



## **FROM THE EXECUTIVE DIRECTOR**

Welcome back! It is hard to believe that the end of this week brings the first day in May. Every year at this time the high school community becomes abuzz with the Senior Debates. For those of you who are new to our school community, the Senior Debates are the culminating project for Ethics class. Every spring our seniors participate in this exercise and must receive a passing grade for their performance as a requirement for graduation. Every year we look forward to the intellectual rigor of these days with anticipation and pride.

The Senior Debates are an exercise of logic and rhetoric. Seniors are placed on teams of four or five and are asked to present an argument based upon a specific question. One team presents the affirmative constructive argument; the opposing team presents the negative argument. After presenting their initial arguments, students provide a rebuttal on which they are scored for their ability to take their opponents positions and address weaknesses in reasoning. Students choose the topic, however they do not decide on what side of the issue they will argue. Year after year we have watched each student, as part of a team, present the topic and the position in their own way.

Debates from past years have included such topics as the scope of Fourth Amendment protection, the role of the National Security Agency and individual freedom, and welfare reform. This morning I witnessed an intensive debate on the legalization of physician-assisted suicide in Massachusetts. The teams on both sides of the argument did an outstanding job providing the audience with a full scope understanding of the issue in the United States and in Europe. Teams were able to openly debate the problem of the high cost of health care, individual freedom, and medical advances, thus reflecting where we are as a nation. Senior Debates will continue tomorrow, the topic being debated will be the value of a college education. Senior Debates continue on Friday when students will debate the legal drinking age. All Senior Debates are open to the public.

The Senior Debates are a true example of the importance of civics in the lives of our students. It is interesting that there is no state mandated exam for civics, government, and history. Over time, this has led to an unfortunate reduction of resources dedicated to this essential branch of humanities. In many school districts civic education has taken a backseat to STEM (science, technology, engineering and mathematics), and many of the course offerings have been significantly reduced over the past ten years. Days like today bring to light what an enormous mistake it would be to follow this misguided path.

Civics education is also alive and well in our middle grades. This week we received notice that three students from grades eight and five will be honored on Friday, May 1, for their essays and posters celebrating Law Day. The Law Day program at the Hingham District Court is sponsored by the American Bar Association. The theme of Law Day this year is *Magna Carta- Symbol of Freedom Under the Law*. This is the first year the South Shore Charter Public School has participated in this program and the student results are impressive.

Eighth grade student Amanda Pamphile received Honorable Mention for her essay *Just Imagine: A World Without Hope*. Fifth grade student Casey Marchese created a poster that received a second place award. And fifth grade student Danielle Tilden received Honorable Mention for her poster. Congratulations to our fifth and eighth grade students and to their teachers, Kyle Boudreau, Ellen Gray, and Daniel Falkner. And congratulations to all of our seniors and to their Ethics teachers Rick Small and Joe Kay, for continuing efforts to keep this very important tradition alive and well at our school.

Alicia Savage – [asavage@sscps.org](mailto:asavage@sscps.org)

Wednesday	04/29	Senior Debates	
Thursday	04/30	Finance Committee	8:30am
Thursday	04/30	Senior Debates	
Friday	05/01	Full Day of Classes	8:15am-3:00pm
Friday	05/01	Senior Debates	
Friday	05/01	The Big Haircut	2:00pm
Friday	05/01	SSCEF Annual Auction	6:00-10:00pm
Mon - Weds	05/04- 05/06	Senior Finals	
Monday	05/04	AP Testing - Chemistry and Environmental Science	
Monday	05/04	Kindergarten Screenings	11:30am-1:30pm
Tuesday	05/05	AP Testing - Calculus	
Tuesday	05/05	Parents Association Meeting	7:00pm
Wednesday	05/06	Parent Coffee for Grades 7-12	8:30am
Wednesday	05/06	AP Testing – Literature & Composition and Physics	
Wednesday	05/06	New High School Student Meeting	6:00-7:00pm

## ANNOUNCEMENTS

### 2015 Yearbook

The 2015 yearbook is now in progress and all the memories of the 2014-2015 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to [www.coffeepond.com](http://www.coffeepond.com), to login use school password: bluejaguar.

### Jump Rope/Hoops For Heart

SSCPS is proud to partner with the American Heart Association to help kids with special hearts! Donations are currently being counted and all forms should be in. Thank to everyone that participated in this great cause while raising **heart health** awareness!

## PARENTS ASSOCIATION

### It is time to vote for SSCPS Parents Association Officials!

We have a great group of dedicated parents- folks returning to old positions, taking on new positions and some volunteering to serve for the first time! THANK YOU! Now it is your turn to consider the candidates and cast your vote. One vote per parent/guardian, please. (Students and other family members are not eligible to vote).

