

Update
October 9, 2013
Vol. 10, Issue 2

### FROM THE EXECUTIVE DIRECTOR

On September 20 the South Shore Charter Public School received news from the Massachusetts Department of Elementary and Secondary Education pertaining to our MCAS performance last spring. The news came to us in the form of a press release. The press release identified six schools that had the most significant percentage gains in the number of students scoring *Proficient* or higher in the Grade 10 ELA and mathematics. The South Shore Charter Public School was one of the six.

Over the past five years the grade ten scores of the South Shore Charter Public School have gone up 43 percent in ELA and 36 percent in mathematics. <a href="http://www.doe.mass.edu/news/news.aspx?id=7703">http://www.doe.mass.edu/news/news.aspx?id=7703</a> This achievement would not have been possible without an extensive commitment to education from our students, families, and faculty.

I would like to take this opportunity to recognize our High School and Level IV faculty for this outstanding accomplishment and statewide recognition. We are exceedingly fortunate to have such a dedicated faculty; their work with our children is far-reaching and exceptional. Our students approach this high stakes test prepared, not only to pass, but also to demonstrate a subject mastery that leaps to scholarship and opportunity. Our faculty has led achievement initiatives broadening our school wide focus from MCAS mastery to an increase in Advanced Placement and Honors coursework. It has taken much hard work and strategic design to more than double these course offerings over the past three years. The results continue to show and their work is ceaseless.

I would also like to acknowledge the tremendous efforts of our faculty on Levels III, II and I. Our students gain mastery of content knowledge through multiple means of exposure, and what happens at the lower levels is essential. The learning taking place on the lower levels not only develops skills and knowledge for that day or week, but also builds the foundation for later success. The MCAS requires much of our youngest students, sitting for long periods of time and an uninterrupted focus on difficult subject matter. The spring MCAS scores show significant achievement in ELA and mathematics, of note is the fact that our fourth grade students did very well statewide on the Long Composition. Efforts of faculty at school, and parents at home, helped our students to put forth tremendous effort and now all can be very proud of their performance.

Alicia Savage – asavage@sscps.org

Wednesday	10/09	Level III Cyber Citizens hosting Unity Day	
Thursday	10/10	School Council	3:30pm
Thursday	10/10	Parent / Teacher Conferences Grades 7-12 by appointment	
Friday	10/11	Professional Development Day – no school for students	
Monday	10/14	Columbus Day – no school	
Tuesday	10/15	Senior Parent/Student MEFA Financial Aid night	6:00pm
Wednesday	10/16	Grades 9-11 PSAT's / Grade12 College Visits	
Wednesday	10/16	Professional Development Early Release	12:00pm
Saturday	10/19	Harvest Run Road Race – Wompatuck State Park -Hingham	

### ANNOUNCEMENTS

\*IMPORTANT\* We are asking all families to complete the free and reduced meal benefit application for the 2013-2014 academic year. We are asking for 100% family participation in completing this application. SSCPS participates in the National School Meal Reimbursement Program and receives federal and state aide based on compiled data from all applications. This data not only allows us to seek reimbursement for a portion of the costs of all eligible free and reduced meals, but it also factors into the amount of federal and state grant awards we are entitled to each academic year. Your cooperation is greatly appreciated. If you need assistance in completing this form, please contact Kristine Shipps at 781-982-4202x106.

### **Box Tops for Education!**

Thank you very much to all of the families who have been collecting Box Tops for Education this school year. Last year our school earned over \$800 by collecting Box Tops and this year our goal is \$1000. Please help our school get to our goal by keeping an eye out for Box Tops on dozens of products including Cheerios and other General Mills cereals, Yoplait yogurt, Avery office products, Hefty and Ziploc bags, and Betty Crocker baking mixes. You can find a complete list of products, as well as coupons, recipes, and other ways to earn Box Tops at <a href="www.boxtops4education.com">www.boxtops4education.com</a>. Please send your Box Tops to school and have your student put them in the envelope by the front desk. **Our next submission is due on November 1, 2013**. When preparing your Box Tops for submission please take a few minutes to cut along the dotted lines and only send the actual Box Top. Also, please note that Box Tops have expiration dates. Do not send in any expired Box Tops! Get your family, friends, and coworkers involved and have them save their Box Tops for you too! If you have any questions please contact Bethany Whitemyer at bwhitemyer@rcn.com.

