



FROM THE EXECUTIVE DIRECTOR

For the second year in a row students from the South Shore Charter Public School took a stand for early childhood literacy and participated in Jumpstart's *Read for the Record*. The intent of this national initiative is to call attention to the importance of early childhood education and literacy. On Thursday, six of our high school students took to the road reading *Ladybug Girl and the Bug Squad* by David Soman and Jacky Davis to preschool students enrolled in Bright Horizons centers in Pembroke, Quincy and Norwell. Our students were graciously received by the centers and their preschool students. As they read, and read, the importance of early childhood education and reading to young children was clear. Nothing can replace the interaction between a child and a reader.

It is no secret that children enter kindergarten with varying degrees of ability. This is not troubling and we embrace all children when they enter a kindergarten classroom for the first time. What is troubling is the strong correlation between socioeconomics and kindergarten readiness. The mission of public school education is to improve the skills and life outcomes for all children, regardless of their home circumstance. Yet patterns of educational inequality that begin with early childhood literacy have proven difficult to alter. Inequality creates a gap. The gap has widened tremendously over the past thirty years. What *Read for the Record* seeks to do is to call attention to this gap, and more remarkably, offer a remedy.

Children build their vocabulary through multiple means of exposure. Exposure takes many forms; caregiver input, interactive play with peers, and numerous opportunities when incidental linguistic exposure occurs. However, the language children hear in literature is a unique source of input with a greater variety of vocabulary and sentence structure. Children's literature also gives the listener the opportunity to think in the abstract, to use skills inherent to imagination and visualization, and to organize and categorize information in a unique way. The remedy for the gap is reading to children.

Without any prompting, wearing beautiful nametags designed by the preschoolers in Pembroke, each high school student was able to utilize strategies to make the text more accessible to the children. Our students related key vocabulary to the preschooler's life; our students discussed the themes of the literature, our students connected information to a preschooler's day-to-day experience, and our students did a great job painting rocks red with black spots. No one wanted to leave when the time was over.

Thank you to all of our high school students who participated: Ellis Gilbert, Griffin Howard, Zach Johnston, Ashley Shepherd, Melanie Sullivan, and Adam Thermitus. And thank you to Bethany Whitemyer, SSCPS parent and Center Director for the Bright Horizons in Pembroke who organized this day. Family Literacy Night will be held here at the South Shore Charter Public School on Thursday, October 25. All are invited to attend.

Alicia Savage asavage@sscps.org

Today's Weekly Update is orange in support of anti-bulling Unity Day. The students in the Cyber Citizens Project have taken their message school wide in an effort to educate our entire community about the ramifications of on-line cyber bullying. There will be a bullying parent training offered during the PA Meeting on Saturday, December 1, 2012.

Wednesday	10/10	Title I Parent Meeting	5:00pm
Wednesday	10/10	SEPAC Basis Rights Workshop	6:30pm
Thursday	10/11	School Council	3:45pm
Friday	10/12	Title I Parent Meeting	8:30am
Saturday	10/13	Harvest Run Road Race – Wompatuck - Hingham	11:00am
Wednesday	10/17	PSAT Testing – Grades 10 and 11	
Wednesday	10/17	Senior Field Trip to Curry College	
Wednesday	10/17	Early Release Parent Teacher Conferences – see below for more information	12:00pm 1:00-4:00pm
Wednesday Thursday	10/17 10/18		-
		Parent Teacher Conferences – see below for more information	1:00-4:00pm
Thursday	10/18	Parent Teacher Conferences – see below for more information Education Committee	1:00-4:00pm
Thursday	10/18	Parent Teacher Conferences – see below for more information Education Committee Board of Trustees Committee and Board Meeting Schedule • Governance Committee • Development Committee	1:00-4:00pm 3:45pm
Thursday	10/18	Parent Teacher Conferences – see below for more information Education Committee Board of Trustees Committee and Board Meeting Schedule • Governance Committee • Development Committee • Personnel Committee	1:00-4:00pm 3:45pm 5:00pm 5:30pm 5:30pm
Thursday	10/18	Parent Teacher Conferences – see below for more information Education Committee Board of Trustees Committee and Board Meeting Schedule • Governance Committee • Development Committee • Personnel Committee • Facilities Committee	1:00-4:00pm 3:45pm 5:00pm 5:30pm 5:30pm 6:15pm
Thursday	10/18	Parent Teacher Conferences – see below for more information Education Committee Board of Trustees Committee and Board Meeting Schedule • Governance Committee • Development Committee • Personnel Committee	1:00-4:00pm 3:45pm 5:00pm 5:30pm 5:30pm

