



FROM THE K-6 PRINCIPAL

One of the hallmarks of the South Shore Charter Public School is community. One attribute of a community is that it is porous. Monday was difficult in part because, by necessity, that openness was closed for three hours and twenty five minutes, as we were in lockdown from 8:30 – 11:55. In situations when the Norwell Police determine that it is required for us to be in lockdown, they are in charge and they are in control.

Since Monday I have been looking back with deep appreciation for the work of the Norwell Police. We had the benefit of their professionalism and human caring. We as an administrative team try to see all situations as parents and as professionals and that is how the Norwell Police and their partners from many other towns responded Monday. They did their jobs but they did them with a solid understanding of children and adolescents. The skill with which they did their work helped our teachers do their jobs. It is always the responsibility of the teacher to think of students as people and to make sure that the students are as safe as they can be both physically and emotionally. In the two days since Monday SSCPS's return to normalcy shows just how well our teachers do their job. I am very proud to be associated with them.

On Monday afternoon Alicia Savage wrote "the precautionary lockdown was prompted when an empty casing was found." We are fortunate that in the Norwell Police Department's thorough and efficient investigation nothing that worried them was found. It was their decision that SSCPS was safe and ready to reopen. A little after noon approximately 40 parents, who were outside during the lockdown, came in and met with us to learn from the police, Alicia and the other administrators what had happened in our school. Fortunately we had and have only routine news to share. The police and administrators explained as best as we could what had happened and why.

In the two days since the lockdown many of us as teachers and administrators have talked among ourselves to find out what other experiences were during that time. Typically we have a sense of what is going on as doors are open and children and adults are flowing from place to place. On Monday, because we were all locked down in separate spaces and we did not get that feedback we were uncertain what had happened in different classrooms and levels of the school. In these conversations I have heard many details, but the overriding theme I have heard was how good it was to be with this colleague or that colleague and how well and calmly the students had done their jobs. In essence we had all done what we had been trained to do.

On Tuesday morning three Level I girls came by my office, as they often do in the morning before school starts, to say hello. I asked them how yesterday had been for them. The first two said it was fine but the third one said, "It was horrible!" I asked her why and she said, "Because we did not have math or curriculum project or anything." As they say, "from the mouth of babes comes truth." She was certainly right that it is a sad thing when you lose a day of math instruction but I guarantee you we will make that day up, and for many of our children they began to make it up on Monday afternoon. Thank you, the families of SSCPS, for your help in returning to our routines and also thank you for the cookies and flowers that were sent in on Monday and Tuesday. We appreciate your support and we appreciate the trust with your children you place in us. There is no doubt that for a while on Monday we did have necessary barriers in our community that temporarily made things hard.

On Thursday night we will be having **International Food Night**. It runs from 6:30 – 8:30 in the PE space and we look forward to breaking bread and sharing food that celebrates our own heritages. I encourage all who can to come out and bring a dish that somehow represents your family's culture. Eating together is a great way to build community perhaps we could even share a recipe?

As always please contact me if you have any questions or concerns.

Ted Hirsch thirsch@sscps.org

Thurs & Fri	04/10 & 04/11	Senior Debates	
Thursday	04/10	School Council	3:30pm
Thursday	04/10	Title I and ELL International Food Night at the SSCPS Gym (104 Longwater Drive). All are invited.	6:30-8:30pm
Mon-Fri	04/14-04/18	Jump Rope For Heart and Hoops For Heart	
Wednesday	04/16	10th Grade Field Trip to Newport, RI	
Wednesday	04/16	K-11 3rd Quarter Grades Distributed	
Thursday	04/17	K-6 Parent Coffee	8:30am
Thursday	04/17	Board of Trustees Development Committee Finance Committee Personnel Committee	7:30pm 6:30pm 5:30pm 5:00pm
Friday	04/18	Early Release Day	12:00pm
Mon-Fri	04/21-04/26	Spring Break – No School	

ANNOUNCEMENTS

Save the Date! Blood Drive

The National Honor Society is hosting its second **Red Cross Blood Drive** to raise scholarship money through Bob's High School Heroes Program. The blood drive will be on **Tuesday, April 29 from 1:00-6:00 pm in the SSCPS Gym** (104 Longwater Circle).

Although drop-ins are allowed, those with appointments are given priority. To make an appointment, visit <http://www.redcross.org/blood> and "search by zip code" 02061. Go to the second page to find South Shore Charter Public School and select "schedule an appointment". Or call the Red Cross directly at 1-800-RED-CROSS.

2014 Yearbook

The 2014 yearbook is now in progress and all the memories of the 2013-2014 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar.