### MathCounts Kickoff Meeting - Join our Middle School Math Team

The SSCPS chapter of MATHCOUNTS, "a national enrichment club and competition program that promotes Middle School math achievement" is beginning its second year. Open to 6th, 7th, 8th graders. Come to our first meeting, Wednesday, October 9<sup>th</sup> 3:15 -4:15 pm. in Rm. 201 on Level IV. See <a href="http://mathcounts.org/">http://mathcounts.org/</a> for details.

Contact Jody Regan for more information x362 or <u>jregan@sscps.org</u>.

**Level III Cyber Citizens Swap Shop!** The students in Level III's Cyber Citizens Project are starting a Swap Shop where students can donate items that they don't use anymore and trade the item at the Swap Shop. Items include: cards, board games, video games, controllers, headphones, Legos, action figures, books and for the month of October Halloween costumes. For more information visit Donovan's room (209).

### ATHLETIC DEPARTMENT UPDATE

#### Middle School Soccer

The Middle School soccer team opened their season last Friday with a loss to Calvary Chapel, by a score of 6-3. Matt Whitman had two goals for the Jaguars, while Daley Tilden netted a goal in the second half. Rawsheed Nelson had an outstanding game defensively and Frankie Sullivan started in net. The team plays again on October 17<sup>th</sup> at the Hanover YMCA at 4p.m.

### Volleyball

Girls' volleyball continues to impress! On Tuesday night, October 8<sup>th</sup>, the volleyball team had two home games at the Hanover YMCA. The games were very close making them extra suspenseful. Since each match is broken into five sets, whichever team wins three sets wins the match. In both games last night, the teams played all five sets. SSCPS pulled the wins in both matches, making it an unforgettable night! The "Player of the Game" in game 1 was 7<sup>th</sup> grader Nicole Rousseau and in game 2 was senior co-captain Katherine Griffiths. Spectators remarked how incredible the girls were playing and how it's hard to believe that most of the team has only been playing for a month. Communication and encouragement were the norm last night and carried us to our win. Outstanding serving was seen from Amy Onwuka, Nicole Rousseau, Naomi Zorilla, and Melanie Sullivan. Outstanding passing and defense were seen from Denesha Lafontant and Nnenne David. We have four home games left to play (Thursday October 10<sup>th</sup>, Thursday

October 17<sup>th</sup>, Thursday, October 24<sup>th</sup>, and Tuesday October 29<sup>th</sup>). All home games are located at the Hanover YMCA.

The match scores are as follows:

Match 1 –	Match 2 –
Set 1 – 25-19 (SSCPS)	Set 1 – 25-22 (SSCPS)
Set 2 – 20-25 (Boston Collegiate)	Set 2 – 22-25 (Boston Collegiate)
Set 3 – 25-21 (SSCPS)	Set 3 – 25-18 (SSCPS)
Set 4 – 22-25 (Boston Collegiate)	Set 4 – 21-25 (Boston Collegiate)
Set 5 – 15-5 (SSCPS)	Set 5 – 15-8 (SSCPS)

### **Upcoming Events**

10/10 HS Soccer at Foxborough Regional Charter-Wheaton College Girls 3:00 Boys 4:15

10/10 Cross Country Meet at Sheepfold Reservation, Medford- Middle School 4:00 High School After

10/10 Girls Volleyball vs. Pioneer- Hanover YMCA 7:30

10/11 HS Soccer vs. KIPP- Hanover YMCA Girls 3:00 Boys 4:15

### **COMMUNITY SERVICE OPPORTUNITIES**

If you would like to share a community service event that is happening on the South Shore please email Sarah Collins, Community Service Chairperson, at <a href="mailto:sazzifrazz78@yahoo.com">sazzifrazz78@yahoo.com</a>.