Parent Teacher Conferences - Wednesday, October 17th from 1:00-4:00pm Parent Teacher conferences are an opportunity for you to learn more about your student's work here at school. We encourage you to come in and meet with your child's teacher(s).

For students grades K through 4, materials have been sent home; some teachers are full but others still have slots available; please use the materials previously sent home to schedule your meetings.

For students grades 5 through 12, please contact Dee Delaney at ddelaney@sscps.org or ext. 159 to set up appointments.

Harvest Run

Road Race - Fitness Walk

Saturday, October 13, 2012

Wompatuck State Park, Hingham, MA

Discount Registration closes Friday 9:00am Register Today!

Remind your kids to get sponsors: they get community service AND help raise funds for a new gym floor!

More volunteers are needed on race day on the course. Contact Denise Demaggio <u>ddemaggio@sscps.org</u> if you can volunteer from 9:00 - end of race.

MEAL BENEFIT APPLICATIONS ARE DUE NOW!

Please take a moment to complete the Meal Benefit Application for your family if you have not already done so! The form is included in the Updated. The School is participating in the National School Meal Reimbursement Program. Information gathered from our approved applications helps us receive reimbursement for our lunch and breakfast program and entitles us to more federal and state grant opportunities. This allows us to receive additional funding that can be used to enhance our existing programs. If you have any questions, or need assistance in completing the form, please call Kristine Shipps at 781-982-4202x106. Please note that the information gathered from the application is kept confidential.

ANNOUNCEMENTS

Water Jugs Needed!

The Art Department is looking for empty gallon size water jugs for an upcoming project. Please drop them off in the Art Room. Thank you!

2012 Yearbooks!

We have a very limited supply of last year's Yearbooks available, at a very reduced price! You can get a hardcover (only 2 left) for only \$15 and a soft cover (only 13 left) for only \$10! These won't last long, so if you'd like one, please see Dee or call her at extension 159.

SSCPS Afterschool Music - Private music lessons are beginning at SSCPS for the following instruments: Guitar, Bass, Drums, Piano, Violin, Viola, Cello, Flute and Voice. Please contact Music Teacher Geoff Roman groman@sscps.org for further information if you are interested in participating.

ATHLETICS

Over the past week, the SSCPS soccer program has experienced success from middle school up through the High School. The Middle School team made its season debut on Saturday, October 6th, with a victory against Kipp Academy of 1-0. The Co-ed squad showcased great defense, while seventh grader Catie Bowman supplied the offense with the game's only goal. The middle school's next game is October 16th against Excel Charter in East Boston.

The High School Girls also played to impress on Saturday with 1-1 tie against Community Charter. The Lady Jags goal was scored by freshman Christine Nwafor.

The High School Boys have been on an unbeaten streak in their last three games. They defeated Kipp Academy 9-0 last week, led by Chad Bruce's four goals. They continued their hot scoring against Match this past Saturday with a win of 11-0 led by Ian Wright's three goals. On Tuesday, October 9th, the Boy Jags tied Academy of the Pacific Rim 0-0. The Jags were led by Pat Sullivan and the defense who has put up three straight shutouts. Go Jaguars!

Fall Cross Country Update from Coach Ryan King

This season, we have a total of 35 students running on the Cross Country team. The experienced high school students have shown great leadership so far, helping me and other newcomers learn about routines of practices and schedules. Many new middle school students have joined the team for this season.

