



Thursday	05/23	Level IV Boston Common	
Friday	05/24	Golf Tournament Meeting	8:30am
Monday	05/27	Memorial Day – No School	
Wednesday	05/29	Senior Class Dinner for Faculty and Parents	6:00pm
Thursday	05/30	Annual Spring Concert	6:00pm
Saturday	06/01	Graduation	11:00am

ANNOUNCEMENTS

2013 YEARBOOK

The 2013 yearbook is now in progress and all the memories of the 2012-2013 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time — buy them a yearbook! Just download the attached form and bring to the school or mail it in, it's that simple!

You can also order online at : www.jostensyearbooks.com

PRINCIPAL'S REPORT

Over the past six weeks we have had Parent Coffees for the four Levels and the High School. Several years ago, we designed the Coffees with families, the Principals, and the Level Coordinators, to be times when we would discuss the proposed changes for the following year and as a time when we could gather feedback about how the current year was going for families. We found that there were two important audiences for these meetings, families of students who in the following year would be new to the Level and families with students in the first year of the Level. In today's Update I will be giving a short summary of three of the Coffees for Levels I, II, and III. I want to thank Velma Begley, Krista Cafourek, Kristin Waldron, Joyce Dandrow, and Mac Haran for the work they have done with and for me this past year. I know that they have also done work with and for you, your students and their faculty, but this is an opportunity for me to publicly thank them for what they have done for me – it has been immense.

The Level Coordinators were great in the Coffees, as they are everyday. They know their colleagues, they know their students, they know their subjects and they know their Levels backwards and forwards. This year, as I told the Board of Trustees at the May meeting, we have made only minor changes for next year. I then said I hoped this was because we were getting close to getting it right and not that we were getting complacent. In the Coffees there was not much to describe in the way of change but there was great conversation and very useful ideas were generated which the Level Coordinators and I will be bringing to our colleagues.

Level I: There will be very little change on Level I next year and the big news is that Kassandra has had her babies and she is planning to be back next year. She will be working a four day week and I will be the teacher in the class on the fifth day and supported by Melissa Freitas who will be there every day. We will be adding some additional student teaching time with two very valuable and experienced teachers. Both Bev Bruce and Emily Lincoln will be working for an additional four hours a week with students on Level I. Bev will be teaching reading and Emily will do a variety of things to support student learning in ways that only a trained artist can. It is wonderful that we will be able to give our youngest students even more adult

help from two such talented people. Emily's time is purely additional while Bev's time will be replacing the time Donovan Fauvelle spent on Level I this year. We are reducing second grade math to two sections to match the number of sections in first and third grades. We will also be starting F.I.T. (Focused Instructional Time) with the first and second graders. Two years ago we introduced F.I.T. on Levels II and III and this year we brought F.I.T. to Kindergarten and grades 7 -12. Next year we will be bringing F.I.T. to Level I for several mornings a week. Velma and I explained at the Coffee that we do not yet know exactly how that will be worked into the schedule, but that it will allow us to give students more targeted instruction and will also be a great opportunity for parents to volunteer.

Level II: There are no plans for a change in staff or schedule on Level II so we did not have any changes to talk about. Below are excerpts from an e-mail I wrote to a Level II parent who was not able to attend, which describes the Coffee.

The meeting was attended by about 18 moms, they were all women except for me. We opened with the news that next year on Level II the schedule and staffing are expected to be just as they are this year. This does not happen often.

We went into an in-depth description of Project on Level II and the school as a whole. There was affirmation of Project as well as an explanation of the group or collective function of Project. That function is to give students a chance to work on something important as a group where they have some choice and control. It helps give them the chance to see the effect their work can have on the larger community. One parent came up to me and said the Kristin's explanation of Project was so good she wished we had videotaped it so all could see it.

We then went into a discussion of F.I.T. There were several moms who run F.I.T. groups and they expressed the satisfaction that comes from running a F.I.T. group. We seek even more volunteer leaders for next year and there was a comment that they could work outside of your own Level.

We talked about how over time the effectiveness of a team improves as the adults get to know each other better and can communicate more effectively and to prove it Krista always knew what I was going to say before I said it.