### **Upcoming Events**

Name of Organization	Dates	Info		
Hull Community Television videographers, audio technicians, producers, musicians	ongoing	pseitz@town.hull.ma.us		
My Brother's Keeper various volunteer opportunities year round	continuous	Stonehill College, Easton MA www.mybrotherskeeper.org		
New England Wildlife Center- hands on work caring for animals	continuous and/or special events	Weymouth, MA www.wildlife-education-center.com		
Cardinal Cushing Centers	ongoing volunteer opportunities working with individuals with special needs	Hanover, MA www.cushingcenters.com/support/volunteer		
Marshfield Council on Aging	continuous; assist homebound seniors with food shopping	Donna Weinberg coadmoxie@comcast.net		
Soles 4 Souls	host a shoe drive for disadvantaged communities	www.soles4souls.org		
Step Out Walk to Stop Diabetes	10/19/13	www.stepout.diabtes.org		
Hanover Council on Aging	create a scrapbook of pictures from events held at the COA	Katie O'Brien 781 924-1913		

### **COMMUNITY INTEREST**

Holly Hill Farm in Cohasset has space in 2 fun afterschool programs that are happening at the farm this fall – "Hardy Holly Hillers" is an hour of hiking and nature exploration around the trails of the farm for children ages 5-8. "Autumn Animal Care" is a chance to collect eggs, feed the animals and put them into their enclosures for the night for children ages 8-12. For more information, visit www.hollyhillfarm.org.

Holly Hill Farm is having a Farm to Table Dinner and Silent Auction on Saturday October 19 at 5:30 in the cozy heated greenhouse at the farm. Guest chef Maryann Saporito of Hola Restaurant in Marshfield will use the farm's certified organic produce throughout the meal to create a delicious fall feast that will be paired with organic wines. This will be the 5<sup>th</sup> farm to table collaboration with chef Maryann and diners at past events have described the evenings as "magical" and "perfect." Maryann's cooking embodies the philosophy of fresh farm food, prepared simply and served from the heart. Combine food with *Friends of Holly Hill Farm* and the meal becomes an intimate evening of locavore dining at its best. The evening will include a tempting array of silent auction items as well. Cost is \$100 per person. Please call 781-383-6565 or email fhhf@verizon.net to reserve a spot. Proceeds from the evening benefit the *Friends of Holly Hill Farm*, the non-profit education center that uses the farm as its outdoor classroom and teaches in 26 school gardens in 8 South Shore towns.

Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For directions and more information, visit www.hollyhillfarm.org.

#### Dear Friend

On March 21, 2009, our son, brother and friend lost his battle with depression. We walk in memory of Rob and for all the positive things AFSP is doing.



I will be joining with thousands of people nationwide this fall to walk in AFSP's Boston Area Walk Out of the Darkness Community Walk to benefit the American Foundation for Suicide Prevention. I would appreciate any support that you give me for this worthwhile cause.

The American Foundation for Suicide Prevention is at the forefront of research, education and prevention initiatives designed to reduce loss of life from suicide. With more than 38,000 lives lost each year in the U.S. and over one million worldwide, the importance of AFSP's mission has never been greater, nor our work more urgent.

I hope you will consider supporting my

participation in this event. Any contribution will help the work of AFSP, and all donations are 100% tax deductible.

Thank you for any donation you can afford - any little bit will help.

Hana & Christine Bowker-Wickersham.

Donating online is safe and easy! To make an online donation please click the "Donate Now Link"

Link to donate:

 $\frac{https://afsp.donordrive.com/index.cfm?fuseaction=donate.start\&destination=P\&eventID=21}{11\&participantID=437951}$ 

**Boston Area Walk** 

October 12, 2013 at Artesani Park, Soldiers Field Road



### Race Schedule:

9:00 - 10:45:

Registration and t-shirt pick-up 11:00:

The Harvest Run begins!

\* Refreshments provided after the race\*

## Harvest Run

5K ROAD RACE - FITNESS WALK Saturday, October 19, 2013 Wompatuck State Park Hingham, Ma

We are in need of many volunteers at the Harvest Run.
There are different time slots available for different tasks. Please contact Denise Demaggio to volunteer ddemaggio@sscps.org or 617-653-8246.

For individual registration visit:

http://www.lightboxreg.com/harvest-run-road-race

Family discount is available for SSCPS students, staff, and their immediate families.

