



# Update

February 1, 2017  
Vol. 2, Issue 1

## FROM THE EXECUTIVE DIRECTOR

Yesterday morning our faculty and staff met before the school day for what we call an All Faculty meeting. On the agenda for yesterday's meeting were the issues of school safety for all and lockdown procedures. I want to take this opportunity to let our parent community know that in the next few weeks our school will be conducting a practice lockdown drill.

As teachers we are well familiar with how to present this information to our students. Yesterday we were joined by two officers from the Norwell Police Department and together we went over the protocols required for the upcoming drill. We do our best to normalize the event by telling our students "every school does this" and "this is just like practicing a fire drill." And as important as it is for everyone to be prepared, the truth is that like you, many of us hold a resentment that we have to do this at all.

If you are feeling this way, you are not wrong. Lockdown drills are not something that adults of our age have grown up with. We send our children to school knowing what the satisfaction of reading a sentence felt like and what happens when you simplify a fraction, but unlike these moments from our memory we are at a loss when it comes to school lockdown drills. Up until a few years ago, lockdown drills remained an unknown entity. In speaking with so many parents it is clear that there is a justified resentment that our children have to grow up with a different and more difficult narrative than we as parents ever did. You are not being unreasonable; your feelings are very real and correct.

Like you, many of our teachers and administrators are parents. We understand how difficult this may be for you to discuss with your child at home. Many of us have had to have these same conversations with our own children. It isn't easy for any of us. In many cases our children have little concern about any drill. Lockdown drills have become part of their school experience, part of their definition of normal. And so we find ourselves somewhat relieved at our children's indifference, yet also concerned that it has come to this.

There is one thing I have learned after a few years of lockdown drills, and I hope it is helpful to you. It takes a very special kind of person to be able to coach twenty elementary age students into a corner of a classroom behind a locked door. Never have I been more impressed with the teachers of our youngest students than during these drills. Their ability to calm the waters of the moment with a hand on a shoulder, or a reassuring kind word is something I wish all parents could witness as I do. It may make us all feel just a little bit better.

In closing I would like to thank all of our parent volunteers, Rowena Samuels, Kathy Muse, Debbie Paquette, Deirdre Hall, Cissy White, Justina Pettinelli and our BOKS volunteers who made an early morning meeting possible for all faculty members by coming in to cover for teachers at 7:20 in the morning. And a very special thank you to Danette Carter for taking on the front desk and organizing the volunteer efforts. Your work and support of our school community are greatly appreciated.

Alicia Savage – [asavage@sscps.org](mailto:asavage@sscps.org)

Wednesday	02/01	NHS Hosts Blood Drive at the SSCPS Gym	1:00-6:00 pm
Thursday	02/02	Executive Committee	8:00 am
Friday	02/03	2 <sup>nd</sup> Quarter K-12 Grades Distributed	
Saturday	02/04	Ski Club	6:30 am
Tuesday	02/07	Parents Association Meeting at 100 Longwater	6:30 pm Social 7:00 pm Meeting
Wednesday	02/08	Professional Development Early Release	12:00 pm
Thursday	02/09	Board of Trustees	7:30 pm



## December 2016/January 2017 College Acceptances

### **Zain Aktar**

Quinnipiac University  
University of Massachusetts - Boston  
Suffolk University

### **Kevin-Ray Charlot**

University of Massachusetts - Boston

### **Courtney Daniels**

Curry College

### **Cassidy Durkan**

Curry College

### **Mike Dumersaint**

University of Massachusetts - Boston  
University of Massachusetts - Dartmouth  
Salem State University  
Worcester State University  
Curry College

### **Jack Freeley**

University of Maine  
Maine Maritime Academy

### **Daniel Freitas**

University of Maine  
University of Massachusetts - Dartmouth

### **Hunter Gaenicke**

University of Maine  
University of New Haven  
Maine Maritime Academy  
Massachusetts Maritime Academy

