for students in Grades 2-6. and is designed to increase the opportunities to enjoy the natural setting surrounding our school, reaping the physical and emotional benefits that nature offers. The students will go outside each week, rain or shine, so please have your child dress accordingly. Some of the topics of interest they will explore are outdoor games, native birds, identifying trees, gardening, mapping, and more. Also, each week the student will be asked to sketch/write about their discoveries. Thursday's from 4:00 pm - 5:00 pm. Instructor June Fontaine. The cost of this 8 week class is \$40.00. SSCPS Registration Form is attached. Please make checks payable to SSCPS.

Running Club-This class is for students in Levels II-IV and is being offered to help build up endurance for the Harvest Run in the four weeks of running up to the event. Pack a water bottle, comfortable running clothes and sneakers. The instructors will track progress each week and help each runner to their personal best! Instructors Maureen Hebert and Mary Oxner. The cost of this club is \$25.00 and covers the cost of your child's entry fee in the Harvest Run. Thursday's from 3:00 pm - 4:00 pm. SSCPS Registration Form is attached. Please make checks payable to SSCPS.

**Spark! Math in Motion**-This class is for students in grades 3 & 4. It is run by the SSYMCA. Children will practice math skills and drills while moving and having fun. Great for kinesthetic learners. Instructor Tanya Maniscalco. Class # 50AEYCL88. Monday's from 4:00 pm - 5:00 pm. The cost of this 8 week class is \$80.00. To register for this class go to SSYMCA.org click on the register on line button and follow the instructions. Or call Kim Engle 781-829-8585 x321.

**Spark! Reading in Motion**-This class is for students in grades 2. It is run by the SSYMCA. Moving with phonics, vocabulary and stories. Have fun with language! Great for kinesthetic learners. Class# 50AEYCL87. Tuesday's from 4:00 pm - 5:00 pm. Instructor Tanya Maniscalco. The cost of this 8 week class is \$80.00. To register for this class go to SSYMCA.org click on the register on line button and follow the instructions. Or call Kim Engle 781-829-8585 x321.

**A cappella plus choir**-This class is for students in grades 5-8. It is run by the SSYMCA. Class# 50AEYCL86. Tuesday's 4:00 pm - 5:00 pm. Instructor Kim Engle. The cost of this 8 week class is \$80.00. To register for this class go to SSYMCA.org click on the register on line button and follow the instructions. Or call Kim Engle 781-829-8585 x321

**Beading, Jewelry, Hemp and More**-This class is for students in grades 5-8. It is run by the SSYMCA. Make creations for wearing, giving, & trading. Class#50AEYCL85. Monday's from 4:00 pm - 5:00 pm. Instructor Elissa Dennis. The cost of this 8 week class is \$80.00. To register for this class go to SSYMCA.org click on the register on line button and follow the instructions. Or call Kim Engle 781-829-8585 x321

For questions about the SSCPS after school offerings, please call Charlene Evans, After School Enrichment Coordinator x156.

For questions about the SSYMCA after school offerings, please call Kim Engle at 781-829-8585 x321.

SSCPS and YMCA After School Weekly Schedule

Monday	Tuesday	Wednesday	Thursday
Homework Club	Homework Club	Homework Club	Homework Club
Swimming-Grades 2-6	Art with Kathryn Grades 2-6	Art with Kathryn Grades 2-6	Running Club LII-IV
Knitting Level II-HS	A cappella plus Choir	Oral Story Telling LI-	Nature Program Grades 2-6
Spark! Math in Motion Grades 3 & 4	Spark! Reading in Motion		
Beading, Jewelry, Hemp and more			

### SSCPS AFTER SCHOOL ENRICHMENT PROGRAM REGISTRATION FORM

Students Name: Teacher				Grade & Pod				
Please circle the fo				s that you	u are electing to	register your	child in:	
Monday		Tuesday		W	ednesday	Thursda	Thursday	
Homework Club	Но	mework Club		Homewor	k Club	Homework Club	)	
Swimming-Grades. 2-4		with Kathryn ades. 2-6		Art with K Grades. 2		Running Club L	.II-IV	
Knitting Level II-HS				Oral Story	y Telling LI-IV	Nature Program Grades. 2-6	า	
Activity		Cost	С	lass	Total Am	ount Due		
Swimming		\$100.00			\$			
Homework Club		\$40.00	9		\$		]	
Art with Kathryn		\$40.00			\$			
Running Club		\$25.00			\$		]	
Knitting		\$40.00			\$			
Nature Program		\$40.00					]	
Oral Story Telling		\$40.00			\$			
Total Amount Due					\$			
I give my child permis all checks payable to day. SSCPS reserves for longer than half an The following individu	SS( the hour	CPS. I will mak right to transport following a school	e arrang any stud ol based	gements to dent not pic event, to th	have my child poked up by 5:30 pm ne local police depa	oicked up at 5:00 n, or any student le	pm each eft waiting	
Name				Name				
Parent Signature				Printed P	arent Name			

# Breakfast Order Form Breakfast for the Month of October, 2011 <u>Due to the office by 3:00 pm, \*Tuesday,October 4, 2011</u>

