

FROM THE 7-12 PRINCIPAL

After an unexpected four day weekend, our students are back and engaged in academics in the final push to February break. Report cards, originally scheduled to go out on Friday, were delayed due to the snow. They went home with students yesterday. We are asking that students in grades 7-12 return a signed copy of their report card to their advisor/pod teacher by Friday, February 26, 2016.

PSAT score reports for students in grades 9, 10, and 11 will be mailed home by the end of this week. The PSAT is practice for the SAT, and the results are one indicator of how students may perform on that college entrance exam. This year The College Board sent these reports to us later than promised, likely the result of the significant changes they made to this year's test. The score reports you receive reflect these changes. As in previous years the score report includes a total score, a math score, and a reading/writing score. New this year, the score report also includes a number of subscores in both areas, indicating whether the student needs to strengthen skills, is approaching benchmark, or has met/exceeded the benchmark for that area. The new PSAT includes more nonfiction passages focused on History and Science. As a result, The College Board is reporting cross-test scores for those subjects. A new page in the report breaks down each section of the test and indicates what skills the student is likely able to do and where a student should focus to improve in each area.

This year our ninth grade students took a different test than our tenth and eleventh graders. The score report will look similar. The reports sent home for sophomores and juniors include an additional subscore called, "Passport to Advanced Math," reflecting the higher level of math concepts now tested. The most important difference between the PSAT 8/9 and the PSAT/NMSQT (National Merit Scholarship Qualifying Test) is in the release of test questions. All students can access more comprehensive score reports by creating a student account at studentscores.collegeboard.org. The access code provided on the back page of the PSAT score report will allow students to link score data to individual accounts. While all students can access these score reports online, only tenth and eleventh grade students can access the test questions themselves. This valuable resource allows students to go to the question and see how they answered. At this time The College Board is not releasing the PSAT 8/9 test questions. My hope is that this will change in future years as access to the questions is important both to student learning and to the professional work of our teachers.

Like any test, the PSAT reflects the performance of a student on one particular day. The test is designed to measure what a student knows and can do, but many other factors can influence the score. Some students will be disappointed in their scores. The test is designed to assess academic skills, and while the test is not a perfect picture of classroom performance, students can expect some improvement as a result of their high school coursework. Our teachers will be closely examining the data during this week's professional development time to plan for the implementation of strategies that magnify that effect.

Additionally, students can directly prepare for the SAT, and PSAT results are an important guide for that preparation. Part of The College Board's changes to the PSAT/SAT program include greater resources for SAT prep through a partnership with Khan Academy. These new resources are part of The College Board's push to make test prep available to all students, not only to those who can afford expensive courses and private tutoring. Students can access these materials and tailor a preparation program using their PSAT results by logging into their student accounts.

Not every student is internally motivated to spend hours engaged with SAT prep material on a regular basis. In my experience with online learning, it can be harder for students to keep focused without the prompting of the teacher or the tutor that is available to those using traditional test preparation options. Your encouragement and your presence can go a long way in helping your child tackle this task. Study groups with peers are another good strategy that can keep students engaged with the material. Research tells us that groups can help students learn the material in a deeper and more meaningful way as peers can give one another feedback and challenge each other to learn. Groups also provide a sense of solidarity and help students look forward to studying rather than procrastinate. Learning to study in groups is important training for effective studying at the college level.

I realize that families are processing a great deal of information with the release of grades and the mailing of PSAT data. It is especially challenging this year as we are all new to the redesigned PSAT exam. Please do not hesitate to contact me with any questions or concerns.

Angie Pepin – apepin@sscps.org

Thursday	02/11	High School Trip to Costa Rica Departs	
Thursday	02/11	Early Release for Students – Professional Development	12:00pm
Thursday	02/11	Parents Association Hosting Movie Day	12:00-3:00pm
Thursday	02/11	School Council – Cancelled	3:30pm
Thursday	02/11	Board of Trustees Personnel Development Finance	7:30pm 5:30pm 6:00pm 7:00pm
Saturday	02/13	Ski Club Final Week – departs SSCPS 6:30am	
Mon-Fri	02/15-02/19	Winter Vacation	
Monday	02/22	Classes Resume	8:15am
Friday	02/26	Application deadline for the Enrollment Lottery and Intent to Continue Forms Due	

