

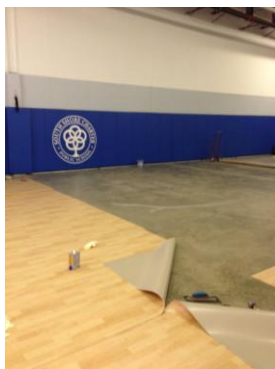


<b>Weds-Fri</b>	<b>01/23-25</b>	<b>Grades 7-12 Mid Year Exams - schedule below</b>	
<b>Wednesday</b>	<b>01/23</b>	<b>Golf Tournament committee meeting</b>	<b>1:30pm</b>
<b>Friday</b>	<b>01/25</b>	<b>Level III Cyber Citizens hosting "No Name Calling Day"</b>	
<b>Friday</b>	<b>01/25</b>	<b>Auction Committee meeting</b>	<b>1:30pm</b>
<b>Saturday</b>	<b>01/26</b>	<b>Ski Club – departs SSCPS at 6:30am</b>	
<b>Monday</b>	<b>01/28</b>	<b>Talent Show Rehearsal – SSCPS Gym</b>	<b>3:15-4:00pm</b>
<b>Tuesday</b>	<b>01/29</b>	<b>Talent Show Rehearsal – SSCPS Gym</b>	<b>3:15-4:00pm</b>
<b>Wednesday</b>	<b>01/30</b>	<b>High School Art Workshop – Boston Field Trip</b>	
<b>Thursday</b>	<b>01/31</b>	<b>1<sup>st</sup> Grade Museum of Fine Arts Field Trip</b>	
<b>Thursday</b>	<b>01/31</b>	<b>Talent Show – Hingham Middle School</b>	<b>6:30pm</b>

**GRADES 7-12 MID YEAR EXAM SCHEDULE**

	Wednesday 1/23	Thursday 1/24	Friday 1/25
8:30-10:00	A-block	C-block	E-block
10:00-10:30	Break	Break	Break
10:30-12:00	B-block	D-block	Project Reflection Essay (Level IV) Make-up exams (High School)

**DEVELOPMENT OFFICE**



A high school student makes a slam dunk. Middle school students attend their first dance. A kindergarten student learns the ins and outs of "duck, duck, goose". What do these students have in common? Their activities will take place on our new gym floor.....and yes, YOU made it happen.



It is not too late to get involved with the Foot the Floor special campaign. Donations in any amount help and naming opportunities start at \$100. Please contact Joanna McCarthy in the Development Office to find out how. [jmccarthy@sscps.org](mailto:jmccarthy@sscps.org)/781.982.4202 x109.

## PRINCIPAL'S REPORT

We are back in school and this week is very cold and at this time of year I think it is useful to remind folks about some routines that get altered because of the weather. Please take the cold and winter weather into consideration in your morning plans. With the cold weather children are slower to get out of their warm car and it can take more time for the cars to move safely through the unloading zone. Please allow more time in your morning travels.

On time arrival is so important for the teaching and learning. Planning for weather helps us with our mission of fully educating our students. Speaking of weather I just want to reiterate that whenever possible we continue to take children outside at recess. Fresh air and exercise are important to children's education and health. We do our best to get the students outside whenever the temperature is above 20 degrees Fahrenheit. While we might not reach twenty degrees often this week, we may, so please dress your children warmly. If later in the winter snow comes we have certain clothing requirements.

- On Level I snow boots, pants, gloves/mitten and hats are required to go outside on snowy days.
- On Level II and III snow boots and pants are required to go up on the hill in snowy weather. If children do not have this equipment they are restricted to the paved surface.
- Please let me know if you need help securing these clothing articles for your children, and thank you for your help in getting your children to us on time in the morning with proper winter clothes.

The Lottery is coming up in about two weeks. Lotteries are a very important element of all charter schools as they select students into a school in a random and therefore fair way. It is hard to hear the words fair and lottery in the same sentence as so many people will be disappointed on February 9<sup>th</sup> and it certainly will not feel fair. **One thing that we really don't want is for siblings of already enrolled students to miss out on a chance to come to our school because an application was not submitted on time. Please get your complete application into us by Wednesday, February 6<sup>th</sup>. Also please return the Intent to Continue form. These forms are very important to our planning process.**

On Tuesday I was visiting a Level I classroom and I was present when the teacher was assigning this week's homework. The students were to learn about Susan B. Anthony and women's suffrage. The day before that it was Martin Luther King Day and Barack Obama's second inaugural and in his Inaugural Address he mentioned Seneca Falls, Selma, and Stonewall. As he said it I thought, "wow" I did not think we were there yet as a society. We teach our students about the first two events and it felt good that our students are learning American History and that our second graders will know what a reference to Seneca Falls means. And that they also learn about Selma. We will not teach second graders about Stonewall, that will wait until they are older. But they will learn about how the rights and responsibilities that we are blessed with today were fought for by brave folks in the past.

