



FROM THE 7-12 PRINCIPAL

The snowflakes this week were a good reminder that the autumn is quickly going by and the holiday season is fast approaching. While it seems a little early for snow, Thanksgiving is only two weeks away. In my experience these weeks go by quickly. With the holidays come many opportunities for students to complete community service hours. Food drives, toy drives, clothing drives, and opportunities for volunteering are in abundance both here at school and in the outside community. The number of acts or hours of community service required at each grade Level are listed in the Exit Standards that are outlined in the Student Handbook. It is up to families to decide what constitutes community service for students. If students decide to take advantage of the service opportunities that are part of the season, please be sure that their work is recorded. So often students put a great deal of effort into helping others through service projects, only to miss out on the credit because they do not complete a simple form.

This Saturday we will have the first of two Enrollment Open Houses this school year. Open houses provide our school community with an opportunity to share our school with others and welcome prospective families. Saturday's Open House runs from 1-3. Student volunteers are needed to answer questions, direct visitors, and give tours. Students who are interested in volunteering and earning community service hours should let their Level Coordinator know so that we can manage the number of volunteers. Students in grades K-6 must be accompanied by a parent.

Community service is just one of the requirements that we will discuss at Eighth Grade Parent Night coming up next week. The meeting is on Wednesday, November 20th from 6:30-7:30. The purpose of the evening is to review high school opportunities and requirements with current eighth graders as they make decisions regarding their high school careers. While we are all in the same building together, many aspects of our high school are not well known by K-8 students and their families. Mary Carter, our Director of Guidance, several students, and I will be presenting and answering questions about the high school program. We hope to see many eighth grade parents and students there. Please do not hesitate to contact me with questions or concerns.

-Angie Pepin 781-982-4202 x102 apepin@sscps.org

Thursday	11/14	School Council	3:30pm
Friday	11/15	Fall Athletics Banquet at the SSCPS Gym	3:30-5:00pm
Saturday	11/16	Enrollment Open House	1:00-3:00pm
Tuesday	11/19	SEPAC	7:00pm
Wednesday	11/20	Level III Cyber Citizens sponsoring Anti Bullying Day	
Wednesday	11/20	8th Grade Parent Night	6:00-7:30pm
Thursday	11/21	Personnel Committee	4:00pm
Thursday	11/21	Finance Committee	5:30pm

ANNOUNCEMENTS

Early Dismissal Procedures

In an effort to ensure that every child is dismissed only to individuals clearly identified on our Dismissal Forms, the Front Desk staff will reference all Dismissal Forms prior to the student being allowed to leave the building with anyone other than a parent. We understand that this may take more time for those children being dismissed early from school, and would like to thank you in advance for your patience.

There are over 60 students who have yet to submit their Dismissal Form. We have contacted all families still in need of providing this form and will continue until the form has been submitted. If you need another copy of the Dismissal Form, please contact our Front Desk immediately.

If there are any changes to the Dismissal or Emergency Contact forms, please inform the Front Desk so that we can provide you with new forms necessary for all changes.

Pathways Outdoor Space Improvement

The Pathways Team is looking into improving the outdoor space at the school – to take advantage of new ideas in equipment, to spruce things up, and to make the outdoor space more usable. This project will benefit students in every grade. We would like your input to make sure we have thought of everything. If you have any questions or would be interested in joining the team, please notify Maureen Hebert, at (781) 837-8952 or mhebert@metlife.com. A handful of people can make a huge difference to the future of the school. Thank you.

Upcoming Events

Grandparents and Friends Day

Wednesday, November 27 - 10 am - 12 noon

Invitations went out via email last week. Please register any grandparents and special friends who wish to attend. We are in need of healthy brunch foods for that day.

Please contact Denise with any donations you are able to bring. Suggested items: cheese/crackers, fruit, breads, muffins, mini quiche, etc.

Annual Auction

This is our biggest fundraiser. We need a lot of help and ideas. We will be looking for restaurants again to bring "A Taste of the South Shore" scheduled to be held on Friday, March 14, 2014 at The Elms in Hanover right around the corner from the school. We need to form a committee. Some areas of volunteering include:

- Sponsors
- Administrative help
- Donations
- Classroom art project
- Parent to Parent involvement
- Marketing

Contact Denise Demaggio ddemaggio@sscps.org

SSCPS Apparel

Just in time for the holidays, South Shore Charter Public School is excited to announce that our school apparel is now available through our website. Simply go onto our website (www.sscps.org) and find the link under *News and Events*. All orders will be shipped directly to your home. Happy shopping!

