



FROM THE EXECUTIVE DIRECTOR

Last Friday evening our school community celebrated all it is that makes us the South Shore Charter Public School. We celebrated eighteen years of academic achievement and community dedication. We celebrated our growth and achievements. And we celebrated the talent and efforts of our school community that brought us to where we are today. It was a formidable effort of students, parents and faculty all working together to support the school we love. .

Evenings such as these do not just happen. They are the result of careful planning and strategic attention to detail. They are the result of a brilliant committee. Thank you to our amazing auction committee:

Leslie Alden Maureen Hebert Mickey Ciambriello Caitriona Hollowed Patty Downey Priscilla Kelly Christina Harvey Ken Lee Mark Harvey Jessica Lussier

Iris Mahegan Justina Pettinelli Elizabeth van de Veen

Paquette

In addition to the auction committee, there were many people behind the scenes who gave of their time and effort as a volunteer. Thank you to all of our hard working parent volunteers:

Lisa Aiello	Kerry Griffin	Mitra Nathasingh
Leigh Baltzer	Lisa Harvey-Mone	Dawn Nevarez
Kim Beshere	Aisling Hickey	Deb and Kevin Paque
Julie Burke	Brian Kelly	Peggy Pucillo
Dannette Carter	Kristine LaRue	Jessica Roman
Mary Lynn Chu	Candy and David Lee	Theona Royer
Sarah Collins	Travis Lee	Kristina Russo
Laurie Dannison	Alan Lussier	Cheryl Sprague
Heather Dans	Laura Mahn	Kim Sullivan
Beth and Tom Farmer	Kathy McDonald	Julianne Tilden
Joelle Fontaine	Kevin and Cheri McGuiness	Colleen Whittemore
Melissa Freitas	Yeemay Miller	
Gema Gray	Lizanne Moffat	

This year we had many items up for auction, but what always stands out the strongest is the artwork that is donated from our students, our faculty, and our community. Our event program is designed by students in the Graphic Art Workshop; another example of students and faculty donating effort and talent to benefit our school. This year menu items were generously donated by Tosca, located in Hingham, Margarita's, located in Weymouth, and Mr. Dooley's, located in Cohasset. The desserts, all donated by Mark and Kristina's students at Johnson and Wales, were once again amazing. It truly was a Taste of the South Shore. Thank you.

Thank you to our Development team, Denise Demaggio and Joanna McCarthy. Every day they go the extra mile, but on no day more so than the day of the auction. Our school is greatly indebted to the fabulous auctioneer and SSCPS parent Charles Dannison. And of course, Ted who stands on his head.

Thank you for such a terrific showing and a fabulous evening

Wednesday	04/10	3 rd Quarter Ends	
Thursday	04/11	Charter School Day at the State House	
Thursday	04/11	Senior Final Exams	
Friday	04/12	Golf Tournament Committee	9:30am
Friday	04/12	Senior Final Exams	
Mon-Fri	04/15-0419	Spring Vacation	
Sunday	04/21	Gardening with the Level IV Helping Hands Project	2:00-5:00pm
Monday	04/22	Classes Resume	
Monday	04/22	Senior Projects begin	
Tuesday	04/23	Level I Parent Coffee	8:30am

PRINCIPAL'S REPORT

As we see the natural signs of spring all around us in the longer days and blooming flowers we are also seeing the arrival of spring in the life of our school. The English Language Arts MCAS is out of the building, the third quarter has come to an end, and our Seniors are participating in Senior Debates and taking their finals as they prepare to start their internships following the vacation. In all of this our twelfth graders are also grappling with decisions about which college they will attend in the fall.

April can be a difficult month for high school Seniors as they celebrate their college acceptances, but lament their rejections. This college admissions season saw yet another dramatic increase in applications for seats at competitive schools. The result is that many outstanding, deserving students across the country have found themselves facing rejection from schools they have long dreamed about. The numbers are staggering. At Tufts University applications were up by 11% this year, New York University saw a rise of 17%, and the University of Chicago's applications went up 20%. This trend is not just happening at private universities; public schools are also breaking application records as the exponentially rising cost of college encourages more students to consider state options.