<u>Pre-register by October 16th</u> for the SSCPS family and staff discount. SSCPS family registration form available in the weekly update or at the front desk.

All funds raised will be used to develop outdoor spaces for health and recreation at the South Shore Charter Public School.

## breakfast & lunch

fundraiser



### Anita Marie's Coffee Shop

*The best breakfast on the South Shore since 1954!* 349 Union Street • Uptown Rockland • 781.878.5499

Wednesday, October 16, 2013 • hours: 4am-2pm

Please bring this flyer and give it to your server to have 15% of all checks from SSCPS families donated back to the school!!!

# MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION



PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS

#### **SCHOOL YEAR 2013-2014**

If you have received a **NOTICE OF DIRECT CERTIFICATION** from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

**PART 1.** ALL HOUSEHOLD MEMBERS List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF <b>ALL</b> HOUSEHOLD MEMBERS (First, Middle Initial, Last)			NAME OF SCHOOL CHILD ATTENDS					CHECK IF A <b>FOSTER CHILD</b> (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT)  * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.					CHECK IF <b>NO</b> INCOME				
PART 2. BENEFITS- MAS	SNAP OR MA	TA	FD	С							PART 3. HOME	LE	SS,	M1	[GI	RANT, RUNA	WAY
MA TAFDC benefits, PRO NUMBER* LOCATED ON ASSISTANCE (DTA) BENE SIGN THIS FORM IF YOU NUMBER. AGENCY ID:	HOMELESS & KOMWAT & MICK								NT, 0 CALL - 781-982- ANT								
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1. Name	2. GROSS IN	1CO	ME	AN	ND	HOW OFTI	EN	IT '	WA	S R	ECEIVED						
(LIST <b>ONLY</b> HOUSEHOLD MEMBERS WITH INCOME)	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other indicate and how	how much
(Example) Jane Smith	\$200	$\boxtimes$				\$150		$\boxtimes$			\$0					\$0	)
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A parent or caretaker adult must sign the ap on this application is true and that all incom understand that school officials may verify benefits, and I may be prosecuted. An adult the last 4 digits of his or her Social Security	e is reported. I unders (check) the informatio household member m	tand that the school on. I understand that is ust sign the application	will get Federal fund f I purposely give fal on. If Part 4 is comp	s based on the inse information, leted, the adult s	nformation that I give. I my children may lose mea signing the form also must	al : list
Statement on the back of this page. Sign here:		_ Print Name:			Date:	
Address:						
		Cell Phone Number:				
Last four digits of Social Security Number						
PART 6. CHILDREN'S ETHNIC AN	ID RACIAL IDEN	TITIES (OPTIO	NAL)			
Choose one ethnicity:	Choose one or more (rega	rdless of ethnicity):				
☐ Hispanic/Latino	☐ Asian ☐	American Indian or	Alaska Native	☐ Black or	African American	
☐ Not Hispanic/Latino	☐ White ☐	Native Hawaiian or o	other Pacific Islander			
DO NOT	FILL OUT THIS	S PART. THIS IS	FOR SCHOOL	<b>USE ONLY</b>	•	
Annual Income Con Total Income: Per: W						
Categorical Eligibility: Date Withd	rawn: Eliş	gibility: Free	Reduced De	enied Re	eason:	
Determining Official's Signature:			Da	ate:		
Confirming Official's Signature:						
Verifying Official's Signature:			Date:			

# 2013-2014 Free and Reduced Income Eligibility Guidelines:

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of

REI	OUCED PI	RICE MEA	LS	FREE MEALS				
Household Size	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income		
1	\$21,257	\$1,772	\$409	\$14,937	\$1,245	\$288		
2	\$28,694	\$2,392	\$552	\$20,163	\$1,681	\$388		
3	\$36,131	\$3.011	\$695	\$25,389	\$2,116	\$489		
4	\$43,568	\$3,631	\$838	\$30,615	\$2,552	\$589		
5	\$51,005	\$4,251	\$981	\$35,841	\$2,987	\$690		
6	\$58,442	\$4,871	\$1,124	\$41,067	\$3,423	\$790		
7	\$65,879	\$5,490	\$1,267	\$46,293	\$3,858	\$891		
8	\$73,316	\$6,110	\$1,410	\$51,519	\$4,294	\$991		
Each additional person:	\$7,437	\$620	\$144	\$5,226	\$436	\$101		

