



Update
October 12, 2011
Vol. 10, Issue 2

FROM THE EXECUTIVE DIRECTOR



Thank you to all of our National Honor Society students Taylor Gorman, Jonathan Jackson, Deanna Marshall, Austin Matthews, Kolin Perry, Stacy Tchouanguem, Alicia Tsang, their faculty advisor Laura Berger, and SSCPS parent Bethany Whitemyer of Bright Horizons for organizing a terrific reading tour last Thursday. Our students ventured to three daycare centers to become part of a national effort to end the early childhood education achievement gap. We are exceedingly proud of our students and the great work they do reaching out to the community and making a difference.

Alicia Savage asavage@sscps.org



Photos courtesy of Bethany Whitemyer



Harvest Run **5K Road Race - Fitness Walk** **Saturday, October 15** **Wompatuck - Hingham**

SUPPORT THE HARVEST RUN WITH SPONSORS!

Volunteers Needed on the Day of Event
Saturday October 15th 8:00am - 3:00pm

Questions? contact Denise Demaggio at 781-982-4202 ext. 207 or
ddemaggio@sscps.org

Thursday	10/13	School Council	3:45pm
Thursday	10/13	Grades 9-12 Parent/Teacher Conferences by appointment Grades 7-8 Goal Setting Meetings	6:00-8:00pm
Friday	10/14	School Picture Retake and Makeups	
Friday	10/14	K-6 Warnings Mailed	
Saturday	10/15	Harvest Road Race – see information included below	
Tuesday	10/18	Level I Parent Coffee	8:20am
Thursday	10/20	Education Committee	3:45pm
Thursday	10/20	Finance Committee	6:00pm
Thursday	10/20	Board of Trustees	7:00pm
Friday	10/21	SEPAC meeting – Panera Bread - Hanover	8:30am
Friday	10/21	Professional Development – No classes	
Note Change:	10/27	Please note: Thursday, October 27th will be a full day of classes and not an early release day.	

ANNOUNCEMENTS

SCHOOL CALENDAR UPDATE: THE OCTOBER 27TH PROFESSIONAL DEVELOPMENT EARLY RELEASE DAY HAS BEEN CANCELLED. ALL STUDENTS WILL HAVE A REGULAR FULL DAY OF CLASSES. DISMISSAL WILL BE AT 3PM. A REVISED LUNCH MENU AND ORDER FORM IS ATTACHED.

PICTURE RETAKE DAY IS FRIDAY, OCTOBER 14TH! If you would like to have a retake for your child please use the enclosed reorder form. Print, complete, and attached the form to the original package and have your child bring it to school on the 14th. Any questions? contact Dee Delaney at 781-982-4202 ext. 159”

GRADES 9-12 PARENT/TEACHER CONFERENCES AND GRADES 7-8 GOAL SETTING MEETINGS

Due to the commitments of work and family, not all of our parents are able to come into the building and volunteer. One important way that parents can help their children succeed in school and participate in our community is by staying informed of their progress. On Thursday, October 13th from 6-8pm the High School teachers will be available to meet with parents and guardians. High School parents should contact Dee Delaney at x159 to schedule meetings with the teachers they would like to see. Level IV parents have already signed up for goal setting meetings between 7 and 8 that night.

HEALTH OFFICE

Kindergarten vision / hearing screenings will take place this month. Please contact the Health Office if you have questions or concerns.

ATHLETICS

The Middle School Soccer Team won their second game in a row last Friday by defeating Edward Brooke by the score of 6 to 0. Jerome Sullivan led the scoring attack for the Jaguars scoring 3 goals. Abby Cerilli had a pair of goals, while Frankie Sullivan scored his first goal of the season. Dylan Sheppard, Arianna Hartz and Jenna Murray all had outstanding games. The team’s next game is October 12th against Salem Academy and then again on October 14 against Rising Tide. Come support your Middle School Soccer Team!

WHAT'S HAPPENING IN WORKSHOPS & PROJECTS?

THE LEVEL IV CONSERVATION PROJECT has begun a study of invasive species. We started by learning about what invasive species are, some examples and why they are harmful. We've also begun a study on observational drawing. Students were given sketch books and will receive a guided lesson on drawing techniques from our in-house artist Jody Regan today. With their new drawing skills students will do an observational study of an invasive plant species on the school campus.

THE LEVEL IV REPERTORY PROJECT has begun with a great deal of enthusiasm. The students have started developing their acting skills through drama games and exercises. They have developed a project logo and are in the process of assembling the script for their first play. In addition the field trip organizer has begun to reach out to community theaters in order to schedule our first field trip. The students are looking forward to a year filled with artistic growth, touching performances and fun!

