



FROM THE 7-12 PRINCIPAL

In our mission to inspire students to excel in academics, service and life we inevitably have to deal with testing. While testing is not glamorous, it is an important aspect of our work with students. In two weeks our ninth, tenth, and eleventh grade students will take the PSAT exam. This exam is excellent practice for the SAT, the exam most students take prior to college entrance. The PSAT is in a similar format to the SAT and assesses the same reading, math, and writing skills. Students who take the PSAT score on average 189 points higher on the SAT than students who do not. In reporting test results, The College Board provides students with feedback on strengths, data on weaknesses, and targeted advice for improvement. An interactive score report with tools to help students explore majors and careers is available online to test takers. These tools can help students begin to compile a starter list of colleges and the PSAT opens the door to that conversation.

Last year was the first year we extended PSAT testing into the ninth grade. We found the additional data helpful. Early PSAT testing provides students with more time to work on identified weaknesses and for their teachers to target problem areas. As a school we devote professional development time to analyzing PSAT data to identify gaps, make improvements to our curriculum, and to help us help students acquire the skills that they need to be successful both on the exam and at the college level.

Students in grades nine and ten take the PSAT strictly as practice. In the eleventh grade students may be eligible for recognition within the National Merit Scholarship program as a result of their scores. I would like to congratulate two of our high school Seniors for their nationally recognized performance on this exam. The National Merit Scholarship Corporation named **Jacob Gray** a National Merit Commended Student. Commended Students placed among the top five percent of more than 1.5 million students who took the PSAT in the fall of 2013. The National Achievement Scholarship Program named **Dolores Jackson** an Outstanding Participant, an honor that signifies her scoring in the top three percent of black American students who took the PSAT. These honors are exciting both for these students and our school and represent significant achievements. Excellent work!

In other testing news, I am proud to announce the fifteen students from SSCPS who were awarded John and Abigail Adams scholarships:

Miranda Belizaire
Neil Feeney
Jacob Gray
Liam Hartz
Kade Hasenfus

Devon Hearn
Dolores Jackson
Johnnie Jackson
Tyler Johnston
Abigail Kayiales McDonough

Kevin McGuiness
Maryellen Stohlman van der Veen
Megan Whitman
Ian Wright
Matthew Young

The scholarship provides a tuition waiver for up to eight semesters of undergraduate coursework at a Massachusetts state college or university. While fees do make up much more of the final bill than tuition does, the scholarship is a significant one. High School Seniors become eligible for the scholarship when they score at the Advanced and Proficient levels on grade 10 MCAS tests in English Language Arts and Mathematics. A student must earn a score of Advanced on the ELA or Mathematics test and a score of Proficient or higher on the second test. Students must also have combined scores from the MCAS ELA and Mathematics tests that place them in the top 25% of students in their graduating class at SSCPS or in their sending district. Starting next year, high school Science scores will also be factored in. Thirty-six percent of our Senior class earned these scholarships this year! Congratulations!

The recognition of the achievement of our students at the state and national level is exciting, and a happy side effect of the testing that we must administer over the course of the year. Please do not hesitate to contact me with any questions about these exams or other concerns.

Angie Pepin – aepin@sscps.org

Wednesday	10/01	Library Committee Work Night	4:00-7:00pm
Friday	10/03	National Honor Society to Pine Street Inn	
Tuesday	10/07	Parents Association Meeting	7:00pm
Wednesday	10/08	Parent/Teacher Conferences for Grades 7-12 Contact Dee Delaney at ddelaney@sscps.org or 781-982-4202 ext. 159 to schedule an appointment	5:00-7:00pm

ANNOUNCEMENTS

News from the Library Committee

The Library Committee is holding a **Work Night** on **Wednesday October 1 from 4-7pm** to continue the scanning of our materials to support the new automatized checkout system. Parent volunteers are welcome to attend for as little or as long as you are able. Please email Bev Bruce at bbruce@sscps.org if you would like to volunteer. "More hands make the work light" is our motto!

Announcing the Level IV Book Club

Would you read more if you knew about books that might be interesting to you? Do you like to read? Do you want some time during the school week to read books of your own choosing? Would you like to gather with other students to discuss your favorite books? The Level IV Book Club is open to any 7th or 8th grade student. There is no fee to participate. Book Club will meet on Tuesdays during lunch in Jenna's room (on Level III). Direct any questions to Jody Regan at x362 or by e-mail jregan@sscps.org.

2015 Yearbook

The 2015 yearbook is now in progress and all the memories of the 2014-2015 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar.

Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50.

FROM THE ATHLETIC DIRECTOR

Strong Week on the field for High School Soccer

In the past week both Boys and Girls soccer teams have recorded victories. On Sunday, the girls took down MATCH Charter school by a score of 2-0. The offense was led by Daley Tilden and Christine Nwafor, who scored her second goal of the year. The defense was led by another tremendous effort in goal by keeper Ila White. The girls continued their undefeated week with a tie of 2-2 against KIPP Academy on Tuesday afternoon. Goals were scored by Samantha Paul and Molly Sullivan, with the defense playing another stellar match.