### **Max Goldenberg**

Brandis University

### **Kevin Jubani**

St Bonaventure University  
Xavier University

### **Alex McCall**

Becker College

### **Ian Sibbald**

Massachusetts Maritime Academy  
Kettering University

### **Desmond Sullivan**

Fordham University

### **Jerome Sullivan**

Providence College  
Quinnipiac University

### **Kaylee Urquiza-Anagnos**

University of Vermont  
University of Massachusetts - Amherst

### **Evan Whitemyer**

Massachusetts Maritime Academy

## **AFRICAN HERITAGE NIGHT:**

### **CELEBRATING THE CULTURES OF AFRICA AND THE AFRICAN DIASPORA**

In SSCPS' celebration of Black History Month, on February 15th from 6-7pm we will be hosting our first ever **African Heritage Night: Celebrating the Cultures of Africa and the African Diaspora**. The "African Diaspora" is a phrase used to describe how cultures that began in Africa have been established throughout the world. The event is planned for children and their families in grades K - 4. This night has a similar structure to Literacy Night but instead of having children go from room to room to listen to books, they will be going from room to room to learn about various African cultures as they have developed in the African Diaspora. It will be exciting and fun to learn about these cultures, their heroes and traditions from adults who have been part of them. Children are encouraged to come in their families' traditional clothes. So far we have presenters from Nigeria, Kenya, Haiti, Cape Verde, Jamaica, and Barbados. If you would like to do a presentation about your culture of origin that is part of the greater African Diaspora please let us know.

Sheina Prince Eugene and Ted Hirsch

## **ANNUAL PARENT SURVEY**

<https://www.surveymonkey.com/r/SSCPSParentSurvey2017>

## **ANNOUNCEMENTS**

### **School Lunch**

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return it to Charlene Evans, Food Services Coordinator. [Click here for the application for free or reduced price meal benefits.](#)

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

**FCC Transportation** is considering adding additional seating to the existing school bus route. If interested please contact Sue at 781-267-1388 or [FCCTransportation@comcast.net](mailto:FCCTransportation@comcast.net)

## **FROM THE ART DEPARTMENT**

### **Youth Art Month Exhibit**

#### **Transportation Building, Boston**

The following students will be representing our school at this year's Youth Art Month Exhibit in Boston:

Isabella Vital (Grade 12), scratchboard  
Tanner Demaggio (Grade 11), photography  
Natalie Esikumo (Grade 8), scratchboard  
Will Mullen (Grade 8), printmaking  
Isabella Ames (Grade 7), scratchboard  
Nat Jocelyn (Grade 6), digital art  
Travis Lee (Grade 5), 3D multi media

The show opens to the public on February 13 and will be on display until March 30 at the Transportation Building in Boston. The opening gathering is Sunday, February 26 from 12-4 and the public is invited to attend.

## **FROM THE HEALTH OFFICE**

The 8th grade screenings which consists of height, weight, vision, and hearing will be done in the Health Office during the month of March. If your child has had a physical exam in the last 13 months and you have not submitted it to the health office, please do so, this may exempt your child from the screenings. Please call or email the Health Office if you do *not wish* your child to participate in the screenings.

## FROM THE PHYSICAL EDUCATION DEPARTMENT

Now that winter boot weather is upon us, please help your child to remember to bring sneakers to school on their PE day. Thank you in advance for helping to keep our classes safe!

## YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to [www.coffeepond.com](http://www.coffeepond.com), to login use school password: [bluejaguar](#). Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at [cbodnar@sscps.org](mailto:cbodnar@sscps.org) to get yours!

## FROM THE PARENTS ASSOCIATION

The next Parents Association will be meeting on Tuesday, February 7 at 100 Longwater.

Join other like-minded parents for some socializing at 6:30 p.m. Our meeting will start at 7:00 p.m. This month, we are pleased to be joined by Angie Pepin, Principal of grades 5-12. Angie will be speaking with us about bullying. We hope to see you there. Bring a friend!

