



### FROM THE K-4 PRINCIPAL

On Friday and last night I saw two excellent but very different presentations. On Friday, two students from the High School came to give presentations to the students in Level I and Level II for Black History Month. They taught the students about heroes from the Civil Rights movement. Last night at the Parents Association Meeting Angie Pepin gave a presentation on bullying and what families can do to support their students to lessen the likelihood and/or the impact of bullying.

In January, at a Level Coordinators Meeting, we talked about what various Levels were doing for Black History month. Donika Hajrizaj, the high school coordinator, told us about a program that the Black Student Union was planning to put on for other high school students. At the meeting we decided that it would be good if the group made presentations to all of the Levels but that I should work with them to make sure the presentations were age-appropriate for the youngest students. So I arranged with Lora DeSalvo, the BSU faculty advisor, to meet with the students. I met with Nnenne David and Lucy Njoroge and they shared their plans. Their plans were wonderful and they showed that the students understood how to work with small children. However I was not prepared for just how incredible the presenters would be. On Friday, Mundia Njoroge and Jeremiah Derolus came and mesmerized the students on Level I. Here is the email I wrote to tell the teachers and the student leader of the BSU how wonderful the students had been.

Hi Lora, Joe, Angeline, Angie, Alicia, Donika and Darius,

Mundia's and Jeremiah's Presentation to Level I was stunning. Jeremiah was particularly amazing at getting and keeping the attention of the students. The presentation was at just the right level and the management was kind, direct, and helpful. I also want you all to know how open and creative Nnenne and Lucy were in their meeting with me yesterday. They had a wonderful outline and then with minimal feedback from me they turned it into a solid, connected and coherent lesson.

It is very difficult to present to 170 small students and their teachers but those two hit it out of the park.

Krista Cafourek, the Level II Coordinator, told me that the students had been equally effective on Level II. During the Level I presentation the person sitting next to me said just how the values of the school and the sense of participation and presentation were embedded in the boys' work with the K - 2 students. I got a great email back from Darius Anderson, the President of the BSU, which ended with this comment, "On behalf of those four, they really enjoyed working with the kids. THANK YOU ALL." I really do think the value of our work is best manifested by the actions of our students. It is why when I have a person interested in learning about our school I want them to meet our students as they are our best salespeople.

Last night Angie Pepin spoke to the Parents Association about bullying. Angie presented material that primarily came from Professor Elizabeth Englander at MARC at Bridgewater State University. <a href="http://marccenter.webs.com">http://marccenter.webs.com</a> Professor Englander is a hero of Angie's and mine for the way she has used research to help us protect and support our children. Angie's presentation was very similar to the one she gave to the teachers at the start of the school year. In these presentations Angie explained how there are many things that we can do to help prevent bullying but that the interactions of kids to support one another is the most helpful in making bullying less common and less hurtful. Research shows that when a school works to develop a culture of community, where all students have friends, bullying will still occur but it will be less prevalent and less damaging. She stated many important pieces of information and I always learn when I hear Angie present on bullying. Last night I learned that when a child is told they have been bullied, the consequences are as traumatic as when they actually have been bullied. She also

gave a detailed and current description of the types of social media that students use and the things families can do to help keep their children safe. At one point I groaned at just how scary that world is and stated how glad I was that my youngest child was 20. But if you are reading this it is likely you have younger children who do not on their own have the skills yet to negotiate that difficult world. Pete Farrell, the President of the PA, was glad at the large turnout but everyone there last night knew how useful Angie's teaching was and we all wished more could have been there. Because of that Pete will be sending out Angie's slides to all of the grade reps so more people can learn from Angie's investigations.

Next Wednesday we will be having our first African Heritage Night. Here is the description of this new event.

