January 4, 2017
Vol. 1, Issue 1

## From the 5-12 Principal

Welcome back and Happy New Year! I hope that everyone found time to relax with family over the break and is returning to the school routine rejuvenated. January is a busy month for our students as we reach the midpoint in our school year. The second quarter closes for all students on Tuesday, January 24th. Our students in grades 7-12 are not only closing the second quarter but are also preparing for midyear exams. Midyear and final exams are important rituals in the life of the school and excellent preparation for exams at the college level. These exams are designed by teachers to test student progress in our curriculum and the results of these exams provide crucial data about how our students are learning. Studying for midyears helps students to solidify their learning as they enter the second half of the school year. Students have been preparing since the start of the year through the work in their classes. They can expect teachers to provide more specific study materials next week prior to the long holiday weekend. The long weekend is a wonderful four day opportunity to begin studying. Some may need some encouragement to take advantage of this opportunity.

Scores on midyear exams account for $10 \%$ of a student's final grade, a significant portion. Knowledge of that significance is motivating for many students and spurs a healthy level of stress that drives achievement. For other students exams bring a great deal of stress and anxiety because of the high standards that students have set for themselves. Please don't hesitate to contact your child's advisor or pod teacher if you are concerned about the level of stress your child is exhibiting. We have a highly skilled team of counselors who have a track record of helping students work through challenges.

The schedule for midyear exams is below. All students in grades $\mathbf{7 - 1 2}$ will be dismissed at $\mathbf{1 2 : 0 0} \mathbf{p m}$ on Wednesday, January 25th, Thursday, January 26th, and Friday, January 27th. Please prepare for pickup accordingly. All Level IV students will be dismissed at the front door on those half days. On Friday, January 27th, high school students will be dismissed by 10:00 if they are not taking a make-up exam. Taking exams is exhausting for students. The early dismissal provides students with a well-deserved break.

## High School Midyear Exam Schedule

|  | Wednesday 1/25 | Thursday 1/26 | Friday 1/27 |
| :--- | :--- | :--- | :--- |
| $\mathbf{8 : 3 0 - 1 0 : 0 0}$ | A-block | C-block | E-block |
| $\mathbf{1 0 : 0 0 - 1 0 : 3 0}$ | Break | Break | Break |
| $\mathbf{1 0 : 3 0 - 1 2 : 0 0}$ | B-block | D-block | Make-up exams |

## Level IV Midyear Exam Schedule

|  | Wednesday 1/25 | Thursday 1/26 | Friday 1/27 |
| :--- | :--- | :--- | :--- |
| $\mathbf{8 : 3 0 - 1 0 : 0 0}$ | English | History | Science |
| $\mathbf{1 0 : 0 0 - 1 0 : 3 0}$ | Break | Break | Break |
| $\mathbf{1 0 : 3 0 - 1 2 : 0 0}$ | Spanish | Math | Project Reflection Essay |

Please feel free to contact me with any questions or concerns.
Angie Pepin-781-982-4202 x102-apepin@sscps.org.

| Thursday | $01 / 05$ | Executive Committee Meeting | 8:00am |
| :--- | :--- | :--- | :--- |
| Monday | $01 / 09$ | Parents Association Meeting | 7:00pm |
| Tuesday | $01 / 10$ | $8^{\text {th }}$ Grade Trip Parent Information Meeting | 7:30-8:00am |
| 5:00-5:30pm |  |  |  |
| Wednesday | $01 / 11$ | School Council | 3:30pm |
| Thursday | $01 / 12$ | Board of Trustees | 7:30pm |
| Friday | $01 / 13$ | Professional Development Day - No Classes for Students |  |

## ANNOUNCEMENTS

School Lunch
Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals. If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family MUST complete a NEW application and return it to Charlene Evans, Food Services Coordinator. Click here for the application for free or reduced price meal benefits.
If your family has been notified that you are eligible for free or reduced priced meals this academic year, your family will still need to complete a lunch and/or breakfast order form each month for each eligible child.

