



*Update*  
January 30, 2013  
Vol. 1, Issue 4

Thursday	01/31	1 <sup>st</sup> Grade Field Trip to Museum of Fine Arts	
Thursday	01/31	National Honor Society to Pine Street Inn	
Thursday	01/31	Talent Show – Hingham Middle School	6:30pm
Friday	02/01	Finance Committee – conference call	1:00pm
Fri & Sat	02/01 & 02/02	Debate – Manchester Essex High School	
Saturday	02/02	Parents Association	8:00am
Saturday	02/02	Ski Club departs 6:30am	
Monday	02/04	Math Counts – Plymouth	2:15-8:00pm
Wednesday	02/06	Enrollment Applications and Intent to Returns due	
Wednesday	02/06	Professional Development Early Release	12:00pm
Saturday	02/09	Annual Enrollment Lottery	10:00am

## **SSCPS TALENT SHOW!**

Don't Miss this *AWESOME* Event!

# **TOMORROW**

**Thursday, January 31<sup>st</sup>**

**At the Hingham Middle School**

Show Starts at 6:30 pm

**ADULTS: \$5.00    STUDENTS: \$3.00**

## DEVELOPMENT OFFICE



A high school student makes a slam dunk. Middle school students attend their first dance. A kindergarten student learns the ins and outs of "duck, duck, goose". What do these students have in common? Their activities will take place on our new gym floor.....and yes, YOU made it happen.



It is not too late to get involved with the Foot the Floor special campaign. Donations in any amount help and naming opportunities start at \$100. Please contact Joanna McCarthy in the Development Office to find out how. [jmccarthy@sscps.org](mailto:jmccarthy@sscps.org)/781.982.4202 x109.

## PRINCIPAL'S REPORT

As our Seniors finish up their final college applications to meet the last deadlines in February, our Juniors are beginning their work in Junior Seminar and participating in SAT preparation classes. The spring of Junior year is a busy time as students begin the college search process and set the stage for completing High School Exit Standards. While all of the work that students do in every grade contributes to college readiness and helps them become the young men and women that they present to the world through their college applications, college preparation takes on a new look and becomes increasingly urgent for students as their high school careers draw to a close.

In Junior Seminar students will complete a curriculum that requires them to reflect on life beyond high school and how they plan to achieve their goals. Mary Carter, our Director of Guidance, and the Junior advisors will work with students to begin the college search process. Students will visit the National College Fair, go on a college visit, begin work on the Common Application, polish their college essays, and take SAT, SAT II, and ACT exams.

The college acceptance process is long, complex, and often fraught with anxiety. Our students are adding this work to lives that are already full of demanding coursework, extracurricular activities, afterschool jobs, family, and of course their social lives. While college acceptance is important and a graduation requirement, I do not want the college process to be the sole focus of the final years a student spends at SSCPS. One of our guiding principles is that students and the work that they do here are important now. This is as true for our high school students as it is for students on Level I. Colleges look for students who are involved in extracurricular activities and community service not because they are trying to create anxiety in students but as evidence of students who are interesting, interested, social beings and will contribute to campus life. The best way that students can prepare for the college application process is by living in the now and working hard, the same things that have guided their work since kindergarten.

I feel that the best way we can help our students strike the right balance between planning for their lives after high school and enjoying their lives now is in preparing them for what to expect as they move into their Senior year. In response to the processes we've seen with previous classes and feedback from students, families, and faculty we will be increasing our SAT/ACT test prep for Juniors. Mary and I will also be holding meetings with 11<sup>th</sup> graders and their parents this spring to discuss next steps for individual students. Junior parents should plan on attending Junior Parent Night on March 6<sup>th</sup> where we will explain to parents what they should expect in the coming months. While our Juniors are formally beginning the exit process our entire community works everyday to support students in work that is both important now and contributes to success in college. Thank you for your contributions to these efforts and please do not hesitate to contact me with questions and feedback.

