



# FROM THE K-6 PRINCIPAL

Over the last two days, three children have come to me with questions about the tragedies in Paris. While that is a small number, I suspect that there are many others who feel uneasy. It seems to me that the children are right to feel uneasy about what happened in Paris as those events have the feel of a significant change in the world. Children are often paying attention to what they see and hear. One child will hear a report on the radio, while another will see TV news coverage and they will talk to each other. With our younger students I do not think it wise to initiate these conversations but we need to be prepared to speak with children and to reassure them when they talk to us.

The children who talked to me wanted to know why it happened and what it means. I will tell you some of what I told these three young students and how I have been spending my time in school since hearing of the students' concerns. They asked me why Paris and I told them that the people who did this are a small group of bad people and that they choose to attack the people of Paris because Paris is a symbol of love. I told them that there are more good people in the world than bad people and that we will do all that we can to make sure they are safe. I have also tried to take a dispassionate and mathematical approach and to tell them that the world now is safer from violence than it has been before. My understanding of this lessening of violence comes from Steven Pinker's Better Angels of Our Nature (2011). In our current era of constant news and frequent reports of tragedies it is hard to feel our own growing safety. But today we have better cars, child safety seats, improved medical and dental care, and declining rates of violence. (When she was a child, my wife was given balls of mercury to play with every time she visited the dentist.) I told these children that in times like this what I believe is the most important is to be kind to each other. I showed one of them some of the 1000 Acts of Kindness we gathered at SSCPS after the Marathon Bombing.

Every greeting and interaction is important. Here are some samples of people I saw being kind yesterday:

- The children at the back door were remarkably good at greeting their friends. They were persistent and focused as they sang, "Hi Good Morning, Hi Good Morning" over and over for over ten minutes and they brightened and smiled and acknowledged their friends as they came into school.
- A parent sent me an email about the value of a compliment and how compliments can overwhelm insults.
- In a Level I class I saw a team of teachers using music to make math, performance and turn-taking come together and all of the adults and the children supported each other.
- Later a child told me that he knew that my favorite word in a song was "forgive" and another child told me that the Winter Concert was my favorite time of the school year.

I felt known, appreciated and cared for by the children, and to top it off a good friend sent me a clip of Mr. Rogers. I aspire to be like Fred Rogers.

Here is a quote from him that is a model for how we should listen and talk to children, "And being supportive often means waiting and listening...and more waiting... until you're better able to understand the drama that a certain child is living through at the moment."

Let me know how we are doing in communicating to your child that they are cared for and valued and most importantly known here at school. The children I spoke to were all calm but curious and asking for a framework to understand what they had heard about. We want to support you as you support your children. Tell them that we are keeping them safe and that you love them and show them that you know them. Let us know how we can help.

For more information, please visit:

 $\frac{http://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/war-and-terrorism/helping-children-cope-with-terrorism$ 

Wednesday	11/18	NHS Hosts Blood Drive at the SSCPS Gym	1:00 – 6:00pm
Wednesday	11/18	Parent/Teacher Conferences by Appointment	
Thursday	11/19	Level III Field Trip to Wheelock	
Thursday	11/19	Level IV Hosting Movie Night at Gym	3:30-5:30pm
Friday	11/20	Level IV Dance at the Gym	7:00-9:00pm
Wednesday	11/25	Level I and Level II Grandparents and Friends Day	10:30-11:45pm
Thurs & Friday	11/26-11/27	Thanksgiving Break – No School	
Upcoming Event	Dec. 4, 5, 6	Theatre performance of <i>High School Musical</i> at the Cardinal Cushing Center, Hanover	

# **ANNOUNCEMENTS**

The South Shore Charter Public School will be conducting an annual lock down drill within the upcoming week. Teachers have received updated information regarding lockdown procedures and have been talking to students about what to expect during the procedure. Please do not hesitate to contact the school with any questions you may have.

Thank you.

# **Grandparents and Friends Day**

Grandparents and Special Friends Day is one week away on Wednesday, November 25th! Please register on our website if you haven't done so yet. This is a great opportunity for your loved ones and friends in Level I and Level II to meet your teachers, enjoy a snack, and take a memorable photo. We will have school apparel on hand for holiday purchases, and will be selling The HeadStand Calendar for \$20 in honor of our 20th anniversary.

Photo opportunities will be offered at \$10 per pose, with a \$5 fee for a duplicate print of a pose. Additional poses per group will be \$10. Stephanie C. Olsen Photography and George Chambers will be at the school taking photos. All proceeds will be generously donated back to the school. Thank you Stephanie and George!

# Yearbook

The 2016 yearbook is now in progress and all the memories of the 2015-2016 school year will be published forever in print. A yearbook is a trip back to those fun times in school when friends were forever and life was an exciting promise. Someday your student will want to look back, too. Buy them a little time - buy them a yearbook! To order online go to <a href="www.coffeepond.com">www.coffeepond.com</a>, to login use school password: bluejaguar. Parents may submit a personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. There are still a few 2015 books left just email Christine at cbodnar@sscps.org to get yours!

# WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

# Movie Night - "Monsters University"

The Level IV S3 Project is hosting a Movie Night for students in Level I, Level II, and Level III on Thursday, November 19 from 3:30 -5:30pm. Admission is \$3.00 which includes popcorn and a juice box. Students attending should go to regular dismissal until 3:30pm and then will be escorted to the SSCPS Gym. Students should be picked up at 5:30pm at the Gym. All proceeds will be used to purchase water bottle filling machines at SSCPS.

### **Level IV Dance**

The S3 Project is sponsoring a Semi Formal Dance for Level IV on Friday night, November 20th from 6 -9 pm at the SSCPS PE/Gym. Tickets are \$7 in advance and \$9 at the door. The proceeds from the dance will go to purchasing water bottle filling machines at SSCPS.

**CONGRATULATIONS** students and teacher Rachel Rich of the Creative Expression Project who raised \$1,100.00 during their Trick or Treat for UNICEF campaign! UNICEF provides food, clean water, and immunizations for children in need world wide. https://www.unicefusa.org/trick-or-treat

# LIBRARY COMMITTEE UPDATE

This year's Book Fair was a resounding success! Thank you to the entire SSCPS community for your support of this fundraiser, and for promoting reading as an important part of your family's life. Students were anxiously awaiting the arrival of their books, which were delivered this past Tuesday afternoon to open arms and wide eyes! Over 538 books were sold, 30 new books were donated to the Library, and \$1,160 in book credits were earned to purchase new materials to supplement our K-12 collection. If you had a **Holiday Hold**, those items are available for pick-up at your earliest convenience in Pam Algera's office.

There are *many* individual parents to thank- starting first and foremost with Library Chairperson Caitriona Hollowed and Kerry Benjamin, who assisted with all aspects of the planning and coordinated the parent volunteers along the way. Each morning, Eileen Collins worked her accounting magic behind the scenes to meticulously record each day's orders; and Karen Boyle and Kerry ran the Book Fair at the November PA evening meeting. In addition, Deb Paquette and Karen kept the Library open during the fair so that classes could continue with their regular schedules. Denise Demaggio, Caitriona, and Kerry also helped to bag and deliver the orders. A heartfelt thank you also goes out the parent volunteers who helped set up, assisted students at the book tables, and shared their excitement about the selections: Joe Demaggio and son Tanner, Caitlin Shiels, Julie Burke, Kris Faivre, Meredith Harward, Yoshiko Takeishi, Deb Paquette, Joann Freeley, Janet Cabrera, Beth Fama, Daniela Manning, Amy Hanscom, Ken Lee, Karen Boyle, Nicole Franklin, Susannah McMahon, Beth Farmer, Kim Dalton, Mary Oxner, Danette Carter, and Jennifer Rubin.

And finally, accolades go out to **Storybook Cove and bookseller Janet Bibeau** for providing the outstanding selection of books from which to choose. It "takes a village" to run a Book Fair!

If you have any questions about your order, please contact me at <a href="mailto:bbruce@sscps.org">bbruce@sscps.org</a> or x336. Thank you all!

