



FROM THE 7-12 PRINCIPAL

On Monday, March 14th our student-athletes, their coaches, and their families will celebrate the end of an outstanding winter athletic season with an afterschool awards ceremony. The awards ceremony is a well-deserved opportunity for everyone involved to celebrate their successes on the court. At the end of last month both our varsity boys basketball team and our varsity girls basketball team competed in the playoffs. Our middle school boys basketball team finished with a 9-3 record, making the playoffs as the second seed in the middle school league. This season was a highlight in what is developing into an exciting year for athletics at SSCPS, with a record level of student participation and winning seasons for many of our teams.

South Shore Charter Public School was a founding member of the Massachusetts Charter School Athletic Organization (MCSAO), a network of twenty charter schools that compete in eleven sports over the course of the school year. We currently field teams in all available sports within Division I. While we have been part of the organization from the beginning, recently both the size of our program and the level of competition are surging. We are adding teams, our rosters are growing, and our rivals now recognize our teams as a formidable force.

As our program expands, the culture of athletics at SSCPS is evolving. While they were always an important aspect of school for some students, sports are now an integral part of student life for the school as a whole. This year our student body has come out to support our student athletes and their teams in large numbers and with great enthusiasm. Our students, with the support of Joe Kay, Mary Carter, and Terry Lynch have organized pep rallies prior to playoffs, decorated the office park with the names of our athletes, and outfitted the high school community in Jaguar gear. This excitement carried over to the playoffs themselves where a fan bus was needed to transport student supporters and the gym was standing room only.

Sports support the "life" component of our mission as athletics provide an opportunity to teach teamwork, cooperation, patience, and persistence. When executed well, high school athletic programs also motivate students and push academic achievement. The academic benefits are visible in the classroom performance of our student athletes. Our coaches support that academic push with study halls that help students balance their academic responsibilities with the demanding practice and game schedule that makes time management skills so important to student athletes.

In the spirit of Projects and Workshops, our students, with the support of their teachers, are taking initiative and working to expand the program beyond MCSAO sports. On Saturday our high school step team performed in the Massachusetts Charter School Athletic Organization Dance, Step, and Stomp Showcase. That performance was the culmination of months of hard work on the part of the students. The team was founded by a group of students and is completely student led, run, and choreographed. Watching one of their practices makes the resourcefulness, leadership skills, and determination of our students extraordinarily clear. Throughout the basketball season the team found an outlet for their efforts by performing at games and helping to generate excitement for the teams. When you have a moment, visit our Facebook page to see Saturday's Step performance.

Our Athletic Director, Joe Kay; our Assistant Athletic Director Heather Brems; and our coaches have worked tirelessly to expand and promote athletics at SSCPS. Their approach to athletics aligns with our mission as they steer the program to support academics, service, and life while promoting healthy competition, physical fitness and fun. This level of success would be impossible without the support of parents and the faculty. As we enter the spring athletic season that begins at the end of this month, students will have the opportunity to participate in softball, baseball and track. We're looking forward to another stellar season.

Wednesday	03/09	11 th Grade Parent Night	6:00pm
Thursday	03/10	School Council	3:30pm
Thursday	03/10	Board of Trustees Personnel Development Finance	7:30pm 5:30pm 6:00pm 7:00pm
Friday	03/11	Warnings Mailed	
Saturday	03/12	Parents Association Meeting	8:00am
Monday	03/14	Winter Sports Banquet at the SSCPS Gym	3:30-5:00pm
Wednesday	03/16	Professional Development Day – No classes for students	
Friday	03/18	High School Music Workshop hosts concert at the SSCPS Gym	5:30-7:30pm
		SSCPS PARENT SURVEY 2016	

ANNOUNCEMENTS

National Honor Society Sock Drive Update

Thank you to all who participated in the National Honor Society's sock drive to benefit Father Bill's Homeless Shelter. We collected 230 pairs of socks throughout the month of January, which were delivered to the shelter over February break. Father Bill's was grateful for the donation, and it really makes a difference in the lives of the less fortunate.

WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

High School Technology Workshop Looking for Feedback

Hello Parents and Guardians. The High School Technology Workshop would like you to participate in a short survey. Your feedback is helpful in our efforts to obtain and distribute donations. We thank you for your time and any potential donations. <u>https://goo.gl/wk97GO</u>

ATHLETICS

On Monday, March 14th, the SSCPS Athletic Department will be hosting an award ceremony for all the basketball players and their families. The ceremony will begin at 3:30 in the PE space. Each coach will present certificates to their players and any other awards they would like. This will be a time used to reflect on the great basketball season all the teams have had and for each coach to share some stories with the other teams while presenting. It is very important that we take time to acknowledge our great student athletes and give closure to the winter season as an athletic department. If any parents would like to bring any snacks or food to share, please let your student athlete's coach know. Thanks for all the support and time you have put in this season! Any questions or concerns please contact your child's coach or AD Joe Kay - jkay@sscps.org.

FROM THE DEVELOPMENT OFFICE

Thank you to everyone who has given to our Annual Fund this year. We have raised \$29,500 to date and donations are continuing to come in daily. Remember, donations to the Fund can be sent in any time, and they are entirely tax deductible.

Please check your inbox for your invitation to our 20th Celebratory Auction coming up May 6th. Registration will also be available on our website, or <u>Register Here!</u>

Finally, please check your child's backpack on Thursday for raffle tickets, along with a letter. We are bringing back the 50/50 raffle with 1500 total tickets.

YEARBOOK COMMITTEE

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to <u>www.coffeepond.com</u>, to login use school password: bluejaguar. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. *There are still a few 2015 books left just email Christine at <u>cbodnar@sscps.org</u> to get yours!*

PARENTS ASSOCIATION

Saturday, March 12, 2016 - 8:00 a.m. - 10:00 a.m. - SSCPS

Coffee and Conversation

Join us on Saturday, March 12 at 8:00 a.m. for the monthly meeting of the Parents Association. We will continue the conversation about the expansion to our school and will be joined by Ted Hirsch. We will also be taking up the Special Election for Chair of the PA and hear from the Grant Task Force regarding spring grant requests. We are pleased to share that childcare will be provided by our high school students and coffee and light refreshments will be served.

COMMUNITY SERVICE OPPORTUNITIES

Once Upon a Time Storybook Book Drive

Do you have any gently used picture or early reader books that would be appropriate for read-aloud in grades K-4? A friend's Eagle Project from Boy Scout Troop 34 in Hanson is starting a program in Whitman and Hanson where high school students will read to elementary school students. This program mirrors what we have done at SSCPS for years. I know how great it can be so I am hoping to collect books in support of my Boy Scout Troop to help start this wonderful literacy program. A box will be available in the SSCPS front lobby for collection.

Tanner Demaggio

SPRING CLEANING TIME!!!

Shannon Daly in Rachel's room in Level IV is collecting slightly used or new books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside in the front lobby at the front desk, and any donations would be greatly appreciated. For larger donations please contact Barbara at <u>barbara6910@msn.com</u>

Level II Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

The Guardian Center – 888 Main Street, Brockton, MA – 508-587-6556

The Guardian Center is in need of lap sized blankets for residents. These blankets offer comfort, warmth, and for some they are used to wear on laps to cover braces on their legs. Blankets can be made or purchased for the residents. They can be dropped off at the center as a donation. The center is always looking for visitors as well. Most of the patients have dementia. Should you want to donate time at the center please contact them directly so that you can be set up with the right people for your volunteer time.

Do Something Website: Online – Check out the website <u>www.dosomething.org</u>. You can enter in the time you have available, things you are interested in helping, and activities you are interested in. The site will give you ideas and opportunities filtered based on what you put in for criteria!

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>



March 8, 2016

Dear Families,

We are excited to officially invite you to our Annual Auction taking place Friday, May 6, 2016, from 6:00 to 10:00 p.m. at The River Club, located at 78 Border Street in Scituate, MA.

This year's event will feature music, both silent and live auctions featuring great items, such as vacation homes, gourmet dinner packages, the Ultimate Tesla Experience, gift certificates to local businesses, overnight getaways, teacher experiences for your children, Alicia's parking spot, Principal for a Day... just to name a few. Hors d'oeuvres and light refreshments will be served.

As you know, SSCPS is a community comprised of gifted faculty, administrators and staff, as well as the many wonderful families who help make it so special. The Annual Auction is an adult-only event which will allow you to socialize with old friends, meet new friends, and have fun.