2014 YEARBOOK

The 2014 yearbook is now in progress and all the memories of the 2013-2014 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com

HEALTH OFFICE

The Health Office will be conducting the 3rd grade screenings during the next two weeks. The screenings include height, weight, vision and hearing screening. Please contact the Health Office at ext. 104 if you have questions or concerns.

ATHLETIC DEPARTMENT UPDATE

Fall Sports Awards Banquet

On Friday, November 15th, the SSCPS Athletic Department will be hosting an award ceremony for all fall athletes and their families. The ceremony will begin at 3:30 in the PE space. The first fifteen minutes will offer snacks and drinks, while student athletes, their families, and coaches converse. Then at 3:45 each coach will present certificates to their players and any other awards they would like. This will be a time used to reflect on the great fall season all the teams have had and for each coach to share some stories with the other teams while presenting. It is very important that we take time to acknowledge our great student athletes and give closure to the fall season as an athletic department. It would be helpful if parents could volunteer to bring in snacks. If you are interested, please let the coach of your child's team know. Thanks for all the support and time you have put in this season! Any questions or concerns please contact your child's coach or Joe Kay.

Basketball Season Sign Ups

Throughout the next week there will be a sign up sheet on the bulletin board outside of Joe Kay's room. Next to the sign-up sheet will be permission slips that will have to be filled out before coming to conditioning on Monday, November 25th. There will be an informative meeting afterschool on Monday, November 18th, in the High School for all students interested in playing basketball.

Middle School boys' basketball sign-up sheet will be posted in Level IV and also a High School girls' sign-up sheet as the High School Girls team consists of 7-12 grades.

WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

Level IV Conservation Project

Recently, the Conservation Project on Level IV went to the Blue Hills Reservation to view the remains of the 21 acre brush fire that burned through the area at the end of October. While there, we ran into the Massachusetts Department of Conservation and Recreation's Chief Fire Warden, David Celino. Students spoke with Mr. Celino about causes of wildfires, and how they can be beneficial as well as damaging. The students engaged in a great conversation with Mr. Celino, asking questions and answering them.

PARENTS ASSOCIATION

FALL BOOK FAIR NEWS

The annual Fall Book Fair is winding down, with **lots** of students excitedly browsing the book tables in the front hallway both yesterday and today! Our independent bookseller, **Storybook Cove**, (conveniently located in the nearby Merchants Mall (2053 Washington St.) in Hanover) has once again provided us with an outstanding selection of titles for our K-12 students. The list of selections is available online at their website (www.storybookcove.com). This event is the major fundraiser for the library, and profits are used to purchase new materials.

Students will be bringing home both a BROWSING BOOKLET with the list of books and prices PLUS a triplicate ORDER FORM for making purchases. **ORDER FORMS ONLY and PAYMENT are due back to the school THIS FRIDAY Nov. 15th** to ensure that the books will be delivered to your student before Thanksgiving. **Please return the entire order form (do not separate) to your child's pod teacher or the front desk. Checks should be made out to SSCPS.**

**** Holiday Holds:** If you would like to order books as holiday presents, mark those titles on your order form with a large 'H'. Those books will be delivered separately from the rest of your order. Questions? Please email bbruce@sscps.org.

COMMUNITY SERVICE OPPORTUNITIES

CLOTHING/BABY ITEM DRIVE FOR “ROOM TO GROW” – Ryan and Devin Benjamin are running a clothing/baby item drive for Room to Grow. Room to Grown is a non-profit organization dedicated to enriching the lives of babies born into poverty throughout their critical first three years of development. They are looking for donations of new and gently used baby items in truly excellent condition, appropriate for newborns to age 3, including clothing to size 5T, shoes, toys, books and blankets. Please see the attached flyer for a more complete list of items, including items of urgent need. **There is a box in the school lobby to drop off donated items.** If you have larger items that you would like to donate, please contact Kerry Benjamin at 781-982-0866 to schedule a pick up. Thank you in advance for your help!

If you would like to share a community service event that is happening on the South Shore please email Sarah Collins, Community Service Chairperson, at sazzifrazz78@yahoo.com.



Do you have infant & toddler items to donate?

Your donation can directly transform the life of a baby born into poverty.



Room to Grow is a non-profit organization dedicated to enriching the lives of babies born into poverty throughout their critical first three years of development.

Room to Grow's program provides parents with one-on-one parenting support and essential baby items to ensure their child's healthy and secure start in life.

