



FROM THE 7-12 PRINCIPAL

May is an incredibly busy time in the life of our school. The calendar is packed as our students and teachers work to complete the cycle of the school year with many culminating field trips, Project and Workshop events, standardized tests, and opportunities for community service. While testing has its place, I'd like to draw attention to other events that are engaging our students and fulfilling our mission outside of the classroom. Our faculty does a terrific job of broadening the education of students by working to provide opportunities beyond the scope of traditional academics.

This past weekend a group of eight high school girls chaperoned by Emily Merwin and Elyse Tengstrand took a trip up to the Hammerstone School of Carpentry for Women in Trumansburg, New York. Over the course of three days,



the girls worked together through a combination of class time and hands on learning to gain basic carpentry skills. The result of their hard work, four beautiful wooden planters, now decorate the front entrance to the building. They are all ready to be planted for graduation! While a couple of the girls have some experience with carpentry through the Design, Build, Repair Workshop, for most this was a completely new experience. They were forced to face

fears, some that they did not even know they had, and

overcome them. The girls had the opportunity to practice a range of skills from sharpening a carpenter's pencil to using basic power tools. Pushing into areas of discomfort was made easier through teamwork. The girls were able to support each other as they ventured into new territory. They were well prepared to approach a novel experience by the group work skills our school fosters and values. By the end of the three days, all of the girls were comfortable with their tools, grabbing things from their tool belts as



if they had been doing it for years, not days. Other highlights of the trip included a personal tour of Cornell University, camping, and visiting local attractions such the 215 foot high Taughannock waterfall. Thank you to Emily and Elyse for taking the time to give our students this experience.

Monday marked the first annual Day of Service for Level IV. The day was a great opportunity for students to learn more about the area while providing a much needed service. Students from the Level spent the day picking up trash along the Cape Cod Canal, just in time for the start of the summer season. Some students had never been to the Cape, while most had never seen it from the vantage point of the canal. Students were impressed with the area, especially by the lobster traps they discovered in their travels. After the clean-up, the Level toured the canal visitor's center, learned how the canal was built from members of the Army Corps of Engineers, and watched a tugboat guide a barge through the canal. When the vans arrived back at school students needed time to lie down in the grass and recover from a day of hard work. That is evidence of an excellent field trip. Thank you to Jody Regan for working to organize this event. I know that plans are already in the works for next year.

As the school year winds down, I hope that everyone takes the time to attend some of the events that make our calendar so full. If you can only choose one, please plan to come to graduation the morning of June 4th. As always, do not hesitate to reach out with any questions or concerns.

Thursday	05/26	Level II PARCC Math	
Thursday	05/26	8 th Grade Parent Coffee	8:30am
Thursday	05/26	Title I Pizza Party at the SSCPS Gym	3:30-4:15pm
Thursday	05/26	High School Ecuador Information Meeting	7:00pm
Friday	05/27	10 th Grade Newport, Rhode Island	
Friday	05/27	3 rd Grade Museum of Science; 4 th Grade Plimoth Plantation	
Friday	05/27	Level I Guest Reader, SSCPS Graduate Thamanai Jeremie	2:30pm
Monday	05/30	Memorial Day – No School	
Wednesday	06/01	Parents Association Ad Hoc Expansion Coffee	8:30am
Wednesday	06/01	Annual Spring Concert at SSCPS	6:00pm
Weds/Thurs	06/01-02	High School Science MCAS	
Saturday	06/04	Class of 2016 Graduation	11:00am

ATHLETICS UPDATE

High School Track

The Boys and Girls High School Track Teams have both had productive and exciting seasons. The boys team of Captain Darius Anderson, PJ Blanchard, Keegan Boyle, Kevin Charlot, Rashad Cherant, Kenny Dera, Jeremiah Derolus, Elijah Dieujuste, Blake Hearn, Nick Kennedy, Adam Murphy, Liam Nelson, Mundia Njoroge, Daniel Vital, and Lucas Whitemyer have all achieved Personal Records (PRs) this season. The girls team of Shyla Hartgrove, Molly Kirves, Logan Macdonald, Cam MacMillan and Skye Mitterando have all achieved PRs this season. The League Championship meet will be held at Madison Park High School on Wednesday June 1, 2016.