ANNOUNCEMENTS

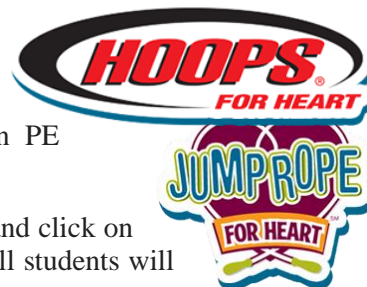
Level III Waste Watchers Project is teaming up with the National Honor Society to sell their handmade “Krazy Krayons” Coloring Books! Each book includes a variety of coloring pages and a purple heart crayon made by Bill Tramontana’s Level III Project for just \$1.00. As an added bonus, they can be delivered to a friend within the school with a message on it in light of Valentine’s Day. All proceeds will go back to the school fund. They will only be sold for a few weeks, while supplies last. Students can buy them during lunch in the high school great room or see Bill on Level III.

SAVE THE DATE! February 29 – March 4

Every year PE students in grades 1-6 partner with the American Heart Association to help kids with special hearts! Mark your calendars for our upcoming **Jump Rope For Heart** and **Hoops For Heart** event taking place in PE classes the week of:

Levels I and II visit www.heart.org/jump, Level III visit www.heart.org/hoops and click on “*Students Sign Up*” to get started today. Fundraising is completely optional but all students will learn important knowledge regarding heart health during PE class!

The American Heart Association's Mission: To build healthier lives, free of cardiovascular diseases and stroke.



Dear Parent/Guardian,

We are thrilled to support the American Heart Association! Our partnership helps to teach students and families how to take care of their hearts through the *Jump Rope for Heart* program. Through the program:

- ♥ **YOUR CHILD** learns about the importance of the heart with educational programs from the American Heart Association. Students will learn how the heart works, how exercise affects their heart and how to stay FIT FOR LIFE!
- ♥ **YOUR CHILD** reaches out to friends and family. The safe online tool makes it easy for your child to set up a web page and send emails to support his or her fundraising efforts and to share life-saving information. Visit www.heart.org/jump to get started. Any offline donations can be collected in the envelope your child has been given.
- ♥ **YOUR CHILD** feels good about making a difference in people's lives! Funds raised support the Heart Association's initiatives that *save lives in our community*. **Our school earns money for PE equipment so we can keep our kids MOVING and keep their hearts healthy!**

YEARBOOK COMMITTEE

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. *There are still a few 2015 books left just email Christine at cbodnar@sscps.org to get yours!*

FROM THE DEVELOPMENT OFFICE

SSCEF Annual Fund Phone-a-thon Update

Thank you to all the volunteers who helped in last's week very successful Phone-a-thon!

Paul Alden

Rashad Cherant

Samantha Circelli

Cassie Collins

Eileen Collins

Derrick Dera

Van Harting

Rich Levitt

Morgan Rousseau

Frankie Sullivan

Jerome Sullivan

Paul Sullivan

David Whitemyer

Our generous community pledged \$6000 and since Wednesday, we've already collected over \$2000. Our Annual Fund is approaching \$25,000 which puts us halfway to our goal of \$50,000

Please support the Fund by mailing a check to SSCEF, P.O. Box 512, Accord, MA 02018, OR by dropping off a check at the front desk envelope, OR by going on-line at <http://sscps.org/giving/donate-now/> Thank you!

COMMUNITY SERVICE OPPORTUNITIES



A big shout out to the students in Levels I and II who attended Desiree's (Peeples) birthday party on January 31st. The party was held at Kathy Corrigan School of Gymnastics in Rockland. Desiree used her birthday party as a community service project. In lieu of gifts, the students were asked to bring donations for Father Bill's Family Shelter. Thanks to their generosity, Desiree was able to donate: 4 packs of diapers and one box of diapers for a total of 264 diapers; 4 packs of wipes for a total of 256 wipes; sheets; towels; a crib blanket; silverware; toiletries; various cleaning items and band aids. The estimated donations totaled between \$125 and \$150. Father Bill's was extremely grateful for the donations. If anyone is interested in using Father Bill's for a community service project, I highly recommend them. They were very easy to deal with. You can check out their website at www.helpfbms.org.

Level II Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

The Guardian Center – 888 Main Street, Brockton, MA – 508-587-6556

The Guardian Center is in need of lap sized blankets for residents. These blankets offer comfort, warmth, and for some they are used to wear on laps to cover braces on their legs. Blankets can be made or purchased for the residents. They can be dropped off at the center as a donation. The center is always looking for visitors as well. Most of the patients have dementia. Should you want to donate time at the center please contact them directly so that you can be set up with the right people for your volunteer time.

