



## FROM THE 5-12 PRINCIPAL

Welcome back and Happy New Year! I hope that everyone found time to relax with family over the break and is returning to the school routine rejuvenated. January is a busy month for our students as we reach the midpoint in our school year. The second quarter closes for all students on Tuesday, January 24th. Our students in grades 7-12 are not only closing the second quarter but are also preparing for midyear exams. Midyear and final exams are important rituals in the life of the school and excellent preparation for exams at the college level. These exams are designed by teachers to test student progress in our curriculum and the results of these exams provide crucial data about how our students are learning. Studying for midyears helps students to solidify their learning as they enter the second half of the school year. Students have been preparing since the start of the year through the work in their classes. They can expect teachers to provide more specific study materials next week prior to the long holiday weekend. The long weekend is a wonderful four day opportunity to begin studying. Some may need some encouragement to take advantage of this opportunity.

Scores on midyear exams account for 10% of a student's final grade, a significant portion. Knowledge of that significance is motivating for many students and spurs a healthy level of stress that drives achievement. For other students exams bring a great deal of stress and anxiety because of the high standards that students have set for themselves. Please don't hesitate to contact your child's advisor or pod teacher if you are concerned about the level of stress your child is exhibiting. We have a highly skilled team of counselors who have a track record of helping students work through challenges.

The schedule for midyear exams is below. All students in grades 7-12 will be dismissed at 12:00pm on Wednesday, January 25th, Thursday, January 26th, and Friday, January 27th. Please prepare for pickup accordingly. All Level IV students will be dismissed at the front door on those half days. On Friday, January 27th, high school students will be dismissed by 10:00 if they are not taking a make-up exam. Taking exams is exhausting for students. The early dismissal provides students with a well-deserved break.

	Wednesday 1/25	Thursday 1/26	Friday 1/27
8:30-10:00	A-block	C-block	E-block
10:00-10:30	Break	Break	Break
10:30-12:00	B-block	D-block	Make-up exams

#### High School Midyear Exam Schedule

#### Level IV Midyear Exam Schedule

	Wednesday 1/25	Thursday 1/26	Friday 1/27
8:30-10:00	English	History	Science
10:00-10:30	Break	Break	Break
10:30-12:00	Spanish	Math	Project Reflection Essay

Please feel free to contact me with any questions or concerns.

Angie Pepin - 781-982-4202 x102 -apepin@sscps.org.

Thursday	01/05	Executive Committee Meeting	8:00am
Monday	01/09	Parents Association Meeting	7:00pm
Tuesday	01/10	8 <sup>th</sup> Grade Trip Parent Information Meeting	7:30-8:00am 5:00-5:30pm
Wednesday	01/11	School Council	3:30pm
Thursday	01/12	Board of Trustees	7:30pm
Friday	01/13	Professional Development Day – No Classes for Students	

#### **ANNOUNCEMENTS**

#### **School Lunch**

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return it to Charlene Evans, Food Services Coordinator. Click here for the application for free or reduced price meal benefits.

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

## FROM THE HEALTH OFFICE

The health office is looking for donations of clothing (used) for young boys and girls. The biggest need is pants, preferably elastic waist, also socks, t-shirts and mittens. Thank you.

## WHAT'S HAPPENING IN WORKSHOPS AND PROJECTS?

#### **High School Theater Workshop**

Hello everyone! We here at the High School Theater Workshop would like your help. We need a set of 4 matching chairs for our play, *Check Please*! They should look like they could belong in a restaurant. Please email Debra Greene at <u>dgreene@sscps.org</u> a picture if you have chairs we can use. Thank you!

#### Read the latest publication from the High School Journalism Workshop

Hello Charter families! The Journalism Workshop has just published their monthly articles about Charter news and events. Check out the site at <u>charterink.sscps.org</u> to see if your student is featured this month!

Thank you! Journalism Workshop

## YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to <u>www.coffeepond.com</u>, to login use school password: <u>bluejaguar</u>. Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at <u>cbodnar@sscps.org</u> to get yours!

## **DEVELOPMENT OFFICE**



Happy New Year from the South Shore Charter Educational Foundation!

There is no better time than now to consider a gift to SSCEF. For the seventh year in a row, an anonymous donor has challenged the SSCPS community to match their gift of \$6,000. All new and increased gifts to the Annual Fund received between now and March 31st will qualify. With your help, we can maintain and enhance our current programs and reach our goal of \$75,000 and 100% participation. All monetary donations are tax deductible.

<u>Thank you for your support!</u> SSCEF, P.O. Box 512, Accord, MA 02018

## **COMMUNITY SERVICE OPPORTUNITIES**

### Level II Student Collecting Donations for Cat Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

#### WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>

## FROM THE GUIDANCE OFFICE

Attention Parents/Guardians of Juniors:

PSAT score reports were distributed in Math classes on Monday, December 12th. If you sat for the PSAT last October, you can access or create your account to view your scores online at https://studentscores.collegeboard.org/home

Should you have questions about interpreting your score report or especially how your PSAT score compares to your Practice ACT score, please meet with guidance. Here is a brief video that goes over the PSAT score basics <a href="https://youtu.be/nzCSIilL3WQ">https://youtu.be/nzCSIilL3WQ</a>



If you are looking for FREE help with SAT Prep, College Board has partnered with Khan Academy. FREE Practice with Khan Academy: Khan Academy analyzes the PSAT scores and creates FREE personalized skill practice, not just test prep, for the student. Here is a video that reviews how to connect the accounts if you wish to get a head start on this. <u>https://youtu.be/AlveV0131Cw</u>

The next step for Juniors is to start planning on when to take the SAT or ACT this Spring. To register for the **SAT** online at <u>www.sat.org</u>

Exam Date	Register By
Jan 21, 2017	Dec 21
March 11	Feb 10
May 6	Apr 7
June 3	May 9

To register for the ACT - www.actstudent.org

Exam Date	Register by
Feb 11	Jan 13
Apr 8	Mar 3
June 10	May 5



# Morning Fitness Program Open to Level I, II, and III

For school year 2016 – 2017 the BOKS team will be hosting four sessions. We will meet **Tuesday and Thursday** from 7:20am - 8:00am.

## Session Dates: Session 2: January 10 – January 31 Session 3: February 2 – February 16 Session 4: March 7 – March 30

If you have any questions please email Kathy at kmuse26@hotmail.com

We are looking for more parents willing to go through the training and help run sessions/days. All trainings are held at Rebook in Canton as detailed below.

Here is the link to sign up for training if you are interested in helping out. <u>http://www.bokskids.org/training</u>

# BOK\$ for Levels I, II, and III

Organized and run by SSCPS parents, the program is inspired by the Reebok Foundation's BOKS program; all the fitness leaders have been trained by Reebok. This is a no cost before-school fitness program being offered to any child in Kindergarten to 6<sup>th</sup> grade. In order to provide the best program to the children there is a limit of 40 participants. If more applications are received than spots available there will be a lottery for participation. The schedule for the program is all Levels Tuesday and Thursdays. BOKS is held in the PE space with a start time of 7:20 and an end time of 8:00, the trainers escort all the children to the back door of the school. The 4 separate sessions are listed on the attached flyer. You may select any number of sessions from 1 to all 4, there will be an opportunity for sign-up before each session.

In order for your child to participate you must fill out the below information as well as the attached application including the doctor information and the release, this is to avoid liability issues. If you have more than one child participating please be sure to complete a separate form for each. Place the completed forms it in the envelope at the front desk labeled "BOKS" NO later than **Dec. 22, 2016**.

If we have more applications than spots you will be notified by email of non-entry.

The purpose of BOKS is to stimulate the mind by movement before the school day begins.

ALL requested information is required - Complete a <u>separate form for each child</u> .
PLEASE PRINT CLEARLY
I would like my child to participate in the BOKS Morning Fitness Program
Childs' Name: Pod Teacher:
Parent(s)/Guardian(s) Email:
Parent(s)/Guardian(s) Signature:
Preferred Phone (Home / Work / Cell):
Circle All That Apply: Session 1 /Session 2 / Session 3 / Session 4
Any medical issues the trainers need to know?

# Breakfast Order Form Breakfast for the Month of January, 2017

Due to the office by 3:00 pm, \*Tuesday, January 10, 2017

Student Nam	e				
Pod Teacher/Advisor			Grade		
	Pleo	ase <u>CHECK</u> off i	the day breakfast wi	ill be ordered.	
<del>Week of</del> <del>1/21/6</del>	-	- [ ] Tuesday	- [ ] Wednesday -	<del>[] Thursday</del>	<del>[] Friday</del>
Week of 1/9—1/13	•	[] Tuesday	[] Wednesday	[] Thursday	[X] Friday
Week of 1/16 – 1/20	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 1/23 – 1/27	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 1/30 – 2/3	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Number of B	reakfasts ordered	l		X \$1	.85
	ue I Amount End			\$	

Cash or Checks may be made out to SSCPS.

# **Lunch Order Form** Lunch for the Month of January, 2017

Due to the office by 3:00 pm, \*Tuesday, January 10, 2017

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

## Please <u>circle</u> one choice per each day lunch is ordered.

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<del>Week of</del> <del>1/9 1/13</del>	<u>Monday</u> Reg or <mark>Salad</mark>	<u>Tuesday</u> Reg or <mark>Salad</mark>	<u>Wednesday</u> Reg or <mark>Salad</mark>	<u>Thursday</u> Reg or <mark>Salad</mark>	– <u>Friday</u> – <mark>NO SCHOOL</mark>
Week of 1/16 – 1/20	<u>Monday</u> NO SCHOOL	<u>Tuesday</u> Reg or <mark>Salad</mark>	Wednesday Reg or <mark>Salad</mark>	<u>Thursday</u> Reg or <mark>Salad</mark>	<u>Friday</u> <b>Reg</b> or <mark>Salad</mark>
Week of 1/23 – 1/27	<u>Monday</u> Reg or <mark>Salad</mark>	<u>Tuesday</u> Reg or <mark>Salad</mark>	<u>Wednesday</u> Reg or <mark>Salad</mark>	<u>Thursday</u> Reg or <mark>Salad</mark>	<u>Friday</u> Reg or <mark>Salad</mark>
Week of 1/30 – 2/3	<u>Monday</u> Reg or <mark>Salad</mark>	<u>Tuesday</u> Reg or <mark>Salad</mark>	<u>Wednesday</u> Reg or <mark>Salad</mark>	<u>Thursday</u> Reg or <mark>Salad</mark>	<u>Friday</u> <b>Reg</b> or <mark>Salad</mark>
<ul> <li>Option A = Regular Lunch Choice</li> <li>Option B = Salad Lunch Choice</li> <li>Can only choose 1 (one) option</li> </ul>					
Number of <b>R</b>	egular Lunches (A	) ordered	X	\$3.40	
Number of <b>Salads (B)</b> ordered			Σ	X \$3.40	
Less credit du	le				
<b>Total Amount Enclosed</b> Cash or Checks may be made out to SSCPS.				\$	_

Cash or Checks may be made out to SSCPS.



## SOUTH SHORE CHARTER SCHOOL JANUARY, 2017

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 2 oz. Cereal Fruit Orange Juice Milk	4 WG Croissant w/Jelly Fruit Orange Juice Milk	5 2 oz. Cereal Fruit Orange Juice Milk	6 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk
9 WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	10 2 oz. Cereal Fruit Juice Milk	11 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	12 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	<sup>13</sup> NO SCHOOL
	17 Graham Crackers Cereal Fruit Orange Juice Milk	18 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	19 WG Cinnamon Roll Fruit Juice Milk	20 WG Bagel Fruit Orange Juice Milk
23 Cheerios Graham Crackers Fruit Orange Juice Milk	24 2 oz. Cereal Fruit Orange Juice Milk	25 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	26 WG Croissant w/Jelly Fruit Juice Milk	27 WG Apple Roll Fruit Juice Milk
30 Cereal WG Grahams Fruit Juice Milk	31 WG Croissant w/Jelly Fruit Juice Milk	FEB. 1 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	2 WG Bagel w/Jelly Fruit Orange Juice Milk	3 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

## PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED. ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

Grade:	
Room:	

LUNCH MENU Circle A or B



No. of Lunches: \_\_\_\_\_\_Amount Enclosed: \_\_\_\_\_

## SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 JANUARY, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3         A       Tuna Salad on WG         Chickpea Salad w/Broccoli         B       Salad w/Crispy Chicken &         WG Pita Bread         Milk	4 A American Chop Suey Corn Whole Grain Roll B Salad w/Crispy Chicken & WG Pita Bread Milk	<ul> <li>5</li> <li>A Oven Baked Chicken Bites Potato Wedges</li> <li>B Salad w/Crispy Chicken &amp; WG Pita Bread Milk</li> </ul>	6 A Cheese Pizza Green Beans B Salad w/Crispy Chicken & WG Pita Bread Milk
9 A Hamburger on WG Roll Baked Beans B Salad w/Turkey & WG Pita Bread Milk	10         A       Grilled Chicken over         Veggie Pasta Salad         B       Salad w/Turkey &         WG Pita Bread         Milk	11         A       Ziti & Meatballs         Green Beans         Whole Grain Roll         B       Salad w/Turkey &         WG Pita Bread         Milk	12         A       Chicken WG Quesadilla         Corn         B       Salad w/Turkey &         WG Pita Bread         Milk	<sup>13</sup> NO SCHOOL
	17 A Ham & Cheese Sandwich on WG Carrots B Salad w/Tuna & WG Pita Bread Milk	18 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	19 A BBQ Chicken on WG Bun Baked Beans B Salad w/Tuna & WG Pita Bread Milk	20 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WG Pita Bread Milk
<ul> <li>23</li> <li>A Pancakes &amp; Sausage Potato Wedges</li> <li>B Salad w/Cheese Sticks &amp; WG Pita Bread Milk</li> </ul>	24         A       Buffalo Chicken Wrap Chickpea Salad         B       Salad w/Cheese Sticks & WG Pita Bread Milk	25 A Cheeseburger Mac Broccoli Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	26 A Stuffed Shells Carrots Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	27 A Cheese Pizza Italian Beans B Salad w/Cheese Sticks & WG Pita Bread Milk
30 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Grilled Chicken & WG Pita Bread Milk	31         A       Chicken Caesar Salad Wrap Chickpea Salad         B       Salad w/Grilled Chicken & WG Pita Bread Milk         0(	FEB 1 A Sloppy Joe on WG Bun Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	2 A Meatballs on WG Sub Potato Puffs B Salad w/Grilled Chicken & WG Pita Bread Milk	3 A Cheese Pizza Potato Wedges Carrots B Salad w/Grilled Chicken & WG Pita Bread Milk

\* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim All Meals Include Fruit

\* Complies with NSLP Regulations

## ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

"This institution is an Equal Opportunity Employer"

Grade: _	
Room: _	

LUNCH MENU Circle A or B



No. of Lunches: \_\_\_\_\_\_Amount Enclosed: \_\_\_\_\_

## SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12 JANUARY, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3         A       Tuna Salad on WG         Chickpea Salad w/Broccoli         B       Salad w/Crispy Chicken &         WG Pita Bread         Milk	4 A American Chop Suey Corn Whole Grain Roll B Salad w/Crispy Chicken & WG Pita Bread Milk	<ul> <li>5</li> <li>A Oven Baked Chicken Bites Potato Wedges</li> <li>B Salad w/Crispy Chicken &amp; WG Pita Bread Milk</li> </ul>	6 A Cheese Pizza Green Beans B Salad w/Crispy Chicken & WG Pita Bread Milk
<ul> <li>9</li> <li>A Hamburger on WG Roll Baked Beans</li> <li>B Salad w/Turkey &amp; WG Pita Bread Milk</li> </ul>	10 A Grilled Chicken over Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	11         A       Ziti & Meatballs         Green Beans         Whole Grain Roll         B       Salad w/Turkey &         WG Pita Bread         Milk	12 A Chicken WG Quesadilla Corn B Salad w/Tukey & WG Pita Bread Milk	<sup>13</sup> NO SCHOOL
16	17 A Ham & Cheese Sandwich on WG Carrots B Salad w/Tuna & WG Pita Bread Milk	18 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	<ul> <li>BBQ Chicken on WG Bun Baked Beans</li> <li>B Salad w/Tuna &amp; WG Pita Bread Milk</li> </ul>	20 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WG Pita Bread Milk
<ul> <li>23</li> <li>A Pancakes &amp; Sausage Potato Wedges</li> <li>B Salad w/Cheese Sticks &amp; WG Pita Bread Milk</li> </ul>	24         A       Buffalo Chicken Wrap         Chickpea Salad         B       Salad w/Cheese Sticks &         WG Pita Bread         Milk	25 A Cheeseburger Mac Broccoli Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	26 A Stuffed Shells Carrots Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	27 A Cheese Pizza Italian Beans B Salad w/Cheese Sticks & WG Pita Bread Milk
30 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Grilled Chicken & WG Pita Bread Milk * All Maels include Choice of 1	31 A Chicken Caesar Salad Wrap Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk % or Skim Milk	FEB 1         A       Sloppy Joe on WG Bun         Green Beans         B       Salad w/Grilled Chicken &         WG Pita Bread         Milk         pige       1%	2 A Meatballs on WG Sub Potato Puffs B Salad w/Grilled Chicken & WG Pita Bread Milk U Magle Include Ervit	3 A Cheese Pizza Potato Wedges Carrots B Salad w/Grilled Chicken & WG Pita Bread Milk Complias with NSL P. Pagulations

\* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim All Meals Include Fruit

\* Complies with NSLP Regulations

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