## Update <br> October 19, 2011

Vol. 10, Issue 3

## From the Executive Director



I always loved running...it was something you could do by yourself, and under your own power. You could go in any direction, fast or slow as you wanted, fighting the wind if you felt like it, seeking out new sights just on the strength of your own feet and the courage of your lungs. ~ Jesse Owens

Our third annual Harvest Run was held on Saturday, October 15, 2011. What a day it was! Over 406 students, family members, faculty and friends came to run or walk in support of the South Shore Charter Public School. Our student population is truly exceptional; runners who came to compete commented throughout the event at how
 welcoming our students were. Our students were spectacular whether they walked, ran, or volunteered. Many of our students ran with sponsors, and were able to raise significant funds to support our physical education programs. This week we have been flooded with sponsorship sheets, and sponsorship sheets are still coming. Thank you!

This fantastic event could not have been so successful or even possible without the help of many parent and student volunteers who attended the event to help with registration, set up, clean up, and ongoing efforts throughout the race. Thanks goes to many; to parents Maureen Hebert and Mary Oxner, who in addition to set up, clean up, and other efforts, coached a student running club that trained for weeks after school; to parent Annette Golden who planned and helped coordinate our parent volunteers on race day; to SSCPS student Kolin Perry who designed the event's logo which appeared on the website and t-shirts; to SSCPS parent Josh Wright who cleared leaves and branches from the course the morning of the race after a night of rain and wind. And many thanks to parent Denise Demaggio who meticulously planned and enthusiastically coordinated the entire event! Thank you!

South Shore Charter Public School was also strongly supported by businesses in our local community. Thank you to AmSan New England, BC Tent and Awning Company, b.good, Cohasset Collision Center, GenOn Energy, Graham Waste
 Services, Green Mountain Coffee, Hannaford, The Hingham Journal, Hint Water, Keys to Literacy, KIND Bars, Marathon Sports, Ocean Spray Rockland Hanson Rotary, Sal’s Pizza, Science Kit and Boreal Laboratories, Shaw’s, South Shore Tai Kwon Do, SporTobin, Trader Joe's and W.B. Mason. With the help of our school and business community we were able to raise over nine thousand dollars! Thank you!

Alicia Savage asavage@sscps.org


Photos courtesy of Paul Alden

| Thursday | $10 / 20$ | Level IV Field Trip to Boston postponed |  |
| :--- | :--- | :--- | :--- |
| Thursday | $10 / 20$ | Education Committee | 3:45pm |
| Thursday | $10 / 20$ | Finance Committee | 6:00pm |
| Thursday | $10 / 20$ | Board of Trustees | 7:00pm |
| Friday | $10 / 21$ | SEPAC meeting - Panera Bread - Hanover | 8:30am |
| Friday | $10 / 21$ | Professional Development - No classes |  |
| Monday | $10 / 24$ | High School Music Workshop Field Trip |  |
| Tuesday | $10 / 25$ | Level II Parent Coffee | 8:20am |
| Thursday | $10 / 27$ | Full Day of Classes | 8:30am |
| Friday | $10 / 28$ | Development Committee |  |

## Announcements

School Calendar Update: The October $27^{\text {Th }}$ Professional Development Early Release day has been cancelled. All students will have a regular full day of classes. Dismissal wil be at 3pm. A revised Lunch Menu and Order form is attached.

Health Office
Kindergarten vision / hearing screenings will take place this month. Please contact the Health Office if you have questions or concerns.

## Athletics

## High School Soccer

The high school soccer team's regular season is wrapping up in the next two weeks with only 4 games remaining before post season play. They currently sit in third place with high hopes of continuing play into November.

Come support your Jaguars as they work hard to finish out their regular season! You can catch them in action on Tuesday, October 25th at Abington High School as they face a strong Salem team.

SKI CLUB - Any student (grades 7-12) interested in information pick up a flyer at the front desk or email palgera@sscps.org or jrose@sscps.org no later than Friday, October $28^{\text {th }}$.

## Art News

Just to remind everyone, The Art Workshop (High School) is displaying a variety of work at the Starbucks inCrow Point, Hingham, on Route 3A until the end of October. If you get a chance swing by and check it out!