We will be drawing the winner of our 50/50 raffle, and they could go home with up to \$15,000! Enclosed you will find two \$20 raffle tickets that we are asking your family to sell. Please note, you do not have to be present to win, but we hope to be able to share in the excitement with the winner at the event. Please return all tickets (sold or unsold) along with payment to the front desk. Additionally, please consider taking part as a sponsor of the "Celebrating 20 Years" at the suggested levels of giving outlined in the enclosed pledge form for Friends of the Foundation, or promote your business by advertising in our professionally printed program.

We hope you are able to join us. Over the next few weeks, our auction committee will be reaching out to every family in the school community to help spread the word and answer any questions. Registration is available online at sscps.org. Click on the link under the Annual Auction.

Your support makes it possible to continue to provide the unique and innovative curriculum that allows our students to excel in academics, service and life and inspires the leaders of tomorrow. Thank you again, and we look forward to seeing you on May 6th!

Warmly, *Laurie Dannison* Development Associate <u>Idannison@sscps.org</u> 781-982-4202 ext. 207



Help Us . . . Help You –

Hire a Student Intern

Every spring, our high school seniors spend three weeks in an internship getting real life experience in a work setting and possible future career. If your office or business is willing to offer an internship position, we would like to hear from you.

The details:

- 30 hours a week/for 3 weeks (generally between the hours of 8:30-3:00)
- From May 9–27th
- Unpaid
- Any type of work: physical, office work, outdoor/indoor

Requires:

- a mentor willing to oversee the intern's activities
- Email a record of hours worked once a week
- Complete a student evaluation at the end of the internship

If you have an internship opportunity, please contact Lora De Salvo at <u>ldesalvo@sscps.org</u> with the following information:

- Name and address of company/business
- Contact name, phone number and/or email
- Brief description of the type of work/environment involved
- Any special requirements that are needed (good with computers, can lift boxes, for example)



Congratulations

A work of art that you created will be on display in The Power of Art in Massachusetts

A Statewide Exhibit Honoring Young Artists from across Massachusetts

State Transportation Building Boston, MA

(The corner of Stuart Sreet and Charles Street, second floor)

Please join us at the Opening Celebration

Sunday, February 28, 2016 12:00 – 4:00 p.m.

> Recognition Program 1:30 p.m.

Open to the public

Monday-Friday, 9-5 Feb 8, 2016- March 31, 2016 (Closed weekends and President's Day, Monday, Feb. 15, 2016)



2016 YAM State Flag



S A R G E N T

SSCPS PARENTS ASSOCIATION

FOR KINDERGARTEN – GRADE 4

APRIL 8, 2016 4-6PM COST IS \$5 PER STUDENT SSCPS GYM SPACE

Please join us! Feel free to either drop your child off or stay for parents social hour in the library. Fruit salad and water will be available for parents. We are asking for peanut free snack and drink donations for this event. If you are able to assist, please sign up online at <u>PA Spring Social K-4 Sign Up</u>.

Payment and Permission slips can be turned into Amy Kelly or at the front desk and are due by Monday April 4th. Proceeds go to the SSCPS Annual Fund. We are looking for volunteers for before, during and after. For any questions or to volunteer, please contact Amy Kelly at amy.christen@yahoo.com

Holly Hill Farm & Friends

3/7/2016 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm* Holly Hill Farm 236 Jerusalem Road , Cohasset, MA 02025 <u>www.hollyhillfarm.org</u> 781-383-6565

Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

UPCOMING EVENTS & ACTIVITIES

HOLLY HILL FARM SUMMER CAMP 2016! SIGN UP NOW ON OUR WEBSITE!!

Would you and your children like to spend a week or more at Holly Hill Farm this summer? Your neighborhood, organic farm has a wide variety of fun, exploratory, creative, intriguing programs for all ages. Kids ages 3 and 4 can taste spinach. Children ages 7 and 8 can spend a morning at the marsh. Preteens ages 9 and 10 can compete in an obstacle course. Teenagers can prepare for an exciting overnight at the Farm. And adults can spend a week honing gardening skills and cooking vegetables for a special *Parents Go to Camp Too* program. Go to our website and click on the **Camp Sign Up photo** to learn more about individual sessions and to register early. **Camp Open House will be Saturday, March 19 from 10:00 – Noon.** This is a great opportunity for parents to bring first time campers to the Farm so they can meet the staff, tour the farm and meet the farm animals. Find out about membership benefits and all we have to offer during the coming year. Sessions begin June 6 and continue through August 26. Call/email 781-383-6565 or friendsofhollyhillfarm@gmail.com Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025.

