## South Shore Charter Public School



Years of Charting Lives
Vol. 4, Issue 3

## From the Executive Director

Welcome back. I hope you found your April break to be restful. As nice as it is to be away, it is even better to be back. It is inspiring to walk around our hallways seeing students excited about the home stretch of the school year. With May almost here, and June rapidly approaching, it is important that the steady pace of learning continues so that all of our students finish the year with strength.

On Friday, April 15 the high school celebrated Heritage Day. Heritage Day is a wonderful tradition here at SSCPS. It is an amazing recognition of the many different nations and cultures that make up our student and faculty population. Heritage Day is a direct product of our unique Projects and Workshops model of education; it is completely organized by students in our Community Service Workshop and their faculty mentor Spanish teacher Angeline Cowgill. During Heritage Day, students in the high school rotated from class to class learning about the cultures of counties in South Asia, Europe, Africa, North America, South America, and the Caribbean. It was a great afternoon beginning with another brilliant performance from our Step team and ending with music, food, and much cultural inquiry. Kudos to our students and high school faculty for making the afternoon one of learning and fun.

I was given the opportunity to meet with our high school students as one of the stations during Heritage Day. I met with each group of students, divided by advisory, to continue our conversation regarding expansion. Our high school students asked excellent questions on many aspects of life on the newly expanded campus. Students asked various questions about parking, course offerings, athletics, extra-curricular opportunities, as well as retaining our K-12 school culture and making sure opportunities to interact with students on all grade levels would still happen. During the conversations students offered many helpful suggestions including effective strategies for negotiating the new pick-up line, determining the best colors for classroom contrast walls, and most importantly, how to maintain our school culture during this time of institutional growth.

What was especially heartening to me was to hear from students who entered in high school. These are the students who were able to enroll when seats became available due to our last expansion. To hear this particular group of students talk about how important it is to protect our current school culture is a true window into who we are as a school, and how we are different from a traditional district public school. Now that we are twenty years old, we have our own traditions and school culture, and it is important to our students that we remain true to who we are.

I look forward to continuing the conversation with our student body both at the high school and middle school. I am also greatly looking forward to the next Expansion Information Parent Coffee on Wednesday, May 11 at 8:30am. Please know that if you are unable to attend a coffee, I encourage you reach out to the Parents Association Ad Hoc Expansion Committee members Tara Dusthimer and Danette Carter, and to attend our next Board of Trustees meeting on Thursday, May 12. And of course, please do not hesitate to reach out to me directly. I welcome your thoughts and feedback.

| Thursday | $04 / 28$ | Boston Symphony Orchestra - Level II and Grade 5 |  |
| :--- | :--- | :--- | :--- |
| Thursday | $04 / 28$ | Level IV PARCC ELA |  |
| Thurs \& Fri | $04 / 28-04 / 29$ | Senior Debates |  |
| Monday | $05 / 02$ | Senior Debates |  |
| Monday | $05 / 02$ | Level III PARCC ELA |  |
| Monday | $05 / 02$ | AP Chemistry |  |
| Tuesday | $05 / 02$ | AP Physics | 7:00pm |
| Tuesday | $05 / 03$ | Senior Project begins |  |
| Tuesday | $05 / 03$ | Parents Association Meeting | $4: 00-7: 00 \mathrm{pm}$ |
| Wednesday | $05 / 04$ | AP Literature \& Composition |  |
| Wednesday | $05 / 04$ | Level III PARCC ELA |  |
| Wednesday | $05 / 04$ | New Student Registration |  |
|  |  | SSCPS PARENT SURVEY 2016 |  |

## ANNOUNCEMENTS

Calling all bakers, cooks and purchasers for our Annual Teacher/Staff Appreciation Luncheon
The luncheon will take place on Friday, May 6. This is the half day. We will need main dishes, side dishes, salads, desserts, and drinks.

If possible, please try to drop off your item in the morning at drop-off. This helps save time in the afternoon. You may also drop any items off at dismissal, especially if it's a hot item, since there is no way to reheat food, although Crock-Pots can be dropped off anytime. We will also have people at the circle from 11:30 on, so you may drop off your item and jump right in the pickup line.

The luncheon hosts about 100 faculty/staff members, and they love and appreciate the assortment of food that is sent in by our families. They always express their sincere appreciation to everyone.

If you would like to donate or volunteer, please contact me directly at debbielbundrick@yahoo.com
Deb Paquette, Parent of Kayleen and CJ (Level III)

## Parents Association Ad Hoc Expansion Committee Q \& A

Q: Will there be crosswalk lines and signs for speed limit?
A: If this is determined to be the best option, we will have to approach the Town of Norwell for this request. It has been decided to wait on crosswalks for now. We are looking at we currently have, Dave our crossing guard, vans and busses, and faculty members, as possible options for student travel between the two buildings.