## Original Works

If you have been here for awhile you probably will remember this program, and if not I will describe it. K12 students have the opportunity to order and purchase their art work on select objects offered by this company (Original Works). The work is created within the art classes and sent home with a brochure and order form. If you are interested in ordering anything, please fill out the order form and send it back with the check (made out to SSCPS) and student art. If you prefer to pass on the program simply retain your child's art and recycle the rest. The student artwork will go home the week of Oct. $\mathbf{3 1}^{\text {st }}$ and needs to be returned the following Monday, Nov. $7^{\text {th }}$. Ordered pieces arrive back at school a week before winter break. The program has been very popular and is used to enhance the funding for the high school art students. If you have any questions please call Marianne at x 304.

## ON THE LEVELS

## SAYING OF THE WEEK:

Level 1: "The early bird gets the worm."
Level 2: "The show must go on."

## Community Service

For all of us who have very busy lives and still want to spend time with our children/families community service may be a way of doing both. There are many activities that can be done as a family and at the same time contributing to your local community. Some families help at shelters by cooking and serving food, work with the elderly by visiting a local nursing home, helping an elderly person who is homebound by doing errands, housework or yard work for them, help with environmental projects such as helping to clean your local park, collecting food for your local food pantry. There are also family vacations that can be taken where there is a focus of community service.

The Community Service Committee will be researching different ideas and posting current and ongoing opportunities that are available for students/families. If you know of an event that is coming up in the near future please email Beth Toma at JToma85103@aol.com so this information can be share with the school community.

## Miscellaneous Community Service Ideas

Pencil Project - This organization is looking for individual, families and schools or community minded groups to get involved. You will be matched with a needy school that is in need of pencils. There are many schools either out of the country or here in the USA that can benefit from the pencils that you will collect. You are responsible for setting your own goals and the time frame in which you will collect them. If you interested in participating in this project contact- thepencilproject.com and they will give you instructions on how to proceed.

Community Service Animals and Animal Shelters Contact your local animal shelter and ask them what items they are need of such as: cat and dog food, blankets, towels, portable cages, paper towels. Raise money for homeless or sick animals by collecting coins. Sponsor a walk-athon, read-athon, bowl-athon backed by pledges and donate to local animal shelters.

## Trail work Days with Friends of Blue Hills Get Out, Get Dirty

For directions and details trailwork@FriendsOfTheBlueHills.org Join Friends of the Blue Hills on trail work in the Blue Hills Reservation. Pre-registration is not required. Trail work from 9am- 1pm.
Saturday, October 15; Saturday, November 12; Saturday, December 10

## Ongoing Community Service Opportunities Rockland Memorial Library

Rockland Memorial Library has community service opportunity for 11-18 years. For 11-14 year olds have opportunities to help at children's events that happen perhaps once or twice a month. They could use two or three students right now. For 15-18 year olds have opportunities to volunteer at children's events or shelve books. For shelving books, they need to detail-oriented. They could use one or two students to shelve right now. Prospective volunteers need to talk to Geralyn Schultz, Youth Services Librarian, Rockland Memorial Library, 781-878-1236 ext 12 or email gschultz@ocln.org They will need to pick up a form to fill out. All students under 18 need to have their form signed by a legal guardian.

## Tufts Library Weymouth

The Tufts library, 46 Broad Street, has volunteer opportunities for students in Children Services. There is not an age requirement but it would be helpful if students have an understanding of the Dewey Decimal System. If you are interested contact Amy Perriello, librarian in Children Services at aperriel@ocln.org or 781-337-1402.

## Duxbury Library

Duxbury Library has volunteer opportunities for students 6-12 grade. They are looking for two students who can volunteer for one hour on a weekly basis for two months at a time. Since training is involved it is necessary that students be able commit themselves to this time period. Contact Marty O'Meara at momeara@ocln.org

## Norwell Library

The Norwell Library has volunteer opportunities for students. This particular group of volunteer students is called the Youth Library Council for students in grades 4 through 8. Any student within this grade range may join this group. They meet monthly, but the meetings are not required. The group helps out at our special events such as the upcoming Library Card Sign-Up Day. The next Youth Library Council meeting is Monday, Oct. 24th, at 4:30 pm. "Joining" the group is simply a matter of supplying an email; periodic announcements of meetings and volunteer opportunities with be sent out. If interested email Nancy Perry at nperry@ocln.org.

