

# **Update**March 19, 2015

Vol. 2, Issue

### FROM THE K-6 PRINCIPAL

Last year at this time I was writing to you about the coming of spring and the arrival of the skunk cabbage. In previous years at about this time I have celebrated in the Update the harvesting of food from my cold frame. This past January I harvested kale and turnips from my own soil even without the benefit of a cold frame. It is hard to remember now but the start of the winter was quite mild. Due to the miracle of cold frames and my own obsessions, that January harvest was the 33rd consecutive month that I had eaten fresh food from my own soil. This year I was

not able to harvest fresh food in February. The cold frames were under a blanket of snow and my months of continual harvest are over. In April I will begin again and hope that next winter is not like this winter and the streak of months of harvest will begin again.

On Wednesday morning I expected to find the sad news that the skunk cabbage was not up. I pulled off of Prospect Street in Hingham next to the George Washington Forest and expected to see only snow. I parked my car and went to look to see if perhaps I was wrong. As I traipsed across the snow I saw these bare patches. In them I found skunk cabbage maybe a little bit smaller than they had been this time in March last year but just about the same. The amazing attributes of skunk cabbage were stronger than the snow. You see



skunk cabbage produces its own heat and it had melted the feet of snow. If you know where skunk cabbage grows I urge you to search for it. Seeing the skunk cabbage made me happy and I take heart because of the power of the warmth that is coming and the remarkable example of the skunk cabbage and the greens in the cold frames ready to harvest beginning in about ten days. Spring is coming, by the calendar it will be here tomorrow. It can be seen on slopes with a southern exposure as the green tint of green grass is revealed by the melting snow

As there is a change in the season that we can feel in the growing strength of the sun's light there is also a change in cycle of the school year. Teachers are developing the budgets for next year and administrators are planning the new schedules and programs that will change. Our goal for change is to make our program better and to improve the daily lives of students and teachers here at SSCPS. To communicate and share with you and learn from you before our plans are set, we will be hosting coffees in the music room on May 7th for K - 6 and May 6th for 7-12.

Another sign of spring is on April 16th from 6:00 - 8:00 PM we will be hosting an International Food Night. Wanjiru Nganga the Title I Parent Liaison is helping us put on this event and included in this Update is her flyer and letter. We are hoping to make a cookbook of all the recipes that are the basis of the dishes brought in that night. To quote from Wanjiru;

SSCPS is a diverse community. We include families that represent the spread of cultures from all the continents. We speak a variety of languages – English, Haitian Creole, Mandarin, Spanish, Greek, Portuguese, Yoruba, Igbo, Cape Verdean, French, Albanian, Amharic, Nepali, Polish, Swahili and many more. To celebrate all of the languages and cultural richness within our school, we look forward to gathering together to share food, conversation, and dance.

| Thursday  | 03/19 | PARCC Level III ELA  |  |
|-----------|-------|--|--|
| Thursday  | 03/19 | Development Committee Finance Committee Governance Committee Personnel Committee Board of Trustees | 6:00pm<br>6:00pm<br>5:30pm<br>6:30pm<br>7:30pm |
| Friday    | 3/20  | PARCC Level III ELA  |  |
| Friday    | 03/20 | Winter Athletic Award Ceremony at the SSCPS Gym  | 3:30pm   |
| Saturday  | 03/21 | Debate Club – Needham  |  |
| Tuesday   | 03/24 | Early College Planning Seminar at the SSCPS Gym  | 8:30am   |
| Tuesday   | 03/24 | PARCC High School Math   |  |
| Tuesday   | 03/24 | Grade 10 MCAS  |  |
| Wednesday | 03/25 | PARCC Level II ELA   |  |
| Wednesday | 03/25 | Grade 10 MCAS  |  |
| Wednesday | 03/25 | Junior Class Fenway College Tour   |  |
| Thursday  | 03/26 | PARCC High School ELA  |  |
| Thursday  | 03/26 | Grade 10 MCAS  |  |



Happy Saint Patrick's Day to all of our SSCPS families.

A special thank you to
Caroline Boyle and Julia Griffin
for their wonderful
Irish Step performance.

# Please remember to complete the Annual Parent Survey <a href="https://www.surveymonkey.com/s/2015SSCPSSurvey">https://www.surveymonkey.com/s/2015SSCPSSurvey</a>

For a copy of this survey in another language, please send your request to asavage@sscps.org. Para obtener una copia de esta encuesta en otro idioma,, por favor envíe su solicitud a asavage@sscps.org Para obter uma cópia desta pesquisa em outro idioma,, por favor envie o seu pedido para asavage@sscps.org Pour obtenir une copie de cette enquête dans une autre langue, s'il vous plaît envoyez votre demande à asavage@sscps.org

Pou yon kopi sondaj sa a nan yon lòt lang, tanpri voye demann ou an asavage@sscps.org

### **ATHLETICS**

On Friday, March 20<sup>th</sup>, the SSCPS Athletic Department will be hosting an award ceremony for all the basketball players and their families. The ceremony will begin at 3:30 in the PE space. Each coach will present certificates to their players and any other awards they would like. This will be a time used to reflect on the great basketball season all the teams have had and for each coach to share some stories with the other teams while presenting. It is very important that we take time to acknowledge our great student athletes and give closure to the winter season as an athletic department. Thanks for all the support and time you have put in this season! Any questions or concerns please contact the student athlete's coach or Athletic Director Joe Kay.