~Bev Bruce~

# **ATHLETICS UPDATE**

# Fall Season Concludes with an Awards Ceremony

The Athletic Department came together to last evening to celebrate their achievements at the Annual Fall Awards Ceremony. The ceremony began at 4:00pm in the PE Space where each coach presented awards to their players, while reflecting on their seasons. As each coach spoke, a feeling of care and concern for each player came from their voice which was equaled from the players as they presented gifts for each coach for the time they invested into their athletic and personal development. It was a highly attended event by athletes, families, and friends that gave closure to a very successful season by all teams. The fall season was highlighted by the success of the Volleyball team winning the first playoff game at SSCPS in four years, while the boys high school soccer team lost in the first round of the playoffs. Not only were the teams successful this Fall, but many athletes were recognized for their achievements from the Massachusetts Charter School Athletic Organization. The following student athletes were recognized:

Naomi Zorrila - Volleyball All League Team Madison Mirabile - Volleyball Honorable Mention Van Harting- Cross Country All League Team Lily Nelson- Soccer All League Team Jerome Sullivan- All League Team Paul Sullivan- Soccer All League Team

Congratulations to all teams and athletes on a great season. Go Jaguars!

# Basketball

Sign-up sheets and permission forms have been posted in the High School and Level IV for basketball sign ups. Students will not be allowed to participate without the forms being brought back before the first day of tryouts. Tryouts will be held after Thanksgiving break. Schedules are still being finalized. More information will be coming from the coaches before we leave for break.

## Ski Club for Students in grades 7-12

Information packets for the six-week program are available at the front desk.

# COMMUNITY SERVICE OPPORTUNITIES

# High School Musical Volunteers Needed!

# (Parents, High School Students and Level 4 Students Only Please)

The show is December 4th, 5th and 6th at the Cardinal Cushing Center in Norwell. We need your help to sell concessions, usher, work back stage and break down the set on Sunday. If you are interested in helping, please email me at <a href="mailto:bfarmer12@verizon.net">bfarmer12@verizon.net</a>. If you volunteer and have tickets for the show, you will be able to reserve seats for the number of tickets you have. If you don't have tickets, we will do our best to let you see the show.

# **Level IV Global Graphics Project**

The Global Graphics Project is collecting stamps for the Friends of the Homeless of the South Shore. When you shop at Shaw's or Star Market, just say "Yes!" when they ask if you would like "Saver Stamps". There is a folder at the front desk that says "Global Graphics Stamp Collection" on it. We will take care of the rest. The Saver Stamps will be used to give homeless people kitchenware when they get their own apartments. Thank You.

# The Guardian Center - 888 Main Street, Brockton, MA - 508-587-6556

The Guardian Center is in need of lap sized blankets for residents. These blankets offer comfort, warmth, and for some they are used to wear on laps to cover braces on their legs. Blankets can be made or purchased for the residents. They can be dropped off at the center as a donation. The center is always looking for visitors as well. Most of the patients have dementia. Should you want to donate time at the center please contact them directly so that you can be set up with the right people for your volunteer time.

Home for Little Wanderers: Massachusetts – Families in need to be "adopted" for the holidays. Please go to <a href="http://www.giftdrive-thehome.org/showfamilies.php">http://www.giftdrive-thehome.org/showfamilies.php</a> to see families that can be "adopted". Sizes range from 2-15 members per family. If you do decide to "adopt" a family you are pledging to support the entire family including any household items listed and individual needs. This could be a great community service opportunity to put a group together to do. Drop off instructions are on the website, and the drop off location is in Dedham, MA.

**Do Something Website:** Online – Check out the website <u>www.dosomething.org</u>. You can enter in the time you have available, things you are interested in helping, and activities you are interested in. The site will give you ideas and opportunities filtered based on what you put in for criteria!

**Thanksgiving Cards for patients:** South Shore Hospital – There will be a drop off box at the front desk to collect Thanksgiving cards for patients at South Shore Hospital. Cards can be hand-made or bought. Please include a generic note or a picture inside the card for the patient. Envelope should not have a specific "to" name on it. South Shore Hospital will deliver the cards to patients that are in the hospital over the Thanksgiving holiday. Cards need to be dropped off no later than Friday, November 20, 2015

**Recycle Crayons and Markers:** Waste Watchers is collecting used markers and crayons for recycling. Markers will be mailed to Crayola where they will be recycled into clean fuel to be used in homes, cars, and more! Broken crayons will be melted down to new crayons for lower grades. Any brand crayons and markers are welcome. Crayons and markers can be dropped off in front of Bill Tramontana's office in the bins.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <a href="https://www.sscps.org">www.sscps.org</a>
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL <a href="mailto:palgera@sscps.org">palgera@sscps.org</a>

# South Shore Charter Public School Students & Faculty Present..... SCHOOL SCHOOL SUBSICAL

Come and support our talented student performers and stage crew. Enjoy special performances by SSCPS teachers!

December 4-6, 2015

Cardinal Cushing School, 405 Washington Street, Hanover, MA

# LIMITED SEATING

Advance Tickets at the SSCPS Front Desk: \$10 Tickets at the Show: \$12 (if available)

Advance Tickets on Sale through Thursday, December 3rd

General seating at all shows

The theater is open for seating one half hour before the curtain time.

Concessions and flower grams for the cast/crew will be available for purchase.

Please print your information clearly below.		
Name:		
Email:	Telephone	
Please place a check next to the show(s) that you cash or check to this order form. Make checks pa	will be attending and enter the number of tickets. Please at wable to SSCPS. No exchanges or refunds.	ttach
The state of the s		Total
Friday, December 4th at 7 PM	# of tickets @ \$10.00=	830400008
Saturday, December 5th at 5 PM	# of tickets @ \$10.00=	
Sunday, December 6th at 4 PM	# of tickets @ \$10.00=	
	Grand Total	

# Supports SSCPS Volleyball Papa Gino's Community Fundraiser

Our Papa Gino's Community Fundraiser will donate 20% of the sales to our school!

Carry-out counts too!

When: Thursday, 11-19-15

Time: 4:00 p.m. - 9:00 p.m.

Where: 10 Washington 84.

Phone: 781-878-8417

Papa,
Ginos

A passion for pizza.

· Any guest bringing in one of your flyers may not redeem coupons with their order.

Papa Gino's will donate 20% of the total pre-tax sales from all the guests that come in with the flyer during your fundraiser.

This is valid for all dine-in and carry-out orders. (Sorry, not valid on delivery orders).



# Do you have a child under 5? Are you pregnant or breastfeeding?

# WIC OFFERS FAMILIES

- · Personalized nutrition consultations
- · Free healthy food
- · Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

call 1-800-WIC-1007

or visit mass.gov/wic

TDD/TTY: 617-624-5992 USDA is an equal opportunity provider and employer. Check these guidelines to see if WIC might be right for your family.

HOUSEHOLD SIZE	YEARLY	MONTHLY	WEEKLY
1	\$21,775	\$1,815	\$419
2	29,471	2,456	567
3	37,167	3,098	715
4	44,863	3,739	863
5	52,559	4,380	1,011
6	60,255	5,022	1,159
7	67,951	5,663	1,307
8	75,647	6,304	1,455
IF YOU ARE PREGNAN	T, YOU SHOUL	D COUNT YOURS	ELF AS TWO.



GOOD FOOD and A WHOLE LOT MORE!



# ¿Tiene un hijo menor de 5 años? ¿Está embarazada o amamantando/lactando?

# WIC OFRECE A LAS FAMILIAS

- · Alimentos saludables gratis
- · Apoyo de lactancia
- · Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, jy otros servicios que pueden beneficiar a la familia entera!

Llame al 1-800-942-1007

o visite mass.gov/wic

TDD/TTY: 617-624-5992 El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

programa					
TAMAÑO DE FAMILIA	ANUAL	MENSUAL	SEMANAL		
1	\$21,775	\$1,815	\$419		
2	29,471	2,456	567		
3	37,167	3,098	715		
4	44,863	3,739	863		
5	52,559	4,380	1,011		
6	60,255	5,022	1,159		
7	67,951	5,663	1,307		
8	75,647	6,304	1,455		
SI USTED ESTÁ EMBARAZADA, DEBE CONTARSE POR 2.					



BUENOS ALIMENTOS y MUCHO MÁS!