Attention All Seniors: Senior portraits and senior pages are due April 1st. Make sure all are high resolution, jpg format. Any questions please contact cbodnar@sscps.org. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates:

Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50.

PICK UP AND DISMISSAL ANNOUNCEMENT

We have received a series of complaints from our neighbors at 104 Longwater Drive regarding the number of unaccompanied students, as well as other children, walking through the gym area parking lot during dismissal in the afternoon and in the morning. Due to the compromises in safety this practice presents, the gym parking lot will be closed to pick up and drop off traffic. The spaces in the morning are now reserved for the BOKS Fitness program. In the afternoon, we are asking all families to pick up students by using the regular dismissal line at all time. Please remember that if you have to pick up your child early for dismissal please do so by 2:30.

FROM THE ATHLETIC DIRECTOR

Electronics Recycling Fundraiser – April 26

For years, rumors have swirled and murmurs have circled about the possibility of a baseball team at SSCPS, and now, steps are finally being taken! Athletic Director Joe Kay and a group of passionate students are forming a baseball and softball club that will possibly start meeting as soon as this year. However, they're going to need some help to do that. On Saturday, April 26th, from 10 AM to 3 PM in the back parking lot of SSCPS, the club will be hosting an electronic recycling fundraiser at the school to raise money for equipment for the new teams. Household electronics contain toxic chemicals, like lead and mercury and can be a threat to people and the environment if improperly discarded, so this fundraiser is a great way to responsibly get rid of broken, old, and unused electronics. The electronics will be taken by a qualified electronic disposal firm, and there is a nominal fee for this service. All proceeds will directly benefit the club. Take advantage of this opportunity to help out the planet and the school.

Items accepted include used personal electronics, like cell phones and MP3 players, household appliances, like microwaves and air conditioners, printers and scanners, television and computer monitors, and more. For questions regarding cost or additional items accepted, contact Joe Kay, Athletic Director jkay@sscps.org.

FROM THE PHYSICAL EDUCATION DEPARTMENT

Thank you to all who are participating in Jump Rope/Hoops for Heart with the American Heart Association!

Envelopes are due by Wednesday, April 16th.



SSCPS is proud to partner with the American Heart Association to help kids with special hearts! **Jump Rope For Heart** and **Hoops For Heart** event will be taking place in PE classes next week!

Levels I-II Visit www.heart.org/jump, Levels III Visit www.heart.org/hoops and click on 'Students Sign Up' to get started today.

The American Heart Association's Mission: To build healthier lives, free of cardiovascular diseases and stroke.

PARENTS ASSOCIATION

Greetings everyone!

It is amazing that we are almost at the end of another school year! And so, it is time to vote for new PA Officials. We have a lot of new faces for the PA for next year... VERY exciting!

You can help us by doing a couple of things:

1. Vote for new PA officials by following the link below or filling out a paper ballot at the front desk or in the update; (please vote by April 29th)

[PA Election Ballot](#)

2. Keep your ideas and suggestions flowing (send them to me molimu@gmail.com)
3. Attend the next PA meeting (Tuesday May 6th at 7pm)
4. Give to the Annual Fund, especially if you haven't yet

*Thanks for everything!
Lisa, for the SSCPS PA*

COMMUNITY SERVICE OPPORTUNITIES

Upcoming Events

Name of Organization	Dates	Info
Hanson Children's Museum Hanover Mall	Earth Day Volunteer April 25 11-4pm	www.Hansonchildrensmuseum.org
Whitman Public Library Volunteer	Ongoing	781 447-7613
Birthday Wishes Hanover Host a goody bag stuffing party to provide a party to homeless children	Ongoing	www.birthdaywishes.org
Easton Children's Museum Volunteer	Continuous	www.childrensmuseumineaston.org
Quincy Animal Shelter Volunteer Dog Walker	Ongoing	www.quincyanimalshelter.org
Fidelis Hospice: Braintree Knit lap blankets for hospice patients	Ongoing	Fidelis Hospice 781 848-3678

If you would like to share a community service event that is happening on the South Shore please email Sarah Collins, Community Service Chairperson, at sazzifrazz78@yahoo.com.

COMMUNITY INTEREST

Self-Defense and Boundary Setting, Mother/Daughter Workshop

Saturday, May 3, 2014 - 10:00 am to 1:00 pm at the SSCPS Gym, 104 Longwater Drive, Norwell
For girls 8 and older with their mother or significant women in their life (aunt, teacher, mentor, etc.) This workshop is an introduction to basic self-defense and personal safety through verbal de-escalation, personal boundary setting, and escape skills. This workshop will help families communicate more effectively around issues related to personal safety and self-confidence. Girls' LEAP Self-Defense: Because every girl is WORTH IT.

