



FROM THE 7-12 PRINCIPAL

The best parts of my week this fall were spent in the Mac lab working with our Seniors on the task of completing their college essays. Early action and early decision deadlines are closing in with most schools requiring applications for the earlier timeline by November 1st, November 15th or December 1st. At one time these dates impacted few students, but that is quickly changing. Last year a full forty percent of our students applied to college early. Based on what we are hearing from students, I expect similar numbers this year. The increased level of anxiety surrounding the college application process is one force behind this trend.

All of our students, whether or not they are applying early, have begun the application process and most are up and running on the Common Application website. The biggest hurdle for students as they complete the applications, once they compile a list of schools, is almost always the personal essay. This can be a significant contributor to student anxiety.

Every member of the Senior class wrote a college essay during their Junior year. The assignment formally became part of the high school writing portfolio in our last school wide revision. While the essay is a class assignment, I noticed last year that most students were not happy with the essay that they wrote the previous year when it came time to apply. They found that they had changed in that year, wanted to emphasize different things about themselves, or had new found motivation to produce something better. Unfortunately, the job of starting a new essay from scratch, combined with all of the other stresses of Senior year is a sizable task for students to take on. By the time students are in high school they have enormous difficulty writing about themselves. The essay demands a type of writing that students are rarely asked to do in an academic setting.

Last year I taught College Essay Support as an option during Focused Instructional Time (FIT) on a volunteer basis. Perhaps not surprisingly, my class was small. Every student in that section had the opportunity to get feedback on their work as they went through the process. Most importantly, the FIT placement provided students with 45 silent minutes a week when all that they could do was write the essay. I was watching. This proved to be both the key to fighting procrastination and an effective strategy for curbing anxiety.

Due to that positive experience, all Seniors are now required to be enrolled in a College Essay Support FIT during the first quarter. Last year's group suggested this. I have had the opportunity to read each student's work. While as adults, we may see teenagers as having a hard time seeing beyond themselves, watching students try to write about themselves is telling of just how difficult self-analysis can be. As their teachers and parents we know that each of them has a great deal to offer and can impress the admissions officer on the other side of the page. That can be difficult for them to see. The available time helps and provides an important opportunity for us to supply encouragement.

While I have known some of these Seniors since they were fifth graders in my math class, I learned something new about each of them through this process. The students in this group have overcome failures, triumphed athletically, turned disabilities into abilities, entered adulthood within their cultural communities, given generously to others, and succeeded in the face of extreme stress at home. They are an impressive group and I am extraordinarily grateful for this opportunity to get to know them better. The schools they will enter next fall are incredibly lucky.

Please feel free to contact me with questions, suggestions, or concerns.

Angie Pepin - 781-982-4202 x102 - aepin@sscps.org

Wednesday	10/22	Level III Cyber Citizens hosts Unity Day	
Monday	10/27	Personnel Committee	7:15am
Monday	10/27	6th Grade Field Trip to Great Esker Weymouth	
Wednesday	10/29	6th Grade Field Trip to New England Wildlife Weymouth	
Wednesday	10/29	Kassandra's Kindergarten Class with Krista's Project to CN Smith Farm (rescheduled)	
Thursday	10/30	1st Quarter Ends	
Thursday	10/30	NHS hosts Red Cross Blood Drive at the SSCPS Gym	1:00-6:00pm

FROM THE SOUTH SHORE CHARTER EDUCATIONAL FOUNDATION

"Whether you believe you can or believe you can't, you're probably right."

-Henry Ford

On behalf of the South Shore Charter Educational Foundation, we would like to thank all who participated in this year's annual Harvest Run 5K. What a day it was! Warm weather, great music, and many friends of our School made for a spectacular day of running and walking. Thank you to the Harvest Run Committee and to all of the volunteers, including the Boy Scouts and the High School Community Service Workshop. Your efforts made a wonderful event possible!

Thank you volunteers!