It is important to keep in mind the key role that marketing plays in these figures. Lower acceptance rates at colleges drive higher selectivity ratings, an important component of the college rankings that appear in publications like *US News & World Report*. Colleges and universities throughout the country are working to gather an ever-growing pool of applicants both to increase their rankings and attract a stronger, more diverse student body. The availability of data about students through channels such as registrations for PSATs and SATs provides colleges with information about high school students that allows them to appeal to the students directly at school and tell them about their programs. Trends such as moving to the Common Application and providing free applications to students make it easier and more attractive for students to apply. High school students should expect to receive a large volume of personalized emails, letters, and brochures in the mail as they are courted by schools. The result is that students are applying to more schools than ever before with application counts higher than a dozen no longer standing out as unusual.

Trends in college marketing and current statistics do not mean that students shouldn't apply to the schools that they are dreaming of. What it means is that students need to be informed about their choices and make decisions after visiting campuses, exploring online, and asking pointed questions. Students need to keep in mind that business concerns drive the college process and that schools are benefiting from attracting students to apply, even though they will eventually reject many of them. They need to make sure that their list of applications is realistic, and represents a good use of their time and effort. Our Seniors are currently finishing up this research as they prepare to send their initial deposits to the schools that they ultimately choose. For Juniors the April vacation presents an excellent opportunity for college tours while students are still on college campuses, providing a more realistic picture of life at the school. Mary Carter and I are currently meeting with Juniors and their families to help them get on track with this process. We will resume Junior Parent Meetings following the vacation. Please contact me or Mary to schedule an appointment.

One more sign of spring is the busy planning for next school year. As in previous years we will be holding Parent Coffees to provide updates for each Level and answer the questions of parents who will be new to the Level. The appropriate principal and Level Coordinator will be in attendance. Each Parent Coffee will be held in the Music Room from 8:30-9:30. Please plan on attending the Parent Coffee for the Level your child will be on next year. We look forward to meeting with you. Do not hesitate to contact me with any questions or concerns. As in previous years we will be holding parent coffee for the Level your child will be on next year. We look forward to meeting with you. Do not hesitate to contact me with any questions or concerns. Angie Pepin appein@sscps.org 781-982-4202 x102

Parent Coffee Schedule - each meeting begins at 8:30am

Level I	Tuesday, April 23
Level II	Tuesday, April 30
High School	Wednesday, May 1
Level IV	Wednesday, May 15
Level III	Tuesday, May 21

FACILITIES REPORT

In this day and age it has become apparent that we as a society are often distracted without ever even realizing it. It could be our attention to a smartphone, tablet or other electronic devices. Sometimes it could be when we get lost in a good book or the simplest things like a crossword puzzle. Research says it's a way for us to escape our own reality. On a case by case basis this could be considered good or not so good.

As I stand outside the entrance to our school during dismissal for the purpose of alleviating some of the gridlock and congestion, I've had the chance to observe a few things. On one particular day we had 96 vehicles come onto the school's property in the pickup line, 42 of the drivers did not give their undivided attention to the road and their surroundings.

The P.A asked the administration a while back if they were to fund a few signs that say "**NO Cell Phone Use During Pickup and Drop Off**" would they support it? (You want to talk about a hot topic at P.A meetings, just attend and bring up dismissal! In fact it is so hot that it's not even allowed!) To answer the question, the signs were purchased and not only has it been a long standing policy instituted our first year in Norwell but it's now posted.

Just to be clear, this isn't just about cell phones or smart tablets. This is about the most precious cargo in the world... Every single one of them owns the rights to a safe environment and we all have a part in fulfilling our obligation by implementing these safety measures daily.