Donate. Volunteer. Contribute.

Room to Grow
142 Berkeley Street
Boston, MA 02116
617-859-4545

www.roomtogrow.org

Room to Grow accepts donations of new and gently used baby items in truly excellent condition, appropriate for newborns to age three.

Clothing to size 5T, Shoes, Toys, Books, Blankets, Sheets, Towels, Washcloths, Bibs, Strollers, High Chairs, Booster Chairs, Bassinets, Baby Carriers, Bouncers, Swings, Play Mats, Exersaucers, Bathtubs, Potties, Feeding Supplies, Baby Proofing Items, Baby Monitors, Diaper Bags, CDs, Photo Albums, Baby Room Accessories

* Urgent need for pants, long sleeve shirts and sweaters, size 24m-3T, parenting books, Spanish board books, exersaucers and strollers

The following items are accepted new only:
Bottles, Cups, Nipples, Teethers, Baby Shampoo & Lotion, Diaper Cream, Baby Care Items, Breast Pumps & Accessories, Toothbrushes

Sorry, we cannot accept: (for reasons of safety, hygiene, or appropriateness)
Cribs, Baby Furniture, Car Seats, Car Seat Carriers, Diapers, Diaper Pails, Formula Baby Food, Stuffed Animals, Walkers, Bath Seats, Crib Bumpers, Maternity Clothing, Pregnancy Books, Sleep Positioners

Please, nothing stained, teethered on, worn in appearance, missing parts or in any way unsafe for young children.

Upcoming Events

Name of Organization	Dates	Info
My Brother's Keeper wrap Christmas gifts	continuous	Stonehill College, Easton MA www.mybrotherskeeper.org
New England Wildlife Center-hands on work caring for animals	continuous and/or special events	Weymouth, MA www.wildlife-education-center.com
Cardinal Cushing Centers	ongoing volunteer opportunities working with individuals with special needs	Hanover, MA www.cushingcenters.com/support/volunteer
Father Bills/MainSpring various volunteers opportunities in Quincy and Brockton	Continuous	www.helpfbms.org/get/volunteer
Soles 4 Souls	host a shoe drive for disadvantaged communities	www.soles4souls.org
Hanover Council on Aging	create a scrapbook of pictures from events held at the COA	Katie O'Brien 781 924-1913

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG

**The Office of Family and
Community Engagement**
presents



**SOCIAL MEDIA AND OUR
KIDS: WHAT PARENTS
NEED TO KNOW**

- What are the sites and apps our kids are using?
What is “in” now? What is next?
- Understand the dangers and risks our kids are
exposed to.
- Learn strategies to safeguard our kids.
- Warning signs of inappropriate use and at-risk
behavior.
- How to effectively supervise social media use.
- Have your questions answered!



Our Featured
Presenter
Jay Campbell

Jay Campbell is an expert on Social Media and Social Media safety. His impactful presentations have engaged audiences in schools, at universities, and at state and national conventions across the country. Jay has spent many years creating multimedia programs designed to educate students, parents, teachers and members of the community to keep our kids informed and safe from risky behaviors.



Save the Date

Thursday, November 7, 2013
7:00 P.M.
Hanover High School
Auditorium

Open to the public

more

Programs for Health and Wellness

Coping with the Holidays

Tuesday, Nov. 19, 6:30-7:30 p.m.

Wednesday, Nov. 20, noon-1 p.m.

Tuesday, Dec. 10, 6:30-7:30 p.m.

Wednesday Dec. 11, noon-1 p.m.

Monday, Dec. 16, 6:30-7:30 p.m.

A grief support group for those coping with the loss of a loved one offers:

- ◆ *mutual support, with the comfort of knowing you are not alone*
- ◆ *an understanding of one's feelings, thoughts, and experiences in a confidential setting*
- ◆ *education and information about the grief process, strategies for coping, suggestions for self-care*

When someone is grieving the loss of a loved one, the holiday season presents a special challenge for those who grieve. The joy of the holiday season contrasts sharply with the pain of loss that you feel. Join us for a one-session support group where we will provide an opportunity for reflection and concrete suggestions for managing the holidays with grace. **Pre-registration required.**

Free and open to Hospice of the South Shore families and the public.

South Shore Hospital Home Care Division offices

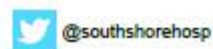
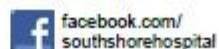
30 Reservoir Park Drive, Rockland

Please call (781) 624-7080 to pre-register.