Paul Alden	Laura Dannison	Soria Hennebury	Yeemay Miller
Jimmy Anderson	Denise Demaggio	Audryelle Hennebury	Yuliya Miller
Ana Aniagu	Mari Demaggio	Katrina Hebert	Karen Moylan
Mary Antonellis	Tanner Demaggio	Logan Hiatt	Emma Mullen
Sadiyah Archibald	Jeinsey Nelson	Tyler Hiatt	Kirsten Mullen
Kailen Arena	Malescha Nelson	Caitriona Hollowed	Lily Mullen
Kim Beshere	Marie Nelson	Sophie Hollowed	Lucy Njoroge
Tessa Beshere	Rawsheed Nelson	Andrew Johnson	David Oxner
David Brown	Maddy Doe	Cheryl-Ann Hurley	Mary Oxner
Deb Brown	Borys Drozd	Giovanni Joseph	Olivia Oxner
Olivia Brown	Beth Farmer	Thomas Kalemkeridis	Christian Pettinelli
Valerie Brown	Andrea Feeney	Brian Kelly	Justina Pettinelli
Mario Bycinte	Steve Feeney	Priscilla Kelly	Theona Royer
Maeve Carson	Greg Frederick	Sean LaRue	Karma Sampson
Marisa Carson	Joseph Frederick	Matt Lazarski	Caitlin Sheils
Maura Carson	Phillip Frederick	Ken Lee	Jared Sheils
Tess Carson	Denise Gallion	Travis Lee	Barbara Stephens
George Chambers	Joshua Gallion	Brian MacDonald	Mia Strahm
Portia Chambers	Annette Golden	Drew MacDonald	Mike Strahm
Henry Chao	Joseph Golden	Kim MacDonald	Maria Sullivan
Cassie Collins	Teddy Golden	Scott MacDonald	Bill Tramontana
Eileen Collins	Michael Greene	Tyler MacDonald	Lisa VanWinkle
Linda Cook	Gema Gray	Iris Mahegan	Megan VanWinkle
Logan Cook	Jacob Gray	Donna McCrory	Cameron Wilson
Shannon Daly	Julia Griffin	Channing Miller	
Eva Dannison	Zachary Griffin	Emelyn Miller	

ANNOUNCEMENTS

Update to the Memorandum from the Town of Norwell

We have heard from, Paul Foulsham from the Norwell Highway Department regarding the upcoming construction work on Longwater Drive. There is still no definitive date from the contractor as to when the work will begin. The Norwell Highway Department will position a message board on Longwater Drive with the date as soon as this information becomes available. Longwater Drive will not be completely closed, but the Norwell Highway Department does expect some traffic issues such as periodic waiting and lane changes. The construction will be between the hours of 7:00am and 5:00pm on weekdays, and there will be police officers assisting with traffic.

We will keep you posted as more information becomes available.

SAVE THE DATE! The National Honor Society is hosting its first Red Cross blood drive of the year!

On October 30th, from 1-6 PM, you can come and support the Red Cross and our school! The drive will be held at our gym space, 104 Longwater Drive. Walk-ins are welcome however appointments are preferred and can be made at redcross.org/blood. This is the first of three drives that the NHS is hosting as part of Bob's Furniture "High School Heroes" scholarship program. On top of that, every person who donates on the 30th is entered for the chance to win a \$5,000 dollar Visa gift card from Suburban Propane! For more information, visit redcross.org/blood!

MathCounts Kickoff Meeting – Join our Middle School Math Team!!!

MathCounts is a national organization with a goal of "increasing student interest, excitement, and achievement in mathematics through individual and group practice." The SSCPS Chapter of MathCounts is beginning its fourth year. Open to all 7th and 8th graders regardless of Math ability. Come to our first meeting, Wed, October 29th 3:20 - 4:30 pm. in Rm. 201 on Level IV. See <http://mathcounts.org/> for more information. Anyone involved in fall sports may join MathCounts when their season ends. Contact Jody Regan for more information X362 or jregan@sscps.org.

2015 Yearbook

The 2015 yearbook is now in progress and all the memories of the 2014-2015 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar.

Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50.

FROM THE HEALTH OFFICE

Community Forum:

Informational Drug Forum hosted by the town of Hingham on Wednesday, October 22nd at 7:00 pm at the Hingham Middle School 1103 Main St. (RTE 228 near Notre Dame HS). The focus of the forum will be the "From Prescription to Addiction". All are welcome. The speakers will be:

Paul Gibbons	Hingham Selectman
Cheryl Barrett	Commissioner DPH
Dr. Janet Limke	Medical Director Spine Center South Shore Hospital
Chief Piraino	Chief of Police Hingham
Timothy Cruz	Plymouth County District Attorney

This forum will provide some answers to parents and students and help fill the information vacuum surrounding substance misuse disorders. The speakers are credible and dynamic.