Here is a list of things I've seen during the dismissal line that concern me... Talking on the phone in line, putting your phone on speaker and placing it on your lap in hopes that I don't see it in line, using an Ipad in line, reading a book while driving in line, doing a crossword puzzle in line, having the newspaper spread out across the dashboard in line, eating a whole chicken dinner driving towards me while trying to avoid your elbow from hitting the mashed "potatahs" in line, thinking that its okay once you've picked up your children to then get on the phone before exiting the property.

We all know the pickup line is long. The thing that I'm asking is that once 3 o'clock hits, please put down your smart devices, books, crossword puzzles, magazines and chicken dinners and give your full attention to your part in our children's rights to a safe environment.

Any questions or concerns please don't hesitate to contact me at ext 105 or mflanagan@sscps.org.

Mark Flanagan - Facilities Manager

2013 YEARBOOK

2013 Yearbook The 2013 yearbook is now in progress and all the memories of the 2012-2013 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time — buy them a yearbook! Just download the attached form and bring to the school or mail it in, it's that simple!

You can also order online at : www.jostensyearbooks.com

Attention Proud Parents: You can sponsor a page for your senior in this year's book. We will also include advertisements from local businesses. Pricing for pages and ads are as follows: 1/8 of a page\$ 25, ¹/₄ page \$50, ¹/₂ page \$85, Full page \$150. Contact: cbodnar@sscps.org

WHAT'S HAPPENING IN WORKSHOPS AND PROJECTS?

Level IV Helping Hands Project - On Sunday April 25th from 2:00pm - 5:00pm the Students from Helping Hands Project will be working with volunteers to rebuild the garden beds. This project is funded by a Garden Grant from the Whole Foods Foundation. Come help us get ready for spring.

The Great Outdoors - Waste Watchers and the Cyber Citizens have teamed up this year, a Charter School first to have two levels work together during project time. The students have come up with the idea for an outdoor classroom. This week they scouted the grounds to find a location that would be environmentally friendly and conducive with the needs of our school. All of the students were given a piece of recycled paper and made a rough sketch of what they wanted to see in their classroom. This is a great opportunity for our school to pursue seeing how we are always looking for additional spaces for teachers and students during project time. Looking at the drawings submitted from our students they have big plans for this new learning environment. Stay tuned for details. We look forward to working with any other project or level on this great addition to our school!

The High School Aquatics Workshop would like to thank everyone for participating in our latest Betta fish fundraiser. Thank you for your raffle and aquarium purchases. Congratulations to high school and Level IV math teacher Jody Regan on her new desktop Betta aquarium. The workshop was able to fundraise over \$400 dollars in funds for an aquarium for the front lobby of the school. The students of the workshop sold Betta aquariums of varying price, as well as raffle tickets for the aquarium pictured below. The workshop will be purchasing aquarium next fall. If there is any interest in helping with future fundraisers or making a monetary or supply donation please contact the Aquatics Workshop via teacher Jamie Allen at jallen@sscps.org or 781-982-4202 x350.



DEVELOPMENT OFFICE

SSCPS SPIRIT WEAR SALES EXTENDED: All orders are due on Thursday, April 11th. Order forms attached and available at the front desk. All Spirit Wear is displayed in the front lobby. Just look up!

PHYSICAL EDUCATION UPDATE

Reminder: All Jump Rope/Hoops for Heart Forms are due by this Friday, April 12th

SSCPS is proud to partner with the American Heart Association to help kids with special hearts! Mark your calendars NOW for our upcoming Jump Rope For Heart and Hoops For Heart event taking place in PE classes the week of:

April 8-12



Levels I-II Visit www.heart.org/jump, Levels III Visit www.heart.org/hoops and click on 'Students Sign Up' to get started today. The American Heart Association's Mission: To build healthier lives, free of cardiovascular diseases and stroke.

PARENTS ASSOCIATION

It is that time of year....

The SSCPS Parents Association will hold elections for the 2013-2014 school year with new officials taking office in June. If you are interested in shaping the future of your child's school, getting involved in projects and events throughout the school, helping to engage other parents... PLEASE run for a position!