**Follow this link to vote:** <https://www.surveymonkey.com/s/SSCPSPA2015ELECTION>

Voting will be open until **May 1, 2015**. If you would prefer to complete a paper ballot, you can obtain one at the front desk at the school.

Thanks for voting!  
 SSCPS PA Elections Committee  
 Bethany Whitemyer, Gema Gray, Lisa Harvey

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)



**The Spring Fling is this Friday night but it's not too late to sell your 50/50 raffle tickets! Drop off your ticket at the front desk before Friday, May 1<sup>st</sup> and we'll announce the winner Friday night.**

**Thank you to all the classroom volunteers who helped make each project special and unique! Thank you to our talented students!**

**Thank you to our food sponsors for the event:  
Wahlburgers, Tosca, East Bay Grille, Top This Pizza,  
Catering by Michael Apres and  
Christina and Mark Harvey.**



## Prom 2015

*When:* May 15, 2015

*Time:* 7:00 -11:00pm

*Where:* Quincy Sons of Italy

120 Quarry Street, Quincy

*Tickets \$45.00 per person/\$80.00 per couple*

# *You are invited to help a Family at the Carolina Hill Family Shelter in Marshfield Massachusetts...*

**You can help in two ways...**

- **The 1-Gallon Challenge, OR**
- **Feed the Families**

## **THE 1-GALLON CHALLENGE**

When new families go into the Carolina Hill Shelter with nothing to use, Stephanie likes to give them things to make them feel better and make them feel at home. What would you need if you were homeless?

I challenge you to get together as a family and fill a gallon size baggie with personal items for one homeless family that is new to the shelter.

### Ideas & Requests from Stephanie who works there:

**Deodorant, Toothbrushes, Razors, Toothpaste, Shampoo, Conditioner, Soap** and...

- ✓ Special things that Moms need like **feminine care**
- ✓ Special things that kids need like Tylenol, Motrin, **Wipes & Band-aids**
- ✓ Dad things like floss, nail clippers & shave cream

*One item that fits or many...we appreciate every little donation!*

## **FEED THE FAMILIES**

This Shelter also **COOKS THREE MEALS A DAY** for all of the families that live there. That's **17 whole families!** Imagine cooking breakfast for 17 families every day? They need **a lot** of food to feed everyone.

If your family lets you bring even *one* item to donate, we could all help cover a day of meals for the shelter.

Large Bottles or Cans of <b>Juice</b> . Lots of <b>Juice</b>	<b>Rice &amp; Pasta</b>	Canned <b>Fruits</b> , <b>Cranberry sauce</b> and <b>apple sauce</b>	Canned <b>Veggies</b>
<b>Broth</b> and <b>Pasta Sauce</b> (all kinds)	<b>Rice &amp; Pasta</b>	Dried or Canned <b>Beans</b>	<b>Oatmeal</b>
Boxed Dried <b>Potatoes</b> ,	<b>Pancake Mix and Syrup</b>	<b>PB &amp; Jelly</b>	<b>Crackers</b>
Canned <b>Tomatoes &amp; Ketchup</b>	<b>Canned Meats (tuna, Beef, Chicken)</b>	Spices & Mixes	<b>Dips, Gravy &amp; Sauces</b>
<i>Super Special Items that are expensive:</i>	<i>Diapers</i>	<i>Baby Wipes</i>	<i>Gift Cards</i>

Collection Boxes will be set up at SSCPS Level III (See Savannah Aylward) or Call Heidi Aylward @ (508)-685-3718 to arrange a before or after school donation of items. **Let's be awesome!**

Have unwanted/unplayed instruments?

**LOOKING FOR USED VIOLINS, VIOLAS,  
CELLOS, AND BASSES**



Please donate to  
help school program!!!



Contact High School teacher Kevin Burokas  
Classroom 103  
Phone Extension: 301  
Email: [kburokas@sscps.org](mailto:kburokas@sscps.org)

**Turn Markers**



**Into Energy!**

Dear Parents,

I'm excited to tell you about a very special program we are coordinating at our school in conjunction with Crayola. It's called Crayola ColorCycle – an amazing new program devised to turn used markers into energy!

All around SSCPS the Waste Watchers Project will be collecting used markers that are ready to be discarded. The markers will be sent to a facility where they will be converted into clean fuel. This fuel can be used to power vehicles, heat homes, cook meals and more!

Please help support our efforts by sending your kids in with any used markers you may have around the house – even non-Crayola brands. Drop-off boxes will be located around the school for your child to deposit the markers.

Thank you in advance for participating! With the help of parents like you across the country, the Crayola ColorCycle program can keep tons of plastic out of landfills each year.

