

FROM THE K-6 PRINCIPAL

Five or six winters ago, as a precautionary move, because of massive amounts of heavy snow on our roof, we temporarily evacuated our school. The higher grades went to Norwell High School and the lower grades were transported to the nearby Cole School and we hung out in the gymnasium. At the end of the day when most of the children had been picked up those few who remained got to play in the gym. It was clear that we needed a gym and a short time later we got a gym and it has made a great deal of difference to our school -- improving our program and our community.

Last week there were two instances where we fully utilized the gym and built community. On Thursday night April 7th we had International Food Night. This was the sixth time we have had such a party and third year in a row that International Food Night was held. Like all of its predecessors, this year's event was lovely. There were about 200 people who came and brought food and broke bread together. The party was put on by Bev Bruce, Laurie Hogan, Izabella Vital, and me. We had wonderful help from many other teachers: Jamie Allen, Jenna Brink, Marian Finn, June Fontaine, Amy Koskowski, Terry Lynch, John Toland, and Deana Tondorf. We also had help from many, many students



including the entire Step Team. Special thanks to all the students who from 4:00 - 6:00 drew the beautiful ocean on the huge map of the world. Their drawing of the ocean was spectacular and I loved the individual marks of their hands as they built up an ocean almost as varied and textured as the real thing. While they drew they talked about Emily Lincoln and what they had learned in art class and about the continents and countries. These are well-educated kids.



International Food Night is a chance to get to know each other and to build community by sharing food that is important to us as people. Most folks brought food that was emblematic of their heritage. Two years ago Marie Dessain made a Haitian black mushroom rice dish called "diri ak djon djon." I loved it so Marie wrote me the recipe. I have been practicing making it ever since. Last Thursday, instead of bringing a food I had grown up eating I made "dire ak djon djon." I was nervous as my first attempts had not been just right. Marie had told me things like, "the vegetables are nice but the rice is too mushy." Another woman of Haitian descent had told me, "the spice is not right." "Those are not the right mushrooms." I have been working on it with the help of a storekeeper

in Cambridge from whom I buy the mushrooms and get advice. Well on Thursday I brought the rice dish and to my great pleasure the rice was considered good by the people who had grown up eating “dire ak djon djon.” I felt welcomed. Another highlight for me was the Ethiopian chickpeas Emnet Anteneh made. She told me that she had made it just for me as I had asked her about Ethiopian vegetables the year before. I am so glad she did because I need to get the recipe and maybe that will be the next dish I try to learn to cook. Who knows, I may bring two dishes next year.



As good as the food was for me it was not the highlight of the evening. That belonged to the Step Team. They were decked out in beautiful African shirts. Teacher Terry Lynch led the team and we were all mesmerized by the dance. I was so proud of them and of our school. There was drama, grace, and passion in their performance. International Food Night was a terrific embodiment of our school. We have built something very beautiful. The only problem I foresee is that the event went so well that next year more folks might come and I am not sure they will fit in the gym.

Thursday night was a night to savor for flavor, dance, and culture. Well, Friday was pure and unbridled energy. Amy Kelly and team put on our first ever Spring Social for grades K - 4. To say I was nervous about how it would come out is an understatement. It was great fun! Russ Bowles was the D.J. and he knew just the right tunes to play. The kids not only ran around in circles miraculously missing each other and the adults almost every time, despite their great speed, but they danced. The middle school students and the high school students who volunteered provide just the right mix of supervision and fun. Amy had recruited twenty or so volunteers and it was a real team effort. In short it was great. As surprising as it is to see myself write this, I look forward to the Spring Social for grades K - 4 next year.