Farm Stand and Brown Boar Farm pickup at Holly Hill Farm on Saturday, March 12 from 11:00-12:00pm. We will have fresh greens (kale and spinach), our own honey, maple syrup and Dean's Beans organic coffee and organic chocolate for sale. See our website to link to Brown Boar Farm for preordering their naturally raised, pork products. hollyhillfarm.org

Seed Starting Workshop, Saturday, March 12 from 10:00am - 12 noon

Join us in this ongoing series on growing your own seeds, greens and early root crops. Come to the farm for an informative, hands-on, productive workshop and get a head start on early Spring seedlings. Whether or not you have a greenhouse, we invite you to ours for strategies and plans on which hardy greens to start for window sills and the outdoors. Be prepared to take some starts home with you as well, as there is much to grow this season. You will have an opportunity to take home free seeds and purchase packets of organic seed. \$12 members/\$15 non-members. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@gmail.com

Volunteer Open House, Wednesday, March 16 from 10:00 - noon and Saturday, March 19 from 10:00 - 12:00pm

On Wednesday, March 16th and Saturday, March 19th, we welcome our volunteers, both experienced and new, to learn about the various opportunities here at Holly Hill Farm including but not limited to: starting seedlings in the greenhouse, teaching children, Education Garden planting, harvesting and preparing our crops for the Farm Stand and Cohasset Farmer's Market. Join our Farm Family and reap the benefits of just a few hours spent at a local organic farm each week! <u>Holly Hill Farm, 236</u> Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565

School Partnerships

Recently, the farm teachers at Holly Hill have helped launch a new cafeteria compost collection at the Cole School in Norwell. The cafeteria chefs and staff are collecting the refuse from their kitchen preparations, and the Kindergartners and grade 5 are helping to haul it out to their new garden compost bins. Soon finished compost will be ready to sustain the garden. This week, the teachers welcome back the 1st and 2nd graders from the South Shore Charter Public school for their weekly visits to the farm and to cultivate their garden. Spring is upon us as the teachers at the farm will also site some new, exciting garden locations at four public schools in Quincy. Now is the time to plant, grow and prepare the good earth for some edible, educational produce.



SSCPS Family Camping Weekend!!!

Hang out with old friends and make new friends!

When: May 20-22, 2016

Where: Boston/ Cape Cod KOA in Middleboro (I know not really located in Boston or Cape Cod)

http://koa.com/campgrounds/boston/

For reservations email boston@koa.net

Tell Moe Tara Dusthimer sent you! Discounts will be given to SSCPS Families!





¿Tiene un hijo menor de 5 años? ¿Está embarazada o amamantando/lactando?

WIC OFRECE A LAS FAMILIAS

- · Alimentos saludables gratis
- Apoyo de lactancia

TDD/TTY: 617-624-5992

Consultas personalizadas de nutrición

 Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, iy otros servicios que pueden beneficiar a la familia entera!
 Anual
 Mensual
 Semanal

 1
 \$21,775
 \$1,815
 \$419

 2
 29,471
 2,456
 567

 3
 37,167
 3,038
 715

 4
 44,863
 3,739
 863

 5
 52,559
 4,380
 1,011

 6
 60,255
 5,022
 1,159

 7
 67,951
 5,663
 1,307

 8
 75,647
 6,304
 1,455

 SI USTED ESTÁ EMBARAZADA, DEBE CONTARSE POR 2.
 1
 1

Verifique estas pautas para decidir si WIC es el

Llame al 1-800-942-1007 o visite mass.gov/wic

El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

wic

BUENOS ALIMENTOS y MUCHO MÁSI

Breakfast Order Form Breakfast for the Month of March, 2016

Due to the office by 3:00 pm, *Tuesday, March 15, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please <u>CHECK</u> off the day breakfast will be ordered.

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday 3/7 - 3/11 Week of [] Monday [] Tuesday [X] Wednesday [] Thursday [] Friday 3/14 3/18 [] Tuesday [] Wednesday [] Thursday [] Friday Week of [] Monday 3/21 - 3/25 [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday Week of 3/28 - 4/1

Number of Breakfasts ordered	 Х	\$1.80
Less credit due		
Total Amount Enclosed	\$	
Cash or Checks may be made out to SSCPS.		

