

## FROM THE EXECUTIVE DIRECTOR

This past weekend we celebrated the life of Dr. Martin Luther King, Jr. Now, more than ever, the meaning and message of Dr. King's life serves as a guidepost as we try to make sense of the world and its current events. Early in January the United States Department of Education released a letter to all school leaders outlining the importance of maintaining a school environment free from discrimination. Current events and an ever-flowing stream of news, especially during presidential election season, can create an atmosphere of misunderstanding. This letter was well timed to directly address recent and worldwide issues that have placed many of our students at risk of harassment on both local and national levels. Cultural competence remains a work in progress within all schools across the country.

World events have taught us that valuing each other for the content of our character is now the most important work of our time. The value within Dr. King's message is universal, it is found in the words of Anne Frank, the speeches of Mahatma Gandhi, and in the actions of Malala Yousafzai. We recognize the work our students do to articulate this message at the South Shore Charter Public School.

At the same time the United States Department of Education was drafting their letter, a student here at SSCPS was drafting a letter of his own. Junior Zain Akhtar, a writer for our school newspaper *Charter Ink*, wrote the piece included below. I hope that you take the time to read and enjoy this meaningful piece of student work.

*Alicia Savage – asavage@sscps.org*

My name is Zain Akhtar, and I am a Muslim. Yes, a Muslim: a follower of the religion Islam. Well, what does that mean? While your beliefs and mine may be very similar, my beliefs are completely different than those so called "Muslims" on television. Those "Muslims" you see killing hundreds of people and denying women of education. I am not one of those "Muslims". I am just a simple man who believes everyone has the right to believe in what they would like, and that nobody should be punished for having those beliefs. I consider these terrorist acts to be just as ridiculous and atrocious as you do, and besides that, find them quite embarrassing, as a member of the same religion as those terrible human beings. I write to spread awareness that not all Muslims are like those you see on the news. In fact, a majority of us do not condone such acts to be part of our religion. Today, I aim to spread awareness and try to end the hate true Muslims receive for being associated with the horrific acts taking place worldwide.

Today, Muslims, or frankly anyone with brown skin, are characterized as terrorists. However, I am not blaming anyone who thinks such ideas. I think anyone who watches the news would consider my people to be terrorists. We see captions like, "Islamic State kills 17 in bombing of (insert name of city here)," almost everyday. Anyone who sees these headlines would associate terrorism with Islam, with Muslims. For this reason, I do not consider anyone with these beliefs to be ignorant, I consider them misinformed.

To the media, anyone from the Middle East who kills large amounts of people is a Muslim. It is always highlighted that those who committed these acts had Islamic books at home, or were looking at "jihadist" promoting videos online. Jihad is the act of constantly striving to please God. How is this interpreted to mean murder and destruction? How is this a "Muslim" act, and not one of insanity? The shooter at Sandy Hook was deemed mentally insane. How is this any different? How can someone claim religion their answer as to why they decided to kill innocent people? These are the things that need to be considered when we deem such people as "islamic terrorists".

Now, when I go to the airport, there is a good chance that I will be "randomly selected" for a security check. When I walk around with my family, people are going to think my mother is strange for wearing a scarf on her head at all times. These things are bound to happen. Well, how am I going to deal with all these things: the

people looking at me and judging me, or people calling me a terrorist during an argument, as though that helps prove their point? There is only one way to deal with all this hate and profiling.

The solution is to set an example for my community. I could argue with someone at airport security that he was being a racist for selecting me, and yell at him until he lets me move on, or I could calmly accept it, take the security check, and be on my way. If these people see that it angers me, then I am just proving their point. If they see that I accepted it without any argument, then they will be able to see that I am not what they perceive me to be. I can spread awareness, not by fighting these people or by claiming them ignorant, but by setting an example in my community. My peers can see that I am a simple, common man, who happens to be a Muslim. They can see me as what a real Muslim is like, not like the men they see on television. Now, hearing this, I hope you all can go home and have a new approach and view on Muslims. I hope you can spread this knowledge, and inform the misinformed. Please help to show that not all Muslims are terrorists, and that we are just as against terrorism as you are. Thank you for listening to me today, and please, help us stop Islamophobia.