The boys recorded their first victory on Monday against City on a Hill Charter School with a final score of 4-2. The offense was led by Paul Sullivan (1 goal, 1 assist), Kenny Dera (2 goals), and Tevin Francois (1 goal). The defense played very well. The defense was led by a strong performance in net by Jerome Sullivan and great hustle from Ian Wright. The boys and girls look to make this week an undefeated one as they face off against Boston Preparatory in Hyde Park on Thursday night.

Upcoming Dates

10/2 Middle School Soccer vs. KIPP Boston (season debut) 4:30 Hanover YMCA

10/2 High School Soccer @ Boston Prep., Hyde Park

10/2 Cross Country Meet at Breakheart Reservation, Saugus, MA

10/3 Girls Volleyball Double Header @ Foxborough

10/6 High School Soccer vs. Academy of the Pacific Rim, Forge Pond Park, Hanover

10/7 High School Soccer vs. MATCH, Forge Pond Park, Hanover

Follow team results and player stats on www.Maxpreps.com and search for South Shore Charter Public.

Level III Intramural Soccer

Students in fifth or sixth grade who would like to work on their soccer skills afterschool on the SSCPS campus may participate in this Intramural program on the following dates: 10/3, 10/8, 10/17, 10/22, and 10/29 from 3:30-4:45pm. For any additional information, contact Alvin Nguyen at anguyen@sscps.org.

WHAT'S HAPPENING IN WORKSHOPS AND PROJECTS?



High School Technology Workshop

The Technology Workshop's OutReach Team is asking all families to donate any unused computers. All computers donated will be refurbished and then distributed to homeless shelters along with other charitable organizations. We appreciate any kind of computers. We specifically ask that you donate LCD monitors (please no CRTs), keyboards, mice, and desktops. We thank you in advance for donations.

FROM THE PARENTS ASSOCIATION CHAIR

The PA is still looking for parents to serve on the School Council. We have a parent from Level I, but would like to be representative of the entire school community. School Council meets on the second Thursday of every month at 3:30PM. Interested parents should contact the PA Chair at steve.hillson@gmail.com.

The School is in the process of renewing its Charter this year, and one task in the process is to conduct independent interviews of teachers, staff, students, and parents. Any parents who are interested in being interviewed should contact the PA Chair at steve.hillson@gmail.com.

The next Parents Association meeting will be held on Tuesday October 7, 2014, at 7:00PM. Social time starts at 6:30PM. This month's Impact Speaker will be Matt Tondorf, who will speak about the school's Learning Services, and also provide some information about the school's selection as a Model Inclusion School.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG



Harvest Run

5K ROAD RACE - FITNESS WALK

Saturday, October 18, 2014

Wompatuck State Park
Hingham, MA

Would you like your company logo on this year's Harvest Run event t-shirt? Sponsorship options are still available!

For more information visit www.sscps.org or contact Denise Demaggio at ddemaggio@sscps.org or #617-653-8246

Race Schedule:

9:00 - 10:45: Registration and t-shirt pick-up

11:00: The Harvest Run begins!

Refreshments provided after the race

Individual registration opening soon

Family discount is available for SSCPS students, staff, and their immediate families. Sign up at the back to school picnic!

All funds raised will be used to develop outdoor spaces for health and recreation at the South Shore Charter Public School.

EST. 1943

UNO
PIZZERIA & GRILL

EAT, DRINK & RAISE MONEY!

**Come support a DOUGH RAISER to benefit
South Shore Charter Public School**

**UNO® WILL DONATE UP TO 20% OF
YOUR CHECK TO THIS FUND**



Date:

Wednesday, October 15th

**DINE-IN
or
TAKEOUT!**

Location:

UNO

**1799 Washington St., Hanover 250 Granite St., Braintree
Next to the Hanover Mall OR Next to the South Shore Plaza**

Please present this ticket at the time of payment to have up to 20% of your check's value, excluding tax & tip, donated to the organization above. Not to be used with other coupons or discounts. Tickets are not to be distributed in the restaurant or within the perimeter of the parking area. Valid only for the date listed above.

unodoughraisers.com

Photo: Bill Caputo/©2011 UNO

Present this to your server

South Shore Charter Public School



Dear SSCPS Families,

It's been a great pleasure being a part of such a wonderful school. The staff has been very kind and helpful in every way imaginable. The students have been cooperative and receiving of the lessons that I've taught. This letter is in regards to forming an SSCPS Before School Chorus comprised of students from Level 3-4 on **Tuesdays** from 7:20am-8:10am.