### ANNOUNCEMENTS

#### 2015 Yearbook

The 2015 yearbook is now in progress and all the memories of the 2014-2015 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to <a href="www.coffeepond.com">www.coffeepond.com</a>, to login use school password: bluejaguar. Personal ads for your senior should be sent to <a href="cbodnar@sscps.org">cbodnar@sscps.org</a> in pdf or jpeg format. Design help is offered if needed. Rates are: Full pg. \$150, 1/2 pg. \$75, and 1/4 pg. \$50.

### **Bottle and Can Drive - Fundraising for the Italy Trip**

Starting this Friday and continuing on every Friday, students will be hosting a *Bottle and Can Drive* to raise funds for their trip to Italy. They will be accepting bottles and cans to return for deposit. If you would like to contribute, please drop <u>BAGGED</u> items at the loading dock on Friday <u>mornings</u> during drop off.

### Bake Sale!!! on Level III

Enjoy a special treat on Fridays! The students going to Italy are holding a BAKE SALE on Fridays to raise funds for their trip. Come and get a yummy treat!

## **PARENTS ASSOCIATION**

#### **Parents Association Elections:**

It's that time of year! Elections will be held in April, with results published no later than the May PA meeting. All positions are open (members of the Executive Board, Committee Chairs, Grade Reps). Please review the PA By-Laws for position descriptions and eligibility requirements. Lisa Harvey-Mone is chairing the Election Committee. She and the Committee will be sending out info regarding elections. If you have any questions regarding elections, or would like to submit your name for a position, please send a note to elections@sscpspa.org.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u> March 19, 2015

Hi Everyone,

Finally the mounds of snow are melting and Spring is here with us!

Come, let us eat as we usher in Spring, at the Annual SSCPS International Food Night @the Gym Space | Thursday, April 16, 2015 | 6:00 – 8:00pm

Prepare one of your family's favorite recipes, and then come sample what other families have prepared as we enjoy an evening of great conversations, meet new families, and catch up with the old ones. And when we are fully stuffed, we can shake a leg to some great music.

SSCPS is a diverse community. We include families that represent the spread of cultures from all the continents. We speak a variety of languages – English, Haitian Creole, Mandarin, Spanish, Greek, Portuguese, Yoruba, Igbo, Cape Verdean, French, Albanian, Amharic, Nepali, Polish, Swahili and many more. To celebrate all of the languages and cultural richness within our school, we look forward to gathering together to share food, conversation, and dance.

This year we would like to create a **SSCPS International Food Night Recipe Book**. We will be asking families to share your recipe and bring kitchens from around the world to SSCPS. Please complete the attached recipe form and bring it along with you.

We are also looking for volunteers to help out during the event, please let us know if you can help set up, during the event or clean up after the event.

# This is an evening that you do not want to miss!

If you would like to attend, and we hope you will, please email Title I Parent Liaison **Wanjiru Nganga** on **wanjiru nene@yahoo.com** or call teacher **Bev Bruce** on **781 982 4202 X336** 

100 Longwater Circle ~ Norwell, MA ~02061 Phone: 781-982-4202 ~ Fax: 781-982-4201 www.sscps.org



Please let us know who will be coming, what dish your family will bring, name of the dish & from which part of the world it comes from so that we can prepare the appropriate labels.

RSVP to Beverly Bruce @ 781 982-4202 X336 or Wanjiru Nganga at wanjiru\_nene@yahoo.com









We'll have raffle items, silent and live auction, and your support raises vital funds for our children!

**Cost:** \$30 admission includes complimentary adult beverage and dinner.



SOUTH SHORE CHARTER EDUCATIONAL FOUNDATION

Friday, May 1 | 6 - 10PM

Cushing Center 673 Main Street Norwell, MA

More Information:

Contact Laurie Dannison for more details at ldannison@sscps.org



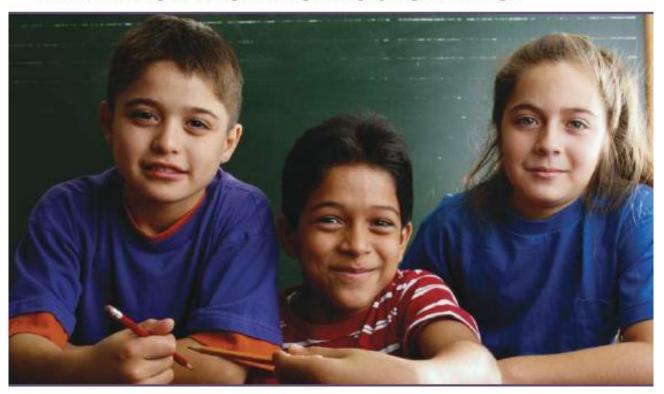
# **School Bus Services**

Putney Transportation will be providing open enrollment for school bus services from selected areas, to the South Shore Charter Public School. Rates start as low as \$100 a month until May 15<sup>th</sup>, and afterwards regular rates may apply. *Note: Limited seats are available.* Registration will close July 31<sup>st</sup> at 5p.m. Call us at 1(800) 531-1257 or email us at <a href="mailto:services@putneytrans.com">services@putneytrans.com</a> for more info.