## DEVELOPMENT OFFICE



The month of February has traditionally been a time to show your LOVE for our school! For the seventh year in a row, we have an anonymous donor who has given SSCEF \$6,000 with the goal of a community wide match. All new gifts to the Annual Fund for the month of February will qualify. Please make sure to check with your employer to see if they [match your donation](#). All monetary donations are tax deductible.

Questions or concerns? Please contact Laurie Dannison at [ldannison@sscps.org](mailto:ldannison@sscps.org), or call 781-982-4202, ext.207. Thank you for your continued support!

## COMMUNITY SERVICE OPPORTUNITIES

### Time To Clear Out Those Bookcases!

Shannon Daly in grade 9 is collecting slightly used or new books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside in the front lobby at the front desk at 100 Longwater and any donations would be greatly appreciated. For larger donations please contact Shannon Daly at: [shandewi@hotmail.com](mailto:shandewi@hotmail.com)

### Support our Troops!!

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much needed and appreciated necessities and reminders of home for our troops overseas. We are sending to 21 Medevac soldiers from the C/3-126 Aviation deployed to Iraq and Kuwait. We still have the AF unit from the Cape. Also Cadet Second Lieutenant Timothy Bourque's cousin, SPC Jacob Hultman is deployed to Kuwait and former Pilgrim Cadet Tom Lentini is still in Okinawa, these Valiant Troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service. Many service members deployed do not have people from home to motivate and support them. This is a [awesome](#) opportunity for us to show our gratitude for their service! There is a list of their needs and requests in this notice, and on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out! For more information about donations, or CAP please contact Shannon Daly at [Shandewi@hotmail.com](mailto:Shandewi@hotmail.com)

### Level II Student Collecting Donations for Cat Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in

his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

## FROM THE GUIDANCE OFFICE



The image shows a banner for Chyten Education. At the top left is the Chyten logo, which consists of a blue circle with a white 'C' inside, followed by the word 'CHYTEN' in a blue, sans-serif font. To the right of the logo are six small, colorful social media icons: a red one with a white 'G+', a green one with a white 'W', a blue one with a white 'F', a light blue one with a white bird, a red one with a white 'M', and a red one with a white 'G+'. Below the logo and icons is a horizontal bar with the text 'SAT | ACT | PSAT | ISEE | SAT SUBJECT TESTS | COLLEGE ADMISSIONS | PRIVATE TUTORING | SSAT/ISEE' in a small, blue, sans-serif font. The main part of the banner is a photograph of a diverse group of seven smiling students (three girls and four boys) standing outdoors. Overlaid on the photograph is the word 'CHYTEN' in a large, white, serif font. Below the word 'CHYTEN' is a white rectangular box with a dark blue border containing the text 'OFFICIAL TEST PREP OF SOUTH SHORE CHARTER' in a dark blue, sans-serif font.

## EXCLUSIVE SAT & ACT SCORE IMPROVEMENT PROGRAMS



Chyten Education has been a leading expert in academic excellence and test prep for the last three decades. Using proven, proprietary methodologies, we work with students to build skills, build success, and build futures.



## STUDENT BENEFITS

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### **FREE ACT vs. SAT COMPARISON TEST**

Feb 8th, 2017

Unique to Chyten, take this test to let us help determine the best test for you.

Please bring a snack, bottle of water, and two #2 pencils.

### **MAY SAT/ACT TEST PREP**

March 4th - May 20th, 2017

Our intensive test preparation programs cover all aspects of the test, including the essay!

Classes will be held on Saturdays at the school.

### **PARENT INFO NIGHT**

February 15th, 2017

7:00-8:30 pm



### **QUESTIONS?**

Please call your Chyten Advisor: Mary Sheys at 888-385-3401

Over 1000 Perfect Test Scores and additional  
1,000+ students in the 95<sup>th</sup>-99<sup>th</sup> percentile



# CHYTEN

*Est 1984*

PREMIER TUTORS, TEST PREP & ADMISSION

888-385-3401 | [msheys@chyten.com](mailto:msheys@chyten.com) | [Chyten.com](http://Chyten.com)