Q: Will there be an outside area at the new building?
A: Yes, there will be an outdoor space with a picnic area as well as a possible basketball, or hard top area. .
Q: Will there be a nurse for both buildings? If not, how will that time be divided?
A: No, at this time there will be one nurse who will travel throughout the campus as she does now.
Q. Will the other tenants in the building have a background check done?
A. No they will not. There will be no space sharing between the high school and the other tenants in the building. It will be a very similar situation to the one existing now with the gym. All entrances to the school will be for school use only. The doors to the school will be locked and any individual seeking access will have to be buzzed in.

## Parents Association

## Parent Association Elections

Nominations for Executive Board positions, and grade/level representatives will be open from Wednesday, April 13 until the Wednesday following vacation, April 27 at 5:00 p.m.

Nominations shall be sent to sscpspaelections@yahoo.com. You may nominate yourself or someone else.
On April 27, elections will be open and shall continue until Sunday, May 1, until Noon. Results will be announced at the May 3rd Parents Association Meeting and in the Update. Follow the Update for more information or send an email to the Elections Task Force at the email address above.

## From the Development Office

Tickets are still available for the SSCEF "Celebrating our 20 Years at the Charter" Annual Auction. Register Now! The auction is an adult-only event that brings our community together to raise vital funds for our children. Please come and invite friends and family! Here's a peak at our Auction Page.

It's not too late to participate in our $\mathbf{5 0 / 5 0}$ raffle. Each ticket is $\$ 20$, and we will pull the winning name the night of the auction. You do NOT need to be present to win! Drop off your tickets at the front desk. Please pay with cash or check payable to SSCEF. Raffle tickets were sent home, but if you need more, contact Laurie Dannison.

Donate to our Annual Fund today. We have raised close to $\$ 32,000$ with a goal of $\$ 50,000$ by June 30 th. Please contribute your fully tax deductible donation today. Thank you to everyone who has donated so far. Mail your donation to: SSCEF, P.O. Box 512, Accord, MA 02018 or by visiting: Donate Now

SSCPS Spirit Wear: Need a birthday gift, or are you looking for some fresh SSCPS t-shirts? Check out our apparel line and email ldannison@sscps.org for more info. Order Gear Here

## Yearbook Committee

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page $\$ 150,1 / 2 \mathrm{pg} . \$ 75,1 / 4 \mathrm{pg}$. $\$ 50$. There are still a few 2015 books left just email Christine at cbodnar@sscps.org to get yours!

## Community Service Opportunities

## Once Upon a Time Storybook Book Drive

Do you have any gently used picture or early reader books that would be appropriate for read-aloud in grades K-4? A friend's Eagle Project from Boy Scout Troop 34 in Hanson is starting a program in Whitman and Hanson where high school students will read to elementary school students. This program mirrors what we have done at SSCPS for years. I know how great it can be so I am hoping to collect books in support of my Boy Scout Troop to help start this wonderful literacy program. A box will be available in the SSCPS front lobby for collection.

Tanner Demaggio

## Spring Cleaning Time!!!

Shannon Daly in Rachel's room in Level IV is collecting slightly used or new books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside in the front lobby at the front desk, and any donations would be greatly appreciated. For larger donations please contact Barbara at barbara6910@msn.com

## Level II Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food \& cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

## The Guardian Center - 888 Main Street, Brockton, MA - 508-587-6556

The Guardian Center is in need of lap sized blankets for residents. These blankets offer comfort, warmth, and for some they are used to wear on laps to cover braces on their legs. Blankets can be made or purchased for the residents. They can be dropped off at the center as a donation. The center is always looking for visitors as well. Most of the patients have dementia. Should you want to donate time at the center please contact them directly so that you can be set up with the right people for your volunteer time.

## WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY - TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG



You are invited to an Art Opening June's $2^{\text {nd }}$ Graders are in Trader Joels first art exhibition!


Where: Trader Joe's at the Hingham Shipyard, 5 Essington Drive, Hingham In the "Gallery" behind the demo station
When: Monday, May $2^{\text {nd }}$, from 6:30-8 pm


Enjoy T'rader Joe's treats at the demo station, check out the amazing collages of fruit and flowers, and have fun! The art will be franging for one month.


> Questions? Email Emily the Art Teacher at elincoln@sscps.org Hope to see you there!

## 2016/2017 School Bus Registration



IBCHSYHZALYON
information

2016/2017 School Bus Service Registration Directions:
$\rightarrow$ Log onto www.putnevtrans.com
$\rightarrow$ Select the [Registration/Login] tab

## Login Information For South Shore Charter Public School

$\rightarrow$ Your Username: guest
$\rightarrow$ Your Password: school
NOTE: Username and password are all lowercase. Once completed, your child will be ready for the new 2016/2017 school year. Registration will close July $22^{\text {nd }}$. Seating is limited. For any questions, please email us at services@putneytrans.com or call us at $1(800)$ 531-1257.