Remember, don't throw out that used marker—*ColorCycle it!*

Sincerely,

A handwritten signature in black ink that reads "Bill Tramontana". The signature is written in a cursive style with a long, sweeping underline that extends to the right.

Bill Tramontana

THE AMERICAN CANCER SOCIETY'S  
RELAY FOR LIFE

HELP SUPPORT TEAM ROSE PETAL  
DESIREE PEEPLES (NORA'S POD) HELPS THE TEAM AS PART OF  
HER COMMUNITY SERVICE

THE TEAM IS HAVING A "DOUGH RAISER" AT  
PIZZERIA UNO  
1799 WASHINGTON STREET  
HANOVER-NEXT TO THE HANOVER MALL

THURSDAY, MAY 7<sup>TH</sup>  
OPENING TO CLOSING INCLUDES DINE-IN OR TAKE OUT

UNO'S WILL DONATE 15-20% OF YOUR CHECK TO  
THE AMERICAN CANCER SOCIETY

**\*\*JUST PRESENT THE COUPON TO YOUR SERVER\*\***  
**THANK YOU!!**

Present ticket to server  
One for YOU!

EST. 1943  
**UNO**  
PIZZERIA & GRILL

**EAT, DRINK &  
RAISE MONEY!**

COME SUPPORT A DOUGH RAISER TO BENEFIT  
American Cancer Society's  
Relay for Life  
Team Rose Petal

DATE: Thursday, May 7th  
Anytime from open to close!

UNO® will  
donate up to  
**20%**  
of your check

VALID AT:

EST. 1943  
**UNO**  
PIZZERIA & GRILL  
1799 Washington St., Hanover  
Next to the Hanover Mall

**DINE-IN  
OR  
TAKEOUT!**

Please present this certificate at the time of payment to have up to 20% of your check's value, excluding tax and tip, donated to the organization above. Not to be used with other coupons or discounts. Tickets are not to be distributed in the restaurant or within the perimeter of the parking area. Valid only for the date listed above.

[unodoughraisers.com](http://unodoughraisers.com)

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[unodoughraisers.com](http://unodoughraisers.com)

Present ticket to server  
One for a Friend!



THE SSCPS PARENTS ASSOCIATION presents

# Getting Along with Friends, Frenemies & Everything In-Between!

**A Talk and Q&A Session  
for Parents and Caregivers  
with Katy Shamitz, Social Educator**

**Tuesday, May 19<sup>th</sup>  
7 - 8:30 pm**

**South Shore Charter Public School  
100 Longwater Circle, Norwell**

**Katy Shamitz** is the founder and director of Skills for Living, a social learning community in Norwell. Katy's background as a school counselor in the Norwell Public School has given her a thorough understanding of the challenges, both social and academic, that young people encounter on a daily basis. Katy takes a practical, relational approach to social education, and works with a diverse range of students, including kids on the autism spectrum and neurotypical kids just trying to figure out where they fit in. Katy encourages kids and families to use their personal strengths when working on areas for growth, and believes that some amount of fun is a must in all learning situations.



Drama seems to be happening  
earlier and earlier!  
How can I help my child deal?

When should I jump in  
and when should I back out?

What does "popular"  
even mean anymore?!



**MEAT RAFFLE**

**BAKE SALE**

**FIFTY-FIFTY RAFFLE**

**RECORD ALBUM**

**& WEAR YOUR FAVORITE CONCERT T-SHIRT**

**PARTY**

**FRI. MAY 8, 7PM, ROCKLAND EAGLES HALL (29 PARK ST.)**  
**FUNDRAISER TO BENEFIT ZOE CHILDS, A ROCKLAND RESIDENT**  
**IN THE 9<sup>TH</sup> GRADE WHO HAS BEEN CHOSEN TO GO TO EUROPE**  
**THIS SUMMER ON A MISSION OF COMMUNITY SERVICE.**  
**QUESTIONS? PLEASE CALL LORI: 781.363.3209**





## School Bus Services

Putney Transportation will be providing open enrollment for school bus services from selected areas, to the South Shore Charter Public School. Rates start as low as \$100 a month until May 15<sup>th</sup>, and afterwards regular rates may apply. **Note: Limited seats are available.** Registration will close July 31<sup>st</sup> at 5p.m. Call us at 1(800) 531-1257 or email us at [services@putneytrans.com](mailto:services@putneytrans.com) for more info.