Middle School Track

The Boys and Girls Middle School Track Teams have both had productive and exciting seasons. The boys team of Captain Nathan Tierney, Ed Delphonse, DJ Faivre, Christian Francois, Joe Golden, Zach Hugyo, Vincent Little, Will Mullen, Rawsheed Nelson, and Tyler VanDyk have all achieved PRs this season. The girls team of Bobita Atkins, Caroline Boyle, Dominique Childs, Olivia Dalton, and Malescha Nelson have all achieved PRs this season.

The League Championship Meet will be held on Friday, June 3, 2016 at Madison Park High School.

FROM THE DEVELOPMENT OFFICE

Donate to our Annual Fund today. We have successfully raised \$35,194 for the year with an annual goal of \$50,000 before June 30th. *The Annual Fund pays for Projects and Workshop expenses for all our students, as well as music, arts and athletic programs*. We need your help to sustain these vital programs! Please contribute your fully tax deductible donation today.

Mail your donation to: SSCEF, P.O. Box 512, Accord, MA, 02018, or drop off a check in the envelope at the Front Desk, or <u>Donate Now</u> online. Thank you for your continued support!

Save the date for Tuesday, June 21st for a fun night out at a Brockton Rox game! We'll celebrate the last day of school together at the game. Forms were sent home and are also available at the front desk. SSCPS has 200 seats reserved behind home plate and we'll have some special appearances during the game. Tickets are \$10 each and we have an envelope at the front desk. Please fill out the flyer (in this update) and hand in your fee and form by June 6th. Tickets will be distributed as the date gets closer. Invite friends and family and sign up today!

Shop on Amazon? Link your <u>amazon account</u> to the South Shore Charter Educational Foundation. It takes a minute and is easy money for our school. We just received a deposit of \$103.28 this past week for the activity from January 1st to March 31st. Let keep it going!

SSCPS Spirit Wear: Need a birthday gift, or are you looking for some fresh SSCPS t-shirts? Check out our apparel line at the front desk area and email <u>ldannison@sscps.org</u> for more info.

YEARBOOK COMMITTEE

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. There are still a few 2015 books left just email Christine at cbodnar@sscps.org to get yours!

COMMUNITY SERVICE OPPORTUNITIES

Once Upon a Time Storybook Book Drive

Do you have any gently used picture or early reader books that would be appropriate for read-aloud in grades K-4? A friend's Eagle Project from Boy Scout Troop 34 in Hanson is starting a program in Whitman and Hanson where high school students will read to elementary school students. This program mirrors what we have done at SSCPS for years. I know how great it can be so I am hoping to collect books in support of my Boy Scout Troop to help start this wonderful literacy program. A box will be available in the SSCPS front lobby for collection.

Tanner Demaggio

Spring Cleaning Time!!!

Shannon Daly in Rachel's room in Level IV is collecting slightly used or new books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside in the front lobby at the front desk, and any donations would be greatly appreciated. For larger donations please contact Barbara at barbara6910@msn.com

Level II Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

An Official Invitation!

Jane's and Nóra's 2nd Graders are in Trader Joe's Latest Art Exhibition!

Where: Trader Joe's at the Hingham Shipyard,
5 Essington Drive, Hingham, in the "Gallery" behind the
demo station

When: Monday, June 6th, from 6:30-8 pm

Enjoy Trader Joe's treats in a private reception for students and families!

Check out the amazing collages of fruits and flowers!

And have fun! The art will be hanging for one month.









Questions? Email Emily the art teacher at elincoln@sscps.org!

Attention Attention Attention

5th, 6th, and 7th grade students and families *Travel to Austria, Germany, and Switzerland*

Please join us for an Informational Meeting on Wednesday June 8th at 5:30pm

We are pleased to host a book signing for one of our very own SSCPS graduates, Thamanai Jeremie, aka Tammy!