Do Something Website: Online – Check out the website www.dosomething.org. You can enter in the time you have available, things you are interested in helping, and activities you are interested in. The site will give you ideas and opportunities filtered based on what you put in for criteria!

COMMUNITY INTEREST

HOME ALONE STAYING SAFE

South Shore Medical Center has partnered with [South Shore Safety](http://SouthShoreSafety.com) to offer your child safety education classes.

Saturday, February 20, 2016 - 9:00 a.m. – 12:00 p.m.

For 4th – 6th Graders

- Is your child ready to stay home alone?
- Will your child be safe & responsible when home alone?
- Is your child "street smart" when going to and from the bus or school?

"Home Alone Staying Safe" is a 3-hour program which prepares kids for situations that can happen when staying home alone, from the unexpected knock on the door to the 911 emergency phone call. It will also help ease the minds of parents who decide the time has come to leave their kids home alone or with siblings. This interactive and fun course, taught by South Shore Safety health educators, covers a range of safety topics:

- Safety to and from school
- Basic self-defense moves
- Phone safety
- Food/cooking safety
- Basic first aid
- Choking prevention
- Heimlich Maneuver
- Handling emergencies
- Lots of prevention!

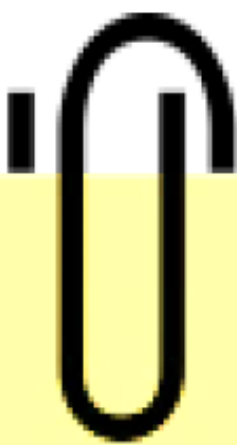


Cost - \$40

Location - South Shore Medical Center, 143 Longwater Drive, Norwell

To register, call 781-681-1363 or email southshoresafety2@gmail.com.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



Help Us . . . Help You – Hire a Student Intern

Every spring, our high school seniors spend three weeks in an internship getting real life experience in a work setting and possible future career. If your office or business is willing to offer an internship position, we would like to hear from you.

The details:

- 30 hours a week/for 3 weeks (generally between the hours of 8:30-3:00)
- From May 9–27th
- Unpaid
- Any type of work: physical, office work, outdoor/indoor

Requires:

- a mentor willing to oversee the intern's activities
- Email a record of hours worked once a week
- Complete a student evaluation at the end of the internship

If you have an internship opportunity, please contact Lora De Salvo at ldesalvo@sscps.org with the following information:

- Name and address of company/business
- Contact name, phone number and/or email
- Brief description of the type of work/environment involved
- Any special requirements that are needed (good with computers, can lift boxes, for example)

Holly Hill Farm & Friends

2/9/2016 FOR IMMEDIATE RELEASE:

Contact Info:

Friends of Holly Hill Farm

Holly Hill Farm

236 Jerusalem Road , Cohasset, MA 02025

www.hollyhillfarm.org 781-383-6565

Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

UPCOMING EVENTS & ACTIVITIES

HOLLY HILL FARM SUMMER CAMP 2016! SIGN UP NOW ON OUR WEBSITE!!

Would you and your children like to spend a week or more at Holly Hill Farm this summer? Your neighborhood, organic farm has a wide variety of fun, exploratory, creative, intriguing programs for all ages. Kids ages 3 and 4 can taste spinach. Children ages 7 and 8 can spend a morning at the marsh. Preteens ages 9 and 10 can compete in an obstacle course. Teenagers can prepare for an exciting overnight at the Farm. And adults can spend a week honing gardening skills and cooking vegetables for a special *Parents Go to Camp Too* program. Go to our website and click on the **Camp Sign Up photo** to learn more about individual sessions and to register early. Camp Open House will be Saturday, March 19 from 10:00 – Noon. Sessions begin June 6 and continue through August 26. Call/email 781-383-6565 or friendsofhollyhillfarm@gmail.com [Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025](http://www.hollyhillfarm.org).

Back by popular demand! Knitting 101 at Holly Hill Farm, 3 more Wednesday evenings of this session, February 10, 17 & 24, 6 – 8pm, Carrie Weinstein, Instructor Whether you have no knitting experience, need a refresher or simply want to knit a project with a fun group of folks, this is the perfect class for you! During the 4-week period, master knitter, Carrie Weinstein, will teach you the basic concept of knitting: how to cast on, knit, purl, bind off and read an easy pattern. You will then apply these skills to begin a simple cowl. For those with a bit more know how, this is a great opportunity to learn some new skills by tackling a more advanced project with supervision. You will need to bring your own materials. Cost is \$60. plus materials for remaining 3 weeks of this session. Call/email 781-383-6565 or cprenticehollyhillfarm@verizon.net for a suggested materials list for a cowl or hat and any questions. Join us if you've ever had the desire to learn this incredibly gratifying, creative, relaxing craft!