Putney Transportation LLC

# MEFA's Early College Planning Seminar for Parents Learn about planning, saving and paying for college.



## Seminar Topics Include:

- · How much should we save for college and when is a good time to start saving?
- · Will savings affect financial aid?
- · If we can't save enough, should we bother saving at all?

### Details:

Date: Tuesday, March 24, 2015

Time: 8:30 a.m.

Location: South Shore Charter Public School

PE Space

104 Longwater Circle Norwell, MA 02061

Please see your school counselor or visit www.mefa.org for more information.



MEFA is a not-for-grount authority that works to make higher education more accessible and affordable through community education programs, college savings plans, and low-cost financing options. In its thirty-year history, MEFA has assisted hundreds of thousands of families









3/17/201

Welcome! We've put together this update specifically for local teachers and our school partners. Sent via email, this update will include details on field trips, activities, and school programs. Please feel free to pass it along to others who may be interested in learning more about all that Holly Hill Farm has to offer! Questions? Visit our website at <a href="https://www.hollyhillfarm.org">www.hollyhillfarm.org</a> or contact us at 781-383-6565.

#### SCHOOL PARTNERSHIPS: THE WEEKLY HARVEST

Recently, the Holly Hill Farm teachers have been seen placing a new outdoor compost bin, next to the gigantic hills of snow (removed from the flat roof) at the Plymouth River School in Hingham. The children have continued conscientiously placing their apple cores, orange peels and veggie scraps into the cafeteria buckets, and now they can take the buckets of compost ingredients to the outdoor bin. At the farm, the teachers will soon dig and shove a path to the Annie's hoop house and begin to sow some seeds in trays, further signs of encouraging Spring. While our public programs are the most visible outreach we provide the local community, our Farm Educators have partnerships with more than 40 schools along the South Shore. Happy growing, teaching and learning. Holly Hill Farm. 236 Jerusalem Road, Cohasset. 781-383-6565. www.hollyhillfarm.org

#### Consider This! 2015 Essay and Illustration Contest: Soil is Food for Plants flyer attached

The 5<sup>th</sup> Annual Consider This! essay and illustration contest, sponsored by the Friends of Holly Hill Farm and supported by the Frank H. White Scholarship Fund. The 2015 topic: Soil is for Plants. Students in grades K-12 are invited to participate. Entries due by Thursday, April 2. Details are available at <a href="www.hollyhillfarm.org">www.hollyhillfarm.org</a>.

Farm Pantry: A Community Service Program for Teens ages 15 - 18 After school program begins March 18 & 20 3-5 pm Ongoing opportunities through November Free – Family Membership suggested

This rewarding program for teens is fast becoming one of our most popular! Students explore organic growing methods as they help to sow, grow, harvest and deliver fresh produce for local food pantries in Cohasset and Hull as well as, Father Bill's Place, a community shelter in Quincy. Early in the season, tasks help ensure the successful growth of crops. Later in the growing season the focus shifts to harvesting crops. Students are welcome to attend one, two or all twelve sessions! Participants will exit the program with documented hours of community service (a graduation requirement for some local students) and a letter of recommendation. Interested students are required to complete an application and write a letter of interest in order to participate. Forms are available on our website. Questions? Contact Education Director Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

Teacher Training: Grades K-6 Thursday, March 26 8:30 am – 2:30 pm \$40 includes lunch

For our 8<sup>th</sup> consecutive year, we will host local teachers from around the South Shore for a day at the Farm. Teachers will learn about the unique hands-on curriculum-connected field trip opportunities developed by our experienced Farm Educators. 781-383-6565. www.hollyhillfarm.org

#### Field Trips

Designed with the Massachusetts Curriculum Frameworks in mind, our hands-on programs provide students the opportunity to visit, learn and participate. Details for specific programs are available at <a href="https://www.hollyhillfarm.org">www.hollyhillfarm.org</a>.

Holly Hill Farm 236 Jerusalem Road, Cohasset, MA 02025 781-383-6565 www.hollyhillfarm.org



# Consider This! 2015 Essay and Illustration Contest Soil Is Food for Plants

The 5th annual Consider This! essay and illustration contest is sponsored by the *Friends of Holly Hill Farm* and supported by the Frank H. White Scholarship Fund, in memory of Frank White. Frank was a fifth generation farm owner with his wife Jean. They returned to the family owned farm in 1998 to begin organic farming, and in 2002 formed the educational 501(c)(3) non-profit, the *Friends of Holly Hill Farm, Inc.* The *Friends* is committed to using the farm as an outdoor classroom and providing farm-based environmental education programs to students, children, families and adults throughout the year.

Teachers: Please let your students know about the following categories and ways to submit entries. There will be awards and honorable mention presented on Thursday, April 16<sup>th</sup>, 2015 at the Paul Pratt Memorial Cohasset Public Library at 5 pm. All participants welcome. All entries due to Jon Belber at Holly Hill Farm no later than Thursday, April 2<sup>nd</sup> at 5 pm.

