

FROM THE K-6 PRINCIPAL

It has been a long time since I have written an Update. The last Update I wrote was before Thanksgiving on November 18th. The reason for this long absence was that I was away for a week in December when it was my turn to write the Update. I was away to be with my father as he had open heart surgery to replace a valve. I am glad to report that he responded well to the surgery and is healing well. In fact he is doing much better than I thought would be possible for a man of 87. When I left him, my brother had arrived to be with him and my dad was out of the ICU and in a normal hospital bed. The day I left, my dad was able to go home to his apartment. I am also happy to report that he has gained the ability to live by himself but was and will be in the company of family until January 14th.

I am very glad to be at a school where it is the norm for family to come first and I want to thank all those who work here and who did my work while I was away. I won't list them by name because it was so many and I know that nearly everyone pitched in and made my absence inconsequential. It was very good to be away and have complete confidence that everything would go well. On a very personal note I knew the winter concert would be a great event without me but I hated to miss it. Wardie now has been to as many as I have as we have both helped put on twenty shows.

Thank you to all.

This leads me to Thanksgiving, and New Year's, and an e-mail from a parent, and a ring found in the parking lot.

Thanksgiving – I am grateful :

- for the Atlantic Ocean
- for the truth telling of friends who correct me when I am wrong
- for the labor and the harvest of a garden
- for the work and partnership of dedicated and brilliant and caring adults here at SSCPS
- to be able to be paid to do what I love
- to work with children

This New Year I resolve to start each week with the determination to do the right thing, to work hard, to be kind and to not be sensitive to complaint.

Now I come to the e-mail from a parent. In it she sent me a link to an NPR story that I had heard a portion of the day before. It was a story about the importance of recess. I heard the story with some pride as one of the only non-negotiated decisions I have made as K – 6 Principal was to create a second recess everyday on Level I. Below is a link to the story. I hope you get a chance to read it. Perhaps we need to go to three recesses a day on Level I and perhaps two on Level II? Not that I have decided anything or talked to anybody about it yet but it was great to read about this school research project in Texas. The project idea was inspired by Finnish schools. In Finland they have a fifteen minute recess every hour. That said, it is my understanding that in Finland the kids are unsupervised at recess and that is not going to happen here in the U.S. so we can't fully adopt the Finnish model.

http://www.npr.org/sections/ed/2016/01/03/460254858/turns-out-monkey-bars-and-kickball-are-good-for-the-brain?sc=17&f=1001&utm_source=iosnewsapp&utm_medium=Email&utm_campaign=app

Now the ring.

Jamie Allen, one of our beloved high school science teachers, was leaving the building after 5:00 yesterday and I was chatting with her and saying how the lost and found was starting to mound up again. She said don't worry Ted it will be okay. I learned from her as I was chatting about the lost and found that the day before she had lost a ring.

It was a silver ring that had been given to her by her husband and was engraved with the date of their marriage. It had flown off her hand when she was sweeping off the snow from her car's windshield the night before. Jamie had not been able to find it then because of the dark and snow. Jamie, being the dedicated teacher that she is, had not had a moment to look for the ring until she was leaving for the day. As I mentioned, it was after five and it was getting dark. Jamie and I began to look for the ring. We were soon joined by Joyce Dandrow who drove her car over to light our search area. Then a dad came and kept his headlights on while he got his daughter from afterschool. We looked for about fifteen minutes and then I declared that I was giving up and Jamie agreed she too was stopping for the night. Just at that moment we heard a scream of delight from Joyce – she had found the ring. Joyce and Jamie embraced. Jamie declared that she found more joy in finding the ring than distress at losing it.

It was a great way to end a day at a job I love.

Happy New Year and may the pain of losing your ring be less than the joy of finding of your ring.

Ted Hirsch thirsch@sscps.org

Thursday	01/07	School Council	3:30pm
Saturday	01/09	Ski Club	6:30am
Saturday	01/09	High School Debate – Newton South	
Saturday	01/09	Parents Association Meeting	8:00am
Wednesday	01/13	Enrollment Open House	5:00-7:00pm
Thursday	01/14	High School Student Board hosting Coffee House at the Gym	5:30-7:30pm
Friday	01/15	Professional Development Day – No School for Students	



DECEMBER 2015 COLLEGE ACCEPTANCES

Rachel Ciambriello
Salem State University

Ashley Guerin
Franklin Pierce University

Van Harting
Wentworth Institute of Technology
Worcester Polytechnic Institute

Marquis Wilson
Curry College

ANNOUNCEMENTS

8th Grade Parents and Guardians!

