



<b>Thursday</b>	<b>03/21</b>	<b>MCAS ELA Grade 10</b>	
<b>Thursday</b>	<b>03/21</b>	<b>School Council</b>	<b>3:45pm</b>
<b>Thursday</b>	<b>03/21</b>	<b>Development Committee</b>	<b>5:30pm</b>
<b>Thursday</b>	<b>03/21</b>	<b>Finance Committee</b>	<b>6:15pm</b>
<b>Thursday</b>	<b>03/21</b>	<b>Board of Trustees</b>	<b>7:30pm</b>
<b>Friday</b>	<b>03/22</b>	<b>Auction Committee</b>	<b>8:30am</b>
<b>Friday</b>	<b>03/22</b>	<b>MCAS ELA Grade 10</b>	
<b>Saturday</b>	<b>03/23</b>	<b>Parent Association Strategic Plan Meeting see below</b>	<b>10:00am</b>
<b>Monday</b>	<b>03/25</b>	<b>MCAS ELA Long Composition Grades 4, 7, and 10</b>	
<b>Tuesday</b>	<b>03/26</b>	<b>MCAS ELA Level II and Level IV</b>	
<b>Wednesday</b>	<b>03/27</b>	<b>MCAS ELA Level III</b>	
<b>Wednesday</b>	<b>03/27</b>	<b>High School Theatre Workshop to Boston</b>	

## PRINCIPAL'S REPORT

The call for input on the Strategic Plan has allowed us the time to have important discussions about who we are as a school and where we hope to be in the next five years. I have had the opportunity to be part of conversations with a variety of stakeholders across the Levels in our building. The process has led me to think about the past five years, the work we have done to fulfill our mission, and the work that is left to do. In all of the discussions that I have been a part of, participants have raised the importance of our K-12 identity. When I was a teacher new to our building almost a decade ago now, I questioned how thirteen grades could exist peacefully and productively under one roof. I wondered how the thread of one mission could connect teachers and students as they worked on early reading skills and college level calculus in the same building.

I quickly found that being in a K-12 setting has its challenges. We learned to coexist that year, but we did not live up to the potential of K-12. Even though the youngest children interacted only infrequently with the oldest there were concerns from parents, students, and teachers that continually came up. It was often easier to stay apart than to try to work collectively. Our high school, middle school, and elementary school somehow navigated that year of great change together despite hurdles. Having K-12 in one building came at the same time as a sharp expansion in the student body, the introduction of many new staff members, and a significant move. Being together was only one of our challenges, but it was a considerable one.

We have come a long way since our early days in this building. During discussions about the strategic plan I've heard stories of the many ways that K-12 benefits our students. This has helped to reaffirm what I already knew. Our younger children are confident and are more comfortable around adults and older children because they have the opportunity to interact with them in the halls daily. Similarly, exposure helps our older children be respectful and considerate of the needs of others. For our faculty watching our children mature across Levels as they prepare to leave us is a great source of joy. The presence of K-12 faculty at graduation shows this. Now instead of wondering how K-12 can work, I question why more schools aren't doing what we are doing.

Our faculty and students take advantage of our being K-12 in many ways every day. Many of our older students volunteer in the classrooms of younger students, mentoring relationships exists across Levels, Projects and Workshops pair up for events across the school, and some of our high school students lead FIT classes on the lower Levels. Whenever I see students interacting across Levels I always want to do more of it. The opportunity that came when we all moved to this building in Norwell nine years ago allowed us to work to become a seamless K-12 school. The process of working on the strategic planning has provided yet another reminder of what a wonderful opportunity being together is. As we move forward, building on our former goals and developing new ones, I am glad that we took the time during this busy month to reflect on how wonderful it is to be a K-12 school.