## From the Health Office

The health office is looking for donations of clothing (used) for young boys and girls. The biggest need is pants, preferably elastic waist, also socks, $t$-shirts and mittens. Thank you.

## What's Happening in Workshops and Projects?

## High School Theater Workshop

Hello everyone! We here at the High School Theater Workshop would like your help. We need a set of 4 matching chairs for our play, Check Please! They should look like they could belong in a restaurant. Please email Debra Greene at dgreene@sscps.org a picture if you have chairs we can use. Thank you!

Read the latest publication from the High School Journalism Workshop
Hello Charter families! The Journalism Workshop has just published their monthly articles about Charter news and events. Check out the site at charterink.sscps.org to see if your student is featured this month!

Thank you! Journalism Workshop

## Yearbook Committee

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to www.coffeepond.com, to login use school password: bluejaguar. Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page $\$ 150$, $1 / 2 \mathrm{pg} . \$ 75,1 / 4 \mathrm{pg}$. $\$ 50$. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at cbodnar@sscps.org to get yours!

## Development Office

Happy New Year from the South Shore Charter Educational Foundation!


SOUTH SHORE CHARTER Educational Foundation Inc. There is no better time than now to consider a gift to SSCEF. For the seventh year in a row, an anonymous donor has challenged the SSCPS community to match their gift of $\$ 6,000$. All new and increased gifts to the Annual Fund received between now and March 31st will qualify. With your help, we can maintain and enhance our current programs and reach our goal of $\$ 75,000$ and $100 \%$ participation. All monetary donations are tax deductible.
Thank you for your support!
SSCEF, P.O. Box 512, Accord, MA 02018

## Community Service Opportunities

## Level II Student Collecting Donations for Cat Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food \& cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

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## From the Guidance Office

Attention Parents/Guardians of Juniors:
PSAT score reports were distributed in Math classes on Monday, December 12th. If you sat for the PSAT last October, you can access or create your account to view your scores online at https://studentscores.collegeboard.org/home

Should you have questions about interpreting your score report or especially how your PSAT score compares to your Practice ACT score, please meet with guidance. Here is a brief video that goes over the PSAT score basics https://youtu.be/nzCSIilL3WQ


If you are looking for FREE help with SAT Prep, College Board has partnered with Khan Academy. FREE Practice with Khan Academy: Khan Academy analyzes the PSAT scores and creates FREE personalized skill practice, not just test prep, for the student. Here is a video that reviews how to connect the accounts if you wish to get a head start on this. https://youtu.be/AlveV0131Cw

The next step for Juniors is to start planning on when to take the SAT or ACT this Spring.
To register for the SAT online at www.sat.org

| Exam Date | Register By |
| :--- | :--- |
| Jan 21, 2017 | Dec 21 |
| March 11 | Feb 10 |
| May 6 | Apr 7 |
| June 3 | May 9 |

To register for the ACT - www.actstudent.org

| Exam Date | Register by |
| :--- | :--- |
| Feb 11 | Jan 13 |
| Apr 8 | Mar 3 |
| June 10 | May 5 |

## BOKS

Morning Fitness Program<br>Open to Level I, II, and III

For school year 2016-2017 the BOKS team will be hosting four sessions.
We will meet Tuesday and Thursday from 7:20am - 8:00am.

> Session Dates:
> Session 2: January 10 - January 31 Session 3: February 2 - February 16 Session 4: March 7 - March 30

If you have any questions please email Kathy at kmuse26@hotmail.com
We are looking for more parents willing to go through the training and help run sessions/days. All trainings are held at Rebook in Canton as detailed below.