**South Shore
Hospital**

Connect with us:



MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION



PLEASE COMPLETE FORM EVEN IF YOU DO NOT THINK YOU ARE ELIGIBLE FOR BENEFITS

SCHOOL YEAR 2013-2014

If you have received a **NOTICE OF DIRECT CERTIFICATION** from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

PART 1. ALL HOUSEHOLD MEMBERS List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A FOSTER CHILD (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	CHECK IF NO INCOME
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
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PART 2. BENEFITS- MA SNAP OR MA TAFDC

IF **ANY** MEMBER OF YOUR HOUSEHOLD RECEIVES **MA SNAP** or **MA TAFDC** benefits, PROVIDE THE AGENCY IDENTIFICATION NUMBER* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER.

AGENCY ID: _____ * Do not provide EBT card number.

PART 3. HOMELESS, MIGRANT, RUNAWAY

IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL - **SSCPS, Angie Pepin, Homeless Liaison, 781-982-4202x102.**

HOMELESS RUNAWAY MIGRANT

PART 4. TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS). List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

1. NAME (LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	2. GROSS INCOME AND HOW OFTEN IT WAS RECEIVED															
	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
(Example) Jane Smith	\$200	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$150	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0
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PART 5. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN) ON BACK

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign here: _____ Print Name: _____ Date: _____
 Address: _____ City: _____ State: _____ Zip Code: _____
 Phone Number: _____ Cell Phone Number: _____
 Last four digits of Social Security Number *** - * * - _ _ _ _ Check here if you do not have a Social Security Number

PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)

<i>Choose one ethnicity:</i>	<i>Choose one or more (regardless of ethnicity):</i>		
<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Asian	<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Black or African American
<input type="checkbox"/> Not Hispanic/Latino	<input type="checkbox"/> White	<input type="checkbox"/> Native Hawaiian or other Pacific Islander	

DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12

Total Income: _____ Per: Week, Every 2 Weeks, Twice A Month, Month, Year Household size: _____

Categorical Eligibility: _____ Date Withdrawn: _____ Eligibility: Free _____ Reduced _____ Denied _____ Reason: _____

Determining Official's Signature: _____ Date: _____

Confirming Official's Signature: _____ Date: _____

Verifying Official's Signature: _____ Date: _____

2013-2014 Free and Reduced Income Eligibility Guidelines:

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of

the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

REDUCED PRICE MEALS				FREE MEALS		
Household Size	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income
1	\$21,257	\$1,772	\$409	\$14,937	\$1,245	\$288
2	\$28,694	\$2,392	\$552	\$20,163	\$1,681	\$388
3	\$36,131	\$3,011	\$695	\$25,389	\$2,116	\$489
4	\$43,568	\$3,631	\$838	\$30,615	\$2,552	\$589
5	\$51,005	\$4,251	\$981	\$35,841	\$2,987	\$690
6	\$58,442	\$4,871	\$1,124	\$41,067	\$3,423	\$790
7	\$65,879	\$5,490	\$1,267	\$46,293	\$3,858	\$891
8	\$73,316	\$6,110	\$1,410	\$51,519	\$4,294	\$991
Each additional person:	\$7,437	\$620	\$144	\$5,226	\$436	\$101

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

Breakfast Order Form
Breakfast for the Month of November, 2013
*Due to the office by 3:00 pm, *Tuesday, November 19, 2013*

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
11/25 – 11/29

Number of Breakfasts ordered _____ X \$1.65

Lunch Order Form

*Please **CHECK** off the day lunch will be ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
11/25 – 11/29

Number of Meals ordered _____ X \$3.25

Less credit due

Total Amount Enclosed

Cash or Checks may be made out to SSCPS.

Choice of 1% milk or skim milk is included with the purchase of a meal or can be purchased separately for 30 cents.

Please note: If your child has forgotten lunch, a cheese sandwich will be provided at the cost of \$2.50. A note from the office will go home that afternoon for reimbursement.

