



FROM THE K-6 PRINCIPAL

Last night was Literacy Night. We don't do much for Literacy Night, we send out the word that we need readers and wonderful readers put their names forward. We tell readers to read their favorite stories. Dee Delaney puts up some flyers and we send home a notice that says come in pajamas. Now Bev Bruce does always go the extra mile and makes it special with wonderful signs for the readers and a no cost raffle, but for the most part it is a bare bones operation -- we show up and read to children. It has become a tradition.

Last night at about 5:50 in the Level I Great Room the energy was starting to build. All these children in their pajamas were arriving and bodies were spinning and pajamas were being described by their wearers. Typically I find a group of a hundred SSCPS kids will listen to me but that is when they are wearing their school clothes. Last night with them in their pajamas I was no match. In the minutes before Literacy Night began I realized all I should do was to wait for 6:00 to arrive so that energy could be channeled into listening to stories. After a very short introduction, which was little heard or listened to, the students went off to hear stories read aloud by adults. When the children crossed the threshold of each room they were transformed by the skill and passion of the readers and there was calm and excitement -- just the combination that reading with a child can produce. That calm and excitement is perhaps why the children want to keep coming year after year and they bring their families along. One child told me that he got to skip hockey practice to come! Certainly a worthy tradition.

We had some special treats last night. Velma Begley was back in school reading her new book, <u>The Way of the Meadow</u>. We had three fourth graders, who have been coming to Literacy Night since they were in Kindergarten and are now skilled readers, reading to younger students. We had Judy Pritchard coming back to read. Makaylah Pamphile, a fourth grade student, and Solange Cherant, one of our parent volunteers, read in Haitian Creole. The children almost calmly cycled through three readings, the hall between readings was even more crowded than at any time in a school day. The group assembled at 7:00 for the drawing of the names for the raffle and Velma set up a table for her book and there were many happy families. I then asked that those families who felt their children could remain "composed" go to the library. Caitriona Hollowed, Library Chairperson and one of our many library volunteers who are making our library a living, breathing strength of the school, had opened the library and invited families to visit. Even after 7:00 we had many composed children as about seventy made the trip to see the new library and the adults were very impressed with it.

My favorite moment of the night happened over at the library. I saw a second grade student sitting down at the conference table in the new library reading Velma's book <u>The Way of the Meadow</u>. In all the movement and excitement of the other children and their families, he was reading. I am proud that the exposure to an author he knew made the realities of producing a book more real and gave him entry to a book for older children. It is wonderful when a school gives children an opportunity to know an author, not just meet an author. That is a tradition worth fostering and a goal for any school.

Thanks to the 165 people who signed in and the others who came and did not sign in. A special thanks to the readers: Nicole Alvey, Velma Begley, Nora Broderick, Bev Bruce, Solange Cherant, Lori Childs, Stephanie Dunn, Laurie Hogan, Kristen Hoyt, Emma Mattuchio, Mikaylah Pamphile, Myrlande Pamphile, Judy Pritchard, and John Toland.

It is good to read to your children, to sing to your children, cook and eat with your children, and get down on the floor and play with your children.

HARVEST RUN



Thank you to everyone who participated in our Harvest Run this year! This year we hosted over 300 participants from all over MA, some traveling from as far Nevada and Florida to run our 7th year at Wompatuck State Park. We kicked off the event with Jordan Lussier and Van Harting performing the national anthem. Student musician Erick Tan and music teacher Theron Leonard played their saxophones along the 5k course. Senior Van Harting set a record winning time of 19.29 and Jared Farmer followed at third place with a time of 20.31. Congratulations to the following students who placed in their age

categories - Caroline Boyle, Mari Demaggio, DJ Faivre, Sarah Flanagan, Ryan Gallagher, Matthew Harvey, Marco Herrera, Nick Kennedy, Noah Levitt, Olivia Oxner, Avery Stout, , Nathan Tierney, and Lauren Walsh.



Thank you to all of our sponsors and students who generously donated to our road race. We raised over \$10,000 for the South Shore Charter Educational Foundation!

This race requires a village to ensure the safety of all the participants along the course in Wompatuck State Park. We would like to thank each and every volunteer for making the day a complete success!

AJ Alden Delaney Alden Leslie Alden Paul Alden Ana Aniagu Nicky Aniagu Sadiyah Archibald Kerry Benjamin Ryan Benjamin Kim Beshere **Tessa Beshere** Karen Boyle **Catherine Briggette** Jeffrey Briggette Shea Briggette Suzanne Briggette Liv Brown **Colette Bycinte** Maura Carson Tess Carson George Chambers Maribeth Chambers Henry Chao Samantha Circelli

Cassie Collins Eileen Collins Charles Dannison Eva Dannison Laurie Dannison **Ross Dannison Ruth Dannison** Kenny Dera Tara Dusthimer Meredith Eschauzier Kris Faivre Nicole Franklin Heather Fredette Brems Greg Fredrick **Daniel Freitas** Hunter Gaenicke Annette Golden Joe Golden Teddie Golden Abigail Hamilton Isabella Hamilton Kristen Hamilton Nate Hamilton Tom Hamilton

William Hamilton Christopher Harting Van Harting Lisa Harvey-Mone Soria Hennebury Marco Herrera Caitriona Hollowed Diane Hugyo Zach Hugyo Joe Kay Zachary Krasnow Kris LaRue Sean LaRue Ken Lee Travis Lee Theron Leonard Jessica Lussier Jordan Lussier Iris Mahegan Isak Mahegan Kathy McDonald Liam McDonald Kennedy McIntyre Malescha Nelson

Lucy Njoroge Kristen Norton Treasure Oji Mary Oxner Olivia Oxner Christian Pettinelli Justina Pettinelli Jennifer Petty Maya Petty Julia Preble Naomi Preble Ellie Purciello Marla Purciello Theona Royer Karma Sampson **Caitlin Sheils** Zack Shepherd Fred Siegel Mia Strahm Michael Strahm Erick Tan Kathy Tan **Bill Tramontana**

Reminder: Student sponsorships for the Harvest Run will be due this Friday, October 23 and you can leave them at the front desk. The top fundraisers will receive a pizza party for their pod, and gift cards to some great stores! Thank you for participating and supporting our school!

Thursday	10/22	NHS Read for the Record	
Friday	10/23	National Honor Society Induction Ceremony at the SSCPS Gym	1:00pm
Friday	10/23	Movie Night for students K-6 – High School Great Room	3:45-6:00pm
Thursday	10/29	Picture Retake and Make-up Day	

ANNOUNCEMENTS



The Library Committee is hosting the annual **Fall Book Fair** on **Tuesday November 3rd and Wednesday November 4th**. This event is a major fundraiser for the library, and profits are used to purchase new books for the library. The fair will be held in the front foyer of the school both days.

We have again partnered with local bookseller Storybook Cove in the Hanover Mall (<u>www.storybookcove.com</u>) to provide an outstanding selection of titles for K-12 students. The collection is available for browsing on both days, and the list is also available online at their website. Teachers will be bringing their classes to the fair to browse and develop their 'wish lists', and students will then bring home their wish list plus an order form for purchases. Please return all sections of the order form along with payment. Checks should be made out to SSCPS. The order forms are due <u>Tuesday November 10th</u>. Books will be delivered before the Thanksgiving break.



"Holiday Holds": If you would like to order books as holiday presents, mark those titles on your order form with an 'H'. Those books will be delivered separately from the rest of your order.

Questions ? Please email them to <u>ddemaggio@sscps.org</u> or <u>bbruce@sscps.org</u>.

Interested in volunteering at the Book Fair? We need parents to help at the tables both days in hourly time slots from 8:30 am to 3:00 pm. Please email Denise Demaggio at <u>ddemaggio@sscps.org</u> or Caitriona Hollowed at <u>caithollowed@gmail.com</u>.

Show your school spirit!