Here is the link to sign up for training if you are interested in helping out.
http://www.bokskids.org/training

## BOKS for Levels I, II, and III

Organized and run by SSCPS parents, the program is inspired by the Reebok Foundation's BOKS program; all the fitness leaders have been trained by Reebok. This is a no cost before-school fitness program being offered to any child in Kindergarten to $6^{\text {th }}$ grade. In order to provide the best program to the children there is a limit of 40 participants. If more applications are received than spots available there will be a lottery for participation. The schedule for the program is all Levels Tuesday and Thursdays. BOKS is held in the PE space with a start time of 7:20 and an end time of 8:00, the trainers escort all the children to the back door of the school. The 4 separate sessions are listed on the attached flyer. You may select any number of sessions from 1 to all 4, there will be an opportunity for sign-up before each session.

In order for your child to participate you must fill out the below information as well as the attached application including the doctor information and the release, this is to avoid liability issues. If you have more than one child participating please be sure to complete a separate form for each. Place the completed forms it in the envelope at the front desk labeled "BOKS" NO later than Dec. 22, 2016.

If we have more applications than spots you will be notified by email of non-entry.
The purpose of BOKS is to stimulate the mind by movement before the school day begins.

## ALL requested information is required - Complete a separate form for each child.

## PLEASE PRINT CLEARLY

I would like my child to participate in the BOKS Morning Fitness Program
Childs' Name: $\qquad$ Pod Teacher: $\qquad$
Parent(s)/Guardian(s) Email: $\qquad$
Parent(s)/Guardian(s) Signature: $\qquad$
Preferred Phone (Home / Work / Cell): $\qquad$
Circle All That Apply: Session 1 /Session 2 / Session 3 / Session 4
Any medical issues the trainers need to know?

# Breakfast Order Form Breakfast for the Month of January, 2017 <br> Due to the office by 3:00 pm, *Tuesday, January 10, 2017 

Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$

Please CHECK off the day breakfast will be ordered.

Week of [X]Menday []Tuesday [] Wednesday [] Thursday [] Friday $1 / 2 \quad 1 / 6$

Week of []Monday [] Tuesday [] Wednesday [] Thursday [X] Friday 1/9-1/13

Week of [X] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 1/16-1/20

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday 1/23-1/27

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday $1 / 30-2 / 3$

Number of Breakfasts ordered $\qquad$
Less credit due

## Total Amount Enclosed

\$ $\qquad$
Cash or Checks may be made out to SSCPS.

# Lunch Order Form Lunch for the Month of January, 2017 

Due to the office by 3:00 pm, *Tuesday, January 10, 2017
Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$

Please circle one choice per each day lunch is ordered.
$\theta$

Week of

$1 / 16-1 / 20$$\quad$| Monday |
| :--- |
| NO SCHOOL |$\quad \frac{\text { Tuesday }}{\text { Reg or Salad }} \quad$| Wednesday |
| :--- |
| Reg or Salad |$\quad$| Thursday |
| :--- |
| Reg or Salad |$\quad$| Friday |
| :--- |
| Reg or Salad |


| Week of | Monday | $\frac{\text { Tuesday }}{\text { 1/23-1/27 }}$ | Reg or Salad | $\frac{\text { Wednesday }}{\text { Reg or Salad }}$ |
| :--- | :--- | :--- | :--- | :--- |$\quad \frac{\text { Thursday }}{\text { Reg or Salad }} \quad$| Reg or Salad |
| :--- |$\frac{\text { Friday }}{\text { Reg or Salad }}$

Week of

$1 / 30-2 / 3$$\quad$| Monday |
| :--- |
| Reg or Salad |$\quad \frac{\text { Tuesday }}{\text { Reg or Salad }} \quad$| Wednesday |
| :--- |
| Reg or Salad |$\quad \frac{\text { Thursday }}{\text { Reg or Salad }} \quad$| Friday |
| :--- |
| Reg or Salad |

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of Regular Lunches (A) ordered X_ X
Number of Salads (B) ordered
X X
\$3.40

Less credit due
\$ $\qquad$
Cash or Checks may be made out to SSCPS.