Ted Hirsch – thirsch@sscps.org

Wednesday	04/13	NHS Hosting Blood Drive at the SSCPS Gym	1:00-6:00pm
Thursday	04/14	School Council	3:30pm
Thursday	04/14	Board of Trustees Development Governance Finance	7:30pm 5:30pm 6:15pm 6:30pm
Thursday	04/14	Senior Trip Departs	
Friday	04/15	K-11 Third Quarter Grades Distributed	
Mon-Fri	04/18-04/22	Spring Break – No School	
Monday	04/25	Classes Resume	
Tues-Thurs	04/26-04/28	PARCC Testing Level IV ELA	
Tues-Weds	04/26-04/27	Senior Finals	
Thurs-Fri	04/28-04/29	Senior Debates	
		SSCPS PARENT SURVEY 2016	

NATIONAL HONOR SOCIETY NEWS

The National Honor Society will be hosting a blood drive on April 13th, in the SSCPS gym space (104 Longwater Drive) from 1:00 through 6:00. The minimum age for donations is 17, or 16 with a filled out parental consent form. Walk-ins are welcome, but to make an appointment call 1-800-RED-CROSS (1-800-733-2767) or visit www.redcross.org.

FROM THE DEVELOPMENT OFFICE

Please join us for the SSCEF "Celebrating our 20 Years at the Charter" Annual Auction. Register today before we sell out. We are less than a month away and spots are almost filled. [Register Now!](#)

The auction is an adult-only event that brings our community together to raise vital funds for our children. Please come and invite friends and family!

Purchase 50/50 raffle tickets today. Each ticket is \$20 and we will pull the winning name the night of the auction on May 6th. You do not need to be present to win. Raffle tickets were sent home, but if you need more, contact Laurie Dannison.

Donate to our Annual Fund today. We have reached \$32,000 and have an annual goal of \$50,000 by June 30th. Please contribute your fully tax deductible donation today. Thank you to everyone who has donated so far. Mail your donation to: SSCEF, P.O. Box 512, Accord, MA 02018 or by visiting: [Donate Now](#)

Shop on Amazon? Go to <https://smile.amazon.com/> and make sure to add the South Shore Charter Educational Foundation to your account. Every purchase you make will give back. Easy money for the school.

SSCPS Spirit Wear: Make sure to check out our apparel line and order some fresh SSCPS gear for your children. Hoodies, t-shirts, pj bottoms and Jaguars t-shirts are available. Email ldannison@sscps.org for more info or check out our link here. [Order Gear Here](#)
Laurie Dannison – ldannison@sscps.org

PARENTS ASSOCIATION

Parent Association Elections

Nominations for Executive Board positions, and grade/level representatives will be open from this Wednesday until the Wednesday following vacation, April 27 at 5:00. Nominations shall be sent to sscspaelections@yahoo.com.

On April 20, elections will be open and shall continue until Sunday, May 1, until Noon. results will be announced at the May 3rd Parents Association Meeting and in the Update. Follow the Update for more information.

YEARBOOK COMMITTEE

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. *There are still a few 2015 books left just email Christine at cbodnar@sscps.org to get yours!*

COMMUNITY INTEREST



Saturday, April 23

Paint for a Cause: South Shore Charter Public School

12:00-2:30 PM*

*Arrive 11:30-12; Bar/Kitchen Open @ 11:30

Help support South Shore Charter Public School!

SIGN UP TODAY!

<https://events.musepaintbar.com/index.php/welcome/edit/13578>

COMMUNITY SERVICE OPPORTUNITIES

Once Upon a Time Storybook Book Drive

Do you have any gently used picture or early reader books that would be appropriate for read-aloud in grades K-4? A friend's Eagle Project from Boy Scout Troop 34 in Hanson is starting a program in Whitman and Hanson where high school students will read to elementary school students. This program mirrors what we have done at SSCPS for years. I know how great it can be so I am hoping to collect books in support of my Boy Scout Troop to help start this wonderful literacy program. A box will be available in the SSCPS front lobby for collection.

Tanner Demaggio

Spring Cleaning Time!!!