# Holly Hill Farm & Friends

4/27/2015 FOR IMMEDIATE RELEASE:

Contact Info:

*Friends of Holly Hill Farm*

Holly Hill Farm

236 Jerusalem Road, Cohasset, MA 02025

[www.hollyhillfarm.org](http://www.hollyhillfarm.org) 781-383-6565

Holly Hill Farm Media contact: [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## UPCOMING EVENTS & ACTIVITIES

### **Spring Bird Walk with Sally Avery**

**Saturday, May 9 8 - 9:30 am**

Join locally renowned birding expert and enthusiast Sally Avery for “**Spring Birding**” in the woods and trails at Holly Hill Farm. Sally has led numerous tours for Mass Audubon, as well as for the *Friends of Holly Hill Farm*. Sally has a local and statewide following who delight in her expertise and program presentation. Bring good walking shoes and keen ears and eyes as we delight in this lovely rite of spring. Pre-registration is encouraged. Free for members of the *Friends of Holly Hill Farm* and \$5 for non-members. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset. For directions and more information, call 781-383-6565 or visit [www.hollyhillfarm.org](http://www.hollyhillfarm.org).

### **Holly Hill Farm Organic Plant Sale**

**Friday, May 15 4-7 pm FHHF Members-Only**

**Saturday & Sunday, May 16 & 17 10 am – 4 pm**

**Saturday & Sunday, May 23 & 24 10 am – 4 pm**

Our Annual Organic Plant Sale – an event not to be missed! Celebrate the arrival of warm weather by planting a garden this season! Organic vegetables, herbs and flowers available. Our farmers are on-hand to answer questions. Holly Hill Farm. 236 Jerusalem Road, Cohasset [781-383-6565](tel:781-383-6565) [www.hollyhillfarm.org](http://www.hollyhillfarm.org)

### **Farm-to-Table Annual Asparagus Dinner THIS EVENT HAS A NEW DATE (Was May 9<sup>th</sup>)**

**Saturday, May 23 6 – 10 pm**

Our Asparagus Dinner has been moved ahead by two weeks due to local weather conditions. Join us for our annual Asparagus Dinner with Chef Maryann Saporito from Hola! in Marshfield who will take advantage of the early season farm offerings to prepare a five-course prix fixe menu. \$125 per person for *Friends of Holly Hill Farm* Members, \$150 per person non-members. Wine and beer pairings are included. Evening includes a tour of the asparagus field to understand how this perennial crop is organically grown and harvested. Proceeds will support educational programs at the Farm and at local schools. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565) [www.hollyhillfarm.org](http://www.hollyhillfarm.org)

### **Wellness Retreat at the Farm**

**Saturday, May 30 8:30am – 4:00 pm**

Mark your calendars and plan to join Linda Storm and Darlene Bradlee for a day of Wellness. Highlights include a nature hike followed by freshly prepared smoothies, yoga workshop for spring detoxification, organic vegetarian lunch, afternoon meditation & restorative yoga and a hands-on creative “Soul Map” art collage. Full day, morning half day or afternoon half day options. Holly Hill Farm. 236 Jerusalem Road, Cohasset. Questions and registration call [781-383-6565](tel:781-383-6565) [www.hollyhillfarm.org](http://www.hollyhillfarm.org)

### **Summer Programs at Holly Hill Farm: Dig, Grow, Harvest June 8 – August 28**

Come to Holly Hill Farm for a Summer Program! There is much to discover, taste and enjoy at Holly Hill and our farm teachers aim to create a memorable experience for all. With 12-weeks of programming designed for kids ages 3 – teens, options abound. Visit our website for all of the details. Don't delay – many of our programs fill quickly. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565) [www.hollyhillfarm.org](http://www.hollyhillfarm.org)

## **Movies and Munchies at the Farm**

**Alternate Wednesdays beginning June 17 – August 12 6 pm**

June 17<sup>th</sup> feature will be **Queen of the Sun: What Are the Bees Telling Us?** ([queenofthesun.com](http://queenofthesun.com)) **Jenny DeFreitas owner & beekeeper of Jenny D's Bees**, ([cohassetfarmersmarket.com/?page\\_id=1696](http://cohassetfarmersmarket.com/?page_id=1696)) a beekeeper for 4 years, maintaining 20 hives will present an educational program prior to the movie, complete with honey tasting!

Movies are free of charge and munchies are available for a fee.

Join us for our Summer Films & Food series! Held outdoors, thought provoking films will be shown on the back of the Tomato Barn. Munchies baked in our masonry oven will be available for a fee. Proceeds and donations will benefit the Masonry Oven Fund. Holly Hill Farm. 236 Jerusalem Road, Cohasset [781-383-6565](tel:781-383-6565)

[www.hollyhillfarm.org](http://www.hollyhillfarm.org)

## **Farm-to-Table Dinner**

**Saturday, June 20**

Mark your calendar and join us for our Farm-to-Table Dinner with Chef Sam Cabral Curtis from The Corner Stop Eatery in Hingham. Details to follow. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565)

[www.hollyhillfarm.org](http://www.hollyhillfarm.org)