## South Shore YMCA Getting Involved through Community Service

The South Shore YWCA partners with a variety of organizations to facilitate community service activities. If you are a student wishing to serve through your school program, there are many diverse opportunities to get involved at the South Shore YMCA. There are many ways that you can give back to your community at the YMCA. For details about our various community service opportunities please contact one of our volunteer coordinators:

## Hanover Branch

Colleen Belcher
(781) 829-8585, x232

Quincy Branch
Courtney Cahill
(617) 479-8500, x160

## Germantown Neighborhood Center

 (Quincy)Kathy Quigley (Neighborhood Center Director)
(617) 376-1384

Level III student, Connor Proude is collecting cell phones for a non-profit agency called "A Matter of Trust." This is how they will use the Money collected from cell phone returns:

Help fund out Green jobs and Clean Wave of the Future program by recycling cell phones. At Matter of Trust we know thousands of tons of recycled hair clippings from salons and groomers can combat oil slicks, protect local fishing industry and clean up our shores. This highly affective program needs training and funding.
The money raised will go towards:

- Providing lesson plans for teachers and students doing community service, environmental and science projects such as: recycling, oil spill clean up, eco-packaging design and green emergency kits.
- Reducing landfill by re-using manmade materials
- Promoting studies for skilled, hands on careers

Visit http://www.matteroftrust.org/programs/manmade.html to see some of the other opportunities and projects in the works \& completed.

Last year Connor worked with them to collect hair from salons. We boxed it up and sent it down to them. They in-turn placed the hair in nylon sock and were able to continue in the on going clean up from the oil spills across the southern coat of America. Connor has placed the box at the front desk for cell phone collection. Once the box is full we will be sending it to them to help fund future projects.

## COMMUNITY INTEREST

Emily Lincoln, Level I Art teacher, has an exhibition of photographs hanging in the Longhall Gallery at the YMCA in Hanover during the month of October. She says, "They're from my Carnival and Fourth of July series, and they're BIG and COLORFUL!"

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY - TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG

> Breakfast and Lunch Order Form
> October, 2011
> Due to the office by 3:00 pm, *Tuesday,October 25, 2011

Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$
Please CHECK off the day lunch will be ordered.

## BREAKFAST

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 10/31-11/4

Number of Breakfasts ordered $\qquad$ \$1.60

Less credit due

## Total Amount Enclosed

\$ $\qquad$
Cash or Checks may be made out to SSCPS.

## LUNCH

| Week of [ ] Monday [ ] Tuesday | [ ] Wednesday |  | Thursday | [ ] Friday |
| :---: | :---: | :---: | :---: | :---: |
| 10/31-11/4 |  |  |  | Hamburger or Veggie |
| Burger |  |  |  |  |
|  |  |  |  | (circle one) |
| Number of Meals ordered |  | X | \$3.75 |  |
| Number of Slices of Pizza ordered |  | X | \$1.75 |  |
| Number of Hamburgers/Veggie Burgers ordered Less credit due |  | X | \$3.75 |  |
| Total Amount Enclosed |  |  | \$ |  |

Cash or Checks may be made out to SSCPS.
Choice of $1 \%$ milk, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 35 cents.

Please note: If your child has forgotten lunch, a lunch of yogurt, a fruit bar and Milk will be provided at the cost of $\$ 2.00$. For Level I and II a Lunchable will be provided at the cost of $\$ 2.75$. A note from the office will go home that afternoon for reimbursement.

# Breakfast Order Form <br> Breakfast for the Month of November, 2011 <br> Due to the office by 3:00 pm, *Tuesday, November 1, 2011 

Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$ Please CHECK off the day breakfast will be ordered.

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [X] Friday 11/7-11/11

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 11/14-11/18

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ X] Thursday [X] Friday 11/21-11/25

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 11/28-12/2

Number of Breakfasts ordered $\quad$ X $\quad \$ 1.60$
Less credit due
Total Amount Enclosed
\$ $\qquad$
Cash or Checks may be made out to SSCPS.