So far, we have had two races. The first race was a bit of a fiasco, but luckily the League Coordinator proved to be helpful and flexible. Even though our bus arrived after the start of the high school race, our high school runners were allowed to run their course and their times were entered with all other high school competitors. Although not all middle school runners were able to run because of a shortage of uniforms for the first race, all athletes who wanted to competed.

Luckily, all athletes on the team now have uniforms and are prepared to run for the rest of the season. Marathon Sports were kind enough to donate 20% vouchers for our entire team to get fitted for proper running sneakers, and many families took advantage of the opportunity.

The entire team is expected to run in this year's Harvest Run, which is a great local opportunity to cheer on the team. The team is also participating in the Foot the Floor campaign, raising enough money for a panel in the new gym.

Many thanks to George Chambers and Andrea Feeney, two parents who have committed a great deal of time and effort to the wellbeing of the team, and all other parents who have come to support the runners at the races or donated goods.

If you have any questions, please email me at <u>rking@sscps.org</u>.

Upcoming Dates:

- 10/10 Girls Soccer vs. Codman Academy- 3pm, Southfield, South Weymouth
- 10/11 Girls Soccer @ Rising Tide Charter- 4pm, Plymouth
- 10/11 Cross Country Meet- 4pm, Breakheart Reservation, Saugus
- 10/13 Boys and Girls Soccer @ Prospect Hill Academy- 8:15am, Danehy Field, Cambridge
- 10/14 Girls Soccer @ Match- 11:00am, MIT, Roberts Field, Cambridge

DEVELOPMENT UPDATE



We now have nearly 10 families who have come forward to support the Foot the Floor Special Campaign. We welcome support for the gym floor at any level and plaque dedications start at \$100. Get creative! Maybe you are an alum and would like an inscription in honor of your class year...or maybe there was a special teacher you

and others would like to get together to honor. Please contact Joanna McCarthy, Director of Development for further details at <u>jmccarthy@sscps.org/781.982.4202 x109</u>.

COMMUNITY SERVICE UPDATE

The purpose of the Community Service Committee is to research and communicate events that students and their families can participate in to fulfill their student's community service requirements. There are a vast amount of opportunities to be part of such as organizations that are looking for support. So many of us have such busy lives that it is sometimes helpful to be able to look into established organizations that can use our help. When students come up with their own ideas for community service it allows them to show what they are passionate about in their lives. They will become much more invested in their projects if they are able take charge themselves and feel a sense of accomplishment at the end.

This year we would like to know what all of our students are doing so we can come up with a list to share with the rest of our school community through the school year. Please email Beth Toma at JToma85103@aol.com with this information. You will notice that the way we are now communicating community service events through the weekly school update has changed. Below is an abbreviated list of upcoming events. For more details go to the <u>www.sscps.org</u> web site go to community service page and you will find a like for Community Service Opportunities. This will give you detailed information regarding each event posted below. Also on the same page is a link to our Community Service Table which lists organizations to further explore for other community service opportunities.

Upcoming Community Service Events												
Organization	Date	Place										
Walk for Kaya through Jordan Hospital	Saturday, October 13	Jordan Hospital, Plymouth										
Big Brother Big Sister – Halloween Event	Saturday, October 13	Holbrook										
(ages 14-18)												
Breast Cancer Society- Walk	Sunday, October 14	DCR Hatch Shell, Boston										

Upcoming Community Service Events

Help Me Help Animals...

One Can = One Meal! Fourth grader, Savannah Aylward, Krista's pod, has decided to help the animals of the Kingston Animal Shelter. She is collecting cat and dog food, treats, toys and paper towels. A collection box has been set up in the Level II great room. Savannah will collect items for the month of October. Please consider sending a donation to support her community service project.

Grandparents and Special Friends Day

November 6, 2012

Dear Parents and Guardians,

South Shore Charter Public School will be hosting our fifth annual Grandparents and Friends Day. This day is for grandparents and friends to come to our school and learn about our innovative educational programs. From projects and workshops, to Singapore Math and Core Knowledge, grandparents and friends of students in Level I, II, and III will be able to share the daily experience of their grandchild or friend on a unique and personal level.