-Angie Pepin 781-982-4202 x102 [apepin@sscps.org](mailto:apepin@sscps.org)



## DECEMBER 2012/JANUARY 2013 COLLEGE ACCEPTANCES

*Sara Carter*  
Suffolk University

*Ashley Cataloni*  
Curry College  
Wheelock College  
Framingham State University

*Corey Duncan*  
Western New England College

*Bryan Gammon*  
Salem State University  
Fitchburg State University  
Bridgewater State University  
Framingham State University

*Griff Howard*  
Northeastern University  
University of Massachusetts -  
Amherst

*Patrick Holt*  
Lasell College  
Eastern Nazarene College

*Devin Nigro*  
Universal Technical Institute

*Ka'Liahia Williams*  
Wheelock College

### ANNOUNCEMENTS

**Yearbook Photos!** The yearbook staff is looking for any interesting photos from students, parents and faculty. Anyone interested in submitting photos of school events, sports, etc. can download them to: [replayit.com](http://replayit.com) It is easy to sign-up and register all images will be monitored and reviewed. Thank you from the 2013 yearbook staff.

### **The outstanding works of SSCPS has been recognized once again!**

“We chose your organization because we believe in its value to our community and want to contribute to its success.” What a remarkable statement about SSCPS, made by the Not Your Average Joe’s Management. Every month Not Your Average Joe’s restaurant hand picks one non-profit organization to support and this month it is SSCPS! Every Tuesday throughout February they will set aside an amount equal to 15% of all purchases made by South Shore Charter Public School supporters at Not Your Average Joe’s in Norwell. Tell your family and friends, send it out on your facebook page, tweet about it too! Anyone who brings along the flyer, one is attached to the weekly update, on any Tuesday in the month of February qualifies towards the donation. Hope to see you all there!

### ART NEWS

Every year the middle school and high school submit work to The Boston Globe All Scholastic Art Awards. This awards program has been in existence for 90 years and serves as a means for middle and high school students to receive regional and national recognition for their artistic endeavors. This year we are pleased to announce the awarding of **11 Honorable Mentions** to students in the following categories: **Emma Burns (12) Fashion, Zoe Childs (7) Printmaking, Kenny Dera (8) Printmaking, Ana Estabrooks (9) Drawing, Ellis Gilbert (12) Mixed Media, Jessica Hoffman (11) Fashion, Natalie Mallon (8) Printmaking, Adam Thermitus (12) Digital Art, Noemie Trocher (9) Fashion, Kaylee Urquiza- Anagnos (8) Printmaking, Maddie White (11) Drawing.**

Several high school and middle school students have been busy creating **totems** pieces, using 150 lb. tree trunks (specifically 12). Their goal was to paint stylized **Northwest Coast Tribal designs** that are soon to be transported to Derby Street Enchanted Pond to serve as part of their winter motif. The totems will join a fire pit, tribal hut and sled dogs starting February 9<sup>th</sup> until the second weekend in March. Look for more information to come and volunteer opportunities.

The Worcester Museum of Art sponsors a weekend intensive workshop called **Art All State**. Two juniors are nominated each year to go through the process of interviewing and submitting a portfolio to vie for a spot alongside any other high school juniors within the state of Massachusetts. This year, **Jess Hoffman** and **Tyler Tsang** have been chosen by a panel of professional artists to represent our school in this competition.

## WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?



Students from the High School Poetry Slam Workshop led by Mr. Small composed and recited poems at the Hanover Diversity Fair at the Hanover Mall on Martin Luther King Jr. Day last week. The poets were Johnnie Jackson, Lauren Walsh, and Emily Wolongevicz. In addition to the poets there were singers from the A Capella Chorus of Hanover High School and many fun activities for children. The event was planned by the Hanson Children's Museum, directed by a former SSCPS teacher, Juvelyn Hartweg and the Hanover Diversity Committee. Photo courtesy of Betsy Josselyn.

## HEALTH OFFICE

The health office is in need of an adult wheelchair with leg extensions. If you have one you would like to donate please call Susan at ext 104.

## PARENTS ASSOCIATION

Please join us for the next SSCPS PA meeting on Saturday February 2, 2013 at 8am. Attached are the agenda & minutes from the last meeting and presentation.

In addition, due to family circumstances, Melissa Freitas has stepped down from her position as secretary of the SSCPS Parents Association. The SSCPS PA extends our considerable thanks to Melissa for her many years of effective and enthusiastic service. Best wishes and speedy recovery to Matthew and the entire Freitas family!