Learning to sing sophisticated music in a group setting is a great way for students to grow to express his or herself in a new way; musically. These vocal musicians will be singing in a choral setting. Knowing that they each have a specific part to play in making the music come together as a whole, and hearing how the personal voice adds to the group will feed their desire to learn and be a part of a group even more.

If you are interested in participating in the chorus program, please fill out the application on the back and bring it to the front desk as soon as possible. If you have any questions, feel free to contact me.

Sincerely,

Theron Leonard
Music Teacher
South Shore Charter Public School
tleonard@sscps.org
781.982.4202 x318



South Shore Charter Public School Chorus

Student's Name: _____

Address: _____

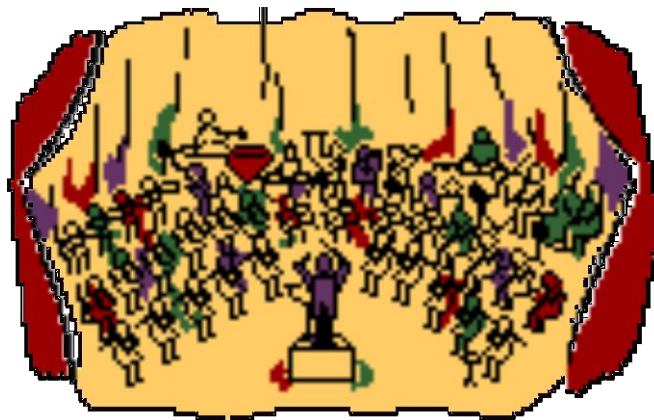
City, Zip: _____

Parent / Guardian's Name: _____

Contact Email Address: _____

Main Telephone Number: _____

Grade: _____



Please return this form to the front desk as soon as possible.

South Shore Charter Public School



Dear SSCPS Families,

It's been a great pleasure being a part of such a wonderful School. The staff has been very kind and helpful in every way imaginable. The students have been cooperative and receiving of the lessons that I've taught. This letter is in regards to forming an SSCPS Before School Band Program on **Mondays** and **Thursdays** from 7:15-8:10.

Learning to play an instrument is a great way for students to grow to express his or herself in a new way; musically. These potential instrumental musicians will be playing in a band setting. Knowing that they each have a specific part to play in making the music come together as a whole, will feed their desire to learn to play even more.

There is a cost for renting an instrument, but not for participating in the program. There is a monthly **Rental-to-Own fee** for the instruments which is \$29.35 for Flutes, Clarinet, Trumpet, and Trombone; and \$45.17 for the Saxophone. The payments go toward the owning of the instrument. Soon, your child will **OWN** their **First Instrument!** The instruments will be from the company, Music and Arts.

If you are interested in participating in the afterschool band program, please fill out the application on the back and bring it to the front desk as soon as possible. If you have any questions, feel free to contact me.

Sincerely,

Theron Leonard
Music Teacher
South Shore Charter Public School
tleonard@sscps.org
781.982.4202 x318



South Shore Charter Public School Afterschool Band

Student's Name: _____

Address: _____

City, Zip: _____

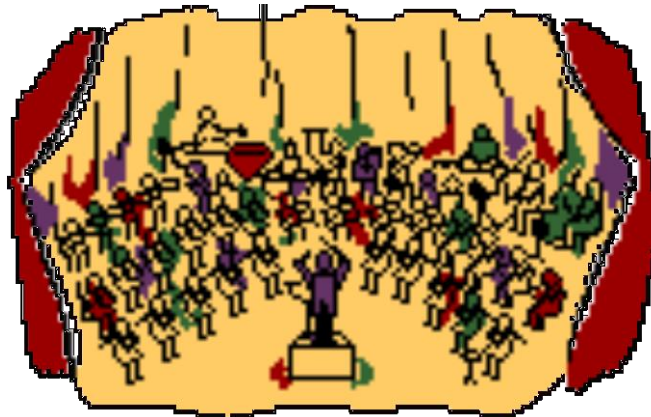
Parent / Guardian's Name: _____

Contact Email Address: _____

Main Telephone Number: _____

Level/Grade: _____

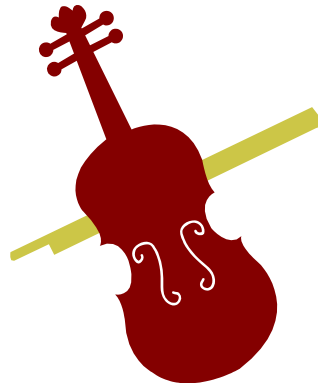
Band Instrument of Choice: _____



Please return this form to the front desk as soon as possible.

Come Play Strings!

Violin, Viola, and Cello Lessons



Lessons available right here at South Shore Charter Public School with
Kevin Burokas from the Quincy Symphony

1/2 hour, 45 minute, or 1 hour timeslots before or after school

Contact Kevin Burokas in high school classroom 103 or via email at:
kburkas@sscps.org for more info!