## **2<sup>nd</sup> Annual Sustainable Garden Tour**

**Saturday, June 27 10 am – 3 pm**

Mark your calendars! Last year's Sustainable Garden Tour was so popular, we've made it an annual event. Local gardeners from around the South Shore will open their gardens to our guests. The Tour will focus on sustainable, naturally/organically maintained gardens. See up close how gardeners keep backyard chickens, care for beehives and utilize composting systems that feed their soil. Private homes, educational gardens at Holly Hill Farm, a Food Pantry garden and a school garden are featured. Come and gather creative ideas for your own garden. Tickets are \$25 prior to June 27 and \$30 the day of the tour. Tickets available soon. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565) [www.hollyhillfarm.org](http://www.hollyhillfarm.org)

## **Masonry Oven-to-Table Dinner**

**Saturday, July 11**

We're putting our own twist on the Farm-to-Table Dinner! Join local Food Historian, Author (Cooking with Fire) and fire-builder Paula Marcoux for an evening of fun, food and conversation. Always entertaining and educational, Paula will prepare dinner in our wood-fired masonry oven. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565) [www.hollyhillfarm.org](http://www.hollyhillfarm.org)

## **Farm Pantry: A Community Service Program for Teens ages 15 - 18**

**Ongoing opportunities through November**

**Free – Family Membership suggested**

This rewarding program for teens is fast becoming one of our most popular! Students explore organic growing methods as they help to sow, grow, harvest and deliver fresh produce for local food pantries in Cohasset and Hull, as well as, Father Bill's Place, a community shelter in Quincy. Early in the season, tasks help ensure the successful growth of crops. Later in the growing season the focus shifts to harvesting crops. Students are welcome to attend one, two or all twelve sessions! Participants will exit the program with documented hours of community service (a graduation requirement for some local students), a letter of recommendation and a sense of meaningful accomplishment in helping to make fresh, local produce available to clients at food pantries. Interested students are required to complete an application and write a letter of interest in order to participate. Forms are available on our website. Questions? Contact Education Director Jon Belber at [781-383-6565](tel:781-383-6565) or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com) Holly Hill Farm. 236 Jerusalem Road, Cohasset. [www.hollyhillfarm.org](http://www.hollyhillfarm.org)



South Shore  
THERAPIES

## South Shore Therapies Presents A Three Part Proactive Parenting Series

Facilitated by: Lynne Reeves Griffin RN, MEd

Author of Negotiation Generation: Take Back Your Parental Authority Without Punishment

**May 12, 19, & 26, 2015**  
**Tuesday Evenings 7 -8:30 PM**

**South Shore Therapies**  
**163 Libbey Parkway**  
**Weymouth, MA 02189**

**\*\*Fee \$90.00 per person\*\***

For parents of children all ages with emphasis on those with special learning and/or health needs.

Lynne Reeves Griffin is a child development and behavior management expert whose Proactive Parenting programs are nationally recognized. In this three part series, she'll help you reclaim your position of authority with a practical approach to raising your children. Clear boundaries, like good fences, help children understand what behavior is and isn't acceptable. You'll reduce conflict with your children-and forge a stronger, more loving bond because of it.

This program will show you how to:

- Influence your children's behavior-without controlling it
- Predict and prevent challenging behavior
- Let go of time-outs, groundings, spankings, and other punishments
- Teach by example-showing and telling your children how you expect them to behave

With true stories from more than twenty years of parent counseling, Lynne will cover the typical struggles parents face in raising today's children-and tell you how to step out of the negotiation generation and step back into control.

**\*Pre-Registration Required\***

**LIMITED NUMBER OF PARTICIPANTS SO REGISTER EARLY**

**CALL TODAY 781-545-6585**



Dear Parent/Guardian:

Children need healthy meals to learn. **South Shore Charter Public School** offers healthy meals every school day. Breakfast costs **\$1.75**; lunch costs **\$3.25**. Your children may qualify for free meals or for reduced price meals. Reduced price is **\$0.30** for breakfast and **\$0.40** for lunch.

1. *Do I need to fill out an application for each child?* No. **Complete only one Free and Reduced Price School Meals Application for all students in your household.** We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: **Charlene Evans, Food Services Coordinator, 781-982-4202.**
2. *Who can get free meals?* All children in households receiving benefits from MA SNAP, MA TAFDC or the Food Distribution Program on Indian Reservations, can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.



If you have received a NOTICE OF DIRECT CERTIFICATION for free meals, do not complete the application. But do let the school know if any children in your household are not listed on the Notice of Direct Certification letter you received.