APRIL 2017

SUN	MON	TUE	WED	THU	FRI	SAT
						S/A 1
2	3	4	5	6	7	S/A 8
9	10	11	12	13	14	S/A 15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MAY 2017

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	S/A 6
7	8	9	10	11	12	S/A 13
14	15	16	17	18	19	S/A 20
21	22	23	24	25	26	27
28	29	30	31			

JUNE 2017

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



South Shore Charter Public High  
School SAT/ACT Prep Program  
2017

Friday 05/05:

Registration Deadline for the June ACT

Tuesday 05/09

Registration Deadline for the June SAT

Saturday: 06/03 SAT

Saturday: 06/10 ACT

Notes:



Papa Gino's  
Community Fundraiser to Benefit the



## South Shore Charter Public School

We will earn **20%** of the Sales from our  
Families & Friends during this time!

Be sure to submit this certificate when ordering.  
Valid on Dine-In, Carry-out and Delivery!

When: Tuesday, February 7, 2017

Time: 4:00 PM – 9:00 PM

Where: 10 Washington St, Queen Ann's Corner, Norwell

Phone: 781-878-8417 or order online at [papaginos.com](http://papaginos.com)

- This flyer must be presented to the cashier or delivery driver in order for your organization to get credit for your order.
- Online orders Enter Code **19** at the Payment screen and click Apply.
- Fundraiser orders are only valid with regular priced menu items and cannot be paired with coupons or deals.
- Papa Gino's will donate 20% of the total pre-tax sales from all the guests that present your flyer during the fundraiser.
- Flyers cannot be handed out in or around the Papa Gino's restaurant on the day of your event.
- Flyers made by the organization will not be accepted for the fundraiser event.
- **RESTAURANT ONLY - Ring this sale using the POS button 19: Fundraiser.**



# Lists of Troops Needs and Requests

- HEALTHY SNACKS
- DRINK MIX SINGLES AND CONDIMENT PACKS
- DRY CEREAL, POWDERED MILK/SUGAR PACKETS
- POP-TOP CANNED MEALS
- PROTEIN/GRANOLA BARS (THEY LOVE JERKY!).
- ASSORTED TOILETRIES FOR BOTH GENDERS (ORAL HYGIENE PRODUCTS, LOTION, FOOT/BODY POWDER, BABY WIPES, BODY WASH/IN ONE SHAMPOO, ETC.).
- MORALE BOOSTERS (CURRENT MAGAZINES, BOOKS/PUZZLE BOOKS, DVD'S, BOARD GAMES, LETTERS/MAIL, ETC.).
- PAST TIMES (FRISBEE'S, SPORTS EQUIPMENT, PLAYING CARDS, P
- POCKET GAMES, ETC.).
- BLANK GREETING CARDS TO SEND HOME, RETRACTABLE PENS, ETC.
- LETTERS FROM EVERYONE ARE ALWAYS WELCOME!

FOR THOSE WHO CAN'T BE HERE,

**GIVE THEM SOMETHING THAT WILL  
REMINDE THEM OF HOME!**

For more information contact Shannon Daly in the High School

Email: [shandewi@hotmail.com](mailto:shandewi@hotmail.com)

# Holly Hill Farm & Friends

1/30/2017 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road , Cohasset, MA 02025 [www.hollyhillfarm.org](http://www.hollyhillfarm.org) 781-383-6565  
Holly Hill Farm Media contact: [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## **UPCOMING EVENTS & ACTIVITIES**

### **Winter Fun and Exploration at Holly Hill Farm**, Wednesday, February 22, 9:00 - 12noon

Come see what is happening at Holly Hill Farm in Winter. We will spend a morning visiting the animals, get our hands into some worm-rich compost, take a walk in the woods and sow some early seeds for Spring. We will see what the farmers are busy doing and lend a hand. Adults are welcome to stay for any part or all of the program. Ages 6-10 \$30/ members; \$42 non-members. Please register by email or phoning the farm: [\(781\) 383-6565](tel:7813836565) or email: [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