***Come and learn about the most beautiful and dynamic instruments
in the orchestra!***



Harvest Run

5K ROAD RACE - FITNESS WALK

Saturday, October 18, 2014

Wompatuck State Park
Hingham, MA

SSCPS FAMILY REGISTRATION

Family Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone#: _____

E-Mail: _____

For office use only
Cash/Check # \$ Date Received

Waiver Must Be Read and Understood:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School and the town of Hingham, MA, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature: _____ Date: _____

Individual Names	Runner/Walker Up to 2 runners, unlimited walkers *\$3.50 each additional runner	Age on Race Day Gender M/F	Shirt Size *2 shirts included, \$7.00 each additional *Guaranteed to those who register by September 24th*
1.			
2.			
3.			
4.			
5.			

Pre-Race Number and T-Shirt Pick-Up:

Friday, October 17, 2014 2:00—6:30
Marathon Sports
134 Washington Street, Norwell, MA

Race Schedule:

9:00 - 10:45: Registration and t-shirt pick-up
11:00: The Harvest Run begins!
Refreshments provided after the race

SSCPS Family Registration \$40/family

Fee includes:
2 t-shirts (\$7.00 per additional t-shirt)
2 runners (\$3.50 per additional runner)
unlimited walkers

SSCPS Student Registration
\$15.00/individual student/faculty

All funds raised will be used to develop outdoor spaces for health and recreation at the South Shore Charter Public School.

COMMUNITY SERVICE

Ideas for students of all ages!

Family Activities

Community service is a great thing to do with the whole family! Here are some ideas to do together:

- plant a tree
- pick up litter at your favorite park or hike
- visit elderly neighbors

For The Younger Bunch

The lower level requirements are by the act rather than the hour.

- donate used toys
- help someone without being asked
- read to kindergarteners

Help Our School

Our school relies on fundraising and volunteering. Upcoming events include the Harvest Run 5K in the fall, The Annual Auction, and more!

Local Service Opportunities

SSYMCA

The Quincy YMCA is offering volunteer opportunities for youth ages 7 to 14 years old. For more info please contact Courtney at cgray@ssymca.org

Quincy Branch YMCA
79 Coddington Street
Quincy, MA 02169
(617) 479-8500 X4714

Soule Homestead Education Center Junior Volunteer Program

AGES 10-15

As a Jr. Volunteer you can:

- Learn how to care for the farm animals
- Prepare and decorate for special events
- Provide assistance in gardens, fields, wetlands
- Help maintain walking trails
- Engage in prep work for children's programs

For more information about JV's contact the Children's Educator in Middleborough, Laurie at 508.947.6744 or email at educator@soulehomedstead.org

If you have leads for community service opportunities you'd like to share please email me the details at adrienne.mcdougall@yahoo.com.

Holly Hill Farm & Friends

9/30/2014 FOR IMMEDIATE RELEASE:

Contact Info:

Friends of Holly Hill Farm

Holly Hill Farm

236 Jerusalem Road, Cohasset, MA 02025

www.hollyhillfarm.org 781-383-6565

FHHF contact: jbiberhollyhill@hotmail.com

UPCOMING EVENTS & ACTIVITIES

October 3, October 6 & 7 & 10/10 ANOTHER DATE ADDED!! Photos on the Farm

Secure your spot today! Local photographer Annemarie DeSmet of Mimi & Co. Photography is offering limited edition sessions at Holly Hill Farm. Fabulous for holiday gifts – these charming photos of your preschoolers and little ones will be treasured for generations. Session includes a FHHF family membership and a portion of all proceeds support the Farm's educational programs. Contact Annemarie@mimiandcophoto.com 425-829-2094 for reservations and details. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

October 4 7th Annual Discover the Woods Run 10 AM

Registration before October 1: \$30 adults / \$15 kids 12 & younger After October 1: \$35 adults / \$20 kids
Our annual Discover the Woods Run is now part of the South Shore Trail Series. The course winds through the woods that surround the Farm's 3 acres of organically grown vegetables, flowers, and herbs, past open meadows, grassy field edges, a brook, and a pond. Trail conditions are a combination of grass, woodland paths, wooden bridges and mud! 5K trail run begins at 10; 1 mile fun run/walk begins at 11. Post run lunch at The Corner Stop Eatery. Register at www.hollyhillfarm.org or <http://www.southshoretrailseries.org/>. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

Beginning October 7 Caring for our Animals 4-5 pm

6 weeks on Tuesday afternoon \$60 Members of Friends of Holly Hill Farm / \$72 Non-members

"Caring for our Animals" is a chance for children ages 7-12 to visit and learn about the animals living in the barnyard; collect eggs, bring food, water and care as we tuck the animals in for the night. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

Beginning October 9 Outdoor Adventurers 4-5 pm

6 weeks on Thursday afternoon \$60 Members of Friends of Holly Hill Farm / \$72 Non-members

