



**FROM THE 7-12 PRINCIPAL**

March is a busy month on the school calendar as we usher in the spring testing season. We begin with our fourth, seventh, and tenth graders when they take the MCAS (Massachusetts Comprehensive Assessment System) Long Composition exam on Tuesday, March 18th. The March English Language Arts MCAS administration schedule is listed below for all tested grades. Please note that while third grade students will not be taking the Mathematics MCAS test this year due to the PARCC field test, all third grade students will take the MCAS Reading Comprehension test.

The ELA exam is designed to measure student progress toward mastering the skills outlined in the Massachusetts English Language Arts Frameworks. While students will be reviewing material that directly prepares them for the exam in the next few weeks, as they have throughout the school year, the skills students will demonstrate on the MCAS are incorporated everyday across the curriculum in the standards-aligned lessons our teachers design. Separate from the standards-based content, students are taught the important test-taking strategies that teachers provide to help them be successful on standardized tests. While there are certainly negatives that come with testing, these exams are a reality that students will face not just as they work to attain a high school diploma, but when they prepare to apply to college, when they decide to go to graduate school, and as a condition before entering many careers. Providing students with these skills and strategies is an important aspect of preparing students for life beyond K-12.

There is anxiety associated with standardized testing for many students, particularly at the high school level where graduation is contingent on passing these exams. As a school we work to alleviate that anxiety by helping students understand what to expect, stressing to them that they are prepared, and emphasizing that the exam is just one measure of their achievement. Please do not hesitate to let us know if your child is demonstrating a high level of anxiety around these tests at home.

In recent years the Department of Elementary and Secondary Education have required students in grades 6-12 to read and sign a statement regarding their responsibilities during testing prior to MCAS test administration. We will be asking students to read and sign the statement on the day of the exam as we have done for the past two years. This practice aligns with the protocols for the PSAT, SAT, and ACT exams that students will encounter during their high school years. A copy of the statement students will be asked to read and sign off on are attached to this Update.

The support of parents is always important, but it is critical during the MCAS testing season. We especially appreciate your efforts to avoid absences, tardies, and early dismissals that conflict with the testing dates. Please feel free to contact me with any questions or concerns.

<b>Subject</b>	<b>Grades</b>	<b>Dates</b>
ELA Long Composition	4, 7, 10	March 18
ELA Reading Comprehension	10	March 19, 21
ELA Reading Comprehension	7-8	March 25, 27
ELA Reading Comprehension	5-6	March 19, 26
ELA Reading Comprehension	3-4	March 25, 27

Wednesday	03/05	11 <sup>th</sup> Grade Parent Night	6:00pm
Thursday	03/06	PARCC Parent Coffee	8:30am
Thursday	03/06	2 <sup>nd</sup> Grade MFA	
Friday	03/07	Auction Committee Meeting	8:30am
Saturday	03/08	MathCounts Boston	
Tuesday	03/11	SSCEF	8:00am
Tuesday	03/11	Auction Committee Meeting	1:30pm
Wednesday	03/12	Professional Development Day – No Classes	
Thursday	03/13	1 <sup>st</sup> Grade MFA	
Thursday	03/13	School Council	3:30pm
Friday	03/14	SSCEF Annual Auction	6:00pm



## FEBRUARY 2014 COLLEGE ACCEPTANCES

Matthew Algera  
University of Colorado - Boulder  
Wentworth Institute of Technology

Kaisaac Griffin  
University of Vermont

Grace Moore  
Clark University

Ashley Shepherd  
Framingham State University

Madelíne White  
Lesley University

Emily Gray  
Massasoit Community College

Jessica Guerrier  
Lesley University  
Wheelock College

Níahm O'Connell-Dalton  
Bridgewater State University

Melanie Sullivan  
Quinnipiac University

Kayleigh Wright  
Dickinson College

### ANNUAL SSCPS PARENT SATISFACTION SURVEY

Below please find the link to our Annual Parent Survey. Data gleaned from this survey will be used in our Annual Report and on our Application for Renewal of a Public School Charter. Please fill out this survey at your convenience. All survey responses are due by Friday, March 14, 2014.

<https://www.surveymonkey.com/s/FY14ParentSurvey>

*For a copy of this survey in another language, please send your request to [asavage@sscps.org](mailto:asavage@sscps.org).  
Para obtener una copia de esta encuesta en otro idioma,, por favor envíe su solicitud a [asavage@sscps.org](mailto:asavage@sscps.org)  
Para obter uma cópia desta pesquisa em outro idioma,, por favor envie o seu pedido para [asavage@sscps.org](mailto:asavage@sscps.org)*

*Pour obtenir une copie de cette enquête dans une autre langue, s'il vous plaît envoyez votre demande à [asavage@sscps.org](mailto:asavage@sscps.org)  
Pou yon kopi sondaj sa a nan yon lòt lang, tanpri voye demann ou an [asavage@sscps.org](mailto:asavage@sscps.org)*

## **ANNOUNCEMENTS**

### **2014 Yearbook**

The 2014 yearbook is now in progress and all the memories of the 2013-2014 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to [www.coffeepond.com](http://www.coffeepond.com), to login use school password: bluejaguar.

**Attention All Seniors:** Senior portraits and senior pages are due April 1st. Make sure all are high resolution, jpg format. Any questions please contact [cbodnar@sscps.org](mailto:cbodnar@sscps.org). Parents may submit a personalized page that will appear in the back of the book for their senior at these rates:  
Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50.

## **WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?**

The **Global Graphics Project** in Level IV is selling handmade bookmarks to raise funds for **Razia's Ray of Hope Foundation**, improving the lives of Afghan girls through education at the Zabuli Education Center in Afghanistan. Its founder, Razia Jan, was a Duxbury resident for over 20 years before returning to her native Afghanistan. Please read more at <http://www.raziasrayofhope.org/>. Bookmarks are available for .50 each and are available through the Level III school store, or by contacting Jody Regan on Level IV at x362.

## **PARENTS ASSOCIATION**

### **It is that time of year....**

The SSCPS Parents Association will hold elections for the 2014-2015 school year with new officials taking office in June. If you are interested in shaping the future of your child's school, getting involved in projects and events throughout the school, helping to engage other parents... PLEASE run for a position! We need **YOU** in order to run an effective, fun, informative and engaged organization!

### **GET INVOLVED!**

All positions are open for nominations! Deadline for candidate statements Friday April 4

Here is the link for the nomination form (job descriptions are first, followed by a few questions on the second page)... [SSCPSPA nomination form](#)

Contact Lisa [molimu@gmail.com](mailto:molimu@gmail.com) or any PA official if you have any questions.

## **COMMUNITY SERVICE OPPORTUNITIES**

### **Gently Used and New Children's Book Collection**

Shannon Daly (Donovan's room Level III) is collecting "slightly used" books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all of the adult learners and their children are invited to come and choose books that they can take home so they can create an at home library. The Learning Center relies on donations from community members to make this give-away possible. A lot of the time this is the only way they receive books. The collection box is located outside of Donovan's Room in Level III, and any donations would be greatly appreciated! For larger donations please contact Barbara at [barbara6910@msn.com](mailto:barbara6910@msn.com)

**Crayon Collection for Wish Upon A Crayon** - Will and Tommy Guthro are collecting broken and used crayons for the charity Wish Upon a Crayon. Wish Upon a Crayon melts old crayons into new shapes and delivers them along with coloring books (you can donate those too!) to children in area shelters. Please consider cleaning out your art supplies and donating any old crayon bits. They can be left in the donation box in the Level I great room. Thank You!

### Upcoming Events

Name of Organization	Dates	Info
South Shore Hospital Walk for Hospice at South Shore Plaza	March 22, 2014	781 624-8600
Hanson Children's Museum at Hanover Mall teens or families needed	continuous volunteers needed as part of the play crew	<a href="http://www.Hansonchildrensmuseum.org">www.Hansonchildrensmuseum.org</a>
Birthday Wishes - Hanover host a goody bag stuffing party to provide a party to homeless children	ongoing	<a href="http://www.birthdaywishes.org">www.birthdaywishes.org</a>
Easton Children's Museum volunteer	Continuous	<a href="http://www.childrensmuseumineaston.org">www.childrensmuseumineaston.org</a>
Quincy Animal Shelter volunteer dog walker	ongoing	<a href="http://www.quincyanimalshelter.org">www.quincyanimalshelter.org</a>
Fidelis Hospice - Braintree knit lap blankets for hospice patients	ongoing	Fidelis Hospice 781 848-3678

If you would like to share a community service event that is happening on the South Shore please email Sarah Collins, Community Service Chairperson, at [sazzifrazz78@yahoo.com](mailto:sazzifrazz78@yahoo.com).

### COMMUNITY INTEREST

**Hardy Holly Hillers:** Tuesdays, beginning March 11 for 6 weeks from 4-5 pm. Children ages 6-9 will come to the farm for a guided walk on the trails, field edges and paths at Holly Hill. As the spring weather returns to the farm, the group will explore the signs of growth, early flowering plants and mark the change in scenery in the barnyard and beyond. Cost is \$60 for *Friends of Holly Hill Farm* members and \$72 for non-members. For directions and more information, visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org) or call [781-383-6565](tel:781-383-6565).

**Bridge Repair:** NEW DATE! Saturday, March 29, 2014 from 10-12. Help the Farm with a vital volunteer effort to help restore a bridge on an active trail. We will head out with supplies and materials to fix a bridge on the trails at Holly Hill Farm. This volunteer project is helpful to maintain the paths and walking trails, especially in Spring as the snows melt and the brooks run. One needs to be handy with lifting some heavy boards, carefully hand sawing and hammering some nails. This event is free and is appropriate for anyone over 12. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For directions and more information, visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org) or call [781-383-6565](tel:781-383-6565).

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**

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SAMPLE OF MCAS STUDENT STATEMENT GRADES 6-12



## SOUTH SHORE CHARTER PUBLIC SCHOOL

*Inspiring every student to excel in academics, service, and life*

By signing below, I promise that

- I did not see the student test booklet before taking the test;
- **All** the work in my answer booklet will be my own; I will not copy anyone else's work; I will not let anyone answer questions for me;
- I will not use any materials, such as a cell phone or other electronic device, that I am not allowed to have during testing; and
- I will not discuss or share information with anyone about the questions until MCAS testing ends at my school.

If I have any questions about these statements, I will talk with my teacher or principal.

I make the promises above and know that there may be consequences for breaking my promises or the test administration rules.

**I have read these statements and understand them.**

Student's Printed Name \_\_\_\_\_

Student's Signature \_\_\_\_\_

Date \_\_\_\_\_

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# Nutrition Nuggets

Food and Fitness for a Healthy Child

February 2014

South Shore Charter Public School  
Susan Dupras, School Nurse

**BEST BITES**

## After-school programs

Sign-ups are probably starting now for spring after-school activities. Look at the lineup with your youngster, and consider a nutrition-related program. Her school might have a gardening club, or your community center may offer a kids' cooking class. Being involved in growing and cooking healthy foods can get her excited about eating them!

## Enjoy a rainbow

Work with your child to plan meals that include a variety of colors. For instance, you could serve orange carrots and brown rice at dinner or white chicken strips and yellow pineapple chunks at lunch. During meals, take turns calling out a color to have next. As your youngster eats the colors, he will get a good variety of vitamins and minerals.

## Be active indoors



For a fun change of pace this winter, let your children bring outdoor toys inside. Suggest that they jump on a pogo stick in the basement, roller-skate in a garage "rink," or play badminton (without the net) in a bedroom. Mixing things up like this can inspire them to get more physical activity.

## Just for fun

**Sign in a cafeteria:** "Shoes are required to eat in the cafeteria. Socks can eat anywhere they want."



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## Making good choices

How does your child decide what to eat? At this age, his choices are influenced by the food you buy, where you keep it, and how much you serve for meals and snacks. Consider these strategies for making your home a "healthy eating zone."

### At the store

Food decisions at home all start with what's there in the first place. If you buy three kinds of cookies or three flavors of ice cream, your youngster will want to taste them all. Instead, bring home three kinds of fruits and three kinds of vegetables. Likewise, skip the soda and fruit drink aisle. When the only choices are water or fat-free milk, that's what your child will drink when he's thirsty.

### Front and center

Your youngster will most likely snack on the foods he sees. Keep a bowl of fruit on the kitchen table. Cut up vegetables, and put them at the front of the refrigerator shelf at his eye level. Freeze grapes in small bags on the freezer shelf he can



reach. On the flip side, if you buy chips, cookies, or candy, place them out of sight. If he doesn't see them, he's less apt to eat them.

### Serving sizes

It's no secret restaurant portion sizes have grown larger. What you may not know is that serving sizes at home are bigger, too. Try plating meals yourself with smaller amounts, and put away leftovers. Use smaller dishes and utensils—eating stews or pudding with a teaspoon rather than a tablespoon will cut down on how much everyone eats. ●

## Games for snow (or no snow)

When your children wake up to a snow day, make the most of it with these active ideas.

**Treasure hunts.** To encourage your kids to run around in the snow, have them take turns burying a plastic toy and shouting out clues for the others to find it. *No snow?* Hide the toy in bushes, in tall grass, or behind a shed.

**Colorful trails.** Let your children fill spray bottles with water and food coloring. Then, they can make colorful trails for each other to follow. *No snow?* Spray the color onto grass (it will wash away in the rain), or make trails with pebbles. ●



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## Yikes—yeast is alive!

Your youngster may not know that her bread is “alive.” Have her experiment with a main ingredient in bread—the live organism known as yeast—and she’ll learn more about the foods she eats.

**1.** Ask your child to empty a yeast packet onto dark construction paper and examine it with a magnifying glass. Does it move or look alive?



duced when the yeast “eats” the sugar. The movement is the yeast making more yeast as the chemical reaction continues.

**2.** Let her pour the yeast into a bowl and add 1 tsp. sugar and  $\frac{1}{4}$  cup warm water.

**3.** Have her wait 20 minutes and observe (she’ll see bubbles in the mixture). She can pour the mixture back onto the dark paper and look with a magnifying glass again (she’ll see movement).

*What happened?* The bubbles are carbon dioxide, the gas produced when the yeast “eats” the sugar. The movement is the yeast making more yeast as the chemical reaction continues.

Show your youngster a few pieces of bread. If she looks closely, she will find the bubbles baked right in—making the bread lighter and fluffier. ●

### ACTIVITY CORNER

### Everyday activity boosts

Small bursts of activity will help your child reach the recommended 60 minutes of daily physical activity. Try these suggestions:

- Encourage him to walk, rollerblade, bike, or ride a scooter everywhere that he can. If you live close enough, you could travel by “foot power” to the bank, a store, or friends’ houses.

- Typically, you want to get through chores as quickly as possible. Not so with this idea.



Have your youngster deliver folded laundry piece by piece to its destination (his drawer, the linen closet). He can count his trips—and multiply his exercise!

- When you drive to the library, community center, or mall, park far from the entrance and “take a hike” to the front door. Or park in one central location in town, and walk to your different errands. Your child just might get into a lifelong habit of walking extra steps. ●

### OUR PURPOSE

To provide busy parents with practical ways to promote healthy nutrition and physical activity for their children.

Resources for Educators,  
a division of CCH Incorporated  
128 N. Royal Avenue • Front Royal, VA 22630  
540-636-4280 • rfcustomer@wolterskluwer.com  
www.rfeonline.com

Nutrition Nuggets™ is reviewed by a registered dietitian. Consult a physician before beginning any major change in diet or exercise.  
ISSN 1935-4630

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### Q & A Price of healthy food

**Q:** It seems like healthy food costs more. Is that really true?

**A:** While it might be that way sometimes, it depends on what you get and how you shop. In fact, some produce can cost less than snacks like chocolate candy or chips, and you’ll save on sugar and fats in addition to money. For instance, a bunch of bananas might work out to 25 cents per banana—less than the price of most packaged snacks. And a 5-lb. bag of potatoes will cost only a little more than one order of French fries at the drive-thru.

To keep prices down, purchase fruits and vegetables in season, or buy them frozen. “Join” your supermarket so you get member prices, and be sure to use coupons. Also, buying in bulk could save you money on cereal, nuts, seeds, and other healthy items. If those quantities are too much for your family, try shopping at a warehouse store with a neighbor and splitting the amounts. ●



### IN THE KITCHEN

### Make-ahead breakfast “cupcakes”

Making breakfast can be challenging on busy mornings. Instead, whip up these savory cupcakes with your child on a weekend, and freeze them. Then, pop them in the microwave for a hot and healthy breakfast.

*Note:* For each recipe, use a 12-cup muffin pan with liners or coated with nonfat cooking spray. Freeze the cupcakes in the pan until solid, and then store them in a freezer bag.

#### Oatmeal

In a saucepan, combine 2 cups rolled oats and  $3\frac{1}{2}$  cups water, and bring to a boil. Boil, stirring frequently, for 3–5 minutes. Mix in 1 tbsp. honey



or brown sugar. Spoon the oatmeal into the muffin tin, and add raisins, dried cherries or cranberries, chopped nuts, or pumpkin seeds to each cup.

#### Eggs

Beat a dozen eggs, and stir in a 20-oz. bag of shredded hash brown-style potatoes (thawed, if frozen), 1 cup shredded mozzarella cheese, 1 chopped bell pepper, and 4 tbsp. flour. Divide the mixture into the muffin cups. Bake at 400° for 25–30 minutes, until set. ●



**We serve creative cuisine. And worthy causes.**

Present this certificate to your server and your cause will receive  
15% of your total purchase\* every Tuesday during March 2014  
Valid for Dine in or Take out

**Name of Organization:**

**South Shore Charter Public School**

Valid:  
March 4, 11, 18, & 25 2014

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\*Excludes Alcohol, Tax and Gratuity



111 Pond Street Main • Norwell • 781-616-6160



**ANNUAL AUCTION**  
**FEATURING "A TASTE OF THE SOUTH SHORE"**



**FRIDAY, MARCH 14, 2014**

**THE ELMS**

**AMERICAN ELM AVE, HANOVER, MA**

**6 pm – 10 pm**

**In Advance \$25.00, At the Door \$30.00**

**Admission includes A Taste of the South Shore samplings!**



Photo courtesy of the Level IV Global Graphics Project

**The Annual Auction incorporates a raffle, auction, excitement and camaraderie that guests will be talking about for a long time. Your participation means so much for our school - it sends a message of support to our entire community and raises vital funds for our children.**

**So, please save the date and book a sitter. This is an event you don't want to miss!**

**Online Bidding Coming Soon!**

**Please Contact Denise Demaggio for more details**

**[ddemaggio@sscps.org](mailto:ddemaggio@sscps.org)**



SOUTH SHORE CHARTER  
EDUCATIONAL FOUNDATION  
**18<sup>TH</sup> ANNUAL AUCTION**  
**THE ELMS, HANOVER, MASSACHUSETTS**  
**MARCH 14, 2014**

**AUCTION DONATION**

Name/Contact: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_ Web Address: \_\_\_\_\_

*Please enclose brochures, business cards and marketing materials to be displayed with your donation.*

**DONATION TITLE:**

\_\_\_\_\_

**Retail Value:** \$ \_\_\_\_\_

**Donation Description:** \_\_\_\_\_

- Merchandise
- Gift Certificate
- Service

Restrictions (if any): \_\_\_\_\_

**Gift Certificate:**

- Provided by me
- Please print for me

**Delivery:**

- I will mail my donation
- I will drop off my donation to the South Shore Charter Public School
- Please arrange to pick up my donation

*\*All donations are viewed as an In-Kind Gift and are fully tax-deductible for the value of gift or service through SSCEF and will be issued a receipt for tax purposes.*



SOUTH SHORE CHARTER  
EDUCATIONAL FOUNDATION  
**18<sup>TH</sup> ANNUAL AUCTION**

**THE ELMS, HANOVER, MASSACHUSETTS  
MARCH 14, 2014**

### SPONSOR/ADVERTISER

Name/Contact: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_ Web Address: \_\_\_\_\_

### AUCTION SPONSORSHIP OPPORTUNITIES

**\$1500 Event Sponsor**

*Event sponsorship includes ten tickets to the auction, signage at the check-in and check-out tables, recognition during the live auction, full page back cover ad on program, and website listing.*

**\$1000 Platinum Sponsor**

*Platinum sponsorship includes eight tickets to the auction, signage at the entertainment, a full page ad in program, and website listing.*

**\$800 Gold Sponsor**

*Gold sponsorship includes six tickets to the auction, ½ page ad in program, and listing on website.*

**\$500 Silver Sponsor**

*Silver sponsorship includes four tickets to the auction, ½ page ad in the program, and listing on website.*

### AUCTION/GOLF COMBINATION SPONSORSHIP OPPORTUNITIES

**\$6000 Auction Event Sponsor and Golf Event Sponsor**

*Auction event sponsorship includes ten tickets to the auction, signage at the check-in and check-out tables, recognition during the live auction, full page back cover ad on program, and website listing. Golf event sponsorship includes two foursomes, signage at four holes, promotional golf cart fleet signage, full page back cover ad on program, promotional banner, and website listing.*

**\$3500 Auction Event Sponsor and Golf Platinum Sponsor**

*Auction event sponsorship includes ten tickets to the auction, signage at the check-in and check-out tables, recognition during the live auction, full page back cover ad on program, and website listing. Golf platinum sponsor includes two foursomes, signage at one hole, signage on two carts, promotional banner, a full page ad in program, and website listing*

**\$2000 Auction Platinum Sponsor and Golf Gold Sponsor**

*Auction platinum sponsorship includes eight tickets to the auction, signage at the entertainment, a full page ad in program, and website listing. Golf gold sponsor includes foursome, signage at one hole, promotional banner, ½ page ad in program, and listing on website.*

**\$1000 Auction Gold Sponsor and Golf Hole in One Sponsor**

*Auction gold sponsorship includes six tickets to the auction, ½ page ad in program, and listing on website. Golf hole in one sponsor Includes sponsoring one of our "Hole in One competition", signage at hole, ¼ Page ad in program, and listing on website*

### Auction Advertising Donors

**Full Page ad \$200.00**

**½ Page ad \$100.00**

**¼ Page Ad \$50.00**

*Sign up by March 8 and for the above advertising prices and appear in both event brochures*

*Every advertising donor will also be listed on the event website.*

### PAYMENT

Total Amount: \$ \_\_\_\_\_

Check / Money Order enclosed payable to SSCEF

Bill my credit card:  MasterCard  Visa

Security Code: \_\_\_\_\_

Account #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_

# MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION



**PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS**

**SCHOOL YEAR 2013-2014**

If you have received a **NOTICE OF DIRECT CERTIFICATION** from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

**PART 1. ALL HOUSEHOLD MEMBERS** List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF <b>ALL</b> HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A <b>FOSTER CHILD</b> (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	CHECK IF <b>NO</b> INCOME
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>

**PART 2. BENEFITS- MA SNAP OR MA TAFDC**

IF **ANY** MEMBER OF YOUR HOUSEHOLD RECEIVES **MA SNAP** or **MA TAFDC** benefits, PROVIDE THE AGENCY IDENTIFICATION NUMBER\* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER.

AGENCY ID: \_\_\_\_\_ \* Do not provide EBT card number.

**PART 3. HOMELESS, MIGRANT, RUNAWAY**

IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL - **SSCPS, Angie Pepin, Homeless Liaison, 781-982-4202x102.**

HOMELESS  RUNAWAY  MIGRANT

**PART 4. TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS).** List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

1. NAME (LIST <b>ONLY</b> HOUSEHOLD MEMBERS WITH INCOME)	2. GROSS INCOME AND HOW OFTEN IT WAS RECEIVED															
	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
<i>(Example) Jane Smith</i>	\$200	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$150	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$

**PART 5. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN) ON BACK**

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign here: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_  
 Last four digits of Social Security Number \*\*\* - \* \* - \_ \_ \_ \_  Check here if you do not have a Social Security Number

**PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)**

<i>Choose one ethnicity:</i>	<i>Choose one or more (regardless of ethnicity):</i>		
<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Asian	<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Black or African American
<input type="checkbox"/> Not Hispanic/Latino	<input type="checkbox"/> White	<input type="checkbox"/> Native Hawaiian or other Pacific Islander	

**DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.**

**Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12**

Total Income: \_\_\_\_\_ Per:  Week,  Every 2 Weeks,  Twice A Month,  Month,  Year Household size: \_\_\_\_\_

Categorical Eligibility: \_\_\_\_\_ Date Withdrawn: \_\_\_\_\_ Eligibility: Free \_\_\_\_\_ Reduced \_\_\_\_\_ Denied \_\_\_\_\_ Reason: \_\_\_\_\_

Determining Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Confirming Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Verifying Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**2013-2014 Free and Reduced Income Eligibility Guidelines:**

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

**Use of Information Statement: This explains how we will use the information you give us.**

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of

the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

REDUCED PRICE MEALS				FREE MEALS		
Household Size	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income
1	\$21,257	\$1,772	\$409	\$14,937	\$1,245	\$288
2	\$28,694	\$2,392	\$552	\$20,163	\$1,681	\$388
3	\$36,131	\$3,011	\$695	\$25,389	\$2,116	\$489
4	\$43,568	\$3,631	\$838	\$30,615	\$2,552	\$589
5	\$51,005	\$4,251	\$981	\$35,841	\$2,987	\$690
6	\$58,442	\$4,871	\$1,124	\$41,067	\$3,423	\$790
7	\$65,879	\$5,490	\$1,267	\$46,293	\$3,858	\$891
8	\$73,316	\$6,110	\$1,410	\$51,519	\$4,294	\$991
Each additional person:	\$7,437	\$620	\$144	\$5,226	\$436	\$101

**Non-discrimination Statement:** This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

# Breakfast Order Form

## Breakfast for the Month of March, 2014

Due to the office by 3:00 pm, \***Tuesday**, February 25, 2014

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day breakfast will be ordered.*

Week of 3/3 – 3/7     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 3/10 – 3/14     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 3/17 – 3/21     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 3/24 – 3/28     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 3/31 – 4/4     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Breakfasts ordered \_\_\_\_\_ X    \$1.65

*Less credit due*

**Total Amount Enclosed**

\_\_\_\_\_

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of March, 2014

Due to the office by 3:00 pm, \***Tuesday**, February, 25, 2014

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day lunch will be ordered.*

Week of 3/3 – 3/7     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 3/10 – 3/14     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 3/17 – 3/21     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 3/24 – 3/28     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 3/31 – 4/4     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Lunches ordered \_\_\_\_\_ X \$3.25

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed** \$\_\_\_\_\_

Cash or Checks may be made out to SSCPS.



*Essence of Thyme and Cravings*

**South Shore Charter School**  
**MARCH, 2014**  
*Catered by Essence of Thyme*

**Breakfast**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
3 3.6 oz. WW Chocolate Muffin Orange Juice Milk	4 3.6 oz. WW Apple Muffin Orange Juice Milk	5 2 oz. Frosted Flakes Apple Juice Milk	6 WG Cinnamon Roll Orange Juice Milk	7 WW Croissant w/Jelly Orange Juice Milk
10 3.6 oz. WW Apple Muffin Orange Juice Milk	11 3.6 oz. WW Blueberry Muffin Orange Juice Milk	12 <b>No School</b> <b>Professional Dev. Day</b>	13 3.6 oz. WW Banana Muffin Orange Juice Milk	14 Plain Bagel w/Jelly Orange Juice Milk
17 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk	18 WW Croissant w/Jelly Orange Juice Milk	19 3.6 oz. WW Chocolate Muffin Orange Juice Milk	20 3.6 oz. WW Apple Muffin Orange Juice Milk	21 2 oz. Frosted Flakes Apple Juice Milk
24 3.6 oz. WW Apple Muffin Orange Juice Milk	25 3.6 oz. WW Blueberry Muffin Orange Juice Milk	26 Plain Bagel w/Jelly Orange Juice Milk	27 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk	28 WG Cinnamon Roll Orange Juice Milk
31 3.6 oz. WW Blueberry Muffin Orange Juice Milk	<b>April 1</b> 2 oz. Frosted Flakes Apple Juice Milk	2 WG Cinnamon Roll Orange Juice Milk	3 WW Croissant w/Jelly Orange Juice Milk	4 Toasty O's WW Blueberry Waffle Grahams Orange Juice Milk

\* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**





*Essence of Thyme and Cravings*

**South Shore Charter School – K-8**

**MARCH, 2014**

*Catered by Essence of Thyme*

**Lunch**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
3 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Apple Juice Milk	4 American Chop Suey Green Beans Whole Wheat Roll Orange Juice Milk	5 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	6 Chicken Caesar Salad WW Wrap Cucumber Pears Milk	7 Beef & Bean WW Burrito Corn Banana Milk
10 Beef Hot Dog on WW Roll Baked Beans Ketchup Apple Milk	11 Sweet & Sour Chicken Brown Rice Carrots Orange Milk	12 <b>No School Professional Dev. Day</b>	13 Cheese Pizza Corn Pears Milk	14 Chicken Parmesan w/Ziti Broccoli Peaches Milk
17 Meatballs on WW Sub Green Beans Banana Milk	18 Macaroni & Cheese Broccoli Peaches Milk	19 Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Pineapple Chunks Milk	20 Mexican Chicken WW Wrap Sweet Potato Fries w/Ketchup Apple Milk	21 Buffalo Chicken WW Wrap Chickpea Salad Grapes Milk
24 Hamburger on WW Bun Baked Beans Ketchup Apple Milk	25 Ziti & Meatballs Broccoli Whole Wheat Roll Orange Juice Milk	26 Chicken WW Quesadilla Green Beans Banana Milk	27 Pancakes Sausage Patty Sweet Potato Baked Apple Slices Milk	28 Turkey & Gravy Potato Puffs Whole Wheat Roll Orange Milk
31 Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Pineapple Chunks Milk	<b>April 1</b> American Chop Suey Green Beans Whole Wheat Roll Orange Juice Milk	2 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	3 Chicken Caesar Salad WW Wrap Baby Carrots Pears Milk	4 Cheese Pizza Italian Beans Peaches Milk

\* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**



**South Shore Charter School – 9-12**  
**MARCH, 2014**  
*Catered by Essence of Thyme*

**Lunch**

Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Pineapple Chunks Apple Juice Milk	4 American Chop Suey Green Beans WW Apple Cinnamon Waffles Peaches Orange Juice and Milk	5 Chicken Alfredo w/Ziti Broccoli Whole Wheat Roll Applesauce Milk	6 Chicken Caesar Salad WW Wrap Cucumber Pears Orange Juice Milk	7 Beef & Bean WW Burrito Corn Banana Apple Juice Milk
10 Beef Hot Dog on WW Roll Baked Beans w/Ketchup Fruit Cocktail Apple Milk	11 Sweet & Sour Chicken Brown Rice Carrots Orange Apple Juice and Milk	12 <b>No School</b> <b>Professional Dev.</b> <b>Day</b>	13 Cheese Pizza Corn Potato Wedges Pears Milk	14 Chicken Parmesan w/Ziti Broccoli Whole Wheat Roll Peaches Milk
17 Meatballs on WW Sub Green Beans Baby Carrots Banana and Pears Milk	18 Macaroni & Cheese Broccoli Whole Wheat Roll Peaches Milk	19 Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Pineapple Chunks Milk	20 Mexican Chicken WW Wrap Sweet Potato Fries w/Ketchup Apple Orange Juice Milk	21 Buffalo Chicken WW Wrap Chickpea Salad Grapes Apple juice Milk
24 Hamburger on WW Bun Baked Beans w/Ketchup Apple Pears Milk	25 Ziti & Meatballs Broccoli Whole Wheat Roll Fruit Cocktail Orange Juice and Milk	26 Chicken WW Quesadilla Spanish Rice Green Beans Banana and Peaches Milk	27 Pancakes w/Syrup Sausage Patty Sweet Potato Baked Apple Slices Milk	28 Turkey & Gravy Potato Puffs WG Cinnamon Roll Orange and Peaches Milk
31 Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Pineapple Chunks Milk	<b>April 1</b> American Chop Suey Green Beans Whole Wheat Roll Apple Orange Juice and Milk	2 Chicken Alfredo w/Ziti Broccoli Whole Wheat Roll Applesauce Milk	3 Chicken Caesar Salad WW Wrap Baby Carrots Pears Milk	4 Cheese Pizza Italian Beans Peaches Milk

\* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**