## Lunch Order Form

Lunch for the Month of November, 2011
Due to the office by 3:00 pm, *Tuesday, November 1, 2011
Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$
Please CHECK off the day lunch will be ordered.

| Week of <br> $11 / 7-11 / 11$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [X] Thursday |
| :--- | :--- | :--- | :--- | :--- | [X] Friday


| Number of Meals ordered |  | X | $\$ 3.75$ |
| :--- | :--- | :--- | :--- |
| Number of Slices of Pizza ordered |  | X | $\$ 1.75$ |
| Number of Hamburgers/Veggie ordered | - | X | $\$ 1.75$ |
| $\quad$ Less credit due |  |  | $\$$ |
| $\quad$ Total Amount Enclosed |  |  | $\$$ |

Cash or Checks may be made out to SSCPS.
Choice of $1 \%$ milk, chocolate milk, strawberry milk or orange juice is included with the purchase of a meal or can be purchased separately for 25 cents.

Please note: If your child has forgotten lunch, a lunch of yogurt, a fruit bar and Milk will be provided at the cost of $\$ 2.00$. For Level I and II a Lunchable will be provided at the cost of $\$ 2.75$. A note from the office will go home that afternoon for reimbursement.

## South Shore Charter

November 2011
Catered by Essence of Thyme
BREAKFAST

| Monday | Tuesday |  | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\longdiv { 7 }$ <br> Apple Jacks Whales Juice Milk | 8 <br> Golden Grahams Lemon Grahams Juice Milk | 9 | Yogurt Blueberry Grahams Juice Milk | 10 <br> Frosted Mini Wheats Whales Juice Milk | $11$ <br> No School |
| 14 <br> Cheerios Apple Grahams Juice Milk | 15 <br> Whole Wheat Cinnamon Roll Juice Milk | 16 | 2 oz Raisin bran Juice Milk | 17 <br> Yogurt Fruit Parfait Juice Milk | 18 <br> Whole Grain Banana Muffin Juice Milk |
| 21 <br> Corn flakes Apple Grahams Juice Milk | $22$ <br> Apple Jacks Whales Juice Milk | 23 | Yogurt Clodhoppers Juice Milk | $24$ <br> No School | $25$ <br> No School |
| 28 Cheerios <br> Whales  <br>  Juice <br> Milk  | $\begin{array}{cc} \hline 29 & \text { Corn muffin } \\ \text { Juice } \\ \text { Milk } \end{array}$ | 30 | Golden Grahams Lemon Grahams Juice Milk | 12/1 <br> Cinnamon Raisin Bagel Jelly <br> Juice <br> Milk | $12 / 2$ Yogurt <br> Granola Bar  <br> Juice  <br> Milk  |

[^0]*Before placing your order, please inform the school if you have a food allergy!

## South Shore Charter <br> November 2011 <br> Catered by Essence of Thyme

## LUNCH

| Monday | Tuesday |  |  | Wednesday |  | Thursday |  | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 <br> Chicken Parmesan and Ziti Green Beans Applesauce Milk | 8 | Cheese Ravioli Peas Fruit Roll Milk | 9 | Jamaican Beef patty <br> Mashed potato Carrots Milk | 10 | No Lunch Early Release | 11 | No School <br> Veterans Day |
| 14 <br> Chicken Caesar Salad Wrap Carrots and celery Fruit Milk | 15 | Turkey and Gravy Mashed potato Carrots Roll Milk | 16 | Stuffed Shells Baked apple slices California Medley Milk |  | Sweet and Sour Chicken Stir Fry Veggies Rice Fruit Milk | 18 | BGood |
| 21 <br> Italian Hot Pocket <br> Mixed Vegetable Fruit Milk | 22 | BBQ Chicken <br> Mashed potato Roll <br> Peas <br> Milk | 23 | No Lunch <br> Early Release |  | No School Thanksgiving | 25 | No School |
| 28 <br> Herbed Baked Chicken Stuffing Carrots Scalloped Potato Milk | 29 | French Toast sticks Hash Browns Baked sliced Apples Sausages Milk | 30 | Steak and Cheese Sub Fries Green Beans Milk |  | Chicken Nuggets Potato wedges Peas Roll Milk | 12/2 | Pizza |

* All Meals include 8 ounce Choice 1\% or Lowfat Chocolate Milk


[^0]:    * All Meals include 8 ounce Choice 1\% or Lowfat Chocolate Milk