## SOUTH SHORE CHARTER SCHOOL

JANUARY, 2017

## Breakfast

| Monday | 3 Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 2 | $3$ <br> 2 oz . Cereal Fruit Orange Juice Milk | 4 <br> WG Croissant w/Jelly Fruit Orange Juice Milk | $5$ <br> 2 oz. Cereal Fruit Orange Juice Milk | 6 <br> 3.6 oz. WG Banana Muffin Fruit <br> Orange Juice Milk |
| 9 <br> WG Cinnamon Raisin Bagel Fruit Orange Juice Milk |  | 11 <br> 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk | 12 <br> 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk | $13$ <br> NO SCHOOL |
| Ma | 17 <br> Graham Crackers Cereal Fruit Orange Juice Milk | 18 <br> 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk | 19 <br> WG Cinnamon Roll Fruit Juice Milk | $20$ <br> WG Bagel Fruit Orange Juice Milk |
| 23 Cheerios <br>  Graham Crackers <br>  Fruit <br>  Orange Juice <br> Milk  | $24$ <br> 2 oz . Cereal Fruit <br> Orange Juice Milk | 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk | 26  <br>  WG Croissant w/Jelly <br> Fruit  <br> Juice  <br> Milk  | $27$ <br> WG Apple Roll Fruit Juice Milk |
| 30 Cereal <br>  WG Grahams <br>  Fruit <br>  Juice <br>  Milk | $31$ <br> WG Croissant w/Jelly Fruit Juice Milk | FEB. 1 <br> 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk | $2$ <br> WG Bagel w/Jelly Fruit Orange Juice Milk | 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk |

> PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED. ALL MENUS ARE SUBJECT TO CHANGE
> *Before placing your order, please inform the school if you have a food allergy!
$\qquad$
$\qquad$
$\qquad$

## SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 <br> JANUARY, 2017

LUNCH MENU Circle A or B

| MONDAY | TUESDAY |  |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2 | $\begin{aligned} & \hline 3 \\ & \mathbf{A} \\ & \hline \mathbf{B} \end{aligned}$ | Tuna Salad on WG Chickpea Salad w/Broccoli Salad w/Crispy Chicken \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 4 \\ \mathbf{A} \end{array}$ B | American Chop Suey Corn Whole Grain Roll Salad w/Crispy Chicken \& WG Pita Bread Milk | $\begin{aligned} & \hline 5 \\ & \text { A } \\ & \text { B } \end{aligned}$ | Oven Baked Chicken Bites Potato Wedges Salad w/Crispy Chicken \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 6 \\ \mathbf{A} \\ \hline \mathbf{B} \end{array}$ | Cheese Pizza Green Beans Salad w/Crispy Chicken \& WG Pita Bread Milk |
| $\begin{array}{\|cc\|} \hline 9 & \\ \text { A } & \text { Hamburger on WG Roll } \\ \text { Baked Beans } \\ \text { B } & \text { Salad w/Turkey \& } \\ & \text { WG Pita Bread } \\ & \text { Milk } \end{array}$ | $\begin{aligned} & \hline 10 \\ & \mathbf{A} \\ & \mathbf{B} \end{aligned}$ | Grilled Chicken over Veggie Pasta Salad Salad w/Turkey \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 11 \\ \mathbf{A} \end{array}$ <br> B | Ziti \& Meatballs Green Beans Whole Grain Roll Salad w/Turkey \& WG Pita Bread Milk | $\begin{aligned} & \hline 12 \\ & \mathbf{A} \\ & \mathbf{B} \end{aligned}$ | Chicken WG Quesadilla <br> Corn <br> Salad w/Turkey \& WG Pita Bread Milk | 13 | NO SCHOOL |
| Mar | $\begin{aligned} & \hline 17 \\ & \mathbf{A} \\ & \mathbf{B} \end{aligned}$ | Ham \& Cheese Sandwich on WG <br> Carrots <br>  <br> WG Pita Bread Milk | 18 <br> B | Chicken Teriyaki Brown Rice Green Beans Salad w/Tuna \& WG Pita Bread Milk | $\begin{aligned} & \hline 19 \\ & \mathbf{A} \\ & \mathbf{B} \end{aligned}$ | BBQ Chicken on WG Bun <br> Baked Beans <br>  <br> WG Pita Bread Milk | 20 <br> B | Cheese Pizza <br> Potato Wedges Broccoli Salad w/Tuna \& WG Pita Bread Milk |
| 23  <br> A Pancakes \& Sausage <br>  Potato Wedges <br> B  <br>  WG Pita Bread <br>  Milk |  | Buffalo Chicken Wrap <br> Chickpea Salad Salad w/Cheese Sticks \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 25 \\ \mathbf{A} \\ \mathbf{B} \\ \hline \end{array}$ | Cheeseburger Mac Broccoli Whole Grain Roll Salad w/Cheese Sticks \& WG Pita Bread Milk | $26$ $\mathbf{A}$ B | Stuffed Shells Carrots Whole Grain Roll Salad w/Cheese Sticks \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 27 \\ \mathbf{A} \\ \mathbf{B} \\ \hline \end{array}$ | Cheese Pizza Italian Beans Salad w/Cheese Sticks \& WG Pita Bread Milk |
| A Sweet \& Sour Chicken Brown Rice Broccoli <br> B Salad w/Grilled Chicken \& WG Pita Bread Milk |  | Chicken Caesar Salad Wrap Chickpea Salad Salad w/Grilled Chicken \& WG Pita Bread Milk | Fer | 1 <br> Sloppy Joe on WG Bun Green Beans <br> Salad w/Grilled Chicken \& WG Pita Bread Milk | 2 A B | Meatballs on WG Sub Potato Puffs Salad w/Grilled Chicken \& WG Pita Bread Milk | 3 <br> A <br>  | Cheese Pizza Potato Wedges Carrots Salad w/Grilled Chicken \& WG Pita Bread Milk |