There was a discussion about how to make the teaching that goes on in science class as preparation for the Science Exhibition of Mastery more explicit to facilitate communication.

It was a very nice and encouraging meeting.

Level III: We began with a discussion about Mac Haran and why she needed to take a medical leave of absence for the remainder of the year. Everyone expressed how we all wished Mac well and are looking forward to her return. Mac's leave is an investment in our school's future as she is such a creative force and has done a great deal to help us improve.

Level III, like Level II, is making no change in schedule but there are some minor staffing changes. Donovan Fauvelle will be working exclusively on Level III. He will now be available to teach a F.I.T. His dedicated presence on Level III will simplify the math schedule. Donovan and Ben will teach all of the math classes and all of the students will have three small group math classes per week and two full size math classes a week. Bev Bruce will no longer be teaching reading but instead Claire Overlee, who is an Orton-Gillingham trained reading teacher, will ably take over that role during F.I.T. We talked about volunteers running F.I.T. groups and we even had a parent volunteer to run a series of outside-of-school socials.

We ended the meeting with a discussion about the transition from Level III to Level IV. There was good conversation about how it was a different experience for kids. We got good feedback and in fact I used that feedback yesterday when a teacher and I talked to a sixth grader who had not followed a rule about getting ready for Level IV. In school there is an important balance between thinking of the present schooling as preparation for future tasks and in learning for the present needs and joys. These Coffees give us

wonderful information that helps continue to refine our balance. Thanks to all of the parents who gave us such valuable information and support at the Coffees.

I hope that the lack of planned change is because we are getting closer to where we want to be, not because of complacency. I am counting on you to tell me if you believe this is so. *Ted Hirsch thirsch@sscps.org*

ATHLETICS

High School Track Performs Well in Their Second Meet

The SSCPS High School track team competed in their second meet of the season at Madison Park High School on May 15th. The Jaguar runners delivered another impressive performance. The boys and girls both finished second out of seven schools. Some of the top performers for the boys were: Chad Bruce finished 2nd in the 200, Jerome Sullivan finished third in the 200, Kaissac Griffin finished 1st in the 800, Paul Sullivan finished 3rd in the 1600 and 5th in the 800, Ian Wright finished 2nd in the 400. Tyler Johnston finished 3rd in the 400, David Benoit finished 4th in the 400, and the 4x100 relay team of Darius Anderson, Wright, Jerome Sullivan, and Chad Bruce finished 2nd. Other notable performers: Jacob Gray in the 200, Tyler Tsang in the 100, Jacob Gray in the 200, and Liam Hartz in the 800, whose time improved six seconds from the previous meet. The Girls team improved from their previous finish of third to finish second overall. The team was led by speedy freshman Melissa Theodore, who finished 1st in the 100 and 2nd in the 200. Other girls that placed were: Jessie Lutts finished 5th in the 100, Courtney Barry finished 3rd in the 800, Christine Nwafor finished 2nd in the 400, and the 4x100 relay team comprised of Theodore, Lutts, Nwafor, and Abby Cerilli finished third. Jessica Guerrier also contributed to the team effort by running a solid 100. Congratulations to all the runners and good luck to the Jaguars as they have their third meet on Wednesday, May 22nd, at Madison Park High School in Boston. All the individual times and results of the team can be found on the school website under athletics.

Middle School Track Update

The middle school track team has been very competitive in their league meets thus far. Having just learned the long jump last week, all of the SSCPS competitors made successful jumps during last Friday's meet. Top finishers included 6th grader Denesha LaFontant in 2nd and 7th grader Frankie Sullivan with a 1st place finish. Another strong event for SSCPS was the mile, where Kenny Dera finished 3rd for the boys and Portia Chambers and Alison Walsh took two of the top three places with a 2nd and 3rd place finish.

Come cheer on our runners at their next meet on Friday, May 24th at 5:30 at Madison Park HS, Roxbury.

WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

Field of Flags The Level IV S³ Project is planning to create a Field of Flags in front of the school to honor those who have served or are currently serving in the Armed Forces. The flags will be on display from Memorial Day to Flag Day. The flags cost \$5 per flag and the proceeds will benefit the Home Base Program (www.homebaseprogram.org). The program is dedicated to improving the lives for veterans who deployed in support of the conflicts in Iraq and Afghanistan and live with deployment or combat-related stress and/or traumatic brain injury. The flags can be ordered with the order form attached to this update or before school on May 1 to May 24 in the lobby.

Level IV Helping Hands continues to contribute to the school community. Recently, the Helping Hands Project has helped rebuild the garden beds located in the back of the school. The students took it upon themselves to design the new beds, order the materials, and assemble the beds with the help of a few volunteers and Ted. The students continue to finish the last few beds. The new beds are made from recycled boards that will last longer than the previous wood, as they do not rot. Among many other tasks completed, Helping Hands also has helped Ellen Dresser's sailing project by designing and constructing knot tying boards. The students can use these boards to help practice their knots which would be appropriate for tying off a sea vessel. In the near future, the Helping Hands will be traveling to a school's family residence to cash in their coupon which was sold at the annual auction for three hours of physical labor. Please let us know, if there are any small tasks that can be completed with hand on projects within the school community. Contact project leader Joe Kay jkay@sscps.org.

PARENTS ASSOCIATION

We have certified election results...Thanks to the Ad Hoc Election Oversight Committee; Justina Pettinelli and Gema Gray for opening the "envelopes" with me!

And thanks to all of you who ran for a position and are always there to volunteer for our school! Know that you are truly appreciated!

Our next PA meeting will be held on Tuesday June 4 630 social 700-900 meeting. It is the last meeting of the year. It is also volunteer appreciation night- so please come and be appreciated!

SSCPS PA Election Results 2013-2014

Chairperson:	Lisa Harvey-Mone
Vice Chairperson:	Gema Gray
Secretary:	Elissa Dennis
Treasurer:	Kerry Griffin
Kindergarten:	Gwen Watchorn
1st grade:	Sarah Collins
2nd grade:	Caitriona Hollowed
3rd grade:	Denise Demaggio
4th grade:	Cyndi Wormald
5th grade:	Kirsten Mullen
6th grade:	Katie Tierney
7th grade:	Kirsten Mullen
8th grade:	TBD
9th grade:	Bethany Whitemyer
10th grade:	Mickey Ciambriello
11th grade:	Renee Hearn
12th grade:	Karen Boyle
Arts & Music:	Committee will be closed until a volunteer steps up.
Fundraising:	Iris Mahegan
Community Building:	Karen Boyle
Community Service:	Sarah Collins
Volunteer:	Priscilla Kelly and Jessica Lussier
Health & Safety:	Committee will be closed until a volunteer steps up.
Technology & Communications:	Gary MacDougall

COMMUNITY SERVICE UPDATE

We are approaching the end of school year very quickly. There is still plenty of time to fulfill community service requirements. There are some listed below and you can always come up with your own ideas by focusing on your outside interests. We would love to hear what you are doing. Please email Beth Toma at JToma85103@aol.com.

Name of Organization	Dates	Website
Avon Walk for Breast Cancer	May 18-19 th Boston	Avonwalk.org
13 th Annual New England Cure Spinal Muscular Atrophy Rock & Roll	May 18 th – DCR Wompatuck State Park – Hingham – 10 am	Fsma.org
Brain Tumor Society Ride	May 18 th Waltham	Braintumor.org
Boston Takes Steps for Crohns & Colitis Disease	June 1, 2013 Boston Common , Boston	online.cdfa.org
PAN Challenge for Kids	June 9, 201 Wompatuck State Park	www.kids.pmc.org/hingham.aspx
Bike Rides for Multiple Sclerosis	June 29 th - Boston May 4 th - Martha's Vineyard	Nationalmssociety.org
PAN Challenge for Adults	August 3 & 4	http://www.pmc.org/ride/routes

The Miller Family (Emelyn, Channing, and Preston) are collecting personal hygiene products or homeless individuals and families of the South Shore and those depending on Food Pantries to help meet their basic needs. It is a struggle for people facing poverty to afford housing, food and clothes. Often they are left with little or no money for many basic essentials, such as personal care products, that others take for granted and that are also critical for their mental and physical well-being. The nonprofit organization HOPE and Comfort www.hopeandcomfort.org will also donate additional items to add to our collection at SSCPS.