To register, contact Cissy White, 617-962-0036. Cost: \$17 - \$25 fee per person for 3 hour workshop (up to 30 participants total. The more participants the lower the cost) Preregistration and prepayment required.

News from Holly Hill Farms

April 12 Growing Greens and Hardy Crops 10 am -12 pm \$12 members/\$15 non-members
Come to learn about season extension and cool weather plants to gain a jump on your home garden. Hosted by Jon Belber of Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565. www.hollyhillfarm.org

April 12 Natural Egg Dyeing 10 am -12 pm \$12 members /\$15 non-members
Take in the colors of spring and let your creative instincts soar with natural dyes from the Farm. Hosted by Sally Rossi-Ormon of Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565.
www.hollyhillfarm.org

April 25 Open Sesame Movie 10 am \$10 Patriot Cinemas at the Hingham Shipyard
The Friends of Holly Hill Farm is hosting the local screening of *Open Sesame: The Story of Seeds*. This feature documentary creates awareness, provokes conversation and empowers people to get out and plant seeds! We need your help! In order to secure the screening, we must have at least 41 people reserve tickets, online, in advance via [Open Sesame Movie Screening](#). Please help us to spread the word! Holly Hill Farm, 781-383-6565.

April 26 Backyard Chickens 10 am - 12 pm \$12 members/\$15 non members
Our happy hens welcome you to the Farm! Learn healthy ways to care for our feathered friends and find out if keeping chickens is for you! Hosted by Jean White and Cindy Prentice of Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565. www.hollyhillfarm.org

April 26 Early Plant Sale 10 am - 4 pm
The frosty weather has slowed the progress of our seedlings, so we've delayed the Early Plant Sale. Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565. www.hollyhillfarm.org

April 26 Healthy Home Lawns and Gardens 10 am - 12 pm Free
Get a jump start on creating a plan to have a more sustainable home garden and lawn. Hosted by Joe Cotter of Paradigm Landscape and Cindy Prentice of Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565. www.hollyhillfarm.org

May 11 Mark your calendar for Lynn Rizzotto's annual Nature's Sketchbook program for Grandparent/Grandchild pairs. Details to follow 781-383-6565 www.hollyhillfarm.org

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



THE PATHWAY TO FUN AND BETTER HEALTH IS PAVED WITH YOUR SUPPORT

Physical education, health, and team sports...
Environmental sustainability, water conservation and biodiversity...
Math, engineering, and live special events

How are these all connected? Through an interconnected project to improve our outdoor space that will allow our kids to participate in the design and building of a new and improved backyard where they can jump and climb, see, touch and experience nature all as part of a living laboratory in their regular school day.

Our goal is to fully utilize the outdoor space at the South Shore Charter Public School by providing outdoor equipment, an amphitheater and educational areas for students in grades K-12. But, it will only happen with your help.

Join our team and help us move one step closer to a newly paved hardtop area by donating today, because **Together Everyone Achieves More**.

You can donate at <http://www.sscps.org/donate-now/>

Click on "Pathways" in the donation program section.





INTERNATIONAL FOOD NIGHT!

WHERE: Here, at the SSCPS PE space

WHEN: Thursday, April 10th, from 6:30 to 8:30 p.m.



Please join us for a potluck dinner! Bring your family's favorite food so we all can share and eat together.

We do not have a kitchen facility so all food should arrive ready to serve.

SSCPS will supply plastic utensils, paper plates and paper cups.

We look forward to seeing you!

Please let us know if you'll be here.

*Call Dee Delaney at 781-982-4202, extension 159
or email at ddelaney@sscps.org*

2014 YEARBOOK

Inspired by You

It's That Time...

Dear Parent:

The 2014 yearbook is now in progress and all the memories of the 2013-2014 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time — buy them a yearbook!

So please fill out the order form below, calculate and attach your payment, and bring or mail to the main office today!

Student name _____

Home Phone (in case there are any questions on order) _____

Homeroom _____ Grade _____

Order Options : Check the box next to the option of your choice and mail payment with

completed form to the address listed below. Books will be distributed in June.

