



FROM THE 7-12 PRINCIPAL

For our high school Seniors a series of important deadlines have come and gone as most colleges have regular decision application due dates in January and February. The approach to those deadlines can be incredibly stressful for students and for the parents and teachers who support them. Finally clicking “Submit” on the Common Application website signifies the culmination of a long, challenging process that truly begins when students enter school in kindergarten. Our faculty works hard to provide students and their parents with the information and assistance they need to manage the process successfully and alleviate some of the anxiety. As a school we have always supported 11th and 12th grade students and their families in the college application process, both during the school day and through parent nights. Students spend half of their Junior year and half of their Senior year in weekly seminars led by Mary Carter, Director of Guidance, working through the college application process. We offer informational nights for the parents of Juniors and Seniors to provide guidance about the application process, financial aid, and the steps to graduation. For the parents of Seniors, hands- on help with the Free Application for Federal Student Aid (FAFSA) forms is available here at school and through events in the outside community.

In an effort to help families begin discussing college earlier we are expanding our offerings to parents in earlier years. We are beginning this year with the addition of an informational night for the parents of tenth graders. Next year we will include middle school parents with a focus on financial planning. For parents looking to start now a great deal of information and advice regarding college financing is available from the Massachusetts Educational Financing Authority (MEFA) at www.mefa.org. It is worth exploring the website to get a sense of the current financial trends and how parents can best prepare.

The agenda for our new Sophomore Parent Night is designed to prepare parents for what they should expect as their children complete graduation requirements and begin the college process. Our focus will be on the college course requirement, testing (MCAS, PSAT, SAT/ACT, SAT II), admission trends, financial trends, and next steps. Our goal is to help families begin the conversation early and relieve some of the stress associated with this process.

Tenth grade parent night was originally scheduled for the evening of February 5th. Due to the inclement weather, we have moved the program to Wednesday, February 26th at 6pm. Mary Carter and I hope to see many of our tenth grade families there. If you have any questions or concerns please do not hesitate to contact me.

Angie Pepin -781-982-4202 x102 - apepin@sscps.org

Thursday	02/06	Intent to Continue and Enrollment Applications Due	5:00pm
Thursday	02/06	Professional Development Early Release	12:00pm
Friday	02/07	National Honor Society Hosting Blood Drive at the SSCPS Gym	1:00-6:00pm
Friday	02/07	Auction Committee Meeting	8:30am
Saturday	02/08	Enrollment Lottery	10:00am
Tuesday	02/11	Auction Committee Meeting	1:30pm
Wednesday	02/12	Level III Field Trip to Wheelock Theatre	
Wednesday	02/12	Senior Trip Meeting	6:30pm

ANNOUNCEMENTS

National Honor Society Hosting Blood Drive Friday, February 7 - 1:00 pm to 6:00 pm

The National Honor Society is hosting a blood drive with the Red Cross on Friday, February 7, 2014 from 1:00 pm to 6:00 pm. The blood drive is in association with Bob's High School Heroes, which will donate scholarship money depending on the participation rate. So schedule your appointment now!

You can schedule an appointment by going to www.redcross.org/blood, search by zip code (02061), and click on "schedule appointment" next to our school's name. Or you can call directly at 1-800-RED-CROSS

2014 Yearbook

The 2014 yearbook is now in progress and all the memories of the 2013-2014 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar.

Level IV Parents

As part of the Health and Physical Education program at SSCPS, your student may earn his or her CPR/AED certification. The cost of certification is \$19.00 and is active for 2 years. In the coming weeks a form will be sent home with your student to fill out with an attached payment in the form of cash or check. Students will still learn hands-only CPR if they choose not to pay for certification. Any questions or concerns feel free to contact the health instructor at cbodnar@sscps.org.