COMMUNITY INTEREST

Recital Concert & Swing Band Performance. South Shore Conservatory in Hingham will honor SSCPS alum Austin Matthews with his own showcase concert on June 8th at 7PM. In the first hour Austin will premiere four *original* pieces & perform classics in a final recital celebrating his two years at the South Shore Conservatory. In the second hour, the Tom Nutile Swing Band will perform hits of the swing era, kicking off their set with Austin's original big band piece "Swing in Db." It's an event not to be missed. Drinks & light snacks will be served. ADMISSION IS FREE. Optional donations in any amount will benefit South Shore Conservatory.

Smartphone App created by Teacher As many of you know this has been an exciting year for Level IV English teacher Walter Duncan. Last year he started a company that makes a smartphone app for teachers to help them grade more efficiently and use the data to target their teaching. In February a video he made went viral, receiving over 335,000 views on Youtube! Here is one of the articles that was written about it. <http://techcrunch.com/tag/quick-key>

As a result of his video, CBS Boston took an interest and came to SSCPS to do a story. His students really enjoyed being on TV!

<https://www.facebook.com/photo.php?v=10201022930118045&set=vb.510044299015110&type=2&theater>

Last week he Launched a Kickstarter campaign, and raised over \$10,000 in the first weekend.

<http://www.kickstarter.com/projects/quickkey/quick-key-the-smartphone-app-that-works-for-teache>

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**

*Fundraiser for The Magical Moon Foundation Farm
in Marshfield, Massachusetts*

Empowering Kids with Cancer

SPONSOR A BUTTERFLY!!

BUTTERFLY RELEASE June 13, 2013 2:00 P.M. at SSCPS

- **The Milkweed Project** is holding a benefit, butterfly release on Thursday, June 13, 2013 at 2:00 PM in front of South Shore Charter Public School.
- The butterflies for the release are being grown and hatched by the children in Velma's Milkweed Project. Stop by and view our hatchery!
- Sponsor a painted lady or monarch butterfly for a \$3 or \$6 donation. Donations in any amount will be welcome.
- Children who can be present at the release will enjoy the honor of releasing the butterfly they sponsor. (We hope to have extras)
- Names of all donors will be displayed, or you may donate in the name of a love one.

cut-----

Sponsor Form For Butterfly Release

(suggested amount is \$3.00, \$6.00, or more!)

Yes! I would like to make a donation to The Magical Moon

Enclosed is my donation of \$_____.

Please make checks payable to SSCPS

Name(s): _____



Donated by, or in the name of

Thank you from Velma, the Milkweed Project and Magical Moon Farm!

Spring must almost be here because it time to get ready for...

The 11th Annual BIG HAIRCUT is on June 3, 2013

To benefit **Locks of Love** <http://www.locksoflove.org> which is an organization that makes wigs for children, who lose hair due to disease. Minimum hair needed for BIG HAIRCUT - 12 inches.

All are welcome!

All you need for the event: is a pair of scissors, a permission slip if under 18, and a Cutter (someone you want to give the honor of cutting your hair during the event).

Participants receive credit for half their Community Service requirements.

Volunteers of all sorts wanted: hairdressers, setup and tear down, artists, hair-braiders, promoters, musicians. Cancer survivors who would like to speak... you name it!

Be there for the big countdown, a SSCPS tradition, and a great time!

Questions ? see Claudia: ext 334, Rm 10 in the high school,
cdarrow@sscps.org



**Bring this flyer
with you!**

DINING FOR A CAUSE

THE ENTIRE MONTH OF MAY AND OF JUNE!

We encourage you to bring your family and friends to lunch, dinner, ice cream, or mini golf at:

MAGOO'S

ICE CREAM COMPANY
190 VFW Drive, Rockland, MA 02370
T: 781.871.0210



Miniature golfing only available at Magoo's

MICHELE'S



330 Bridge Street Rte. 3A, Weymouth MA 02191
T: 781.331.2988



Magoo's and Michele's are donating 20% of your total bill to SSCPS!