2014 Hardcover Yearbook - 25.00

Total Amount Enclosed (cash or check): _____

Please make checks payable to: South Shore Charter Public School

Send completed form and payment to: SSCPS 2013 Yearbook
South Shore Charter Public School
100 Longwater Circle
Norwell, MA. 02061



MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION

SCHOOL YEAR 2013 - 2014

If you have received a NOTICE OF DIRECT CERTIFICATION from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

Part 1. all household members List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A FOSTER CHILD (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	CHECK IF NO INCOME
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
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PART 2. BENEFITS- MA SNAP or MA TAFDC

If **any** member of your household receives **MA SNAP** or **MA TAFDC** benefits, provide the Agency Identification Number* located on the Department of Transitional Assistance (DTA) benefit letter. Skip to part 5 and sign this form if you have provided an Agency Id Number.

AGENCY ID: _____ *Do not provide EBT card number.

Part 3. Homeless, Migrant, Runaway

If any child you are applying for is homeless, a runaway, or migrant, check the appropriate box and call [your school, homeless liaison, migrant coordinator at phone #]

Homeless Runaway migrant

Part 4. Total Household Gross income (before deductions). List all income on the same line as the person who receives it. Check the box for how often it is received. Record each income only once. Do not include money received from MA SNAP or MA TAFDC.

1. NAME (LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	2. Gross income and how often it was received															
	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
(Example) Jane Smith	\$200	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$150	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0
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Part 5. Signature and last four digits of Social Security Number (Adult must sign)

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign here: _____ Print Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone Number: _____ Cell Phone Number: _____

Last four digits of Social Security Number *** - * * - ____ _ Check here if you do not have a Social Security Number

Part 6. Children's ethnic and racial identities (optional)

Choose one ethnicity:	Choose one or more (regardless of ethnicity):		
<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Asian	<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Black or African American
<input type="checkbox"/> Not Hispanic/Latino	<input type="checkbox"/> White	<input type="checkbox"/> Native Hawaiian or other Pacific Islander	

Do NOT fill out this part. This is for school use only.

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12

Total Income: _____ Per: Week, Every 2 Weeks, Twice A Month, Month, Year Household size: _____

Dual Eligibility: Foster child(ren) – Free _____ Non-foster child(ren) – Free _____ Reduced _____ Denied _____

Categorical Eligibility: _____ Date Withdrawn: _____ Eligibility: Free _____ Reduced _____ Denied _____ Reason: _____

Determining Official's Signature: _____ Date: _____

Confirming Official's Signature: _____ Date: _____

Verifying Official's Signature: _____ Date: _____

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL ELIGIBILITY INCOME CHART School Year 2013-2014

Household size	Yearly	Monthly	Weekly
1	\$21,257	\$1,772	\$409
2	\$28,694	\$2,392	\$552
3	\$36,131	\$3,011	\$695
4	\$43,568	\$3,631	\$838
5	\$51,005	\$4,251	\$981
6	\$58,442	\$4,871	\$1,124
7	\$65,879	\$5,490	\$1,267
8	\$73,316	\$6,110	\$1,410
Each additional person:	+7,437	+620	+144

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. “The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual’s income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity employer.

Breakfast Order Form

Breakfast for the Month of April, 2014

Due to the office by 3:00 pm, ***Tuesday**, April 1, 2014

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day breakfast will be ordered.

Week of 4/7 – 4/11 Monday Tuesday Wednesday Thursday Friday

Week of 4/14 – 4/18 Monday Tuesday Wednesday Thursday Friday

Week of 4/21 – 4/25 Monday Tuesday Wednesday Thursday Friday

Week of 4/28 – 5/2 Monday Tuesday Wednesday Thursday Friday

Number of Breakfasts ordered _____ X \$1.65

Less credit due

Total Amount Enclosed

Cash or Checks may be made out to SSCPS.

\$ _____

Lunch Order Form

Lunch for the Month of April, 2014

Due to the office by 3:00 pm, ***Tuesday**, April 1, 2014

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day lunch will be ordered.

Week of 4/7 – 4/11 Monday Tuesday Wednesday Thursday Friday

Week of 4/14 – 4/18 Monday Tuesday Wednesday Thursday Friday

Week of 4/21 – 4/25 Monday Tuesday Wednesday Thursday Friday

Week of 4/28 – 5/2 Monday Tuesday Wednesday Thursday Friday

Number of Lunches ordered _____ X \$3.25

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.