## FCC Transportation

## South Shore Charter Public Schoo Since 2001




Please join us at our annual Spring Auction!

- raffle items
- live auction
- silent auction

Your support raises vital funds for our children!

Cost: \$35 | hors d'oeuvres and light refreshments served.

SOUTH SHORE CHARTER EDUCATIONAL FOUNDATION

## Firiday, May 6th 6-10pm

The River Club<br>78 Border Street<br>Scituate, MA 02066

## More Information:

Contact Laurie Dannison for more details at Idannison@sscps.org

## 2016 YEARBOOK Inspired by You

## It's That Time...

## Dear Parent:

The 2016 yearbook is now in progress and all the memories of the 2015-2016school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time buy them a yearbook!

So please fill out the order form below, attach your payment, and send it in or drop it off to the front desk.

Student name $\qquad$
Home Phone ( in case there are any questions on order ) $\qquad$
Homeroom $\qquad$ Grade $\qquad$

Ordering : Put number of books in order and mail payment with completed form to the address listed below. Books will be distributed in June.

## 2016 Hardcover Yearbook - 25.00

Total Amount Enclosed ( cash or check): $\qquad$
Please make checks payable to: South Shore Charter Public School
Send completed form and payment to: SSCPS 2016 Yearbook South Shore Charter Public School 100 Longwater Circle
Norwell, MA. 02061


4/25/2016 FOR IMMEDIATE RELEASE:
Contact Info:
Friends of Holly Hill Farm
Holly Hill Farm
236 Jerusalem Road, Cohasset, MA 02025
www.hollyhillfarm.org 781-383-6565

Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

## UPCOMING EVENTS \& ACTIVITIES

## Spring Farm to Food Pantry Program at Holly Hill Farm

This community service program for teenagers aged 13-18, founded in 2012, was established to grow organic vegetables to donate to local food pantries during the growing season. Spring program has begun but we welcome new participants. Program runs every Friday and Saturday from 10am-noon until mid June when additional summer hours are Monday through Friday, 9am-noon. Contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com. Complete your community service requirements this spring and summer at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries.

## HOLLY HILL FARM SUMMER CAMP 2016! REGISTRATION INFO AT OUR WEBSITE!

Would you and your children like to spend a week or more at Holly Hill Farm this summer? Your neighborhood, organic farm has a wide variety of fun, exploratory, creative, intriguing programs for all ages. Kids ages 3 and 4 can taste spinach, help feed the animals, sow seeds, sing songs and more. Children ages 7 and 8 can spend a morning at the marsh, discover the education garden, make compost, help in the barnyard and enjoy some harvested produce. Preteens ages 9 and 10 can compete in an obstacle course, trail running, Frisbee golf, healthy smoothies, etc. Teenagers can prepare for an exciting overnight at the Farm. And adults can spend a week honing gardening skills and cooking vegetables for a special Parents Go to Camp Too program. Go to our website and click on the Camp Sign Up photo to learn more about individual sessions and to register early. Sessions begin June 6 and continue through August 26. Call/email 781-383-6565 or friendsofhollyhillfarm@gmail.com Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025. Summer Camp Open House April 16 (see below)

Spring Ephemerals Walk with Pete Westover, Saturday, April 30 from 10:00-12:00pm
Join The Trustees of Reservations CR Stewardship Team for a spring wildflower walk through the beautiful Holly Hill Farm property in Cohasset. This is a great time of year for ephemeral spring flowers, a wide variety of trees and shrubs that are finally greening up after the end of winter, and the arrival of songbirds that have made the long flight up from the south. The 2hour walk will follow the extensive trail system at Holly Hill and will visit an attractive variety of habitats. The walk will be slow and relaxed, and we encourage participants to ask questions or offer suggestions about the birds, flora, and natural history of the area. Walk leader Pete Westover is a Yale-trained naturalist with more than 40 years experience in the field. He is managing partner of a firm called Conservation Works and has worked all over Massachusetts and beyond in completing ecological studies, land preservation transactions, and land management plans. All are welcome to attend this FREE event and participants should be ready to spend the entire time outside, rain or shine, and be ready to do some walking. Let's see what we can find! Free, but please call or email to pre-register. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565, friendsofhollyhillfarm@ gmail.org

NEW! Farm Stand and Plants for Sale, Saturday, April 30 from 11:00 - 5:00pm
Holly Hill Farm Stand will be open with greens from our hoop house (spinach and kale), our own honey, plus we still have a great selection of cool weather crop seedlings for sale, seed potatoes, raspberry plants, asparagus roots and High Mowing Organic Seeds both vegetable and flower varieties. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565, friendsofhollyhillfarm@gmail.org