Angie Pepin - 781-982-4202 x102 - [apepin@sscps.org](mailto:apepin@sscps.org)

## MARCH MCAS SCHEDULE

Subject	Grades	Dates
ELA Long Composition	4, 7, 10	March 25 (date change)
ELA Reading Comprehension	10	March 21-22
ELA Reading Comprehension	7-8	March 26, 28
ELA Reading Comprehension	5-6	March 20, 27
ELA Reading Comprehension	3-4	March 26, 28

## ANNOUNCEMENTS

**2013 Yearbook** The 2013 yearbook is now in progress and all the memories of the 2012-2013 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time — buy them a yearbook! Just download the attached form and bring to the school or mail it in, it's that simple!

## DEVELOPMENT OFFICE

### Announcing the South Shore Charter Public School Annual Fund Challenge!



There is no better time than now to consider a gift to SSCPS! For a second year, an anonymous donor has challenged the SSCPS community to match their gift of \$5,000. All new and increased gifts to the Annual Fund received between February 1st and March 31st will qualify. With your help, we can maintain and enhance current programs and reach our goal of 100% participation. All gifts benefit SSCPS. Monetary donations

are tax deductible. Mail your donation today to:

SSCEF  
P.O. Box 512  
Accord, MA 02018

or donate by visiting [www.sscps.org](http://www.sscps.org)

## HEALTH OFFICE

Level II will be once again participating in the Pennies for Patients fund raising campaign. This is the campaign that supports the Leukemia and Lymphoma society which helps people who are affected by these diseases. The money raised will assist people in need with medical bills, transportation issues, and also support medical research. The Campaign will start on March 4th and will run for three weeks ending on the 22nd of March. The pod that raises the most money will win a Domino's pizza party. SSCPS has raised over \$ 4,000 for this great program over the past seven years. Please continue to support Pennies for Patients!

## PARENTS ASSOCIATION

### Strategic Planning Parent Meeting

There will be a second meeting to discuss parent input on the strategic planning goals previously circulated.

When: **Saturday, March 23, 10:00am-12:00noon**

Where: **Channing Unitarian Universalist Church, 45 Webster Street, Rockland, MA 02370**

Next to the Post Office. Street parking only.

Thank you to the Channing Church for hosting this event, and to the Tierney family for chaperoning us on Saturday.

Please come and have your voice heard on the direction that our school will take over the next 5 years as we expand the number of students we serve in the High School. All Levels will be affected by build-out, curriculum, staffing decisions and more. This is your opportunity as parents to have input about those decisions. Join us - and bring a fellow SSCPS parent with you!

See you there, Gema Gray, Lizanne Moffat, Larry Marchese

**PA Volunteer Committee’s “Please Remember” list:**

1. To print your first & last name when logging in as a volunteer.
2. It is important for the school and for you to log out when you are done for two reasons;
  - a. You and the school only receive 1 hour of volunteer time if you do not log out.
  - b. The school needs to know who is in the building at all times and they need you to return your badge.
3. Email Priscilla Kelly [priscilla.kelly@verizon.net](mailto:priscilla.kelly@verizon.net) your volunteer hours you put in at home or record those hours on the Sign In sheets when you are volunteering next.

**SEPAC (SPECIAL EDUCATION PARENT ADVISORY COUNCIL)**

**What Is SEPAC?** SEPAC stands for Special Education Parent Advisory Council.

The SSCPS SEPAC is a parent committee established to assist parents and families of children with learning differences and special needs.

Find out more at: <https://sites.google.com/site/sscpssepac/home>

**NEW! Special Education Parent Support Group**

Completely confidential! Come for support, to give support, or just to listen.

2nd and 4th Mondays at 8:30am at a member’s home near the school: <http://goo.gl/maps/3EXDr>

Call or email Adrienne McDougall for more information at [adrienne.mcdougall@yahoo.com](mailto:adrienne.mcdougall@yahoo.com) 508-818-8945

**COMMUNITY SERVICE UPDATE**

The Community Service is always on the lookout for new and interesting community service opportunities for students and their families. With the coming of spring it is great to look below and see all of the upcoming events that are available to participate in. Whether you like to bike or walk etc there is something for everyone. If there is a particular event that is not listed that you are involved in please let me know so I can add it to this list. Email Beth Toma at [JToma85103@aol.com](mailto:JToma85103@aol.com).