### **FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!**

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We will begin spring sessions in March. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. Contact Education Director, Jon Belber at 781-383-6565 or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

**SCHOOL FIELD TRIPS TO HOLLY HILL FARM** Please consider booking your grade level field trips to Holly Hill Farm now. Weather permitting, we will host trips beginning in late March. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

### **SCHOOL PARTNERSHIPS**

Recently, the Holly Hill Farm teachers were at the East school in Hingham with the kindergartners to study seeds. Each student was able to observe, hold and discuss sunflower, bean, corn and even acorn seeds. The farm teachers will do the same with the kindergarten classes at South elementary school, also in Hingham. At the Old Colony Montessori, the students in the elementary program also cut out seed pictures from catalogs as part of their wish list of crops they would like to grow this year at their outdoor school garden. Soon, the farmers will start a worm bin with grade 5 at the Wampatuck School and cafeteria compost collection at the Hatherly School, both in Scituate. Keeping busy as Winter mildly hums along.

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes.



## Babysitter Safety Training

Grades 6-8

- Is your child mature enough to be a babysitter or a mother's helper?
- Will your child be safe & responsible when babysitting?
- Does your child know what to do in an emergency situation?

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When parents choose to leave their children with a babysitter, they are looking for someone who is mature and fully prepared to handle emergency situations. Children want their babysitter to be lots of fun and creative. This interactive, hands-on, three-hour class, taught by South Shore Safety health educators, will help prepare your son or daughter to be the best babysitter on the block!

- Home safety
- Infant and child care
- Child development
- Basic first aid and choking rescue for infants and children
- Injury prevention
- How to handle emergencies
- Troubleshooting
- Healthy hints for meals and snacks
- Safe marketing strategies

**Saturday, February 18, 2017**

**1:00 – 4:00 pm**

**Cost:** \$45 per person

Location: SSMC 143 Longwater Dr. Norwell

**Register Early, Space is Limited.**

Call: 781-681-1363

Or email: [southshoresafety2@Gmail.com](mailto:southshoresafety2@Gmail.com)

South Shore  
Medical Center

# Breakfast Order Form

## Breakfast for the Month of February, 2017

Due to the office by 3:00 pm, \***Tuesday**, February 7, 2017

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day breakfast will be ordered.

~~Week of~~ [ ] ~~Monday~~ [ ] ~~Tuesday~~ [ ] ~~Wednesday~~ [ ] ~~Thursday~~ [ ] ~~Friday~~  
~~2/6 – 2/10~~

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday  
 2/13 – 2/17

Week of [X] Monday [X] Tuesday [X] Wednesday [X] Thursday [X] Friday  
 2/20 – 2/24

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday  
 2/27 – 3/3

Number of Breakfasts ordered \_\_\_\_\_ X \$1.85

*Less credit due*

**Total Amount Enclosed**

\_\_\_\_\_ \$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of February, 2017

Due to the office by 3:00 pm, \*Tuesday, February 7, 2017

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please circle **one** choice per each day lunch is ordered.*

Week of ~~Monday~~ ~~Tuesday~~ ~~Wednesday~~ ~~Thursday~~ ~~Friday~~  
~~2/6 – 2/10~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Early Release~~ ~~Reg or Salad~~ ~~Reg or Salad~~

Week of Monday Tuesday Wednesday Thursday Friday  
 2/13– 2/17 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday  
 2/20 – 2/24 \* \* \* W I N T E R V A C A T I O N \* \* \*

Week of Monday Tuesday Wednesday Thursday Friday  
 2/27 – 3/3 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X \$3.40

Number of **Salads (B)** ordered \_\_\_\_\_ X \$3.40

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed**

\$ \_\_\_\_\_

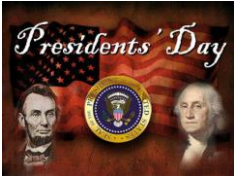
Cash or Checks may be made out to SSCPS.