Lunch Order Form Lunch for the Month of March, 2016

Due to the office by 3:00 pm, *Tuesday, March 15, 2016

Student Name

Pod Teacher/Advisor _____ Grade _____

Please <u>circle</u> one choice per each day lunch is ordered.

Week of 3/7 3/11	<u>Monday</u> Reg or <mark>Salad</mark>		<u>Wednesday</u> Reg or <mark>Salad</mark>	<u>Thursday</u> Reg or <mark>Salad</mark>	— <u>Friday</u> — <mark>Reg or Salad</mark>
Week of 3/14 3/18	<u>Monday</u> Reg or <mark>Salad</mark>	<u>Tuesday</u> Reg or <mark>Salad</mark>	Wednesday NO LUNCH	<u>Thursday</u> Reg or Salad	— <u>Friday</u> — <mark>Reg or Salad</mark>
Week of 3/21 – 3/25	<u>Monday</u> Reg or <mark>Salad</mark>	<u>Tuesday</u> Reg or <mark>Salad</mark>	<u>Wednesday</u> Reg or <mark>Salad</mark>	<u>Thursday</u> Reg or <mark>Salad</mark>	<u>Friday</u> NO LUNCH
Week of 3/28 – 4/1	<u>Monday</u> Reg or <mark>Salad</mark>	<u>Tuesday</u> Reg or <mark>Salad</mark>	Wednesday Reg or <mark>Salad</mark>	<u>Thursday</u> Reg or <mark>Salad</mark>	<u>Friday</u> Reg or <mark>Salad</mark>
• Optio	n A = Regular Lun n B = Salad Lunch nly choose 1 (one)	Choice			
Number of R	egular Lunches (A) ordered	X	\$3.30	
Number of Sa	alads (B) ordered		2	X \$3.30	
Less credit di	ue				
	l Amount Enclo eks may be made ou			\$	

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL MARCH, 2016

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
Marshmallow Mateys	.6 oz. WG Blueberry Muffin	WG Cinnamon Roll	3.6 oz. WW Chocolate Muffin	3.6 oz. WW Blueberry Muffin
Fruit	Fruit	Fruit	Fruit	Fruit
Apple Cinnamon Waffles	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Orange Juice	Milk	Milk	Milk	Milk
Milk				
14	15	16	17	18
Cereal	WW Bagel w/Jelly	NO	3.6 oz. WW Banana Muffin	WW Bagel
Fruit	Fruit		Fruit	Fruit
String Cheese	Orange Juice	SCHOOL	Orange Juice	Orange Juice
Orange Juice	Milk	DEHIOOL	Milk	Milk
Milk				
21	22	23	24	25
3.6 oz. WG Blueberry Muffin	2 oz. Cereal	3.6 oz. WW Apple Muffin	Marshmallow Mateys	Honey Wheat Bagel
Fruit	Fruit	Fruit	Fruit	Fruit
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Milk	Milk	Milk	Milk	Milk
28	29	30	31	April 1
Cinnamon Toast Crunch	3.6 oz. WW Banana Muffin	WG Croissant	3.6 oz. WW Chocolate Chip	WG Cinnamon Roll
Fruit	Fruit	Fruit	Muffin	Fruit
Cheese Stick	Orange Juice	Orange Juice	Fruit	Orange Juice
Orange Juice	Milk	Milk	Orange Juice	Milk
Milk			Milk	
* All Meals include Choice of 1%	or Skim Milk Circle a Milk Cl	noice 1% Skim	All Moals Include Fruit	* Complies with NSI P Regulations

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim All Meals Include Fruit * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

"This institution is an Equal Opportunity Employer"

Grade:	
Room:	



No. of Lunches: ______Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 MARCH, 2016