Think Spring! Saturday, April 30 from 3:00-5:00pm
Join us for our annual celebration for the Members of the Friends of Holly Hill Farm! Be our guest for a wonderful afternoon of community, good food, an exploratory walk, fun with the farm animals, possible hayride and music. If you aren't already a Member, we invite you to come and see what Holly Hill Farm has to offer. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565

Migrating Songbird Walk with Sally Avery, Saturday, May 7, 8:00am-10:00am
Join locally renowned birding expert and enthusiast Sally Avery for "Spring Birding" in the woods and trails at Holly Hill Farm. Sally has led numerous tours for Mass Audubon, as well as for the Friends of Holly Hill Farm. Sally has a local and
statewide following who delight in her expertise and program presentation. Bring good walking shoes and keen ears and eyes as we delight in this lovely rite of spring. Free to all, but pre-registration is encouraged. Rain or shine, unless heavy rainfall. Holly Hill Farm is located at 236 Jerusalem Road, Cohasset hollyhillfarm.org 781-383-6565, friendsofhollyhillfarm@gmail.org

NEW EVENT! Farm-to-Table Annual Asparagus Dinner, Saturday, May 14, 6:00-10:00 pm
Join us for our annual Asparagus Dinner with Chef Maryann Saporito from Hola! In Marshfield who will take advantage of the early season farm offerings to prepare a 5 -course prix fixe menu. $\$ 125$ per person for Friends of Holly Hill Farm members, $\$ 150$ per person for nonmembers. Wine and beer pairings are included. Evening includes a tour of the asparagus field to understand how this perennial crop is organically grown and harvested. Proceeds will support educational programs at the Farm and at local schools. Kindly email or call to reserve seating. Go to our website to purchase your tickets. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@gmail.org

NEW EVENT! Holly Hill Farm Organic Plant Sale
Friday, May 20, 4:00-7:00pm FHHF Members Only
Saturday \& Sunday, May 21 \& 22, 10:00am - 4:00pm
Saturday \& Sunday, May 28 \& 29, 10:00am - 4:00pm
Holly Hill Farm's annual Organic Plant Sale is an event not to be missed! Celebrate the arrival of warm weather by planting a garden with Holly Hill Farm's own greenhouse grown, organic vegetable, herb and flower seedlings. We have a broad array of heirloom and hybrid varieties plus we have added new, exciting varieties for you to bring to maturity in your gardens. Floral favorites such as sunflowers, hollyhocks, calendula, zinnias, marigolds to name a few. A range of potted sizes will be available to customize your garden needs. Our farmers and staff will be on hand to answer questions. If you want to shop for plants on Friday, May 20, our Members Only sale, you can become a member at the sale, or anytime prior to May $20^{\text {th }}$ ! Cash, check or credit cards accepted. Contact: Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@gmail.org

NEW EVENT! Children's Herbal Walk, Saturday, June 4, 11:00am-noon
Herbalist Jessica Grabowski returns to Holly Hill Farm to lead this fun program. For children accompanied by adults, this walk is a hands on introduction to the fabulous and exciting world of plants that are growing right around us. Children will begin to learn how to identify some of the most common weeds and how to even use some of them in everyday life such as when they get bit by a mosquito or touch poison ivy. It's a great way to excite children about the "green world" we live in. Ages 6 and up. \$5/person Members, \$8/person Nonmembers Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@ gmail.org

NEW EVENT! 3rd ANNUAL SUSTAINABLE GARDEN TOUR, SATURDAY, JUNE 25, 10:00-4:00PM
Mark your calendars! Local gardeners from Scituate, Cohasset and Hull will open their gardens to our guests. The Tour will focus on sustainable, naturally and organically maintained gardens. See up close how gardeners keep backyard chickens, care for beehives, grow fruit and utilize composting systems that feed their soil. Private homes, educational gardens at Holly Hill Farm, a Food Pantry garden and a Scituate school garden are featured. Come and gather creative ideas for your own garden. Tickets are $\$ 25$ prior to June 24 and $\$ 30$ the day of the tour. Tickets are available on our website. You may pick up your prepaid ticket or purchase in person at Holly Hill Farm. Children 18 and under FREE. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@ gmail.org

NEW EVENT! Weed Walk and Talk, Saturday, June 25, 10:00am-noon
Local herbalist, Jessica Grabowski will lead a stroll at beautiful Holly Hill Farm. Learn the benefits of many local, common weeds that are growing right beneath your feet and even in your own backyards. Learn the nutritional value you can get from freshly picked weeds and adding them to a salad or their medicinal properties that many of us overlook. Come wander among these magical plants and never look at a weed the same way again. \$12/person Members, \$15/person Nonmembers Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@ gmail.org

## School Partnerships

Recently, the Holly Hill Farm teachers have been busy at Derby Academy teaching and sowing seeds with grades 1st, 2nd and 3rd. They also transplanted kale and sugar snap peas for a hopeful, early June harvest. Soon, the teachers will help the 6th graders at the Wampatuck School in Scituate as they turn the compost pile, weed the beds, harvest scallions for the food pantry and check the asparagus bed for early spears of fresh asparagus.


