## Update

January 15, 2014
Vol. 1, Issue 2

## From the 7-12 Principal

With the start of the new year comes a busy couple of weeks for our older students as we close the second quarter and prepare for midyear exams. Midyear exams are an important opportunity for review and a chance for students to practice the type of study techniques and test-taking skills they will need for success in college. Scores on midyear exams account for $10 \%$ of a student's final grade, a significant portion. Study materials will be provided for students this week to help students prepare for these important exams. Tuesday's classes will largely be used for review, allowing students to come in with any last questions for teachers following the long weekend. Grades for students in grades $7-12$ close on Thursday, January $16^{\text {th }}$, and midyear exams begin on Wednesday, January $22^{\text {nd. }}$

The schedule for midyear exams is below. High School students will be dismissed at 12:00pm on Wednesday and Thursday. On Friday high school students will be dismissed by 10:00 if they are not taking a make-up exam. Because hours of testing can be exhausting, our Level IV students will not have a regular afternoon schedule on the test days. After testing and lunch Level IV students will have a break and an opportunity to study. Please be sure to come in and sign out your Level IV student if you plan on dismissing them following their last exam.

|  | Wednesday 1/22 | Thursday 1/23 | Friday 1/24 |
| :--- | :--- | :--- | :--- |
| $\mathbf{8 : 3 0 - 1 0 : 0 0}$ | A-block | C-block | E-block |
| $\mathbf{1 0 : 0 0 - 1 0 : 3 0}$ | Break | Break | Break |
| $\mathbf{1 0 : 3 0 - 1 2 : 0 0}$ | B-block | D-block | Project Reflection Essay (Level IV) <br> Make-up exams (High School) |

Please feel free to contact me with any questions or concerns.
Angie Pepin-781-982-4202 x102-apepin@sscps.org

| Thursday | $01 / 16$ | Personnel Committee | 4:00pm |
| :--- | :--- | :--- | :--- | :--- |
| Thursday | $01 / 16$ | Enrollment Open House | 5:00-7:00-pm |
| Thursday | $01 / 16$ | $2^{\text {nd }}$ Quarter Ends |  |
| Friday | $01 / 17$ | Professional Development Day - No classes for students |  |
| Saturday | $01 / 18$ | Ski Club Ragged Mountain | 6:30am |
| Monday | $01 / 20$ | Martin Luther King Day - No School |  |
| Tuesday | $01 / 21$ | Auction Committee meeting | 1:30pm |
| Tuesday | $01 / 21$ | SEPAC | 7:00pm |
| Weds-Fri | $01 / 22-01 / 24$ | Mid Term Exams grades 7-12 - schedule in Principals Report |  |

## Announcements

Save the date! On Friday, February 7 from 1:00 pm to $\mathbf{6 : 0 0}$ pm the National Honor Society will be hosting a Blood Drive with the Red Cross. The NHS students will be eligible for scholarship money through Bob's Discount Furniture High School Heroes Scholarship program. The amount of money awarded is determined by participation rate in the blood drive. Details will be provided soon about how to sign up.

Enrollment Lottery - Saturday, February 8, 2014 Applications for the lottery are due no later than Wednesday, February 5, 2014. If you are planning to apply for a sibling of a currently enrolled student, including any incoming Kindergarten, you must submit an application prior to the deadline. The application package is available on the SSCPS website or from the front desk. If you have any questions, please contact Pam Algera at palgera@sscps.org.

## After School Chorus

The After School Chorus, under the direction of Jane Money, will begin again next Monday, January 13. Application is attached. This chorus is open to children in the 2nd through 6th grade. Even if you were not here in the fall term, please come and join. It is a wonderful opportunity for our students. Scholarships are available.

## 2014 Yearbook

The 2014 yearbook is now in progress and all the memories of the 2013-2014 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar.

## Health Office News

The State mandated BMI screenings for grades $1,4,7$, and 10 will be conducted over the next few months. This is a screening that calculates height, weight, age, and sex to arrive at the Body Mass Index percentage. This percentage will help determine if your child is in the healthy weight range. Parents will be notified by letter if their child is below or above their healthy weight range. Please contact Susan Dupras at extension 104 if you have concerns or prefer that your child NOT participate.

