

Update September 26, 2012

Vol. 9, Issue 4

Thursday	09/27	Professional Development Early Release	12:00pm
Thursday	09/27	In Control Safe Driving Course	8:30am- 4:30pm
Friday	09/28	1st Quarter Warnings mailed	
Tuesday	10/02	Governance Meeting	6:00pm
Tuesday	10/02	Parents Association Meeting	7:00pm
Tuesday	10/02	Picture Make Ups	
Reminder	10/05	Professional Development Day – no school for students	

PRINCIPAL'S REPORT

Eight years ago we moved into 100 Longwater Circle and a new tradition was born: "All Pod" on Level I. Back when the school was in Hull, all students in the school except those on Level I had weekly "Town Meetings" but there was no space large enough for all of the students on Level I to gather together. Here in Norwell, once a week all of the Level I students gather to listen to a story told or read by an adult, a performance by a guest, or see their fellow classmates read, perform, dance or sing. Through "All Pod" the Level I students are learning how to be a good audience.

The first week of school in "All Pod" I told an old American folk tale called the "Wig and the Wag." The second week of school the students from Velma's Pod gave a presentation on the life cycle and migratory journey of monarch butterflies. That week's "All Pod" ended with a newly metamorphosed butterfly resting on Velma's finger and pumping its wings. It was unbelievable how long this butterfly perched on Velma's finger and put on a show for many seconds, while all of us, from small child to wary adult, sat mesmerized. I thought to myself that would be a hard "All Pod" to beat –but one even more beautiful happened on the last day of summer.

The "All Pod" on Friday September 21st began with the Pledge of Allegiance which most of the Level I students can recite by heart. Then the second graders from June Fontaine's Pod, led by Deana Tondorf, put on a reader's theater adaptation of the old Asian Indian folk tale "The Brahman, the Jackal and the Tiger." The second graders put on a wonderful show with expressive voices and the audience enjoyed how the trusting Brahmin is set free by the cleverness of the seemingly limited and stupid Jackal. The Jackal, by playing dumb, tricks the Tiger into encaging himself and setting the trusting Brahmin free. The story has great appeal because it has such a just ending.

Then after some instruction from Velma all of Level I went outside to witness what has become one of the most cherished traditions at the South Shore Charter Public School, the release of Velma's Pod's butterflies. Velma is a butterfly breeding expert and is a former President of the International Butterfly Breeders Association. Every year she harvests butterfly eggs and has her students observe and study the whole magical life cycle. The students walked out in two straight lines and then formed a large circle over in a grassy field where the tether

ball had once been. Emily Merwin and the Environmental Project from Level IV came to join the circle because I had invited Emily to witness the releasing of the butterflies. Marianne Buckley Curran could sense something special was happening and altered her workshop so the High School Art Project could come out as well. Velma's Pod formed an inner circle facing out to the larger outer circle. Velma spoke the following Native American poem,

If anyone desires a wish to come true, / they must capture a butterfly and whisper the wish to it. / Since they make no sound,/ they can't tell the wish to anyone but the Great Spirit. / Whisper your wish to a butterfly and release it. / The whispering wings will relay your wish to the one who may grant it.

Just before the release the sun came out and the small children opened their small folded papers and out flew the majestic monarchs. Velma had told all of the children inside how to behave and what to do and they all did. These are tiny children, some of whom have been in school for only a few weeks, and they knew to watch the butterflies as they fluttered in the air and not to chase after them.

Afterwards I went up to Velma and said how beautiful the release had been and how fortunate it was that the sun had come out. Velma smiled and said yes, it was beautiful and that she had had a blessed life. The school has certainly been blessed by Velma's beautiful work these past eighteen years. Thank you, Velma, for a beautiful event seen by students from our youngest to our eleventh graders, and for being a driving force behind a beautiful idea that has become a good school.