Our new apparel has been a big success so make sure you check it out at the front desk! Order forms are available for any sizes that may not be available. Email <u>ldannison@sscps.org</u> pick up a form at the front desk. We will place a "holiday order" that will be due on October 26th with guaranteed delivery by the week of November 16th. Thank you for your support!

Original Works is coming !!!

Please look in your students' backpacks next week for Original Works options. For those of you who are new, Original Works is a program that allows families to place orders and purchase their children's artwork on mugs, ornaments, tiles, etc. Some people have been collecting quilt squares for years!

The packet with your child's art, an order form and price list will be sent home next week. If you are interested in ordering items please send back the artwork, the order form and a check made out to SSCPS for the total amount. Not interested, just keep the artwork and recycle the rest! If you have any questions just call Marianne at X304. If you would like the special paper for another family member just let me know and I'll supply you with an additional packet.

Yearbook

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to www.coffeepond.com, to login use school password: bluejaguar. Parents may submit a personalized

page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. *There are still a few 2015 books left just email Christine at <u>cbodnar@sscps.org</u> to get yours!*

Picture Retake and Make-up Day – Thursday, October 29th

Coffee Pond Photography

Retake Day Instructions

If you are dissatisfied with your portrait and would like to try again, you have the opportunity for a retake.

- Your school's Portrait Retake Day is 10/29/15. Be sure to mark your calendar!
- Please return the entire, undamaged portrait package to the photographer on Retake Day. If your school has class photos, please keep it! Write any suggestions for the photographer on a piece of paper so it shows through the envelope window.
- Retake Day is rain or shine. In the event of inclement weather, the portraits will be taken indoors and a natural outdoor background will be applied.
- Retake Packages will be distributed by the school approximately 3 to 5 weeks after Retake Day.

For REFUND information, please log on to www.coffeepond.com/pdf/refund

coffee pond photography 19 Strathmore Rd • Natick, MA • 01760

19 Strathmore Rd + Natick, MA + 01760 phone: (508) 907-6633 + fax: (508) 907-6634 + email: Ilfeguards@cotteepond.com

COMMUNITY SERVICE OPPORTUNITIES



1 in 4 people will be directly affected by suicide in their lifetime. <u>The American Foundation for Suicide</u> <u>Prevention</u> is at the forefront of research, education and prevention initiatives designed to reduce loss of

life from suicide. With more than 33,000 lives lost each year in the U.S. and over one million worldwide, the importance of AFSP's mission has never been greater, nor our work more urgent.

On March 21, 2009, my son died of suicide. We walk in memory of him, and in hopes to help others like him. The walk takes place on October 31 this year. We are saving lives.



I hope you will consider supporting my participation in this event. Any contribution will help the work of AFSP, and all donations are 100% tax

deductible. Donating online is safe and easy! To make an online donation please click the "DONATE TODAY" link below.

And again, thank you for any donation you can afford. ~ Christine & Hana Bowker-Wickersham

DONATE TODAY

http://afsp.donordrive.com/index.cfm?fuseaction=donordrive.participant&participantID=871944

New England Wildlife Center, Weymouth-Night of 1000 Faces Pumpkin Walk - October 23rd and 24th :

Carved or uncarved pumpkins can be donated for this event. Cost to attend the event is \$7 per person. Spooky trail for kids over 10, and a pumpkin trail for kids under 10. If you would like to donate a carved pumpkin (GREAT opportunity for the younger kids) please deliver it by October 21 or 22. They are also looking for a number of volunteers to work at the event. Contact Jack Banagis at 781-682-4878 x126. He can provide you with all of the information you need to volunteer time at the event.

Alden House Historic Site, Duxbury – Annual Haunted House – October 24th 4-8 pm:

Help is needed for meet and greet, food sales, man game stations, keep things safe on the haunted walk path, set up and break down. There is also help needed on the days preceding the event to help prepare. Please contact either Kristen Larson at <u>Klarson@aldean.org</u> or 781-934-9092, or Christina DeFranceaux at <u>cwdefranceaux@gmail.com</u> or 508-577-1446. There are also many volunteer opportunities available throughout the year with greater detail to follow.