Student Name	;						
Pod Teacher/Advisor			(	Grade			
	Ple	ase <b>CHECK</b> off the day lunch will be ordered.					
	[X] Monday No School	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday		
Week of 10/17– 10/21	[ ] Monday	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[X] Friday		
Week of 10/24 – 10/28	-	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday #		
Week of 10/31 – 11/4	[ ] Monday	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[] Friday		
Number of Br	eakfasts ordered			X \$1.0	60		
Less ci	redit due						
	Amount Enclor Checks may be		CPS.	\$			

# Lunch Order Form Lunch for the Month of October, 2011 Due to the office by 3:00 pm, \*Tuesday, October 4, 2011

Student Name						
Pod Teacher/Advisor		Grade				
Ple	ease <u>CHECK</u> oj	ff the day lunch will i	be ordered.			
Week of [X] Monday 10/10 – 10/14 <b>No School</b>	[ ] Tuesday	[X] Wednesday Early Releas	•	[ ] Friday Hamburger o Veggie		
Burger				(circle one)		
Week of [ ] Monday 10/17–10/21	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[X] Friday		
Week of [ ] Monday 10/24 – 10/28	[ ] Tuesday	[ ] Wednesday	[X] Thursday	[ ] Friday #		
Week of [ ] Monday 10/31 – 11/4 or	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday Hamburger		
Burger				Veggie		
Number of Meals ordered Number of Slices of Pizza orde Number of Hamburgers/Veggi Less credit due	e Burgers ordere		X \$3.75 X \$1.75 X \$3.75	(circle one)		
Total Amount Enc. Cash or Checks may be made of			\$			

Choice of 1% milk, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 35 cents.

Please note: If your child has forgotten lunch, a lunch of yogurt, a fruit bar and Milk will be provided at the cost of \$2.00. For Level I and II a Lunchable will be provided at the cost of \$2.75. A note from the office will go home that afternoon for reimbursement.



## South Shore Charter *October 2011*

Catered by Essence of Thyme

### **BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Corn Flakes w/whole grain cinn.	Honey wheat bagel w/jelly	Frosted mini wheats	Whole wheat muffin	Cheerios w/ whole wheat cinn.
Crackers	Juice	Crackers	Juice	Graham crackers
Juice	Milk	Juice	Milk	Juice
Milk		Milk		Milk
10	11	12	13	14
No School	Raisin Bran	Fruit Yogurt Parfait	Whole Cinn. Roll	Bagel w/jelly
	Crackers	Milk	Juice	Fruit
Columbus Day	Juice		Milk	Milk
	Milk			
17	18	19	20	21
Apple Jacks	French Toast Sticks	Cinn. Raisin bagel w/jelly	Cheerios w/ whole wheat cinn.	No School
Crackers	Juice	Juice	Graham crackers	
Juice	Milk	Milk	Juice	Professional Dev. Day
Milk			Milk	
24	25	26	27	28
Frosted Mini Wheats	Bagel w/jelly	Golden Grahams	Fruit Yogurt Parfait	
Crackers	Juice	Crackers	Milk	Whole wheat blueberry muffin
Juice	Milk	Juice		Juice
Milk		Milk		Milk
31	11/1	11/2	11/3	11/4
Raisin Bran	Whole Wheat cinn. Bun	Corn Muffin	Cheerios w/ whole wheat cinn.	Yogurt w/ granola bar
Crackers	Juice	Juice	Graham crackers	Juice
Juice	Milk	Milk	Juice	Milk
Milk			Milk	

<sup>\*</sup> All Meals include 8 ounce Choice 1% or Lowfat Chocolate Milk

<sup>\*</sup>Before placing your order, please inform the school if you have a food allergy!



## South Shore Charter October 2011 Catered by Essence of Thyme

### LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Ziti and Meatballs	Sweet and Sour Chicken	Chicken parm sub	Jamaican Beef patty	Pizza
Broccoli	Stir Fry Veggies	Tater tots	Mashed potato	
Applesauce	Rice	Green Beans	Carrots	
Milk	Fruit	Milk	Milk	
	Milk			
10	11	12	13	14
No School	Chicken Nuggets	No Lunch	Stuffed Shells	BGood
	Potato wedges		Baked apple slices	
Columbus Day	Peas	Early Release	California Medley	
	Roll		Milk	
	Milk			
17	18	19	20	21
Chicken Patty on a Bun	French Toast sticks	BBQ Chicken	Hot Dog on a Bun	No School
Tater Tots	Hash Browns	Mashed potato	Baked Beans	
Green Beans	Baked sliced Apples	Roll	Potato Wedges	Professional Dev. Day
Milk	Sausages	Peas	Milk	
	Milk	Milk		
24	25	26	27	28
Hamburger on Bun	Chicken Pot Pie	Meatball Sub	No Lunch	
Corn	Mixed veggies	Tater Tots	Early Release	Pizza
French Fries	Fruit	Peas		
Milk	Milk			
31	11/1	11/2	11/3	11/4
Chicken Tenders	Beef and Bean Burrito	American Chop Suey	Chix Quesadilla	BGood
Scalloped Potato	Corn	Peas	Carrots	
Green Beans	Fruit	Apple	Fruit	
Roll	Milk	Roll	Milk	
Milk		Milk		

<sup>\*</sup> All Meals include 8 ounce Choice 1% or Lowfat Chocolate Milk

<sup>\*</sup>Before placing your order, please inform the school if you have a food allergy!