Entry Topic for 2015: Soil Is Food for Plants [United Nations general assembly declares 2015 as international year of the soils]

Grades K-5: Write and/or draw about What Is Soil? Consider what makes soil alive! Grades 6-8: List and show the properties and benefits of soil for growing food. Grades 9-12: Research the soil food web, and describe how farmers make and use healthy soil that allows plants and the environment to thrive. Show how sustainable soil conservation methods lead to a more productive, living soil.

Submission Process: Please express your consideration in a piece of writing, illustration, or video. Written entries should be a maximum of 250 words. The winning entries will demonstrate thoughtful consideration of the topic and be informative and inspiring to others. Submissions will be reviewed by the Frank White scholarship committee and Friends of Holly Hill Farm educators.

#### Completed entries can be delivered or sent to:

Jon Belber, Education Director, at 236 Jerusalem Rd in Cohasset, MA 02025

Questions and further details can be found by calling the Friends (781) 383-6565 or emailing Jon at: jbelberhollyhill@hotmail.com



### Dear Parent/Guardian:

Children need healthy meals to learn. **South Shore Charter Public School** offers healthy meals every school day. Breakfast costs \$1.75; lunch costs \$3.25. Your children may qualify for free meals or for reduced price meals. Reduced price is \$0.30 for breakfast and \$0.40 for lunch.

- 1. Do I need to fill out an application for each child? No. Complete only one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: Charlene Evans, Food Services Coordinator, 781-982-4202.
- 2. Who can get free meals? All children in households receiving benefits from MA SNAP, MA TAFDC or the Food Distribution Program on Indian Reservations, can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.



If you have received a NOTICE OF DIRECT CERTIFICATION for free meals, do not complete the application. But do let the school know if any children in your household are not listed on the Notice of Direct Certification letter you received.

- 3. CAN FOSTER CHILDREN GET FREE MEALS? Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals.
- 4. Can homeless, runaway, and migrant children get free meals? Yes, children who meet the definition of homeless, runaway, or migrant are eligible for free meals. If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail Angie Pepin, 7-12 Principal, 781-982-4202 or apepin@sscps.org.
- 5. WHO CAN GET REDUCED PRICE MEALS? Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart, shown on this application.
- 6. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. Call the school at **781-982-4202** if you have questions.
- 7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
- 8. I GET WIC. CAN MY CHILD(REN) GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
- 9. Will the information I give be checked? Yes and we may also ask you to send written proof.
- 10. If I don't qualify now, may I apply later? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.

- 11. What if I disagree with the school's decision about my application? You should talk to school officials. You also may ask for a hearing by calling or writing to: Alicia Savage at 781-982-4202 or email asavage@sscps.org or by mail to 100 Longwater Circle, Norwell, MA 02061.
- 12. May I apply if someone in my household is not a U.S. citizen? Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.
- 13. Who should I include as members of my household? You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
- 14. What if my income is not always the same? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 15. We are in the military. do we include our housing allowance as income? If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
- 16. My spouse is deployed to a combat zone. is her combat pay counted as income? No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.
- 17. *My family needs more help. Are there other programs we might apply for?* To find out how to apply for MA SNAP or other assistance benefits, contact your local assistance office or call the MA SNAP Hotline **1-866-950-3663**

If you have other questions or need help, call **781-982-4202x106**Si necesita ayuda, por favor llame al teléfono: **781-982-4202x106**Si vous voudriez d'aide, contactez nous au numero: **781-982-4202x106** 

Sincerely,

Kristine Bingham Director of Finance

"The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint\_filing\_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity employer.

# SHARING INFORMATION WITH MEDICAID/SCHIP

#### Dear Parent/Guardian:

If your children get free or reduced price school meals, they <u>may</u> also be able to get free or low-cost health insurance through Medicaid or the State Children's Health Insurance Program (SCHIP). Children with health insurance are more likely to get regular health care and are less likely to miss school because of sickness.

Because health insurance is so important to children's well-being, the law allows us to tell Medicaid and SCHIP that your children are eligible for free or reduced price meals, unless you tell us not to. Medicaid and SCHIP only use the information to identify children who may be eligible for their programs. Program officials may contact you to offer to enroll your children. Filling out the Free and Reduced Price School Meals Application does not automatically enroll your children in health insurance.

If you do not want us to share your information with Medicaid or SCHIP, fill out the form below and send in (Sending in this form will not change whether your children get free or reduced price meals).

| No! I DO NOT want information from my Free and Reduced Price School Meals Application shared with Medicaid or the State Children's Health Insurance Program. |  |  |  |  |  |  |
|--|--|--|--|--|--|--|
| If you checked no, fill out the form below to ensure that you below:   | ur information is NOT shared for the child(ren) listed |  |  |  |  |  |
| Child'sName  | _School:   |  |  |  |  |  |
| Child'sName  | School:  |  |  |  |  |  |
| Child'sName  | School:  |  |  |  |  |  |
| Child'sName  | School:  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Signature of Parent/Guardian:  | Date:  |  |  |  |  |  |
| Printed Name:  |  |  |  |  |  |  |
| Address:   |  |  |  |  |  |  |

For more information, you may call **Kristine Bingham** at **781-982-4202x106** or e-mail at kbingham@sscps.org