The Guardian Center - 888 Main Street, Brockton, MA - 508-587-6556 - blankets and visitors:

The Guardian Center is in need of lap sized blankets for residents. These blankets offer comfort, warmth, and for some they are used to wear on laps to cover braces on their legs. Blankets can be made or purchased for the residents. They can be dropped off at the center as a donation. The center is always looking for visitors as well. Most of the patients have dementia. Should you want to donate time at the center please contact them directly so that you can be set up with the right people for your volunteer time.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>



Putney Transportation is now taking reservations for the *Brockton R2* Line, set to begin services October 5^{th} . Rates are starting as low as \$125 a month.

For more information, please contact us:

Email: services@putneytrans.com

Phone: 1(800) 531-1257.

Breakfast Order Form Breakfast for the Month of November, 2015

Due to the office by 3:00 pm, *Tuesday, October 27, 2015

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please <u>CHECK</u> off the day breakfast will be ordered.

Week of 11/2 – 11/6	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 11/9 – 11/13	[] Monday	[] Tuesday	[X] Wednesday	[] Thursday	[] Friday
Week of 11/16 – 11/20	•	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 11/23 – 11/27		[] Tuesday	[] Wednesday	[X] Thursday	[X] Friday
Week of 11/30 – 12-4	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday

Number of Breakfasts ordered	 Х	\$1.80
Less credit due		
Total Amount Enclosed	\$	
Cash or Checks may be made out to SSCPS.		

Lunch Order Form Lunch for the Month of November, 2015

Due to the office by 3:00 pm, *Tuesday, October 27, 2015

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please <u>circle</u> one choice per each day lunch is ordered.

Week of 11/2 – 11/6	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
11/9 – 11/13	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	NO SCHOOL	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
11/16 – 11/20	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
11/23 – 11/27	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Early Release	NO SCHOOL	NO SCHOOL
Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
11/30 – 12/4	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Option	n A = Regular Lund n B = Salad Lunch nly choose 1 (one)	Choice			
Number of R	egular Lunches (A	() ordered	X	\$3.30	
Number of <mark>Sa</mark>	lads (B) ordered		Z	K \$3.30	
Less credit du	le				
	Amount Enclo			\$	_

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL NOVEMBER, 2015

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal	3	4	5	6
Fruit	WW Bagel w/Jelly	3.6 oz. WW Chocolate Chip Muffin	WG Croissant	3.6 oz. WW Apple Muffin
WW Grahams	Fruit	Fruit	Fruit	Fruit
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Milk	Milk	Milk	Milk	Milk
9	10	11	12	13
Cereal	WG Cinnamon Roll	VETERAN'S	3.6 oz. WW Banana Muffin	3.6 oz. WW Chocolate Chip Muffin
Fruit	Fruit	VETERAIN S	Fruit	Fruit
WW Grahams	Orange Juice	DAY	Orange Juice	Orange Juice
Orange Juice	Milk		Milk	Milk
Milk				
16	17	18	19	20
Cereal	3.6 oz. WW Blueberry Muffin	3.6 oz. WW Apple Muffin	Marshmallow Mateys	Honey Wheat Bagel
Fruit	Fruit	Fruit	Fruit	Fruit
WW Grahams	Orange Juice	Orange Juice	Apple Cinnamon Waffles	Orange Juice
Orange Juice	Milk	Milk	Orange Juice	Milk
Milk			Milk	
23	24	25	26	27
Cinnamon Toast Crunch	3.6 oz. WW Banana Muffin	WG Croissant	26	
Fruit	Fruit	Fruit		- Dele
WW Grahams	Orange Juice	Orange Juice		PPT
Orange Juice	Milk	Milk	THAN	KSELVINE!
Milk				1.
30	DEC. 1	2		
Marshmallow Mateys	3.6 oz. WW Blueberry Muffin	WG Cinnamon Roll	3.6 oz. WW Chocolate Muffin	Cinnamon Toast Crunch
Fruit	Fruit	Fruit	Fruit	Fruit
Apple Cinnamon Waffles	Orange Juice	Orange Juice	Orange Juice	WW Grahams
Orange Juice	Milk	Milk	Milk	Orange Juice
Milk				Milk
All Meals include Choice of	1% or Skim Milk. Circle a Mi	lk Choice 1% Skim		* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