Another event that happened last week was the release of the MCAS scores. The school's results can be viewed on the state's education page web site:

http://profiles.doe.mass.edu/accountability/report/school.aspx?linkid=31&orgcode=04880550&orgtypecode=6&

I am pleased with how the state is now measuring a school's performance as it is a more subtle and detailed look at a school's performance on the MCAS. The new scoring system takes a school's performance over four years and measures it against the goal of cutting the achievement gaps in half by 2017. The state uses thirteen data points a year and from those data points gives a score on a 100 point scale with 100 being the highest possible score. The state scores a school on its entire population and for any subgroup of 30 or more students. By this new measurement tool we scored as well as any K -12 district in the state. I believe these scores are an accurate description of the dedicated work of the teachers and the students here at SSCPS. It is a rigorous system (as can be seen by the scores the state gave itself) that is the best way yet devised in Massachusetts for describing a school's effectiveness. Below is a chart giving a summary of SSCPS's scores.

Groups that SSCPS has a reportable sub group	All Students	High Needs	Low Income	Students with disabilities	African American/Black	White
State as a Whole	59	55	58	51	59	75
SSCPS	99	93	90	94	100	100

By this measure you cannot find a more effective K-12 program in the state. That said we know that not all of our students are working as well as they and we would hope. In tomorrow's Professional Development we will be setting internal performance goals, studying last year's results and working together to improve our students' education.

If anyone would like to discuss their student's results please contact either Angie or me at apepin@sscps.org or thirsch@sscps.org. I will be giving a brief description of how the state now holds schools accountable and of our performance relative to our sending districts.

MEAL BENEFIT APPLICATIONS ARE DUE NOW!

Please take a moment to complete the Meal Benefit Application for you family if you have no already done so! See attached. The School is participating in the National School Meal Reimbursement Program. Information gathered from our approved applications helps us receive reimbursement for our lunch and breakfast program and entitles us to more federal and state grant opportunities. This allows us to receive additional funding that can be used to enhance our existing programs. If you have any questions, or need assistance in completing the form, please call Kristine Shipps at 781-982-4202x106. Please note that the information gathered from the application is kept confidential.

ATHLETICS

- Thursday, September 27th SSCPS Cross Country Meet, 4:00pm, Breakheart Reservation-Saugus
- High School Soccer Home vs. Foxorough -Saturday, September 29th Girls games begins at 10am; Boys game at 11:30am

WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

S³ Project

The Level IV, S³ (Students, Sailing and the Sea) Project began on September 11th, the same date as the greatest evacuation of people by boat to ever occur, September 11, 2001. The students watched the YouTube video, narrated by Tom Hanks, that documented the epic evacuation of Manhattan, titled "BOATLIFT, An Untold Tale of Resilience", https://www.youtube.com/watch?v=18lsxFcDrjo. It identified some of the many heroes of that day. The S³ (Students, Sailing and the Sea) Project will focus on boats, water and sea-life throughout the year.

PARENTS ASSOCIATION

Greetings from the Parents Association!!!

Our next meeting will take place next Tuesday October 2, 2012 in the High School Great Room. Please join us! YOU help make our school a better place!

Director of Learning Services, Matt Tondorf will present an introduction to Special Education and English Language Learners and Principal Ted Hirsch will present our MCAS results and a new state accountability system. The draft agenda is attached. The draft minutes from the September meeting may be found on the SSCPS website.

Email me if you have suggestions, concerns, or items to bring to the PA meeting. molimu@gmail.com
Thanks, Lisa Harvey-Mone

COMMUNITY SERVICE UPDATE



Why is Community Service Important

Our country wants its youth to become disciplined and wanting to work for a change. Community service is the best way to instill this sense of responsibility. Children and teenagers can be introduced to morals and good values. Values like honesty, humbleness, gratefulness, respect, being non-judgmental. Children and teenagers learn to think beyond I, me, and myself and get a wider perspective of life. With everything teachers need to teach in classrooms today there is not time to do this. It is through community service that this can be accomplished which is why most schools today are adding this as an important component to their academic requirements. When selecting a community service project to work with try and think about what your student's interest would be. This would help them to become more vested in doing it. Here is a wide range of topics:

- Helping the elderly volunteer at a nursing home
- Food Pantries start a food drive to collect food for your local food pantry

- Animal shelters contact your local animal shelter and ask them what they need
- Help the environment go to your local park and clean up the litter
- Helping kids in need tutor younger students with their school work, organize a teddy bear drive for foster children, fire victims.
- Support democracy volunteer in your local elections.
- Holiday gift drive contact your local social service agency and see about adopting a family during the holiday season.

Please remember to look at the list of organizations under community service on the school site at **sscps.org** (go to community service) that will also help you and your student come up other ideas.

We would love to hear about what community service events that are happening in your community or events that you may know about in other areas on the South Shore. Please email Beth Toma at JToma85103@aol.com.

Upcoming Community Service Events

Organization	Date	Place
ALS Society- Walk	Saturday, September 29	Castle Island, Boston
Autism - Walk	Sunday, September 30	Suffolk Downs, Boston
Walk for Kaya - Jordan Hospital	Saturday, October 13	Jordan Hospital, Plymouth
Breast Cancer Society- Walk	Sunday, October 14	DCR Hatch Shell, Boston

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>

Bring this flyer with you!

DINING FOR A CAUSE

Thursday, September 27th 7am-8pm

SSCPS has a half-day.

We encourage you to bring your family and friends to breakfast, lunch and/or dinner at

Butterfield's Family Restaurant

372 Market Street · Rockland, MA 02370 · (781) 871-7812



Butterfield's is donating a percentage of your total bill to SSCPS!



Important Information for Parents about Protecting Your Kids from Mosquito-Borne Illness

Information for Residents of Communities at MODERATE RISK for XXX

The Department of Public Health is urging residents who live in areas of elevated risk to take personal protective measures to protect themselves against mosquito bites.

- Children are at greater risk from Eastern Equine Encephalitis (EEE) than from West Nile virus (WNV).
- Risk for mosquito-borne illness will continue until the first hard frost in your area. Hard frosts occur when temperatures fall below 28 degrees for several hours.
- Use mosquito repellent any time you are outdoors, such as waiting for the bus, walking to school or during outdoor sports practices. Even being out a short time can be long enough to get a mosquito bite. Make sure to follow directions on the label. DEET products should *not* be used on infants under two months of age and should be used only in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age.
- Be aware of mosquitoes around you. If mosquitoes are biting you, reapply repellent, or think about going inside.
- Be aware of peak mosquito hours. The hours from dusk to dawn are peak biting times for many species of mosquitoes. Take extra care to use repellent and protective clothing during evening and early morning.
- Use mosquito netting on baby carriages or playpens when your baby is outdoors.
- When weather permits, wear long-sleeves, long pants and socks when outdoors.
- Make sure screens are repaired and are tightly attached to doors and windows.
- Remove standing water from places like ditches, gutters, old tires, wheel barrows, and wading pools. Mosquitoes can begin to grow in any puddle or standing water that lasts for more than four days, so don't let water collect around your home.
- Avoid camping overnight near freshwater swamps to reduce your risk of exposure to mosquitoes that carry the EEE virus. If you do go camping, use a tent with mosquito netting and use appropriate repellents

For additional information on EEE and WNV: Massachusetts Department of Public Health (MDPH) Division of Epidemiology and Immunization (617) 983-6800 or toll-free at (888) 658-2850 www.mass.gov/dph/wnv

For information on mosquito control in your city or town: Massachusetts Department of Agricultural Resources State Reclamation and Mosquito Control Board (617) 626-1777

www.mass.gov/agr/mosquito/index.htm.
Or call your local Board of Health.