Come meet Tammy and listen to a reading from her self-published children's book "Kindergarten with Charlie" on

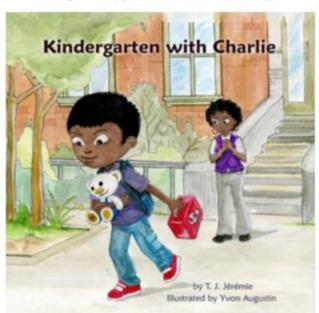
Friday May 27th at 2pm

It will take place at

South Shore Charter Public School 100 Longwater Circle Norwell MA 02061

For more information contact Ted Hirsch or Claire Overlee We look forward to seeing you there!

Get your copy on Amazon.com Today!





SSCPS has bought copies of Tammy's book for families to buy on Friday for \$10. From 2:00 to 2:30 Tammy will sign books, then she will read the book at 2:30.

I will be buying a book for \$10_____



For All SSCPS Families!

Under the tent behind the school

Wednesday, June 1 6:00 p.m. (please try to arrive by 5:50 p.m.)

Spring Concert Friendly Reminders!

- Please stay with your children during the entire concert; children are to sit with their families until they are called to perform.
- Following your child's performance, your child will return from the stage to sit with you. Children are not permitted to walk up and down the aisles during the performance.
- The main school building will be closed. However, the back door will remain open to allow for access to the bathrooms in the high school area.
- All play areas are closed for the duration of the concert.
- All children have an attention limit, when your child reaches his or hers, please know it is okay to bring them home.
- Please remember that the parking lot areas remain open to traffic. Drive with extra caution and do not allow your child into this area unsupervised.

Please wear concert attire; no writing on shirts!



JUNE 1ST AT THE SPRING CONCERT!



GET A JUMP ON YOUR

cash and carry

*cash and checks preferred

10% OFF ALL BOOKS 10% DONATED TO SSCPS LIBRARY



The Big Hair Cut

Friday June 10th at 2:30 14th Year Anniversary



We are asking our teachers, parents and students to come out to help support our event! Come join us in celebrating the 14th anniversary!

Here's how it works!

Students participating will ask to leave classrooms on Friday June 10th at 2:20 to come to the PE space.

- *High School students will already be in the PE space.
- They need to choose a friend to cut their hair- who leaves with them for the event
 - Only one cut per cutter—someone who is cutting can cut only one person's hair
 - O That person needs no skill, just BRING a pair of scissors that they will use to cut through a braid of hair
- THIS YEAR! We need hairdressers to volunteer to clean up the heads a bit after they are cut!! Please contact Angeline at <u>acowgill@sscps.org</u> if you're willing to help.
- Students in grades K-8 need a permission slip
- EVERYONE SHOULD MAKE SURE THERE IS SOMEONE THERE TO CHEER THEM ON- THEIR CLASS OR A FEW MEMBERS OF THE CLASS, A MOM OR DAD.



South Shore Charter Public School, SSCEF, Inc Night at the Rox

On Tuesday June 21st, the South Shore Charter Public School will be attending a Brockton Rox baseball game! The game is open to the entire SSCPS community and is sure to be a fun-filled evening, celebrating the end of the school year, with family and friends. Our school will have a reserved section so we can all sit together. We'll have some special SSCPS appearances at the game! Hope you can make it.

Date: Tuesday June 21st, 2016

Opponent: Nashua Silver Knights Location: Campanelli Stadium,

1 Feinberg Way, Brockton Time: 1st Pitch at 6:35pm, gates open at 5:35 pm

Fundraiser: Tickets are \$10 per person! Send your cash or check payable to SSCEF to the school. Include your name and the amount of tickets you are purchasing along your payment and this flyer! A portion

ROX

of the proceeds will go back to the school! There will be an envelope at the front desk!

NAME: # of Tickets: Payment to SSCEF

Event Description:

- Watch Rox Baseball with your Classmates, Friends and Family
- Participate in in-game promotions on the field!
- Meet and get autographs from players and K-O!
- Visit our Kidzone, with a Bounce House, Face-Painters and games!
- Tuesday is Pearl Hot Dog Night, Hot Dogs are just \$2!