Name	
Grade:	
Room:	



South Shore Charter Public K-8 November, 2015

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3			IMDAI
 A Sliced Chicken Sandwich Chickpea Salad B Salad W/Crispy Chicken & WW Pita Bread Juice Milk 	4 A Cheese & Bean Burrito Corn B Salad W/Crispy Chicken & WW Pita Bread Milk	 5 A Crispy Chicken Salad Wrap Baby Carrots B Salad W/Crispy Chicken & WW Pita Bread Juice Milk 	6 A Cheese Pizza Broccoli B Salad W/Crispy Chicken WW Pita Bread Milk
10 A Grilled Chicken over Veggie Pasta Salad B Salad W/Turkey & WW Pita Bread Milk	11 No School Veterans Day	12 A WW Chicken Caesar Wrap Cucumber Slices B Salad W/Turkey & WW Pita Bread Milk	13 A Cheese Pizza Carrots & Italian Beans B Salad W/Turkey & WW Pita Bread Milk
 17 A Ham & Cheese Sandwich Carrots B Salad W/Tuna & WW Pita Bread Milk 	18 A American Chop Suey Green Beans Honey Wheat Dinner Roll B Salad W/Tuna & WW Pita Bread Milk	19 A Grilled Chicken Pasta Salad w/ Veggies B Salad W/Tuna & WW Pita Bread Milk	20 A Cheese Pizza Broccoli & Potato Wedges B Salad W/Tuna & WW Pi Bread Milk
24 A Tuna in a WW Wrap Chickpea Salad B Salad W/Cheese Sticks & WW Pita Bread Milk	25 Early Release		27 No School
1 A Crispy Chicken Salad Wrap Chickpea Salad B Salad W/ Hummus &WG Pita Bread Milk	2 A BBQ Chicken on WW Bun Potato Wedges B. Salad W/ Hummus &WG Pita Bread	3 A WG Buffalo Chicken Wrap Cucumbers B. Salad W/ Hummus & WG Pita Bread	4 A Cheese Pizza Carrots & Potato Wedg B. Salad W/ Hummus & WG Pita Bread
	B Salad W/Crispy Chicken & WW Pita Bread Juice Milk Milk 10 A Grilled Chicken over Veggie Pasta Salad B a B Salad W/Turkey & WW Pita Bread Milk 17 A Ham & Cheese Sandwich Carrots B Salad W/Tuna & WW Pita Bread Milk Milk Milk 24 A Tuna in a WW Wrap Chickpea Salad B B Salad W/Cheese Sticks & WW Pita Bread Milk Milk Milk	B Salad W/Crispy Chicken & WW Pita Bread Juice Milk B Salad W/Crispy Chicken & WW Pita Bread Milk 10 A Grilled Chicken over Veggie Pasta Salad B 11 A Grilled Chicken over Veggie Pasta Salad Milk 11 In B Salad W/Turkey & WW Pita Bread Milk 11 In In No School Veterans Day Veterans Day In In In In In In In In <	B Salad W/Crispy Chicken & WW Pita Bread Juice Milk B Salad W/Crispy Chicken & WW Pita Bread Milk 10 A Grilled Chicken over Veggie Pasta Salad 11 12 A B Salad W/Turkey & WW Pita Bread Milk 11 12 B Salad W/Turkey & WW Pita Bread Milk 11 12 WW Chicken Caesar Wrap Cucumber Slices B Salad W/Turkey & WW Pita Bread Milk 14 A American Chop Suey Green Beans Honey Wheta Dinner Roll 15 B Salad W/Tuna & WW Pita Bread Milk 18 A American Chop Suey Green Beans Honey Wheta Dinner Roll 18 Salad W/Tuna & WW Pita Bread Milk B Salad W/Tuna & WW Pita Bread Milk 18 A American Chop Suey Green Beans Honey Wheta Dinner Roll 18 Salad W/Tuna & WW Pita Bread Milk B Salad W/Tuna & WW Pita Bread Milk 18 26 Early Release B Salad W/Tune WW Pita Bread Milk B Salad W/Cheese Sticks & WW Pita Bread Milk 27 A BBQ Chicken on WW Bun Potato Wedges 3 B Salad W/Iummus & Beread Milk Salad W/Hummus & WG Pita Bread Wilk Bread Wilk 3 A WG Buffalo Chicken Wrap Chicken Salad W/Hummus & WG Pita Bread Wilk Bread Wilker