*Zain Akhtar – 11<sup>th</sup> Grade Student*

<b>Friday</b>	<b>01/22</b>	<b>Level IV Dance at the SSCPS Gym</b>	<b>6:00-8:30pm</b>
<b>Friday</b>	<b>01/22</b>	<b>High School Semi-Formal at the Cushing Center Norwell</b>	
<b>Saturday</b>	<b>01/23</b>	<b>Ski Club – departs SSCPS at 6:30am</b>	
<b>Tuesday</b>	<b>01/26</b>	<b>2<sup>nd</sup> Quarter Ends</b>	
<b>Tuesday</b>	<b>01/26</b>	<b>Financial Aid Night</b>	<b>5:00-7:00pm</b>
<b>Weds-Fri</b>	<b>01/27-01/29</b>	<b>Mid-Term Exams for Grades 7-12 – Early Release</b>	<b>12:00pm</b>

## **NATIONAL HONOR SOCIETY**

As winter approaches and the snow and cold begin to arrive, staying warm becomes a problem for many people on the South Shore, and shelters require more and more supplies. In response to this, the SSCPS chapter of the National Honor Society will be coordinating a sock drive that will run from January 11th to January 29th. Donations of brand new (still in packaging) white crew socks for men and women will be highly appreciated, and all of the socks collected will be sent to Father Bill's & Mainspring. A donation box will be located on each level and in the high school, and each level has the opportunity to receive a prize of extra recess after raising a certain number of socks (100 pairs for levels I-IV and 200 pairs for the high school). Thank you, and best wishes for the new year!

## **YEARBOOK COMMITTEE**

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to [www.coffeepond.com](http://www.coffeepond.com), to login use school password: bluejaguar. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. *There are still a few 2015 books left just email Christine at [cbodnar@sscps.org](mailto:cbodnar@sscps.org) to get yours!*

## **HEALTH OFFICE NEWS**

### **Cold Weather Notice**

Please be aware most students go outside everyday unless the temperature is below 20 degrees. Students need to wear adequate clothing which includes hats, gloves, winter coats, and snow clothes as needed. Students who are not dressed properly for the cold or snowy weather will not be allowed to go outside for recess, OCB, or lunch.

## FROM THE DEVELOPMENT OFFICE

### Support the SSCPS Annual Fund

The fiscal year is a little more than half over and we are making progress toward our SSCPS Annual Fund goals. We are currently nearing 20% participation, with more than \$13,000 raised. All funds contributed to the Annual Fund go directly to enhancing educational excellence at SSCPS. Please support the Annual Fund today at <http://www.sscps.org/giving/donate-now/>

## COMMUNITY SERVICE OPPORTUNITIES

### Level II Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

### The Guardian Center – 888 Main Street, Brockton, MA – 508-587-6556

The Guardian Center is in need of lap sized blankets for residents. These blankets offer comfort, warmth, and for some they are used to wear on laps to cover braces on their legs. Blankets can be made or purchased for the residents. They can be dropped off at the center as a donation. The center is always looking for visitors as well. Most of the patients have dementia. Should you want to donate time at the center please contact them directly so that you can be set up with the right people for your volunteer time.

**Do Something Website: Online** – Check out the website [www.dosomething.org](http://www.dosomething.org). You can enter in the time you have available, things you are interested in helping, and activities you are interested in. The site will give you ideas and opportunities filtered based on what you put in for criteria!

## COMMUNITY INTEREST

### HOME ALONE STAYING SAFE

South Shore Medical Center has partnered with [South Shore Safety](http://SouthShoreSafety.com) to offer your child safety education classes.

**Saturday, February 20, 2016 - 9:00 a.m. – 12:00 p.m.**

#### For 4th – 6th Graders

- Is your child ready to stay home alone?
- Will your child be safe & responsible when home alone?
- Is your child "street smart" when going to and from the bus or school?