At Christmas time I was down in Greenwich Village, New York with my youngest daughter, Josie. I went to Greenwich Village to buy cheese in a famous cheese store and while walking we saw a sign commemorating the Stonewall Protests. Josie and I talked about gay rights and how the world has changed. Days do follow days but on some days like Monday it is noticeable how much has changed in our society. Our task as a school is to try to help you prepare your children for the inevitably different future. I think the best way to do that is with love and a lot of facts and of course, lots of old fashioned work, because some things don't change.

Ted Hirsch [thirsch@sscps.org](mailto:thirsch@sscps.org)

## ANNOUNCEMENTS

**Yearbook Photos!** The yearbook staff is looking for any interesting photos from students, parents and faculty. Anyone interested in submitting photos of school events, sports, etc. can download them to: [replayit.com](http://replayit.com) It is easy to sign-up and register, all images will be monitored and reviewed. Thank you from the 2013 yearbook staff.

**Calling all talented students!** Sign up now! The SSCPS K-12 Talent Show is coming in January! The students traveling to Europe in April are organizing a school-wide Talent Show to be held at the Hingham Middle School on January 31st. The registration form is attached, and also is available at the front desk. All acts must register by January 9th. Please come and share your talents or just enjoy the entertainment!

## WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

**Level III Cyber Citizens host No Name Calling Day** which is held annually in schools and communities across the country and this year will be held on Friday January 25. No Name Calling Day is part of the anti-bullying legislation that Gov. Deval Patrick signed in 2010. The idea of holding such a day was inspired by a novel entitled *The Misfits*, by James Howe.

The Cyber Citizens would like to invite all the Levels of SSCPS to participate in No Name Calling Day. We have set up containers in each level and ask students to write down any good deeds, or positive things that they see their peers doing. The goal is to connect all these good deeds together to one giant paper chain. We call this project "Chain Reaction." It is our hope that seeing one student doing something positive will inspire others to do the same.

While there is no official color designated for this particular day, the Cyber Citizens would like to invite everyone to wear black to symbolize our unity to wipe out bullying and name calling here at the South Shore Charter School.

## HEALTH OFFICE

The health office is in need of an adult wheelchair with leg extensions. If you have one you would like to donate please call Susan at ext 104.

## PARENTS ASSOCIATION

**Do you have a project that needs money? Is there an idea you want funded? The PA can help!**

Twice per year the PA asks for requests from the SSCPS community (parents, teachers, staff, students) for grants to fund anything from projects, equipment, speakers, or whatever your imagination deems important to the school. We review all the requests, and fund the ones that both meet our criteria, and fit into our budget. Submit a request today, because you never know! Requests are due **NO LATER THAN Thursday, January 24**. See the attached form for details.

## COMMUNITY SERVICE UPDATE

### 2013 Walk for Hospice

Sophia and Alexia Korosidis will be walking again this year in the Annual Walk for Hospice, in memory of their great-grandfather. **The 2013 Walk for Hospice will take place on Saturday, March 23 at the South Shore Plaza.** Sophia and Alexia have re-registered **Team SSCPS Cares**, and would like to encourage anyone and everyone interested in participating to either click on the link below to join the team, or look for the posters and sponsor forms that will be posted at school in the next couple of weeks. This is a great opportunity for SSCPS families to come together and show how much SSCPS truly cares. (If you are unable to join us for the walk, you can always make a donation on line for the team as whole.) Please feel free to contact Sophia's and Alexia's mom, Anatoli, with any questions #781-308-3421. Thank you!