AFRICAN HERITAGE NIGHT: CELEBRATING THE CULTURES OF AFRICA AND THE AFRICAN DIASPORA In an SSCPS celebration of Black History Month, on February 15th from 6-7pm we will be hosting our first ever African Heritage Night: Celebrating the Cultures of Africa and the African Diaspora. The "African Diaspora" is a phrase used to describe how cultures that began in Africa have been established throughout the world. The event is planned for children and their families in grades K - 4. This night has a similar structure to Literacy Night but instead of having children go from room to room to listen to books, they will be going from room to room to learn about various African cultures as they have developed in the African Diaspora. It will be exciting and fun to learn about these cultures, their heroes and traditions from adults who have been part of them. Children are encouraged to come in their families' traditional clothes or, as it is late for small children, in their pajamas. So far we have presenters from **Nigeria**, **Kenya**, **Ethiopia**, **Morocco**, **Haiti**, **Cape Verde**, **Jamaica**, **and Barbados**. If you would like to do a presentation about your culture of origin that is part of the greater African Diaspora please let either Sheina Prince Eugene or Ted Hirsch know.

Ted Hirsch - thirsch@sscps.org

Wednesday	02/08	Professional Development Early Release	12:00pm
Thursday	02/09	Weather Dependent Board of Trustees Finance Committee Development Committee	7:30pm 6:00pm 6:30pm
Saturday	02/11	Ski Club – departs 100 Longwater at 6:30am	
Wednesday	02/15	School Council	3:30pm
Wednesday	02/15	African Heritage Night – Level I and Level II at 100 Longwater Celebrating the Cultures of Africa and the African Diaspora	6:00-7:00pm
Wednesday	02/15	11 <sup>th</sup> Grade Parent Night at 700 Longwater	7:00-8:30pm
Wednesday	02/15	<b>Enrollment Application Deadline and Intent to Return Due</b>	5:00pm

### ANNUAL PARENT SURVEY

https://www.surveymonkey.com/r/SSCPSParentSurvey2017

### ANNOUNCEMENTS

**Congratulations to high school science teacher Jenny Kostka** for a wonderful article in this winter's edition of the Harvard Graduate School of Education's Magazine. You may read the article here: https://www.gse.harvard.edu/news/ed/17/01/mission-control-your-teacher-speaking

**Congratulations to SSCPS** student and basketball player Max Iorio for remaining the high scorer in the D1 South League!

 $\frac{\text{http://www.mcsao.org/stats/division\_instance/196614?subseason=308106\&tab=division\_instance\_player\_stats\&tool=1945603}{\text{ol}=1945603}$ 

### School Lunch

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return it to Charlene Evans, Food Services Coordinator. Click here for the application for free or reduced price meal benefits.

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

### FROM THE ART DEPARTMENT

Every year the Boston Globe and Scholastic Books hosts a national art and writing competition, open to high school and middle school students. This year under the guidance of Marianne F. Buckley Curran and Christine Bodnar our community is the recipient of 10 awards. The following is a list of high school students that earned honors:

Tanner Demaggio, 4 Honorable Mentions for Photography
Jessica Murray, 1 Honorable Mention for Graphic Design
Ian Sibbald, 1 Honorable Mention for Fashion
Kaylee Urquiza-Anangnos, 1 Honorable Mention for Drawing and Illustration
Daniel Vital, 1 Silver Key for Graphic Design
Emma Goldberg, 1 Silver Key for Fashion
Izabella Vital, 1 Silver Key for Fashion

I know that we are all proud of these students and their achievements. Congratulations!

### **Youth Art Month Exhibit**

### **Transportation Building, Boston**

The following students will be representing our school at this year's Youth Art Month Exhibit in Boston:

Isabella Vital (Grade 12), scratchboard Tanner Demaggio (Grade 11), photography Natalie Esikumo (Grade 8), scratchboard Will Mullen (Grade 8), printmaking Isabella Ames (Grade 7), scratchboard Nat Jocelyn (Grade 6), digital art Travis Lee (Grade 5), 3D multi media

The show opens to the public on February 13 and will be on display until March 30 at the Transportation Building in Boston. The opening gathering is Sunday, February 26 from 12-4 and the public is invited to attend.