The day will begin at 10:00 and will end at 12:00 for early release. Students may be dismissed with their grandparents or friends with your permission. Please let us know who you would like to receive an invitation by filling out the bottom section of this letter and sending it in with your child, or via e-mail to info@sscps.org no later than Wednesday, October 17, 2012.



Thank you for all you do.

Child's Name:			
Pod:	Number of	Guests:	
Guest(s) Name:			
Address:			
Town:	State:	Zip:	
I give my permission for my daughter/son			to be released
with	on Ne	ovember 6, 2012.	

CHILI'S IS PROUD TO SUPPORT SOUTH SHORE CHARTER SCHOOL

With each flyer presented on 10/17/12 night, Chill's will donate 10% of the sales you bring in to your organization. Let us do the cooking and support South Shore Charter School at the same time.

South Shore Charter School Event is: October 17th, 2012 from 11 am - 11pm

> only at: Chili's - HINGHAM 6 Whiting Street Hingham, MA 02043 781-740-1313 - www.chilis.com

We look forward to seeing you here.





Give Back Night flyer required with each check to receive credit for the sale. Sale cannot be included in donation amount without

Student's Name	<mark>e:</mark>
Pod/Advisor:	

Dear SSCPS Family:

As the start of the school year begins, we are putting together the annual Harvest Run Road Race. Last year we doubled the number of participants to 394 runners and walkers and raised \$12,000 which supported SSCPS physical education programs and facilities. The funds raised helped to make a new gym space and great programs possible. With your support, we can further enhance the gym facilities for our children this year. All proceeds raised from this year's Harvest Run Road Race will be used to enhance the physical education program with the new gym floor as the priority.

The Harvest Run Road Race will again be a 5K distance (3.1 miles). It will be held on Saturday, October 13, 2012, at Wompatuck State Park in Hingham. We are strongly encouraging **BOTH** runners and walkers to sign up for this race. It is not only a great way to spend time outside in a beautiful setting, but it is also a great opportunity to spend time with your family and to meet or interact with the SSCPS community.

We are excited about the sponsorship aspect to the race. Last year we launched the sponsorship option, and it helped to raise both money and awareness for SSCPS. In addition to the race entry fee, you will have the ability to obtain "outside" sponsors to donate money to SSCPS. Physical activity is extremely important to a child's development; and this race will allow your child to benefit from the physical activity of the race itself, as well as enhancing the physical education he/she receives at SSCPS on an ongoing basis. All sponsorship dollars received will **DIRECTLY** benefit each and every child.

It is important to note that you **DO NOT** need to participate in the race itself in order to obtain sponsors. Each child is encouraged to obtain sponsors, even if they are not running/walking.

Along with the numerous physical education benefits your child will receive, there are two more incentives for obtaining sponsorship. The first is community service. Your child will receive community service credit for obtaining sponsors. The second incentive is that there will be three pizza parties awarded for the highest sponsorships and greatest number of Harvest Run participants (runners/walkers).

- One pizza party will be awarded to the class from Levels I and II with the highest sponsorship
- One pizza party will be awarded to the class from Levels III and IV with the highest sponsorship
- One pizza party will be awarded to the high school advisory with the highest sponsorship

Thank you so much for taking the time to read through this letter. We appreciate your help in making this the best Harvest Run yet!

Sincerely,

Denise Demaggio and Annette Golden Harvest Run Event Coordinators

STEPS FOR THE RUNNER/WALKER WITH SPONSORSHIP	STEPS FOR SPONSORSHIP ONLY (NON-RUNNER/WALKER)						
1. Register for the Harvest Run – registration form attached.	1. Email, call or mail friends and family for sponsorship. Use						
SSCPS family and student registration is only available	the attached Harvest Run Sponsor Mailer.						
through SSCPS until 9:00am October 12.							
2. Email, call or mail friends and family for sponsorship. Use	2. Track your sponsors on the attached Harvest Run Sponsor						
the attached Harvest Run Sponsor Mailer.	Sheet. Bring the completed sheet with donations to school on						
	Monday, October 15 th . Envelopes will be in each						
	Pod/Advisor's room.						
3. Track your sponsors on the attached Harvest Run Sponsor							
Sheet. Bring the completed sheet with donations to school on							
Monday, October 15 th . Envelopes will be in each							
Pod/Advisor's room.							