We will hold a special election at our next meeting (Saturday February 2, 2013 at 8am) to fill this vacancy for the rest of this academic year (until June, 2013). If you are interested in running for this position, see the duties of the secretary listed below and contact Lisa ([molimu@gmail.com](mailto:molimu@gmail.com)) for nomination.

### Secretary Duties

- The Secretary will take minutes of the PA meetings (to be approved at the subsequent meeting), post the minutes, and post meeting times and agendas.
- The Secretary will help the Chair write the submissions to the SSCPS Update as necessary.

The **PA Bylaws Committee** members are proud to release the PA Bylaws Draft document for all parents to review. This document will be discussed in detail at this Saturday's PA Meeting (February 2, 8:00 am). Please bring your questions and/or suggestions for edits. After this meeting the document will be finalized and presented for an up or down vote at the March 5 PA meeting. Click on the following link to read the draft document:

<http://www.jaguarstyle.com/sscps.org/About/NewsandEvents/SSCPSPABylawsDraft013013.pdf>

If you can't attend on Saturday but have some input to share, please contact the Bylaws Committee Chair, Gema Gray, at [gemagrays@verizon.net](mailto:gemagrays@verizon.net).

## COMMUNITY SERVICE UPDATE

**2013 Walk for Hospice** Sophia and Alexia Korosidis will be walking again this year in the Annual Walk for Hospice, in memory of their great-grandfather. **The 2013 Walk for Hospice will take place on Saturday, March 23 at the South Shore Plaza.** Sophia and Alexia have re-registered **Team SSCPS Cares**, and would like to encourage anyone and everyone interested in participating to either click on the link below to join the team, or look for the posters and sponsor forms that will be posted at school in the next couple of weeks. This is a great opportunity for SSCPS families to come together and show how

much SSCPS truly cares. (If you are unable to join us for the walk, you can always make a donation on line for the team as whole.) Please feel free to contact Sophia's and Alexia's mom, Anatoli, with any questions #781-308-3421. Thank you!

<http://www.kintera.org/faf/search/searchTeamPart.asp?ievent=1042834&lis=1&kntae1042834=2809798074B3448CAB9AD030CAABCF70&team=5365575>

#### Upcoming Events

Name of Organization	Dates	Web site
<b>Annual Teenlife Community Service Fair &amp; Expo</b>	<b>February 10<sup>th</sup> – Chestnut Hill Mall</b>	<b>www.teenlife.com</b>
<b>2013 Walk for Hospice</b>	<b>Saturday, March 23<sup>rd</sup> – South Shore Plaza</b>	<b><a href="http://www.2013walkforhospice.com">www.2013 walk for hospice</a></b>
<b>Marathon Strides against Multiple Sclerosis</b>	<b>April 20<sup>th</sup> – Hopkinton to Boston</b>	<b>MS.org</b>
<b>Arthritis Walk</b>	<b>May 5<sup>th</sup> – Natick and Plymouth</b>	<b>Arthritis.org</b>
<b>Walk for hunger</b>	<b>Sunday, May 15-Boston Common</b>	<b>Projectbread.org</b>
<b>Avon Walk for Breast Cancer</b>	<b>May 18-19<sup>th</sup> - Boston</b>	<b>Avonwalk.org</b>
<b>Brain Tumor Ride Brain Tumor Society</b>	<b>May 18<sup>th</sup> - Waltham</b>	<b>Braintumor.org</b>
<b>Bike Rides for Multiple Sclerosis</b>	<b>June 29<sup>th</sup> - Boston May 4<sup>th</sup> - Martha's Vineyard</b>	<b>Nationalmssociety.org</b>

Please check the web sites for further information on these upcoming events.