COMMUNITY SERVICE OPPORTUNITIES

Gently Used and New Children's Book Collection

Shannon Daly (Donovan's room level III) is collecting "slightly used" books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all of the adult learners and their children are invited to come and choose books that they can take home so they can create an at home library. The Learning Center relies on donations from community members to make this give-away possible. A lot of the time this is the only way they receive books. The collection box is located outside of Donovan's Room in level III, and any donations would be greatly appreciated! For larger donations please contact Barbara at barbara6910@msn.com

Level III Student Collected Donations for Standish Humane Society

My name is Abbey Farmer, and I'm collecting donations for the **Standish Humane Society** in Duxbury. It is a no-kill shelter for abandoned, abused, and stray cats. There will be a donation box in the level 3 great room, along with a list of the shelter's needs. Donations will be accepted from **January 30** until **February 13**. Please make a donation and help cats in need! Thank you.

If you would like to share a community service event that is happening on the South Shore please email Sarah Collins, Community Service Chairperson, at sazzifrazz78@yahoo.com.

Upcoming Events

Name of Organization	Dates	Info
MS Climb to the Top: National MS Society fund raiser at Hancock Building in Boston	March 1, 2014	www.NationalMSsociety.org
Hanson Children's Museum at Hanover Mall teens or families needed	continuous volunteers needed as part of the play crew	www.Hansonchildrensmuseum.org
Birthday Wishes Hanover:: host a	ongoing	www.birthdaywishes.org

goody bag stuffing party to provide a party to homeless children		
Father Bills/MainSpring various volunteer opportunities in Quincy and Brockton	continuous	www.helpfbms.org/get/volunteer.org
Warm Hands Warm Hearts: collect hats, gloves, socks, etc. for Boston's homeless	ongoing	Friends of Boston Homeless 617 942-8671
Fidelis Hospice: Braintree knit lap blankets for hospice patients	ongoing	Fidelis Hospice 781 848-3678

COMMUNITY INTEREST

Full Moon Stroll at Holly Hill Farm All ages are welcome to come take a stroll on the paths of Holly Hill Farm by the light of the full moon on Friday February 14 at 6 pm. There is much to see and hear, as we head out on a well-lit trail to note the winter stirrings. Dress for the weather and meet at the main barn at 6 pm. Join us for a cup of hot cocoa after the walk. This event is free and all ages are welcome. This event is scheduled with a clear night in mind. If the sky is solid clouds we will reschedule for another clear full moonlit night.

Holly Hill Farm is offering an exciting February vacation program this winter: **February Vacation Exploration** for children ages 5-8 years old from 9 am to noon on Tuesday, Wednesday, Thursday, February 18, 19, 20. Are the kids tired of being inside? Treat your children to an action packed three mornings on the farm. Explore the woods, help the farmers with composting, interact with the farm animals and dig in the greenhouse. There are many fascinating discoveries on the farm in winter! Space is limited; please pre-register by calling 781-383-6565. Cost: \$90 for FHMF members, \$140 for non-members.

It's time to sign up for summer camp at Holly Hill Farm in Cohasset. We offer fun farming, gardening, and nature exploration programs for children ages 3 – 18 from June 9 through August 15. Other programs include cooking using farm-grown produce, art on the farm, designing and building small items such as bird and bat houses, and "Drama on the Farm" where campers will create and present their own play on the farm. There are exciting opportunities for teens to grow food to sell at the Cohasset farmers market, and a free community service program for older teens to grow and harvest produce to be donated to Father Bill's Place in Quincy. We guarantee your children will come home dirty and happy! Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. Complete information and registration forms are available at www.hollyhillfarm.org.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**

*South Shore Charter Public School's High school Theater
Workshop presents..*

Mail Call



Where: South Shore Charter Public School,
Cynthia's Room (303)

When: Sunday, February 23rd

2 shows: Understudies at 1:15 p.m.
Leads at 2:00 p.m.

Please come and support our school!

Concessions will be available for purchase and there is an admission price of \$2.

All proceeds go to the theater workshop in order to pay for festival and all the expenses involved.

This play is set in the 40s' during WWII. While there is no inappropriate language it does have guns and talk of war.