Adventurers, ages 7-10 will explore field and forest, investigating the flora and fauna through tracking, foraging for wild edibles, building primitive tee-pees and discovery of the natural world on the Farm's 140 acres. A terrific way for kids to enjoy the autumn season! Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

October 25 Dance your Chipotle Off! 6 PM

\$25

Save the date! Learn to Contra Dance and enjoy a Chipotle Burrito at Holly Hill Farm. We are still pulling together the plans for an evening of dance, food and fun in the Tomato Barn and will share the details soon, but plan to join us! Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

Farm Stand Hours

Thru October, Saturday and Sunday 11 AM - 6 PM

The fall harvest is in! We are open every Saturday and Sunday from 11-6 through October (we'll be closing at 5 as the sunsets earlier). Squash, pumpkins and more! Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

November 1 Harvest Dinner & Auction 6 - 10 PM

\$100 Members of Friends of Holly Hill Farm / \$125 Non-members

Reserve your tickets for the Harvest Dinner and Auction. Our cozy greenhouse, decked with twinkling lights, sets the stage for a memorable evening to benefit the *Friends of Holly Hill Farm* educational programs. Chef/Owner Brian Houlihan and Chef Katie Callahan from Bia, Tinker's Son and Galley Kitchen will provide a fabulous dinner made from local, organic foods. Tickets are selling quickly – reserve today! Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

November 29 6th Annual Holly Day Fair 11 AM – 3 PM

Kick off the holiday season with a visit to our Holly Day Fair. Bring your list and check it twice! Local artisans display their crafts in the greenhouse. Pick up unique gifts for everyone on your list. Holly Hill swags and a wreath making workshop provide the holiday decor for your home. Children's activities keep young ones occupied while you shop. And food... great food is never in short supply at Holly Hill Farm! See you at the Farm! Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

January 1 Annual New Year's Day Walk with Naturalist Steve Ivas

Celebrate the New Year at Holly Hill Farm. This walk has become an annual tradition for many families and we invite you to join us. Naturalist Steve Ivas will provide a guided tour along the trails. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

Holly Hill Farm Happenings

Do you know of a school, PTO, organization, blogger, writer, newsletter coordinator or media outlet that would be interested in keeping updated on the happenings at Holly Hill Farm? With the start of the new academic year, we are updating our contact list and welcome any new additions to our growing community. Holly Hill Happenings is sent weekly via email and is designed for easy sharing. Organizations utilizing specific services like PeachJar can be accommodated. Contact friendsofhollyhillfarm@gmail.com.



Dear Parent/Guardian:

Children need healthy meals to learn. **South Shore Charter Public School** offers healthy meals every school day. Breakfast costs **\$1.75**; lunch costs **\$3.25**. Your children may qualify for free meals or for reduced price meals. Reduced price is **\$0.30** for breakfast and **\$0.40** for lunch.

1. *Do I need to fill out an application for each child?* No. **Complete only one Free and Reduced Price School Meals Application for all students in your household.** We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: **Charlene Evans, Food Services Coordinator, 781-982-4202.**
2. *Who can get free meals?* All children in households receiving benefits from MA SNAP, MA TAFDC or the Food Distribution Program on Indian Reservations, can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.



If you have received a NOTICE OF DIRECT CERTIFICATION for free meals, do not complete the application. But do let the school know if any children in your household are not listed on the Notice of Direct Certification letter you received.

3. CAN FOSTER CHILDREN GET FREE MEALS? Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals.
4. *Can homeless, runaway, and migrant children get free meals?* Yes, children who meet the definition of homeless, runaway, or migrant are eligible for free meals. If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail **Angie Pepin, 7-12 Principal, 781-982-4202 or aepin@sscps.org.**
5. WHO CAN GET REDUCED PRICE MEALS? Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart, shown on this application.
6. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. Call the school at **781-982-4202** if you have questions.
7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
8. I GET WIC. CAN MY CHILD(REN) GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
9. *Will the information I give be checked?* Yes and we may also ask you to send written proof.
10. *If I don't qualify now, may I apply later?* Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.

11. *What if I disagree with the school's decision about my application?* You should talk to school officials. You also may ask for a hearing by calling or writing to: **Alicia Savage at 781-982-4202 or email asavage@sscps.org or by mail to 100 Longwater Circle, Norwell, MA 02061.**
12. *May I apply if someone in my household is not a U.S. citizen?* Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.
13. *Who should I include as members of my household?* You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
14. *What if my income is not always the same?* List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
15. *We are in the military. do we include our housing allowance as income?* If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
16. *My spouse is deployed to a combat zone. is her combat pay counted as income?* No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.
17. *My family needs more help. Are there other programs we might apply for?* To find out how to apply for MA SNAP or other assistance benefits, contact your local assistance office or call the MA SNAP Hotline **1-866-950-3663**

If you have other questions or need help, call **781-982-4202x106**
Si necesita ayuda, por favor llame al teléfono: **781-982-4202x106**
Si vous voudriez d'aide, contactez nous au numéro: **781-982-4202x106**

Sincerely,
Kristine Bingham
Director of Finance

“The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity employer.

