



### FROM THE EXECUTIVE DIRECTOR

Last Thursday evening faculty, students, and parents prepared our school for the second open house of the enrollment season. With the enrollment lottery only a few weeks away, Thursday evening provided prospective families with an introduction to our students, faculty, curriculum, and community.

This year we hosted over 650 visitors at our fall and winter open houses. The families I met in the music room listened and learned about all that makes the South Shore Charter Public School different from a traditional public or private school. During this time with prospective families, every year the conversation veers from classes and curriculum and plunges toward the enrollment lottery. It cannot be helped. The lottery is the proverbial elephant in the room; we share the podium.

However that night, there was an additional line of questioning I welcomed, but did not anticipate. These questions were posed on more than one occasion, and during all of the information sessions. One mother sitting in the front row asked a question that ended, "...with so much success, and so few spots, what are your plans?"

This unexpected conversation with prospective families occurred numerous times throughout the evening. This year the discussion became one of high school expansion, the strategic plan, and the forward direction of our school. Something as simple as increased seats in grade nine makes a difference for many of our prospective families.

Unlike the enrollment lottery, there is nothing random about our direction as a school community. Throughout the year, the strategic plan has guided our school as we move forward during year one of our expansion. At the Board of Trustees meeting in December, the school addressed three objectives outlined in the strategic plan targeted for action this school year:

### Faculty

Codify and support a formal mentoring program for new teachers in their first three years.

### Curriculum

Develop a continuing sequence of college planning workshops for parents and students beginning in grade seven to educate families about the college process.

### Facilities

Create a committee to discuss and develop a facilities master plan which considers multiple desired improvements to the school building and campus. Invite members of the school community to public discussions.

It is only January, yet many initiatives within the strategic plan have been launched. This year the strategic plan calls for us to begin the planning and renovation of the school's outdoor spaces. We began this initiative in late August as our school year began. Yesterday the Harvard Kennedy School of Government released a short film featuring our school, their graduate student volunteers, and our new outdoor classroom.

The film, done by Matthew Cadwallader, may be seen on the HKS home page <u>www.hks.harvard.edu</u>, or our SSCPS home page <u>www.sscps.org</u>

Since the filming of this video, our outdoor classroom has been widely used by students and faculty at all grade levels. In March, SSCPS faculty will attend the Green Schools National Conference where Donovan Fauvelle and

William Tramontana have been invited to present the outdoor classroom project. This project is important as it marks the beginning of an essential objective within our strategic plan.

This space would not have been possible without the joint efforts of the Derby Street Shoppes, parents Gwen and Steven Watchorn who designed the space, our faculty who spent a day excavating, and Matt Tondorf and Mark Flanagan, who worked so hard as site coordinators. I would like to again thank the students and faculty at the Harvard Kennedy School, especially Jeff Seglin and Martha Foley for all of their efforts in making our outdoor classroom a reality.

At the upcoming Board of Trustees meeting on February 13, additional objectives to be addressed this year will be presented as we move our school forward during this year of growth. The strategic plan may be found on our website under Public Documents, and we invite you to review the document and offer any insights you may have regarding the growth and direction of our school. Working together, like we do at every open house, is the only way to move forward.

Thank you to our terrific open house volunteers.

	r		
Zain Akhtar	Derrick Dera	Candy Lee	Justina Pettinelli
Isaiah Bernadotte	Tara Dusthimer	Diane Lee	Colwynn Polefka
Caroline Boyle	Kasara Elliott	Ethan Lee	Kendra Polefka
Jonathan Boyle	Abbey Farmer	Julia MacDougall	Morgan Rousseau
Karen Boyle	Beth Farmer	Christine Mattuchio	Holly Somerville
Harrison Carter	Tevin Francois	Emma Mattuchio	Desmond Sullivan
Rachel Ciambriello	Gema Gray	Louis Mattuchio	Paul Sullivan
Janet Daley	Nella Harting	Kevin McGuiness	Melissa Theodore
Abigail Dalton	Van Harting	Marly Moise	Daniel Trocher
Amelia Dalton	Steve Hillson	Hannah Mullen	Noemie Trocher
Kim Dalton	Brian Kelly	Christine Nwafor	Lauren Walsh
Olivia Dalton	Priscilla Kelly	James Perachi	Naomi Zorrilla
Victoria Dalton	Matthew Kirves	Lisa Perachi	

Thank you for all you do every day to make us the South Shore Charter Public School.