Annual Fund participation for SSCPS families currently stands at 52%. Let's raise the rate! Participation at all levels is welcome and appreciated. **The class with the highest Annual Fund participation rate by June 1st will receive a SPRINKLER AND POPSICLE PARTY, courtesy of The Development Office!**

Mail your donation today to:

SSCEF
PO Box 512
Accord, MA 02018

Or donate today by visiting www.sscps.org





FIELD OF FLAGS ORDER FORM – 2013

NAME _____ EMAIL _____

NUMBER OF FLAGS ORDERED (12" x 18" Flag) _____

AMOUNT PAID (\$5 per flag) _____ PAYMENT METHOD cash ____ check ____

You may dedicate your flag to an individual, group, or to all that have served:

DEDICATED TO: _____

CURRENTLY SERVING: yes no BRANCH OF SERVICE _____

All donations will be given to the Home Base Program. The Home Base Program is a partnership between the Red Sox Foundation and Massachusetts General Hospital. The program is dedicated to improving the lives of veterans who deployed in support of the conflicts in Iraq and Afghanistan and live with deployment- or combat-related stress and/or traumatic brain injury. Additional information can be found at www.homebaseprogram.org

These flags will be on display from May 24th until June 17th in front of SSCPS sign on Longwater Circle.

Sponsored by the S³ Project – Level IV



SOUTH SHORE CHARTER EDUCATIONAL FOUNDATION FIFTH ANNUAL GOLF TOURNAMENT

Golfers, please plan to join us for a wonderful day of golf at this exquisite private course with picturesque views of the fountain pond and rolling hills, surrounded by the beautiful conservation lands of Kingston, Massachusetts. Indian Pond is listed in Golf Digest, as ranking, "Best in State." Don't miss this opportunity to golf at one of Massachusetts' best courses while supporting SSCEF. *Admission is \$150.00 per person and \$550.00 per foursome. Order your tickets by May 17, 2013 to be entered in the early bird raffle.*

For all you non-golfers and golfers alike, we are having the Chip For Children- 50/50 Chip contest. You do not need to be present to participate. This year all proceeds from the Chip for Children contest will be donated to *The Matthew Freitas Support Fund.*

**Friday, June 7, 2013
9:00am Shotgun Start
Indian Pond Country Club
Kingston, Massachusetts**

We are still accepting donations, ad space and sponsorships.

All proceeds go towards enhancing the SSCPS educational experience for every student.

For more information contact Denise Demaggio ddemaggio@sscps.org

2013 YEARBOOK

Inspired by You

It's That Time...

Dear Parent:

The 2013 yearbook is now in progress and all the memories of the 2012-2013 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time — buy them a yearbook!

So please fill out the order form below, calculate and attach your payment, and bring or mail to the main office today!

Student name _____

Home Phone (in case there are any questions on order) _____

Homeroom _____ Grade _____

Order Options : Check the box next to the option of your choice and mail payment with completed form to the address listed below. Books will be distributed in June.

2013 Hardcover Yearbook - 25.00

2013 Softcover Yearbook - 20.00 (limited quantity)

Total Amount Enclosed (cash or check): _____

Please make checks payable to: South Shore Charter Public School

Send completed form and payment to: SSCPS 2013 Yearbook
South Shore Charter Public School
100 Longwater Circle
Norwell, MA. 02061

Breakfast Order Form
Breakfast for the Month of June, 2013
Due to the office by 3:00 pm, *Tuesday, May 28, 2013

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of 6/3 – 6/7 Monday Tuesday Wednesday Thursday Friday

Week of 6/10 – 6/14 Monday Tuesday Wednesday Thursday Friday

Week of 6/17 – 6/20 Monday Tuesday Wednesday Thursday

Number of Breakfasts ordered _____ X \$1.50

Less credit due _____

Total Amount Enclosed

\$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form
Lunch for the Month of June, 2013
Due to the office by 3:00 pm, *Tuesday, May 28, 2013

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day lunch will be ordered.