<http://www.kintera.org/faf/search/searchTeamPart.asp?ievent=1042834&lis=1&kntae1042834=2809798074B3448CAB9AD030CAABCF70&team=5365575>

### Upcoming Events

Name of Organization	Dates	Web site
Annual Teenlife Community Service Fair & Expo	February 10 <sup>th</sup> – Chestnut Hill Mall	www.teenlife.com
2013 Walk for Hospice	Saturday, March 23 <sup>rd</sup> – South Shore Plaza	www.2013walkforhospice.com
Marathon Strides against Multiple Sclerosis	April 20 <sup>th</sup> – Hopkinton to Boston	MS.org
Arthritis Walk	May 5 <sup>th</sup> – Natick and Plymouth	Arthritis.org
Avon Walk for Breast Cancer	May 18-19 <sup>th</sup> - Boston	Avonwalk.org

Brain Tumor Ride Brain Tumor Society	May 18 <sup>th</sup> - Waltham	Braintumor.org
Bike Rides for Multiple Sclerosis	June 29 <sup>th</sup> - Boston May 4 <sup>th</sup> - Martha's Vineyard	Nationalmssociety.org

**Please check the web sites for further information on these upcoming events.**

## COMMUNITY INTEREST

### Events at Holly Hill Farm

**Saturday January 26 “Wield a Walking Stick at Holly Hill Farm”** Holly Hill Farm is offering a unique opportunity to create your own wooden walking stick with help from *Rustic Furnituremaker* Malcom White on Saturday January 26 from 10 am to noon. We will start the process with a short jaunt to the woods to find the right wood stick, then return to the wood shop to begin to shape and hone a walking stick for future jaunts. Recommended for families with children ages 6 and older. Cost: \$12 for FHHF members; \$15 for non-members. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For more information, visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org) or call 781-383-6565.

**Saturday January 26“Full Moon Stroll at Holly Hill Farm”** All ages are welcome to come take a stroll on the paths of Holly Hill Farm by the light of the full moon on Saturday January 26 at 7 pm. There is much to see and hear, as we head out on a well-lit trail to note the winter stirrings. Dress for the weather and meet at the main barn at 7 pm. Join us for a cup of hot cocoa after the walk. Cost: \$3 for FHHF members (\$9 max per family); \$5 for non-members (\$15 max per family). Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For more information, visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org) or call 781-383-6565.

**Tuesday January 29“Feed the Birds at Holly Hill Farm”** This is a special opportunity for children ages 7-12 to learn about the birds, wild animals and nearby creatures who call the 130+ acres of Holly Hill Farm their home on Tuesday January 29 from 3:45 – 4:45 pm. Come trek with us as we head to some nearby spots to leave some homemade snacks for our friends in nature. Dress for the weather and meet at the main barn at 3:45. \$5 for FHHF members and \$8 for non-members. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For more information, visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org) or call 781-383-6565.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**



## South Shore Charter Public School Chorus



*Under the direction of Boston City Singers*



Hello SSCPS Families,

I am thrilled to announce that after a successful first session, The South Shore Charter Public School Chorus will continue into the Spring of 2013. Under the direction of Jane Money, Founder, Artistic & Education Director of the famed Boston City Singers and our own Wardie Mannix, students in **grades 2-6** will continue their choral education! **New members are welcome!**

Since 1995, members of The Boston City Singers have performed music from many ages and cultures, while learning music concepts (melody, rhythm, harmony, timbre, dynamics, form, style, and performance practice) and musical skills (theory & sight-reading). Vocal technique and musical literacy are taught using a variety of approaches, including Kodály methodology and music literacy homework.

In line with the Boston City Singers' mission, Jane and Wardie aspire to train and inspire the musician, student and ambassador in each singer. Our shared vision is to provide the highest level of musical training and wide-ranging performance opportunities to young people, to inspire personal development, celebrate diversity and foster goodwill. As advocates for the performing arts, we are partners with our community and ambassadors to the world. In achieving this, our singers will develop a lifelong love of music and the heart to live in a world of differences.

The 15 week program will be held each Monday afterschool from 3:15-4:15pm. The first session will be held on January 28<sup>th</sup> in the music room.

Our goal is to have a chorus of 45 students who will grow in their musical ability, develop greater self confidence, and strengthen their sense of community and belonging at SSCPS.

The cost to participate in this program is \$100, which is less than \$7.00 per week. A limited number of scholarships are available to those who qualify. Please contact Kristine Shipps at [kshipps@sscps.org](mailto:kshipps@sscps.org) for details.

If you are interested in participating in this program, please complete the application below and either email it to me or bring it to the front desk ASAP. Feel free to contact me at [heatherdans@yahoo.com](mailto:heatherdans@yahoo.com).

**Thank you,**  
**Heather Dans**  
**PA Committee Chair, Arts & Music**



South Shore Charter Public School Chorus



**Application for SSCPS students grades 2-6**

**Student Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City, Zip Code** \_\_\_\_\_

**Parent / Guardian Name** \_\_\_\_\_

**Parent / Guardian Email Address** \_\_\_\_\_

**Main Telephone Number** \_\_\_\_\_

**Level / Pod Teacher** \_\_\_\_\_

**Mondays 3:13pm-4:15pm  
starting January 28th**

The cost to participate in this program is \$100, which is less than \$7.00 per week!