SHARING INFORMATION WITH MEDICAID/SCHIP

Dear Parent/Guardian:

If your children get free or reduced price school meals, they may also be able to get free or low-cost health insurance through Medicaid or the State Children's Health Insurance Program (SCHIP). Children with health insurance are more likely to get regular health care and are less likely to miss school because of sickness.

Because health insurance is so important to children's well-being, *the law allows us to tell Medicaid and SCHIP that your children are eligible for free or reduced price meals, **unless you tell us not to.*** Medicaid and SCHIP only use the information to identify children who may be eligible for their programs. Program officials may contact you to offer to enroll your children. Filling out the Free and Reduced Price School Meals Application does not automatically enroll your children in health insurance.

If you do not want us to share your information with Medicaid or SCHIP, fill out the form below and send in (Sending in this form will not change whether your children get free or reduced price meals).

No! IDO NOT want information from my Free and Reduced Price School Meals Application shared with Medicaid or the State Children's Health Insurance Program.

If you checked no, fill out the form below to ensure that your information is NOT shared for the child(ren) listed below:

Child's Name _____ School: _____

—

Child's Name _____ School: _____

—

Child's Name _____ School: _____

—

Child's Name _____ School: _____

—

Signature of Parent/Guardian: _____ Date: _____

Printed Name: _____

Address: _____

For more information, you may call **Kristine Bingham** at 781-982-4202x106 or e-mail at kbingham@sscps.org

Return this form to: **SSCPS, 100 Longwater Circle, Norwell, MA 02061.**

SHARING INFORMATION WITH OTHER PROGRAMS

Dear Parent/Guardian:

To save you time and effort, the information you gave on your Free and Reduced Price School Meals Application may be shared with other programs for which your children may qualify. For the following programs, we must have your permission to share your information. Sending in this form will not change whether your children get free or reduced price meals.

- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **Title I Program**.
- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **SSYMCA Afterschool Childcare Program**.
- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **SSCPS Athletic & Enrichment Programs**.

If you checked yes to any or all of the boxes above, fill out the form below to ensure that your information is shared for the child(ren) listed below. **Your information will be shared only with the programs you checked.**

Child's Name _____ School: _____

—

Child's Name _____ School: _____

—

Child's Name _____ School: _____

—

Child's Name _____ School: _____

—

Signature of Parent/Guardian: _____ Date: _____

Printed Name: _____

Address: _____

For more information, you may call **Kristine Bingham** at 781-982-4202x106 or e-mail kbingham@sscps.org

Return this form to: **Kristine Bingham** at **SSCPS, 100 Longwater Circle, Norwell, MA 02061.**



If your child is eligible for free or reduced school meals, your child may also be eligible for **free or low cost health insurance** through MassHealth.

To learn more call: 1-800-841-2900

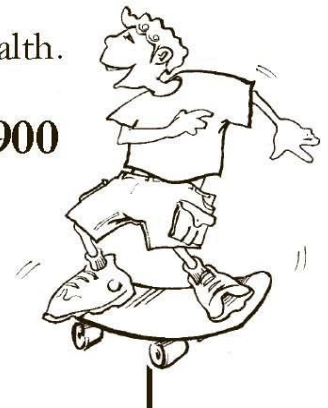
MassHealth



Si su niño es eligible para almuerzo gratis o reducido, su niño pueda ser eligible para **seguro de salud gratis o de bajo costo** por medio de MassHealth.

Para saber mas, llame al: 1-800-841-2900

*covering
kids*





MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION

SCHOOL YEAR 2014-2015

If you have received a NOTICE OF DIRECT CERTIFICATION from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

PART 1. ALL HOUSEHOLD MEMBERS List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A FOSTER CHILD (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	CHECK IF NO INCOME
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>

PART 2. BENEFITS- MA SNAP OR MA TAFDC

IF **ANY** MEMBER OF YOUR HOUSEHOLD RECEIVES **MA SNAP** or **MA TAFDC** benefits, PROVIDE THE AGENCY IDENTIFICATION NUMBER* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER.

AGENCY ID: _____ * Do not provide EBT card number.