FROM THE PARENTS ASSOCIATION

PA Grant Taskforce Budget Update:

The fall grant process is well underway. The grants have been submitted and reviewed by both the Principals and the PA taskforce. The result of this process, provided below, was presented at the October PA meeting and will be voted on in the November meeting. Please note, in accordance with the bylaws, the vote taken in November will be for the whole budget and not each line item. If you have any questions

about any of the grants listed below, the decisions made and/or about the grant process, please email Mickey Ciambriello at micgiociam@verizon.net.

Request	Funding Amounts	
	Requested \$	Approved \$
6 Cameras to document work completed during classroom centers	\$134.70	\$134.70
Reimbursement for aquarium cleaning and maintenance.	\$438.50	\$0.00
Printing of the 2014/2015 School Directory	\$600.00	\$600.00
Magazine Subscription Renewals	\$118.85	\$118.85
4 Howda Hugz® Seats	\$315.00	\$0.00
Material to make 10 weighted lap pads	\$150.00	\$150.00
Hanover Auditorium rental fee for home show and festival preparation	\$560.00	\$560.00
Art cabinet and supplies for workshop improvements	\$374.00	\$374.00
Animal food and supplies	\$588.36	\$588.36
Bouncing Medicine Balls for PE	\$287.88	\$287.88
Totals	\$3,567.29	\$2,813.79

Note: Both the Howdy Hugs seated and the aquarium cleaning requests were not approved for funding. This decision was made by the grant taskforce after discussing each of the requests, the reasons and need for the items and the recommendations provided by the principals. Any request not funded in the fall can be resubmitted again in the spring, if still required and not funded by an alternate processes.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
 EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
 OR EMAIL PALGERA@SSCPS.ORG**

Original Works

Your artwork on fun products to wear and share!



Look What's Coming!

Hello Family: Our school has teamed up with Original Works to offer a very special program. Your child will be creating his or her OWN artwork. Then you will have the opportunity to order a variety of useful items you can use, all professionally made and featuring your child's very own artwork.

5 Great Reasons to Join in:

- 
- 1 Purchase personal gifts & keepsakes.
 - 2 Celebrate your child's creativity.
 - 3 Fun products under \$10.
 - 4 Support your school.
 - 5 Our  products.

Check here if you DO NOT wish to have your child participate and return this letter to his/her teacher.

Child _____ Teacher _____ Signature _____

Visit www.originalworks.com for additional program and product information as well as customer testimonials.



Dear Friend,

On March 21, 2009, my son died of suicide. We walk in memory of him, and in hopes to help others like him.

1 in 4 people will be directly affected by suicide in their lifetime. The American Foundation for Suicide Prevention is at the forefront of research, education and prevention initiatives designed to reduce loss of life from suicide. With more than 33,000 lives lost each year in the U.S. and over one million worldwide, the importance of AFSP's mission has never been greater, nor our work more urgent.

I hope you will consider supporting my participation in this event. Any contribution will help the work of AFSP, and all donations are

100% tax deductible. The walk is on Oct 25, 2014. Over the past 3 years, our team has raised close to \$12,000! Thank you all for your support!

Please go online to:

<http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.participant&participantID=584235>

To make an online donation please click the "Support This Participant" button on this page.

And again, thank you in advance for any donation you can afford,
Hana and Christine Bowker-Wickersham



Paul M. Foulsham
Highway Surveyor

October 16, 2014

Board of Selectmen
345 Main Street
Norwell, MA 02061

Re: Resurfacing: Longwater Drive

Dear Board Members:

The Norwell Highway Department would like to advise your Board and the traveling public that in the upcoming weeks resurfacing and related work to Longwater Drive will begin between the hours of 7:00a.m. - 5:00p.m. weather permitting.

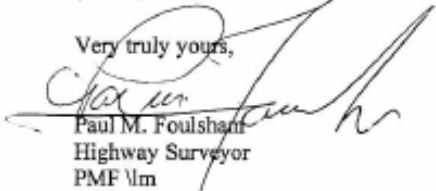
Due to the complexities of this construction work, detouring of local traffic may be necessary.