Shannon Daly in Rachel's room in Level IV is collecting slightly used or new books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside in the front lobby at the front desk, and any donations would be greatly appreciated. For larger donations please contact Barbara at barbara6910@msn.com

Level II Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

The Guardian Center – 888 Main Street, Brockton, MA – 508-587-6556

The Guardian Center is in need of lap sized blankets for residents. These blankets offer comfort, warmth, and for some they are used to wear on laps to cover braces on their legs. Blankets can be made or purchased for the residents. They can be dropped off at the center as a donation. The center is always looking for visitors as well. Most of the patients have dementia. Should you want to donate time at the center please contact them directly so that you can be set up with the right people for your volunteer time.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG



2016/2017 School Bus Registration



2016/2017 School Bus Service Registration Directions:

- Log onto www.putnevtrans.com
- Select the [Registration/Login] tab

Login Information For South Shore Charter Public School

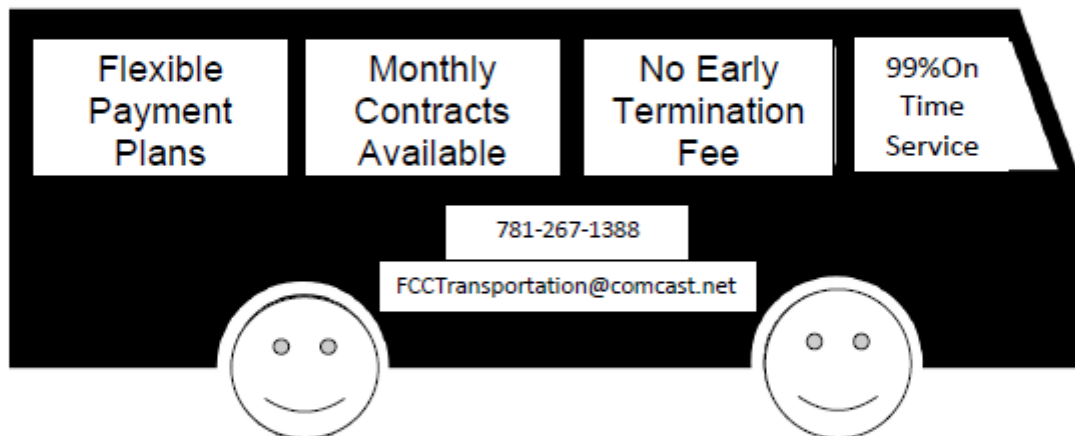
- Your Username: **guest**
- Your Password: **school**

NOTE: *Username and password are all lowercase.* Once completed, your child will be ready for the new 2016/2017 school year. **Registration will close July 22nd. Seating is limited.** For any questions, please email us at services@putnevtrans.com or call us at 1(800) 531-1257.

FCC Transportation

**Serving Families
of the**

**South Shore Charter Public School
Since 2001**



"If you are looking for a reliable and trustworthy person to drive your child to school, FCC transportation is the right company. I have been with FCC Transportation when my child started in 4th grade at SSCPS. She treats the parents and their kids with respect. If any problem occurs, she will contact you immediately or in advance so you have the time to plan accordingly." Parent of a twelfth grader

My name is Susan Klineh. I started my own bus company as an SSCPS parent because we had so many issues with the company we were using. As a parent of four graduates, I am very familiar with the school. I understand your concerns and what you are looking for in your kid's bus transportation. Some of my families have been with me over 8 years. References are available upon request.

"I've had total peace of mind with FCC for the last ten years driving my kids. She has total control of the bus. At an anti-bullying workshop a few years ago the speaker, who had done a student survey, said it was the first time ever she had not had a single mention of the school bus as a place of bullying in her survey, and I knew exactly why." Parent of a tenth grader



March 8, 2016

Dear Families,

We are excited to officially invite you to our Annual Auction taking place Friday, May 6, 2016, from 6:00 to 10:00 p.m. at The River Club, located at 78 Border Street in Scituate, MA.

This year's event will feature music, both silent and live auctions featuring great items, such as vacation homes, gourmet dinner packages, the Ultimate Tesla Experience, gift certificates to local businesses, overnight getaways, teacher experiences for your children, Alicia's parking spot, Principal for a Day... just to name a few. Hors d'oeuvres and light refreshments will be served.

As you know, SSCPS is a community comprised of gifted faculty, administrators and staff, as well as the many wonderful families who help make it so special. The Annual Auction is an adult-only event which will allow you to socialize with old friends, meet new friends, and have fun.