NEW! FEBRUARY VACATION FUN AT HOLLY HILL FARM, Tuesday through Thursday, February 16 – 18, 9:00 – 12noon each day, Ages 5 – 10

Come see what's happening at the farm in winter. There is plenty of activity and growth even in the cold months. Each day we will explore a different aspect of the organic farm. On Tues. we'll observe, make and take home some rich compost. Wednesday we'll head to the woods and trails for an exploratory hike. Thursday we'll encourage spring and sow some hearty seeds to bring home. Each day we will greet and check in on our farm animals. Come for 1, 2 or all 3 days. \$45/day or \$135/all 3 days for members. \$50/day or \$150/all 3 days nonmembers. Preregistration required. In the event of under enrollment or severe winter weather, we reserve the right to cancel with full refund. Call/email 781-383-6565 or friendsofhollyhillfarm@gmail.com [Holly Hill Farm, 236 Jerusalem Road, Cohasset](http://www.hollyhillfarm.org)

South Shore Chamber of Commerce Winterfest 2016, Thursday, February 25, 5:30 – 9:00pm Lombardo's, 6 Billings St., Randolph

The South Shore Chamber of Commerce and the SSCC Women's Business Connection is hosting Winterfest 2016, A Night on the Town. An evening of sipping, sampling and socializing. Over 40 food and lifestyle vendors offering samplings of their fare, wine and beer tastings and South Shore Arts and Culture Preview – music, visual arts, museums, etc. will all be on hand. Holly Hill Farm will be in attendance with Edible South Shore magazine. Advance Tickets are \$35/adults. \$55/adult at the door. Order online at SouthShoreChamber.org

School Partnerships

Currently the farm educators are spending some indoor Winter time writing an exciting new curriculum about school farm gardens. In our work with more than 30 schools, there are some wonderful informative lessons to write. The lessons focus on making compost, planting garlic, designing garden beds, sowing sugar snap pea seeds as well as collecting and drying herbs, to name a few. In the end, the curriculum guide will feature 15 lessons with many meaningful connections to science, literature, math, social studies, art, engineering and writing. Until the snow melts and the temperatures warm, the farm teachers have plenty to write, publish and share.



Norwell Reads is a community reading program offering an opportunity for all residents to read the same book and share ideas about a common experience.

NORWELL READS COMMITTEE

Meredith Atkinson
Wendy Bawabe
Susan Curtin
Betsy Detwiler
Rebecca Freer
Kathryn Mudgett
Nancy Perry
Jennifer Pratt
Diane Rodriguez

CONTRIBUTORS

Friends of Norwell Public Library
Norwell Cultural Council
Norwell Council on Aging
Norwell Public Schools

"This program is supported in part by a grant from the Norwell Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency."

TO REGISTER FOR PROGRAMS:

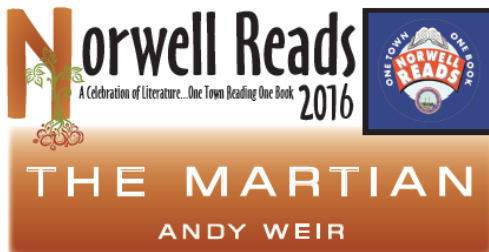
Go to norwellpubliclibrary.org
and click on the calendar link
or telephone the library at 781-659-2015



THE MARTIAN
ANDY WEIR



February 6th - 29th



Welcome to Norwell Reads 2016!

A mission to Mars. A freak accident. One man's struggle to survive.

EVENT SCHEDULE

All events take place at the Norwell Public Library unless otherwise noted. Please register for all programs (except the COA lunch/book discussion) at norwellpubliclibrary.org.

February 6th (Saturday) NORWELL READS 2016 KICK-OFF

11:00 - 11:45 am Children's Program: Mad Science of Greater Boston presents "Egbert & Ice"

Mad Science's high energy demonstrations are fun, spectacular, and sure to leave the children with memories that last well beyond the grand finale.

2:00 - 3:30 pm Live Skype with Astronaut Sunita Williams

An interactive live skype conversation with a NASA astronaut who grew up in Massachusetts. Captain Williams has spent a total of 322 days in space on two missions; she ranks sixth on the all-time U.S. endurance list, and second all-time for a female. With 50 hours and 40 minutes, she also holds the record total cumulative spacewalk time by a female astronaut. Please submit your questions to nolib@ocn.org in advance.