All emergency vehicles and equipment will be able to pass at all times.

Seeking alternate routes during construction is advisable.

If you have any questions, please do not hesitate in calling the Highway Department office at 781-659-8042.

Very truly yours,


Paul M. Foulsham
Highway Surveyor
PMF \lm

cc: Board of Health
Council on Aging
Norwell Fire Department
Norwell Police Department
Norwell Recreation Department
Norwell School Department
Norwell Water Department
Norwell Post Office
Norwell Mariner
Columbia Gas Company
Patriot Ledger

TOWN OF NORWELL

HIGHWAY DEPARTMENT

345 Main Street
Post Office Box 369
Norwell, MA 02061

Office: (781) 659-8042
Garage: (781) 659-8040
Fax: (781) 659-0473

Holly Hill Farm & Friends

10/21/2014 FOR IMMEDIATE RELEASE:

Contact Info:

Friends of Holly Hill Farm

Holly Hill Farm

236 Jerusalem Road, Cohasset, MA 02025

www.hollyhillfarm.org 781-383-6565

FHHF contact: jbelberhollyhill@hotmail.com

UPCOMING EVENTS & ACTIVITIES

October 25 Contra Dance at the Farm! 6 PM

\$25

Learn to Contra Dance and enjoy a Chipotle Burrito at Holly Hill Farm. New to Contra Dancing? We are, too! We hope that you'll grab your partner and swing by the Tomato Barn for a fun night out. Dinner will be provided by our friends at Chiptole Mexican Grill in Hingham. Tickets are limited, so reserve soon by calling 781-383-6565. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

Farm Stand Hours

Thru October Saturday and Sunday 11 AM -6 PM

The fall harvest is in! We are open every Saturday and Sunday from 11-6 through October (we'll be closing at 5 as the sunsets earlier). Squash, pumpkins and more! Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565) www.hollyhillfarm.org

November 1 Harvest Dinner & Auction 6 - 10 PM

\$100 Members of *Friends of Holly Hill Farm* / \$125 Non-members

Reserve your tickets for the Harvest Dinner and Auction. Our cozy greenhouse, decked with twinkling lights, sets the stage for a memorable evening to benefit the *Friends of Holly Hill Farm* educational programs. Chef/Owner Brian Houlihan and Chef Katie Callahan from Bia, Tinker's Son and Galley Kitchen will provide a fabulous dinner made from local, organic foods. Tickets are selling quickly – reserve today! Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

November 15 Jon Belber's Ten Year Anniversary Celebration 9 AM

Education Director, Jon Belber has been teaching and farming at Holly Hill Farm!! Join in the celebration by participating in our work party to construct new growing beds and fencing for the Farm Pantry Garden. At noon, we'll break for lunch and treats baked in our new outdoor oven. All ages are welcome! Please let us know if you'll be attending by calling the Farm. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

November 29 6th Annual Holly Day Fair 11 AM – 3 PM

Kick off the holiday season with a visit to our Holly Day Fair. Bring your list and check it twice! Local artisans display their crafts in the greenhouse. Pick up unique gifts for everyone on your list. Holly Hill swags and a wreath making workshop provide the holiday decor for your home. Children's activities keep young ones occupied while you shop. And food... great food is never in short supply at Holly Hill Farm! See you at the Farm! Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

January 1 Annual New Year's Day Walk with Naturalist Steve Ivas

Celebrate the New Year at Holly Hill Farm. This walk has become an annual tradition for many families and we invite you to join us. Naturalist Steve Ivas will provide a guided tour along the trails. Holly Hill Farm. 236 Jerusalem Road, Cohasset. [781-383-6565](tel:781-383-6565). www.hollyhillfarm.org

Holly Hill Farm Happenings

Do you know of a school, PTO, organization, blogger, writer, newsletter coordinator or media outlet that would be interested in keeping updated on the happenings at Holly Hill Farm? With the start of the new academic year, we are updating our contact list and welcome any new additions to our growing community. Holly Hill Happenings is sent weekly via email and is designed for easy sharing. Organizations utilizing specific services like PeachJar can be accommodated. Contact friendsofhollyhillfarm@gmail.com.