ALL MENUS ARE SUBJECT TO CHANGE
*Before placing your order, please inform the school if you have a food allergy!
"This institution is an Equal Opportunity Employer"
$\qquad$
$\qquad$
Amount Enclosed: $\qquad$
SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
JANUARY, 2017
LUNCH MENU Circle A or B

\begin{tabular}{|c|c|c|c|c|c|c|c|c|}
\hline MONDAY \& \multicolumn{3}{|c|}{TUESDAY} \& \multicolumn{2}{|l|}{WEDNESDAY} \& \multicolumn{2}{|l|}{THURSDAY} \& FRIDAY \\
\hline 2 \& \[
\begin{aligned}
\& \hline 3 \\
\& \mathbf{A} \\
\& \mathbf{B}
\end{aligned}
\] \& Tuna Salad on WG Chickpea Salad w/Broccoli Salad w/Crispy Chicken \& WG Pita Bread Milk \& \begin{tabular}{l}
4 \\
\(\mathbf{A}\) \\
\\
\hline B
\end{tabular} \& \begin{tabular}{l}
American Chop Suey \\
Corn Whole Grain Roll Salad w/Crispy Chicken \& WG Pita Bread Milk
\end{tabular} \& \[
\begin{aligned}
\& \hline 5 \\
\& \mathbf{A} \\
\& \text { B }
\end{aligned}
\] \& Oven Baked Chicken Bites Potato Wedges Salad w/Crispy Chicken \& WG Pita Bread Milk \& \[
\begin{array}{|l|}
\hline 6 \\
\mathbf{A} \\
\mathbf{B}
\end{array}
\] \& \begin{tabular}{l}
Cheese Pizza \\
Green Beans Salad w/Crispy Chicken \& WG Pita Bread Milk
\end{tabular} \\
\hline \[
\begin{array}{|cc|}
\hline 9 \& \\
\text { A } \& \text { Hamburger on WG Roll } \\
\text { Baked Beans } \\
\text { B } \& \text { Salad w/Turkey \& } \\
\& \text { WG Pita Bread } \\
\& \text { Milk }
\end{array}
\] \& \[
\begin{aligned}
\& \hline 10 \\
\& \mathbf{A} \\
\& \mathbf{B}
\end{aligned}
\] \& Grilled Chicken over Veggie Pasta Salad Salad w/Turkey \& WG Pita Bread Milk \& \begin{tabular}{l}
11 \\
A \\
\\
\hline \\
B
\end{tabular} \& Ziti \& Meatballs Green Beans Whole Grain Roll Salad w/Turkey \& WG Pita Bread Milk \& \[
\begin{aligned}
\& \hline 12 \\
\& \mathbf{A} \\
\& \mathbf{B}
\end{aligned}
\] \& \begin{tabular}{l}
Chicken WG Quesadilla \\
Corn \\
Salad w/Tukey \& \\
WG Pita Bread Milk
\end{tabular} \& 13 \& NO SCHOOL \\
\hline  \& \& \begin{tabular}{l}
Ham \& Cheese Sandwich on WG Carrots \\
Salad w/Tuna \& \\
WG Pita Bread Milk
\end{tabular} \& 18
\(\mathbf{A}\)