February 10th (Wednesday)

10:30 - 11:15 am "Blast Off" Story Time
Join us for some space-themed stories and a craft. For ages 3-5 with a caregiver.

6:00 pm Night Sky Observation with Telescopes at the COA
The South Shore Astronomical Society will lead us in an observation of the night sky using telescopes.

February 17th (Wednesday)

10:30 am - 12:30 pm Family Movie: "E.T. The Extra Terrestrial" (Rated PG)
Reese's Pieces will be served!

7:00 - 9:30 pm Dinner and a Movie: "Invaders From Mars"
Enjoy a light dinner and watch the science fiction film, "Invaders From Mars." Salads and desserts are welcome!

February 18th (Thursday)

10:30 - 11:30 am "History of Manned Space Flight" at the COA
Take a trip back in time to the beginning of space exploration in this live, interactive program. Discover what really happened during the space race by exploring Space Center Houston's Starship Gallery and look forward in time at NASA and the Constellation Program that will send humans back to the Moon and on to Mars. Ages 12 and older.

February 19th (Friday)

11:00 am - noon "Floating Food and Puffy Faces" at the COA
What is it like living in space? How do the astronauts go to the bathroom in space? See the astronauts' home including where they sleep, how they eat, and experience how astronauts adapt to their new home with interactive demonstrations. Discover the everyday challenges of how astronauts live in orbit from a mock-up of space station living quarters! It doesn't get any closer to home than this. Offered live and virtually by Space Center Houston for ages 12 and older.

February 24th (Wednesday) Trip to the Museum of Science, Boston

Bus leaves the Council On Aging at 8:30 a.m. and returns at 2:30 p.m. \$36 (pre-paid) includes bus transportation, admission to an Opuni show and a Planetarium show. The Riverview Café will be open for lunch or you may bring your lunch. Registration will include a signed waiver.

February 25th (Thursday)

12:30 pm Lunch & Book Discussion at the COA
Enjoy a book discussion of *The Martian* led by Adult Services Librarian Diane Rodriguez. Please contact the COA to register for lunch and more information.

1:30 - 2:30 pm WonderWorks: "Gravity Science"
Sign up for this science-meets-literature activity for 3- to 6-year olds with a caregiver.

February 29th (Monday)

7:00 - 9:00 pm Norwell Public Library Book Discussion
Enjoy a book discussion of *The Martian* by Andy Weir, led by Library Director Rebecca Freer.

Please register for programs at norwellpubliclibrary.org unless otherwise noted.



**Do you have a child under 5?
Are you pregnant or breastfeeding?**

WIC OFFERS FAMILIES

- Personalized nutrition consultations
- Free healthy food
- Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

Call **1-800-WIC-1007**
or visit mass.gov/wic

TDD/TTY: 617-624-5992
USDA is an equal opportunity provider and employer.

Check these guidelines to see if WIC might be right for your family.

HOUSEHOLD SIZE	YEARLY	MONTHLY	WEEKLY
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455

IF YOU ARE PREGNANT, YOU SHOULD COUNT YOURSELF AS TWO.



GOOD FOOD and A WHOLE LOT MORE!



**¿Tiene un hijo menor de 5 años?
¿Está embarazada o amamantando/lactando?**

WIC OFRECE A LAS FAMILIAS

- Alimentos saludables gratis
- Apoyo de lactancia
- Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, ¡y otros servicios que pueden beneficiar a la familia entera!

Llame al **1-800-942-1007**
o visite mass.gov/wic

TDD/TTY: 617-624-5992
El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

TAMAÑO DE FAMILIA	ANUAL	MENSUAL	SEMANAL
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455

SI USTED ESTÁ EMBARAZADA, DEBE CONTARSE POR 2.



BUENOS ALIMENTOS y MUCHO MÁS!

Order Form

Month of February, 2016

Due to the office by 3:00 pm, *Tuesday, February 23, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Breakfast

Please **CHECK** off the day breakfast will be ordered.

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
2/29 – 3/4

Number of Breakfasts ordered _____ X \$1.80

Less credit due _____

Total Amount Enclosed

\$ _____

Cash or Checks may be made out to SSCPS.

Lunch

Please circle one choice per each day lunch is ordered.

Week of Monday Tuesday Wednesday Thursday Friday
2/29 – 3/4 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.30

Number of **Salads (B)** ordered _____ X \$3.30

Less credit due _____

Total Amount Enclosed

\$ _____

Cash or Checks may be made out to SSCPS.