3. CAN FOSTER CHILDREN GET FREE MEALS? Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals.
4. *Can homeless, runaway, and migrant children get free meals?* Yes, children who meet the definition of homeless, runaway, or migrant are eligible for free meals. If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail **Angie Pepin, 7-12 Principal, 781-982-4202 or [aepin@sscps.org](mailto:aepin@sscps.org).**
5. WHO CAN GET REDUCED PRICE MEALS? Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart, shown on this application.
6. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. Call the school at **781-982-4202** if you have questions.
7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
8. I GET WIC. CAN MY CHILD(REN) GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
9. *Will the information I give be checked?* Yes and we may also ask you to send written proof.
10. *If I don't qualify now, may I apply later?* Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.

11. *What if I disagree with the school's decision about my application?* You should talk to school officials. You also may ask for a hearing by calling or writing to: **Alicia Savage at 781-982-4202 or email [asavage@sscps.org](mailto:asavage@sscps.org) or by mail to 100 Longwater Circle, Norwell, MA 02061.**
12. *May I apply if someone in my household is not a U.S. citizen?* Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.
13. *Who should I include as members of my household?* You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
14. *What if my income is not always the same?* List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
15. *We are in the military. do we include our housing allowance as income?* If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
16. *My spouse is deployed to a combat zone. is her combat pay counted as income?* No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.
17. *My family needs more help. Are there other programs we might apply for?* To find out how to apply for MA SNAP or other assistance benefits, contact your local assistance office or call the MA SNAP Hotline **1-866-950-3663**

If you have other questions or need help, call **781-982-4202x106**  
Si necesita ayuda, por favor llame al teléfono: **781-982-4202x106**  
Si vous voudriez d'aide, contactez nous au numero: **781-982-4202x106**

Sincerely,  
**Kristine Bingham**  
**Director of Finance**

“The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity employer.



# SHARING INFORMATION WITH MEDICAID/SCHIP

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Dear Parent/Guardian:

If your children get free or reduced price school meals, they may also be able to get free or low-cost health insurance through Medicaid or the State Children's Health Insurance Program (SCHIP). Children with health insurance are more likely to get regular health care and are less likely to miss school because of sickness.

Because health insurance is so important to children's well-being, *the law allows us to tell Medicaid and SCHIP that your children are eligible for free or reduced price meals, **unless you tell us not to.*** Medicaid and SCHIP only use the information to identify children who may be eligible for their programs. Program officials may contact you to offer to enroll your children. Filling out the Free and Reduced Price School Meals Application does not automatically enroll your children in health insurance.

If you do not want us to share your information with Medicaid or SCHIP, fill out the form below and send in (Sending in this form will not change whether your children get free or reduced price meals).

---

**No! I DO NOT** want information from my Free and Reduced Price School Meals Application shared with Medicaid or the State Children's Health Insurance Program.

If you checked no, fill out the form below to ensure that your information is NOT shared for the child(ren) listed below:

Child's Name \_\_\_\_\_ School: \_\_\_\_\_

Child's Name \_\_\_\_\_ School: \_\_\_\_\_

Child's Name \_\_\_\_\_ School: \_\_\_\_\_

Child's Name \_\_\_\_\_ School: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Address: \_\_\_\_\_

For more information, you may call **Kristine Bingham** at 781-982-4202x106 or e-mail at [kbingham@sscps.org](mailto:kbingham@sscps.org)

Return this form to: **SSCPS, 100 Longwater Circle, Norwell, MA 02061.**

# SHARING INFORMATION WITH OTHER PROGRAMS

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Dear Parent/Guardian:

To save you time and effort, the information you gave on your Free and Reduced Price School Meals Application may be shared with other programs for which your children may qualify. For the following programs, we must have your permission to share your information. Sending in this form will not change whether your children get free or reduced price meals.

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- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **Title I Program**.
- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **SSYMCA Afterschool Childcare Program**.
- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **SSCPS Athletic & Enrichment Programs**.

If you checked yes to any or all of the boxes above, fill out the form below to ensure that your information is shared for the child(ren) listed below. **Your information will be shared only with the programs you checked.**

Child's Name \_\_\_\_\_ School: \_\_\_\_\_

Child's Name \_\_\_\_\_ School: \_\_\_\_\_

Child's Name \_\_\_\_\_ School: \_\_\_\_\_

Child's Name \_\_\_\_\_ School: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Address: \_\_\_\_\_

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For more information, you may call **Kristine Bingham** at **781-982-4202x106** or e-mail [kbingham@sscps.org](mailto:kbingham@sscps.org)

Return this form to: **Kristine Bingham** at **SSCPS, 100 Longwater Circle, Norwell, MA 02061.**



If your child is eligible for free or reduced school meals, your child may also be eligible for **free or low cost health insurance** through MassHealth.