Dear Parent/Guardian:

Children need healthy meals to learn. **South Shore Charter Public School** offers healthy meals every school day. Breakfast costs **\$1.75**; lunch costs **\$3.25**. Your children may qualify for free meals or for reduced price meals. Reduced price is **\$0.30** for breakfast and **\$0.40** for lunch.

1. *Do I need to fill out an application for each child?* No. **Complete only one Free and Reduced Price School Meals Application for all students in your household.** We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: **Charlene Evans, Food Services Coordinator, 781-982-4202.**
2. *Who can get free meals?* All children in households receiving benefits from MA SNAP, MA TAFDC or the Food Distribution Program on Indian Reservations, can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.



If you have received a NOTICE OF DIRECT CERTIFICATION for free meals, do not complete the application. But do let the school know if any children in your household are not listed on the Notice of Direct Certification letter you received.

3. CAN FOSTER CHILDREN GET FREE MEALS? Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals.
4. *Can homeless, runaway, and migrant children get free meals?* Yes, children who meet the definition of homeless, runaway, or migrant are eligible for free meals. If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail **Angie Pepin, 7-12 Principal, 781-982-4202 or aepin@sscps.org.**
5. WHO CAN GET REDUCED PRICE MEALS? Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart, shown on this application.
6. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. Call the school at **781-982-4202** if you have questions.
7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
8. I GET WIC. CAN MY CHILD(REN) GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
9. *Will the information I give be checked?* Yes and we may also ask you to send written proof.
10. *If I don't qualify now, may I apply later?* Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.

11. *What if I disagree with the school's decision about my application?* You should talk to school officials. You also may ask for a hearing by calling or writing to: **Alicia Savage at 781-982-4202 or email asavage@sscps.org or by mail to 100 Longwater Circle, Norwell, MA 02061.**
12. *May I apply if someone in my household is not a U.S. citizen?* Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.
13. *Who should I include as members of my household?* You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
14. *What if my income is not always the same?* List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
15. *We are in the military. do we include our housing allowance as income?* If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
16. *My spouse is deployed to a combat zone. is her combat pay counted as income?* No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.
17. *My family needs more help. Are there other programs we might apply for?* To find out how to apply for MA SNAP or other assistance benefits, contact your local assistance office or call the MA SNAP Hotline **1-866-950-3663**

If you have other questions or need help, call **781-982-4202x106**
Si necesita ayuda, por favor llame al teléfono: **781-982-4202x106**
Si vous voudriez d'aide, contactez nous au numero: **781-982-4202x106**

Sincerely,
Kristine Bingham
Director of Finance

“The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity employer.

SHARING INFORMATION WITH MEDICAID/SCHIP

Dear Parent/Guardian:

If your children get free or reduced price school meals, they may also be able to get free or low-cost health insurance through Medicaid or the State Children's Health Insurance Program (SCHIP). Children with health insurance are more likely to get regular health care and are less likely to miss school because of sickness.

Because health insurance is so important to children's well-being, *the law allows us to tell Medicaid and SCHIP that your children are eligible for free or reduced price meals, **unless you tell us not to.*** Medicaid and SCHIP only use the information to identify children who may be eligible for their programs. Program officials may contact you to offer to enroll your children. Filling out the Free and Reduced Price School Meals Application does not automatically enroll your children in health insurance.

If you do not want us to share your information with Medicaid or SCHIP, fill out the form below and send in (Sending in this form will not change whether your children get free or reduced price meals).

No! I DO NOT want information from my Free and Reduced Price School Meals Application shared with Medicaid or the State Children's Health Insurance Program.

If you checked no, fill out the form below to ensure that your information is NOT shared for the child(ren) listed below:

Child's Name _____ School: _____

Child's Name _____ School: _____

Child's Name _____ School: _____

Child's Name _____ School: _____

Signature of Parent/Guardian: _____ Date: _____

Printed Name: _____

Address: _____

For more information, you may call **Kristine Bingham** at 781-982-4202x106 or e-mail at kbingham@sscps.org

Return this form to: **SSCPS, 100 Longwater Circle, Norwell, MA 02061.**

SHARING INFORMATION WITH OTHER PROGRAMS

Dear Parent/Guardian:

To save you time and effort, the information you gave on your Free and Reduced Price School Meals Application may be shared with other programs for which your children may qualify. For the following programs, we must have your permission to share your information. Sending in this form will not change whether your children get free or reduced price meals.

- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **Title I Program**.
- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **SSYMCA Afterschool Childcare Program**.
- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **SSCPS Athletic & Enrichment Programs**.

If you checked yes to any or all of the boxes above, fill out the form below to ensure that your information is shared for the child(ren) listed below. **Your information will be shared only with the programs you checked.**

Child's Name _____ School: _____

Child's Name _____ School: _____

Child's Name _____ School: _____

Child's Name _____ School: _____

Signature of Parent/Guardian: _____ Date: _____

Printed Name: _____

Address: _____

For more information, you may call **Kristine Bingham** at **781-982-4202x106** or e-mail kbingham@sscps.org

Return this form to: **Kristine Bingham** at **SSCPS, 100 Longwater Circle, Norwell, MA 02061.**



If your child is eligible for free or reduced school meals, your child may also be eligible for **free or low cost health insurance** through MassHealth.

To learn more call: 1-800-841-2900

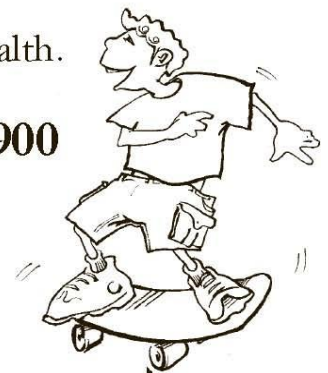
MassHealth



Si su niño es eligible para almuerzo gratis o reducido, su niño pueda ser eligible para **seguro de salud gratis o de bajo costo** por medio de MassHealth.

Para saber mas, llame al: 1-800-841-2900

*covering
kids*





MASSACHUSETTS FREE AND REDUCED PRICE SCHOOL MEALS HOUSEHOLD APPLICATION

SCHOOL YEAR 2014-2015

If you have received a NOTICE OF DIRECT CERTIFICATION from the school district for free meals, **do not** complete this application. But **do** let the school know if any children in the household are not listed on the **Notice of Direct Certification** letter you received.

PART 1. ALL HOUSEHOLD MEMBERS List all household members including children seeking school meals, siblings and both parents of children living in home. Also, include other relatives and friends living in home if you live as a single economic unit. (See instructions- Q.13)

NAME OF ALL HOUSEHOLD MEMBERS (First, Middle Initial, Last)	NAME OF SCHOOL CHILD ATTENDS	CHECK IF A FOSTER CHILD (LEGAL RESPONSIBILITY OF WELFARE AGENCY OR COURT) * IF ALL CHILDREN LISTED BELOW ARE FOSTER CHILDREN, SKIP TO PART 5.	CHECK IF NO INCOME
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>

PART 2. BENEFITS- MA SNAP OR MA TAFDC

IF **ANY** MEMBER OF YOUR HOUSEHOLD RECEIVES **MA SNAP** or **MA TAFDC** benefits, PROVIDE THE AGENCY IDENTIFICATION NUMBER* LOCATED ON THE DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA) BENEFIT LETTER. SKIP TO PART 5 AND SIGN THIS FORM IF YOU HAVE PROVIDED AN AGENCY ID NUMBER.

AGENCY ID: _____ * Do not provide EBT card number.

PART 3. HOMELESS, MIGRANT, RUNAWAY

IF ANY CHILD YOU ARE APPLYING FOR IS HOMELESS, A RUNAWAY, OR MIGRANT, CHECK THE APPROPRIATE BOX AND CALL **Angie Pepin, 781-982-4202x102**

HOMELESS RUNAWAY MIGRANT

PART 4. TOTAL HOUSEHOLD GROSS INCOME (BEFORE DEDUCTIONS). List all income on the same line as the person who receives it. Check the box for how often it is received. RECORD EACH INCOME ONLY ONCE. DO NOT INCLUDE MONEY RECEIVED FROM MA SNAP OR MA TAFDC.