PRINCIPAL'S REPORT

When we interview candidates for teaching positions I try to listen carefully to pronouns, as the use of pronouns often reveals how a person thinks about teamwork. Schools are complex organizations where the sense of joint mission and collective work are a key to happy faculty and students. Happy faculty and students are one of the keys to learning. I was thinking about what the use of a pronoun means this morning because of its use by a fourth grade student.

This morning a class was discussing the interrelation of geography and commerce. The teacher talked about a friend of hers who had caught an eighty inch tuna that was sold for \$3,000! This fact fascinated me and the students. A fourth grade boy raised his hand and was called on and he said, "What did she catch it with?" The teacher and I looked at each other and I said something like, "The world does get better." The students were very confused by my comment but we gave them a little history lesson. It was certainly the case where the use of a pronoun revealed a great deal about a person. As someone who is in their fifties the student's openness and lack of the stereotyping of gender roles in their speech was wonderful to see. Thanks to the student, class, and teacher for giving me an optimistic view of the future. What could have been a dry abstract conversation about text turned into a fascinating discussion of History. No wonder our students learn so much in a year.

ON THE LEVELS

SAYING OF THE WEEK:

Level 1: "Cold feet."

Level 2: "Haste makes waste."

WHY BUY NEW WHEN YOU CAN REUSE? COSTUME SWAP, OCTOBER 13TH, SARAH'S POD

Attention all parents and students: The Waste Watchers Project is having a costume swap. Please bring in your lightly used costumes to either donate or swap with your fellow students. Please drop them off in Sarah's Pod on Level II by October 12th.

COMMUNITY SERVICE

Community Service is a requirement in the education of the students at the SSCPS. By volunteering students continue their education outside of the school environment learning how to be caring, kind, an individual which also contributes toward building character. It also is helpful in setting themselves apart from most of their peers. In order to engaged students in volunteering try to direct them toward subjects and projects that they have an interest in.

For all of us who have very busy lives and still want to spend time with our children/families community service may be a way of doing both. There are many activities that can be done as a family and at the same time contributing to your local community. Some families help at shelters by cooking and serving food, work with the elderly by visiting a local nursing home, helping an elderly person who is homebound by doing errands, housework or yard work for them, help with environmental projects such as helping to clean your local park, collecting food for your local food pantry. There are also family vacations that can be taken where there is a focus of community service.

The Community Service Committee will be researching different ideas and posting current and ongoing opportunities that are available for students/families. If you know of an event that is coming up in the near future please **email Beth Toma** at JToma85103@aol.com so this information can be share with the school community.

Trail work Days with Friends of Blue Hills Get Out, Get Dirty

For directions and details trailwork@FriendsOfTheBlueHills.org Join Friends of the Blue Hills on trail work in the Blue Hills Reservation. Pre-registration is not required. Trail work from 9am- 1pm. Saturday, October 15; Saturday, November 12; Saturday, December 10

Ongoing Community Service Opportunities

Rockland Memorial Library

Rockland Memorial Library has community service opportunity for 11-18 years. **For 11-14 year olds** have opportunities to help at children's events that happen perhaps once or twice a month. They could use two or three students right now. **For 15-18 year olds** have opportunities to volunteer at children's events or shelve books. For shelving books, they need to detail-oriented. They could use one or two students to shelve right now. Prospective volunteers need to talk to **Geralyn Schultz**, Youth Services Librarian, Rockland Memorial Library, 781-878-1236 ext 12 or email gschultz@ocln.org They will need to pick up a form to fill out. All students under 18 need to have their form signed by a legal **guardian**.

Tufts Library Weymouth

The Tufts library, 46 Broad Street, has volunteer opportunities for students in Children Services. There is not an age requirement but it would be helpful if students have an understanding of the Dewey Decimal System. If you are interested contact **Amy Perriello, librarian in Children Services** at aperriel@ocln.org or 781-337-1402.

Duxbury Library

Duxbury Library has volunteer opportunities for students 6-12 grade. They are looking for two students who can volunteer for one hour on a weekly basis for two months at a time. Since training is involved it is necessary that students be able commit themselves to this time period. Contact **Marty O'Meara** at momeara@ocln.org

Norwell Library

The Norwell Library has volunteer opportunities for students. This particular group of volunteer students is called the Youth Library Council for students in grades 4 through 8. Any student within this grade range may join this group. They meet monthly, but the meetings are not required. The group helps out at our special events such as the upcoming Library Card Sign-Up Day. The next Youth Library Council meeting is Monday, Oct. 24th, at 4:30 pm. "Joining" the group is simply a matter of supplying an email; periodic announcements of meetings and volunteer opportunities will be sent out. If interested **email Nancy Perry** at nperry@ocln.org.