Student's Name	•
Pod/Advisor: _	

HARVEST RUN SPONSOR SHEET

Please use this sheet to keep track of every sponsor you receive for the road race, their address, and the amount they donate. Bring this sheet, along with the donations you collect, to school on Monday, October 15, 2012.

Sponsor Name	Address	<u>Telephone #</u>	<u>Amount</u>



When you support the South Shore Charter Public School, you support:

- An innovative K 12 charter school that has been nationally recognized as America's Greenest School
- Project-based learning initiatives resulting in awards and grants for excellence in math, science, and technology
- A college preparatory curriculum and outstanding faculty, resulting in 32% of seniors qualifying for the John and Abigail Adams Scholarship and 100% of all graduating seniors being accepted into a college or university

We are a public school, tuition-free, and we educate students from over 27 towns on the South Shore. We believe in children; we believe in excellence; we believe in the future. Run to support the South Shore Charter Public School or sponsor a runner today!

From:_____ Advisor/pod teacher:_____

Dear

Please sponsor me in the South Shore Charter Public School's 4th Annual Harvest Run Road Race/Fitness Walk. All funds raised will be used to enhance the physical education facilities at the South Shore Charter Public School. Our goal this year is \$20,000.00. With your help, I know we will be successful.

Thank you in advance for your support!

Student Signature

*Please staple your check here and return it to the school, or fill in your credit card information below; or if you prefer, you may make a donation online at www.sscps.org. Thank you for your pledge. Your donation is tax deductible.

Sponsor reply form: Yes, I will sponsor you for: \$100 \$80 \$60 \$40 \$20 Other	Your gift may also be eligible for a MATCHING GIFT. Please check with your employer's Human Resources Office for a matching gift program.
Credit card number: Expiration date: Card type:	Sponsor Signature Date
Your donation is tax deductible. Please make your check payable to: SSCEF (South Shore Charter Educational Foundation)	 Please check here if you would <u>not</u> like to receive future mailings from the school or foundation. Office use: Entry date Amount: Check #



Harvest Run

5K ROAD RACE - FITNESS WALK

Saturday, October 13, 2012

Wompatuck State Park Hingham, Ma

SSCPS FAMILY REGISTRATION

	ň
	12
E-Mail	
	E-Mail

Individual Names	Runner/Walker	Gender M/F Age Group (-10) (11-14) (15-19) (20-29) (30-39) (40-49) (50-59) (60+)	Shirt Size *2 Shirts included, \$6.00 each additional *Guaranteed to those who register by September 25th.*			
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
Pre-Race Number and T-Shirt Pick-Up: SSCPS Family Registration						

Marathon Sports Norwell, MA Friday, October 12, 2012 2:00pm — 6:00pm

Race Schedule:

9:00 - 10:45: Registration and t-shirt pick-up 11:00: The Harvest Run begins! * Refreshments provided after the race* SSCPS Family Registration \$35.00 / family

SSCPS Student Registration \$10.00 / individual student

Cash or Check payable to SSCEF

All funds raised will be used to enhance the physical education facilities at the South Shore Charter Public School.

100 Longwater Circle Norwell, MA 02061 Tel: 781-982-4202 www.sscps.org

MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION



PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS

SCHOOL YEAR 2012 - 2013

If you have received a NOTICE OF DIRECT CERTIFICATION from the school district for free meals, do not complete this application. But do let the school know if any children in the household are not listed on the Notice of Direct Certification letter you received.