"Home Alone Staying Safe" is a 3-hour program which prepares kids for situations that can happen when staying home alone, from the unexpected knock on the door to the 911 emergency phone call. It will also help ease the minds of parents who decide the time has come to leave their kids home alone or with siblings. This interactive and fun course, taught by South Shore Safety health educators, covers a range of safety topics:

- Safety to and from school
- Basic self-defense moves
- Phone safety
- Food/cooking safety
- Basic first aid
- Choking prevention
- Heimlich Maneuver
- Handling emergencies
- Lots of prevention!



**Cost** - \$40

**Location** - South Shore Medical Center, 143 Longwater Drive, Norwell  
**To register, call 781-681-1363 or email [southshoresafety2@gmail.com](mailto:southshoresafety2@gmail.com).**

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**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**

# SSCPS PA Financial Grant Request – Spring 2016

Requests Due by 1/22/16

## Grant Request Information

**Date:**

**Total Amount Requested\*:**

**Date Required:**

**Beneficiaries of the grant** (please provide the individual(s), grades, levels or project that will benefit):

**Description of request (be specific, use the reverse side if necessary):**

**\*Amount requested must include all charges associated with this request** (taxes, labor, set-up charges, delivery fees, etc.). Do the research and make sure the amount requested is completely accurate and/or get realistic quotes from the proposed vendor. **Requests with incomplete information or estimated costs cannot be considered.**  
*Attach any and all supporting documentation necessary to help the Task Force make an informed decision.*

## Supplier's Information

Company Names (2):

Address:

Telephone Number:

Fax Number:

Websites:

## Submitter's Information

Name:

Title:

Email Address:

Telephone Number:

Can the grant taskforce contact you if we have questions while reviewing your request (meetings are generally held in the early evenings)? (Y/N):

If yes, after hours contact information:

## Submitting this request

Return this form and all supporting documentation to PA Treasurer, Mickey Ciambriello, either by

- Placing in the "PA Grant Requests" envelope at the front desk or
- Email to [ciambriellofamily5@gmail.com](mailto:ciambriellofamily5@gmail.com)

Deadline: No later than January 22, 2016

Question: Send an email to [ciambriellofamily5@gmail.com](mailto:ciambriellofamily5@gmail.com) or call Mickey at 617-640-4443

## Authorization for funding this request

Taskforce meeting date:

Taskforce decision:

PA treasurer approval:



**ZUMBA**<sup>®</sup>  
fitness

**Who :**

High School/Level III/Level IV  
Faculty/Parents

**What :**

Zumbathon

**When :**

2/5/16 3:30-5:00

**Where :**

P.E. Space

**Why :**

To Benefit Gifts 2  
Give

**Prices:**

**\$5 -**

**ahead of time**

**\$10 -**

**at the door**

**3**

**Professional**

**Zumba**

**Instructors**



**Bertucci's**  
LOCAL

*Dining for  
Dollars*

When you present this flyer

**15%** of what you spend  
will be donated back to

**The South Shore Charter School**

Tuesday, February 2nd

11:00 am - 9:00 pm

Dine In, Carry Out or Delivery

Bertucci's of Hingham - 90 Derby Street, Hingham, MA 02043 Ph:781-740-4405

**Bertucci's**  
LOCAL

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LOCAL

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**15%** of what you spend  
will be donated back to

**The South Shore Charter School**

Tuesday, February 9th

11:00 am - 9:00 pm

Dine In, Carry Out or Delivery

Bertucci's of Hingham - 90 Derby Street, Hingham, MA 02043 Ph:781-740-4405

**Bertucci's**  
LOCAL

*Dining for  
Dollars*

When you present this flyer

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11:00 am - 9:00 pm

Dine In, Carry Out or Delivery

Bertucci's of Hingham - 90 Derby Street, Hingham, MA 02043 Ph:781-740-4405





## Nonverbal Learning Disability: Characteristics and Treatment

Presented by: *Ellen Keefe, MS, CCC-SLP*

Wednesday, January 27th, 2016

7-8:30 p.m.