# Order Form Breakfast for the Month of November, 2015

Due to the office by 3:00 pm, \*Tuesday, November 24, 2015

Student Name					
Pod Teacher/Advisor		G	rade		
P	lease <u>CHECK</u> off the	e day breakfast will	l be orde	red.	
Week of [ ] Monday 11/30 – 12-4	[ ] Tuesday	[ ] Wednesday	[] Thu	rsday [	] Friday
Number of Breakfasts order	red		X	\$1.80	
Less credit due  Total Amount E  Cash or Checks may be made			\$		
Please <u>c</u>	Lunch ircle one choice	Order Ford per each day		is ordered	d.
Week of Monday 11/30 – 12/4 Reg or Salac	<u>Tuesday</u> l Reg or Salad	Wednesday Reg or Salad		<u>rsday</u> g or <mark>Salad</mark>	<u>Friday</u> <b>Reg</b> or <mark>Salad</mark>
<ul> <li>Option A = Regular</li> <li>Option B = Salad Lt</li> <li>Can only choose 1 (constant)</li> </ul>	ınch Choice				
Number of Regular Lunch	es (A) ordered		X	\$3.30	
Number of Salads (B) order	red		X	\$3.30	
Less credit due					
Total Amount E Cash or Checks may be made				\$	_

# Breakfast Order Form Breakfast for the Month of December, 2015

Due to the office by 3:00 pm, \*Tuesday, December 1, 2015

Student Name	·						
Pod Teacher/A	Advisor		Grade				
	Plea	ase <u>CHECK</u> off	the day breakfast wi	ill be ordered.			
Week of 12/7 – 12/11	[ ] Monday	[ ] Tuesday	[] Wednesday	[ ] Thursday	[] Friday		
Week of 12/14 – 12/18	•	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[] Friday		
Week of 12/21 – 12/25		[ ] Tuesday	[ ] Wednesday	[X] Thursday	[X] Friday		
Number of Br	eakfasts ordered			X \$1	.80		
	e Amount Enc			\$	_		

# Lunch Order Form Lunch for the Month of December, 2015

Due to the office by 3:00 pm, \*Tuesday, December 1, 2015

Student Name	:				
Pod Teacher/A	Advisor		Grad		
	Please <u>circl</u>	<u>le</u> <mark>one</mark> choice <sub>l</sub>	per each day lu	nch is ordered	d.
Week of 12/7 – 12/11	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salad	Friday Early Release
Week of 12/14–12/18	Monday Reg or Salad	<u>Tuesday</u> <b>Reg</b> or <mark>Salad</mark>	Wednesday Reg or Salad	<u>Thursday</u> <b>Reg</b> or <b>Salad</b>	Friday Reg or Salad
Week of 12/21 – 12/25	Monday Reg or Salad	<u>Tuesday</u> <b>Reg</b> or <mark>Salad</mark>	Wednesday Early Release	Thursday NO SCHOOL	Friday NO SCHOOL
<ul> <li>Option</li> </ul>	n A = Regular Lun n B = Salad Lunch nly choose 1 (one)	Choice			
Number of <b>Re</b>	egular Lunches (A	A) ordered	X	\$3.30	
Number of Sa	lads (B) ordered			X \$3.30	
Less credit du	e				
	Amount Encloses may be made o			\$	_



# SOUTH SHORE CHARTER SCHOOL

# DECEMBER, 2015

# **Breakfast**

Monday Tuesday		Wednesday	Thursday	Friday	
7 Cereal Fruit WW Grahams Orange Juice Milk	8  WW Bagel w/Jelly  Fruit  Orange Juice  Milk	9 3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk	3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	3.6 oz. WW Chocolate Chip Muffin Fruit Orange Juice Milk	
Cereal Fruit WW Grahams Orange Juice Milk	15 3.6 oz. WW Blueberry Muffin Fruit Orange Juice Milk	3.6 oz. WW Apple Muffin Fruit Orange Juice Milk	17 Marshmallow Mateys Fruit Apple Cinnamon Waffles Orange Juice Milk	Honey Wheat Bagel Fruit Orange Juice Milk	
Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk	3.6 oz. WW Banana Muffin Fruit Orange Juice Milk	WG Croissant Fruit Orange Juice Milk	24 25		

<sup>\*</sup>All meals include choice of 1% or skim milk.