Part 1. all household members List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions-Q.13)

NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A FOSTER CHILD (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	Check if no Income

PART 2. BENEFITs- mA SNAP or MA TAfdc

If any member of your household receives MA SNAP or MA TAFDC **benefits**, provide the Agency Identification Number* located on the Department of Transitional Assistance (DTA) benefit letter. Skip to part 5 and sign this form if you have provided an Agency Id Number. AGENCY iD: * Do not provide EBT card number.

Part 3. Homeless, Migrant, Runaway

If any child you are applying for is homeless, a runaway, or migrant, check the appropriate box and call -SSCPS, Angie Pepin, Homeless Liason, 781-982-4202x102. Homeless 🛛 Runaway 🖵 migrant 🗳

Part 4. Total Household Gross income (before deductions). List all income on the same line as the person who receives it. Check the box for how often it is received. Record each income only once. Do not include money received from MA SNAP or MA TAFDC.

		5 5 5								5						
1. NAME	2. Gross income and how often it was received															
(LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
(Example) Jane Smith	\$200	\boxtimes				\$150		\boxtimes			\$0					\$0
	\$					\$					\$					\$
	\$					\$					\$					\$
	\$					\$					\$					\$
	\$					\$					\$					\$
	\$					\$					\$					\$
	\$					\$					\$					\$
Part 5. Signature and last four d	igits of Socia	l Sec.	urit	ty N	Jun	ıber (Aduli	t mi	ust.	sign	e) 01	n back					

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page. Sign here: ______ Print Name: ______ Date:______

	1 11111 1 141	IIC		Date
Address:	City:		State:	Zip Code:
Phone Number:	_ Cell Ph	one Number <u>:</u>		
Last four digits of Social Security Number ***-* *		□ Check here if you do no	ot have a Social Sec	urity Number

Part 6. Children's ethnic and racial identities (optional) Choose one ethnicity: Choose one or more (regardless of ethnicity): Hispanic/Latino Asian American Indian or Alaska Native Black or African American □ Not Hispanic/Latino U White □ Native Hawaiian or other Pacific Islander Do NOt fill out this part. This is for school use only. Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12 Per: D Week, D Every 2 Weeks, D Twice A Month, D Month, D Year Household size: Total Income: Categorical Eligibility: ____ Date Withdrawn: _____ Eligibility: Free____ Reduced____ Denied____ Reason: _____ Determining Official's Signature: _____ __ Date: _____ Confirming Official's Signature: ______ Date: ______ Verifying Official's Signature: _____ Date: _____

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them

Household size	Yearly	Monthly	Weekly
L	\$20,665	\$1,723	\$398
2	\$27,991	\$2,333	\$539
3	\$35,317	\$2,944	\$680
4	\$42,643	\$3,554	\$821
;	\$49,969	\$4,165	\$961
,	\$57,295	\$4,775	\$1,102
,	\$64,621	\$5,386	\$1,243
	\$71,947	\$5,996	\$1,384
lach dditional erson:	\$7,326	\$611	\$141

evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

Dear Friend:

I will be joining with thousands of people nationwide to walk in AFSP's Boston Area Walk to benefit the American Foundation for Suicide Prevention. I would appreciate any support that you give me for this worthwhile cause. We walk in our brother and son, Rob's honor.



The American Foundation for Suicide Prevention is at the forefront of research, education and prevention initiatives designed to reduce loss of life from suicide. With more than 36,000 lives lost each year in the U.S. and over one million worldwide, the importance of AFSP's mission has never been greater, nor our work more urgent

I hope you will consider supporting my participation in this event. Any contribution will help the work of AFSP, and all donations are 100% tax deductible.

Donating online is safe and easy! To make an online donation please click the "Support This Participant" button on this page.

Our fundraising page:

http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.participant&participantID=333192

Breakfast Order Form Breakfast for the Month of October, 2012 Due to the office by 3:00 pm, *Tuesday, October 16, 2012

Student Name

Pod Teacher/Advisor _____ Grade _____

Please <u>CHECK</u> off the day breakfast will be ordered.

Week of 10/22 – 10/26		[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/29 – 11/2	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday

Number of Breakfasts ordered	 Х	\$1.50
Less credit due		<u></u> ,
Total Amount Enclosed Cash or Checks may be made out to SSCPS.	\$	<u></u> .

Lunch Order Form Lunch for the Month of October, 2012 Due to the office by 3:00 pm, *Tuesday, October 16, 2012

Student Name	;					
Pod Teacher/Advisor			Grade			
	F	Please <u>CHECK</u> o <u>f</u>	f the day lunch will	be ordered.		
Week of 10/22 – 10/26		[] Tuesday	[] Wednesday	[] Thursday	[] Friday	
Week of 10/29 – 11/2	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday	
Number of M	aals ordered			X \$3.00		
				Α \$5.00		
	Amount En	closed out to SSCPS.		\$		

Choice of 1% milk or skim milk is included with the purchase of a meal or can be purchased separately for 30 cents.

Please note: If your child has forgotten lunch, a cheese sandwich will be provided at the cost of \$2.50. A note from the office will go home that afternoon for reimbursement.

South Shore Charter Public School October 2012 Catered by Essence of Thyme



BREAKFAST All Grades

Monday	Tuesday	Wednesday	Thursday	Friday
1 Krispy Rice Graham Crackers Orange Juice Milk	2 Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk	3 Honey Wheat Bagel w/Jelly Fruit Cocktail Milk	4 Raisin Bran WW Apple Cinnamon Waffle Grahams Orange Juice Milk	³¹ NO SCHOOL
⁸ Columbus Day	9 Toasty O's WW Apple Cinnamon Waffle Grahams Orange Juice Milk	10 Breakfast Sandwich Orange Juice Milk	11 Yogurt WW Apple Cinnamon Waffle Grahams Orange Juice Milk	12 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk
15 3.6 oz. Whole Wheat Banana Muffin Orange Juice Milk	16 Yogurt WW Lemon Dinosaur Grahams Orange Juice Milk	17 Cinnamon Raisin Bagel Orange Juice Milk	18 Raisin Bran WW Apple Cinnamon Waffle Grahams Orange Juice Milk	19 Plain Bagel w/Jelly Orange Juice Milk
22 Whole Grain Cinnamon Roll Orange Juice Milk	23 3.6 oz. Whole Wheat Apple Muffin Orange Juice Milk	24 Honey Wheat Bagel w/Jelly Fruit Cocktail Milk	25 Breakfast Sandwich Orange Juice Milk	26 3.6 oz. Whole Wheat Blueberry Muffin Orange Juice Milk
29 Corn Flakes WW Apple Cinnamon Waffle Grahams Orange Juice and Milk	30 Honey Wheat Bagel w/Jelly Orange Juice Milk	31 Frosted Mini Wheats WW Lemon Dinosaur Grahams Orange Juice Milk	1 3.6 oz. Whole Wheat Banana Muffin Orange Juice Milk	2 Krispy Rice Graham Crackers Orange Juice Milk

* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

*Before placing your order, please inform the school if you have a food allergy!