## Registration Form

Please fill out the form below and return with payment to:
Karen McEachern Cass
Karma Studio
43 Forest Street
Hanover, MA 02339
If your child will stay for swimming, please be sure to include a bathing suit and towel. Also, please apply sunscreen and insect repellant before camp. Questions: Call (781)982-0080, or e-mail karencass@comcast.net. For more information please visit: www.karencass.com. PLEASE Register by: May 1, 2016.

Make checks payable to: Karen Cass.

Name of Student(s) $\qquad$
Age(s) $\qquad$
Parent/Guardian
Address $\qquad$
Home Phone $\qquad$ Cell Phone $\qquad$
E-mail $\qquad$
Camp Options:
Session I 1-5pm $\quad \$ 135.00$
Session II $\mathbf{1 - 5 ~ p m} \quad \$ 135.00$
Session III 1 - $5 \mathrm{pm} \quad \$ 135.00$

# SSCPS 

## SSCPS Family Camping Weekend!!!

Hang out with old friends and make new friends!
When: May 20-22, 2016
Where: Boston/ Cape Cod KOA in Middleboro (I know not really located in Boston or Cape Cod)
http://koa.com/campgrounds/boston/
For reservations email boston@koa.net
Tell Moe Tara Dusthimer sent you! Discounts will be given to SSCPS Families!


Do you have a child under 5? Are you pregnant or breastfeeding?

WIC OFFERS FAMILIES

- Personalized nutrition consultations
- Free healthy food
- Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

Call 1-800-WIC-1007
or visit mass.gov/wic

TDD/TTY: 617-624-5992
USDA is an equal opportunity provider and employer.

Check these guidelines to see if WIC might be right for your family.

| HOUSEHOLD SIZE | YEARLY | MONTHLY | WEEKLY |
| :---: | :---: | :---: | :---: |
| 1 | $\$ 21,775$ | $\$ 1,815$ | $\$ 419$ |
| 2 | 29,471 | 2,456 | 567 |
| 3 | 37,167 | 3,098 | 715 |
| 4 | 44,863 | 3,739 | 863 |
| 5 | 52,559 | 4,380 | 1,011 |
| 6 | 60,255 | 5,022 | 1,159 |
| 7 | 67,951 | 5,663 | 1,307 |
| 8 | 75,647 | 6,304 | 1,455 |
| IF YOUARE PREGNANT, YOU SHOULD COUNT YOURSELF A5 TWO |  |  |  |

¿Tiene un hijo menor de 5 años? ¿Está embarazada o amamantando/lactando?

WIC OFRECE A LAS FAMILIAS
Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

- Alimentos saludables gratis
- Apoyo de lactancia
- Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, iy otros servicios que pueden beneficiar a la familia entera!

| Verifique estas pautas para decidir si WIC es el <br> programa adecuado para su familia. |  |  |  |
| :---: | :---: | :---: | :---: |
| TAMANO DE FAMILIA ANUAL MENSUAL | SEMANAL |  |  |
| 1 | $\$ 21,775$ | $\$ 1,815$ | $\$ 419$ |
| 2 | 29,471 | 2,456 | 567 |
| 3 | 37,167 | 3,098 | 715 |
| 4 | 44,863 | 3,739 | 863 |
| 5 | 52,559 | 4,380 | 1,011 |
| 6 | 60,255 | 5,022 | 1,159 |
| 7 | 67,951 | 5,663 | 1,307 |
| 8 | 75,647 | 6,304 | 1,455 |
| ST USTED ESTA EMBARAZADA, DEBE CONTARSE POR 2. |  |  |  |

Lameal 1-800-942-1007
o visite mass.gov/wic
TDD/TTY: 617-624-5992
EI USDA es un proveedor y empleador que ofrece igualdad de oportunidades.
BUENOS ALIMENTOS $\gamma$ MUCHO MAS!

# Breakfast Order Form Breakfast for the Month of May, 2016 <br> Due to the office by 3:00 pm, *Tuesday, April 26, 2016 

Student Name $\qquad$

Pod Teacher/Advisor $\qquad$ Grade $\qquad$

Please CHECK off the day breakfast will be ordered.


# Lunch Order Form Lunch for the Month of May, 2016 <br> <br> Due to the office by 3:00 pm, *Tuesday, April 29, 2016 

 <br> <br> Due to the office by 3:00 pm, *Tuesday, April 29, 2016}

Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$
Please circle one choice per each day lunch is ordered.

| Week of $5 / 2-5 / 6$ | Monday <br> Reg or Salad | Tuesday <br> Reg or Salad | Wednesday Reg or Salad | Thursday <br> Reg or Salad | Friday <br> Early Release |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week of $5 / 9-5 / 13$ | Monday <br> Reg or Salad | Tuesday <br> Reg or Salad | Wednesday Reg or Salad | Thursday Reg or Salad | Friday <br> Reg or Salad |
| Week of 5/16-5/20 | Monday <br> Reg or Salad | $\frac{\text { Tuesday }}{\text { Reg or Salad }}$ | Wednesday Reg or Salad | Thursday Reg or Salad | Friday <br> Reg or Salad |
| Week of $5 / 23-5 / 27$ | Monday <br> Reg or Salad | Tuesday <br> Reg or Salad | Wednesday Reg or Salad | Thursday Reg or Salad | Friday <br> Reg or Salad |
| Week of $5 / 30-6 / 3$ | Monday No School | Tuesday <br> Reg or Salad | Wednesday Reg or Salad | Thursday <br> Reg or Salad | Friday <br> Reg or Salad |

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of Regular Lunches (A) ordered
Number of Salads (B) ordered
Less credit due

$$
\ldots \quad \mathrm{X} \quad \$ 3.30
$$

\$3.30
$\qquad$
X
\$ $\qquad$
Cash or Checks may be made out to SSCPS

## SOUTH SHORE CHARTER SCHOOL

MAY, 2016

## Breakfast

| Monday | Tuesday Wednesday |  | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 2 Cereal  <br>  WW Grahams <br> Fruit  <br> Juice  <br>  Milk <br>   <br>   <br>   <br>   | 3 <br> 3.6 oz. WW Banana Muffin Fruit Orange Juice Milk | 4 <br> WG Cinnamon Roll Fruit Orange Juice Milk | 5 <br> 3.6 oz. WW Chocolate Muffin Fruit Orange Juice Milk | 6 <br> Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk |
| 9 <br> Cinnamon Toast Crunch Fruit <br> Apple Cinnamon Waffles Orange Juice Milk | 10 <br> 3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk | 11 <br> WG Cinnamon Roll Fruit Orange Juice Milk | 12 <br> 3.6 oz. WW Chocolate Muffin Fruit Orange Juice Milk | 13 <br> 3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk |
| $14$ <br> Cereal Graham Crackers Fruit Orange Juice Milk | 15 <br> WW Bagel w/Jelly Fruit Orange Juice Milk | 16 <br> 3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk | 17 <br> 3.6 oz. WW Banana Muffin Fruit Orange Juice Milk | 18 <br> WW Bagel Fruit <br> Orange Juice Milk |
| 23 <br> Cheerios Graham Crackers Fruit Orange Juice Milk | 24 <br> 2 oz . Cereal Fruit <br> Orange Juice Milk | 25 <br> 3.6 oz. WW Apple Muffin Fruit Orange Juice Milk | 26 <br> Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk | 27 <br> WG Cinnamon Roll Fruit Juice Milk |
| $30$ | $31 \quad$ Cereal $\quad$ WW Grahams | June 1 <br> WG Cinnamon Roll Fruit Juice Milk | $2$ <br> 3.6 oz. WG Chocolate Chip Muffin Fruit Juice Milk | $3$ <br> WG Croissant Fruit Juice Milk |

> PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED. ALL MENUS ARE SUBJECT TO CHANGE
> *Before placing your order, please inform the school if you have a food allergy!
$\qquad$ No. of Lunches:
Amount Enclosed:
$\qquad$
$\qquad$

## SOUTH SHORE CHARTER PUBLIC SCHOOL K-8

MAY, 2016
LUNCH MENU Circle A or B

\begin{tabular}{|c|c|c|c|c|c|c|c|}
\hline \multicolumn{2}{|l|}{MONDAY} \& \multicolumn{2}{|l|}{TUESDAY \({ }^{\text {T WEDNESDAY }}\)} \& \multicolumn{3}{|c|}{THURSDAY} \& FRIDAY \\
\hline \begin{tabular}{l}
Cheeseburger Mac Broccoli \\
B Salad w/Turkey \& WW Pita Bread Milk
\end{tabular} \& \begin{tabular}{l}
3 \\
A \\
\hline B
\end{tabular} \& Tuna Salad on WW Bun Chickpea Salad Salad w/Turkey \& WW Pita Bread Milk \& \begin{tabular}{cc}
4 \& \\
A \& \begin{tabular}{c} 
Oven Baked Chicken Bites \\
Potato Wedges
\end{tabular} \\
\& \begin{tabular}{c} 
Honey Wheat Dinner Roll \\
Salad w/Turkey \& \\
WW Pita Bread
\end{tabular} \\
\& Milk
\end{tabular} \& \begin{tabular}{l} 
5 \\
A \\
\hline B
\end{tabular} \& \begin{tabular}{l}
Sweet \& Sour Chicken \\
Baby Carrots Salad w/Turkey \& WW Pita Bread Milk
\end{tabular} \& 6 \& \begin{tabular}{l}
EARLY \\
DISMISSAL
\end{tabular} \\
\hline \begin{tabular}{cc}
\hline 9 \& \\
A \& Hamburger on WW Roll \\
Baked Beans \\
B \& \begin{tabular}{c} 
Salad w/Tuna \& \\
WW Pita Bread \\
\\
\\
\end{tabular}\(\quad\) Milk
\end{tabular} \& 10
A
B \& Grilled Chicken Breast Pasta Salad w/Veggies Salad w/Tuna \& WW Pita Bread Milk \& \begin{tabular}{lc}
\hline 11 \& \\
A \& American Chop Suey \\
\& Green Beans \\
\& Whole Wheat Roll \\
B \& Salad w/Tuna \& WW Pita Bread \\
\& Milk
\end{tabular} \& 12
\(\mathbf{A}\)
B \& Chicken Quesadilla Baby Carrots Salad w/Tuna \& WW Pita Bread Milk \& 13
A