## Community Service Opportunities

## Opportunity for High School Students

BOKS is a before school fitness program for students in level 1 and 2. Two or three high school students are needed to help out. Set up begins at7:10AM. Please contact Iris Mahegan valsdottir@gmail.com or Janet Daley jemsdaley @ comcast.net

If you would like to share a community service event that is happening on the South Shore please email Sarah Collins, Community Service Chairperson, at sazzifrazz78@yahoo.com.

Upcoming Events

| Name of Organization | Dates | Info |
| :--- | :--- | :--- |
| MS Climb to the Top: National MS <br> Society fund raiser at Hancock <br> Building in Boston | March 1, 2014 | www.NationalMSsociety.org |
| Hanson Children's Museum at <br> Hanover Mall teens or families <br> needed | continuous volunteers <br> needed as part of the play <br> crew | www.Hansonchildrensmuseum.org |
| Birthday Wishes Hanover:: host a | ongoing | www.birthdaywishes.org |


| goody bag stuffing party to provide a <br> party to homeless children |  |  |
| :--- | :--- | :--- |
| Father Bills/MainSpring <br> various volunteer opportunities in <br> Quincy and Brockton | Continuous | www.helpfbms.org/get/volunteer.org |
| Warm Hands Warm Hearts: collect <br> hats, gloves, socks, etc for Boston's <br> homeless | ongoing | Friends of Boston Homeless <br> 617 942-8671 |
| Fidelis Hospice: Braintree <br> knit lap blankets for hospice patients | ongoing | Fidelis Hospice <br> $781848-3678$ |

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY - TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG

# South Shore Charter Public School Chorus 

Application for SSCPS students grades 2-6
Mondays 3:10pm-4:15pm
starting January 13, 2014

Student Name $\qquad$
Address $\qquad$

City, Zip Code $\qquad$
Parent / Guardian Name $\qquad$
Parent / Guardian Email Address $\qquad$
Main Telephone Number $\qquad$
Level / Teacher $\qquad$
Cost: $\mathbf{\$ 2 5 . 0 0}$ per child or $\mathbf{\$ 3 0 . 0 0}$ per family Please make checks payable to SSCPS

Scholarships are available to those who qualify. Please contact Kristine Shipps at kshipps@sscps.org for details.
Session2 begins Monday, January 13, 2014 and continues every Monday until June 2, 2014.
The Chorus will perform at the SSCPS Spring Concert, Thursday, June 5th.

For more information contact:
Wardie Mannix at hmannix@sscps.org
or
Cyndi Wormald at cindavesam@yahoo.com

# $1^{\text {st }}$ Annual Mid-Winter Game Night!!!! 

Get out of the cold and warm up with your SSCPS Family

Who: The entire SSCPS family - students \& families, faculty \& staff
What: Games - board games, card games, motion games - whatever you bring, it's up to you! (No electronics.)

When: Friday evening, January 31 from 6:00-8:00 (snow date of Friday Feb. 7)
Where: SSCPS Gym, 104 Longwater Drive, Norwell
How: DIY - you bring and lead the games that you would like to play. We will have tables and chairs set up throughout the gym.

Why: Because we are SSCPS!!

Also... Pizza for sale. Please potluck (bring) drinks, snacks, and desserts to share. The more, the better!

Fine print: This is not a drop-off event. Kids: Make sure your parents stay and join the fun! Also, tell your parents that kids cannot stay in the school unsupervised from 3:00-6:00. If you are not in a club or sport that afternoon, please be sure to get a ride home or to a friend's house and then come back for the fun!!

## Free event!!!!!

$$
\begin{gathered}
\text { Brought to you by your friendly neighborhood PA. } \\
\text { Any questions, contact Alexis (with Maya (II) and Noah (I)) } \\
\text { alexis.b.g.levitt@gmail.com }
\end{gathered}
$$

## ANNUAL AUCTION FEATURING "A TASTE OF THE SOUTH SHORE" FRIDAY, MARCH 14, 2014 <br> 

Your participation in the auction means so much for our school - it sends a message of support to our entire community and raises vital funds for our children. So, please save the date and book a sitter.
We hope you will join us at this wonderful event!
There are many ways to support SSCPS with the Annual Auction Join us on Friday January $10^{\text {th }}$ at 8:30am at SSCPS for an auction meeting And help make this a fun and successful event!