South Shore YMCA Getting Involved through Community Service

The South Shore YWCA partners with a variety of organizations to facilitate community service activities. If you are a student wishing to serve through your school program, there are many diverse opportunities to get involved at the South Shore YMCA. There are many ways that you can give back to your community at the YMCA. For details about our various community service opportunities please contact one of our volunteer coordinators:

Hanover Branch

Colleen Belcher
(781) 829-8585, x232

Quincy Branch

Courtney Cahill
(617) 479-8500, x160

Germantown Neighborhood Center

(Quincy)

Kathy Quigley (Neighborhood Center
Director)
(617) 376-1384

LEVEL III STUDENT, CONNOR PROUDE is collecting cell phones for a non-profit agency called “A Matter of Trust.” This is how they will use the Money collected from cell phone returns:

Help fund out Green jobs and Clean Wave of the Future program by recycling cell phones. At Matter of Trust we know thousands of tons of recycled hair clippings from salons and groomers can combat oil slicks, protect local fishing industry and clean up our shores. This highly affective program needs training and funding.

The money raised will go towards:

- *Providing lesson plans for teachers and students doing community service, environmental and science projects such as: recycling, oil spill clean up, eco-packaging design and green emergency kits.*
- *Reducing landfill by re-using manmade materials*
- *Promoting studies for skilled, hands on careers*

Visit <http://www.matteroftrust.org/programs/manmade.html> to see some of the other opportunities and projects in the works & completed.

Last year Connor worked with them to collect hair from salons. We boxed it up and sent it down to them. They in-turn placed the hair in nylon sock and were able to continue in the on going clean up from the oil spills across the southern coast of America. Connor has placed the box at the front desk for cell phone collection. Once the box is full we will be sending it to them to help fund future projects.

COMMUNITY INTEREST

Emily Lincoln, Level I Art teacher, has an exhibition of photographs hanging in the Longhall Gallery at the YMCA in Hanover during the month of October. She says, “They’re from my Carnival and Fourth of July series, and they’re BIG and COLORFUL!”

Out of the Darkness

The Out of the Darkness Community Walks are 3-5 mile walks taking place in over 200 communities across the country this year, with the proceeds benefitting the American Foundation for Suicide Prevention (AFSP). By walking in the Out of the Darkness Community Walks, you will be walking with thousands of other walkers nationwide to raise money for AFSP's vital research and education programs to prevent suicide and save lives, increase national awareness about depression and suicide and provide support for survivors of suicide loss. In deciding to walk you are taking us a step closer to making suicide prevention a national priority. For more information, visit www.afsp.org A letter from Christine Bowker-Wickersham

Dear Friend,

On March 21, 2009, my son died of suicide. Robs was a 2008 graduate of SSPCS. Our entire family walks in memory of Rob, in hopes to help others like him.



Some Stunning Statistics about Suicide, Depression and Bipolar Disorder:

- An estimated 26% of Americans ages 18 and older — one in four adults — suffer from a diagnosable mental disorder in a given year
- 60% of individuals diagnosed with bipolar disorder have a co-occurring Substance Abuse Disorder
- data suggest that 40% of individuals with an alcohol use disorder and 60% of individuals with a drug use disorder have a co-occurring mood disorder
- 64% of jail inmates suffer from a mental illness
- as many as two thirds of males and three quarters of females in the juvenile criminal justice system meet criteria for one or more psychiatric disorders
- Bipolar disorder is the sixth leading cause of disability in the world
- 2.6%, 5.7 million people are diagnosed with bipolar disorder
- According to several studies, a significant proportion of the approximately 3.4 million children and adolescents with depression in the United States may actually be experiencing the early onset of adolescent bipolar disorder
- 30% of depressed teens will develop substance abuse problems

-The divorce rate of bipolar sufferers is as high as 90%

-The number of ambulance visits with mental disorders as primary diagnosis for 2006: 55.7 million

-Estimated 10-15% of people with bipolar diagnoses die of suicide

-a person dies of suicide every 16 minutes in the US, an attempt is made every minute

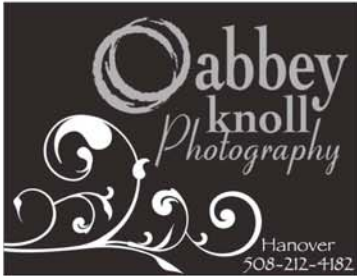
- 1 in 6 people are directly affected by suicide*
- Suicide is the 3rd leading cause of death for 15-24 year olds*
- Although more females make attempts, males die of suicide 4 to 1.*
- More people die of suicide, 33,300 than of homicide, 18,573*
- 83% of gun-related deaths in homes are the result of a suicide*
- Less than 33% of teens with depression will get help*

I hope you will consider supporting our participation in this event. Any contribution will help the work of AFSP, and all donations are 100% tax deductible.