Breakfast Order Form

Breakfast for the Month of December, 2013

Due to the office by 3:00 pm, ***Tuesday**, November 26, 2013

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of 12/2 – 12/6 Monday Tuesday Wednesday Thursday Friday

Week of 12/9 – 12/13 Monday Tuesday Wednesday Thursday Friday

Week of 12/16 – 12/20 Monday Tuesday Wednesday Thursday Friday

Week of 12/23 – 12/27 Monday Tuesday Wednesday Thursday Friday

Number of Breakfasts ordered _____ X \$1.65

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of December, 2013

Due to the office by 3:00 pm, *Tuesday, November 26, 2013

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day lunch will be ordered.*

Week of 12/2 – 12/6 Monday Tuesday Wednesday Thursday Friday

Week of 12/9 – 12/13 Monday Tuesday Wednesday Thursday Friday

Week of 12/16 – 12/20 Monday Tuesday Wednesday Thursday Friday

Week of 12/23 – 12/27 Monday Tuesday Wednesday Thursday Friday

Number of Lunches ordered _____ X \$3.25

Less credit due _____

Total Amount Enclosed \$_____

Cash or Checks may be made out to SSCPS.



South Shore Charter School
DECEMBER, 2013

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2 3.6 oz. WW Apple Muffin Orange Juice Milk	3 3.6 oz. WW Blueberry Muffin Orange Juice Milk	4 WG Cinnamon Roll Orange Juice Milk	5 Plain Bagel Orange Juice Milk	6 3.6 oz. WW Chocolate Muffin Orange Juice Milk
9 WW Croissant w/Jelly Juice Milk	10 2 oz. Frosted Flakes Juice Milk	11 3.6 oz. WW Banana Muffin Orange Juice Milk	12 3.6 oz. WW Chocolate Muffin Orange Juice Milk	13 WG Cinnamon Roll Orange Juice Milk
16 Cinnamon Raisin Bagel w/Jelly Orange Juice Milk	17 3.6 oz. WW Chocolate Muffin Orange Juice Milk	18 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk	19 3.6 oz. WW Apple Muffin Orange Juice Milk	20 WG Cinnamon Roll Orange Juice Milk



HAPPY HOLIDAYS



* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



South Shore Charter School - Grades K-8
DECEMBER, 2013

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hamburger on WW Bun Baked Beans Ketchup Apple Milk	3 Ziti w/Meatballs Broccoli Whole Wheat Roll Orange Juice Milk	4 Chicken WW Quesadilla Green Beans Banana Milk	5 Pancakes Sausage Patty Sweet Potato Baked Apple Slices Milk	6 Turkey & Gravy Potato Puffs Whole Wheat Roll Orange Milk
9 BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Apple Juice Milk	10 American Chop Suey Green Beans Honey Wheat Dinner Roll Orange Juice Milk	11 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	12 Jamaican Beef Patty Southwestern Beans Corn Tangerines Milk	13 EARLY DISMISAL
16 Meatballs on WW Sub Sweet Potato Banana Milk	17 Chicken Tenders Potato Puffs Whole Wheat Roll Fruit Cocktail Milk	18 Chicken Caesar Salad WW Wrap Cucumber Pears Milk	19 Cheese Pizza Green Beans Potato Wedges Peaches Milk	20 EARLY DISMISAL
 	<h1 align="center">HAPPY HOLIDAYS</h1>			

*All Meals include 8 ounce Milk - Choice of 1% or Skim

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



South Shore Charter School - Grades 9-12
DECEMBER, 2013

LUNCH		Monday	Tuesday	Wednesday	Thursday	Friday			
2	Hamburger on WW Bun Baked Beans Ketchup Apple Pears Milk	3	Ziti w/Meatballs Broccoli Whole Wheat Roll Pineapple Chunks Orange Juice Milk	4	Chicken WW Quesadilla Spanish Rice Green Beans Peaches Banana Milk	5	Pancakes w/Syrup Sausage Patty Sweet Potato Baked Apple Slices Milk	6	Turkey & Gravy Potato Puffs WG Cinnamon Roll Orange Peaches Milk
9	BBQ Chicken on WW Bun Sweet Potato Fries w/Ketchup Pineapple Chunks Apple Juice Milk	10	American Chop Suey Green Beans Honey Wheat Dinner Roll Pears Orange Juice Milk	11	Chicken Alfredo w/Ziti Broccoli Honey Wheat Dinner Roll Applesauce Milk	12	Jamaican Beef Patty Southwestern Beans Corn Tangerines Orange Juice Milk	13	EARLY DISMISAL
16	Meatballs on WW Sub Sweet Potato Banana Apple Juice Milk	17	Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Fruit Cocktail Milk	18	Chicken Caesar Salad WW Wrap Cucumber Pears Orange Juice Milk	19	Low Fat Cheese Pizza Green Beans Potato Wedges Peaches Milk	20	EARLY DISMISAL



*All Meals include 8 ounce Milk - Choice of 1% or Skim

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**