Parents Association

October 2, 2012

6:30 social; 7-9 meeting

Meeting Agenda

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved" Mattie Stepanek

7:00pm Call to Order

7:01pm Review & Approval of Minutes

7:05pm IMPACT

- Matt Tondorf: Truths and myths- what we all need to know about special education! (Matt will also briefly discuss English Language Learners)
- Ted Hirsch: MCAS results and new accountability

8:00pm

INFORMATION

- Chair announcements: Lisa Harvey-Mone
- Executive Director: Alicia Savage
- K-6 Principal: Ted Hirsch
- 7-12 Principal: Angie Pepin
- Student Representative: Katie Aucella
- PA Treasurer: Elissa Dennis
- Grade Representatives
- Committee Reports

8:40pm

INQUIRY

Old business

Education Committee and School Council

New business

Presidential Volunteer Service Award

◆Next Meeting: November 13th - Speaker TBA

SAVE THE DATE Harvest Run

Road Race - Fitness Walk

Saturday, October 13, 2012

Wompatuck State Park Hingham, MA 5K (3.1miles)

Race Schedule

9:00 – 10:45: Registration and number pick-up 11:00: The Harvest Run begins!

*Refreshments will be provided after the race

SSCPS Families and Staff Discount

SSCPS families and Staff discount only available prior to Race Day at SSCPS

SSCPS Student Registration - \$10.00 SSCPS Family Registration - \$35.00

Registration

Available online at SSCPS.org or http://www.racewire.com/events.php?id=405
Pre-Registration - \$20.00

*Postmarked by 9/22/12 Registration - \$25.00 *From 9/23/12 - Race day

Student's Name	<mark>:</mark>
Pod/Advisor: _	

Dear SSCPS Family:

As the start of the school year begins, we are putting together the annual Harvest Run Road Race. Last year we doubled the number of participants to 394 runners and walkers and raised \$12,000 which supported SSCPS physical education programs and facilities. The funds raised helped to make a new gym space and great programs possible. With your support, we can further enhance the gym facilities for our children this year. All proceeds raised from this year's Harvest Run Road Race will be used to enhance the physical education program with the new gym floor as the priority.

The Harvest Run Road Race will again be a 5K distance (3.1 miles). It will be held on Saturday, October 13, 2012, at Wompatuck State Park in Hingham. We are strongly encouraging **BOTH** runners and walkers to sign up for this race. It is not only a great way to spend time outside in a beautiful setting, but it is also a great opportunity to spend time with your family and to meet or interact with the SSCPS community.

We are excited about the sponsorship aspect to the race. Last year we launched the sponsorship option, and it helped to raise both money and awareness for SSCPS. In addition to the race entry fee, you will have the ability to obtain "outside" sponsors to donate money to SSCPS. Physical activity is extremely important to a child's development; and this race will allow your child to benefit from the physical activity of the race itself, as well as enhancing the physical education he/she receives at SSCPS on an ongoing basis. All sponsorship dollars received will **DIRECTLY** benefit each and every child.

It is important to note that you **DO NOT** need to participate in the race itself in order to obtain sponsors. Each child is encouraged to obtain sponsors, even if they are not running/walking.

Along with the numerous physical education benefits your child will receive, there are two more incentives for obtaining sponsorship. The first is community service. Your child will receive community service credit for obtaining sponsors. The second incentive is that there will be three pizza parties awarded for the highest sponsorships and greatest number of Harvest Run participants (runners/walkers).

- One pizza party will be awarded to the class from Levels I and II with the highest sponsorship
- One pizza party will be awarded to the class from Levels III and IV with the highest sponsorship
- One pizza party will be awarded to the high school advisory with the highest sponsorship

Thank you so much for taking the time to read through this letter. We appreciate your help in making this the best Harvest Run vet!