42 Winter Street, Pembroke

\$25



Some of the characteristics of Nonverbal Learning Disability are:

- Difficulty understanding body language/facial expression
- Inability to grasp the "Big Picture"
- Concrete Literal Thinking
- Decreased coordination and organization
- Difficulty writing and drawing
- Problems with math and reading
- Poor self esteem

*Join Ellen Keefe, MS, CCC-SLP for a discussion that will provide you with an understanding of the language and social skills strengths and weaknesses of NVLD. In addition, you will learn great strategies to help you boost your child's social and higher level language skills.*

For More Information or to Register please call

**South Shore Therapies** at (781) 335-6663 x 100

*\*Please Note\* Space is limited and is on a first come first serve basis.*

Payment due at time of registration.

You Can also Find Us On Social Media!



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## **Grandparent raising grandchildren support group**

Our mission of our Grandparents Raising Grandchildren Group is to offer support and information to others.

We are a group of grandparents that sit and have coffee/tea and conversations about this journey we are on.

We invite anyone interested in attending our Group which meets on Monday nights. We are a confidential group.

### **Fogg Library**

1 Columbian Street

South Weymouth, MA

Time: Monday Evenings - 7:00-8:45 (Basement level)

Please contact: Judy for more info. 781-706-7535

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# Holly Hill Farm & Friends

1/19/2016 FOR IMMEDIATE RELEASE:

Contact Info:

*Friends of Holly Hill Farm*

Holly Hill Farm

236 Jerusalem Road , Cohasset, MA 02025

[www.hollyhillfarm.org](http://www.hollyhillfarm.org) 781-383-6565

Holly Hill Farm Media contact: [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## UPCOMING EVENTS & ACTIVITIES

**Back by popular demand! Knitting 101 at Holly Hill Farm, 4 Wednesday evenings, February 3, 10, 17 & 24, 6 – 8pm, Carrie Weinstein, Instructor** Whether you have no knitting experience, need a refresher or simply want to knit a project with a fun group of folks, this is the perfect class for you! During the 4-week period, master knitter, Carrie Weinstein, will teach you the basic concept of knitting: how to cast on, knit, purl, bind off and read an easy pattern. You will then apply these skills to begin a simple cowl. For those with a bit more know how, this is a great opportunity to learn some new skills by tackling a more advanced project with supervision. You will need to bring your own materials. Cost is \$80. plus materials. Call/email 781-383-6565 or [cprenticehollyhillfarm@verizon.net](mailto:cprenticehollyhillfarm@verizon.net) for a suggested materials list for a cowl or hat and any questions. Join us if you've ever had the desire to learn this incredibly gratifying, creative, relaxing craft!

### **NEW! Seed Talk and Stone Soup Workshop. Saturday, February 6, 10-12noon**

Gather in the warm, sunny greenhouse to make your garden plans for 2016. The farmers will share their crop plans and ideas with the group. We will peruse seed catalogs, discuss strategies and figure out the best arrangement for early season, summer and, even fall plantings. The farmers will have some seeds available to take home such as beans, carrots and kale. While thinking about all of these warm weather plans, you are invited to bring a vegetable and add it to our community stone soup. Our stone soup will be simmering on the Bergsten blue woodstove. Plan on enjoying a cup of hearty, warm soup. Cost of workshop is \$12/members, \$15/nonmembers. Call/email 781-383-6565 or [friendsofhollyhillfarm@gmail.com](mailto:friendsofhollyhillfarm@gmail.com) [Holly Hill Farm, 236 Jerusalem Road, Cohasset](http://www.hollyhillfarm.org)

### **NEW! FEBRUARY VACATION FUN AT HOLLY HILL FARM, Tuesday through Thursday, February 16 – 18, 9:00 – 12noon each day, Ages 5 – 10**