**Please make checks payable to SSCPS**

A limited number of scholarships are available to those who qualify. Please contact Kristine Shipps at [kshipps@sscps.org](mailto:kshipps@sscps.org) for details.

*Please return this form and your payment to the front desk, an envelope will be available.*

# MISSION: ORGANIZATION

Help Your Kids be Organized and Independent



## Executive Functioning What does this mean?

EF is a term for how our brains are able to organize, schedule, plan, pay attention and remember details.



## SARAH WARD

Join us for an informative evening with Sarah Ward, Executive Functioning expert and co-director of Cognitive Connections in Lincoln, MA. Sarah will explain and teach step-by-step procedures for how to help kids get -- and stay -- organized. She will give strategies and tips to help parents and teachers coach kids of all ages, including those with ADD or ADHD, on how to manage their time, class schedules, agendas, homework, backpacks, papers and personal belongings.



Tuesday  
January 29, 2013

7:00 p.m. reception

7:30 p.m. discussion

Duxbury Middle School Auditorium

Tickets are available online

[www.theparentconnection.org](http://www.theparentconnection.org)

\$5 in advance or \$7 at the door



Sponsored by: The Parent Connection  
The Duxbury Special Education Parent Advisory Council (SEPAC)  
and Alden PTA

FROM THE DIRECTOR OF HOOP DREAMS AND THE INTERRUPTERS

# HEAD GAMES

HOW MUCH OF YOU  
ARE YOU WILLING TO LOSE  
FOR A GAME?



VARIANCE

HEAD GAMES is a revealing documentary about the silent concussion crisis in American Sports.

South Shore YMCA and South Shore Medical Center

Present a free showing of:

## HEAD GAMES

Sunday, January 20, 2013

10:00am - 12:30pm

Emilson Art Center at the South Shore YMCA

79 Mill Street, Hanover, MA

RSVP to [SouthShoreYMCA@gmail.com](mailto:SouthShoreYMCA@gmail.com)



SOUTH SHORE MEDICAL CENTER  
[somedcenter.com](http://somedcenter.com)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## TAKE FLIGHT ON STAGE

SOUTH SHORE YMCA THEATRE  
Youth, Ages 6-16



**AUDITIONS:**

Friday, January 25, 4:00-6:00PM

Saturday, January 26, 1:00-4:00PM

in the BRAND NEW Emilson Arts Pavilion, 75 Mill Street, Hanover, MA

**PERFORMANCES:** April 5-7, 2013

Contact Kimberly LaCroix with any questions or to sign up for an audition:  
klacroix@ssymca.org or 781.829.8585

Participation Fee: \$225 Y Members / \$275 Community

[www.ssymca.org](http://www.ssymca.org)

### WANT A TRIP TO DISNEY, \$2000.00 CASH, A TRIP TO THE WHITE MOUNTAINS, OR A KINDLE?

Rockland-Hanson Rotary has chosen SSCPS as a partner in their  
Community Raffle again this year!

*SSCPS receives 70% of all ticket sales sold by SSCPS.*

Each ticket is \$5.00 or 5 tickets for \$20.00

Drawing to take place on Sun, Jan 27, 2013 at  
The Rockland-Hanson Rotary Pizza Bowl Whitman Hanson High School

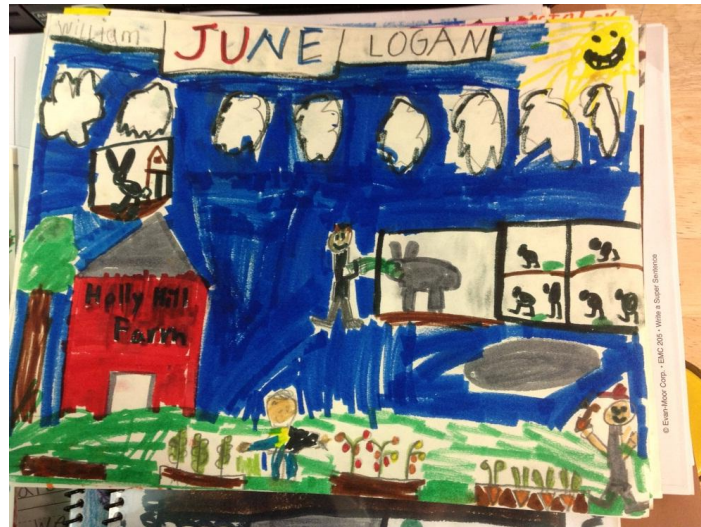
**If you would like to buy tickets or  
get tickets to sell to friends, relatives and neighbors,  
please contact:**