BROCKTON ROX - CAMPANELLI STADIUM - (508) 559-7000 - WWW.BROCKTONROX.COM

2016 YEARBOOK

Inspired by You

It's That Time...

Dear Parent:

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. It captures that feeling and brings those times back again and again. Someday your kids will want to look back, too. Buy them a little time—buy them a yearbook!

So please fill out the order form below, attach your payment, and send it in or drop it off to the front desk.

Student name
Home Phone (in case there are any questions on order)
Homeroom Grade
Ordering: Put number of books in order and mail payment with completed form to the address listed below. Books will be distributed in June.
2016 Hardcover Yearbook - 25.00
Total Amount Enclosed (cash or check):
Please make checks payable to: South Shore Charter Public School
Send completed form and payment to: SSCPS 2016 Yearbook South Shore Charter Public School 100 Longwater Circle Norwell, MA, 02061



5/16/2016 FOR IMMEDIATE RELEASE:

Contact Info:

Friends of Holly Hill Farm

Holly Hill Farm

236 Jerusalem Road , Cohasset, MA 02025

www.hollyhillfarm.org 781-383-6565

UPCOMING EVENTS & ACTIVITIES

Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Spring Farm to Food Pantry Program is for teenagers aged 13-18. The spring program has begun but we welcome new participants. Complete your community service requirements this spring and summer at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries. Program runs every Friday and Saturday from 10am-noon until mid June when additional summer hours are Monday through Friday, 9am-noon. Contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

HOLLY HILL FARM SUMMER CAMP FOR CHILDREN AND ADULTS 2016! REGISTRATION INFO AT OUR WEBSITE!

Would you and your children like to spend a week or more at Holly Hill Farm this summer? Your neighborhood, organic farm has a wide variety of fun, exploratory, creative, intriguing programs for all ages. Kids ages 3 and 4 can taste spinach, help feed the animals, sow seeds, sing songs and more. Children ages 7 and 8 can spend a morning at the marsh, discover the education garden, make compost, help in the barnyard and enjoy some harvested produce. Preteens ages 9 and 10 can compete in an obstacle course, trail running, Frisbee golf, healthy smoothies, etc. Teenagers can prepare for an exciting overnight at the Farm. And adults can spend a week honing gardening skills and cooking vegetables for a special *Parents Go to Camp Too* program. Go to our website and click on the **Camp Sign Up photo** to learn more about individual sessions and to register early. Sessions begin June 6 and continue through August 26. Call/email 781-383-6565 or friendsofhollyhillfarm@gmail.com Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025.

Holly Hill Farm Organic Plant Sale

Saturday & Sunday, May 28 & 29, 10:00am - 4:00pm

Holly Hill Farm's annual Organic Plant Sale is an event not to be missed! Celebrate the arrival of warm weather by planting a garden with Holly Hill Farm's own greenhouse grown, organic vegetable, herb and flower seedlings. We have a broad array of heirloom and hybrid varieties plus we have added new, exciting varieties for you to bring to maturity in your gardens. Many floral favorites to add to your garden. A range of potted sizes will be available to customize your garden needs. Our farmers and staff will be on hand to answer questions. Cash, check or credit cards accepted. Contact: <a href="https://doi.org/10.1001/journal.org/10.1001/

Children's Herbal Walk, Saturday, June 4, 11:00am-noon

Herbalist Jessica Grabowski returns to Holly Hill Farm to lead this fun program. For children accompanied by adults, this walk is a hands on introduction to the fabulous and exciting world of plants that are growing right around us. Children will begin to learn how to identify some of the most common weeds and how to even use some of them in everyday life such as when they get bit by a mosquito or touch poison ivy. It's a great way to excite children about the "green world" we live in. Ages 6 and up. \$5/person Members, \$8/person Nonmembers Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@gmail.org