Come see what's happening at the farm in winter. There is plenty of activity and growth even in the cold months. Each day we will explore a different aspect of the organic farm. On Tues. we'll observe, make and take home some rich compost. Wednesday we'll head to the woods and trails for an exploratory hike. Thursday we'll encourage spring and sow some hearty seeds to bring home. Each day we will greet and check in on our farm animals. Come for 1, 2 or all 3 days. \$45/day or \$135/all 3 days for members. \$50/day or \$150/all 3 days nonmembers. Preregistration required. In the event of under enrollment or severe winter weather, we reserve the right to cancel with full refund. Call/email 781-383-6565 or [friendsofhollyhillfarm@gmail.com](mailto:friendsofhollyhillfarm@gmail.com) [Holly Hill Farm, 236 Jerusalem Road, Cohasset](http://www.hollyhillfarm.org)

## School Partnerships

Recently, on a not too brisk winter afternoon, the grade 1 Girl Scout Daisies at the Cushing School in Scituate gathered to earn their green badge, learn about the environment and eat oranges, apples and bananas for snack. They then collected the cores and peels to put into the new school compost bin out back by the garden. For a few months the 6th graders have been collecting similar fruit and vegetable scraps from lunch in order to and in hopes of making compost for the new school garden. Mixed with carbon based straw, the nitrogen rich food mixes well together, along with worms, to make some compost for Spring. The Daisies were happy to contribute and help reduce some trash as well. It was a nice way to help the garden in Winter and offer help for the earth, while one waits for warmer weather.



**Do you have a child under 5?  
Are you pregnant or breastfeeding?**

**WIC OFFERS FAMILIES**

- Personalized nutrition consultations
- Free healthy food
- Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

Call **1-800-WIC-1007**  
or visit [mass.gov/wic](http://mass.gov/wic)

TDD/TTY: 617-624-5992  
USDA is an equal opportunity provider and employer.

Check these guidelines to see if WIC might be right for your family.

HOUSEHOLD SIZE	YEARLY	MONTHLY	WEEKLY
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455

IF YOU ARE PREGNANT, YOU SHOULD COUNT YOURSELF AS TWO.



**GOOD FOOD and A WHOLE LOT MORE!**



**¿Tiene un hijo menor de 5 años?  
¿Está embarazada o amamantando/lactando?**

**WIC OFRECE A LAS FAMILIAS**

- Alimentos saludables gratis
- Apoyo de lactancia
- Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, ¡y otros servicios que pueden beneficiar a la familia entera!

Llame al **1-800-942-1007**  
o visite [mass.gov/wic](http://mass.gov/wic)

TDD/TTY: 617-624-5992  
El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

TAMAÑO DE FAMILIA	ANUAL	MENSUAL	SEMANAL
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455

SI USTED ESTÁ EMBARAZADA, DEBE CONTARSE POR 2.



**BUENOS ALIMENTOS y MUCHO MÁS!**

# Breakfast Order Form

## Breakfast for the Month of February, 2016

Due to the office by 3:00 pm, \*Tuesday, January 26, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day breakfast will be ordered.*

Week of 2/1 – 2/5     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/8 – 2/12     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/15 – 2/19     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/22 – 2/26     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 2/29 – 3/4     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Breakfasts ordered \_\_\_\_\_ X \$1.80

*Less credit due*

**Total Amount Enclosed**

\_\_\_\_\_

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.



# Lunch Order Form

## Lunch for the Month of February, 2016

Due to the office by 3:00 pm, \*Tuesday, January 26, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please circle **one** choice per each day lunch is ordered.*

Week of 2/1 – 2/5	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 2/8– 2/12	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Early Release</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 2/15 – 2/19	<u>Monday</u> * * *	<u>Tuesday</u> W	<u>Wednesday</u> I N T E R	<u>Thursday</u> V A C	<u>Friday</u> T I O N
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Week of 2/22 – 2/26	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 2/29 – 3/4	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X \$3.30

Number of **Salads (B)** ordered \_\_\_\_\_ X \$3.30

*Less credit due* \_\_\_\_\_



**Total Amount Enclosed** \$\_\_\_\_\_

Cash or Checks may be made out to SSCPS.