LUNCH Grades K-8

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancakes w/Syrup Sausage Pattie Roasted Sweet Potato Baked Apple Slices Milk	2 Chicken Parmesan over Ziti Broccoli Banana Honey Wheat Dinner Roll Milk	3 Buffalo Chicken on a WW Wrap Chickpea Salad Peaches WW Lemon Dinosaur Grahams Milk	4 Chicken Stir Fry Chinese Noodles Mixed Vegetables Grapes Milk	⁵ NO SCHOOL
⁸ Columbus Day	9 BBQ Chicken on a WW Bun Potato Puffs w/Ketchup Baked Apple Slices Milk	10 Beef & Bean on a WW Burrito Brown Rice Cauliflower Pineapple Chunks Milk	11 Chicken Quesadilla Spanish Rice Squash Plums Milk	12 American Chop Suey Green Beans WW Roll Apple Milk
15 Macaroni & Cheese Broccoli Peaches Milk	16 Hamburger on a WW Bun Sweet Potato Fries w/Ketchup Baked Apple Slices Milk	17 Early Release	18 Asian Salad w/Crunchy Noodles Cucumber Pineapple Chunks Milk	19 Mexican WW Chicken Wrap Brown Rice Southwestern Beans Tangerine Milk
22 Chicken Ziti Alfredo Broccoli WW Roll Applesauce Milk	23 Turkey & Gravy Sweet Potato Peaches WW Roll Milk	24 Chicken Caesar Salad on WW Wrap Tomatoes Cucumbers Pears Milk	25 Cheese Pizza w/Veggies Italian Beans Apple Milk	26 Ziti & Meatballs Corn Grapes WW Lemon Dinosaur Grahams Milk
29 Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Honey Wheat Dinner Roll Milk All Meals come with a choice of 1	30 Meatball on a WW Sub Sweet Potato Tangerine Milk	31 Cheese Ravioli Green Beans Apple WW Roll Milk	1 Chicken Parmesan over Ziti Broccoli Banana Honey Wheat Dinner Roll Milk All Meals comply with the National Science S	2 Buffalo Chicken on a WW Wrap Chickpea Salad Peaches WW Lemon Dinosaur Grahams Milk

All Meals come with a choice of 1% or Skim Milk.

All Meals comply with the National School Lunch Program

Before placing your order, please inform the school of any food allergy you may have!

South Shore Charter Public School October, 2012 Catered by Essence of Thyme

LUNCH Grades 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancakes w/Syrup Sausage Pattie Roasted Sweet Potato Applesauce & Raisins Milk	2 Chicken Parmesan over Ziti Broccoli Banana Honey Wheat Dinner Roll Orange Juice & Milk	3 Buffalo Chicken on a WW Wrap Chickpea Salad Peaches WW Lemon Dinosaur Grahams Milk	4 Chicken Stir Fry Chinese Noodles Mixed Vegetables Grapes WW Lemon Dinosaur Grahams Milk	⁵ NO SCHOOL
⁸ Columbus Day	9 BBQ Chicken on a WW Bun Potato Puffs w/Ketchup Baked Apple Slices Milk	10 Beef & Bean on a WW Burrito Brown Rice Cauliflower Pineapple Chunks Milk	11 Chicken Quesadilla Spanish Rice Winter Squash Plums & Raisins Milk	12 American Chop Suey Green Beans WW Roll Apple & Peaches Milk
15 Macaroni & Cheese & Ham Broccoli WW Roll Peaches Milk	16 Hamburger on a WW Bun Sweet Potato Fries w/Ketchup Baked Apple Slices& Pears Pretzels Milk	Early Release	18 Asian Salad w/Crunchy Noodles Baby Carrots WW Roll Pineapple Chunks Milk	19 Mexican WW Chicken Wrap Brown Rice Southwestern Beans Tangerine Orange Juice & Milk
22 Chicken Ziti Alfredo Broccoli WW Roll Applesauce & Orange WW Blueberry Waffle Grahams Milk	23 Turkey & Gravy Sweet Potato Fries Carrots Peaches WW Roll Milk	24 Chicken Caesar Salad on WW Wrap Tomatoes Baby Carrots Pears Milk	25 Cheese Pizza w/Veggies Italian Magic Beans Fruit Cocktail Apple Milk	26 Ziti & Meatballs Corn Grapes WW Lemon Dinosaur Grahams Milk
29 Chicken Tenders Potato Puffs w/Ketchup Fruit Cocktail Honey Wheat Dinner Roll Milk	30 Meatball on a WW Sub Sweet Potato Carrots Peaches Milk	31 Cheese Ravioli Green Beans Apple Raisins Milk	1 Chicken Parmesan over Ziti Broccoli Banana Honey Wheat Dinner Roll Orange Juice & Milk	2 Buffalo Chicken on a WW Wrap Chickpea Salad Peaches WW Lemon Dinosaur Grahams Milk

All Meals come with a choice of 1% or Skim Milk.

All Meals comply with the National School Lunch Program

Before placing your order, please inform the school of any food allergy you may have!