We need **YOU** in order to run an effective, fun, informative and engaged organization!

GET INVOLVED!

Nominations are due April 15th. Here is the link for the nomination form (job descriptions are first, followed by a few questions on the second page)... <u>SSCPS PA nomination form</u>

COMMUNITY SERVICE UPDATE

Community Service is always encouraging families to let us know what their students are doing for community service and also other events that are going on in their communities. Recently families have been contacting us giving us additional information on upcoming events which are listed below. Please Email Beth Toma at <u>JToma85103@aol.com</u> for any other events that are coming up in the near future.

Name of Organization	Dates	Website
Marathon Strides against Multiple	April 20 th	MS.org
Sclerosis	Hopkinton to Boston	
Arthritis Walk	May 5 th	Arthritis.org
	Natick and Plymouth	
Walk for Hunger	Sunday	Projectbread.org
	May 5-Boston Common	
Avon Walk for Breast Cancer	May 18-19 th	Avonwalk.org
	Boston	
Cross Roads for Kids	Sunday, May 5 in Hingham	Staceyannleroyfoundation.org
(camp clean up)		
13 th Annual New England Chapter	May 18 th – DCR Wompatuck State	Fsma.org
Cure Spinal Muscular Atrophy Rock	Park – Hingham – 10 am	
& Roll		
Brain Tumor Ride	May 18 th	Braintumor.org
Brain Tumor Society	Waltham	
Boston Takes Steps for	June 1, 2013	online.ccfa.org
Crohns & Colitis Disease	Boston Common, Boston	
PAN Challenge for Kids	June 9, 2013	www.kids.pmc.org/hingham.aspx
	Hingham Wompatuck State Park	
Bike Rides for Multiple Sclerosis	June 29 th - Boston	Nationalmssociety.org
_	May 4 th - Martha's Vineyard	
PAN Challenge for Adults	August 3 & 4	http://www.pmc.org/ride/routes

Please check the web sites for further information on these upcoming events.

Stacey Ann Leroy Foundation

The Stacey Ann Leroy Foundation is looking for 10-15 volunteers to participate in a Community Service Event on **Sunday May 5th at Crossroads for Kids camp in Hingham**. They will be cleaning and readying the camp for Spring sessions. Please contact Heidi Alyward: <u>Summer Skies@msn.com</u> or Patty O'Brien 508-472-7613 if you are interested in volunteering for this event. (<u>http://www.staceyannleroyfoundation.org/</u>).

<u>Walk for Hunger Pre-Walk Events</u> Walk for Hunger has the following events to help or this walk : Events March 21 Kick Off Breakfast, March 21 Team Building Workshop, April 21 Snack Bag Packing Event (must be 14 yrs old to participate in this event). Check Project Bread web site at <u>walk@projectbread.org</u> <u>Blanket & Towel Drive for "The Service Dog Project"</u> Madison McGuiness and Amelia Dalton are running a Blanket & Towel Drive for "The Service Dog Project". It is a farm in Ipswich, MA where they train Great Danes to be Service Dogs <u>http://www.servicedogproject.org/</u> We visited the farm a few weeks ago and it is a wonderful organization that could use our help. There is a box in the school lobby to collect blankets, towels and sheets you no longer need. You can check out the farm at the following website: <u>http://explore.org/#!/live-cams/player/great-dane-service-puppies-indoor-puppy-room</u>.

COMMUNITY INTEREST

Mark your calendars for our very popular **Raising Backyard Chickens** workshop on Saturday April 13 from 10 am to 12. Visit the coops, see the chickens and learn how to care for your own backyard flock of chickens. This program will be repeated on Saturday May 11 from 10 am to noon. Cost is \$12 for *Friends of Holly Hill Farm* members, \$15 for non-members. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For directions and more information, visit www.hollyhillfarm.org.