**SOUTH SHORE CHARTER SCHOOL**  
**FEBRUARY, 2016**

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cereal Fruit WW Grahams Orange Juice Milk	2 WW Bagel w/Jelly Fruit Orange Juice Milk	3 3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk	4 WG Croissant Fruit Orange Juice Milk	5 3.6 oz. WW Apple Muffin Fruit Orange Juice Milk
8 Cereal Fruit WW Grahams Orange Juice Milk	9 WG Cinnamon Roll Fruit Orange Juice Milk	10 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	11 3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	12 3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk
15 	16 <b>V A C</b>	17 <b>A T I</b>	18 <b>O N</b>	19 
22 Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk	23 3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk	24 WG Croissant Fruit Orange Juice Milk	25 WG Cinnamon Roll Fruit Orange Juice Milk	26 WG Cinnamon Raisin Bagel w/Jelly Fruit Orange Juice Milk
29 Marshmallow Mateys Fruit Apple Cinnamon Waffles Orange Juice Milk	<b>March 1</b> 3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	<b>2</b> WG Cinnamon Roll Fruit Orange Juice Milk	<b>3</b> 3.6 oz. WW Chocolate Muffin Fruit Orange Juice Milk	<b>4</b> Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk

\* All Meals include Choice of 1% or Skim Milk.    **Circle a Milk Choice**    1%    Skim    *All Meals Include Fruit*    \* Complies with NSLP Regulations

**PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.**

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**

*“This institution is an Equal Opportunity Employer”*





Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL K-8**  
**FEBRUARY, 2016**

**LUNCH MENU Circle A or B**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY																
1 A Meatball Sub Potato Wedges Carrots B Salad w/Crispy Chicken & WW Pita Bread Milk	2 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Crispy Chicken & WW Pita Bread Milk	3 A Cheese & Bean Burrito Corn B Salad w/Crispy Chicken & WW Pita Bread Milk	4 A Crispy Chicken Salad WW Wrap Baby Carrots B Salad w/Crispy Chicken & WW Pita Bread Milk	5 A Cheese Pizza Potato Wedges Broccoli B Salad w/Crispy Chicken & WW Pita Bread Milk	8 A Hamburger on WW Roll Baked Beans B Salad w/Tuna & WW Pita Bread Milk	9 A Grilled Chicken Breast Pasta Salad w/Veggies B Salad w/Tuna & WW Pita Bread Milk	10 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Tuna & WW Pita Bread Milk	11 <b>EARLY DISMISSAL</b>	12 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WW Pita Bread Milk	15 	16 <b>V A C</b>	17 <b>A T</b>	18 <b>I O N</b>	19 	22 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WW Pita Bread Milk	23 A Ham & Cheese Sandwich Carrots B Salad w/Grilled Chicken & WW Pita Bread Milk	24 A Sweet & Sour Chicken Brown Rice Broccoli A Salad w/Grilled Chicken & WW Pita Bread Milk	25 A Asian Salad w/Chicken, Veggies & Noodles B Salad w/Grilled Chicken & WW Pita Bread Milk	26 A Cheese Pizza Broccoli B Salad w/Grilled Chicken & WW Pita Bread Milk	29 A Cheeseburger Mac Broccoli B Salad w/Turkey & WW Pita Bread Milk	<b>March 1</b> A Tuna Salad on WW Bun Chickpea Salad B Salad w/Turkey & WW Pita Bread Milk	2 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Turkey & WW Pita Bread Milk	3 A Buffalo Chicken WW Wrap Baby Carrots B Salad w/Turkey & WW Pita Bread Milk	4 A Cheese Pizza Green Beans Salad w/Turkey & WW Pita Bread Milk
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\* All Meals include Choice of 1% or Skim Milk.    Circle a Milk Choice    1%    Skim    *All Meals Include Fruit*    \* Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**

***"This institution is an Equal Opportunity Employer"***





Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12**  
**FEBRUARY, 2016**

**LUNCH MENU Circle A or B**

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