<b>Name of Organization</b>	<b>Dates</b>	<b>Website</b>
2013 Walk for Hospice	Saturday, March 23 <sup>rd</sup> South Shore Plaza	2013walk for hospice
Marathon Strides against Multiple Sclerosis	April 20 <sup>th</sup> Hopkinton to Boston	MS.org
Arthritis Walk	May 5 <sup>th</sup> Natick and Plymouth	Arthritis.org
Walk for Hunger	Sunday May 5-Boston Common	Projectbread.org
Avon Walk for Breast Cancer	May 18-19 <sup>th</sup> Boston	Avonwalk.org
Brain Tumor Ride Brain Tumor Society	May 18 <sup>th</sup> Waltham	Braintumor.org
Boston Takes Steps for Crohns & Colitis Disease	June 1, 2013 Boston Common , Boston	online.ccfa.org
PAN Challenge for Kids	June 9, 2013 Hingham Wompatuck State Park	www.kids.pmc.org/hingham.aspx
Bike Rides for Multiple Sclerosis	June 29 <sup>th</sup> - Boston May 4 <sup>th</sup> - Martha’s Vineyard	Nationalmssociety.org
PAN Challenge for Adults	August 3 & 4	<a href="http://www.pmc.org/ride/routes">http://www.pmc.org/ride/routes</a>

Please check the web sites for further information on these upcoming events.

PAN Mass Challenge For Kids If you do not want to ride volunteers are needed at this event. Kick off volunteer meeting March 28<sup>th</sup> 7:30 pm to 9:00 pm at Hingham Library (ages 12-99). Great opportunity for community service.

Walk for Hunger Pre-Walk Events Walk for Hunger has the following events to help or this walk : Events March 21 Kick Off Breakfast, March 21 Team Building Workshop, April 21 Snack Bag Packing Event (must be 14 yrs old to participate in this event). Check Project Bread web site at [walk@projectbread.org](mailto:walk@projectbread.org)

Blanket & Towel Drive for "The Service Dog Project" Madison McGuiness and Amelia Dalton are running a Blanket & Towel Drive for "The Service Dog Project". It is a farm in Ipswich, MA where they train Great Danes to be Service Dogs <http://www.servicedogproject.org/> We visited the farm a few weeks ago and it is a wonderful organization that could use our help. There is a box in the school lobby to collect blankets, towels and sheets you no longer need. You can check out the farm at the following website: <http://explore.org/#!/live-cams/player/great-dane-service-puppies-indoor-puppy-room>.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**

## Announcing SSCEF 18<sup>th</sup> Annual Auction *Featuring* “Taste of the South Shore”

We welcome the entire community\* to the SSCEF 18<sup>th</sup> Annual Auction, enjoy a fabulous food experience at “A Taste of the South Shore”. Sample delectable culinary treats from Tosca of Hingham, Bella’s of Rockland, Mr. Dooley’s of Cohasset, and Margaritas of Weymouth, along with tastings from additional professional chefs and SSCPS parents. All proceeds from the event support the educational experience of all students at South Shore Charter Public School.

\*Must be 21 or over to attend.

Friday, April 5, 2013  
6 – 10 pm  
The Elms  
American Elm Avenue  
Hanover, Massachusetts  
Tickets: \$25.00 in advance; \$30.00 at the door

We are accepting donations, ad space and sponsorship opportunities. Contact Denise Demaggio for more information at [ddemaggio@sscps.org](mailto:ddemaggio@sscps.org)

# 2013 YEARBOOK

Inspired by You

## It's That Time...

Dear Parent:

The 2013 yearbook is now in progress and all the memories of the 2012-2013 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time — buy them a yearbook!

So please fill out the order form below, calculate and attach your payment, and bring or mail to the main office today!