1. NAME (LIST ONLY HOUSEHOLD MEMBERS WITH INCOME)	2. GROSS INCOME AND HOW OFTEN IT WAS RECEIVED															
	Earnings from work before deductions.	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Welfare, child support, alimony	Weekly	Every 2 Weeks	Twice Monthly	Monthly	Pensions, retirement, Social Security, SSI, VA benefits	Weekly	Every 2 Weeks	Twice Monthly	Monthly	All other income (you must indicate how much and how often)
(Example) Jane Smith	\$200	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$150	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$0
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$

PART 5. SIGNATURE AND LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER (ADULT MUST SIGN)

A parent or caretaker adult must sign the application (see Use of Information Statement on the back of this page). I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information that I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted. An adult household member must sign the application. If Part 4 is completed, the adult signing the form also must list the last 4 digits of his or her Social Security Number or mark the "Check here if you do not have a Social Security Number" box. See Use of Information Statement on the back of this page.

Sign here: _____ Print Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone Number: _____ Cell Phone Number: _____

Last four digits of Social Security Number *** - * * - _ _ _ _ Check here if you do not have a Social Security Number

PART 6. CHILDREN'S ETHNIC AND RACIAL IDENTITIES (OPTIONAL)

<i>Choose one ethnicity:</i>	<i>Choose one or more (regardless of ethnicity):</i>		
<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> Asian	<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Black or African American
<input type="checkbox"/> Not Hispanic/Latino	<input type="checkbox"/> White	<input type="checkbox"/> Native Hawaiian or other Pacific Islander	

DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice A Month x 24, Monthly x 12

Only annualize income if there are multiple pay frequencies

Total Income: _____ Per: Week, Every 2 Weeks, Twice A Month, Month, Year Household size: _____

Dual Eligibility: Foster child(ren) – Free _____ Non-foster child(ren) – Free _____ Reduced _____ Denied _____

Categorical Eligibility: _____ Date Withdrawn: _____ Eligibility: Free _____ Reduced _____ Denied _____ Reason: _____

Check if this is an **error prone application** – utilize for verification standard sample size – see eligibility manual for instructions.

Determining Official's Signature: _____ Date: _____

Confirming Official's Signature: _____ Date: _____

Verifying Official's Signature: _____ Date: _____

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Use of Information Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Household size	Yearly	Monthly	Weekly
1	\$21,590	\$1,800	\$416
2	\$29,101	\$2,426	\$560
3	\$36,612	\$3,051	\$705
4	\$44,123	\$3,677	\$849
5	\$51,634	\$4,303	\$993
6	\$59,145	\$4,929	\$1,138
7	\$66,656	\$5,555	\$1,282
8	\$74,167	\$6,181	\$1,427
Each additional person:	+7,511	+626	+145

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)"

If you wish to file a Civil Rights program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity employer.

Breakfast Order Form

Breakfast for the Month of November, 2014

Due to the office by 3:00 pm, *Tuesday, October 28, 2014

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of 11/3 – 11/7 Monday Tuesday Wednesday Thursday Friday

Week of 11/10 – 11/14 Monday Tuesday Wednesday Thursday Friday

Week of 11/17 – 11/21 Monday Tuesday Wednesday Thursday Friday

Week of 11/24 – 11/28 Monday Tuesday Wednesday Thursday Friday

Number of Breakfasts ordered _____ X \$1.75

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form
Lunch for the Month of November, 2014
Due to the office by 3:00 pm, *Tuesday, October 28, 2014

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day lunch will be ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
11/3 – 11/7

Week of Monday Tuesday Wednesday Thursday Friday
11/10 – 11/14

Week of Monday Tuesday Wednesday Thursday Friday
11/17 – 11/21

Week of Monday Tuesday Wednesday Thursday Friday
11/24 – 11/28

Number of Meals ordered _____ X \$3.25

Less credit due

Total Amount Enclosed

\$ _____

Cash or Checks may be made out to SSCPS.


Choice of 1% milk or skim milk is included with the purchase of a meal or can be purchased separately for 30 cents.

Please note: If your child has forgotten lunch, a cheese sandwich will be provided at the cost of \$2.50. A note from the office will go home that afternoon for reimbursement.