Looking for something fun for your children to do over April Vacation? Come to Holly Hill Farm and learn about plants, seeds, & soil. We'll read stories, take walks and make compost. There is much to accomplish for three lovely spring mornings during the April vacation. Each day will focus on a different theme and exploration, working as a group to grow and enjoy healthy produce. Cost: \$90 Members/ \$140 Non-members (includes annual membership). Space is limited so please pre-register. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For directions and more information, visit www.hollyhillfarm.org.

Earth Day Celebration at Holly Hill Farm, Saturday April 20 from 10 am to 4 pm. The farm stand will be open with produce, early spring plant starts, seeds, organic soil amendments, compost and other supplies for sale. Fun free activities all day including crafts made from recycled materials, home composting and seed sowing workshops, and a cooking demonstration. Sign up for summer camps too! Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For directions and more information, visit www.hollyhillfarm.org.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>



Spring must almost be here because it time to get ready for ...

The 11th Annual BIG HAIRCUT is on June 3, 2013

To benefit Locks for Love <u>http://www.locksoflove.org</u> which is an organization that makes wigs for children, who lose hair due to disease. Minimum hair needed for BIG HAIR CUT - 12 inches.

All are welcome!

All you need for the event: is a pair of scissors, a permission slip if under 18, and a Cutter (someone you want to give the honor of cutting your hair during the event). Participants receive credit for half their Community Service requirements.

Volunteers of all sorts wanted: hairdressers, setup and tear down, artists, hairbraiders, promoters, musicians. Cancer survivors who would like to speak... you name it! Be there for the big countdown, a SSCPS tradition, and a great time!

Questions ? see Claudia: ext 334, Rm 10 in the high school, cdarrow@sscps.org





It's That Time ...

Dear Parent:

The 2013 yearbook is now in progress and all the memories of the 2012-2013 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time — buy them a yearbook!

So please fill out the order form below, calculate and attach your payment, and bring or mail to the main office today!

Student name

Home Phone (in case there are any questions on order)

Homeroom	Grade
----------	-------

Order Options : Check the box next to the option of your choice and mail payment with

completed form to the address listed below. Books will be distributed in June.

2013 Hardcover Yearbook - 25.00

2013 Softcover Yearbook - 20.00 (limited quantity)

Total Amount Enclosed (cash or check): ____

Please make checks payable to: South Shore Charter Public School

Send completed form and payment to: SSCPS 2013 Yearbook South Shore Charter Public School 100 Longwater Circle Norwell, MA, 02061

SPIRIT WEAR ORDER FORM Show your Jaguar spirit by purchasing Spirit Wear All proceeds raised from the SSCPS Spirit Wear will support SSCPS Athletics



All apparel is gray with blue logo, with exception of back pack (blue w/white logo)

RETURN ORDER FORM TO THE FRONT DESK: ATTN: DEVELOPMENT OFFICE ORDERS MUST BE RECEIVED NO LATER THAN

Extended: Thursday, April 11, 2013

PRODUCT	SIZE	Qty	PRICE	TOTAL
	CircleOne			
Kids T-Shirts	XS-S-M-L-XL		\$10.00	
Kids Hoodies	XS-S-M-L-XL		\$20.00	
Kids Long Sleeve	XS-S-M-L-XL		\$12.00	
Adult T-Shirts	XS-S-M-L-XL-2XL-		\$10.00	
*2XL,3XL add additional	3XL		*2XL,3XL add	
\$2.00			additional \$2.00	
*4XL, 5XL, add additional			*4XL, 5XL, add	
\$3.00			additional \$3.00	
Adult Hoodies	XS-S-M-L-XL-2XL-		\$25.00	
*2XL,3XL add additional	3XL		*2XL,3XL add	
\$5.00			additional \$5.00	
Adult Long Sleeve	XS-S-M-L-XL-2XL-		\$15.00	
*2XL,3XL add additional	3XL		*2XL,3XL add	
\$2.00			additional \$2.00	
Kids Sweatpants	XS-S-M-L-XL (Girl		\$20.00	
·	or Boy)			
Adult Sweatpants	S-M-L-XL -2XL		\$20.00	
			*2XL add additional	
			\$3.00	
Back Sacks			\$10.00	
	Total QTY=		Total=	
C			e checks payable to SSCEF	
	Money is due	e at time	of order is placed.	

Student Name:_____

Contact Name:_____

Phone Number:______

Breakfast Order Form Breakfast for the Month of April, 2013

Due to the office by 3:00 pm, *Tuesday, April 23, 2013

Student Name				
Pod Teacher/Advisor	Grade			
Please <u>CHECK</u> off the day breakfast will be ordered.				
Week of [] Monday [] Tuesday [] 4/29 – 5/3	Wednesday [] Thursday [] Friday			
Number of Breakfasts ordered	X \$1.50			
Less credit due Total Amount Enclosed Cash or Checks may be made out to SSCPS.	\$			

Lunch Order Form

Week of 4/29 – 5/3	[] Monday	[] Tuesday	[] Wednesday	[]	Thursday	[X] Friday
					**	
Number of	Lunches ordered			Х	\$3.00	
Less credit a	due					_
Tot	al Amount En	closed			\$	_
Cash or Che	ecks may be made	out to SSCPS.				

Breakfast Order Form Breakfast for the Month of May, 2013 Due to the office by 3:00 pm, *Tuesday, April 30, 2013

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please <u>CHECK</u> off the day breakfast will be ordered.

Week of 5/6 – 5/10	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/13 – 5/17	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/20 – 5/24	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/27 – 5/31	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday

Number of Breakfasts ordered	 Х	\$1.50
Less credit due Total Amount Enclosed	\$	
Cash or Checks may be made out to SSCPS.	Ψ	

Lunch Order Form Lunch for the Month of May, 2013 Due to the office by 3:00 pm, *Tuesday, April 30, 2013

Student Name

Pod Teacher/Advisor _____ Grade _____

Please <u>CHECK</u> off the day lunch will be ordered.

Week of 5/6 – 5/10	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/13 – 5/17	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/20 – 5/24	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/27 – 5/31	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday

Number of Lunches ordered		Х	\$3.00	
Less credit due				
Total Amount Enclosed			\$	

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL

MAY, 2013

Catered by Essence of Thyme

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	7	0		10
6 3.6 oz. WW Apple Muffin	7 Raisin Bran	8 Corn Flakes	9 3.6 oz. WW Apple Muffin	10 Honey Wheat Bagel
Orange Juice Milk	Apple Cinnamon Waffles Orange Juice Milk	Graham Crackers Orange Juice Milk	Orange Juice Milk	w/Jelly Fruit Cocktail Milk
13 Corn Flakes Graham Crackers Orange Juice Milk	14 Yogurt Lemon Dinosaur Grahams Orange Juice Milk	15 3.6 oz. WW Banana Muffin Orange Juice Milk	16 WG Cinnamon Roll Apple Cinnamon Waffles Orange Juice Milk	17 3.6 oz. WW Blueberry Muffin Orange Juice Milk
20	21	22	23	24
Raisin Bran Apple Cinnamon Waffles Orange Juice Milk	Corn Flakes Graham Crackers Orange Juice Milk	Honey Wheat Bagel w/Jelly Fruit Cocktail Milk	Rice Krispies Graham Crackers Orange Juice Milk	Toasty O's Apple Cinnamon Waffles Orange Juice Milk
27 MEMORIAL DAY	28 WG Cinnamon Roll Apple Cinnamon Waffles Orange Juice Milk	29 3.6 oz. WW Apple Muffin Orange Juice Milk	30 3.6 oz. WW Blueberry Muffin Orange Juice Milk	31 3.6 oz. WW Chocolate Chip Muffin Orange Juice Milk

* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!



SOUTH SHORE CHARTER SCHOOL K-8

MAY, 2013

Catered by Essence of Thyme

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
6 Chicken Tenders Potato Puffs Fruit Cocktail	7 Meatballs on a WW Sub Sweet Potato Banana	8 Chicken Alfredo w/Ziti Broccoli Applesauce	9 Chicken Caesar Salad WW Wrap Cucumber Pears	10 Low-Fat Cheese Pizza w/Veggies Italian Magic Beans Apple
Whole Wheat Roll Milk	Milk	Milk	Milk	Milk
13 Ziti & Meatballs Corn Grapes Milk	14 Macaroni & Cheese Broccoli Peaches Milk	15 Jamaican Beef Patty Southwestern Beans Corn Tangerine Milk	16 Hamburger on a WW Bun Sweet Potato Fries w/Ketchup Baked Sliced Apples Milk	17 Chicken WW Quesadilla Green Beans Banana Milk
20 Mexican Chicken WW Wrap Potato Puffs w/Ketchup Apple Milk	21 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Tangerine Milk	22 Buffalo Chicken on WW Wrap Chickpea Salad Peaches Milk	23 American Chop Suey Broccoli Orange Honey Wheat Dinner Roll Milk	24 Sweet & Sour Chicken Brown Rice Chinese Style Vegetables Grapes Milk
27 MEMORIAL DAY	28 Cheesy Chicken Broccoli Bake Corn Apple Milk	29 Pancakes Sausage Pattie Sweet Potato Baked Apple Slices Milk	30 Turkey Ranch Wrap Cucumber Fruit Cocktail Milk	31 Beef Hot Dog on WW Roll Potato Puffs w/Ketchup Banana Milk

* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!



SOUTH SHORE CHARTER SCHOOL 9-12 MAY, 2013 Catered by Essence of Thyme

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Chicken Tenders	/ Meatballs on a WW Sub	o Chicken Alfredo w/Ziti	Chicken Caesar Salad WW Wrap	Cheese Pizza w/Veggies
Potato Puffs w/Ketchup	Sweet Potato	Broccoli	Cucumber	Italian Beans
Fruit Cocktail	Banana	Honey Wheat Dinner Roll	Pears	Pineapple
Honey Wheat Dinner Roll	Apple Juice	Applesauce	Orange Juice	Apple and Milk
Milk	Milk	Milk	Milk	11
13	14	15	16	17
Ziti & Meatballs	Macaroni & Cheese	Jamaican Beef Patty	Hamburger on a WW Bun	Chicken WW Quesadilla
Corn	Broccoli	Southwestern Beans	Sweet Potato Fries	Spanish Rice
Grapes	Peaches	Green Beans	w/Ketchup	Green Beans
Milk	Honey Wheat Dinner Roll	Orange	Baked Sliced Apples	Banana
	Milk	Apple Juice and Milk	Apple Juice and Milk	Peaches and Milk
20	21	22	23	24
Mexican Chicken WW Wrap	BBQ Chicken on WW Bun	Buffalo Chicken on WW Wrap	American Chop Suey	Sweet & Sour Chicken
Potato Puffs	Sweet Potato Fries	Chickpea Salad	Broccoli	Brown Rice
w/Ketchup	w/Ketchup	Peaches	Orange	Chinese Style Vegetables
Apple	Orange and Pineapple Chunks	Orange Juice	Honey Wheat Dinner Roll	Grapes
Orange Juice and Milk	Milk	Milk	Apple Juice and Milk	Milk
27	28	29	30	31
MEMORIAL	Cheesy Chicken Broccoli Bake	Pancakes	Turkey Ranch WW Wrap	Beef Hot Dog on WW Roll
	Corn	Sausage Pattie	Cucumber	Potato Puffs
DAY	Orange	Sweet Potato	Fruit Cocktail	w/Ketchup
	Peaches	Baked Apple Slices	Banana	Raisins
* All Maala include & ounce Mills	Milk	Milk	Milk	Orange Juice and Milk

* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

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