Donating online is safe and easy! To make an online donation please click the "Support This Participant" button on this page. And again, thank you for any donation you can afford, and thank you if you have already donated.

Support Hana and our family for our walk on October 15th

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



Picture Retake Form

Name _____

Level & Pod _____

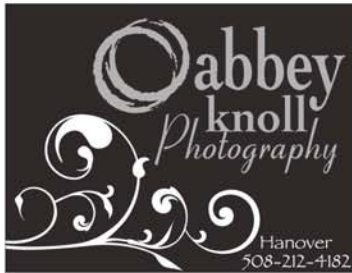
Email _____

Phone _____

Please attach this form to your photo envelope and have your student bring it on Picture Retake Day, October 14, 2011.

Order Additional Prints

To order additional prints, please complete this form and return it with payment to the envelope at the front desk before October 14th.



Name _____

Level & Pod _____

Email _____

Phone _____

Cost for prints:
(Circle your choice)

8x10.....	\$11	Quantity	___
5x7.....	\$9	Quantity	___
4x5.....	\$7	Quantity	___
8 wallets.....	\$10	Quantity	___
	Tax, add .065%		
	Total		_____



Harvest Run

5K ROAD RACE—FITNESS WALK

When you support the South Shore Charter Public School, you support:

- An innovative K - 12 charter school that has been nationally recognized as *America's Greenest School*
- Project-based learning initiatives resulting in awards and grants for excellence in math, science, and technology
- A college preparatory curriculum and outstanding faculty, resulting in 42% of seniors qualifying for the John and Abigail Adams Scholarship and 100% of all graduating seniors being accepted into a college or university

We are a public school, tuition-free, and we educate students from over 27 districts on the South Shore. We believe in children, we believe in excellence, we believe in the future. Run to support the South Shore Charter Public School or sponsor a runner today!

From: _____ Advisor/pod teacher: _____

Dear _____,

Please sponsor me in the South Shore Charter Public School's 3rd Annual Harvest Run Road Race/Fitness Walk. All funds raised will be used to enhance the physical education facilities at the South Shore Charter Public School. Our goal this year is \$20,000.00. With your help, I know we will be successful.

Thank you in advance for your support!

Student Signature

**Please staple your check here and return it to the school, or fill in your credit card information below; or if you prefer, you may make a donation online at www.sscps.org. Thank you for your pledge.*

Your donation is tax deductible.

Sponsor reply form: Yes, I will sponsor you for:

\$100
 \$80
 \$60
 \$40
 \$20
 Other _____

Credit card number: _____

Expiration date: _____

Card type: _____

Your donation is tax deductible. Please make your check payable to: SSCEF (South Shore Charter Educational Foundation)

Your gift may also be eligible for a MATCHING GIFT. Please check with your employer's Human Resources Office for a matching gift program.

Sponsor Signature

Date

Please check here if you would not like to receive future mailings from the school or foundation.

Office use: Entry date _____ Amount: _____ Check # _____



Harvest Run

5K ROAD RACE - FITNESS WALK

Saturday, October 15, 2011

Wompatuck State Park
Hingham, Ma

SSCPS FAMILY REGISTRATION

Family Name: _____
 Address: _____
 City: _____
 State: _____
 Zip Code: _____ E-Mail _____
 Phone Number: _____

Individual Names	Runner/Walker	Gender M/F Age Group (-10) (11-14) (15-19) (20-29) (30-39) (40-49) (50-59) (60+)	Shirt Size *2 Shirts included, \$5.00 each additional *Guaranteed to those who register by September 25th.*
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Pre-Race Number and T-Shirt Pick-Up:

Marathon Sports Norwell, MA
 Friday, October 14, 2011
 2:00pm — 6:00pm

Race Schedule:

9:00 - 10:45: Registration and t-shirt pick-up
11:00: The Harvest Run begins!
 * Refreshments provided by b.good after the race*

SSCPS Family Registration
\$35.00 / family

SSCPS Student Registration
\$10.00 / individual student

Cash or Check payable to SSCEF

All funds raised will be used to enhance the physical education facilities at the South Shore Charter Public School.