We will be drawing the winner of our 50/50 raffle, and they could go home with up to \$15,000! Enclosed you will find two \$20 raffle tickets that we are asking your family to sell. Please note, you do not have to be present to win, but we hope to be able to share in the excitement with the winner at the event. Please return all tickets (sold or unsold) along with payment to the front desk. Additionally, please consider taking part as a sponsor of the "Celebrating 20 Years" at the suggested levels of giving outlined in the enclosed pledge form for Friends of the Foundation, or promote your business by advertising in our professionally printed program.

We hope you are able to join us. Over the next few weeks, our auction committee will be reaching out to every family in the school community to help spread the word and answer any questions. Registration is available online at sscps.org. Click on the link under the Annual Auction.

Your support makes it possible to continue to provide the unique and innovative curriculum that allows our students to excel in academics, service and life and inspires the leaders of tomorrow. Thank you again, and we look forward to seeing you on May 6th!

Warmly,

Laurie Dannison

Development Associate

ldannison@sscps.org

781-982-4202 ext. 207

CELEBRATING

20

YEARS AT CHARTER

**Please join us at our annual
Spring Auction!**

- raffle items
- live auction
- silent auction

**Your support raises vital funds for
our children!**

Cost: \$35 | hors d'oeuvres and light
refreshments served.



**SOUTH SHORE CHARTER
EDUCATIONAL FOUNDATION**

Friday, May 6th

6-10pm

The River Club
78 Border Street
Scituate, MA 02066

More Information:

Contact Laurie Dannison for more
details at ldannison@sscps.org

2016 YEARBOOK

Inspired by You

It's That Time...

Dear Parent:

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time — buy them a yearbook!

So please fill out the order form below, attach your payment, and send it in or drop it off to the front desk.

Student name _____

Home Phone (in case there are any questions on order) _____

Homeroom _____ Grade _____

Ordering : Put number of books in order and mail payment with completed form to the address listed below. Books will be distributed in June.

2016 Hardcover Yearbook - 25.00

Total Amount Enclosed (cash or check): _____

Please make checks payable to: South Shore Charter Public School

Send completed form and payment to: SSCPS 2016 Yearbook
South Shore Charter Public School
100 Longwater Circle
Norwell, MA. 02061

Holly Hill Farm & Friends

4/4/2016 FOR IMMEDIATE RELEASE:

Contact Info:

Friends of Holly Hill Farm

Holly Hill Farm

236 Jerusalem Road , Cohasset, MA 02025

www.hollyhillfarm.org 781-383-6565

Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

UPCOMING EVENTS & ACTIVITIES

Spring Farm to Food Pantry Program at Holly Hill Farm

This community service program for teenagers aged 13-18, founded in 2012, was established to grow organic vegetables to donate to local food pantries during the growing season. Spring program has begun but we welcome new participants. Program runs every Friday and Saturday from 10am-noon until mid June when additional summer hours are Monday through Friday, 9am-noon. Contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com. Complete your community service requirements this spring and summer at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries.

APRIL VACATION FUN AT HOLLY HILL FARM, Tuesday, April 19 – Thursday, April 21, 9am-noon, Ages 5-10

Come see what's happening at the farm in spring. There are many activities and spring growth to discover. Each day we will explore a different aspect of the farm. Tuesday, we will observe, make and take home some rich compost. Wednesday we will head to the woods and trails for an exploratory hike to look for signs of ephemeral growth. Thursday we will sow seeds, transplant seedlings and care for perennial favorites in the Education Garden. Each day we will greet and check in on our farm animals. Come for 1,2 or all 3 days. \$45/day or \$135/all 3 days for members. \$50/day or \$150/all 3 days nonmembers. Pre-registration required. In the event of underenrollment we reserve the right to cancel with full refund. Call/email 781-383-6565 or friendsofhollyhillfarm@gmail.com Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025.

HOLLY HILL FARM SUMMER CAMP 2016! REGISTRATION INFO AT OUR WEBSITE!