**South Shore Charter School
NOVEMBER, 2014**

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal Fruit Juice Milk	4 3.6 oz. WW Muffin Fruit Juice Milk	5 3.6 oz. WW Muffin Fruit Juice Milk	6 2 oz. Cereal Fruit Juice Milk	7 3.6 oz. WW Muffin Fruit Juice Milk
10 Cereal Fruit Juice Milk	11 VETERAN'S DAY	12 Cereal Fruit Juice Milk	13 3.6 oz. WW Muffin Fruit Juice Milk	14 3.6 oz. WW Muffin Fruit Juice Milk
17 Cereal Fruit Juice Milk	18 Cereal Fruit Juice Milk	19 3.6 oz. WW Muffin Fruit Juice Milk	20 WW Croissant & Jelly Fruit Juice Milk	21 3.6 oz. WW Muffin Fruit Juice Milk
24 2 oz. Cereal Fruit Orange Juice Milk	25 3.6 oz. WW Muffin Fruit Juice Milk	26 WG Cinnamon Roll Fruit Juice Milk	27 	28 NO SCHOOL

* All Meals include Choice of 1% or Skim Milk.
Regulations

* Complies with NSLP

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

SOUTH SHORE CHARTER SCHOOL K-8
NOVEMBER, 2014

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef Hot Dog on WW Roll Baked Beans Apple Ketchup Milk	4 BBQ Chicken on WW Bun Potato Wedges w/Ketchup Fresh Fruit Milk	5 Sloppy Joe on WW Bun Broccoli Banana Milk	6 Herbed Baked Chicken Carrots Whole Wheat Roll Raisins Milk	7 Chicken Caesar Salad WW Wrap Cucumber Pears Milk
10 Sweet & Sour Chicken Brown Rice Broccoli Pineapple Chunks Milk	11 VETERAN'S DAY	12 "Breakfast for Lunch" Pancakes & Syrup w/Sausage Patty Potato Wedges Raisins Milk	13 Chicken Alfredo w/Ziti Green Beans Applesauce Milk	14 Cheese Pizza Italian Beans Carrots Banana Milk
17 Turkey & Gravy Corn Apple Whole Wheat Roll Milk	18 American Chop Suey Carrots Banana Whole Wheat Roll Milk	19 Jamaican Beef Patty Green Beans Apple Milk	20 Chicken Parmesan w/Ziti Broccoli Peaches Milk	21 Beef & Bean WW Burrito Corn Banana Milk
24 Ziti & Meatballs Broccoli Apple Juice Milk	25 Chicken Tenders w/Ketchup Green Beans Peaches Whole Wheat Roll Milk	26 NO LUNCH EARLY RELEASE	27 	28 NO SCHOOL

* All Meals include Choice of 1% or Skim Milk.
Regulations

* Complies with NSLP

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**



SOUTH SHORE CHARTER SCHOOL 9-12
NOVEMBER, 2014
Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef Hot Dog on WW Roll Baked Beans Apple Peaches Ketchup Milk	4 BBQ Chicken on WW Bun Potato Wedges w/Ketchup Fruit Raisins Milk	5 Sloppy Joe on WW Bun Broccoli Carrots Banana Pineapple Chunks Milk	6 Herbed Baked Chicken Carrots Whole Wheat Roll Raisins Milk	7 Chicken Caesar Salad WW Wrap Cucumber Pears Apple Juice Milk
10 Sweet & Sour Chicken Brown Rice Broccoli Pineapple Chunks Milk	11 VETERAN'S DAY	12 "Breakfast for Lunch" Pancakes & Syrup w/Sausage Patty Potato Wedges Raisins Milk	13 Chicken Alfredo w/Ziti Green Beans Honey Wheat Dinner Roll Applesauce Milk	14 Cheese Pizza Italian Beans Carrots Banana Apple Juice Milk
17 Turkey & Gravy Corn Apple WG Cinnamon Roll Orange Juice Milk	18 American Chop Suey Carrots Banana Whole Wheat Roll Milk	19 Jamaican Beef Patty Spanish Rice Green Beans Peaches Apple Milk	20 Chicken Parmesan w/Ziti Broccoli Peaches Milk	21 Beef & Bean WW Burrito Corn Banana Mandarin Oranges Milk
24 Ziti & Meatballs Broccoli Fruit Cocktail Apple Juice Milk	25 Chicken Tenders w/Ketchup Green Beans Peaches Whole Wheat Roll Orange Juice Milk	26 No Lunch EARLY RELEASE	27 	28 NO SCHOOL

* All Meals include Choice of 1% or Skim Milk.
 Regulations

* Complies with NSLP

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**