**To learn more call: 1-800-841-2900**

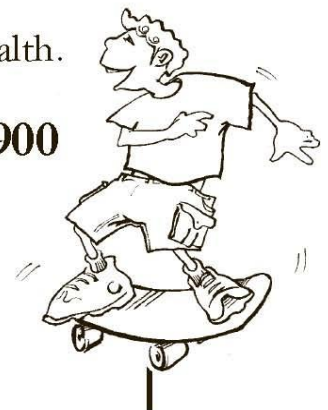
**MassHealth**



Si su niño es eligible para almuerzo gratis o reducido, su niño pueda ser eligible para **seguro de salud gratis o de bajo costo** por medio de MassHealth.

**Para saber mas, llame al: 1-800-841-2900**

*covering  
kids*





# MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION

SCHOOL YEAR 2014-2015

If you have received a NOTICE OF DIRECT CERTIFICATION from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

**PART 1. ALL HOUSEHOLD MEMBERS** List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A FOSTER CHILD (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	CHECK IF NO INCOME
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>

**PART 2. BENEFITS- MA SNAP OR MA TAFDC**

IF **ANY** MEMBER OF YOUR HOUSEHOLD RECEIVES **MA SNAP** or **MA TAFDC** benefits, PROVIDE THE AGENCY IDENTIFICATION NUMBER\* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER.

AGENCY ID: \_\_\_\_\_ \* Do not provide EBT card number.

**PART 3. HOMELESS, MIGRANT, RUNAWAY**

IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL **Angie Pepin, 781-982-4202x102**

HOMELESS  RUNAWAY  MIGRANT

**PART 4. TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS).** List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

1. NAME (LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	2. GROSS INCOME AND HOW OFTEN IT WAS RECEIVED															
	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
(Example) Jane Smith	\$200	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$150	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
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	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$

**PART 5. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN)**

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign here: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

Last four digits of Social Security Number \*\*\* - \* \* - \_\_\_\_  Check here if you do not have a Social Security Number

**PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)**

Choose one ethnicity: \_\_\_\_\_ Choose one or more (regardless of ethnicity): \_\_\_\_\_

<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Asian	<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Black or African American
<input type="checkbox"/> Not Hispanic/Latino	<input type="checkbox"/> White	<input type="checkbox"/> Native Hawaiian or other Pacific Islander	

**DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.**

**Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12**

**Only annualize income if there are multiple pay frequencies**

Total Income: \_\_\_\_\_ Per:  Week,  Every 2 Weeks,  Twice A Month,  Month,  Year Household size: \_\_\_\_\_

Dual Eligibility: Foster child(ren) – Free \_\_\_\_\_ Non-foster child(ren) – Free \_\_\_\_\_ Reduced \_\_\_\_\_ Denied \_\_\_\_\_

Categorical Eligibility: \_\_\_\_\_ Date Withdrawn: \_\_\_\_\_ Eligibility: Free \_\_\_\_\_ Reduced \_\_\_\_\_ Denied \_\_\_\_\_ Reason: \_\_\_\_\_

Check if this is an **error prone application** – utilize for verification standard sample size – see eligibility manual for instructions.

Determining Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Confirming Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Verifying Official's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Household size	Yearly	Monthly	Weekly
1	\$21,590	\$1,800	\$416
2	\$29,101	\$2,426	\$560
3	\$36,612	\$3,051	\$705
4	\$44,123	\$3,677	\$849
5	\$51,634	\$4,303	\$993
6	\$59,145	\$4,929	\$1,138
7	\$66,656	\$5,555	\$1,282
8	\$74,167	\$6,181	\$1,427
Each additional person:	+7,511	+626	+145

**Use of Information Statement: This explains how we will use the information you give us.**

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

**Non-discrimination Statement:** This explains what to do if you believe you have been treated unfairly. “The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual’s income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)”

If you wish to file a Civil Rights program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity employer.

# Breakfast Order Form

## Breakfast for the Month of May, 2015

Due to the office by 3:00 pm, \***Tuesday**, April 28, 2015

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day breakfast will be ordered.*

Week of 5/4 – 5/8     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 5/11 – 5/15     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 5/18 – 5/22     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 5/25 – 5/29     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Breakfasts ordered \_\_\_\_\_ X \$1.75

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed** \$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

**Lunch Order Form**  
**Lunch for the Month of May, 2015**  
Due to the office by 3:00 pm, \***Tuesday**, April 28, 2015

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day lunch will be ordered.*

Week of 5/4 – 5/8     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 5/11 – 5/15     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 5/18 – 5/22     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 5/25 – 5/29     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Lunches ordered \_\_\_\_\_ X \$3.25

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed** \$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.