Would you and your children like to spend a week or more at Holly Hill Farm this summer? Your neighborhood, organic farm has a wide variety of fun, exploratory, creative, intriguing programs for all ages. Kids ages 3 and 4 can taste spinach, help feed the animals, sow seeds, sing songs and more. Children ages 7 and 8 can spend a morning at the marsh, discover the education garden, make compost, help in the barnyard and enjoy some harvested produce. Preteens ages 9 and 10 can compete in an obstacle course, trail running, Frisbee golf, healthy smoothies, etc. Teenagers can prepare for an exciting overnight at the Farm. And adults can spend a week honing gardening skills and cooking vegetables for a special *Parents Go to Camp Too* program. Go to our website and click on the **Camp Sign Up photo** to learn more about individual sessions and to register early. Sessions begin June 6 and continue through August 26. Call/email 781-383-6565 or friendsofhollyhillfarm@gmail.com Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025. [Summer Camp Open House April 16 \(see below\)](#)

Composting Workshop, Saturday, April 16 from 9:00-10:00am

Composting workshop will teach participants how to turn kitchen vegetable scraps and garden cuttings into "black gold", an essential component of every successful, organically grown garden.

Compost Workshop: \$6/members, \$8/nonmembers

Transplanting Workshop, Saturday, April 16 from 10:00-12:00pm

In our transplanting workshop, learn in this hands-on class how to "pot up" seedlings of lettuce and other seasonal crops. Participants will have a chance to take transplants home for their gardens.

Transplanting Workshop: \$12/members, \$15/nonmembers.

Sign up for both workshops and SAVE! \$15/members, \$20/nonmembers.

Summer Camp Open House, Saturday, April 16 from 10:00-12:00pm

Thinking of signing up your age 3 through teen for some summer fun at Holly Hill Farm? Join us for an Open House, meet the staff, see the beautiful surroundings of this organic, heirloom family farm and learn about all the enriching programs we offer to children of all ages. Yes, even adults can sign up for Summer Camp this year!

Farm Stand open Saturday, April 16 from 11:00-1:00pm

Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm 781-383-6565, friendsofhollyhillfarm@gmail.org

Early Plant Sale, Saturday, April 23 from 10:00-4:00pm

Farm Stand will also be open 11:00-1:00pm

Brown Boar Farm monthly delivery/pickup of pre-ordered pork products 11:00-1:00pm

Join us for some sizzling hot Brown Boar Farm sausages, grilled to perfection between 11am-1pm!

Open to all, Holly Hill Farm will have strong, healthy seedlings, ready to plant out in your gardens. Featuring only the crops ready for the cool weather days of April and early May such as broccoli, kale, leeks, onions, scallions, Swiss chard, lettuce, cauliflower, snow and sugar snap peas plus Sweet Alyssum and edible Johnny Jump-Up flowers! Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565

Spring Ephemerals Walk with Pete Westover, Saturday, April 30 from 10:00-12:00pm

Join The Trustees of Reservations CR Stewardship Team for a spring wildflower walk through the beautiful Holly Hill Farm property in Cohasset. This is a great time of year for ephemeral spring flowers, a wide variety of trees and shrubs that are finally greening up after the end of winter, and the arrival of songbirds that have made the long flight up from the south. The 2-hour walk will follow the extensive trail system at Holly Hill and will visit an attractive variety of habitats. The walk will be slow and relaxed, and we encourage participants to ask questions or offer suggestions about the birds, flora, and natural history of the area. Walk leader Pete Westover is a Yale-trained naturalist with more than 40 years experience in the field. He is managing partner of a firm called Conservation Works and has worked all over Massachusetts and beyond in completing ecological studies, land preservation transactions, and land management plans. All are welcome to attend this FREE event and participants should be ready to spend the entire time outside, rain or shine, and be ready to do some walking. **Let's see what we can find!** Free, but please call or email to pre-register. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565, friendsofhollyhillfarm@gmail.org