Sincerely,

Denise Demaggio and Annette Golden Harvest Run Event Coordinators

STEPS FOR THE RUNNER/WALKER WITH SPONSORSHIP	STEPS FOR SPONSORSHIP ONLY (NON-RUNNER/WALKER)				
1. Register for the Harvest Run – registration form attached.	1. Email, call or mail friends and family for sponsorship. Use				
SSCPS family and student registration is only available	the attached Harvest Run Sponsor Mailer.				
through SSCPS until 9:00am October 12.					
2. Email, call or mail friends and family for sponsorship. Use	2. Track your sponsors on the attached Harvest Run Sponsor				
the attached Harvest Run Sponsor Mailer.	Sheet. Bring the completed sheet with donations to school on				
	Monday, October 15 th . Envelopes will be in each				
	Pod/Advisor's room.				
3. Track your sponsors on the attached Harvest Run Sponsor					
Sheet. Bring the completed sheet with donations to school on					
Monday, October 15 th . Envelopes will be in each					
Pod/Advisor's room.					



Student's Name	<mark>::</mark>
Pod/Advisor:	

HARVEST RUN SPONSOR SHEET

Please use this sheet to keep track of every sponsor you receive for the road race, their address, and the amount they donate. Bring this sheet, along with the donations you collect, to school on Monday, October 15, 2012.

Sponsor Name	<u>Address</u>	Telephone #	Amount



Harvest Run

5K ROAD RACE—FITNESS WALK

When you support the South Shore Charter Public School, you support:

- An innovative K 12 charter school that has been nationally recognized as America's Greenest School
- · Project-based learning initiatives resulting in awards and grants for excellence in math, science, and technology
- A college preparatory curriculum and outstanding faculty, resulting in 42% of seniors qualifying for the John and Abigail Adams Scholarship and 100% of all graduating seniors being accepted into a college or university

We are a public school, tuition-free, and we educate students from over 27 towns on the South Shore. We believe in children; we believe in excellence; we believe in the future. Run to support the South Shore Charter Public School or sponsor a runner today!

From:	Advisor/pod teacher:
Dear,	
Please sponsor me in the South Shore Charter Public Walk. All funds raised will be used to enhance the ph Public School. Our goal this year is \$20,000.00. With	
Thank you in advance for your support!	
	Student Signature
*Please staple your check here and return it to the so you prefer, you may make a donation online at www.s Your donation is tax deductible.	
Sponsor reply form: Yes, I will sponsor you for: \$100 \$80 \$60 \$40 \$20 Other	Your gift may also be eligible for a MATCHING GIFT. Please check with your employer's Human Resources Office for a matching gift program.
Credit card number: Expiration date: Card type:	Sponsor Signature Date
Your donation is tax deductible. Please make your check payable to: SSCEF (South Shore Charter Educational Foundation)	Please check here if you would <u>not</u> like to receive future mailings from the school or foundation. Office use: Entry date Amount: Check #



Harvest Run

5K ROAD RACE - FITNESS WALK

Saturday, October 13, 2012

Wompatuck State Park Hingham, Ma

SSCPS FAMILY REGISTRATION

Family Name:			
Address:			**
City:			*
State:			
Zip Code:	E-M	Iail	
Phone Number:			
Individual Names	Runner/Walker	Gender M/F Age Group (-10) (11-14) (15-19) (20-29) (30-39) (40-49) (50-59) (60+)	Shirt Size *2 Shirts included, \$6.00 each additional *Guaranteed to those who register by September 25th.*
1.0			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Pre-Race Number and T-Shirt Pick-Up:

Marathon Sports Norwell, MA Friday, October 12, 2012 2:00pm — 6:00pm

Race Schedule:

9:00 - 10:45: Registration and t-shirt pick-up
11:00: The Harvest Run begins!
* Refreshments provided after the race*

SSCPS Family Registration \$35.00 / family

SSCPS Student Registration \$10.00 / individual student

Cash or Check payable to SSCEF

All funds raised will be used to enhance the physical education facilities at the South Shore Charter Public School.

MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION

PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS

SCHOOL YEAR 2012 – 2013

If you have received a NOTICE OF DIRECT CERTIFICATION from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

Part 1. all household members List all household members including children seeking school meals, siblings and both parents of children living

in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

Part 5. Signature and last four	digits of Social	! Sec	urit	ty N	\un	nber (Aduli	t m	ust.	sign	!) oi	n back						
	\$	Ш		Ш		\$	L		L		\$	Ш				\$	
	\$					\$					\$					\$	
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	\$					\$					\$					\$	
	\$					\$					\$					\$	
	\$					\$					\$					\$	
(Example) Jane Smith	\$200	\boxtimes				\$150					\$0					\$0	
(LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other ind must indicate and how	how much
Part 4. Total Household Groshow often it is received. Record 1. NAME		nly o	nce.	D_{i}	o ne	ot include m										es it. Check the	box for
If <u>any</u> member of your househomenefits, provide the Agency Id Department of Transitional A and sign this form if you have pagency id:	dentification N ssistance (DT brovided an A	Ium A) i genc	ber [:] bene y Ia	* lo efit . l N	cate lette um	ed on the er. Skip to j					If any child you as or migrant, check Angie Pepin, Ho Homeless	the me	ap les:	proj s L	<i>bria</i>	ate box and cal on, 781-982-42	∥-SSCPS,
PART 2. BENEFITs- mA	SNAP or M	4 T	Afa	dc							Part 3. Homeles.	s, A	Aig:	ran	t, F	Runaway	
NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)			ME	OF	SCE	IOOL CHILD	АТ	TEN	IDS		RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE				CHECK IF NO INCOME		

A parent or caretaker adult must sign the apon this application is true and that all incomunderstand that school officials may verify benefits, and I may be prosecuted. An adult the last 4 digits of his or her Social Security Statement on the back of this page.	ne is reported. I understar (check) the information. t household member mus	nd that the school will get Fed I understand that if I purpose t sign the application. If Part	eral funds based of by give false infor the completed, the	on the information, my e adult sign	mation that I children ma ning the form	I give. I ny lose meal nalso must list
Sign here:						
Address:		City:	State:		_ Zip Cod	e:
Phone Number:		Cell Phone Number:				
Last four digits of Social Security Numb						ber
Part 6. Children's ethnic and racial in	lentities (optional)					
Choose one ethnicity:	Choose one or more (regarde	less of ethnicity):				
☐ Hispanic/Latino	☐ Asian ☐ A	merican Indian or Alaska Nati	ve 🔲 1	Black or Afr	rican America	เท
☐ Not Hispanic/Latino	☐ White ☐ N	ative Hawaiian or other Pacific	Islander			
I	o NOt fill out this	s part. This is for scho	ool use only.			
Total Income: Per: □ W Categorical Eligibility: Date Without	Veek, □ Every 2 Weeks drawn: Eligib	oility: Free Reduced	onth, 🗖 Year Denied	Househo	ld size: on:	
Determining Official's Signature: Confirming Official's Signature:						
Verifying Official's Signature:						
Your children may qualify for free or or below the limits on this chart.				LIGIBILITY		CHART School Weekly
Use of Information Statement: Thi	s explains how we will a	ise the information you	2	\$27,991	\$2,333	\$539
give us.	o emplanto non me win t	oc are miorimulon you	3	\$35 317	\$2 944	\$680

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them

1_	\$20,665	\$1,723	\$398
2	\$27,991	\$2,333	\$539
3	\$35,317	\$2,944	\$680
4	\$42,643	\$3,554	\$821
5	\$49,969	\$4,165	\$961
6	\$57,295	\$4,775	\$1,102
7	\$64,621	\$5,386	\$1,243
8	\$71,947	\$5,996	\$1,384
Each additional person:	\$7,326	\$611	\$141

evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

Breakfast Order Form Breakfast for the Month of October, 2012 <u>Due to the office by 3:00 pm, *Tuesday, October 2, 2012</u>