3rd ANNUAL SUSTAINABLE GARDEN TOUR, SATURDAY, JUNE 25, 10:00-4:00PM

Mark your calendars! Local gardeners from Scituate, Cohasset and Hull will open their gardens to our guests. The Tour will focus on sustainable, naturally and organically maintained gardens. See up close how gardeners keep backyard chickens, care for beehives, grow fruit and utilize composting systems that feed their soil. Private homes,

educational gardens at Holly Hill Farm, a Food Pantry garden and a Scituate school garden are featured. Come and gather creative ideas for your own garden. Tickets are \$25 prior to June 24 and \$30 the day of the tour. Tickets are available on our website. You may pick up your prepaid ticket or purchase in person at Holly Hill Farm. Children 18 and under FREE. Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@gmail.org

Weed Walk and Talk, Saturday, June 25, 10:00am-noon

Local herbalist, Jessica Grabowski will lead a stroll at beautiful Holly Hill Farm. Learn the benefits of many local, common weeds that are growing right beneath your feet and even in your own backyards. Learn the nutritional value you can get from freshly picked weeds and adding them to a salad or their medicinal properties that many of us overlook. Come wander among these magical plants and never look at a weed the same way again. \$12/person Members, \$15/person Nonmembers Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org 781-383-6565 friendsofhollyhillfarm@gmail.org

School Partnerships

Recently, the Holly Hill Farm teachers have been as busy hosting at the farm as they have been teaching at school farm gardens and communities. Carrot, bean, squash, potato and pumpkin seeds are just some of the plants and produce now growing at the Flaherty school in Braintree, thanks to students in grades K-5. Also there were two tomato seedling workshops for neighbors and senior citizens in Weymouth and Quincy at two workshops sponsored by the Keohane funeral home and hosted by the Interfaith Social Services and the Weymouth food pantry. Soon, as the soil warms, the teachers will plant potatoes at schools in Hingham, Scituate, Marshfield and Norwell.



Registration Form

Please fill out the form below and return with payment to:

Karen McEachern Cass

Karma Studio

43 Forest Street

Hanover, MA 02339

If your child will stay for swimming, please be sure to include a bathing suit and towel. Also, please apply sunscreen and insect repellant before camp.

Questions: Call (781)982-0080, or e-mail karencass@comcast.net. For more information please visit: www.karencass.com. PLEASE Register by: May 1, 2016.

Make checks payable to: Karen Cass.

Name of St	cudent(s)			
Home Phor	ne	Cell Phone		
E-mail				
		Camp Options:		
Session I	1 - 5pm		\$135.00	
Session II	1 - 5 pm		\$135.00	
Session III	1 - 5 pm		\$135.00	



Do you have a child under 5? Are you pregnant or breastfeeding?

WIC OFFERS FAMILIES

- · Personalized nutrition consultations
- · Free healthy food
- · Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

all 1-800-WIC-1007

or visit mass.gov/wic

TDD/TTY: 617-624-5992 USDA is an equal opportunity provider and employer. Check these guidelines to see if WIC might be right for your family.

HOUSEHOLD SIZE	YEARLY	MONTHLY	WEEKLY		
1	\$21,775	\$1,815	\$419		
2	29,471	2,456	567		
3	37,167	3,098	715		
4	44,863	3,739	863		
5	52,559	4,380	1,011		
6	60,255	5,022	1,159		
7	67,951	5,663	1,307		
8	75,647	6,304	1,455		
IF YOU ARE PREGNANT, YOU SHOULD COUNT YOURSELF AS TWO.					



GOOD FOOD and A WHOLE LOT MORE!



¿Tiene un hijo menor de 5 años? ¿Está embarazada o amamantando/lactando?

WIC OFRECE A LAS FAMILIAS

- · Alimentos saludables gratis
- · Apoyo de lactancia
- · Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, y otros servicios que pueden beneficiar a la familia entera!

Llame al **1-800-942-1007** o visite mass.gov/wic

TDD/TTY: 617-624-5992 El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

TAMAÑO DE FAMILIA	ANUAL	MENSUAL	SEMANAL
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455
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BUENOS ALIMENTOS y MUCHO MÁS!