Think Spring! Saturday, April 30 from 3:00-5:00pm

Join us for our annual celebration for the Members of the *Friends of Holly Hill Farm*! Be our guest for a wonderful afternoon of community, good food, an exploratory walk, fun with the farm animals, possible hayride and music. If you aren't already a Member, we invite you to come and see what Holly Hill Farm has to offer. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565

Migrating Songbird Walk with Sally Avery, Saturday, May 7, 8:00am-10:00am

Join locally renowned birding expert and enthusiast Sally Avery for "Spring Birding" in the woods and trails at Holly Hill Farm. Sally has led numerous tours for Mass Audubon, as well as for the *Friends of Holly Hill Farm*. Sally has a local and statewide following who delight in her expertise and program presentation. Bring good walking shoes and keen ears and eyes as we delight in this lovely rite of spring. Free to all, but pre-registration is encouraged. Rain or shine, unless heavy rainfall. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset hollyhillfarm.org 781-383-6565, friendsofhollyhillfarm@gmail.org

School Partnerships

Recently, the Holly Hill Farm teachers having been battling the elements, just like the rest of us, as we have been able to study vermicompost at indoor settings at the Old Colony Montessori school in Hingham and South Shore Charter Public school in Norwell. The students have found great pockets of worms enjoying the spoils of banana peels, apple cores and slowly deteriorating newspaper and coffee filters. The result is some great, nutritious compost for the garden, when the weather turns more Spring-like and warm. Soon we will distribute the compost as well as transplant sugar snap pea seedlings at the Hingham Middle school in their new garden beds, built last August by the science teachers. Here's to good growth.



karma studio

presents

ART SPLASH CAMP

Summer 2016

Ages 6-11

Art Splash I ~ \$135.00

July 18 - 22

Monday, Wednesday, Friday

1:00 - 5:00 pm

Art Splash II ~ \$135.00

July 25 - 29

Monday, Wednesday, Friday

1:00 - 5:00 pm

Art Splash III ~ \$135.00

August 8 - 12

Monday, Wednesday, Friday

1:00 - 5:00 pm

2 ½ hours of art lessons, Snack & Swimming until 5:00pm

Registration Form

Please fill out the form below and return with payment to:

Karen McEachern Cass

Karma Studio

43 Forest Street

Hanover, MA 02339

If your child will stay for swimming, please be sure to include a bathing suit and towel. Also, please apply sunscreen and insect repellent before camp.

Questions: Call (781)982-0080, or e-mail karencass@comcast.net. For more information please visit: www.karencass.com. **PLEASE Register by: May 1, 2016.**

Make checks payable to: Karen Cass.

Name of Student(s) _____

Age(s) _____

Parent/Guardian _____

Address _____

Home Phone _____ Cell Phone _____

E-mail _____

Camp Options:

Session I 1 - 5pm _____ \$135.00

Session II 1 - 5 pm _____ \$135.00

Session III 1 - 5 pm _____ \$135.00

SSCPS

SSCPS Family Camping Weekend!!!

Hang out with old friends and make new friends!

When: May 20-22, 2016

Where: Boston/ Cape Cod KOA in Middleboro (I know not really located in Boston or Cape Cod)

<http://koa.com/campgrounds/boston/>

For reservations email boston@koa.net

Tell Moe Tara Dusthimer sent you! Discounts will be given to SSCPS Families!





**Do you have a child under 5?
Are you pregnant or breastfeeding?**

WIC OFFERS FAMILIES

- Personalized nutrition consultations
- Free healthy food
- Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

Call **1-800-WIC-1007**
or visit mass.gov/wic

TDD/TTY: 617-624-5992
USDA is an equal opportunity provider and employer.

Check these guidelines to see if WIC might be right for your family.

HOUSEHOLD SIZE	YEARLY	MONTHLY	WEEKLY
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455

IF YOU ARE PREGNANT, YOU SHOULD COUNT YOURSELF AS TWO.



GOOD FOOD and A WHOLE LOT MORE!



**¿Tiene un hijo menor de 5 años?
¿Está embarazada o amamantando/lactando?**

WIC OFRECE A LAS FAMILIAS

- Alimentos saludables gratis
- Apoyo de lactancia
- Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, ¡y otros servicios que pueden beneficiar a la familia entera!