## COMMUNITY INTEREST

### Events at Holly Hill Farm

*The Friends of Holly Hill Farm* is showing the documentary “**Genetic Roulette**” on Monday February 4<sup>th</sup> at 7 pm at the Cohasset Public Library, 35 Ripley Road. “**Genetic Roulette**” presents evidence that genetically engineered foods are a major contributor to rising disease rates in the US population, especially among children. Gastrointestinal disorders, allergies, inflammatory diseases, and infertility are just some of the problems implicated in humans, pets, livestock, and lab animals that eat genetically modified soybeans and corn. This sometimes shocking film may change your diet, help you protect your family, and accelerate the consumer tipping point against genetically modified organisms (GMOs). Don't miss this film! Admission is free but donations to support the *Friends of Holly Hill Farm*, the non-profit education center at Holly Hill Farm will be gladly accepted. For more information about Holly Hill Farm, visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org).

Come to Holly Hill Farm on Friday February 8 for magical night time walk, “**Starry, Starry Night at Holly Hill Farm.**” Dress warmly and bring the whole family for a lovely walk to see the night sky, hear the winter sounds and embrace the warm chill in the air on Friday February 8. Meet at the main barn at 7 pm and stay for hot chocolate after the walk. Cost: \$3 for FHHF members (\$9 max per family); \$5 for non-members (\$15 max per family). Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For more information, visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org) or call 781-383-6565.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**

# Parents Association

February 2, 2013

8-10am meeting 10:30 social

## Meeting Agenda

"The nice thing about teamwork is that you always have others on your side" Margaret Carly

8:00 am Call to Order

8:01 am Review & Approval of Minutes

8:05 am IMPACT

PA Secretary election

8:10 am INFORMATION

- Chair announcements: Lisa Harvey-Mone
- Executive Director: Alicia Savage
- K-6 Principal: Ted Hirsch
- 7-12 Principal: Angie Pepin
- Student Representative: Katie Aucella
- PA Treasurer: Elissa Dennis
- Grade Representatives
- Committee Reports

9:00 pm INQUIRY

- Old business

Teacher Appreciation Luncheon coordinator: next lunch is ?

- New business

Gema Gray: SSCPS Parents Association Bylaws presentation

← Next Meeting: Tuesday March 5, 2013 (speaker TBA)



**We serve creative cuisine. And worthy causes.**

***Present this certificate to your server and your cause will receive  
15% of your total purchase\* every Tuesday during February  
Valid for Dine in or Take out***

***Name of Organization:  
South Shore Charter Public School***

***Valid:  
February 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>***

---

***\*Excludes Alcohol, Tax and Gratuity***



111 Pond Street • Norwell • 781-616-6160



## South Shore Charter Public School Chorus



*Under the direction of Boston City Singers*



Hello SSCPS Families,

I am thrilled to announce that after a successful first session, The South Shore Charter Public School Chorus will continue into the Spring of 2013. Under the direction of Jane Money, Founder, Artistic & Education Director of the famed Boston City Singers and our own Wardie Mannix, students in **grades 2-6** will continue their choral education! **New members are welcome!**

Since 1995, members of The Boston City Singers have performed music from many ages and cultures, while learning music concepts (melody, rhythm, harmony, timbre, dynamics, form, style, and performance practice) and musical skills (theory & sight-reading). Vocal technique and musical literacy are taught using a variety of approaches, including Kodály methodology and music literacy homework.

In line with the Boston City Singers' mission, Jane and Wardie aspire to train and inspire the musician, student and ambassador in each singer. Our shared vision is to provide the highest level of musical training and wide-ranging performance opportunities to young people, to inspire personal development, celebrate diversity and foster goodwill. As advocates for the performing arts, we are partners with our community and ambassadors to the world. In achieving this, our singers will develop a lifelong love of music and the heart to live in a world of differences.

The 15 week program will be held each Monday afterschool from 3:15-4:15pm. The first session will be held on January 28<sup>th</sup> in the music room.

Our goal is to have a chorus of 45 students who will grow in their musical ability, develop greater self confidence, and strengthen their sense of community and belonging at SSCPS.

The cost to participate in this program is \$100, which is less than \$7.00 per week. A limited number of scholarships are available to those who qualify. Please contact Kristine Shipps at [kshipps@sscps.org](mailto:kshipps@sscps.org) for details.

If you are interested in participating in this program, please complete the application below and either email it to me or bring it to the front desk ASAP. Feel free to contact me at [heatherdans@yahoo.com](mailto:heatherdans@yahoo.com).