Student Name					
Pod Teacher/Advisor		Grade			
Please CHECK off the day breakfast will be ordered.					
Week of 10/8 – 10/12	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/15 – 10/19		[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/22 – 10/26		[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/29 – 11/2	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Number of Breakfasts ordered				X \$1.	50
Less credit due					
Total Amount Enclosed Cash or Checks may be made out to SSCPS.				\$	

Lunch Order Form Lunch for the Month of October, 2012 <u>Due to the office by 3:00 pm, *Tuesday, October 2, 2012</u>

Student Name					
Pod Teacher/Advisor					
	Ple	ase <u>CHECK</u> off	f the day lunch will	be ordered.	
Week of 10/8 – 10/12	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/15 – 10/19		[] Tuesday	[X] Wednesday	[] Thursday	[] Friday
Week of 10/22 – 10/26		[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/29 – 11/2	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Number of Mo	eals ordered			X \$3.00	
Less credit due Total Amount Enclosed Cash or Checks may be made out to SSCPS.				\$	

Choice of 1% milk or skim milk is included with the purchase of a meal or can be purchased separately for 30 cents.

Please note: If your child has forgotten lunch, a cheese sandwich will be provided at the cost of \$2.50. A note from the office will go home that afternoon for reimbursement.

South Shore Charter Public School October 2012

Catered by Essence of Thyme



BREAKFAST All Grades

Monday	Tuesday	Wednesday	Thursday	Friday
Krispy Rice Graham Crackers Orange Juice Milk	Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk	Honey Wheat Bagel w/Jelly Fruit Cocktail Milk	4 Raisin Bran WW Apple Cinnamon Waffle Grahams Orange Juice Milk	NO SCHOOL
Columbus Day	Toasty O's WW Apple Cinnamon Waffle Grahams Orange Juice Milk	Breakfast Sandwich Orange Juice Milk	Yogurt WW Apple Cinnamon Waffle Grahams Orange Juice Milk	Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk
3.6 oz. Whole Wheat Banana Muffin Orange Juice Milk	Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk	17 Cinnamon Raisin Bagel Orange Juice Milk	Raisin Bran WW Apple Cinnamon Waffle Grahams Orange Juice Milk	Plain Bagel w/Jelly Orange Juice Milk
Whole Grain Cinnamon Roll Orange Juice Milk	3.6 oz. Whole Wheat Apple Muffin Orange Juice Milk	24 Honey Wheat Bagel w/Jelly Fruit Cocktail Milk 31	25 Breakfast Sandwich Orange Juice Milk	26 3.6 oz. Whole Wheat Blueberry Muffin Orange Juice Milk 2
Corn Flakes WW Apple Cinnamon Waffle Grahams Orange Juice and Milk	Honey Wheat Bagel w/Jelly Orange Juice Milk	Frosted Mini Wheats WW Lemon Dinosaur Grahams Orange Juice Milk	3.6 oz. Whole Wheat Banana Muffin Orange Juice Milk	Krispy Rice Graham Crackers Orange Juice Milk

^{*} All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

*Before placing your order, please inform the school if you have a food allergy!