Denise Demaggio [ddemaggio@sscps.org](mailto:ddemaggio@sscps.org) or 617-653-8246



# ORDER YOUR 2013 SSCPS FARM CALENDAR TODAY!

Amy's Pod, in conjunction with Friends of Holly Hill Farm, created a 2013 calendar! Each page was designed by a child or pair of children in Amy's Pod's Level I class, and reflects the farm during that season.



Calendars are \$20, and proceeds of the sale benefit the Friends of Holly Hill Farm, the educational organization that partners with SSCPS. It will allow us to grow more seeds, harvest more crops, and enjoy more healthy, organic vegetables!

To learn more about Holly Hill Farm and its partnership with SSCPS, please visit their website: [www.hollyhillfarm.org](http://www.hollyhillfarm.org)

Please complete a form and see Amy in room 306 for a calendar.

---

Name: \_\_\_\_\_

Pod: \_\_\_\_\_

Cash or Check (circle one)

**Registration for the Talent Show**  
*All proceeds will benefit the Europe Trip*  
**January 31<sup>st</sup> at 6:30 pm**  
Hingham Middle School

ALL STUDENTS PERFORMING IN THE SHOW MUST ARRIVE BY 5:45 PM  
ON THE DAY OF THE EVENT

**Mandatory Rehearsal:**

Level 3,4 and HS - January 28<sup>th</sup> - 3:15 pm to 4:00pm  
Levels 1 and 2 - January 29<sup>th</sup> - 3:15 pm to 4:00pm  
(These rehearsals will be held at the PE Space and will end promptly at  
4:00pm)

**Name of Student or Students in the Act:**

\_\_\_\_\_

**Student Level:** \_\_\_\_\_

**Name of Act:** \_\_\_\_\_

**Description of Act:** \_\_\_\_\_

Due to time constraints, all acts must be 3 minutes or under.  
Once the # of acts on each level is full, any remaining acts will be put on a  
waiting list.

Parent or Guardian's  
**Signature** \_\_\_\_\_ **email:** \_\_\_\_\_

Please return by **January 9<sup>th</sup>** to Claire Overlee or leave at the Front Desk in  
the envelope marked "Talent Show".

## PA Requests Due by Thursday 1/24/12

Date:

Total Amount Requested\*:

Date Required:

Description of request (be specific!):

### Supplier Information

Company Name:

Address:

Telephone Number:

Fax Number

Website:

People who will benefit if request is granted:

### Submitted by

Name:

Title:

Email Address:

Telephone Number:

\*Amount requested must include any and all taxes, labor, set-up charges, delivery fees, etc. Do the research and make sure the amount requested is **completely accurate** and/or get realistic quotations from the proposed vendor. Requests with incomplete information cannot be considered. Attach any supporting documentation necessary to help the Task Force make an informed decision.

Return form to PA Treasurer Elissa Dennis no later than Thursday, 1/24/13. There will be an envelope at the front desk, or email me [coffinwife@gmail.com](mailto:coffinwife@gmail.com), or call 617-347-2283.

Breakfast Order Form  
Breakfast for the Month of February, 2013  
*Due to the office by 3:00 pm, \*Tuesday, January 29, 2013*

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day breakfast will be ordered.*

Week of 2/4 – 2/8     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/11 – 2/15     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/18 – 2/22     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/25 – 3/1     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Breakfasts ordered \_\_\_\_\_ X \$1.50

*Less credit due*

**Total Amount Enclosed**

\_\_\_\_\_ \$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

Lunch Order Form  
Lunch for the Month of February, 2013  
**Due to the office by 3:00 pm, \*Tuesday, January 29, 2013**

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day lunch will be ordered.*

Week of 2/4 – 2/8     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/11 – 2/15     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/18 – 2/22     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/25 – 3/1     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Lunches ordered \_\_\_\_\_ X \$3.00

*Less credit due* \_\_\_\_\_


**Total Amount Enclosed**

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

  
*essence of thyme café*  
**South Shore Charter School**  
*February, 2013*  
*Catered by Essence of Thyme*