Student name \_\_\_\_\_

Home Phone ( in case there are any questions on order ) \_\_\_\_\_

Homerom \_\_\_\_\_ Grade \_\_\_\_\_

**Order Options** : Check the box next to the option of your choice and mail payment with

completed form to the address listed below. Books will be distributed in June.

2013 Hardcover Yearbook - 25.00

2013 Softcover Yearbook - 20.00 ( limited quantity )

Total Amount Enclosed ( cash or check): \_\_\_\_\_

Please make checks payable to: South Shore Charter Public School

Send completed form and payment to: SSCPS 2013 Yearbook  
South Shore Charter Public School  
100 Longwater Circle  
Norwell, MA. 02061

## **SPIRIT WEAR ORDER FORM**

**Show your Jaguar spirit by purchasing Spirit Wear**

**All proceeds raised from the SSCPS Spirit Wear will support SSCPS Athletics**



All apparel is gray with blue logo, with exception of back pack (blue w/white logo)

**RETURN ORDER FORM TO THE FRONT DESK: ATTN: DEVELOPMENT OFFICE**

**ORDERS MUST BE RECEIVED NO LATER THAN**

**Friday, April 5, 2013**

PRODUCT	SIZE CircleOne	Qty	PRICE	TOTAL
Kids T-Shirts	XS-S-M-L-XL		\$10.00	
Kids Hoodies	XS-S-M-L-XL		\$20.00	
Kids Long Sleeve	XS-S-M-L-XL		\$12.00	
Adult T-Shirts *2XL,3XL add additional \$2.00 *4XL, 5XL, add additional \$3.00	XS-S-M-L-XL-2XL-3XL		\$10.00 *2XL,3XL add additional \$2.00 *4XL, 5XL, add additional \$3.00	
Adult Hoodies *2XL,3XL add additional \$5.00	XS-S-M-L-XL-2XL-3XL		\$25.00 *2XL,3XL add additional \$5.00	
Adult Long Sleeve *2XL,3XL add additional \$2.00	XS-S-M-L-XL-2XL-3XL		\$15.00 *2XL,3XL add additional \$2.00	
Kids Sweatpants	XS-S-M-L-XL (Girl or Boy)		\$20.00	
Adult Sweatpants	S-M-L-XL -2XL		\$20.00 *2XL add additional \$3.00	
Back Sacks			\$10.00	
	<b>Total QTY=</b>		<b>Total=</b>	
<b>CASH OR CHECKS ONLY: Make checks payable to SSCEF Money is due at time of order is placed.</b>				

Student Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

# NAME OUR STREET SIGN!

How would you like to see your name or child's name on our new street sign at SSCPS?



Purchase a \$5.00 raffle ticket for a chance to win your name on the sign for a year!

After one year you will be given the sign to keep!

Drawing will be held at the 18th Annual SSCPS Auction on April 5th, 2013!

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Detach above and return this portion with payment to:  
SSCPS - 100 Longwater Circle - Norwell, MA 02061 - Attn: Denise Demaggio

**NAME OUR STREET SIGN!**  
**South Shore Charter Public School**

Name: \_\_\_\_\_ \$5.00 per raffle ticket

Child and/or Family name as it will appear on the sign:

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Drawing will be held at the 18th Annual SSCPS Auction on April 5, 2013.

RAFFLES

# Flag Football Tournament

CONCESSIONS

GAMES

DJ

## A fundraiser for the Matthew Freitas Benefit Fund

Open to children:  
Pre-K through Grade 12  
- AND -  
Adults Want to Play too, right?  
Please Sign-up for the  
Parents/Coaches Games!!  
*To be played at the end of the day*

Questions? Volunteer? Donate?  
Call David Donahue at 617-455-1255  
Or Email Us

### Sunday, April 28, 2013

- Rain or Shine -  
8:00 a.m.