the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer



# **Harvest Run**

5K ROAD RACE - FITNESS WALK

Saturday, October 19, 2013

Wompatuck State Park Hingham, Ma

# **SSCPS FAMILY REGISTRATION**

Family Name:			
Address:			
City			
State:			
Zip Code:	E-M	ail	
Phone Number:			
Individual Names	Runner/Walker	Gender M/F Age Group (-10) (11-14) (15-19) (20-29) (30-39) (40-49) (50-59) (60+)	Shirt Size  *2 Shirts included, \$7.00 each additional  *Guaranteed to those who register by October 2nd*
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

### Pre-Race Number and T-Shirt Pick-Up:

Friday, October 18, 2013 2:30—6:30 Marathon Sports 134 Washington Street, Norwell, MA

#### Race Schedule:

9:00 - 10:45: Registration and t-shirt pick-up 11:00: The Harvest Run begins! \* Refreshments provided after the race\* SSCPS Family Registration \$40.00 / family – up to 2 runners unlimited walkers Please add \$3.50 per additional runner

SSCPS Student Registration \$15.00 / individual student \*Please make checks payable to SSCEF

All funds raised will be used to develop outdoor spaces for health and recreation at the South Shore Charter Public School.



## SEPAC Fall/Winter Workshops

(All Workshops begin at 7:00pm and are held at SSCPS)

## 10/22/13 - Basic Rights

This workshop, presented by the Learning Services Director, Matthew Tondorf, provides families with an introduction to their rights and responsibilities under the Individuals with Disabilities Education Act (IDEA), Massachusetts Special Education Law and No Child Left Behind (NCLB). It is designed to help parents learn how to be effective partners with their child's school to decide the child's eligibility for special education, and to plan, make decisions and monitor their child's progress in school.

## 11/19/13 - Introduction to Social Thinking

This workshop will be presented by the Speech and Language Pathologist, Jessica Zutaut and the Level 1

Learning Services Teacher, Michelle Gallagher.

### 12/17/13 - Social Thinking / Zones of Regulation

This workshop will be presented by the Occupational Therapist, Carol Wise.

Meetings and Workshops are free and open to all!

# **SSCPS PA Grant Request**

2013

Requests must be returned by Tuesday, October 22, 2013

Date:

Total Amount Requested\*:

Date Required:

Description of request (be specific!):

**Supplier Information** 

Company Name:

Address:

Telephone Number:

Fax Number

Website:

People who will benefit if request is granted:

Submitted by

Name:

Title:

**Email Address:** 

Telephone Number:

\*Amount requested must include any and all taxes, labor, set-up charges, delivery fees, etc. Do the research and make sure the amount requested is **completely accurate** and/or get realistic quotations from the proposed vendor. Requests with incomplete information cannot be considered. Attach any supporting documentation necessary to help the Task Force make an informed decision.

Please return form to PA Treasurer, Kerry Griffin, no later than Tuesday, 10/22/13. There will be an envelope at the front desk, or email me <u>rockgriff@verizon.net</u>, or call 781-733-2073.

# South Shore Charter Public School



Dear SSCPS Families,

It's been a great pleasure being a part of such a wonderful establishment thus far. The staff has been very kind and helpful in every way imaginable. The students have been cooperative and receiving of the lessons that I've taught. This letter is in regards to forming an afterschool Band Program for **students in Level III and Level IV**. The band will meet on **Tuesdays** and **Thursday** from 3:25-4:35 here at SSCPS.

Learning to play an instrument is a great way for students to grow to express his or herself in a new way; musically. These potential instrumental musicians will be playing in a band setting. Knowing that they each have a specific part to play in making the music come together as a whole, will feed their desire to learn to play even more.

There is a cost for renting an instrument, but not for participating in the program. There is a monthly **Rental-to-Own fee** for the instruments which is \$29.35 for Flutes, Clarinet, Trumpet, and Trombone; and \$45.17 for the Saxophone. The payments go toward the owning of the instrument. More specific payment information including instrument payoff will be available when the instrument is selected. The instruments will be from the company, Music and Arts. Soon, your child will **OWN** their **First Instrument**!

If you are interested in participating in the afterschool band program, please fill out the application on the back and bring it to the front desk **As Soon As Possible**. If you have any questions, feel free to contact me.

Sincerely,

Theron Leonard Music Teacher South Shore Charter Public School tleonard@sscps.org 781.982.4202 x318



### South Shore Charter Public School Afterschool Band Level III and Level IV Students

Student's Name:
Address:
City, Zip:
Parent / Guardian's Name:
Contact Email Address:
Main Telephone Number:
Tam Telephone Tumbert
Grade (circle): 5 6 7 8
Band Instrument of Choice:



Please return this form and payment to the front desk As Soon As Possible.





**Application for SSCPS students grades 2-6** 

# Mondays 3:10pm-4:15pm starting September 30th

Student Name	_
Address	
City, Zip Code	_
Parent / Guardian Name	
Parent / Guardian Email Address	
Main Telephone Number	
Level / Teacher	
Cost: \$25.00 per child or \$30.00 per family Please make checks payable to SSCPS	

Scholarships are available to those who qualify. Please contact Kristine Shipps at <a href="mailto:kshipps@sscps.org">kshipps@sscps.org</a> for details.

Session 1 begins Monday, September 30, 2013 and continues every Monday until December 9, 2013.

The Chorus will perform at the SSCPS Winter Concert, Wednesday, December 11.

For more information contact:

Wardie Mannix at <a href="mainto:hmannix@sscps.org">hmannix@sscps.org</a>
or
Cyndi Wormald at <a href="mainto:cindavesam@yahoo.com">cindavesam@yahoo.com</a>

# Breakfast Order Form Breakfast for the Month of October, 2013

Due to the office by 3:00 pm, \*Tuesday, October 15, 2013

Student Name	e					
Pod Teacher/	Advisor			Grade		
	Pleo	ase <u>CHECK</u> off	the day breakfast wi	ill be ordered.		
Week of 10/21 – 10/25	-	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday	
Week of 10/28 – 11/1	[ ] Monday	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday	
Number of B	reakfasts ordered			X \$1	.65	
	<i>ue</i> <b>l Amount Enc</b> ks may be made			\$		

# Lunch Order Form Lunch for the Month of October, 2013

Due to the office by 3:00 pm, \*Tuesday, October 15, 2013

Student Name					
Pod Teacher/A	dvisor	Grade			
	Pl	ease <u>CHECK</u> o <u>f</u>	f the day lunch will	be ordered.	
Week of 10/21 – 10/26	[] Monday	[] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday
Week of 10/28 – 11/1	[ ] Monday	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday
Number of Me	als ordered			X \$3.25	
	Amount Enc s may be made			\$	_

Choice of 1% milk, skim milk or orange juice is included with the purchase of a meal or can be purchased separately for 30 cents.

Please note: If your child has forgotten lunch, a cheese sandwich will be provided at the cost of \$2.25. A note from the office will go home that afternoon for reimbursement.



# South Shore Charter School October, 2013

### Breakfast

Monday	Monday Tuesday		Thursday	Friday	
7	8	9	10	11	
3.6 oz. WW Blueberry Muffin Orange Juice Milk	WG Cinnamon Roll Orange Juice Milk	Plain Bagel w/Jelly Orange Juice Milk	3.6 oz. WW Chocolate Muffin Orange Juice Milk	NO SCHOOL Professional Dev. Day	
COLUMBUS DAY	WW Croissant w/Jelly Apple Milk	16 2 oz. Frosted Flakes Apple Juice Milk	3.6 oz. WW Banana Muffin Orange Juice Milk	WG Cinnamon Roll Orange Juice Milk	
Cinnamon Raisin Bagel w/Jelly Orange Juice Milk	3.6 oz. WW Chocolate Muffin Orange Juice Milk	3.6 oz. WW Apple Muffin Orange Juice Milk	24 WG Cinnamon Roll Orange Juice Milk	25 2 oz. Frosted Flakes Orange Juice Milk	
28 3.6 oz. WW Apple Muffin Orange Juice Milk	29 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk	Toasty O's WW Apple Cinnamon Waffle Grahams Orange Juice Milk	Cinnamon Raisin Bagel w/Jelly Orange Juice Milk	Nov. 1  3.6 oz. WW Chocolate Chip Muffin Orange Juice Milk	

<sup>\*</sup> All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

### ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!



## **South Shore Charter School - Grades K-8** October, 2013

### **LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
7 BBQ Chicken on a WW Bun Sweet Potato Fries w/Ketchup Apple Juice Milk	American Chop Suey Green Beans Whole Wheat Roll Orange Juice Milk	9 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	10 Chicken Caesar Salad WW Wrap Cucumber Pears Milk	NO SCHOOL Professional Dev. Day
COLUMBUS DAY	15 Beef Hot Dog on a WW Roll Baked Beans Ketchup Fruit Cocktail Milk	EARLY RELEASE	17 Turkey Ranch WW Wrap Cucumber Mandarin Oranges Milk	Cheese Pizza Broccoli Corn Peaches Milk
Hamburger on a WW Bun Baked Beans Ketchup Apple Milk	Ziti w/Meatballs Broccoli Whole Wheat Roll Orange Juice Milk	Chicken WW Quesadilla Green Beans Banana Milk	Pancakes Sausage Patty Sweet Potato Baked Apple Slices Milk	Turkey & Gravy Potato Puffs Whole Wheat Roll Orange Milk
Macaroni & Cheese Broccoli Mandarin Oranges Milk	Chicken Tenders Potato Puffs Fruit Cocktail Whole Wheat Roll Milk	30 Mexican Chicken WW Wrap Sweet Potato Fries Ketchup Apple Milk	31 Buffalo Chicken WW Wrap Chickpea Salad Pineapple Chunks Milk	Nov. 1  Cheese Pizza Green Beans Potato Wedges Fruit Milk

<sup>\*</sup>All Meals include 8 ounce Milk - Choice of 1% or Skim

### ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

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## **South Shore Charter School - Grades 9-12** October, 2013

### **LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
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7	8	9	10	11
BBQ Chicken on a WW Bun	American Chop Suey	Chicken Alfredo w/Ziti	Chicken Caesar Salad WW Wrap	NO SCHOOL
Sweet Potato Fries w/Ketchup	Green Beans	Broccoli	Cucumber	
Apple Juice	Whole Wheat Roll	Whole Wheat Roll	Pears	Professional Dev. Day
Fruit Cocktail	Pineapple Chunks	Applesauce	Orange Juice	
Milk	Orange Juice and Milk	Milk	Milk	
14	15	16	17	18
COLUMBUS	Beef Hot Dog on a WW Roll	EARLY	Turkey Ranch WW Wrap	Cheese Pizza
COLUMBOS	Baked Beans		Cucumber	Broccoli
DAY	Ketchup	RELEASE	Mandarin Oranges	Corn
<b>D</b> 111	Fruit Cocktail	TEEETIGE	Banana	Peaches
	Milk		Milk	Milk
21	22	24	25	26
Hamburger on a WW Bun	Ziti w/Meatballs	Chicken WW Quesadilla	Pancakes w/Syrup	Turkey & Gravy
Baked Beans	Broccoli	Spanish Rice	Sausage Patty	Potato Puffs
Ketchup	Whole Wheat Roll	Green Beans	Sweet Potato	WG Cinnamon Roll
Apple and Pears	Fruit Cocktail	Banana and Peaches	Baked Apple Slices	Orange and Peaches
Milk	Orange Juice and Milk	Milk	Milk	Milk
28	29	30	31	Nov. 1
Macaroni & Cheese	Chicken Tenders	Mexican Chicken WW Wrap	Buffalo Chicken WW Wrap	Cheese Pizza
Broccoli	Potato Puffs w/Ketchup	Sweet Potato Fries w/Ketchup	Chickpea Salad	Green Beans
Mandarin Oranges	Fruit Cocktail	Apple	Pineapple Chunks	Potato Wedges
Whole Wheat Roll	Whole Wheat Roll	Orange Juice	Milk	Fruit
Milk	Milk	Milk		Milk

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