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Raisin Bran WW Apple Cinnamon Waffle Grahams Orange Juice Milk	5 Corn Flakes WW Graham Crackers Orange Juice Milk	6 3.6 WW Apple Muffin Orange Juice Milk	7 Honey Wheat Bagel w/Jelly Orange Juice Milk	8 Rice Krispies WW Graham Crackers Orange Juice Milk
11 Toasty O's WW Apple Cinnamon Waffle Grahams Orange Juice Milk	12 3.6 WW Apple Muffin Orange Juice Milk	13 Honey Wheat Bagel w/Jelly Orange Juice Milk	14 Whole Grain Cinnamon Roll Orange Juice Milk	15 Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk
18 <b>PRESIDENTS' DAY</b> 	19 <b>V A</b>	20 <b>C A</b>	21 <b>T I</b>	22 <b>O N</b>
25 Corn Flakes WW Graham Crackers Orange Juice Milk	26 Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk	27 3.6 oz. WW Banana Muffin Orange Juice Milk	28 3.6 WG Cinnamon Roll Orange Juice Milk	March 1 3.6 WW Apple Muffin Orange Juice Milk

\* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**



**South Shore Charter School - Grades K-8**

*February, 2013*

*Catered by Essence of Thyme*

**LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Turkey & Gravy Potato Puffs Whole Wheat Roll Apple Milk
4 Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Whole Wheat Roll Milk	5 Meatballs on WW Sub Baked Sweet Potato Banana Milk	6 <b>EARLY DISMISSAL</b>	7 Chicken Caesar Salad on WW Wrap Cucumber Pears Milk	8 Low Fat Cheese Pizza w/Veggies Italian Beans Apple Milk
11 Ziti w/Meatballs Corn Grapes Milk	12 Macaroni & Cheese Broccoli Peaches Milk	13 Hamburger on WW Bun Sweet Potato Fries w/Ketchup Baked Apple Slices Milk	14 Tuna Salad WW Sandwich Chickpea Salad Pineapple Chunks Milk	15 Cheese Ravioli Green Beans Whole Wheat Roll Banana Milk
18 <b>PRESIDENTS' DAY</b> 	19 <b>V A</b>	20 <b>C A</b>	21 <b>T I</b>	22 <b>O N</b>
25 Pancakes w/Syrup Sausage Patty Sweet Potato Baked Apple Slices Milk	26 Chicken Parmesan w/Ziti Broccoli Banana Milk	27 Buffalo Chicken on WW Wrap Chickpea Salad Peaches Milk	28 Chicken Stir Fry Brown Rice Chinese Style Vegetables Grapes Milk	March 1 Beef & Cheese Burrito Cauliflower Banana Orange Juice Milk


\*All Meals include 8 ounce Milk - Choice of 1% or Skim

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**



**South Shore Charter School - Grades 9-12**  
**February, 2013**  
*Catered by Essence of Thyme*

<b>LUNCH</b>		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>			
						1 Turkey & Gravy Potato Puffs WG Cinnamon Roll Peaches and Apple Milk			
4	Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Honey Wheat Dinner Roll Milk	5	Meatballs on WW Sub Sweet Potato Banana Apple Juice Milk	6	<b>EARLY DISMISSAL</b>	7	Chicken Caesar Salad on WW Wrap Cucumber Pears Orange Juice and Milk	8	Low Fat Cheese Pizza Italian Beans Fruit Cocktail Apple Milk
11	Ziti w/Meatballs Corn Grapes Milk	12	Macaroni & Cheese Broccoli Peaches Whole Wheat Roll Milk	13	Hamburger on WW Bun Sweet Potato Fries w/Ketchup Baked Apple Slices Apple Juice Milk	14	Tuna Salad WW Sandwich Chickpea Salad Pineapple Chunks Milk	15	Cheese Ravioli Green Beans Whole Wheat Roll Pears and Banana Milk
18	<b>PRESIDENTS' DAY</b> 	19	<b>V A</b>	20	<b>C A</b>	21	<b>T I</b>	22	<b>O N</b>
25	Pancakes w/Syrup Sausage Patty Sweet Potato Baked Apple Slices Milk	26	Chicken Parmesan w/Ziti Broccoli Banana Orange Juice Milk	27	Buffalo Chicken on WW Wrap Chickpea Salad Peaches Apple Juice Milk	28	Chicken Stir Fry Brown Rice Chinese Style Vegetables Grapes Milk	March 1	Beef & Cheese Burrito Cauliflower Raisins Orange Juice Milk

\*All Meals include 8 ounce Milk - Choice of 1% or Skim

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**