* All Meals Include Choice of 1% or Skim Milk

Please make a meal choice by circling which meal desired each day: Circle a Choice of 1% or Skim Milk

* All Meals Comply with the National School Program

* Fruit will be served with all meals

ALL MENUS ARE SUBJECT TO CHANGE *Before placing your order, please inform the school if you have a food allergy!

Name	
Grade:	
Room:	



		November, 2013)	
NCH MENU Circle A, B MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 A Meatball Sub Green Beans B Salad W/Crispy Chicken & WW Pita Bread Milk	3 A Sliced Chicken Sandwich Chickpea Salad B Salad W/Crispy Chicken & WW Pita Bread Juice Milk	4 A Cheese & Bean Burrito Corn B Salad W/Crispy Chicken & WW Pita Bread Milk	5 A Crispy Chicken Salad Wrap Baby Carrots B Salad W/Crispy Chicken & WW Pita Bread Juice Milk	6 A Cheese Pizza Broccoli & Potato Wedges B Salad W/Crispy Chicken & WW Pita Bread Milk
9 A Hamburger on WW Roll Baked Beans B Salad W/Turkey & WW Pita Bread Milk	10 A Grilled Chicken over Veggie Pasta Salad B Salad W/Turkey & WW Pita Bread Milk	¹¹ No School Veterans Day	12 A WW Chicken Caesar Wrap Cucumber Slices B Salad W/Turkey & WW Pita Bread Milk	13 A Cheese Pizza Carrots & Italian Beans B Salad W/Turkey & WW Pi Bread Milk
 Hamburger on WW Roll Baked Beans B Salad W/Tuna & WW Pita Bread Milk 	17 A Ham & Cheese Sandwich Carrots B Salad W/Tuna & WW Pita Bread Milk	 18 A Merican Chop Suey Green Beans Honey Wheat Dinner Roll B Salad W/Tuna & WW Pita Bread Milk 	19 A Grilled Chicken Pasta Salad w/ Veggies B Salad W/Tuna & WW Pita Bread Milk	20 A Cheese Pizza Broccoli & Potato Wedges B Salad W/Tuna & WW Pita Bread Milk
 23 A Pancakes & Sausage Potato Wedges B Salad W/Cheese Sticks & WW Pita Bread Milk 	24 A Tuna in a WW Wrap Chickpea Salad B Salad W/Cheese Sticks & WW Pita Bread Milk	25 Early Release		27 No School
30 A Cheeseburger Mac Broccoli B Salad W/Hummus & WW Pita Bread Milk	1 A. Crispy Chicken Salad WG Wrap Chickpea Salad B Salad W/ Hummus & WW Pita Bread Milk	2. A BBQ Chicken on WG Bun Potato Wedges B Salad w/ Hummus a & WG Pita Bread Milk	3 A. WG Buffalo Chicken Wrap Cucumbers B Salad W/ Hummus and WG Pita Bread Milk	4 A. Cheese Pizza Carrots & Potato Wedges B. Salad W/ Hummus & W Pita Milk

* All Meals Include Choice of 1% or Skim Milk Please make a meal choice by circling which meal desired each day: Circle a Choice of 1% or Skim Milk * All Meals Comply with the National School Program

* Fruit will be served with all meals

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