**Thank you,**  
**Heather Dans**  
**PA Committee Chair, Arts & Music**





South Shore Charter Public School Chorus



**Application for SSCPS students grades 2-6**

**Student Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City, Zip Code** \_\_\_\_\_

**Parent / Guardian Name** \_\_\_\_\_

**Parent / Guardian Email Address** \_\_\_\_\_

**Main Telephone Number** \_\_\_\_\_

**Level / Pod Teacher** \_\_\_\_\_

**Mondays 3:13pm-4:15pm  
starting January 28th**

The cost to participate in this program is \$100, which is less than \$7.00 per week!

**Please make checks payable to SSCPS**

A limited number of scholarships are available to those who qualify. Please contact Kristine Shipps at [kshipps@sscps.org](mailto:kshipps@sscps.org) for details.

*Please return this form and your payment to the front desk, an envelope will be available.*

# ORDER YOUR 2013 SSCPS FARM CALENDAR TODAY!

Amy's Pod, in conjunction with Friends of Holly Hill Farm, created a 2013 calendar! Each page was designed by a child or pair of children in Amy's Pod's Level I class, and reflects the farm during that season.



Calendars are \$20, and proceeds of the sale benefit the Friends of Holly Hill Farm, the educational organization that partners with SSCPS. It will allow us to grow more seeds, harvest more crops, and enjoy more healthy, organic vegetables!

To learn more about Holly Hill Farm and its partnership with SSCPS, please visit their website: [www.hollyhillfarm.org](http://www.hollyhillfarm.org)

Please complete a form and see Amy in room 306 for a calendar.

Name: \_\_\_\_\_

Pod: \_\_\_\_\_

Cash or Check (circle one)

Benefit Fund Raiser For the  
McKee-Stevens Family



Featuring the band

# Full Circle

March 2, 2013

7:00PM

30 Central St. Abington, MA

Raffles

50/50

Finger Sandwiches, Appetizers & Desserts

Red Sox Tickets Auction!

Cash Bar

Tickets on sale for \$20 at Cotes Liquors

347 Market St. Rockland, MA

Or email [teammegan302@gmail.com](mailto:teammegan302@gmail.com)

or call Sue 774-360-4367

Megan McKee was recently diagnosed with aggressive Stage IIIA breast cancer. She's started a treatment regimen of several months of chemo at MGH's Cancer Center on Dec. 13, 2012. Her treatment will also include radiation and a probable double mastectomy to fight the cancer, which has spread to her lymph nodes. As a freelancer for the Boston Globe, she has no paid sick time or disability insurance. Even with health insurance through her husband, Keith, who teaches physics at East Bridgewater High School, her medical costs will be high.



Breakfast Order Form  
Breakfast for the Month of February, 2013  
**Due to the office by 3:00 pm, \*Tuesday, February 5, 2013**

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day breakfast will be ordered.*

Week of 2/11 – 2/15     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/18 – 2/22     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/25 – 3/1     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Breakfasts ordered \_\_\_\_\_ X    \$1.50

*Less credit due*

**Total Amount Enclosed**

\_\_\_\_\_

Cash or Checks may be made out to SSCPS.

\$ \_\_\_\_\_

Lunch Order Form  
Lunch for the Month of February, 2013  
**Due to the office by 3:00 pm, \*Tuesday, February 5, 2013**

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day lunch will be ordered.*

Week of 2/11 – 2/15     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/18 – 2/22     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/25 – 3/1     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Lunches ordered \_\_\_\_\_ X \$3.00

*Less credit due*

**Total Amount Enclosed**


\_\_\_\_\_

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

  
 E.T.C.  
*essence of thyme café*  
**South Shore Charter School**  
*February, 2013*  
*Catered by Essence of Thyme*