If your student wants to come on the 8th grade NY Trip on May 21-23, 2016, please bring the first \$200 deposit and the three forms (Travel Agreement, Permission Slip, and Hawthorne Medical and Release forms) by **Friday, January 8, 2016**. You can deliver these to Alvin Nguyen in Office 20 or at the front desk. Payment can be received in cash, check to South Shore Charter Public School, or credit card (with a 5% processing fee). Also email Alvin at anguyen@sscps.org to confirm your student's place on the trip and to ask any questions.

Yearbook

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. *There are still a few 2015 books left just email Christine at cbodnar@sscps.org to get yours!*

HEALTH OFFICE NEWS

Cold Weather Notice

Please be aware most students go outside everyday unless the temperature is below 20 degrees. Students need to wear adequate clothing which includes hats, gloves, winter coats, and snow clothes as needed. Students who are not dressed properly for the cold or snowy weather will not be allowed to go outside for recess, OCB, or lunch.

COMMUNITY SERVICE OPPORTUNITIES

The Guardian Center – 888 Main Street, Brockton, MA – 508-587-6556

The Guardian Center is in need of lap sized blankets for residents. These blankets offer comfort, warmth, and for some they are used to wear on laps to cover braces on their legs. Blankets can be made or purchased for the residents. They can be dropped off at the center as a donation. The center is always looking for visitors as well. Most of the patients have dementia. Should you want to donate time at the center please contact them directly so that you can be set up with the right people for your volunteer time.

Do Something Website: Online – Check out the website www.dosomething.org. You can enter in the time you have available, things you are interested in helping, and activities you are interested in. The site will give you ideas and opportunities filtered based on what you put in for criteria!

FROM THE DEVELOPMENT OFFICE

The Stop and Shop A+ school rewards program is set up. We currently have 28 supporters signed up under our school ID. It will require 2-3 minutes to log on initially to link your card to the school and that's it! Please read the letter below for information. Thank you for your support!

South Shore Charter Public School - I.D. 08189

Dear Family & Friends,

Our school is participating in the Stop & Shop A+ School Rewards Program, a great fundraising program that runs through March 17, 2016. South Shore Charter Public School can earn CASH through this exciting program.

You can help! Log on to www.stopandshop.com/aplus and choose "Register Your Card" from the CUSTOMER red box to register your card online. Then, each time you shop at Stop & Shop using your Stop & Shop Card, you will earn CASH for our school. You can track the amount of points you earn for our school by checking your grocery receipt. Each month, the amount of CASH awarded will be updated on the Stop & Shop A+ website. Our school will receive a check at the end of the program. The money can be used for any of our school's educational needs.

Taking just a minute of your time to register your Stop & Shop Card can make a huge difference to our school. We need your support. Please be sure to register South Shore Charter Public School using ID # 08189 at www.stopandshop.com/aplus or call the A+ Hotline at 1-877-275-2758 for assistance. Also, don't forget to encourage your friends and neighbors to do the same. It could mean the world to our children.

Laurie Dannison, Development Coordinator, 781-982-4202

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



**CLASSES FOR: HIGH SCHOOL &
AND LEVEL FOUR IV**

WHEN: FEBRUARY 5TH, 2016

LOCATION: PE SPACE

**CAUSE: GIFT TO GIFTS (NON
PROFIT ORGANIZATION- HELP
PROVIDE STRUGGLING FAMILIES
WITH HELPFUL NECESSITIES!)**

**PRICE: \$5 AHEAD OF TIME & \$10
AT THE DOOR**

**TAUGHT BY ACTUAL
PROFESSIONAL INSTRUCTORS!**

CHANGE A LIFE WHILE EXERCISING

Give Happiness! Donate Today!

Clothing Drive!

Gloves, Coats, Pants, Shirts,
Scarves, Hats, etc.

Date: December 10-January 29th,
2016

Donations should go into donation
boxes located outside in the front
of the building

Donations: Go to Gifts To Give
Change A Life!