$\mathbf{B}$ \& | Chicken Teriyaki |
| :--- |
| Brown Rice Green Beans Salad w/Tuna \& WG Pita Bread Milk | \& \[

$$
\begin{aligned}
& \hline 19 \\
& \mathbf{A} \\
& \mathbf{B} \\
& \hline
\end{aligned}
$$

\] \& | BBQ Chicken on WG Bun |
| :--- |
| Baked Beans |
|  |
| WG Pita Bread Milk | \& | 20 |
| :--- |
| B | \& | Cheese Pizza |
| :--- |
| Potato Wedges Broccoli Salad w/Tuna \& WG Pita Bread Milk | <br>


\hline | A Pancakes \& Sausage Potato Wedges |
| :--- |
| B Salad w/Cheese Sticks \& WG Pita Bread Milk | \& \& Buffalo Chicken Wrap Chickpea Salad Salad w/Cheese Sticks \& WG Pita Bread Milk \& | $\begin{aligned} & \hline 25 \\ & \mathbf{A} \end{aligned}$ |
| :--- |
| B | \& Cheeseburger Mac Broccoli Whole Grain Roll Salad w/Cheese Sticks \& WG Pita Bread Milk \& | $26$ $\mathbf{A}$ |
| :--- |
| B | \& Stuffed Shells Carrots Whole Grain Roll Salad w/Cheese Sticks \& WG Pita Bread Milk \& \[

$$
\begin{array}{|l}
\hline 27 \\
\mathbf{A} \\
\mathbf{B}
\end{array}
$$
\] \& Cheese Pizza Italian Beans Salad w/Cheese Sticks \& WG Pita Bread Milk <br>

\hline | A Sweet \& Sour Chicken Brown Rice Broccoli |
| :--- |
| B Salad w/Grilled Chicken \& WG Pita Bread Milk | \& \& Chicken Caesar Salad Wrap Chickpea Salad Salad w/Grilled Chicken \& WG Pita Bread Milk \& \[

$$
\begin{aligned}
& \hline \text { FEB } \\
& \text { A } \\
& \text { B }
\end{aligned}
$$

\] \& | 1 |
| :--- |
| Sloppy Joe on WG Bun Green Beans |
| Salad w/Grilled Chicken \& WG Pita Bread Milk | \& \[

$$
\begin{aligned}
& \hline 2 \\
& \text { A } \\
& \text { B }
\end{aligned}
$$

\] \& Meatballs on WG Sub Potato Puffs Salad w/Grilled Chicken \& WG Pita Bread Milk \& | A |
| :--- |
| A |
|  | \& | Cheese Pizza |
| :--- |
| Potato Wedges Carrots Salad w/Grilled Chicken \& WG Pita Bread Milk | <br>

\hline
\end{tabular}

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[^0]:    WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY - TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG

