



FROM THE EXECUTIVE DIRECTOR



It has become a favorite event and South Shore Charter Public School tradition, and on Saturday, October 19, 2013, we were once again reminded why. Over 350 people joined us for our fifth annual Harvest Run held in Wompatuck State Park. This year's Harvest Run was marked by an enormous outpouring of students, family members, friends and faculty who came to run or walk in support of the athletic programs and facilities at the South Shore Charter Public School. Our high school cross-country team ran once again as did players from our high school soccer team. Joining us this year were students from the Hingham rowing team. Thank you to all who came to run or walk in support of our school!

Once again this fantastic event could not have been possible without the help of our event sponsors and so many parent and student volunteers. Thank you to our committee chairs, Laurie Dannison, Denise Demaggio, Annette Golden, Mary Oxner, and Justina Pettinelli. Thank you to our parent and student volunteers at Marathon Sports Friday evening, Jacob Gray, Priscilla Kelly and Gema Gray. Thank you to our parent, faculty, and student volunteers who helped with registration, set up, clean up, concessions and mile marking:







Matthew Algera Ben Anderson **Bobita** Atkins Jeremy Atkins Nigel Atkins Colette Blaise-Bycinte Catie Bowman Kathy Bowman Jonathan Boyle Chad Bruce Jillianna Bycinte Jiovanni Bycinte Maura Carson Tess Carson Janet Daley Eva Dannison Heather Dans McKenna Dans Olivia Dans Shane Dans Mari Demaggio Patty Downey

Andrea Feeney Steve Feeney Beth Flanagan Sarah Flanagan Sophia Flanagan Josh Gallion Zach Griffin Christina Harvey Alex Hill Easton Hill Jarron Hill Noel Hill Caitriona Hollowed Sarah Hollowed Steve Hollowed Sophie Hollowed Diane Hugyo Zach Hugyo Kathryn Josselyn-Wright Brian Kelly Priscilla Kelly

Ken Lee Karen Long Regina Martini Julia MacDougall Isaiah McCarthy Jamie McCarthy Micah McCarthy Kirsten Mullen Lily Nelson **Caitlin Sheils** Stacy Sunnerberg Emily Tan Eric Tan Kathy Tan William Tramontana Noemie Trocher Chloe Tsang Conor Tsang Kitman Tsang Emily Weldon Linda Weldon

And we are truly grateful to Robert Griffin who assisted with parking during the event and to Josh Wright, who every year, heads out early in the morning to clear the course for our walkers and runners. This commitment to our school speaks volumes.

Because of all who put forth amazing effort, we were able to raise over eight thousand dollars for our school community! Thank you! *Alicia Savage – asavage@sscps.org*

Photos courtesy of George Chambers

Thursday	10/31	1 st Quarter Ends	
Sunday	11/03	Touch-A-Truck Abington Town Hall	10:00am-2:00pm
Sunday	11/03	High School Boys Soccer Playoff Game – Hanover High School	2:30pm
Tuesday	11/05	Parents Association Meeting	7:00pm
Wednesday	11/06	Picture Retake Day – see information below	

Picture Retake Day is Wednesday, November 6!

If any **parents** have questions – please call the Customer Service Dept. PHONE: 1-800-632-2323 ext. "0" // EMAIL: <u>Lifeguards@coffeepond.com</u>

Retake/Refund Instructions

- Any children who were absent on Picture Day should have their pictures taken on Retake Day.

- If you are dissatisfied with your child's portrait from Picture Day and would like to try again, you can do a retake.

- Please return the entire, undamaged portrait package to the photographer on Retake Day. Write any suggestions for the photographer on a piece of paper so it shows through the envelope window. Please keep the class photo.

- Retake Day is rain or shine. In the event of inclement weather, the portraits will be taken indoors and a natural outdoor background will be applied.

- Retake Packages will be distributed by the school approximately 3 to 5 weeks after Retake Day.

- For REFUND information, please log on to www.coffeepond.com/pdf/refund

- If a student forgets to return their original package on retake day we still want to take their picture. The **parents** however, will need to mail their original package to us in order for the lab to print anything from the new picture. Our address is on all our literature and our retake notices that were inserted into everyone's print package. Our address also appears below.

coffee pond photography 19 strathmore road • natick, ma • 01760 phone: (800) 632-2323 x "0" • fax: (508) 907-6634 • email: <u>lifeguards@coffeepond.com</u>

ATHLETIC DEPARTMENT UPDATE

Congratulations to the Boys High School Soccer

The Boys' High School Soccer team has qualified for the league playoffs and will host a 1st round playoff game on Sunday, November 3rd at 2:30pm at Hanover High School. The opponent is still undecided as teams are playing for position. Come support the team on Sunday. Go Jaguars!

Lady Jaguars Soccer Recap

The high school girls' soccer team wrapped up their second season of play earlier this week with a final record of 5-7-1. Their record tells us of their wins and losses but what it doesn't tell us about is their heart,

determination and effort. In what was for many only their second year playing organized soccer, the Lady Jaguars were able to pick up where they left off from last season and continue to improve their skill and knowledge of the game.

The Jaguars were led this year by the leadership of senior captain Maddie White and fellow seniors Jessica Guerrier and Niamh Dalton. The seniors could be counted on to lead by example on and off the field. The core of the Jaguars team and defensive play was led by 6 out of the 10 sophomores on the team, who worked throughout the season to become a stronger force in the backfield. These girls include Ila White, Lily Nelson, Melissa Theodore, Ashley Guerin, Noemie Trocher and Imani Turner. Also rounding out the defense with strong play at the stopper position was 9th grader Hallie Ferguson.

Offensively the Jaguars became more of a threat this year netting goals in 10 of the 14 games played. They were led by the competitive drive of sophomores Christine Nwafor and Arianna Hartz with strong support from fellow sophomore Kanya Syllien, freshmen Nella Harting, Samantha Paul, Julia MacDougall, Morgan Rousseau and Catie Bowman, an 8th grader who was pulled up to help the team in a starting forward position.

Please congratulate all Lady Jaguars on their hard work and success this season, as they are already looking forward to next season with their eyes on achieving a spot in post season play.

Middle School Soccer

The Middle School Soccer Team defeated an undefeated McAuffie team by the score of 4 to1. Daley Tilden had 2 goals, while Math Whitman and Blake Hearn each had a goal for the Jaguars. Rawsheed Nelson and Harrison Carter had outstanding games on defense. The Jaguars play Salem next Friday where the winner will advance to the playoff tournament that Sunday.

Look for the fall season recap in next weeks Update.

PARENTS ASSOCIATION

LOST AND FOUND - All Lost & Found items at the Back Door area and in Level III are photographed weekly. The pictures are then posted onto the SSCPS Google Group page on Facebook. If you have already joined the group please take a look at the posted albums. If you are not yet a member please join by clicking on the below link and selecting "Join Group" (you will need to be signed into your FB account to join the group – it may take a day or two to be added).

<u>https://www.facebook.com/groups/googlegroupss.sscps/449804731807597/?notif_t=like</u> All pieces are posted three (3) times and if not claimed the items are donated to charity.

FALL BOOK FAIR

The Library Committee is hosting the annual *Fall Book Fair* on **Tuesday November 12th and Wednesday November 13th**. This event is a major fundraiser for the library, and profits are used to purchase new books for the library.

We have again partnered with local independent bookseller Janet Bibeau from StorybookCove, which is conveniently located in the nearby Merchants Mall (2053 Washington St.) in Hanover. Janet has been providing us with an outstanding selection of titles for our K-12 students. The collection is available for browsing on both days, and the list is available online at their website (<u>www.storybookcove.com</u>). Teachers have signed up to bring their students to the fair to develop their 'wish lists'. Students will then bring home the booklet with the list of books plus an order form for making purchases. **Checks should be made out to SSCPS.**

** *Holiday Holds*: If you would like to order books as holiday presents, mark those titles on your order form with an 'H'. Those books will be delivered separately from the rest of your order. The order forms are due <u>Friday November 15th</u>, and the books will be delivered to your child by November 26th before Thanksgiving.

Questions? Please email them to <u>librarian@sscps.org</u>.

Book Fair Volunteers needed! If you can commit a 1.5-2 hour block of time on either Tuesday November 12th (8am- 2pm) or Wednesday Nov. 13th (8am-2:00pm) to assist students as they browse the Book Fair, please email Sue Duchaney at <u>s.duchaney@comcast.net</u> the time/s that you could work. The Library Committee would appreciate your assistance, as would the teachers.

COMMUNITY SERVICE OPPORTUNITIES <u>CLOTHING/BABY ITEM DRIVE FOR "ROOM TO</u>

<u>**GROW**</u>" – Ryan and Devin Benjamin are running a clothing/baby item drive for Room to Grow. Room to Grown is a non-profit organization dedicated to enriching the lives of babies born into poverty throughout their critical first three years of development. They are looking for donations of new and gently used baby items in truly excellent condition, appropriate for newborns to age 3, including clothing to size 5T, shoes, toys, books and blankets. Please see the attached flyer for a more complete list of items, including items of urgent need. <u>There is a box in the school lobby to drop off donated items</u>. If you have larger items that you would like to donate, please contact Kerry Benjamin at 781-982-0866 to schedule a pick up. Thank you in advance for your help!

If you would like to share a community service event that is happening on the South Shore please email Sarah Collins, Community Service Chairperson, at sazzifrazz78@yahoo.com.



Do you have infant & toddler items to donate? Your donation can directly transform the life of a baby born into poverty.



Clothing to size 51, Shoas, Toys, Books, Blankets, Sheats, Towels, J Bibs, Sirollers, High Chairs, Booster Chairs, Bossinets, Baby Carri Seats, Swings, Play Mats, Exersoucers, Bathiubs, Potties, Feedin Baby Proofing Ieams, Baby Monitors, Dipater Bags, CDs, Photo All

Urgent need for pants, long sleeve shirts and sweaters, size 24m-3T, parenting books, Spanish board books, exersaucers and strollers

The following items are accepted new only: Bottles, Cups, Nipples, Teethers, Baby Shampoo & Lotion, Diaper Cream, Baby Care Items, Breast Pumps & Accessories, Toothbrushes

Sorry, we cannot accept: (for reasons of safely, hygiene, or appropriateness) Cribs, Baby Furnitare, Car Seats, Car Seat Carriers, Diapers, Diaper Pails, Formula Baby, Ford, Suiffed Animals, Walkers, Bah Seats, Crib Bumpers, Maternity Clothing, Pregnancy Books, Sleep Positioners

Please, nothing stained, teethed on, worn in appearance, missing parts or in any way unsafe for young children.

Name of Organization	Dates	Info		
My Brother's Keeper various volunteer opportunities year round	continuous	Stonehill College, Easton MA www.mybrotherskeeper.org		
New England Wildlife Center-hands on work caring for animals	continuous and/or special events	Weymouth, MA www.wildlife-education-center.com		
Cardinal Cushing Centers	ongoing volunteer opportunities working with individuals with special needs	Hanover, MA www.cushingcenters.com/support/volunteer		
Marshfield Council on Aging	continuous; assist homebound seniors with food shopping	Donna Weinberg coadmoxie@comcast.net		
Soles 4 Souls	host a shoe drive for disadvantaged communities	www.soles4souls.org		
Hanover Council on Aging	create a scrapbook of pictures from events held at the COA	Katie O'Brien 781 924-1913		

Upcoming Events

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>



Meet representatives from colleges throughout New England and beyond! Some Colleges represented include:

Bard College

Bowdoin College Bridgewater State Clark University Colby Sawyer College College of Mount Saint Vincent Eastern Connecticut State Univ. Framingham State University Gordon College Ithaca College Johnson and Wales University Loyola University New Orleans Massachusetts Bay Community College Massachusetts College of Pharmacy Massasoit Community College Newbury College Olin College Penn State Pine Manor College Plymouth State University Purdue University

For more info. and updates, please visit: www.visitdedhamsquare.com/collegefair



Dedham Square College Fair Block Party Randolph College **Regis College** The American Intnl. Univ. London Sacred Heart University Salem State University Simmons College **Trinity College** Unity College University at Albany (SUNY) University of Chicago University of Hartford University of Maine UMass Amherst UMass Lowell University of Richmond University of South Maine University of Virginia Vermont Technical College Walsh University Washington County Community College Wells College Worcester State University



y DEDHAM SQUARE CIRCLE Come play wiffle ball and sing "Sweet Caroline" with me, Wally the Green Monster. I'll be at this awesome event!





Cat Whitehill, star player of The Boston Breakers will sign autographs and be a guest speaker!

Back to School: Safety tips for motorists







National Safety Council

saves lives by preventing injuries and deaths at work, in homes and communities, and on the roads, through leadership, research, education and advocacy.

Sharing the road safely with school buses

School buses are one of the safest forms of transportation on the road today. In fact, according to the National Highway Traffic Safety Administration, riding a bus to school is 13 times safer than riding in a passenger vehicle and 10 times safer than walking to school. The reality of school bus safety is that more children are hurt outside the bus than inside as passengers. Most of the children who lose their lives in bus-related crashes are pedestrians, four to seven years old, who are hit by the bus or by motorists illegally passing a stopped school bus. For this reason, it is necessary to know the proper laws and procedures for sharing the road safely with school buses:

- All 50 states have a law making it illegal to pass a school bus that is stopped to load or unload children.
- School buses use yellow flashing lights to alert motorists that they are preparing to stop to load or unload children. Red flashing lights and an extended stop sign arm signals to motorists that the bus is stopped and children are getting on or off the bus.
- All 50 states require that traffic in both directions stop on undivided roadways when students are entering or exiting a school bus.
- While state laws vary on what is required on a divided roadway, in all cases, traffic behind the school bus (traveling in the same direction) must stop.

- The area 10 feet around a school bus is where children are in the most danger of being hit. Stop your car far enough from the bus to allow children the necessary space to safely enter and exit the bus.
- Be alert. Children are unpredictable. Children walking to or from their bus are usually very comfortable with their surroundings. This makes them more likely to take risks, ignore hazards or fail to look both ways when crossing the street.
- Never pass a school bus on the right. It is illegal and could have tragic consequences.

Sharing the road safely with child pedestrians

All drivers need to recognize the special safety needs of pedestrians, especially those that are children. Young, elderly, disabled and intoxicated pedestrians are the most frequent victims in auto-pedestrian collisions. Generally, pedestrians have the right-of-way at all intersections; however, regardless of the rules of the road or right-of-way, you as a driver are obligated to exercise great care and extreme caution to avoid striking pedestrians.

- Drivers should not block the crosswalk when stopped at a red light or waiting to make a turn. Do not stop with a portion of your vehicle over the crosswalk. Blocking the crosswalk forces pedestrians to go around your vehicle and puts them in a dangerous situation.
- In a school zone when a warning flasher or flashers are blinking, you must stop to yield the right-of-way to a pedestrian crossing the roadway within a marked crosswalk or at an intersection with no marked crosswalk.
- Always stop when directed to do so by a school patrol sign, school patrol officer or designated crossing guard.
- Children are the least predictable pedestrians and the most difficult to see. Take extra care to look out for children not only in school zones, but also in residential areas, playgrounds and parks.
- Don't honk your horn, rev your engine or do anything to rush or scare a pedestrian in front of your car, even if you have the legal right-of-way.





On most roadways, bicyclists have the same rights and responsibilities as other roadway users and often share the same lane, but bicycles can be hard to see. The riders are exposed and easily injured in a collision. Oncoming bicycle traffic is often overlooked and its speed misjudged. Children riding bicycles create special problems for drivers because they are not capable of proper judgment in determining traffic conditions.

- When passing a bicyclist proceeding in the same direction, do so slowly and leave at least a distance between you and the bicycle of no less than 3 feet. Maintain this clearance until you have safely passed the bicycle.
- The most common causes of collisions are drivers turning left in front of an oncoming bicycle or turning right, across the path of the bicycle.
- When your vehicle is turning left and there is a bicyclist entering the intersection from the opposite direction, you should wait for the bicyclist to pass before making the turn.
- If your vehicle is turning right and a bicyclist is approaching on the right, let the bicyclist go through the intersection first before making a right turn. Remember to always use your turn signals.
- Watch for bicycle riders turning in front of you without looking or signaling, especially if the rider is a child.
- Take extra precautions in school zones and neighborhood areas where children and teenagers might be riding.
- Watch out for bikes coming out of driveways or from behind parked cars or other obstructions.
- Check side mirrors for bicyclists before opening the door. Some communities may fine drivers for collisions caused by opening a vehicle door in the path of a bicyclist.





1121 SPRING LAKE DRIVE ITASCA, IL 60143 (800) 621-7619 • nsc.org customerservice@nsc.org

making our world safer*

Take extra precautions in school zones and neighborhood areas where children and teenagers might be riding.



How to Navigate Schools so Your Kids Thrive and You Survive

Involved Parents=Better Students

Tuesday, Nov. 5, 2013

9:30-11 a.m. South Shore Hospital's Home Care Division 30 Reservoir Park Drive, Rockland



Decades of research confirm that when parents engage in the child's learning, kids do better in school — and life. ML Nichols, co-founder and director, The Parent Connection, and author of *The Parent Backpack for Kindergarten through Grade 5*, presents a workshop that helps parents:

- Know what to expect at each grade level
- · Communicate with teachers so they hear and help
- Minimize homework meltdowns and disorganization
- Encourage a love of reading in your kids
- Help children through social situations and bullying
- Support kids who struggle academically or need more challenge



 Understand why praising effort over smarts leads to better grades

Please call (781) 624-7849 or visit <u>southshorehospital.org/classes-and-events</u> to register.





@SouthShoreVNA @southshorehosp

A South Shore Hospital Community Benefits Program

MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION



PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS

SCHOOL YEAR 2013-2014

If you have received a **NOTICE OF DIRECT CERTIFICATION** from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

PART 1. ALL HOUSEHOLD MEMBERS List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A FOSTER CHILD (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	Check if no Income

PART 2. BENEFITS- MA SNAP OR MA TAFDC

IF <u>ANY</u> MEMBER OF YOUR HOUSEHOLD RECEIVES **MA SNAP or MA TAFDC benefits,** PROVIDE THE AGENCY IDENTIFICATION NUMBER* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER. PART 3. HOMELESS, MIGRANT, RUNAWAY

IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL -SSCPS, Angie Pepin, Homeless Liaison, 781-982-4202x102.

HOMELESS \Box RUNAWAY \Box MIGRANT \Box

AGENCY ID:

* Do not provide EBT card number.

PART 4. TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS). List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

1. NAME	2. GROSS IN	CO	ME	AN	JD	HOW OFTI	EN	IT V	WA3	S RI	ECEIVED					
(LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly		Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
(Example) Jane Smith	\$200	\boxtimes				\$150		\boxtimes			\$0					\$0
	\$					\$					\$					\$
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PART 5. SIGNATURE AND L	PART 5. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN) ON BACK															

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign nere:	Print Name:		Date:	
Address:	City:	State:	Zip Code:	
Phone Number:	_ Cell Phone Number <u>:</u>			
Last four digits of Social Security Number ***-*	$_$ \Box Check here if you d	lo not have a Socia	l Security Number	

PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)

Choose one ethnicity:	e one ethnicity: Choose one or more (regardless of ethnicity):									
Hispanic/Latino	□ Asian	American Indian or Alas	ska Native	Black or African American						
□ Not Hispanic/Latino	□ White	□ Native Hawaiian or othe	er Pacific Islander							
DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.										
Annual Income Con	version: Weekly	x 52, Every 2 Weeks x 2	26, Twice A M	onth x 24, Monthly x 12						
Total Income: Per: 🗖 W	eek, 🗖 Every 2 W	Weeks, 🗖 Twice A Month	, 🗖 Month, 🗖 Y	'ear Household size:						
Categorical Eligibility: Date Withda	rawn:	Eligibility: Free R	Reduced De	enied Reason:						
Determining Official's Signature:	Determining Official's Signature: Date:									
Confirming Official's Signature:			Date	:						
Verifying Official's Signature:			Date:							

2013-2014 Free and Reduced Income Eligibility Guidelines:

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of

REI	DUCED PI	RICE MEA	FRE	FREE MEALS			
Household Size	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income	
1	\$21,257	\$1,772	\$409	\$14,937	\$1,245	\$288	
2	\$28,694	\$2,392	\$552	\$20,163	\$1,681	\$388	
3	\$36,131	\$3.011	\$695	\$25,389	\$2,116	\$489	
4	\$43,568	\$3,631	\$838	\$30,615	\$2,552	\$589	
5	\$51,005	\$4,251	\$981	\$35,841	\$2,987	\$690	
6	\$58,442	\$4,871	\$1,124	\$41,067	\$3,423	\$790	
7	\$65,879	\$5,490	\$1,267	\$46,293	\$3,858	\$891	
8	\$73,316	\$6,110	\$1,410	\$51,519	\$4,294	\$991	
Each additional person:	\$7,437	\$620	\$144	\$5,226	\$436	\$101	

the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

Breakfast Order Form Breakfast for the Month of November, 2013

Due to the office by 3:00 pm, *Tuesday, November 5, 2013

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please <u>CHECK</u> off the day breakfast will be ordered.

Week of 11/11 – 11/15	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 11/18 – 11/22	•	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 11/25 – 11/29		[] Tuesday	[] Wednesday	[X] Thursday	[X] Friday

Number of Breakfasts ordered	 Х	\$1.65
Less credit due		
Total Amount Enclosed	\$	
Cash or Checks may be made out to SSCPS.		

Lunch Order Form Lunch for the Month of November, 2013

Due to the office by 3:00 pm, *Tuesday, November 5, 2013

Student Name

Pod Teacher/Advisor _____ Grade _____

Please CHECK off the day lunch will be ordered.

Week of 11/11 – 11/15	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 11/18 – 11/22	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 11/25 – 11/29	[] Monday	[] Tuesday	[X] Wednesday	[X] Thursday	[X] Friday

Number of Meals ordered	 Х	\$3.25
Less credit due		
Total Amount Enclosed		\$
Cash or Checks may be made out to SSCPS.		

Choice of 1% milk or skim milk is included with the purchase of a meal or can be purchased separately for 30 cents.

Please note: If your child has forgotten lunch, a cheese sandwich will be provided at the cost of \$2.50. A note from the office will go home that afternoon for reimbursement.



South Shore Charter School NOVEMBER, 2013

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
4 3.6 oz. WW Blueberry Muffin Orange Juice Milk	5 WG Cinnamon Roll Orange Juice Milk	6 Plain Bagel w/Jelly Orange Juice Milk	7 3.6 oz. WW Chocolate Muffin Orange Juice Milk	8 WW Croissant w/Jelly Apple Milk
¹¹ VETERAN'S DAY	12 2 oz. Frosted Flakes Apple Juice Milk	13 3.6 oz. WW Banana Muffin Orange Juice Milk	14 3.6 oz. WW Chocolate Muffin Orange Juice Milk	15 WG Cinnamon Roll Orange Juice Milk
18 Cinnamon Raisin Bagel w/Jelly Orange Juice Milk	19 3.6 oz. WW Chocolate Muffin Orange Juice Milk	20 WW Croissant w/Jelly Orange Juice Milk	21 3.6 oz. WW Apple Muffin Orange Juice Milk	22 WG Cinnamon Roll Orange Juice Milk
25 2 oz. Frosted Flakes Orange Juice Milk	26 3.6 oz. WW Apple Muffin Orange Juice Milk	27 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk	28	²⁹ NO SCHOOL Thanksgiving Break

* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!