Circle a milk choice

1%

skim

Please make a meal choice by circling the day breakfast is desired

# ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

<sup>\*</sup> Complies with NSLP Regulations

Name _		
Grade:		
Room:		



Amount Enclosed:	
Number of Lunches:	

# SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 DECEMBER, 2015

# **LUNCH MENU** Circle A or B

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	FRIDAY
7 A B	Meatball Sub Green Beans Salad w/Crispy Chicken & WW Pita Bread Milk	8 <b>A</b> <b>B</b>	Sliced Chicken Sandwich Chickpea Salad Salad w/Crispy Chicken & WW Pita Bread Juice Milk	9 <b>A</b> <b>B</b>	Cheese & Bean Burrito  Corn  Salad w/Crispy Chicken &  WW Pita Bread  Milk	10 <b>A</b> <b>B</b>	Chicken Caesar WW Wrap Baby Carrots Salad w/Turkey & WW Pita Bread Milk	EARLY RELEASE
14 <b>A</b> <b>B</b>	Hamburger on WW Roll Baked Beans Salad w/Tuna & WW Pita Bread Milk	15 <b>A</b> <b>B</b>	Ham & Cheese Sandwich Carrots Salad w/Tuna & WW Pita Bread Milk	16 <b>A</b> <b>B</b>	American Chop Suey Green Beans Honey Wheat Dinner Roll Salad w/Tuna & WW Pita Bread Milk	17 <b>A</b> <b>B</b>	Grilled Chicken over Pasta Salad w/Veggies Salad w/Tuna & WW Pita Bread Milk	A Cheese Pizza Broccoli & Potato Wedges B Salad w/Tuna & WW Pita Bread Milk
21 A B	Pancakes & Sausage Potato Wedges Salad w/Cheese Sticks & WW Pita Bread Milk	22 A B	Tuna in a WW Wrap Chickpea Salad Salad w/Cheese Sticks & WW Pita Bread Milk	23	EARLY RELEASE	24	Happy H	25

<sup>\*</sup> All Meals Include Choice of 1% or Skim Milk

\* All Meals Comply with the National School Program

Please make a meal choice by circling which meal desired each day: Circle a Choice of 1% or Skim Milk

# ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

Name _	
Grade:	
Room:	



Amount Enclosed:	
Number of Lunches:	

# SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12 DECEMBER, 2015

# **LUNCH MENU** Circle A or B

	MONDAY	1	TUESDAY	T	WEDNESDAY		THURSDAY	ı	FRIDAY	
7 <b>A</b> <b>B</b>	Meatball Sub Green Beans Salad w/Crispy Chicken & WW Pita Bread Milk	8 A B	Sliced Chicken Sandwich Chickpea Salad Salad w/Crispy Chicken & WW Pita Bread Juice Milk	9 <b>A</b> <b>B</b>	Cheese & Bean Burrito  Corn  Salad w/Crispy Chicken &  WW Pita Bread  Milk	10 <b>A</b> <b>B</b>	Chicken Caesar WW Wrap Baby Carrots Salad w/Turkey & WW Pita Bread Milk	1:	EARLY RELEASE	
14 <b>A</b> <b>B</b>	Hamburger on WW Roll Baked Beans Salad w/Tuna & WW Pita Bread Milk	15 <b>A</b> <b>B</b>	Ham & Cheese Sandwich Carrots Salad w/Tuna & WW Pita Bread Milk	16 <b>A</b> <b>B</b>	American Chop Suey Green Beans Honey Wheat Dinner Roll Salad w/Tuna & WW Pita Bread Milk	17 <b>A</b> <b>B</b>	Grilled Chicken over Pasta Salad w/Veggies Salad w/Tuna & WW Pita Bread Milk	18 <b>A</b> <b>B</b>	Cheese Pizza Broccoli & Potato Wedges	
21 A B	Pancakes & Sausage Potato Wedges Salad w/Cheese Sticks & WW Pita Bread Milk	22 A B	Tuna in a WW Wrap Chickpea Salad Salad w/Cheese Sticks & WW Pita Bread Milk	23	EARLY RELEASE	24	A PPY	25  Happy Holidays		

<sup>\*</sup> All Meals Include Choice of 1% or Skim Milk

Please make a meal choice by circling which meal desired each day: Circle a Choice of 1% or Skim Milk

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