Weymouth High School  
Football Field, 1 Wildcat Way

**Registration Fee: \$25** (Includes T-shirt)  
Mouthguard Required (Will be available for purchase)

**REGISTRATION DEADLINE: MARCH 31, 2013**

Register individually  
and you will be placed on a team  
-or-  
Preferably Organize  
a Group of 5 or Team of 10\*  
*\*in Same Division*  
and email us the team members  
and coach if you have one  
[flagfootballtournament@yahoo.com](mailto:flagfootballtournament@yahoo.com)

DIV 1- 9<sup>th</sup> thru 12<sup>th</sup> grade | DIV 2- 7<sup>th</sup> & 8<sup>th</sup> grade | DIV 3- 5<sup>th</sup> & 6<sup>th</sup> grade | DIV 4- 3<sup>rd</sup> & 4<sup>th</sup> grade | DIV 5- 1<sup>st</sup> & 2<sup>nd</sup> grade | DIV 6- Pre-K & K

Organized by Matt's 2012 Flag Football Team, the Division 3 Vikings



### Registration and Consent Form

Cut here

Please Print Clearly and Register Each Player Separately. This form is required to participate.

Player First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Phone Number: Cell \_\_\_\_\_ Home \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Grade: \_\_\_\_\_ -OR- PARENT/COACHES GAME:  check here Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Health Conditions: \_\_\_\_\_

T-Shirt Size: -Circle One- Youth S M L Adult S M L XL 2XL

I want and/or my son/daughter has my permission to participate in the Flag Football Tournament Fundraiser to benefit the Matthew Freitas Benefit Fund. I assume full responsibility in case of accident or injury. I hereby grant consent to any/all health care providers designated by Fundraiser Staff, to provide me or my child any necessary emergency medical care as a result of any illness/injury.

I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Matthew Freitas Benefit Fund Staff, and any and all associated with this event including but not limited to the Town of Weymouth, Weymouth Public Schools, sponsors, coordinating groups, individuals and volunteers, and will hold them harmless for any and all injuries both physical and financial suffered in connection with this event. I attest and certify that I am and/or my child is physically fit to participate in this event. Further, I hereby grant full permission to any and all of the foregoing to use my and/or my child's likeness in all media including photographs, or any other record of this event for any legitimate purpose.



Please visit our website at [ssymca.org](http://ssymca.org) to learn more about additional SOUTH SHORE YMCA educational programs including:

- Early Learning Center— Hanover
- Learning Center— Quincy
- Nature Center Preschool— Norwell
- SACC—Quincy

Jamie Farrell  
School Age Child Care Director  
781-829-8585 X 262  
Fax 781-829-8831

[jfarrell@ssymca.org](mailto:jfarrell@ssymca.org)



EMILSON YMCA  
75 Mill Street, Hanover, MA 02339  
781-829- 8585  
[ssymca.org](http://ssymca.org)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SOUTH SHORE YMCA SCHOOL-AGE CHILD CARE



EMILSON YMCA  
[ssymca.org](http://ssymca.org)

### School Age Child Care— Scituate & Norwell

The South Shore YMCA offers a quality School Age Child Care Program (SACC) that takes place in a safe, supportive environment that fosters the physical, cognitive, social, and emotional growth of each child. We strive to support the family unit and provide developmentally appropriate enrichment programs that encourage not just learning, but also the love of learning.

- Open Monday through Friday—Before School & After School options
- Grades K-6
- Early Release from school dismissal until 6pm
- 2 day minimum
- Explore materials and equipment
- Engage in daily physical activities
- Enhance social skills through positive interactions with peers and YMCA staff
- Healthy daily snacks

We believe in positive methods of child guidance/discipline. Our staff establishes age-appropriate, reasonable yet consistent limits to help children function in their world. We strive to strengthen each child's own cultural identity while reinforcing respect and celebrating differences through play and positive interactions.