South Shore Charter School

APRIL, 2014

Catered by Essence of Thyme

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
March 31 3.6 oz. WW Blueberry Muffin Orange Juice Milk	1 2 oz. Frosted Flakes Apple Juice Milk	2 WG Cinnamon Roll Orange Juice Milk	3 WW Croissant w/Jelly Orange Juice Milk	4 Toasty O's WW Apple Cinnamon Waffles Orange Juice Milk
7 3.6 oz. WW Chocolate Muffin Orange Juice Milk	8 3.6 oz. WW Apple Muffin Orange Juice Milk	9 3.6 oz. WW Blueberry Muffin Orange Juice Milk	10 3.6 oz. WW Banana Muffin Orange Juice Milk	11 Plain Bagel w/Jelly Orange Juice Milk
14 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk	15 WW Croissant w/Jelly Orange Juice Milk	16 3.6 oz. WW Chocolate Muffin Orange Juice Milk	17 3.6 oz. WW Apple Muffin Orange Juice Milk	18 WG Cinnamon Bun Orange Juice Milk
21 	22	23 VACATION	24	25 
28 2 oz. Frosted Flakes Apple Juice Milk	29 3.6 oz. WW Apple Muffin Orange Juice Milk	30 3.6 oz. WW Blueberry Muffin Orange Juice Milk	May 1 Plain Bagel w/Jelly Orange Juice Milk	2 Corn Flakes WW Blueberry Waffle Grahams Orange Juice Milk

* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)"



South Shore Charter School K-8
APRIL, 2014
Catered by Essence of Thyme

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
March 31 Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Pineapple Chunks Milk	1 American Chop Suey Green Beans Whole Wheat Roll Orange Juice Milk	2 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	3 Chicken Caesar Salad WW Wrap Baby Carrots Pears Milk	4 Cheese Pizza Italian Beans Peaches Milk
7 Meatballs on WW Sub Green Beans Banana Milk	8 Macaroni & Cheese Broccoli Pears Milk	9 Chicken Tenders Potato Puffs Pineapple Chunks Whole Wheat Roll Milk	10 Mexican Chicken WW Wrap Sweet Potato Fries w/Ketchup Apple Milk	11 Buffalo Chicken WW Wrap Chickpea Salad Grapes Milk
14 Beef Hot Dog on WW Roll w/Ketchup Baked Beans Apple Milk	15 Sweet & Sour Chicken Brown Rice Carrots Orange Milk	16 Cheese Pizza Corn Pears Milk	17 Chicken Parmesan w/Ziti Broccoli Peaches Milk	18 NO LUNCH Early Release
21 	22	23 VACATION	24	25 
28 Hamburger on WW Bun w/Ketchup Baked Beans Apple Milk	29 Ziti w/Meatballs Broccoli Whole Wheat Roll Orange Juice Milk	30 Chicken WW Quesadilla Green Beans Banana Milk	May 1 Pancakes Sausage Patty Sweet Potato Baked Apple Slices Milk	2 NO LUNCH Early Release

* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)"



South Shore Charter School 9-12
APRIL, 2014
Catered by Essence of Thyme

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
March 31 Chicken Tenders Potato Puffs w/Ketchup Whole Wheat Roll Pineapple Chunks Milk	1 American Chop Suey Green Beans Pineapple Chunks Whole Wheat Roll Orange Juice Milk	2 Chicken Alfredo w/Ziti Broccoli Applesauce Whole Wheat Roll Milk	3 Chicken Caesar Salad WW Wrap Baby Carrots Pears Milk	4 Cheese Pizza Italian Beans Peaches Milk
7 Meatballs on WW Sub Green Beans and Baby Carrots Banana Peaches Milk	8 Macaroni & Cheese Broccoli Pears Whole Wheat Roll Milk	9 Chicken Tenders Potato Puffs w/Ketchup Pineapple Chunks Whole Wheat Roll Milk	10 Mexican Chicken WW Wrap Sweet Potato Fries w/Ketchup Apple Orange Juice Milk	11 Buffalo Chicken WW Wrap Chickpea Salad Grapes Apple Juice Milk
14 Beef Hot Dog on WW Roll w/Ketchup Baked Beans Fruit Cocktail Apple Milk	15 Sweet & Sour Chicken Brown Rice Carrots Orange Apple Juice Milk	16 Cheese Pizza Corn Potato Wedges Pears Milk	17 Chicken Parmesan w/Ziti Broccoli Peaches Whole Wheat Roll Milk	18 NO LUNCH Early Release
21 	22	23 VACATION	24	25 
28 Hamburger on WW Bun w/Ketchup Baked Beans Apple Apple Juice Milk	29 Ziti & Meatballs Broccoli Whole Wheat Roll Peaches Orange Juice Milk	30 Chicken WW Quesadillas Spanish Rice Green Beans Pears Banana Milk	May 1 Pancakes w/Syrup Sausage Patty Sweet Potato Baked Apple Slices Milk	2 NO LUNCH Early Release

* All Meals include choice of 1% or Skim Milk.

Complies with NSLP Regulations

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