Llame al **1-800-942-1007**
o visite mass.gov/wic

TDD/TTY: 617-624-5992
El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

TAMAÑO DE FAMILIA	ANUAL	MENSUAL	SEMANAL
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455

SI USTED ESTÁ EMBARAZADA, DEBE CONTARSE POR 2.



BUENOS ALIMENTOS y MUCHO MÁS!

Breakfast Order Form

Breakfast for the Month of May, 2016

Due to the office by 3:00 pm, ***Tuesday**, April 26, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of 5/2 – 5/6 Monday Tuesday Wednesday Thursday Friday

Week of 5/9 – 5/13 Monday Tuesday Wednesday Thursday Friday

Week of 5/16 – 5/20 Monday Tuesday Wednesday Thursday Friday

Week of 5/23 – 5/27 Monday Tuesday Wednesday Thursday Friday

Week of 5/30 – 6/3 Monday Tuesday Wednesday Thursday Friday

Number of Breakfasts ordered _____ X \$1.80

Less credit due

Total Amount Enclosed

_____ \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of May, 2016

Due to the office by 3:00 pm, ***Tuesday**, April 29, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of 5/2 – 5/6	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Early Release
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Week of 5/9 – 5/13	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
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Week of 5/16 – 5/20	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
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Week of 5/23 – 5/27	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
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Week of 5/30 – 6/3	<u>Monday</u> No School	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
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- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.30

Number of **Salads (B)** ordered _____ X \$3.30

Less credit due _____

Total Amount Enclosed


\$ _____

Cash or Checks may be made out to SSCPS



SOUTH SHORE CHARTER SCHOOL
MAY, 2016

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal WW Grahams Fruit Juice Milk	3 3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	4 WG Cinnamon Roll Fruit Orange Juice Milk	5 3.6 oz. WW Chocolate Muffin Fruit Orange Juice Milk	6 Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk
9 Cinnamon Toast Crunch Fruit Apple Cinnamon Waffles Orange Juice Milk	10 3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk	11 WG Cinnamon Roll Fruit Orange Juice Milk	12 3.6 oz. WW Chocolate Muffin Fruit Orange Juice Milk	13 3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk
14 Cereal Graham Crackers Fruit Orange Juice Milk	15 WW Bagel w/Jelly Fruit Orange Juice Milk	16 3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk	17 3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	18 WW Bagel Fruit Orange Juice Milk
23 Cheerios Graham Crackers Fruit Orange Juice Milk	24 2 oz. Cereal Fruit Orange Juice Milk	25 3.6 oz. WW Apple Muffin Fruit Orange Juice Milk	26 Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk	27 WG Cinnamon Roll Fruit Juice Milk
30 	31 Cereal WW Grahams Fruit Juice Milk	June 1 WG Cinnamon Roll Fruit Juice Milk	2 3.6 oz. WG Chocolate Chip Muffin Fruit Juice Milk	3 WG Croissant Fruit Juice Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**


Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
MAY, 2016

LUNCH MENU Circle A or B

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 A Cheeseburger Mac Broccoli	B Salad w/Turkey & WW Pita Bread Milk	3 A Tuna Salad on WW Bun Chickpea Salad	B Salad w/Turkey & WW Pita Bread Milk	4 A Oven Baked Chicken Bites Potato Wedges	B Salad w/Turkey & WW Pita Bread Milk	5 A Sweet & Sour Chicken Baby Carrots	B Salad w/Turkey & WW Pita Bread Milk	EARLY DISMISSAL	
9 A Hamburger on WW Roll Baked Beans	B Salad w/Tuna & WW Pita Bread Milk	10 A Grilled Chicken Breast Pasta Salad w/Veggies	B Salad w/Tuna & WW Pita Bread Milk	11 A American Chop Suey Green Beans	B Salad w/Tuna & WW Pita Bread Milk	12 A Chicken Quesadilla Baby Carrots	B Salad w/Tuna & WW Pita Bread Milk	13 A Cheese Pizza Potato Wedges	B Salad w/Tuna & WW Pita Bread Milk
16 A Meatballs on WG Sub Green Beans	B Salad w/Hummus & WG Pita Bread Milk	17 A Sliced Chicken Sandwich Chickpea Salad	B Salad w/Hummus & WW Pita Bread Milk	18 A Sweet & Sour Meatballs Rice	B Salad w/Hummus & WW Pita Bread Milk	19 A Herbed Baked Chicken Rice	B Salad w/Hummus & WG Pita Bread Milk	20 A Cheese Pizza Potato Wedges	B Salad w/Hummus & WW Pita Bread Milk
23 A Pancakes & Sausage Potato Wedges	B Salad w/Grilled Chicken & WW Pita Bread Milk	24 A Ham & Cheese Sandwich Chickpea Salad	B Salad w/Grilled Chicken & WW Pita Bread Milk	25 A Sweet & Sour Chicken Brown Rice	B Salad w/Grilled Chicken & WW Pita Bread Milk	26 A Chicken Parmesan on Bun Green Beans	B Salad w/Grilled Chicken & WW Pita Bread Milk	27 A Cheese Pizza Potato Wedges	B Salad w/Grilled Chicken & WW Pita Bread Milk
30 		31 A Sloppy Joe on WG Bun	B Salad w/Turkey & WW Pita Bread Milk	June 1 A Oven Baked Chicken Bites Potato Wedges	B Salad w/Turkey & WW Pita Bread Milk	2 A Buffalo Chicken WW Wrap Chickpea Salad	B Salad w/Turkey & WW Pita Bread Milk	3 A Cheese Pizza Green Beans	B Salad w/Turkey & WW Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

All Meals Include Fruit

* Complies with NSLP Regulations

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"This institution is an Equal Opportunity Employer"


Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
MAY, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 A Cheeseburger Mac Broccoli B Salad w/Turkey & WW Pita Bread Milk	3 A Tuna Salad on WW Bun Chickpea Salad B Salad w/Turkey & WW Pita Bread Milk	4 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Turkey & WW Pita Bread Milk	5 A Sweet & Sour Chicken Baby Carrots B Salad w/Turkey & WW Pita Bread Milk	EARLY DISMISSAL
9 A Hamburger on WW Roll Baked Beans B Salad w/Tuna & WW Pita Bread Milk	10 A Grilled Chicken Breast Pasta Salad w/Veggies B Salad w/Tuna & WW Pita Bread Milk	11 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Tuna & WW Pita Bread Milk	12 A Chicken Quesadilla Baby Carrots B Salad w/Tuna & WW Pita Bread Milk	
16 A Meatballs on WG Sub Green Beans B Salad w/Hummus & WG Pita Bread Milk	17 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WW Pita Bread Milk	18 A Sweet & Sour Meatballs Rice Broccoli Fruit B Salad w/Hummus & WW Pita Bread Milk	19 A Herbed Baked Chicken Rice Carrots B Salad w/Hummus & WG Pita Bread Milk	20 A Cheese Pizza Potato Wedges Broccoli B Salad w/Hummus & WW Pita Bread Milk
23 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WW Pita Bread Milk	24 A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WW Pita Bread Milk	25 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Grilled Chicken & WW Pita Bread Milk	26 A Chicken Parmesan on Bun Green Beans B Salad w/Grilled Chicken & WW Pita Bread Milk	27 A Cheese Pizza Potato Wedges Carrots Banana B Salad w/Grilled Chicken & WW Pita Bread Milk
30 	31 A Sloppy Joe on WG Bun B Salad w/Turkey & WW Pita Bread Milk	June 1 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Turkey & WW Pita Bread Milk	2 A Buffalo Chicken WW Wrap Chickpea Salad B Salad w/Turkey & WW Pita Bread Milk	3 A Cheese Pizza Green Beans B Salad w/Turkey & WW Pita Bread Milk

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Circle a Milk Choice 1% Skim

All Meals Include Fruit

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