#### Site Locations:

Cushing Elementary  
1 Aberdeen Drive  
Scituate, MA 02066

Hatherly Elementary  
72 Ann Vinal Road  
Scituate, MA 02066

Jenkins Elementary  
54 Vinal Avenue  
Scituate, MA 02066

Wampatuck Elementary  
266 Tilden Road  
Scituate, MA 02066

Cole Elementary  
81 High Street  
Norwell, MA 02061

South Shore Charter Public School  
100 Longwater Circle  
Norwell, MA 02061

Vinal Elementary  
102 Old Oaken Bucket Road  
Norwell, MA 02061

### General Information

#### Family Events:

- Family Night
- Board Game Night
- Pajamas & Movie Night
- 'A Healthier You' Family



#### School Vacation Programs/Holidays EMILSON YMCA Hanover

Registration packets are available approximately one month prior to vacation starting and can be found at your child's program site or on our website [www.ssymca.org](http://www.ssymca.org) under the Youth Development tab.

- Program requires a separate registration packet and fee
- Vacation week program operates Monday - Friday from 8:00am-6:00pm at the Emilson Branch
- Activities include arts & crafts projects and recreational games
- Theme based activities and events
- Daily swim

Financial Assistance is available and applications are available on site and on line at: [ssymca.org](http://ssymca.org)

Financial assistance is available thanks to the charitable donations made possible through the South Shore YMCA's Annual Support Campaign. Monies secured enable that all are welcome to participate. Applications are available at the Emilson Branch and online at [ssymca.org](http://ssymca.org). Consider donating your time, talent and treasure !

To contact Jamie Farrell, you may email at:  
[jfarrell@ssymca.org](mailto:jfarrell@ssymca.org)  
Phone: 781-829-8585 X 262

# Breakfast Order Form

## Breakfast for the Month of April, 2013

Due to the office by 3:00 pm, \***Tuesday**, March 26, 2013

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day breakfast will be ordered.*

Week of 4/1 – 4/5     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 4/8 – 4/12     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 4/15 – 4/19     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 4/22 – 4/26     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 4/29 – 5/3     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Breakfasts ordered \_\_\_\_\_ X    \$1.50

*Less credit due*

**Total Amount Enclosed**

\_\_\_\_\_

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of April, 2013

Due to the office by 3:00 pm, \***Tuesday**, March 26, 2013

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day lunch will be ordered.

Week of 4/1 – 4/5     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 4/8 – 4/12     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 4/15 – 4/19     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 4/22 – 4/26     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 4/29 – 5/3     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Lunches ordered \_\_\_\_\_ X \$3.00

*Less credit due*

**Total Amount Enclosed**

\_\_\_\_\_ \$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.





**SOUTH SHORE CHARTER SCHOOL**

*April, 2013*

*Catered by Essence of Thyme*

**BREAKFAST**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1 3.6 oz. WW Apple Muffin Orange Juice Milk	2 Raisin Bran Apple Cinnamon Waffles Orange Juice Milk	3 Corn Flakes Graham Crackers Orange Juice Milk	4 3.6 oz. WW Apple Muffin Orange Juice Milk	5 Honey Wheat Bagel w/Jelly Fruit Cocktail Milk
8 Rice Krispies Graham Crackers Orange Juice Milk	9 Toasty O's Apple Cinnamon Waffles Orange Juice Milk	10 3.6 oz. WW Apple Muffin Orange Juice Milk	11 Honey Wheat Bagel w/Jelly Fruit Cocktail Milk	12 WG Cinnamon Roll Apple cinnamon Waffles Orange Juice Milk
15 	16 <b>V A C</b>	17 <b>A T I</b>	18 <b>O N</b>	19 
22 Corn Flakes Graham Crackers Orange Juice Milk	23 Yogurt Lemon Dinosaur Grahams Orange Juice Milk	24 3.6 oz. WW Banana Muffin Orange Juice Milk	25 WG Cinnamon Roll Apple cinnamon Waffles Orange Juice Milk	26 3.6 oz. WW Blueberry Muffin Orange Juice Milk
29 Raisin Bran Apple Cinnamon Waffles Orange Juice Milk	30 Corn Flakes Graham Crackers Orange Juice Milk	May 1 3.6 oz. WW Apple Muffin Orange Juice Milk	2 3.6 oz. WW Chocolate Chip Muffin Orange Juice Milk	3 Toasty O's Apple Cinnamon Waffles Orange Juice Milk

\* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**





**SOUTH SHORE CHARTER SCHOOL K-8**

*April, 2013*

*Catered by Essence of Thyme*

**Lunch**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1 Chicken Tenders Potato Puffs Fruit Cocktail Whole Wheat Roll Milk	2 Meatballs on a WW Sub Sweet Potato Banana Milk	3 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	4 Early Release  NO LUNCH	5 Low-Fat Cheese Pizza w/Veggies Italian Magic Beans Apple Milk
8 Ziti & Meatballs Corn Grapes Milk	9 Macaroni & Cheese Broccoli Peaches Milk	10 Jamaican Beef Patty Southwestern Beans Green Beans Tangerine Milk	11 Hamburger on a WW Bun Sweet Potato Fries w/Ketchup Baked Sliced Apples Milk	12 Chicken WW Quesadilla Green Beans Banana Milk
15 	16 <b>V A C</b>	17 <b>A T I</b>	18 <b>O N</b>	19 
22 Mexican Chicken WW Wrap Potato Puffs w/Ketchup Apple Milk	23 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Tangerine Milk	24 Buffalo Chicken WW Wrap Chickpea Salad Peaches Milk	25 American Chop Suey Broccoli Orange Honey Wheat Dinner Roll Milk	26 Sweet & Sour Chicken Brown Rice Chinese Style Vegetables Grapes Milk
29 Cheesy Chicken Broccoli Bake Corn Grapes Milk	30 Pancakes Sausage Pattie Sweet Potato Baked Apple Slices Milk	May 1 Chicken Parmesan w/Ziti Green Beans Banana Milk	2 Buffalo Chicken on WW Wrap Chickpea Salad Peaches Milk	3 Early Release  NO LUNCH

\* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**





**SOUTH SHORE CHARTER SCHOOL 9-12**

*April, 2013*

*Catered by Essence of Thyme*

**Lunch**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1 Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Honey Wheat Dinner Roll Milk	2 Meatballs on a WW Sub Sweet Potato Banana Apple Juice Milk	3 Chicken Alfredo w/Ziti Broccoli Honey Wheat Dinner Roll Applesauce Milk	4 Early Release  NO LUNCH	5 Low-Fat Cheese Pizza Italian Magic Beans Fruit Cocktail Apple Milk
8 Ziti & Meatballs Corn Grapes Milk	9 Macaroni & Cheese Broccoli Peaches Whole Wheat Roll Milk	10 Jamaican Beef Patty Southwestern Beans Green Beans Tangerine Apple Juice and Milk	11 Hamburger on a WW Bun Sweet Potato Fries w/Ketchup Baked Sliced Apples Apple Juice Milk	12 Chicken on a WW Quesadilla Green Beans Spanish Rice Banana and Apple Milk
15 	16 <b>V A C</b>	17 <b>A T I</b>	18 <b>O N</b>	19 
22 Mexican Chicken WW Wrap Potato Puffs w/Ketchup Apple Raisins Milk	23 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Tangerine Pineapple Chunks Milk	24 Buffalo Chicken WW Wrap Chickpea Salad Peaches Orange Juice Milk	25 American Chop Suey Green Beans Orange Raisins Milk	26 Sweet & Sour Chicken Brown Rice Chinese Style Vegetables Grapes Milk
29 Cheesy Chicken Broccoli Bake Corn Grapes Milk	30 Pancakes w/Syrup Sausage Pattie Sweet Potato Baked Sliced Apples Milk	May 1 Chicken Parmesan w/Ziti Broccoli Banana Orange Juice Milk	2 Buffalo Chicken on WW Wrap Chickpea Salad Peaches Raisins Milk	3 Early Release  NO LUNCH

\* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**