Breakfast Order Form
Breakfast for the Month of October, 2011
Due to the office by 3:00 pm, *Tuesday, October 18, 2011

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day lunch will be ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
10/24 – 10/28 #_____

Week of Monday Tuesday Wednesday Thursday Friday
10/31 – 11/4

Number of Breakfasts ordered _____ X \$1.60
Less credit due _____

Total Amount Enclosed \$_____

Cash or Checks may be made out to SSCPS.

Lunch Order Form
Lunch for the Month of October, 2011
Due to the office by 3:00 pm, *Tuesday, October 18, 2011

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day lunch will be ordered.

Week of 10/24 – 10/28 Monday Tuesday Wednesday Thursday Friday

Week of 10/31 – 11/4 Monday Tuesday Wednesday Thursday Friday
Hamburger or Veggie

Burger

Number of Meals ordered	_____	X	\$3.75
Number of Slices of Pizza ordered	_____	X	\$1.75
Number of Hamburgers/Veggie Burgers ordered	_____	X	\$3.75

Less credit due

Total Amount Enclosed

_____ \$ _____

Cash or Checks may be made out to SSCPS.

Choice of 1% milk, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 35 cents.

Please note: If your child has forgotten lunch, a lunch of yogurt, a fruit bar and Milk will be provided at the cost of \$2.00. For Level I and II a Lunchable will be provided at the cost of \$2.75. A note from the office will go home that afternoon for reimbursement.



South Shore Charter
October 2011
Catered by Essence of Thyme

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
3 Corn Flakes w/whole grain cinn. Crackers Juice Milk	4 Honey wheat bagel w/jelly Juice Milk	5 Frosted mini wheats Crackers Juice Milk	6 Whole wheat muffin Juice Milk	7 Cheerios w/ whole wheat cinn. Graham crackers Juice Milk
10 No School Columbus Day	11 Raisin Bran Crackers Juice Milk	12 Fruit Yogurt Parfait Milk	13 Whole Cinn. Roll Juice Milk	14 Bagel w/jelly Fruit Milk
17 Apple Jacks Crackers Juice Milk	18 French Toast Sticks Juice Milk	19 Cinn. Raisin bagel w/jelly Juice Milk	20 Cheerios w/ whole wheat cinn. Graham crackers Juice Milk	21 No School Professional Dev. Day
24 Frosted Mini Wheats Crackers Juice Milk	25 Bagel w/jelly Juice Milk	26 Golden Grahams Crackers Juice Milk	27 Fruit Yogurt Parfait Milk	28 Whole wheat blueberry muffin Juice Milk
31 Raisin Bran Crackers Juice Milk	11/1 Whole Wheat cinn. Bun Juice Milk	11/2 Corn Muffin Juice Milk	11/3 Cheerios w/ whole wheat cinn. Graham crackers Juice Milk	11/4 Yogurt w/ granola bar Juice Milk

* All Meals include 8 ounce Choice 1% or Lowfat Chocolate Milk

***Before placing your order, please inform the school if you have a food allergy!**



South Shore Charter
October 2011
Catered by Essence of Thyme

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ziti and Meatballs Broccoli Applesauce Milk	4 Sweet and Sour Chicken Stir Fry Veggies Rice Fruit Milk	5 Chicken parm sub Tater tots Green Beans Milk	6 Jamaican Beef patty Mashed potato Carrots Milk	7 Pizza
10 No School Columbus Day	11 Chicken Nuggets Potato wedges Peas Roll Milk	12 No Lunch Early Release	13 Stuffed Shells Baked apple slices California Medley Milk	14 BGood
17 Chicken Patty on a Bun Tater Tots Green Beans Milk	18 French Toast sticks Hash Browns Baked sliced Apples Sausages Milk	19 BBQ Chicken Mashed potato Roll Peas Milk	20 Hot Dog on a Bun Baked Beans Potato Wedges Milk	21 No School Professional Dev. Day
24 Hamburger on Bun Corn French Fries Milk	25 Chicken Pot Pie Mixed veggies Fruit Milk	26 Meatball Sub Tater Tots Peas	27 Chicken Caesar Salad Wrap Carrot Sticks Fruit	28 Pizza
31 Chicken Tenders Scalloped Potato Green Beans Roll Milk	11/1 Beef and Bean Burrito Corn Fruit Milk	11/2 American Chop Suey Peas Apple Roll Milk	11/3 Chix Quesadilla Carrots Fruit Milk	11/4 BGood

* All Meals include 8 ounce Choice 1% or Lowfat Chocolate Milk

***Before placing your order, please inform the school if you have a food allergy!**