South Shore Charter Public School October, 2012 Catered by Essence of Thyme



LUNCH Grades K-8

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Pancakes w/Syrup Sausage Pattie Roasted Sweet Potato Baked Apple Slices Milk	Chicken Parmesan over Ziti Broccoli Banana Honey Wheat Dinner Roll Milk	Buffalo Chicken on a WW Wrap Chickpea Salad Peaches WW Lemon Dinosaur Grahams Milk	Chicken Stir Fry Chinese Noodles Mixed Vegetables Grapes Milk	NO SCHOOL
8	Columbus Day	9 BBQ Chicken on a WW Bun Potato Puffs w/Ketchup Baked Apple Slices Milk	10 Beef & Bean on a WW Burrito Brown Rice Cauliflower Pineapple Chunks Milk	Chicken Quesadilla Spanish Rice Squash Plums Milk	American Chop Suey Green Beans WW Roll Apple Milk
15	Macaroni & Cheese Broccoli Peaches Milk	16 Hamburger on a WW Bun Sweet Potato Fries w/Ketchup Baked Apple Slices Milk	Early Release	Asian Salad w/Crunchy Noodles Cucumber Pineapple Chunks Milk	19 Mexican WW Chicken Wrap Brown Rice Southwestern Beans Tangerine Milk
22	Chicken Ziti Alfredo Broccoli WW Roll Applesauce Milk	Turkey & Gravy Sweet Potato Peaches WW Roll Milk	24 Chicken Caesar Salad on WW Wrap Tomatoes Cucumbers Pears Milk	Cheese Pizza w/Veggies Italian Beans Apple Milk	Ziti & Meatballs Corn Grapes WW Lemon Dinosaur Grahams Milk
29	Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Honey Wheat Dinner Roll Milk	Meatball on a WW Sub Sweet Potato Tangerine Milk	Cheese Ravioli Green Beans Apple WW Roll Milk	Chicken Parmesan over Ziti Broccoli Banana Honey Wheat Dinner Roll Milk	Buffalo Chicken on a WW Wrap Chickpea Salad Peaches WW Lemon Dinosaur Grahams Milk

All Meals come with a choice of 1% or Skim Milk.

All Meals comply with the National School Lunch Program

Before placing your order, please inform the school of any food allergy you may have!

South Shore Charter Public School October, 2012 Catered by Essence of Thyme

essence of thyme café

LUNCH Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes w/Syrup Sausage Pattie Roasted Sweet Potato Applesauce & Raisins Milk	Chicken Parmesan over Ziti Broccoli Banana Honey Wheat Dinner Roll Orange Juice &Milk	Buffalo Chicken on a WW Wrap Chickpea Salad Peaches WW Lemon Dinosaur Grahams Milk	Chicken Stir Fry Chinese Noodles Mixed Vegetables Grapes WW Lemon Dinosaur Grahams Milk	NO SCHOOL
Columbus Day	9 BBQ Chicken on a WW Bun Potato Puffs w/Ketchup Baked Apple Slices Milk	10 Beef & Bean on a WW Burrito Brown Rice Cauliflower Pineapple Chunks Milk	Chicken Quesadilla Spanish Rice Winter Squash Plums & Raisins Milk	American Chop Suey Green Beans WW Roll Apple & Peaches Milk
15 Macaroni & Cheese & Ham Broccoli WW Roll Peaches Milk	16 Hamburger on a WW Bun Sweet Potato Fries w/Ketchup Baked Apple Slices& Pears Pretzels Milk	Early Release	18 Asian Salad w/Crunchy Noodles Baby Carrots WW Roll Pineapple Chunks Milk	19 Mexican WW Chicken Wrap Brown Rice Southwestern Beans Tangerine Orange Juice & Milk
Chicken Ziti Alfredo Broccoli WW Roll Applesauce & Orange WW Blueberry Waffle Grahams Milk	Turkey & Gravy Sweet Potato Fries Carrots Peaches WW Roll Milk	24 Chicken Caesar Salad on WW Wrap Tomatoes Baby Carrots Pears Milk	Cheese Pizza w/Veggies Italian Magic Beans Fruit Cocktail Apple Milk	Ziti & Meatballs Corn Grapes WW Lemon Dinosaur Grahams Milk
Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Honey Wheat Dinner Roll Milk	Meatball on a WW Sub Sweet Potato Carrots Peaches Milk	Cheese Ravioli Green Beans Apple Raisins Milk	Chicken Parmesan over Ziti Broccoli Banana Honey Wheat Dinner Roll Orange Juice & Milk	Buffalo Chicken on a WW Wrap Chickpea Salad Peaches WW Lemon Dinosaur Grahams Milk

All Meals come with a choice of 1% or Skim Milk.

All Meals comply with the National School Lunch Program

Before placing your order, please inform the school of any food allergy you may have!