SSCPS





Nonverbal Learning Disability: Characteristics and Treatment

Presented by: *Ellen Keefe, MS, CCC-SLP*

Wednesday, January 27th, 2016

7-8:30 p.m.

42 Winter Street, Pembroke

\$25



Some of the characteristics of Nonverbal Learning Disability are:

- Difficulty understanding body language/facial expression
- Inability to grasp the "Big Picture"
- Concrete Literal Thinking
- Decreased coordination and organization
- Difficulty writing and drawing
- Problems with math and reading
- Poor self esteem

Join Ellen Keefe, MS, CCC-SLP for a discussion that will provide you with an understanding of the language and social skills strengths and weaknesses of NVLD. In addition, you will learn great strategies to help you boost your child's social and higher level language skills.

For More Information or to Register please call

South Shore Therapies at (781) 335-6663 x 100

Please Note Space is limited and is on a first come first serve basis.

Payment due at time of registration.

You Can also Find Us On Social Media!





**Do you have a child under 5?
Are you pregnant or breastfeeding?**

WIC OFFERS FAMILIES

- Personalized nutrition consultations
- Free healthy food
- Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

Call **1-800-WIC-1007**
or visit mass.gov/wic

TDD/TTY: 617-624-5992
USDA is an equal opportunity provider and employer.

Check these guidelines to see if WIC might be right for your family.

HOUSEHOLD SIZE	YEARLY	MONTHLY	WEEKLY
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455

IF YOU ARE PREGNANT, YOU SHOULD COUNT YOURSELF AS TWO.



GOOD FOOD and A WHOLE LOT MORE!



**¿Tiene un hijo menor de 5 años?
¿Está embarazada o amamantando/lactando?**

WIC OFRECE A LAS FAMILIAS

- Alimentos saludables gratis
- Apoyo de lactancia
- Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, ¡y otros servicios que pueden beneficiar a la familia entera!

Llame al **1-800-942-1007**
o visite mass.gov/wic

TDD/TTY: 617-624-5992
El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

TAMAÑO DE FAMILIA	ANUAL	MENSUAL	SEMANAL
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455

SI USTED ESTÁ EMBARAZADA, DEBE CONTARSE POR 2.



BUENOS ALIMENTOS y MUCHO MÁS!

Breakfast Order Form
Breakfast for the Month of January, 2016
Due to the office by 3:00 pm, ***Tuesday**, January 12, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day breakfast will be ordered.

~~Week of~~ [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
~~1/4 – 1/8~~

~~Week of~~ [] Monday [] Tuesday [] Wednesday [] Thursday [X] Friday
~~1/11 – 1/15~~

Week of [X] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
1/18 – 1/22

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
1/25 – 1/29

Number of Breakfasts ordered _____ X \$1.80

Less credit due

Total Amount Enclosed

Cash or Checks may be made out to SSCPS.

\$ _____

Lunch Order Form

Lunch for the Month of January, 2016

Due to the office by 3:00 pm, *Tuesday, January 12, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1/4 – 1/8	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1/11 – 1/15	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	NO SCHOOL

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1/18 – 1/22	NO SCHOOL	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1/25 – 1/29	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.30

Number of **Salads (B)** ordered _____ X \$3.30

Less credit due _____

Total Amount Enclosed



\$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER PUBLIC SCHOOL
JANUARY, 2016