PART 3. HOMELESS, MIGRANT, RUNAWAY

IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL **Angie Pepin, 781-982-4202x102**

HOMELESS RUNAWAY MIGRANT

PART 4. TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS). List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

1. NAME (LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	2. GROSS INCOME AND HOW OFTEN IT WAS RECEIVED															
	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
(Example) Jane Smith	\$200	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$150	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$

PART 5. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN)

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign here: _____ Print Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone Number: _____ Cell Phone Number: _____

Last four digits of Social Security Number *** - * * - _ _ _ _ Check here if you do not have a Social Security Number

PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)

<i>Choose one ethnicity:</i>	<i>Choose one or more (regardless of ethnicity):</i>		
<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Asian	<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Black or African American
<input type="checkbox"/> Not Hispanic/Latino	<input type="checkbox"/> White	<input type="checkbox"/> Native Hawaiian or other Pacific Islander	

DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12

Only annualize income if there are multiple pay frequencies

Total Income: _____ Per: Week, Every 2 Weeks, Twice A Month, Month, Year Household size: _____

Dual Eligibility: Foster child(ren) – Free _____ Non-foster child(ren) – Free _____ Reduced _____ Denied _____

Categorical Eligibility: _____ Date Withdrawn: _____ Eligibility: Free _____ Reduced _____ Denied _____ Reason: _____

Check if this is an **error prone application** – utilize for verification standard sample size – see eligibility manual for instructions.

Determining Official's Signature: _____ Date: _____

Confirming Official's Signature: _____ Date: _____

Verifying Official's Signature: _____ Date: _____

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Household size	Yearly	Monthly	Weekly
1	\$21,590	\$1,800	\$416
2	\$29,101	\$2,426	\$560
3	\$36,612	\$3,051	\$705
4	\$44,123	\$3,677	\$849
5	\$51,634	\$4,303	\$993
6	\$59,145	\$4,929	\$1,138
7	\$66,656	\$5,555	\$1,282
8	\$74,167	\$6,181	\$1,427
Each additional person:	+7,511	+626	+145

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. “The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual’s income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), found online at [http:// www.ascr.usda.gov/complaint_filing_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) , or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity employer.

Breakfast Order Form
Breakfast for the Month of October, 2014
Due to the office by 3:00 pm, ***Tuesday**, October 7, 2014

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of 10/13 – 10/17 Monday Tuesday Wednesday Thursday Friday

Week of 10/20 – 10/24 Monday Tuesday Wednesday Thursday Friday

Week of 10/27 – 10/31 Monday Tuesday Wednesday Thursday Friday

Number of Breakfasts ordered _____ X \$1.75

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form
Lunch for the Month of October, 2014
*Due to the office by 3:00 pm, *Tuesday, October 7, 2014*

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day lunch will be ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
10/13 – 10/17

Week of Monday Tuesday Wednesday Thursday Friday
10/20 – 10/24

Week of Monday Tuesday Wednesday Thursday Friday
10/27 – 10/31

Number of Meals ordered _____ X \$3.25

Less credit due

Total Amount Enclosed

 \$ _____

Cash or Checks may be made out to SSCPS.

Choice of 1% milk, skim milk or orange juice is included with the purchase of a meal or can be purchased separately for 30 cents.

Please note: If your child has forgotten lunch, a cheese sandwich will be provided at the cost of \$2.50. A note from the office will go home that afternoon for reimbursement.



South Shore Charter School
OCTOBER, 2014

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
29 Cereal Fruit Juice Milk	30 3.6 oz WW Muffin Fruit Juice Milk	1 3.6 oz. WW Muffin Orange Juice Fruit Milk	2 WG Cinnamon Bun Orange Juice Fruit Milk	3 Raisin Bran WW Blueberry Waffle Grahams Orange Juice Fruit Milk
6 Toasty O's WW Apple Cinnamon Waffles Orange Juice Fruit Milk	7 WW Croissant w/Jelly Orange Juice Fruit Milk	8 3.6 oz. WW Chocolate Muffin Orange Juice Fruit Milk	9 Raisin Bran Orange Juice Fruit Milk	10 No School Prof. Dev. DAY
13 COLUMBUS DAY	14 Honey Wheat Bagel w/Jelly Orange Juice Fruit Milk	15 Toasty O's Orange Juice Fruit Milk	16 WG Cinnamon Bun Orange Juice Fruit Milk	17 3.6 oz. WW Apple Muffin Orange Juice Fruit Milk
20 3.6 oz. WW Apple Muffin Orange Juice Fruit Milk	21 3.6 oz. WW Banana Muffin Orange Juice Fruit Milk	22 WW Croissant w/Jelly Orange Juice Fruit Milk	23 3.6 oz. WW Banana Muffin Orange Juice Fruit Milk	24 3.6 oz. WW Chocolate Muffin Orange Juice Fruit Milk
27 Toasty O's WW Apple Cinnamon Waffles Orange Juice Fruit Milk	28 Cinnamon Toast Crunch Orange Juice Fruit Milk	29 3.6 oz. WW Muffin Orange Juice Fruit Milk	30 WG Cinnamon Bun Orange Juice Fruit Milk	31 2 oz. Cereal Fruit Orange Juice Milk