B \& | Cheese Pizza |
| :--- |
| Potato Wedges Broccoli |
| Salad w/Tuna \& WW Pita Bread Milk | <br>

\hline | 16 | Meatballs on WG Sub |
| :--- | :---: |
| A | Green Beans |
| B |  <br> WG Pita Bread <br> Milk |
|  | and | \& 17

$\mathbf{A}$

B \& Sliced Chicken Sandwich Chickpea Salad Salad w/Hummus \& WW Pita Bread Milk \&  \& \begin{tabular}{l}
19 <br>
A <br>
<br>
\hline B

 \& 

Herbed Baked Chicken <br>
Rice <br>
Carrots <br>
Salad w/Hummus \& WG Pita Bread Milk
\end{tabular} \& 20

A

B \& | Cheese Pizza |
| :--- |
| Potato Wedges Broccoli Salad w/Hummus \& WW Pita Bread Milk | <br>

\hline | A Pancakes \& Sausage Potato Wedges |
| :--- |
| B Salad w/Grilled Chicken \& WW Pita Bread Milk | \& 24

A

B \& Ham \& Cheese Sandwich Chickpea Salad Salad w/Grilled Chicken \& WW Pita Bread Milk \& \begin{tabular}{cc}
25 \& Sweet \& Sour Chicken <br>

A \& | Brown Rice |
| :---: |
| Broccoli | <br>

B \& |  |
| :---: |
| WW Pita Bread |
| Milk | <br>

\&
\end{tabular} \& 26

A
B \& Chicken Parmesan on Bun Green Beans Salad w/Grilled Chicken \& WW Pita Bread Milk \& 27
$\mathbf{A}$

B \& | Cheese Pizza |
| :--- |
| Potato Wedges Carrots Banana |
| Salad w/Grilled Chicken \& WW Pita Bread Milk | <br>

\hline $$
30
$$ \& 31

$\mathbf{A}$

B \& Sloppy Joe on WG Bun Salad w/Turkey \& WW Pita Bread Milk \& \begin{tabular}{cc}
\hline June 1 <br>
A \& Oven Baked Chicken Bites <br>
\& Potato Wedges <br>
\& Honey Wheat Dinner Roll <br>

B \& | Salad w/Turkey \& WW Pita Bread |
| :---: |
| Milk | <br>

\& <br>
\hline

 \& 

2 <br>
A <br>
\hline <br>
B
\end{tabular} \& Buffalo Chicken WW Wrap Chickpea Salad Salad w/Turkey WW Pita Bread Milk \& 3

A

B \& Cheese Pizza Green Beans Salad w/Turkey \& WW Pita Bread Milk <br>
\hline
\end{tabular}

* All Meals include Choice of $1 \%$ or Skim Milk. Circle a Milk Choice $\mathbf{1 \%} \quad$ Skim All Meals Include Fruit $\quad$ Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE
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"This institution is an Equal Opportunity Employer"
$\qquad$
$\qquad$
$\qquad$

## SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12

$$
\text { MAY, } 2016
$$

## LUNCH MENU Circle A or B

\begin{tabular}{|c|c|c|c|c|c|c|c|}
\hline \multicolumn{2}{|l|}{MONDAY} \& \multicolumn{3}{|l|}{TUESDAY WEDNESDAY} \& \multicolumn{2}{|l|}{THURSDAY} \& FRIDAY \\
\hline \[
\begin{array}{lc}
\hline 2 \& \\
\text { A } \& \text { Cheeseburger Mac } \\
\text { Broccoli } \\
\text { B } \& \begin{array}{c}
\text { Salad w/Turkey \& } \\
\text { WW Pita Bread } \\
\\
\\
\\
\text { Milk }
\end{array} \\
\hline
\end{array}
\] \& \& Tuna Salad on WW Bun Chickpea Salad Salad w/Turkey \& WW Pita Bread Milk \& \begin{tabular}{cc}
4 \& \\
A \& \begin{tabular}{c} 
Oven Baked Chicken Bites \\
Potato Wedges
\end{tabular} \\
\& \begin{tabular}{c} 
Honey Wheat Dinner Roll \\
Salad w/Turkey \& \\
WW Pita Bread \\
Milk
\end{tabular} \\
\& Min
\end{tabular} \& \[
\begin{aligned}
\& \hline 5 \\
\& \text { A } \\
\& \text { B }
\end{aligned}
\] \& Sweet \& Sour Chicken Baby Carrots Salad w/Turkey \& WW Pita Bread Milk \& 6 \& \begin{tabular}{l}
EARLY \\
DISMISSAL
\end{tabular} \\
\hline \begin{tabular}{cc}
\hline 9 \& \\
A \& Hamburger on WW Roll \\
\& Baked Beans \\
B \& Salad w/Tuna \& \\
WW Pita Bread \\
\& Milk
\end{tabular} \& \& Grilled Chicken Breast Pasta Salad w/Veggies Salad w/Tuna \& WW Pita Bread Milk \& \begin{tabular}{cc}
11 \& \\
A \& American Chop Suey \\
\& Green Beans \\
\& Whole Wheat Roll \\
B \& Salad w/Tuna \& WW Pita Bread \\
\& Milk
\end{tabular} \& \[
\begin{aligned}
\& \hline 12 \\
\& \mathbf{A} \\
\& \mathbf{B}
\end{aligned}
\] \& Chicken Quesadilla Baby Carrots Salad w/Tuna \& WW Pita Bread Milk \& A \& \begin{tabular}{l}
Cheese Pizza \\
Potato Wedges Broccoli \\
Salad w/Tuna \& WW Pita Bread Milk
\end{tabular} \\
\hline \[
\begin{array}{lc}
\hline 16 \& \\
\text { A } \& \text { Meatballs on WG Sub } \\
\text { Green Beans } \\
\text { B } \& \text { Salad w/Hummus \& } \\
\text { WG Pita Bread } \\
\& \text { Milk }
\end{array}
\] \& \& Sliced Chicken Sandwich Chickpea Salad Salad w/Hummus \& WW Pita Bread Milk \& \begin{tabular}{lc} 
18 \& \\
A \& Sweet \& Sour Meatballs \\
Rice \\
\& Broccoli \\
\& Fruit \\
B \& Salad w/Hummus \& WW Pita Bread \\
\& Milk
\end{tabular} \& \begin{tabular}{l}
19 \\
A \\
\\
\hline
\end{tabular} \& \begin{tabular}{l}
Herbed Baked Chicken Rice Carrots \\
Salad w/Hummus \& WG Pita Bread Milk
\end{tabular} \& 20
\(\mathbf{A}\)

B \& | Cheese Pizza |
| :--- |
| Potato Wedges Broccoli Salad w/Hummus \& WW Pita Bread Milk | <br>

\hline | 23 |
| :--- |
| A Pancakes \& Sausage Potato Wedges |
| B Salad w/Grilled Chicken \& WW Pita Bread Milk | \& \& Ham \& Cheese Sandwich Chickpea Salad Salad w/Grilled Chicken \& WW Pita Bread Milk \& | 25 |  |
| :---: | :---: |
| A | Sweet \& Sour Chicken |
|  | Brown Rice |
| Broccoli |  |
| B |  |
|  | WW Pita Bread |
|  | Milk | \& \& Chicken Parmesan on Bun Green Beans Salad w/Grilled Chicken \& WW Pita Bread Milk \& 27

$\mathbf{A}$

B \& | Cheese Pizza |
| :--- |
| Potato Wedges Carrots Banana |
| Salad w/Grilled Chicken \& WW Pita Bread Milk | <br>

\hline 30 \& \& Sloppy Joe on WG Bun Salad w/Turkey \& WW Pita Bread Milk \& | June 1 |
| :--- |
| A Oven Baked Chicken Bites |
| Potato Wedges |
| Honey Wheat Dinner Roll |
| B Salad w/Turkey \& WW Pita Bread Milk | \& \& Buffalo Chicken WW Wrap Chickpea Salad Salad w/Turkey WW Pita Bread Milk \& 3

$\mathbf{A}$
$\mathbf{B}$ \& Cheese Pizza Green Beans Salad w/Turkey \& WW Pita Bread Milk <br>
\hline
\end{tabular}

* All Meals include Choice of $1 \%$ or Skim Milk. Circle a Milk Choice $\mathbf{1 \%} \quad$ Skim All Meals Include Fruit $\quad$ Complies with NSLP Regulations


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