ANNUAL AUCTION
FEATURING "A TASTE OF THE SOUTH SHORE"



FRIDAY, MARCH 14, 2014

THE ELMS

AMERICAN ELM AVE, HANOVER, MA

6 pm – 10 pm

In Advance \$25.00

At The Door \$30.00

Admission includes A Taste of the South Shore samplings!



The Annual Auction incorporates a raffle, auction, excitement and camaraderie that guests will be talking about for a long time. Your participation means so much for our school - it sends a message of support to our entire community and raises vital funds for our children. So, please save the date and book a sitter. This is an event you don't want to miss!

Online Bidding Coming Soon!

Please Contact Denise Demaggio for more details

ddemaggio@sscps.org



SOUTH SHORE CHARTER
EDUCATIONAL FOUNDATION
18TH ANNUAL AUCTION
THE ELMS, HANOVER, MASSACHUSETTS
MARCH 14, 2014

AUCTION DONATION

Name/Contact: _____

Company: _____

Address: _____

City, State & Zip: _____

Phone: _____ E-Mail: _____ Web Address: _____

Please enclose brochures, business cards and marketing materials to be displayed with your donation.

DONATION TITLE:

Retail Value: \$ _____

Donation Description: _____

- Merchandise
- Gift Certificate
- Service

Restrictions (if any): _____

Gift Certificate:

- Provided by me
- Please print for me

Delivery:

- I will mail my donation
- I will drop off my donation to the South Shore Charter Public School
- Please arrange to pick up my donation

**All donations are viewed as an In-Kind Gift and are fully tax-deductible for the value of gift or service through SSCEF and will be issued a receipt for tax purposes.*



SOUTH SHORE CHARTER
EDUCATIONAL FOUNDATION
18TH ANNUAL AUCTION

**THE ELMS, HANOVER, MASSACHUSETTS
MARCH 14, 2014**

SPONSOR/ADVERTISER

Name/Contact: _____

Company: _____

Address: _____

City, State & Zip: _____

Phone: _____ E-Mail: _____ Web Address: _____

AUCTION SPONSORSHIP OPPORTUNITIES

\$1500 Event Sponsor

Event sponsorship includes ten tickets to the auction, signage at the check-in and check-out tables, recognition during the live auction, full page back cover ad on program, and website listing.

\$1000 Platinum Sponsor

Platinum sponsorship includes eight tickets to the auction, signage at the entertainment, a full page ad in program, and website listing.

\$800 Gold Sponsor

Gold sponsorship includes six tickets to the auction, ½ page ad in program, and listing on website.

\$500 Silver Sponsor

Silver sponsorship includes four tickets to the auction, ½ page ad in the program, and listing on website.

AUCTION/GOLF COMBINATION SPONSORSHIP OPPORTUNITIES

\$6000 Auction Event Sponsor and Golf Event Sponsor

Auction event sponsorship includes ten tickets to the auction, signage at the check-in and check-out tables, recognition during the live auction, full page back cover ad on program, and website listing. Golf event sponsorship includes two foursomes, signage at four holes, promotional golf cart fleet signage, full page back cover ad on program, promotional banner, and website listing.

\$3500 Auction Event Sponsor and Golf Platinum Sponsor

Auction event sponsorship includes ten tickets to the auction, signage at the check-in and check-out tables, recognition during the live auction, full page back cover ad on program, and website listing. Golf platinum sponsor includes two foursomes, signage at one hole, signage on two carts, promotional banner, a full page ad in program, and website listing.

\$2000 Auction Platinum Sponsor and Golf Gold Sponsor

Auction platinum sponsorship includes eight tickets to the auction, signage at the entertainment, a full page ad in program, and website listing. Golf gold sponsor includes foursome, signage at one hole, promotional banner, ½ page ad in program, and listing on website.

\$1000 Auction Gold Sponsor and Golf Hole in One Sponsor

Auction gold sponsorship includes six tickets to the auction, ½ page ad in program, and listing on website. Golf hole in one sponsor includes sponsoring one of our "Hole in One competition", signage at hole, ¼ Page ad in program, and listing on website.

Auction Advertising Donors

Full Page ad \$200.00

½ Page ad \$100.00

¼ Page Ad \$50.00

Sign up by March 8 and for the above advertising prices and appear in both event brochures

Every advertising donor will also be listed on the event website.

PAYMENT

Total Amount: \$ _____

Check / Money Order enclosed payable to SSCEF

Bill my credit card: MasterCard Visa

Security Code: _____

Account #: _____

Exp. Date: _____

Signature: _____

MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION



PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS

SCHOOL YEAR 2013-2014

If you have received a **NOTICE OF DIRECT CERTIFICATION** from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

PART 1. ALL HOUSEHOLD MEMBERS List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A FOSTER CHILD (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	CHECK IF NO INCOME
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>

PART 2. BENEFITS- MA SNAP OR MA TAFDC

IF **ANY** MEMBER OF YOUR HOUSEHOLD RECEIVES **MA SNAP** or **MA TAFDC** benefits, PROVIDE THE AGENCY IDENTIFICATION NUMBER* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER.
AGENCY ID: _____ * Do not provide EBT card number.

PART 3. HOMELESS, MIGRANT, RUNAWAY

IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL - **SSCPS, Angie Pepin, Homeless Liaison, 781-982-4202x102.**
 HOMELESS RUNAWAY MIGRANT

PART 4. TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS). List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

1. NAME (LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	2. GROSS INCOME AND HOW OFTEN IT WAS RECEIVED															
	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
<i>(Example) Jane Smith</i>	\$200	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$150	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$

PART 5. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN) ON BACK

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign here: _____ Print Name: _____ Date: _____
 Address: _____ City: _____ State: _____ Zip Code: _____
 Phone Number: _____ Cell Phone Number: _____
 Last four digits of Social Security Number *** - * * - _ _ _ _ Check here if you do not have a Social Security Number

PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)

<i>Choose one ethnicity:</i>	<i>Choose one or more (regardless of ethnicity):</i>
<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Asian <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Black or African American
<input type="checkbox"/> Not Hispanic/Latino	<input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian or other Pacific Islander

DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12

Total Income: _____ Per: Week, Every 2 Weeks, Twice A Month, Month, Year Household size: _____

Categorical Eligibility: _____ Date Withdrawn: _____ Eligibility: Free _____ Reduced _____ Denied _____ Reason: _____

Determining Official's Signature: _____ Date: _____

Confirming Official's Signature: _____ Date: _____

Verifying Official's Signature: _____ Date: _____

2013-2014 Free and Reduced Income Eligibility Guidelines:

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of

REDUCED PRICE MEALS				FREE MEALS		
Household Size	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income
1	\$21,257	\$1,772	\$409	\$14,937	\$1,245	\$288
2	\$28,694	\$2,392	\$552	\$20,163	\$1,681	\$388
3	\$36,131	\$3,011	\$695	\$25,389	\$2,116	\$489
4	\$43,568	\$3,631	\$838	\$30,615	\$2,552	\$589
5	\$51,005	\$4,251	\$981	\$35,841	\$2,987	\$690
6	\$58,442	\$4,871	\$1,124	\$41,067	\$3,423	\$790
7	\$65,879	\$5,490	\$1,267	\$46,293	\$3,858	\$891
8	\$73,316	\$6,110	\$1,410	\$51,519	\$4,294	\$991
Each additional person:	\$7,437	\$620	\$144	\$5,226	\$436	\$101

the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

Breakfast Order Form
Breakfast for the Month of February, 2014
Due to the office by 3:00 pm, *Tuesday, January 28, 2014

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of 2/17 – 2/21 Monday Tuesday Wednesday Thursday Friday

Week of 2/24 – 2/28 Monday Tuesday Wednesday Thursday Friday

Number of Breakfasts ordered _____ X \$1.65

Less credit due _____

Total Amount Enclosed

\$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form
Lunch for the Month of February, 2014
Due to the office by 3:00 pm, *Tuesday, January 28, 2014

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day lunch will be ordered.*

Week of 2/17 – 2/21 Monday Tuesday Wednesday Thursday Friday

Week of 2/24 – 2/28 Monday Tuesday Wednesday Thursday Friday

Number of Lunches ordered _____ X \$3.25

Less credit due

Total Amount Enclosed


\$ _____

Cash or Checks may be made out to SSCPS.