Breakfast Order Form Breakfast for the Month of June, 2016

Due to the office by 3:00 pm, *Tuesday, May 31, 2016

Student Nam	e					
Pod Teacher/Advisor				Grade		
Please CHECK off the day breakfast will be ordered.						
Week of 6/6 – 6/10	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday	
Week of 6/13 – 6/17	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday	
Week of 6/20 – 6/24	[] Monday	[] Tuesday	[X] Wednesday	[X] Thursday	[X] Friday	
Number of B	reakfasts ordered	I		X \$1	.80	
	ue Il Amount Ene eks may be made			\$		

Lunch Order Form Lunch for the Month of June, 2016

Due to the office by 3:00 pm, *Tuesday, May 31, 2016

Student Name	e				
Pod Teacher/Advisor			Gr	rade	
	Please <u>circl</u>	<u>e</u> one choice p	ver each day l	unch is orde	red.
Week of 6/6 – 6/10	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Sala	Friday Reg or Salad
Week of 6/13 – 6/17	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Sala	Friday Reg or Salad
Week of 6/20 – 6/24	Monday Early Release	Tuesday Early Release	Wednesday	<u>Thursday</u>	<u>Friday</u>
• Option	n A = Regular Lun n B = Salad Lunch nly choose 1 (one)	Choice			
Number of R	egular Lunches (A	A) ordered		X \$3.30	1
Number of Sa	alads (B) ordered			X \$3.30)
Less credit di	ue				
	l Amount Encloses may be made or			\$	



SOUTH SHORE CHARTER SCHOOL JUNE, 2016

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
6 Cinnamon Toast Crunch Fruit WG Apple Cinnamon Waffles Orange Juice Milk	7 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	8 WG Cinnamon Roll Fruit Orange Juice Milk	9 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	10 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk
Cereal Graham Crackers Fruit Orange Juice Milk	WG Bagel w/Jelly Fruit Orange Juice Milk	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	16 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	WG Bagel Fruit Orange Juice Milk
Cereal WG Graham Crackers Fruit Orange Juice Milk	WG Cinnamon Bun Fruit Juice Milk	22	23	2
27	28	29	30	

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1% Skim

* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

Grade:		
Room:		



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8

June, 2016

LUNCH MENU Circle A or B

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 A B B B	Hamburger on WW Roll Baked Beans Salad w/Tuna & WW Pita Bread Milk Meatballs on WG Sub Green Beans Salad w/Hummus & WG Pita Bread Milk	7 A Grilled Chicken Breast Pasta Salad w/Veggies B Salad w/Tuna & WW Pita Bread Milk 14 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WW Pita Bread Milk	8 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Tuna & WW Pita Bread Milk 15 A Sweet & Sour Meatballs Rice Broccoli Fruit B Salad w/Hummus & WW Pita Bread Milk	9 A Chicken Quesadilla Baby Carrots B Salad w/Tuna & WW Pita Bread Milk 16 A Herbed Baked Chicken Rice Carrots B Salad w/Hummus & WG Pita Bread Milk	10 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WW Pita Bread Milk 17 A Cheese Pizza Potato Wedges Broccoli B Salad w/Hummus & WW Pita Bread Milk
20		21	22	23	24
			29	30	

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy! "This institution is an Equal Opportunity Employer"

Grade:	_
Room:	



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12

June, 2016

LUNCH MENU Circle A or B

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 A B B B B	Hamburger on WW Roll Baked Beans Salad w/Tuna & WW Pita Bread Milk	7 A Grilled Chicken Breast Pasta Salad w/Veggies B Salad w/Tuna & WW Pita Bread Milk 14 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WW Pita Bread Milk	8 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Tuna & WW Pita Bread Milk 16 A Sweet & Sour Meatballs Rice Broccoli Fruit B Salad w/Hummus & WW Pita Bread Milk	9 A Chicken Quesadilla Baby Carrots B Salad w/Tuna & WW Pita Bread Milk 16 A Herbed Baked Chicken Rice Carrots B Salad w/Hummus & WG Pita Bread Milk	10 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WW Pita Bread Milk 17 A Cheese Pizza Potato Wedges Broccoli B Salad w/Hummus & WW Pita Bread Milk
20		21	22	23	24
27		28	29	30	

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

All Meals Include Fruit

* Complies with NSLP Regulations

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