**South Shore Charter School**  
**MAY, 2015**

**BREAKFAST**

<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>	
4	Cereal & Grahams Fruit Juice Milk	5	WW Croissant w/Jelly Fruit Juice Milk	6	Cereal & Grahams Fruit Juice Milk	7	3.6 oz. WW Muffin Fruit Juice Milk	8	Honey Wheat Bagel w/Jelly Fruit Juice Milk
11	Cereal & Grahams Fruit Juice Milk	12	WW Cinnamon Roll Fruit Juice Milk	13	3.6 oz. WW Muffin Fruit Juice Milk	14	WW Croissant w/Jelly Fruit Juice Milk	15	3.6 oz. WW Muffin Fruit Juice Milk
18	Cereal & Grahams Fruit Juice Milk	19	3.6 oz. WW Muffin Fruit Juice Milk	20	Cereal & Grahams Fruit Juice Milk	21	WW Cinnamon Roll Fruit Juice Milk	22	3.6 oz. WW Muffin Fruit Juice Milk
25	<b>MEMORIAL DAY</b>	26	Cereal & Grahams Fruit Juice Milk	27	3.6 oz. WW Muffin Fruit Juice Milk	28	WW Croissant w/Jelly Fruit Juice Milk	29	3.6 oz. WW Muffin Fruit Juice Milk

\* All Meals include Choice of 1% or Skim Milk.

\* Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**





**South Shore Charter School K-8**  
**MAY, 2015**

**LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
4 Sweet & Sour Chicken Brown Rice Broccoli Orange Milk	5 Chicken Tenders Sweet Potato Fries Whole Wheat Roll Fruit Milk	6 American Chop Suey Green Beans Honey Wheat Dinner Roll Apple Milk	7 Tortilla Chicken Southwestern Beans Peaches Milk	8 Bagel Pizza Corn Banana Milk
11 Chicken & Salsa Brown Rice Southwestern Beans Apple Milk	12 Cheeseburger Mac Carrots Whole Wheat Roll Banana Milk	13 Turkey and Gravy Corn WG Cinnamon Roll Orange Milk	14 Chicken Parmesan Ziti Broccoli Peaches Milk	15 Chicken WW Quesadilla Green Beans Orange Milk
18 Beef Hot Dog on WW Roll Ketchup Baked Beans Apple Milk	19 BBQ Chicken on Bun Potato Wedges Ketchup Tangerine Milk	20 Herbed Baked Chicken Sweet Potato Fries Whole Wheat Roll Pears Milk	21 Macaroni & Cheese Broccoli Apple Milk	22 Chicken Caesar Salad WW Wrap Cucumber Pears Milk
25 <b>MEMORIAL DAY</b>	26 Hamburger on WW Bun Ketchup Baked Beans Apple Milk	27 Pancakes & Syrup Sausage Patty Potato Wedges Baked Apple Slices Milk	28 Cheeseburger WW Wrap Baby Carrots Pears Milk	29 Cheese Pizza Broccoli Green Beans Milk

\* All Meals include Choice of 1% or Skim Milk.

\* Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**



*Essence of Thyme and Cravings*

**South Shore Charter School 9-12**

**MAY, 2015**

**LUNCH**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
4 Sweet & Sour Chicken Brown Rice Broccoli Orange Apple Juice Milk	5 Boneless Chicken Wings Sweet Potato Fries w/Ketchup Whole Wheat Roll Pears Milk	6 American Chop Suey Green Beans Honey Wheat Dinner Roll Apple Pears Milk	7 Tortilla Chicken Southwestern Beans Peaches Milk	8 Bagel Pizza Corn Banana Apple Juice Milk
11 Chicken & Salsa Brown Rice Southwestern Beans Pineapple Chunks Apple Milk	12 Cheeseburger Mac Carrots Whole Wheat Roll Banana Peaches Milk	13 Turkey and Gravy Corn WG Cinnamon Roll Orange Apple Juice Milk	14 Chicken Parmesan Ziti Broccoli Peaches Milk	15 Chicken WW Quesadilla Peas Orange Apple Juice Milk
18 Beef Hot Dog on WW Roll Ketchup Baked Beans Apple Peaches Milk	19 BBQ Chicken on WW Bun Potato Wedges w/Ketchup Tangerine Raisins Milk	20 Herbed Baked Chicken Sweet Potato Fries Honey Wheat Dinner Roll Pears Apple Juice Milk	21 Macaroni & Cheese Broccoli Apple Orange Juice Milk	22 Chicken Caesar Salad WW Wrap Cucumber Pears Milk
25 <b>MEMORIAL DAY</b>	26 Hamburger on WW Bun Ketchup Baked Beans Baked Apple Slices Milk	27 Pancakes & Syrup Sausage Patty Potato Wedges Raisins Milk	28 Cheeseburger WW Wrap Baby Carrots Pears Craisins Milk	29 Cheese Pizza Broccoli Green Beans Banana Orange Juice Milk

\* All Meals include Choice of 1% or Skim Milk.

\* Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**