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				1 
4 Marshmallow Mateys Fruit Apple Cinnamon Waffles Orange Juice Milk	5 3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk	6 WG Cinnamon Roll Fruit Orange Juice Milk	7 3.6 oz. WW Chocolate Muffin Fruit Orange Juice Milk	8 3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk
11 Cereal Fruit String Cheese Orange Juice Milk	12 WW Bagel w/Jelly Fruit Orange Juice Milk	13 3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk	14 3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	15 NO SCHOOL
18 	19 2 oz. Cereal Fruit Orange Juice Milk	20 3.6 oz. WW Apple Muffin Fruit Orange Juice Milk	21 Marshmallow Mateys Fruit Orange Juice Milk	22 Honey Wheat Bagel Fruit Orange Juice Milk
25 Cinnamon Toast Crunch Fruit Cheese Stick Orange Juice Milk	26 3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	27 WG Croissant Fruit Orange Juice Milk	28 3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk	29 WG Cinnamon Roll Fruit Orange Juice Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
JANUARY, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 A Meatball WW Sub Green Beans B Salad w/Crispy Chicken & WW Pita Bread Milk	5 A Sliced Chicken on WW Chickpea Salad B Salad w/Crispy Chicken & WW Pita Bread Juice Milk	6 A Cheese & Bean WW Burrito Corn B Salad w/Crispy Chicken & WW Pita Bread Milk	7 A Crispy Chicken Salad WW Wrap Baby Carrots B Salad w/Crispy Chicken & WW Pita Bread Juice Milk	8 A Cheese WW Pizza Broccoli B Salad w/Crispy Chicken & WW Pita Bread Milk
11 A Hamburger on WW Roll Baked Beans B Salad w/Turkey & WW Pita Bread Milk	12 A Grilled Chicken over Veggie Pasta Salad B Salad w/Turkey & WW Pita Bread Milk	13 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Turkey & WW Pita Bread Milk	14 A Chicken Caesar WW Wrap Cucumber Slices B Salad w/Turkey & WW Pita Bread Milk	15 NO SCHOOL
18 	19 A Ham & Cheese on WW Carrots B Salad w/Tuna & WW Pita Bread Milk	20 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WW Pita Bread Milk	21 A Cold BBQ Chicken on WW Bun Cucumber Slices B Salad w/Tuna & WW Pita Bread Milk	22 A Cheese WW Pizza Broccoli & Potato Wedges B Salad w/Tuna & WW Pita Bread Milk
25 A WG Pancakes & Sausage Potato Wedges B Salad w/Cheese Sticks & WW Pita Bread Milk	26 A Tuna in WW Wrap Chickpea Salad B Salad w/Cheese Sticks & WW Pita Bread Milk	27 A Cheeseburger Mac Broccoli Whole Wheat Roll B Salad w/Cheese Sticks & WW Pita Bread Milk	28 A Buffalo Chicken WW Wrap Cucumbers B Salad w/Cheese Sticks & WW Pita Bread Milk	29 A Cheese Pizza Italian Beans B Salad w/Cheese Sticks & WW Pita Bread Milk

* All Meals Include Choice of 1% or Skim Milk

* All Meals Comply with the National School Program

Please make a meal choice by circling which meal desired each day: Circle a Choice of 1% or Skim Milk

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
JANUARY, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 A Meatball WW Sub Green Beans B Salad w/Crispy Chicken & WW Pita Bread Milk	5 A Sliced Chicken on WW Chickpea Salad B Salad w/Crispy Chicken & WW Pita Bread Juice Milk	6 A Cheese & Bean WW Burrito Corn B Salad w/Crispy Chicken & WW Pita Bread Milk	7 A Crispy Chicken Salad WW Wrap Baby Carrots B Salad w/Crispy Chicken & WW Pita Bread Juice Milk	8 A Cheese WW Pizza Broccoli B Salad w/Crispy Chicken & WW Pita Bread Milk
11 A Hamburger on WW Roll Baked Beans B Salad w/Turkey & WW Pita Bread Milk	12 A Grilled Chicken over Veggie Pasta Salad B Salad w/Turkey & WW Pita Bread Milk	13 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Turkey & WW Pita Bread Milk	14 A Chicken Caesar WW Wrap Cucumber Slices B Salad w/Turkey & WW Pita Bread Milk	15 NO SCHOOL
18 	19 A Ham & Cheese on WW Carrots B Salad w/Tuna & WW Pita Bread Milk	20 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WW Pita Bread Milk	21 A Cold BBQ Chicken on WW Bun Cucumber Slices B Salad w/Tuna & WW Pita Bread Milk	22 A Cheese WW Pizza Broccoli & Potato Wedges B Salad w/Tuna & WW Pita Bread Milk
25 A WG Pancakes & Sausage Potato Wedges B Salad w/Cheese Sticks & WW Pita Bread Milk	26 A Tuna in WW Wrap Chickpea Salad B Salad w/Cheese Sticks & WW Pita Bread Milk	27 A Cheeseburger Mac Broccoli Whole Wheat Roll B Salad w/Cheese Sticks & WW Pita Bread Milk	28 A Buffalo Chicken WW Wrap Cucumbers B Salad w/Cheese Sticks & WW Pita Bread Milk	29 A Cheese Pizza Italian Beans B Salad w/Cheese Sticks & WW Pita Bread Milk

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