**SOUTH SHORE CHARTER SCHOOL**  
**FEBRUARY, 2017**

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
6 WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	7 2 oz. Cereal Fruit Juice Milk	8 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	9 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	10 WG Cinnamon Roll Fruit Orange Juice Milk
13 2 oz. Cereal Fruit Orange Juice Milk	14 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	15 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	16 WG Cinnamon Roll Fruit Juice Milk	17 WG Bagel Fruit Orange Juice Milk
20 	<b>V A</b>	<b>C A</b>	<b>T I</b>	<b>O N</b>
27 Cereal WG Grahams Fruit Juice Milk	28 WG Croissant w/Jelly Fruit Juice Milk	<b>MARCH 1</b> WG Croissant w/Jelly Fruit Orange Juice Milk	<b>2</b> 2 oz. Cereal Fruit Orange Juice Milk	<b>3</b> 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk

\* All Meals include Choice of 1% or Skim Milk.

**Circle a Milk Choice 1% Skim**

\* Complies with NSLP Regulations

**PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.**

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**

Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL K-8**  
**FEBRUARY, 2017**

**LUNCH MENU Circle A or B**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 A <b>Hamburger on WG Roll</b> Baked Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	7 A <b>Grilled Chicken over Veggie Pasta Salad</b> B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	8 <b>EARLY DISMISSAL</b>	9 A <b>Chicken WG Quesadilla</b> Corn B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	10 A <b>Cheese Pizza</b> Potato Wedges Green Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk
13 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad w/Cheese Sticks &amp; WG Pita Bread</b> Milk	14 A <b>Ham &amp; Cheese on WG</b> Carrots B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	15 A <b>Chicken Teriyaki</b> Brown Rice Green Beans B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	16 A <b>BBQ Chicken on WG Bun</b> Baked Beans B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	17 A <b>Cheese Pizza</b> Potato Wedges Broccoli B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk
20 	21 <b>V A</b>	22 <b>C A</b>	23 <b>T I</b>	24 <b>O N</b>
27 A <b>Sweet &amp; Sour Chicken</b> Brown Rice Broccoli B <b>Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	28 A <b>Tuna Salad on WG</b> Chickpea Salad B <b>Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	<b>MARCH 1</b> A <b>Sloppy Joe on WG Bun</b> Green Beans B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	2 A <b>Oven Baked Chicken Bites</b> Potato Wedges B <b>Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	3 A <b>Cheese Pizza</b> Carrots B <b>Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk

\* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

*All Meals Include Fruit*

\* Complies with NSLP Regulations

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**

*“This institution is an Equal Opportunity Employer”*

Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12**  
**FEBRUARY, 2017**

**LUNCH MENU Circle A or B**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 A <b>Hamburger on WG Roll</b> Baked Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	7 A <b>Grilled Chicken over Veggie Pasta Salad</b> B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	8 <b>EARLY DISMISSAL</b>	9 A <b>Chicken WG Quesadilla</b> Corn B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	10 A <b>Cheese Pizza</b> Potato Wedges Green Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk
13 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad w/Cheese Sticks &amp; WG Pita Bread</b> Milk	14 A <b>Ham &amp; Cheese on WG</b> Carrots B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	15 A <b>Chicken Teriyaki</b> Brown Rice Green Beans B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	16 A <b>BBQ Chicken on WG Bun</b> Baked Beans B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	17 A <b>Cheese Pizza</b> Potato Wedges Broccoli B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk
20 	21 <b>V A</b>	22 <b>C A</b>	23 <b>T I</b>	24 <b>O N</b>
27 A <b>Sweet &amp; Sour Chicken</b> Brown Rice Broccoli B <b>Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	28 A <b>Tuna Salad on WG</b> Chickpea Salad B <b>Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	<b>MARCH 1</b> A <b>Sloppy Joe on WG Bun</b> Green Beans B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	2 A <b>Oven Baked Chicken Bites</b> Potato Wedges B <b>Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	3 A <b>Cheese Pizza</b> Carrots B <b>Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk

\* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim *All Meals Include Fruit* \* Complies with NSLP Regulations

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**

*“This institution is an Equal Opportunity Employer”*