South Shore Charter School
FEBRUARY, 2014
Catered by Essence of Thyme

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 3.6 oz. WW Chocolate Muffin Orange Juice Milk	4 3.6 oz. WW Apple Muffin Orange Juice Milk	5 2 oz. Frosted Flakes Apple Juice Milk	6 WG Cinnamon Roll Orange Juice Milk	7 WW Croissant w/Jelly Orange Juice Milk
10 3.6 oz. WW Apple Muffin Orange Juice Milk	11 3.6 oz. WW Blueberry Muffin Orange Juice Milk	12 2 oz. Frosted Flakes Apple Juice Milk	13 3.6 oz. WW Banana Muffin Orange Juice Milk	14 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk
17 PRESIDENTS DAY 	18 V A	19 C A	20 T I	21 O N
24 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk	25 3.6 oz. WW Apple Muffin Orange Juice Milk	26 3.6 oz. WW Blueberry Muffin Orange Juice Milk	27 Plain Bagel Orange Juice Milk	28 WG Cinnamon Roll Orange Juice Milk

* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



South Shore Charter School – K-8
FEBRUARY, 2014
Catered by Essence of Thyme

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Apple Juice Milk	4 American Chop Suey Green Beans Whole Wheat Roll Orange Juice Milk	5 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	6 EARLY RELEASE	7 Beef & Bean WW Burrito Corn Banana Milk
10 Beef Hot Dog on WW Roll Baked Beans Ketchup Mandarin Oranges Milk	11 Cheese Pizza Broccoli Corn Peaches Milk	12 Turkey Ranch WW Wrap Cucumber Fruit Cocktail Milk	13 Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Fruit Cocktail Milk	14 Sweet & Sour Chicken Brown Rice Carrots Orange Milk
17 PRESIDENTS DAY 	18 V A C A T I O N	19 V A C A T I O N	20 V A C A T I O N	21 V A C A T I O N
24 Hamburger on WW Bun Baked Beans Ketchup Apple Milk	25 Ziti & Meatballs Broccoli Whole Wheat Roll Orange Juice Milk	26 Chicken WW Quesadilla Green Beans Banana Milk	27 Pancakes Sausage Patty Sweet Potato Baked Apple Slices Milk	28 Turkey & Gravy Potato Puffs Whole Wheat Roll Orange Milk

* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



South Shore Charter School – 9-12
FEBRUARY, 2014
Catered by Essence of Thyme

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Pineapple Chunks Apple Juice Milk	4 American Chop Suey Green Beans Whole Wheat Roll Pineapple Chunks Orange Juice Milk	5 Chicken Alfredo w/Ziti Broccoli Whole Wheat Roll Applesauce Milk	6 EARLY RELEASE	7 Beef & Bean WW Burrito Corn Banana Orange Juice Milk
10 Beef Hot Dog on WW Roll Baked Beans Ketchup Fruit Cocktail Milk	11 Cheese Pizza Broccoli Corn Peaches Milk	12 Turkey Ranch WW Wrap Cucumber Banana Mandarin Oranges Milk	13 Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Fruit Cocktail Milk	14 Sweet & Sour Chicken Brown Rice Carrots Orange Apple Juice Milk
17 PRESIDENTS DAY 	18 V A	19 C A	20 T I	21 O N
24 Hamburger on WW Bun Baked Beans Ketchup Apple Pears Milk	25 Ziti & Meatballs Broccoli Whole Wheat Roll Fruit Cocktail Orange Juice Milk	26 Chicken WW Quesadilla Spanish Rice Green Beans Banana Peaches Milk	27 Pancakes w/Syrup Sausage Patty Sweet Potato Baked Apple Slices Milk	28 Turkey & Gravy Potato Puffs Whole Grain Cinnamon Roll Peaches Milk

* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**