Breakfast Order Form

Breakfast for the Month of March, 2016

Due to the office by 3:00 pm, ***Tuesday**, March 1, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of 3/7 – 3/11 Monday Tuesday Wednesday Thursday Friday

Week of 3/14 – 3/18 Monday Tuesday Wednesday Thursday Friday

Week of 3/21 – 3/25 Monday Tuesday Wednesday Thursday Friday

Week of 3/28 – 4/1 Monday Tuesday Wednesday Thursday Friday

Number of Breakfasts ordered _____ X \$1.80

Less credit due

Total Amount Enclosed

Cash or Checks may be made out to SSCPS.

\$ _____

Lunch Order Form

Lunch for the Month of March, 2016

Due to the office by 3:00 pm, ***Tuesday**, March 1, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of 3/7 – 3/11	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
Week of 3/14 – 3/18	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> NO LUNCH	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
Week of 3/21 – 3/25	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> NO LUNCH
Week of 3/28 – 4/1	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.30

Number of **Salads (B)** ordered _____ X \$3.30

Less credit due _____

Total Amount Enclosed

\$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL
MARCH, 2016

Breakfast

Monday		Tuesday		Wednesday		Thursday		Friday	
7	Marshmallow Mateys Fruit Apple Cinnamon Waffles Orange Juice Milk	8	.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	9	WG Cinnamon Roll Fruit Orange Juice Milk	10	3.6 oz. WW Chocolate Muffin Fruit Orange Juice Milk	11	3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk
14	Cereal Fruit String Cheese Orange Juice Milk	15	WW Bagel w/Jelly Fruit Orange Juice Milk	NO SCHOOL		17	3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	18	WW Bagel Fruit Orange Juice Milk
21	3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	22	2 oz. Cereal Fruit Orange Juice Milk	23	3.6 oz. WW Apple Muffin Fruit Orange Juice Milk	24	Marshmallow Mateys Fruit Orange Juice Milk	25	Honey Wheat Bagel Fruit Orange Juice Milk
28	Cinnamon Toast Crunch Fruit Cheese Stick Orange Juice Milk	29	3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	30	WG Croissant Fruit Orange Juice Milk	31	3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk	April 1 WG Cinnamon Roll Fruit Orange Juice Milk	

* All Meals include Choice of 1% or Skim Milk. **Circle a Milk Choice** 1% Skim *All Meals Include Fruit* * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

“This institution is an Equal Opportunity Employer”

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
MARCH, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 A Hamburger on WW Roll Baked Beans B Salad w/Tuna & WW Pita Bread Milk	8 A Grilled Chicken Breast Pasta Salad w/Veggies B Salad w/Tuna & WW Pita Bread Milk	9 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Tuna & WW Pita Bread Milk	10 A Chicken Salad Wrap Baby Carrots B Salad w/Tuna & WG Pita Bread Milk	11 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WW Pita Bread Milk
14 A Meatball WG Sub Green Beans B Salad w/Hummus & WG Pita Bread Milk	15 A Sliced Chicken on WW Chickpea Salad B Salad w/Hummus & WW Pita Bread Milk	16 NO SCHOOL	17 A Herbed Baked Chicken Rice Carrots B Salad w/Hummus & WG Pita Bread Milk	18 A Cheese Pizza Potato Wedges Broccoli B Salad w/Hummus & WW Pita Bread Milk
21 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WW Pita Bread Milk	22 A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WW Pita Bread Milk	23 A Sweet & Sour Chicken Brown Rice Broccoli A Salad w/Grilled Chicken & WW Pita Bread Milk	24 A Asian Salad w/Chicken, Veggies & Noodles B Salad w/Grilled Chicken & WW Pita Bread Milk	25 GOOD FRIDAY EARLY RELEASE
28 A Cheeseburger Mac Broccoli B Salad w/String Cheese & WW Pita Bread Milk	29 A Tuna Salad on WW Bun Chickpea Salad B Salad w/String Cheese & WW Pita Bread Milk	30 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Turkey & WW Pita Bread Milk	31 A Buffalo Chicken WW Wrap Baby Carrots B Salad w/String Cheese & WW Pita Bread Milk	April 1 A Cheese Pizza Green Beans B Salad w/String Cheese & WW Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk. **Circle a Milk Choice** 1% Skim *All Meals Include Fruit* * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____
 Room: _____

“This institution is an Equal Opportunity Employer”



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
MARCH, 2016

LUNCH MENU Circle A or B

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