Some volunteering opportunities are:

- Sponsors
- Donations
- Marketing
- Restaurants

Please Contact Denise Demaggio for more details

Administrative Help
Classroom Project
Parent to Parent Involvement \& More!
ddemaggio@sscps.org

# Massachusetts Free And Reduced Price School Meals Household Application <br> PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS 

## SCHOOL Year 2013-2014

If you have received a NOTICE OF DIRECT CERTIFICATION from the school district for free meals, do not complete this application. But do let the school know if any children in the household are not listed on the Notice of Direct Certification letter you received.

PART 1. ALL HOUSEHOLD MEMBERS List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

| NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last) | NAME OF SCHOOL CHILD ATTENDS | CHECK IF A FOSTER CHILD (LEGAL <br> RESPONSIBLILTY OF WELFARE AGENCY OR COURT) <br> * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5. | $\begin{gathered} \text { CHECK } \\ \text { IF NO } \\ \text { INCOME } \end{gathered}$ |
| :---: | :---: | :---: | :---: |
|  |  | $\square$ | $\square$ |
|  |  | $\square$ | $\square$ |
|  |  | $\square$ | $\square$ |
|  |  | $\square$ | $\square$ |
|  |  | $\square$ | $\square$ |
|  |  |  | $\square$ |
|  |  |  | $\square$ |

PART 2. BENEFITS- MA SNAP OR MA TAFDC
IF ANY MEMBER OF YOUR HOUSEHOLD RECEIVES MA SNAP or MA TAFDC benefits, PROVIDE THE AGENCY IDENTIFICATION NUMBER* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER.
AGENCY ID:

* Do not provide EBT card number.

PART 3. HOMELESS, MIGRANT, RUNAWAY
IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL SSCPS, Angie Pepin, Homeless Liaison, 781-9824202x102.

HOMELESS $\square$ RUNAWAY $\square$ MIGRANT $\square$

PART 4. TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS). List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

| 1. NAME <br> (LIST ONLY HOUSEHOLD MEMBERS WITH INCOME) | 2. GROSS INCOME AND HOW OFTEN IT WAS RECEIVED |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Earnings from work before deductions. |  |  |  |  | Welfare, child support, alimony | $\begin{aligned} & \frac{c}{\stackrel{y}{\Delta}} \\ & \stackrel{y}{\Delta} \end{aligned}$ |  |  |  | Pensions, retirement, Social Security, SSI, VA benefits | $\begin{aligned} & \frac{3}{3} \\ & \frac{3}{8} \\ & \stackrel{y}{3} \end{aligned}$ | $\begin{array}{\|c} \frac{s}{0} \\ 0 \\ 0 \\ N \\ 0 \\ 0 \\ 0 \\ 0 \end{array}$ |  |  | All other income (you must indicate how much and how often) |
| (Example) Jane Smith | \$200 | 区 | $\square$ |  | $\square$ | \$150 | $\square$ | 区 | $\square$ | $\square$ | \$0 |  | $\square$ | $\square$ |  | \$0 |
|  | \$ | $\square$ | $\square$ | $\square$ |  | \$ | $\square$ | $\square$ | $\square$ | $\square$ | \$ | $\square$ | $\square$ | $\square$ | \$ | \$ |
|  | \$ | $\square$ | $\square$ | $\square$ | $\square$ | \$ | $\square$ | $\square$ | $\square$ | $\square$ | \$ | $\square$ | $\square$ | $\square$ | \$ | \$ |
|  | \$ | $\square$ | $\square$ | $\square$ |  | \$ | $\square$ | $\square$ | $\square$ | $\square$ | \$ | $\square$ | $\square$ | $\square$ | \$ | \$ |
|  | \$ | $\square$ | $\square$ | $\square$ |  | \$ | $\square$ | $\square$ | $\square$ | $\square$ | \$ | $\square$ | $\square$ | $\square$ | \$ | \$ |
|  | \$ | $\square$ | $\square$ | $\square$ | $\square$ | \$ | $\square$ | $\square$ | $\square$ | $\square$ | \$ | $\square$ | $\square$ | $\square \square$ | \$ | \$ |
|  | \$ | $\square$ | $\square$ | $\square$ |  | \$ | $\square$ | $\square$ | $\square$ | $\square$ | \$ | $\square$ | $\square \square$ | $\square \square$ | \$ |  |

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.
$\qquad$ Print Name: $\qquad$ Date:
Address: $\qquad$ City: $\qquad$ State: $\qquad$ Zip Code: $\qquad$ Phone Number: $\qquad$ Cell Phone Number:
Last four digits of Social Security Number $* * *_{\text {_ }} *^{*}$ _ ___ _ _
$\square$ Check here if you do not have a Social Security Number

## PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)

| Choose one ethnicity: | Choose one or more (regardless of ethnicity): |  |  |
| :--- | :--- | :--- | :--- | :--- |
| $\square$ Hispanic/Latino | $\square$ Asian | $\square$ American Indian or Alaska Native | $\square$ Black or African American |
| $\square$ Not Hispanic/Latino | $\square$ White | $\square$ Native Hawaiian or other Pacific Islander |  | DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.



| REDUCED PRICE MEALS |  |  |  |  | FREE MEALS |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Household <br> Size | Annual <br> Income | Monthly <br> Income | Weekly <br> Income |  | Annual Income | Monthly <br> Income | Weekly <br> Income |
| 1 | $\$ 21,257$ | $\$ 1,772$ | $\$ 409$ |  | $\$ 14,937$ | $\$ 1,245$ | $\$ 288$ |
| 2 | $\$ 28,694$ | $\$ 2,392$ | $\$ 552$ |  | $\$ 20,163$ | $\$ 1,681$ | $\$ 388$ |
| 3 | $\$ 36,131$ | $\$ 3,011$ | $\$ 695$ |  | $\$ 25,389$ | $\$ 2,116$ | $\$ 489$ |
| 4 | $\$ 43,568$ | $\$ 3,631$ | $\$ 838$ |  | $\$ 30,615$ | $\$ 2,552$ | $\$ 589$ |
| 5 | $\$ 51,005$ | $\$ 4,251$ | $\$ 981$ |  | $\$ 35,841$ | $\$ 2,987$ | $\$ 690$ |
| 6 | $\$ 58,442$ | $\$ 4,871$ | $\$ 1,124$ |  | $\$ 41,067$ | $\$ 3,423$ | $\$ 790$ |
| 7 | $\$ 65,879$ | $\$ 5,490$ | $\$ 1,267$ |  | $\$ 46,293$ | $\$ 3,858$ | $\$ 891$ |
| 8 | $\$ 73,316$ | $\$ 6,110$ | $\$ 1,410$ |  | $\$ 51,519$ | $\$ 4,294$ | $\$ 991$ |
| Each <br> additional <br> person: | $\$ 7,437$ | $\$ 620$ | $\$ 144$ |  | $\$ 5,226$ | $\$ 436$ | $\$ 101$ |

## 2013-2014 Free and Reduced Income Eligibility Guidelines:

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

# Breakfast Order Form Breakfast for the Month of January, 2014 

Due to the office by 3:00 pm, *Tuesday, January 21, 2014
Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$

Please CHECK off the day breakfast will be ordered.

| Week of |
| :--- |
| $1 / 27-1 / 31$ |

[ ] Monday
Number of Breakfasts ordered

## Lunch Order Form

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 1/27-1/31

Number of Lunches ordered $\qquad$ \$3.25
Less credit due
Total Amount Enclosed
\$
Cash or Checks may be made out to SSCPS.

# Breakfast Order Form Breakfast for the Month of February, 2014 

Due to the office by 3:00 pm, *Tuesday, January 28, 2014
Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$

Please CHECK off the day breakfast will be ordered.

| Week of <br> $2 / 3-2 / 7$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Week of <br> $2 / 10-2 / 14$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |
| Week of <br> $2 / 17-2 / 21$ | $[\mathrm{X}]$ Monday | [X] Tuesday | [X] Wednesday | [X] Thursday | [X] Friday |
| Week of <br> $2 / 24-2 / 28$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |

Number of Breakfasts ordered $\quad$ X $\quad \$ 1.65$

Less credit due
Total Amount Enclosed
\$
Cash or Checks may be made out to SSCPS.

# Lunch Order Form Lunch for the Month of February, 2014 

Due to the office by 3:00 pm, *Tuesday, January 28, 2014
Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$

Please CHECK off the day lunch will be ordered.

| Week of <br> $2 / 3-2 / 7$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [X] Thursday | [ ] Friday |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Week of <br> $2 / 10-2 / 14$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |
| Week of <br> $2 / 17-2 / 21$ | [X] Monday | [X] Tuesday | [X] Wednesday | [X] Thursday | [X] Friday |
| Week of | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |

Number of Lunches ordered $\quad$ X $\$ 3.25$
Less credit due
Total Amount Enclosed
$\$$
Cash or Checks may be made out to SSCPS.

South Shore Charter School
FEBRUARY, 2014
Catered by Essence of Thyme

## Breakfast

\begin{tabular}{|c|c|c|c|c|}
\hline Monday \& Tuesday \& \multicolumn{2}{|l|}{Wednesday Thursday} \& Friday \\
\hline \begin{tabular}{l}
3 \\
3.6 oz. WW Chocolate Muffin Orange Juice Milk
\end{tabular} \& \begin{tabular}{l}
4 \\
3.6 oz. WW Apple Muffin Orange Juice Milk
\end{tabular} \& \begin{tabular}{l}
\[
5
\] \\
2 oz. Frosted Flakes Apple Juice Milk
\end{tabular} \& \begin{tabular}{l}
\[
6
\] \\
WG Cinnamon Roll Orange Juice Milk
\end{tabular} \& \begin{tabular}{l}
7 \\
WW Croissant w/Jelly Orange Juice Milk
\end{tabular} \\
\hline \begin{tabular}{l}
10 \\
3.6 oz. WW Apple Muffin Orange Juice Milk
\end{tabular} \& \begin{tabular}{l}
11 \\
3.6 oz. WW Blueberry \\
Muffin \\
Orange Juice Milk
\end{tabular} \& \begin{tabular}{l}
\[
12
\] \\
2 oz. Frosted Flakes Apple Juice Milk
\end{tabular} \& \begin{tabular}{l}
13 \\
3.6 oz. WW Banana Muffin Orange Juice Milk
\end{tabular} \& \begin{tabular}{l}
14 \\
Corn Flakes \\
WW Blueberry Waffle Grahams Orange Juice Milk
\end{tabular} \\
\hline 17 PRESIDENTS DAY \& \[
18
\] \& \[
19
\] \& \[
20
\]
\[
\Gamma \quad T
\] \& \[
21
\]

$$
\mathbf{N}
$$ <br>

\hline | 24 |
| :--- |
| Corn Flakes |
| WW Blueberry Waffle Grahams Orange Juice Milk | \& | $25$ |
| :--- |
| 3.6 oz. WW Apple Muffin Orange Juice Milk | \& | $26$ |
| :--- |
| 3.6 oz. WW Blueberry Muffin Orange Juice Milk | \& | $27$ |
| :--- |
| Plain Bagel Orange Juice Milk | \& | 28 |
| :--- |
| WG Cinnamon Roll Orange Juice Milk | <br>

\hline
\end{tabular}

*Before placing your order, please inform the school if you have a food allergy!

| Monday |  | Tuesday | Wednesday |  |  | Thursday | Friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 3 <br> BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Apple Juice Milk | 4 | American Chop Suey Green Beans Whole Wheat Roll Orange Juice Milk | 5 | Chicken Alfredo w/Ziti Broccoli Applesauce Milk | 6 | EARLY RELEASE |  | Beef \& Bean WW Burrito Corn Banana Milk |
| 10 <br> Beef Hot Dog on WW Roll Baked Beans Ketchup Mandarin Oranges Milk | 11 | Cheese Pizza Broccoli Corn Peaches Milk | 12 | Turkey Ranch WW Wrap Cucumber Fruit Cocktail Milk |  | Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Fruit Cocktail Milk | 14 | Sweet \& Sour Chicken Brown Rice Carrots Orange Milk |
| 17 PRESIDENTS DAY | 18 |  | 19 | $\therefore A$ |  | $T \quad I$ | 21 | 0 $\mathbf{N}$ |
| 24 <br> Hamburger on WW Bun Baked Beans Ketchup Apple Milk | 25 | Ziti \& Meatballs Broccoli Whole Wheat Roll Orange Juice Milk | 26 | Chicken WW Quesadilla Green Beans Banana Milk |  | Pancakes Sausage Patty Sweet Potato Baked Apple Slices Milk | 28 | Turkey \& Gravy Potato Puffs Whole Wheat Roll Orange Milk |

## all menus are subject to change

*Before placing your order, please inform the school if you have a food allergy!

## Essence of Thyme and Cravings

## South Shore Charter School - 9-12

FEBRUARY, 2014
Catered by Essence of Thyme
Lunch


ALL MENUS ARE SUBJECT TO CHANGE

## *Before placing your order, please inform the school if you have a food allergy!