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	-	FRIDAY
	Hamburger on WW Roll Baked Beans Salad w/Tuna & WW Pita Bread Milk	8 A B	Grilled Chicken Breast Pasta Salad w/Veggies Salad w/Tuna & WW Pita Bread Milk	9 A B	American Chop Suey Green Beans Whole Wheat Roll Salad w/Tuna & WW Pita Bread Milk	10 A B	Chicken Salad Wrap Baby Carrots Salad w/Tuna & WG Pita Bread Milk	11 A B	Cheese Pizza Potato Wedges Broccoli Salad w/Tuna & WW Pita Bread Milk
14		15		16		17		18	
•	Meatball WG Sub Green Beans	Α	Sliced Chicken on WW Chickpea Salad		NO	Α	Herbed Baked Chicken Rice	Α	Cheese Pizza Potato Wedges
B	Salad w/Hummus &	В	Salad w/Hummus &		- · · ·		Carrots		Broccoli
	WG Pita Bread Milk		WW Pita Bread Milk		SCHOOL	В	Salad w/Hummus & WG Pita Bread Milk	В	Salad w/Hummus & WW Pita Bread Milk
21		22		23		24		25	
4	Pancakes & Sausage Potato Wedges	Α	Ham & Cheese Sandwich Chickpea Salad	Α	Sweet & Sour Chicken Brown Rice	A	Asian Salad w/Chicken, Veggies & Noodles		GOOD FRIDAY
B	Salad w/Grilled Chicken & WW Pita Bread Milk	В	Salad w/Grilled Chicken & WW Pita Bread Milk	A	Broccoli Salad w/Grilled Chicken & WW Pita Bread Milk	В	Salad w/Grilled Chicken & WW Pita Bread Milk	E	ARLY RELEASE
28		29		30		31		Apr	
4	Cheeseburger Mac Broccoli	Α	Tuna Salad on WW Bun Chickpea Salad	Α	Oven Baked Chicken Bites Potato Wedges	Α	Buffalo Chicken WW Wrap Baby Carrots	Α	Cheese Pizza Green Beans
B	Salad w/String Cheese & WW Pita Bread Milk	В	Salad w/String Cheese & WW Pita Bread Milk	В	Honey Wheat Dinner Roll Salad w/Turkey & WW Pita Bread Milk	В	Salad w/String Cheese & WW Pita Bread Milk	B	Salad w/String Cheese & WW Pita Bread Milk

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Grade: _____ Room: _____ No. of Lunches: ______Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12

MARCH, 2016

LUNCH MENU Circle A or B

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7 A	Hamburger on WW Roll	8 A Grilled Chicken Breast	9 A American Chop Suey	10 A Chicken Salad Wrap	11 A Cheese Pizza	
ъ	Baked Beans Salad w/Tuna &	Pasta Salad w/Veggies	Green Beans Whole Wheat Roll	Baby Carrots	Potato Wedges Broccoli	
B	WW Pita Bread Milk	B Salad w/Tuna & WW Pita Bread Milk	B Salad w/Tuna & WW Pita Bread Milk	B Salad w/Tuna & WG Pita Bread Milk	Broccon B Salad w/Tuna & WW Pita Bread Milk	
14		15	16	17	18	
A	Meatball WG Sub Green Beans	A Sliced Chicken on WW Chickpea Salad	NO	A Herbed Baked Chicken Rice	A Cheese Pizza Potato Wedges	
В	Salad w/Hummus & WG Pita Bread Milk	B Salad w/Hummus & WW Pita Bread Milk	SCHOOL	Carrots B Salad w/Hummus & WG Pita Bread Milk	Broccoli B Salad w/Hummus & WW Pita Bread Milk	
21		22	23	24	25	
A B	Pancakes & Sausage Potato Wedges Salad w/Grilled Chicken & WW Pita Bread Milk	A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WW Pita Bread Milk	A Sweet & Sour Chicken Brown Rice Broccoli A Salad w/Grilled Chicken & WW Pita Bread Milk	A Asian Salad w/Chicken, Veggies & Noodles B Salad w/Grilled Chicken & WW Pita Bread Milk	GOOD FRIDAY EARLY RELEASE	
28	~	29	30	31	April 1	
A	Cheeseburger Mac Broccoli	A Tuna Salad on WW Bun Chickpea Salad	A Oven Baked Chicken Bites Potato Wedges	A Buffalo Chicken WW Wrap Baby Carrots	A Cheese Pizza Green Beans	
В	Salad w/String Cheese & WW Pita Bread Milk	B Salad w/String Cheese & WW Pita Bread Milk	Honey Wheat Dinner Roll B Salad w/String Cheese & WW Pita Bread Milk	B Salad w/String Cheese & WW Pita Bread Milk	B Salad w/String Cheese & WW Pita Bread Milk	

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