South Shore Charter School - Grades K-8 November, 2013

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
4 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Apple Juice Milk	5 American Chop Suey Green Beans Whole Wheat Roll Orange Juice	6 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	7 Chicken Caesar Salad WW Wrap Cucumber Pears Milk	8 Beef & Bean WW Burrito Corn Banana Milk
¹¹ VETERAN'S DAY	Milk 12 Meatballs on WW Sub Sweet Potato Banana Milk	13 Chicken Tenders Potato Puffs Fruit Cocktail Whole Wheat Roll Milk	14 Jamaican Beef Patty Southwestern Beans Corn Tangerines Milk	15 Cheese Pizza Green Beans Potato Wedges Peaches Milk
18 Hamburger on WW Bun Baked Beans Ketchup Apple Milk	19 Ziti w/Meatballs Broccoli Whole Wheat Roll Orange Juice Milk	20 Chicken WW Quesadilla Green Beans Banana Milk	21 Pancakes Sausage Patty Sweet Potato Baked Apple Slices Milk	22 Turkey & Gravy Potato Puffs Whole Wheat Roll Orange Milk
25 Macaroni & Cheese Broccoli Mandarin Oranges Milk	26 Chicken Tenders Potato Puffs Peaches Whole Wheat Roll Milk	EARLY RELEASE	28 Happy Control of the second	²⁹ NO SCHOOL Thanksgiving Break

*All Meals include 8 ounce Milk - Choice of 1% or Skim

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!



South Shore Charter School - Grades 9-12 November, 2013

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
BBQ Chicken on WW Bun	American Chop Suey	Chicken Alfredo w/Ziti	Chicken Caesar Salad WW Wrap	Beef & Bean WW Burrito
Sweet Potato Fries w/Ketchup	Green Beans	Broccoli	Cucumber	Corn
Apple Juice	Peaches	Whole Wheat Roll	Pears	Banana
Pineapple Chunks	Whole Wheat Roll	Applesauce	Orange Juice	Orange Juice
Milk	Orange Juice and Milk	Milk	Milk	Milk
11	12	13	14	15
VETERAN'S	Meatballs on WW Sub	Chicken Tenders	Jamaican Beef Patty	Cheese Pizza
VLILIAN D	Sweet Potato	Potato Puffs w/Ketchup	Southwestern Beans and Corn	Green Beans
DAY	Banana	Fruit Cocktail	Tangerines	Potato Wedges
	Apple Juice	Whole Wheat Roll	Orange Juice	Peaches
	Milk	Milk	Milk	Milk
18	19	20	21	22
Hamburger on WW Bun	Ziti w/Meatballs	Chicken WW Quesadilla	Pancakes w/Syrup	Turkey & Gravy
Baked Beans	Broccoli	Spanish Rice	Sausage Patty	Potato Puffs
Ketchup	Whole Wheat Roll	Green Beans	Sweet Potato	WG Cinnamon Roll
Apple and Pears	Pineapple	Banana and Peaches	Baked Apple Slices	Orange and Peaches
Milk	Orange Juice and Milk	Milk	Milk	Milk
25	26	27	28	29
Macaroni & Cheese	Chicken Tenders	EARLY	Abolaton	NO SCHOOL
Broccoli	Potato Puffs w/Ketchup			
Mandarin Oranges	Peaches	RELEASE		Thanksgiving
Honey Wheat Dinner Roll	Honey Wheat Dinner Roll		Wally Transaction	
Milk	Milk		Same Market	Break

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