Alicia Savage - asavage@sscps.org

Thursday	01/23	Grades 7-12 Mid Term Exams – Block A and Block B Early Release for High School	12:00pm
Friday	01/24	Grades 7-12 Mid Term Exams – Block C and Block D Early Release for High School	12:00pm
Friday	01/24	Auction Committee	8:30am
Monday	01/27	Grades 7-12 Mid Term Exams – Block E and Make ups Early Release for High School	10:00am
Friday	01/31	Family Game Night at the SSCPS Gym	6-8pm
Friday	01/31	K-12 Grades Distributed	

### **ANNOUNCEMENTS**

**Enrollment Lottery – Saturday, February 8, 2014** Applications for the lottery are due no later than Wednesday, February 5, 2014. If you are planning to apply for a sibling of a currently enrolled student including any incoming Kindergarteners, you must submit an application prior to the deadline. The application package is available on the SSCPS website or from the front desk. If you have any questions, please contact Pam Algera at palgera@sscps.org.

**Save the date! On Friday, February 7 from 1:00 pm to 6:00 pm** the National Honor Society will be hosting a Blood Drive with the Red Cross. The NHS students will be eligible for scholarship money through Bob's Discount Furniture High School Heroes Scholarship program. The amount of money awarded is determined by participation rate in the blood drive. Details will be provided soon about how to sign up.

### **After School Chorus**

The After School Chorus, under the direction of Jane Money, will begin again next Monday, January 13. Application is attached. This chorus is open to children in the 2nd through 6th grade. Even if you were not here in the fall term, please come and join. It is a wonderful opportunity for our students. Scholarships are available.

### 2014 Yearbook

The 2014 yearbook is now in progress and all the memories of the 2013-2014 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to <u>www.coffeepond.com</u>, to login use school password: bluejaguar.

### ATHLETIC UPDATE

The basketball season is up and running, as the high school teams have played three conference games and the middle school has played five games. The high school boys have started the season at 0-2, but have improved from last year and continue to show signs of progress as the season moves forward. The team has shown flashes of exceptional play, especially from seniors and co-captains Terry Alcindor and Jeremy Delphonse. Also, junior Gerardo Bernadotte has been the most consistent offensive threat. The lady Jaguars have also had a slow start, but continue to improve. The team has been led by the rebounding and hustle of sophomore Christine Nwafor. Despite the losses, both high school teams have been praised on their sportsmanship and the vast improvement of their skills from last year. These comments can serve as a direct compliment to the coaching staff and players of SSCPS for representing the school in the right way. The next set of high school games will be on Sunday, January 26 at Hingham Middle School. Girls start at 5:30 and boys at 6:45.

The middle school boys' team has also gotten off to a slow start (1-4), but has picked it up recently with their first victory over Neighborhood House Charter this past weekend. The team has been led offensively by sixth graders Myles Wilson and Christian Francois and defensively by sixth grader Rawsheed Nelson and eighth grader Frankie Sullivan. The next game will be on Sunday, January 26 at Hingham Middle School beginning at 4:15.

Come out and support the Jaguar teams. You can find all the game schedules on the school's website on the Athletics page.

### **COMMUNITY SERVICE OPPORTUNITIES**

### **Opportunity for High School Students**

BOKS is a before school fitness program for students in Levels 1 and 2. Two or three high school students are needed to help out. Set up begins at 7:10am. Please contact Iris Mahegan <u>valsdottir@gmail.com</u> or Janet Daley jemsdaley@comcast.net

If you would like to share a community service event that is happening on the South Shore please email Sarah Collins, Community Service Chairperson, at <u>sazzifrazz78@yahoo.com</u>.

Name of Organization	Dates	Info		
MS Climb to the Top: National MS	March 1, 2014	www.NationalMSsociety.org		

#### **Upcoming Events**

Society fund raiser at Hancock Building in Boston		
Hanson Children's Museum at Hanover Mall teens or families needed	continuous volunteers needed as part of the play crew	www.Hansonchildrensmuseum.org
Birthday Wishes Hanover:: host a goody bag stuffing party to provide a party to homeless children	ongoing	www.birthdaywishes.org
Father Bills/MainSpring various volunteer opportunities in Quincy and Brockton	Continuous	www.helpfbms.org/get/volunteer.org
Warm Hands Warm Hearts: collect hats, gloves, socks, etc. for Boston's homeless	ongoing	Friends of Boston Homeless 617 942-8671
Fidelis Hospice: Braintree knit lap blankets for hospice patients	ongoing	Fidelis Hospice 781 848-3678

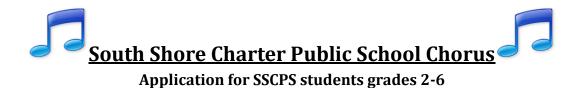
### **COMMUNITY INTEREST**

**"Full Moon Stroll at Holly Hill Farm"** All ages are welcome to come take a stroll on the paths of Holly Hill Farm by the light of the full moon on Friday February 14 at 6 pm. There is much to see and hear, as we head out on a well-lit trail to note the winter stirrings. Dress for the weather and meet at the main barn at 6 pm. Join us for a cup of hot cocoa after the walk. This event is free and all ages are welcome. This event is scheduled with a clear night in mind. If the sky is solid clouds we will reschedule for another clear full moonlit night.

Holly Hill Farm is offering an exciting February vacation program this winter: **"February Vacation Exploration"** for children ages 5-8 years old from 9 am to noon on Tuesday, Wednesday, Thursday, February 18, 19, 20. Are the kids tired of being inside? Treat your children to an action packed three mornings on the farm. Explore the woods, help the farmers with composting, interact with the farm animals and dig in the greenhouse. There are many fascinating discoveries on the farm in winter! Space is limited; please pre-register by calling 781-383-6565. Cost: \$90 for FHHF members, \$140 for non-members.

### WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>





Mondays 3:10pm-4:15pm starting January 13, 2014

Student Name							
Address							
City, Zip Code							
Parent / Guardian Name							
Parent / Guardian Email Address							
Main Telephone Number							
Level / Teacher							
Cost: \$25.00 per child or \$30.00 per family Please make checks payable to SSCPS							
Scholarships are available to those who qualify. Please contact Kristine Shipps at <u>kshipps@sscps.org</u> for details.							
Session2 begins Monday, January 13, 2014 and continues every Monday until June 2, 2014.							
The Chorus will perform at the SSCPS Spring Concert, Thursday, June 5th.							

For more information contact:

Wardie Mannix at <u>hmannix@sscps.org</u> or Cyndi Wormald at <u>cindavesam@yahoo.com</u>

## 1<sup>st</sup> Annual Mid-Winter Game Night!!!!

## Get out of the cold and warm up with your SSCPS Family

Who: The entire SSCPS family - students & families, faculty & staff

**What:** Games – board games, card games, motion games – whatever you bring, it's up to you! (No electronics.)

When: Friday evening, January 31 from 6:00 – 8:00 (snow date of Friday Feb. 7)

Where: SSCPS Gym, 104 Longwater Drive, Norwell

**How:** DIY – you bring and lead the games that you would like to play. We will have tables and chairs set up throughout the gym.

Why: Because we are SSCPS!!

**Also...** Pizza for sale. Please potluck (bring) drinks, snacks, and desserts to share. The more, the better!

**Fine print:** This is not a drop-off event. Kids: Make sure your parents stay and join the fun! Also, tell your parents that kids cannot stay in the school unsupervised from 3:00 - 6:00. If you are not in a club or sport that afternoon, please be sure to get a ride home or to a friend's house and then come back for the fun!!

### Free event!!!!!

Brought to you by your friendly neighborhood PA.

Any questions, contact Alexis (with Maya (II) and Noah (I)) alexis.b.g.levitt@gmail.com

# **ANNUAL AUCTION** FEATURING "A TASTE OF THE SOUTH SHORE" FRIDAY, MARCH 14, 2014



Your participation in the auction means so much for our school - it sends a message of support to our entire community and raises vital funds for our children. So, please save the date and book a sitter. We hope you will join us at this wonderful event! There are many ways to support SSCPS with the Annual Auction Join us on Friday January 10<sup>th</sup> at 8:30am at SSCPS for an auction meeting And help make this a fun and successful event!

## Some volunteering opportunities are:

- Sponsors
- Donations
- Marketing
- Restaurants

Administrative Help Classroom Project Parent to Parent Involvement & More!

Please Contact Denise Demaggio for more details

ddemaggio@sscps.org

### MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION



## **PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS**

### SCHOOL YEAR 2013-2014

If you have received a **NOTICE OF DIRECT CERTIFICATION** from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

**PART 1.** ALL HOUSEHOLD MEMBERS List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF <b>ALL</b> HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A <b>FOSTER CHILD</b> (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	Check if <b>no</b> Income

PART 2. BENEFITS- MA SNAP OR MA TAFDC	1	PART
IF ANY MEMBER OF YOUR HOUSEHOLD RECEIVES MA SNAP or		IF AN
MA TAFDC benefits, PROVIDE THE AGENCY IDENTIFICATION	I	HOM
NUMBER* LOCATED ON THE DEPARTMENT OF TRANSITIONAL	I	CHEC
ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND	I	SSCP
SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID	I	4202x
NUMBER.	I	HC
AGENCY ID: * Do not provide EBT card number.	ı	

**PART 3.** HOMELESS, MIGRANT, RUNAWAY IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL -**SSCPS, Angie Pepin, Homeless Liaison, 781-982-4202x102.** 

HOMELESS 🛛 RUNAWAY 🗖 MIGRANT 🗖

**PART 4.** TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS). List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

1. NAME	2. GROSS INCOME AND HOW OFTEN IT WAS RECEIVED															
(LIST <b>ONLY</b> HOUSEHOLD MEMBERS WITH INCOME)	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
(Example) Jane Smith	\$200	$\boxtimes$				\$150		$\boxtimes$			\$0					\$0
	\$					\$					\$					\$
	\$					\$					\$					\$
	\$					\$					\$					\$
	\$					\$					\$					\$
	\$					\$					\$					\$
	\$					\$					\$					\$
PART 5. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN) ON BACK																

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign nere:	Print Name:		Date:	
Address:	City:	State:	Zip Code:	
Phone Number:	_ Cell Phone Number:			
Last four digits of Social Security Number ***-* *	□ Check here if you d	o not have a Socia	l Security Number	

### PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)

Choose one ethnicity:	Choose one or more	(regardless of ethnicity):						
Hispanic/Latino	□ Asian	Black or African American						
□ Not Hispanic/Latino	□ White	□ Native Hawaiian or othe	er Pacific Islander					
DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.								
Annual Income Con	Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12							
Total Income: Per: 🗖 W	eek, 🗖 Every 2 W	Weeks, 🗖 Twice A Month	, 🗖 Month, 🗖 Y	'ear Household size:				
Categorical Eligibility: Date Withda	rawn:	Eligibility: Free R	Reduced De	enied Reason:				
Determining Official's Signature: Date:								
Confirming Official's Signature:	Date	Date:						
Verifying Official's Signature:			Date:					

## 2013-2014 Free and Reduced Income Eligibility Guidelines:

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

#### Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of

REI	DUCED PI	RICE MEA	LS	FRE	FREE MEALS				
Household Size	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income			
1	\$21,257	\$1,772	\$409	\$14,937	\$1,245	\$288			
2	\$28,694	\$2,392	\$552	\$20,163	\$1,681	\$388			
3	\$36,131	\$3.011	\$695	\$25,389	\$2,116	\$489			
4	\$43,568	\$3,631	\$838	\$30,615	\$2,552	\$589			
5	\$51,005	\$4,251	\$981	\$35,841	\$2,987	\$690			
6	\$58,442	\$4,871	\$1,124	\$41,067	\$3,423	\$790			
7	\$65,879	\$5,490	\$1,267	\$46,293	\$3,858	\$891			
8	\$73,316	\$6,110	\$1,410	\$51,519	\$4,294	\$991			
Each additional person:	\$7,437	\$620	\$144	\$5,226	\$436	\$101			

the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

## **Breakfast Order Form Breakfast for the Month of February, 2014**

Due to the office by 3:00 pm, \*Tuesday, January 28, 2014

### Student Name \_\_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

### Please <u>CHECK</u> off the day breakfast will be ordered.

Week of 2/3 – 2/7	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 2/10 – 2/14	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 2/17 – 2/21	[X] Monday	[X] Tuesday	[X] Wednesday	[X] Thursday	[X] Friday
Week of 2/24 – 2/28	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday

Number of Breakfasts ordered	 Х	\$1.65
Less credit due		
<b>Total Amount Enclosed</b>	\$	

Cash or Checks may be made out to SSCPS.

## **Lunch Order Form** Lunch for the Month of February, 2014

Due to the office by 3:00 pm, \*Tuesday, January 28, 2014

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

### Please <u>CHECK</u> off the day lunch will be ordered.

Week of 2/3 – 2/7	[] Monday	[] Tuesday	[] Wednesday	[X] Thursday	[] Friday
Week of 2/10 – 2/14	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 2/17 – 2/21	[X] Monday	[X] Tuesday	[X] Wednesday	[X] Thursday	[X] Friday
Week of 2/24 – 2/28	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday

Number of Lunches ordered	 Х	\$3.25
Less credit due		
<b>Total Amount Enclosed</b>		\$
Cash or Checks may be made out to SSCPS.		



### South Shore Charter School FEBRUARY, 2014 Catered by Essence of Thyme

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 3.6 oz. WW Chocolate Muffin Orange Juice Milk	4 3.6 oz. WW Apple Muffin Orange Juice Milk	5 2 oz. Frosted Flakes Apple Juice Milk	6 WG Cinnamon Roll Orange Juice Milk	7 WW Croissant w/Jelly Orange Juice Milk
10 3.6 oz. WW Apple Muffin Orange Juice Milk	11 3.6 oz. WW Blueberry Muffin Orange Juice Milk	12 2 oz. Frosted Flakes Apple Juice Milk	13 3.6 oz. WW Banana Muffin Orange Juice Milk	14 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk
17 PRESIDENTS DAY	<sup>18</sup> V A	<sup>19</sup> C A	20 T I	<sup>21</sup> O N
24 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk	25 3.6 oz. WW Apple Muffin Orange Juice Milk	26 3.6 oz. WW Blueberry Muffin Orange Juice Milk	27 Plain Bagel Orange Juice Milk	28 WG Cinnamon Roll Orange Juice Milk

\* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

## ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!



## South Shore Charter School – K-8 FEBRUARY, 2014

Catered by Essence of Thyme

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
BBQ Chicken on WW Bun	American Chop Suey	Chicken Alfredo w/Ziti	EARLY	Beef & Bean WW Burrito
Sweet Potato Fries	Green Beans	Broccoli		Corn
w/Ketchup	Whole Wheat Roll	Applesauce	RELEASE	Banana
Apple Juice	Orange Juice	Milk		Milk
Milk	Milk			
10	11	12	13	14
Beef Hot Dog on WW Roll	Cheese Pizza	Turkey Ranch WW Wrap	Chicken Tenders	Sweet & Sour Chicken
Baked Beans	Broccoli	Cucumber	Potato Puffs w/Ketchup	Brown Rice
Ketchup	Corn	Fruit Cocktail	Whole Wheat Roll	Carrots
Mandarin Oranges	Peaches	Milk	Fruit Cocktail	Orange
Milk	Milk		Milk	Milk
17 PRESIDENTS DAY	18	19	20	21
	<b>TT</b>			
*				
FIC V	• • •	$\sim$ $11$	▲ ▲	$\sim$ $\sim$
No. 1 to				
24	25	26	27	28
Hamburger on WW Bun	Ziti & Meatballs	Chicken WW Quesadilla	Pancakes	Turkey & Gravy
Baked Beans	Broccoli	Green Beans	Sausage Patty	Potato Puffs
Ketchup	Whole Wheat Roll	Banana	Sweet Potato	Whole Wheat Roll
Apple	Orange Juice	Milk	Baked Apple Slices	Orange
Milk	Milk		Milk	Milk
All Maals include choice of 10/	n Claime MCII.	•	•	Complian with NSL D Degulation

\* All Meals include choice of 1% or Skim Milk.

Lunch

Complies with NSLP Regulations

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M:\MENUS\South Shore Charter School\Menus 2014\February Lunch K-8.doc



## South Shore Charter School – 9-12 FEBRUARY, 2014

Catered by Essence of Thyme

Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Chicken on WW Bun	4 American Chop Suey	5 Chicken Alfredo w/Ziti	<sup>6</sup> EARLY	7 Beef & Bean WW Burrito
Sweet Potato Fries	Green Beans	Broccoli		Corn
w/Ketchup	Whole Wheat Roll	Whole Wheat Roll	RELEASE	Banana
Pineapple Chunks	Pineapple Chunks	Applesauce		Orange Juice
Apple Juice	Orange Juice	Milk		Milk
Milk	Milk			
10	11	12	13	
Beef Hot Dog on WW Roll	Cheese Pizza	Turkey Ranch WW Wrap	Chicken Tenders	Sweet & Sour Chicken
Baked Beans	Broccoli	Cucumber	Potato Puffs w/Ketchup	Brown Rice
Ketchup Fruit Cocktail	Corn Peaches	Banana Mandarin Orangas	Whole Wheat Roll Fruit Cocktail	Carrots
Milk	Milk	Mandarin Oranges Milk	Milk	Orange
IVIIIK	WIIK	IVIIIK	WIIK	Apple Juice Milk
17 PRESIDENTS DAY	18	19	20	21
	V A	C A	ΤI	O N
24	25	26	27	28
Hamburger on WW Bun	Ziti & Meatballs	Chicken WW Quesadilla	Pancakes w/Syrup	Turkey & Gravy
Baked Beans	Broccoli	Spanish Rice	Sausage Patty	Potato Puffs
Ketchup	Whole Wheat Roll	Green Beans	Sweet Potato	Whole Grain Cinnamon Roll
Apple	Fruit Cocktail	Banana	Baked Apple Slices	Peaches
Pears	Orange Juice	Peaches	Milk	Milk
Milk	Milk	Milk		

\* All Meals include choice of 1% or Skim Milk.

Lunch

Complies with NSLP Regulations

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