Return this form to: **SSCPS, 100 Longwater Circle, Norwell, MA 02061.** 

# SHARING INFORMATION WITH OTHER PROGRAMS

Dear Parent/Guardian:

| be shared with other programs for which your   | you gave on your Free and Reduced Price School Meals Application may rechildren may qualify. For the following programs, we must have your g in this form will not change whether your children get free or reduced |
|--|---|
| Yes! I <b>DO</b> want school officials to she Application with <b>Title I Program.</b>       | are information from my Free and Reduced Price School Meals   |
| Yes! I <b>DO</b> want school officials to she Application with <b>SSYMCA Aftersch</b>        | are information from my Free and Reduced Price School Meals ool Childcare Program.  |
| Yes! I <b>DO</b> want school officials to she Application with <b>SSCPS Athletic &amp;</b> 3 | are information from my Free and Reduced Price School Meals  Enrichment Programs.   |
|  | bove, fill out the form below to ensure that your information is shared for n will be shared only with the programs you checked.  |
| Child'sName_   | School:   |
| Child'sName  | School:   |
| Child'sName  | School:   |
| Child'sName  | School:   |
| Signature of Parent/Guardian:  | Date:   |
| Printed Name:  |   |

For more information, you may call Kristine Bingham at 781-982-4202x106 or e-mail kbingham@sscps.org

Return this form to: Kristine Bingham at SSCPS, 100 Longwater Circle, Norwell, MA 02061.

If your child is eligible for free or reduced school meals, your child may also be eligible for

free or low cost health insurance through MassHealth.

To learn more call: 1-800-841-2900

# MassHealth

Si su niño es eligible para almuerzo gratís o reducido, su niño pueda ser eligible para

> seguro de salud gratís o de bajo costo por medio de MassHealth.

Para saber mas, llame al: 1-800-841-2900





# MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION

## **SCHOOL YEAR 2014-2015**

If you have received a NOTICE OF DIRECT CERTIFICATION from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

| PART 1. ALL HOUSEHOLD children living in home. Also, inc   |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
|--|--|------------------------------|---------------|---------------|---------|--|---|---------------|---------------|---------|--|---------------------------------|---------------|---------------|---------|---|----------|
| NAME OF <b>ALL</b> HOUSEHOLD M<br>(First, Middle Initial, Las  |  | NAME OF SCHOOL CHILD ATTENDS |               |               |         |  | CHECK IF A <b>FOSTER CHILD</b> (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT)  * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5. |               |               |         | OR COURT)<br>OW ARE  | CHECK<br>IF <b>NO</b><br>INCOME |               |               |         |   |          |
|  |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
|  |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
|  |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
|  |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
|  |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
|  |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
| PART 2. BENEFITS- MA SN  | NAP OR MA                                      | ТА                           | FD            | С             |         |  |   |               |               |         | PART 3. HOME   | ELE                             | ESS,          | M             | GI      | RANT, RUNA                                |          |
| IF <u>ANY</u> MEMBER OF YOUR HOUSEHOLD RECEIVES <u>MA SNAP</u> or <u>MA TAFDC benefits</u> , PROVIDE THE AGENCY IDENTIFICATION NUMBER* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER.  * Do not provide EBT card number.  * Do not provide EBT card  |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
| <b>PART 4.</b> TOTAL HOUSEHO receives it. Check the box for how RECEIVED FROM MA SNAP  | v often it is re                               | eceiv                        | ed.           |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
| 1. Name  | 2. GROSS II                                    | NCO                          | ME            | AN            | ND.     | HOW OFT                                  | EN  | IT            | W             | AS R    | RECEIVED   |                                 |               |               |         |   |          |
| (LIST <b>ONLY</b> HOUSEHOLD<br>MEMBERS WITH INCOME)  | Earnings<br>from work<br>before<br>deductions. | Weekly                       | Every 2 Weeks | Twice Monthly | Monthly | Welfare,<br>child<br>support,<br>alimony | Weekly  | Every 2 Weeks | Twice Monthly | Monthly | Pensions,<br>retirement,<br>Social Security,<br>SSI, VA benefits | Weekly                          | Every 2 Weeks | Twice Monthly | Monthly | All other inc<br>must indicate<br>and how | how much |
| (Example) Jane Smith   | \$200  |                              |               |               |         | \$150                                    |   |               | È             |         | \$0  |                                 |               |               |         | \$0                                       |          |
|  | \$   |                              |               |               |         | \$                                       |   |               |               |         | \$   |                                 |               |               |         | \$  |          |
|  | \$   |                              |               |               |         | \$                                       |   |               |               |         | \$   |                                 |               |               |         | \$  |          |
|  | \$   |                              |               |               |         | \$                                       |   |               |               |         | \$   |                                 |               |               |         | \$  |          |
|  | \$   |                              |               |               |         | \$                                       |   |               |               | Ī       | \$   |                                 |               |               |         | \$  |          |
|  | \$   |                              |               |               |         | \$                                       |   |               | E             |         | \$   |                                 |               |               |         | \$  |          |
|  | \$   |                              |               |               |         | \$                                       |   |               |               |         | \$   |                                 |               |               |         | \$  |          |
| PART 5. SIGNATURE AND L  | AST FOUR                                       | DIC                          | SIT           | S C           | )F S    | SOCIAL S                                 | EC  | UR            | T             | ΥN      | UMBER (ADULT   | ΓМ                              | [US           | T S           | IG      | N)  |          |
| A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.  Sign here: Print Name: Date: Address: City: State: Zip Code: Phone Number: Cell Phone Plane |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |
| Last four digits of Social Security Number ***-**-   Check here if you do not have a Social Security Number  |  |                              |               |               |         |  |   |               |               |         |  |                                 |               |               |         |   |          |

| PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL) |   |   |                                 |  |  |  |  |
|--|---|---|---------------------------------|--|--|--|--|
| Choose one ethnicity:                                      | Choose one or more (regardless of ethnicity): |   |                                 |  |  |  |  |
| ☐ Hispanic/Latino  | ☐ Asian                                       | ☐ American Indian or Alaska Native            | ☐ Black or African American     |  |  |  |  |
| ☐ Not Hispanic/Latino                                      | ☐ White                                       | ☐ Native Hawaiian or other Pacific Islander   |                                 |  |  |  |  |
|  |   | HIS PART. THIS IS FOR SCHOOL U                |                                 |  |  |  |  |
| Annual Income Con  | version: Weekly                               | x 52, Every 2 Weeks x 26, Twice A Mor         | nth x 24, Monthly x 12          |  |  |  |  |
| C  | Only annualize i                              | ncome if there are multiple pay frequence     | ies                             |  |  |  |  |
| Total Income: Per: □ W                                     | eek, 🗖 Every 2 W                              | Veeks, 🗖 Twice A Month, 🗖 Month, 🗖 Yea        | ar Household size:              |  |  |  |  |
| Dual Eligibility: Foster child(ren) – Free                 | Non   | -foster child(ren) – Free Reduced             | l Denied                        |  |  |  |  |
| Categorical Eligibility: Date Withd                        | rawn:   | Eligibility: Free Reduced Denic               | ed Reason:                      |  |  |  |  |
| ☐ Check if this is an <b>error prone applic</b>            | ation – utilize for                           | verification standard sample size – see eligi | bility manual for instructions. |  |  |  |  |
| Determining Official's Signature: Date:                    |   |   |                                 |  |  |  |  |
| Confirming Official's Signature: Date:                     |   |   |                                 |  |  |  |  |
| Verifying Official's Signature: Date:                      |   |   |                                 |  |  |  |  |

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

# Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their

| FEDERAL ELIGIBILITY INCOME CHART<br>School Year 2014-2015 |          |         |         |  |  |  |
|---|----------|---------|---------|--|--|--|
| Household size  | Yearly   | Monthly | Weekly  |  |  |  |
| 1   | \$21,590 | \$1,800 | \$416   |  |  |  |
| 2   | \$29,101 | \$2,426 | \$560   |  |  |  |
| 3   | \$36,612 | \$3,051 | \$705   |  |  |  |
| 4   | \$44,123 | \$3,677 | \$849   |  |  |  |
| 5   | \$51,634 | \$4,303 | \$993   |  |  |  |
| 6   | \$59,145 | \$4,929 | \$1,138 |  |  |  |
| 7   | \$66,656 | \$5,555 | \$1,282 |  |  |  |
| 8   | \$74,167 | \$6,181 | \$1,427 |  |  |  |
| Each<br>additional<br>person:                             | +7,511   | +626    | +145    |  |  |  |

programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, found online at <a href="http://www.ascr.usda.gov/complaint filing cust.html">http://www.ascr.usda.gov/complaint filing cust.html</a>, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at <a href="mailto:program.intake@usda.gov">program.intake@usda.gov</a>.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity employer.

# Breakfast Order Form Breakfast for the Month of March, 2015

Due to the office by 3:00 pm, \*Tuesday, March 24, 2015

| Student Name   |                                       |
|--|---------------------------------------|
| Pod Teacher/Advisor  | Grade                                 |
| Please <u><b>CHECK</b></u> off   | the day breakfast will be ordered.    |
| Week of [ ] Monday [ ] Tuesday 3/30 – 4/3  | [] Wednesday [] Thursday [] Friday    |
| Number of Breakfasts ordered   | X \$1.75                              |
| Less credit due  Total Amount Enclosed  Cash or Checks may be made out to SSCPS. | \$                                    |
| Luncl  | h Order Form                          |
| Please <u>CHECK</u> o  | off the day lunch will be ordered.    |
| Week of [] Monday [] Tuesday 3/30 – 4/3  | [ ] Wednesday [ ] Thursday [X] Friday |
| Number of Lunches ordered  | X \$3.25                              |
| Less credit due  |                                       |
| Total Amount Enclosed Cash or Checks may be made out to SSCPS.                   | \$                                    |

# Breakfast Order Form Breakfast for the Month of April, 2015

Due to the office by 3:00 pm, \*Tuesday, March 31, 2015

| Student Name   |            |                        |                       |               |            |  |  |
|--|------------|------------------------|-----------------------|---------------|------------|--|--|
| Pod Teacher/   | Advisor    | brade                  |                       |               |            |  |  |
|  | Plea       | ase <u>CHECK</u> off i | the day breakfast wil | l be ordered. |            |  |  |
| Week of 4/6 – 4/10   | [ ] Monday | [ ] Tuesday            | [ ] Wednesday         | [ ] Thursday  | [ ] Friday |  |  |
| Week of 4/13 – 4/17  | [ ] Monday | [ ] Tuesday            | [ ] Wednesday         | [ ] Thursday  | [ ] Friday |  |  |
| Week of 4/20 – 4/24  | [X] Monday | [X] Tuesday            | [X] Wednesday         | [X] Thursday  | [X] Friday |  |  |
| Week of 4/27 – 5/1   | [ ] Monday | [ ] Tuesday            | [ ] Wednesday         | [ ] Thursday  | [ ] Friday |  |  |
|  |            |                        |                       |               |            |  |  |
| Number of Breakfasts ordered X \$1.75  |            |                        |                       |               |            |  |  |
| Less credit due  Total Amount Enclosed  Cash or Checks may be made out to SSCPS. |            |                        |                       |               |            |  |  |

# Lunch Order Form Lunch for the Month of April, 2015

Due to the office by 3:00 pm, \*Tuesday, March 31, 2015

| Student Nam         | e:                               |                               |                      |              |            |
|---------------------|----------------------------------|-------------------------------|----------------------|--------------|------------|
| Pod Teacher/        | Advisor                          |                               | (                    | Grade        |            |
|                     | P                                | lease <u>CHECK</u> o <u>f</u> | f the day lunch will | be ordered.  |            |
| Week of 4/6 – 4/10  | [ ] Monday                       | [ ] Tuesday                   | [ ] Wednesday        | [ ] Thursday | [ ] Friday |
| Week of 4/13 – 4/17 | [ ] Monday                       | [ ] Tuesday                   | [ ] Wednesday        | [ ] Thursday | [] Friday  |
| Week of 4/20 – 4/24 | [X] Monday                       | [X] Tuesday                   | [X] Wednesday        | [X] Thursday | [X] Friday |
| Week of 4/27 – 5/1  | [ ] Monday                       | [ ] Tuesday                   | [ ] Wednesday        | [ ] Thursday | [ ] Friday |
|                     |                                  |                               |                      |              |            |
| Number of L         | unches ordered                   |                               |                      | X \$3.25     |            |
| Less credit di      |                                  |                               |                      |              | _          |
|                     | al Amount End<br>oks may be made |                               |                      | \$           | _          |



# South Shore Charter School *APRIL*, 2015

## **BREAKFAST**

| Monday | Tuesday              | Wednesday         | Thursday             | Friday                    |
|--------|----------------------|-------------------|----------------------|---------------------------|
|        |                      |                   |                      |                           |
|        |                      |                   |                      |                           |
|        |                      |                   |                      |                           |
|        |                      |                   |                      |                           |
| 6      | 7                    | 8                 | 9                    | 10                        |
| Cereal | WW Croissant w/Jelly | Cereal            | 3.6 oz. WW Muffin    | Honey Wheat Bagel w/Jelly |
| Fruit  | Fruit                | Fruit             | Fruit                | Fruit                     |
| Juice  | Juice                | Juice             | Juice                | Juice                     |
| Milk   | Milk                 | Milk              | Milk                 | Milk                      |
| 13     | 14                   | 15                | 16                   | 17                        |
| Cereal | WG Cinnamon Roll     | 3.6 oz. WW Muffin | WW Croissant w/Jelly | 3.6 oz. WW Muffin         |
| Fruit  | Fruit                | Fruit             | Fruit                | Fruit                     |
| Juice  | Juice                | Juice             | Juice                | Juice                     |
| Milk   | Milk                 | Milk              | Milk                 | Milk                      |
| 20     | 21                   | 22                | 23                   | 24                        |
|        | <b>T</b> 7           |                   |                      |                           |
|        | V A                  |                   |                      |                           |
|        | , I                  |                   |                      |                           |
| 27     | 28                   | 29                | 30                   | May 1                     |
| Cereal | 3.6 oz. WW Muffin    | Cereal            | WW Cinnamon Roll     | WW Croissant w/Jelly      |
| Fruit  | Fruit                | Fruit             | Fruit                | Fruit                     |
| Juice  | Juice                | Juice             | Juice                | Juice                     |
| Milk   | Milk                 | Milk              | Milk                 | Milk                      |