Week of 6/3 – 6/7 Monday Tuesday Wednesday Thursday Friday

Week of 6/10 – 6/14 Monday Tuesday Wednesday Thursday Friday

Week of 6/17 – 6/21 Monday Tuesday Wednesday Thursday

Number of Lunches ordered _____ X \$3.00

Less credit due

Total Amount Enclosed

Cash or Checks may be made out to SSCPS.

\$ _____



SOUTH SHORE CHARTER SCHOOL
JUNE, 2013
Catered by Essence of Thyme

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
3 3.6 oz. WW Apple Muffin Orange Juice Milk	4 3.6 oz. WW Chocolate Muffin Orange Juice Milk	5 Toasty O's WW Apple Cinnamon Waffles Orange Juice Milk	6 3.6 oz. WW Apple Muffin Orange Juice Milk	7 Raisin Bran WW Apple Cinnamon Waffles Orange Juice Milk
10 Corn Flakes WW Graham Crackers Orange Juice Milk	11 Toasty O's WW Apple Cinnamon Waffles Orange Juice Milk	12 Honey Wheat Bagel w/Jelly Juice Milk	13 Corn Flakes WW Graham Crackers Orange Milk	14 Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk
17 3.6 oz. WW Banana Muffin Orange Juice Milk	18 WG Cinnamon Roll WW Apple Cinnamon Waffles Orange Juice Milk	19 3.6 oz. WW Apple Muffin Orange Milk	20 WG Cinnamon Roll Orange Juice Milk	21
24	25	26	27	28

* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



Essence of Thyme and Cravings

SOUTH SHORE CHARTER SCHOOL K-8

JUNE, 2013

Catered by Essence of Thyme

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Tenders Potato Puffs Fruit Cocktail Whole Wheat Roll Milk	4 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	5 Meatballs on a WW Sub Sweet Potato Banana Milk	6 Chicken Parmesan w/Ziti Green Beans Apple Milk	7 Low-Fat Cheese Pizza w/Veggies Italian Magic Beans Fruit Milk
10 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Orange Milk	11 Mexican Chicken WW Wrap Potato Puffs w/Ketchup Apple Milk	12 American Chop Suey Broccoli Orange Honey Wheat Dinner Roll Milk	13 Sweet & Sour Chicken Brown Rice Chinese Style Vegetables Grapes Milk	14 Macaroni & Cheese Broccoli Banana Milk
17 Beef Hot Dog on a WW Roll w/Ketchup Baked Beans Banana Milk	18 Pancakes w/Syrup Sausage Patti Sweet Potato Baked Apple Slices Milk	19 Early Release No Lunch	20 Early Release No Lunch	21
24	25	26	27	28

* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

All Meals Comply with NSLP

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



Essence of Thyme and Cravings

SOUTH SHORE CHARTER SCHOOL 9-12
JUNE, 2013
Catered by Essence of Thyme

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Whole Wheat Roll Milk	4 Chicken Alfredo w/Ziti Broccoli Whole Wheat Roll Applesauce Milk	5 Meatballs on a WW Sub Sweet Potato Banana Apple Juice Milk	6 Chicken Parmesan w/Ziti Green Beans Orange Juice Milk	7 Cheese Pizza w/Veggies Italian Magic Beans Fruit Milk
10 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Orange Milk	11 Mexican Chicken WW Wrap Potato Puffs w/Ketchup Apple Orange Juice Milk	12 American Chop Suey Broccoli Orange Whole Wheat Dinner Roll Apple Juice Milk	13 Sweet & Sour Chicken Brown Rice Chinese Vegetables Grapes Milk	14 Macaroni & Cheese Green Beans Banana Whole Wheat Roll Peaches Milk
17 Beef Hot Dog on a WW Roll w/Ketchup Baked Beans Banana Pineapple Chunks Milk	18 Pancakes w/Syrup Sausage Pattie Sweet Potato Baked Apple Slices Milk	19 Early Release No Lunch	20 Early Release No Lunch	21
24	25	26	27	28

* All Meals include 8 ounce Milk. Choice of 1%, Skim or Lactaid

All Meals Comply with NSLP

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