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Raisin Bran WW Apple Cinnamon Waffle Grahams Orange Juice Milk	5 Corn Flakes WW Graham Crackers Orange Juice Milk	6 3.6 WW Apple Muffin Orange Juice Milk	7 Honey Wheat Bagel w/Jelly Orange Juice Milk	8 Rice Krispies WW Graham Crackers Orange Juice Milk
11 Toasty O's WW Apple Cinnamon Waffle Grahams Orange Juice Milk	12 3.6 WW Apple Muffin Orange Juice Milk	13 Honey Wheat Bagel w/Jelly Orange Juice Milk	14 Whole Grain Cinnamon Roll Orange Juice Milk	15 Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk
18 <b>PRESIDENTS' DAY</b> 	19 <b>V A</b>	20 <b>C A</b>	21 <b>T I</b>	22 <b>O N</b>
25 Corn Flakes WW Graham Crackers Orange Juice Milk	26 Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk	27 3.6 oz. WW Banana Muffin Orange Juice Milk	28 3.6 WG Cinnamon Roll Orange Juice Milk	March 1 3.6 WW Apple Muffin Orange Juice Milk

\* All Meals include choice of 1% or Skim Milk.


Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**



**South Shore Charter School - Grades K-8**  
**February, 2013**  
*Catered by Essence of Thyme*

<b>LUNCH</b>		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
						1 Turkey & Gravy Potato Puffs Whole Wheat Roll Apple Milk
4	Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Whole Wheat Roll Milk	5 Meatballs on WW Sub Baked Sweet Potato Banana Milk	6 <b>EARLY DISMISSAL</b>	7 Chicken Caesar Salad on WW Wrap Cucumber Pears Milk	8 Low Fat Cheese Pizza w/Veggies Italian Beans Apple Milk	
11	Ziti w/Meatballs Corn Grapes Milk	12 Macaroni & Cheese Broccoli Peaches Milk	13 Hamburger on WW Bun Sweet Potato Fries w/Ketchup Baked Apple Slices Milk	14 Tuna Salad WW Sandwich Chickpea Salad Pineapple Chunks Milk	15 Cheese Ravioli Green Beans Whole Wheat Roll Banana Milk	
18	<b>PRESIDENTS' DAY</b> 	19 <b>V A</b>	20 <b>C A</b>	21 <b>T I</b>	22 <b>O N</b>	
25	Pancakes w/Syrup Sausage Patty Sweet Potato Baked Apple Slices Milk	26 Chicken Parmesan w/Ziti Broccoli Banana Milk	27 Buffalo Chicken on WW Wrap Chickpea Salad Peaches Milk	28 Chicken Stir Fry Brown Rice Chinese Style Vegetables Grapes Milk	March 1 Beef & Cheese Burrito Cauliflower Banana Orange Juice Milk	

\*All Meals include 8 ounce Milk - Choice of 1% or Skim

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**



**South Shore Charter School - Grades 9-12**  
**February, 2013**  
*Catered by Essence of Thyme*

**LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Turkey & Gravy Potato Puffs WG Cinnamon Roll Peaches and Apple Milk
4 Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Honey Wheat Dinner Roll Milk	5 Meatballs on WW Sub Sweet Potato Banana Apple Juice Milk	6 <b>EARLY DISMISSAL</b>	7 Chicken Caesar Salad on WW Wrap Cucumber Pears Orange Juice and Milk	8 Low Fat Cheese Pizza Italian Beans Fruit Cocktail Apple Milk
11 Ziti w/Meatballs Corn Grapes Milk	12 Macaroni & Cheese Broccoli Peaches Whole Wheat Roll Milk	13 Hamburger on WW Bun Sweet Potato Fries w/Ketchup Baked Apple Slices Apple Juice Milk	14 Tuna Salad WW Sandwich Chickpea Salad Pineapple Chunks Milk	15 Cheese Ravioli Green Beans Whole Wheat Roll Pears and Banana Milk
18 <b>PRESIDENTS' DAY</b> 	19 <b>V A</b>	20 <b>C A</b>	21 <b>T I</b>	22 <b>O N</b>
25 Pancakes w/Syrup Sausage Patty Sweet Potato Baked Apple Slices Milk	26 Chicken Parmesan w/Ziti Broccoli Banana Orange Juice Milk	27 Buffalo Chicken on WW Wrap Chickpea Salad Peaches Apple Juice Milk	28 Chicken Stir Fry Brown Rice Chinese Style Vegetables Grapes Milk	March 1 Beef & Cheese Burrito Cauliflower Raisins Orange Juice Milk

\*All Meals include 8 ounce Milk - Choice of 1% or Skim

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**