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

## ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

Essence of Thyme and Cravings

<sup>\*</sup> Complies with NSLP Regulations

# South Shore Charter School K-8 *APRIL*, 2015

## LUNCH

| Monday                  | Tuesday                   | Wednesday               | Thursday            | Friday                |
|-------------------------|---------------------------|-------------------------|---------------------|-----------------------|
|                         |                           |                         |                     |                       |
|                         |                           |                         |                     |                       |
|                         |                           |                         |                     |                       |
|                         |                           |                         |                     |                       |
| 6                       | 7                         | 8                       | 9                   | 10                    |
| Sweet & Sour Chicken    | Pancakes & Syrup          | Mexican Chicken WW Wrap | Meatballs on WW Sub | Cheese Pizza          |
| Brown Rice              | Sausage Patty             | Sweet Potato Fries      | Baked Beans         | Green Beans           |
| Broccoli                | Potato Wedges             | w/Ketchup               | Orange              | Potato Wedges         |
| Orange                  | Raisins                   | Apple                   | Milk                | Banana                |
| Milk                    | Milk                      | Milk                    |                     | Milk                  |
| 13                      | 14                        | 15                      | 16                  | 17                    |
| Chicken & Salsa         | Cheeseburger Mac          | Turkey and Gravy        | Chicken Parmesan    | Chicken WW Quesadilla |
| Brown Rice              | Carrots                   | Green Beans             | Ziti                | Peas                  |
| Southwestern Beans      | Whole Wheat Roll          | WG Cinnamon Roll        | Broccoli            | Orange                |
| Apple                   | Banana                    | Orange                  | Peaches             | Milk                  |
| Milk                    | Milk                      | Milk                    | Milk                |                       |
| 20                      | 21                        | 22                      | 23                  | 24                    |
|                         | <b>▼</b> 7 ▲              |                         | T O NI              |                       |
|                         | $\mathbf{V} = \mathbf{A}$ |                         |                     |                       |
|                         |                           |                         |                     |                       |
| 27                      | 28                        | 29                      | 30                  | May 1                 |
| Boneless Chicken Wings  | Hamburger on WW Bun       | American Chop Suey      | Cheese Pizza        | Sloppy Joe on WW Bun  |
| Potato Wedges w/Ketchup | Ketchup                   | Carrots                 | Green Beans         | Broccoli              |
| Whole Wheat Roll        | Baked Beans               | Whole Wheat Roll        | Potato Wedges       | Green Beans           |
| Apple                   | Baked Apple Slices        | Banana                  | Orange              | Orange                |
| Milk                    | Milk                      | Milk                    | Milk                | Milk                  |

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

# ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

<sup>\*</sup> Complies with NSLP Regulations



# South Shore Charter School 9-12 *APRIL*, 2015

### LUNCH

| LUNCH                                       |                             |                            |                       |                                  |
|---|-----------------------------|----------------------------|-----------------------|----------------------------------|
| Monday                                      | Tuesday                     | Wednesday                  | Thursday              | Friday                           |
|   |                             |                            |                       |                                  |
|   |                             |                            |                       |                                  |
|   |                             |                            |                       |                                  |
|   |                             |                            |                       |                                  |
|   |                             |                            |                       |                                  |
| 6   | 7                           | 8                          | 9                     | 10                               |
| Sweet & Sour Chicken                        | Pancakes & Syrup            | Mexican Chicken WW Wrap    | Meatballs on WW Sub   | Cheese Pizza                     |
| Brown Rice                                  | Sausage Patty               | Sweet Potato Fries         | Baked Beans           | Green Beans                      |
| Broccoli                                    | Potato Wedges               | w/Ketchup                  | Orange                | Potato Wedges                    |
|   | Raisins                     | •                          | _                     | Banana                           |
| Orange                                      | Milk                        | Apple                      | Pineapple Chunks Milk |                                  |
| Apple Juice<br>Milk                         | WIIIK                       | Orange Juice<br>Milk       | IVIIIK                | Orange Juice<br>Milk             |
| 13  | 14                          | 15                         | 16                    | 17                               |
| Chicken & Salsa                             |                             | Turkey and Gravy           | Chicken Parmesan      | Chicken WW Quesadilla            |
| Brown Rice                                  | Cheeseburger Mac<br>Carrots | Green Beans                | Ziti                  | Peas                             |
| Southwestern Beans                          | Whole Wheat Roll            | WG Cinnamon Roll           | Broccoli              |                                  |
| Apple                                       | Banana                      | Orange                     | Peaches               | Orange<br>Apple Juice            |
| Pineapple Chunks                            | Peaches                     | Apple Juice                | Milk                  | Milk                             |
| Milk  | Milk                        | Milk                       | IVIIIK                | IVIIIK                           |
|   |                             |                            | 22                    | 24                               |
| 20  | 21                          | 22                         | 23                    | 24                               |
|   | <b>▼</b> 7 ▲                |                            | T O N                 |                                  |
|   | I V A                       |                            |                       |                                  |
|   | , , , , ,                   |                            | 1 0 1                 |                                  |
| 27  | 28                          | 29                         | 30                    | Mon 1                            |
| Boneless Chicken Wings                      |                             |                            | Cheese Pizza          | May 1                            |
|   | Hamburger on WW Bun         | American Chop Suey Carrots | Green Beans           | Sloppy Joe on WW Bun<br>Broccoli |
| Potato Wedges w/Ketchup<br>Whole Wheat Roll | Ketchup<br>Baked Beans      | Whole Wheat Roll           | Potato Wedges         | Carrots                          |
|   |                             | Banana                     | <u> </u>              |                                  |
| Apple<br>Pears                              | Baked Apple Slices<br>Milk  | Peaches                    | Orange                | Orange                           |
| Pears<br>Milk                               | IVIIIK                      | Milk                       | Apple Juice Milk      | Pineapple Chunks<br>Milk         |
| IVIIIK                                      |                             | IVIIIK                     | IVIIIK                | IVIIIK                           |

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

## ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

<sup>\*</sup> Complies with NSLP Regulations