* All Meals include Choice of 1% or Skim Milk.
Regulations

* Complies with NSLP

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



SOUTH SHORE CHARTER SCHOOL K-8
OCTOBER, 2014

Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Sept. 29 Sweet & Sour Meatballs Ziti Green Beans Mandarin Oranges Milk	Sept. 30 Chicken Stir Fry Brown Rice Corn Pineapple Chunks Milk	1 Chicken Parmesan w/Ziti Broccoli Peaches Milk	2 Mexican Chicken Wrap Sweet Potato Fries w/Ketchup Apple Milk	3 Nachos w/Ground Beef Southwestern Beans Watermelon Chunks Milk
6 Mozzarella Sticks w/Marinara Sauce Green Beans Baked Sliced Apples Milk	7 Beef Hot Dog on WW Roll Ketchup Baked Beans Apple Milk	8 BBQ Chicken on Bun Potato Wedges w/ Ketchup Plums Milk	9 Sloppy Joe on WW Bun Broccoli Banana Milk	No School Prof. Dev. Day
13 COLUMBUS DAY	14 Ziti & Meatballs Broccoli Whole Wheat Roll Apple Juice Milk	15 EARLY RELEASE	16 Chicken Quesadilla Spanish Rice Green Beans Orange Milk	17 Chicken Caesar Salad Wrap Cucumber Pears Milk
20 Chicken Tenders w/Ketchup Green Beans Peaches Honey Wheat Dinner Roll Milk	21 Sweet & Sour Chicken Brown Rice Broccoli Pineapple Chunks Milk	22 “Breakfast for Lunch” Pancakes & Syrup w/Sausage Patty Potato Wedges Grapes Milk	23 Chicken Alfredo w/Ziti Broccoli Applesauce Milk	24 Low Fat Cheese Pizza Carrots Banana Milk
27 Turkey & Gravy Corn Apple Honey Wheat Dinner Roll Milk	28 American Chop Suey Carrots Banana Whole Wheat Roll Milk	29 Hamburger on WW Bun w/Ketchup Baked Beans Baked Apple Slices Milk	30 Jamaican Beef Patty Green Beans Apple Milk	31 Chicken Parmesan w/Ziti Broccoli Peaches Milk

* All Meals include Choice of 1% or Skim Milk.

* Complies with NSLP

Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



Essence of Thyme and Cravings

SOUTH SHORE CHARTER SCHOOL 9-12

OCTOBER, 2014

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 29 Sweet and Sour Meatballs Ziti Green Beans Mandarin Oranges Milk	Sept. 30 Chicken Stir Fry Brown Rice Corn Pineapple Chunks Milk	1 Chicken Parmesan w/Ziti Broccoli Peaches Milk	2 Mexican Chicken Wrap Sweet Potato Fries w/Ketchup Apple Orange Juice Milk	3 Nachos w/Ground Beef Southwestern Beans Watermelon Chunks Milk
6 Mozzarella Sticks w/Marinara Green Beans Baked Sliced Apples Banana Milk	7 Beef Hot Dog on WW Roll w/Ketchup Baked Beans Apple Peaches Milk	8 BBQ Chicken on Bun Potato Wedges w/ Ketchup Plums Raisins Milk	9 Sloppy Joe on WW Bun Broccoli Carrots Banana Pineapple Chunks Milk	10 <p style="text-align: center;">No School Prof. Dev. Day</p>
13 <p style="text-align: center;">COLUMBUS DAY</p>	14 Ziti & Meatballs Broccoli Fruit Cocktail Apple Juice Milk	15 <p style="text-align: center;">EARLY RELEASE</p>	16 Chicken Quesadilla Spanish Rice Green Beans Orange Peaches Milk	17 Chicken Caesar Salad Wrap Cucumber Pears Apple Juice Milk
20 Chicken Tenders w/Ketchup Green Beans Peaches Honey Wheat Dinner Roll Orange Juice Milk	21 Sweet & Sour Chicken Brown Rice Broccoli Pineapple Chunks Milk	22 "Breakfast for Lunch" Pancakes & Syrup w/Sausage Patty Potato Wedges Grapes Raisins Milk	23 Chicken Alfredo w/Ziti Broccoli Applesauce Honey Wheat Dinner Roll Milk	24 Low Fat Cheese Pizza Sweet Potato Fries Banana Apple Juice Milk
27 Turkey & Gravy Corn Apple WG Cinnamon Roll Orange Juice Milk	28 American Chop Suey Carrots Banana Honey Wheat Dinner Roll Milk	29 Hamburger on WW Bun w/Ketchup Baked Beans Baked Apple Slices Milk	30 Jamaican Beef Patty Spanish Rice Green Beans Peaches Apple Milk	31 Chicken Parmesan w/Ziti Broccoli Peaches Whole Wheat Roll Milk

* All Meals include Choice of 1% or Skim Milk.
Regulations

* Complies with NSLP

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**