### FROM THE HEALTH OFFICE

The 8th grade screenings which consists of height, weight, vision, and hearing will be done in the Health Office during the month of March. If your child has had a physical exam in the last 13 months and you have not submitted it to the health office, please do so, this may exempt your child from the screenings. Please call or email the Health Office if you do *not wish* your child to participate in the screenings.

### FROM THE PHYSICAL EDUCATION DEPARTMENT

Now that winter boot weather is upon us, please help your child to remember to bring sneakers to school on their PE day. Thank you in advance for helping to keep our classes safe!

### YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to <a href="www.coffeepond.com">www.coffeepond.com</a>, to login use school password: <a href="bluejaguar">bluejaguar</a>. Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150,

1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at <a href="mailto:cbodnar@sscps.org">cbodnar@sscps.org</a> to get yours!

### **DEVELOPMENT OFFICE**

### Thank You for Supporting the South Shore Charter Educational Foundation Phonathon!



The South Shore Charter Educational Foundation, ("SSCEF") is a 501(c)(3) charitable organization providing foundational financial support for the South Shore Charter Public School. SSCEF is a key partner in allocating funds to bolster our program offerings and to offset operating costs.

EDUCATIONAL FOUNDATION INC. Through fundraising efforts such as the phonathon, the SSCEF Annual Fund provides much needed unrestricted funds that are presently available for unplanned need and new initiatives throughout the year. These funds are a valuable resource for our students. In the past, these funds have been used to purchase items ranging from graphing calculators to additional textbooks to crayons, basketballs and guitars.

These funds are raised to meaningfully supplement funding received from the state budget. To learn more about our operating budget, you may find it here: FY17 Operating Budget. Fundraising at SSCPS is an important part of what we do as parents and educators to support our students. If you have not given, please consider donating today. We need your help. You may make a donation online at <a href="https://www.sscps.org">www.sscps.org</a> under the "Giving" tab.

Last week, we reached out to the SSCPS community via phone in an effort to raise money toward our Annual Fund goal of \$75,000. We reached many of you, and left many messages, and to date, since last week, we have received \$2,300 toward our Annual Fund. We received pledges amounting to over \$6000 to match our February challenge, so we thank you for your generosity!

A special thanks to the following volunteers who helped make the Phonathon a success:

Paul AldenCassie CollinsMalikkah IndaLeslie AldenCharles DannisonMegan McKeePam AlgeraEva DannisonYeemay MillerDeborah BenhamCaleb DuboisIzette RyanKaren BoyleAbby FarmerStephanie Seal

### Next Event: 22<sup>nd</sup> SSCEF Annual Auction, Friday, May 5, 2017 at the River Club, Scituate, MA 6:00 p.m.

We invite all faculty, families and friends of our community to our most important fundraiser of the year. Please consider ways you or anyone you know, friend, family member or business colleague or contact may contribute items such as vacation homes, overnight getaways, sports memorabilia, tickets to sporting events or shows. Also, consider asking your friends and family to help sponsor the event. Click here for information regarding SPONSORSHIP OPPORTUNITIES.

We will have an Auction Planning meeting that will take place on Thursday, February 16th at 1:30 at the school at 100 Longwater. Please email <a href="mailto:ldannison@sscps.org">ldannison@sscps.org</a> to RSVP.



Please use Amazon Smile with each Amazon purchase you regularly make. Log in through <a href="https://www.smile.amazon.com">www.smile.amazon.com</a> and use your regular username and password. Search South Shore Charter Educational Foundation and earn free money for us!

Thank you for all you do to help our community.

### **COMMUNITY SERVICE OPPORTUNITIES**

### Time To Clear Out Those Bookcases!

Shannon Daly in grade 9 is collecting slightly used or new books for children ages 2 to 14 whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at-home library. The Learning Center relies on donations from community members to make this giveaway possible, a lot of the time this is the only way they

receive books. The collection box is located int the front lobby at 100 Longwater and any donations would be greatly appreciated. For larger donations please contact Shannon Daly at: <a href="mailto:shandewi@hotmail.com">shandewi@hotmail.com</a>

### **Support our Troops!!**

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much-needed and appreciated necessities and reminders of home for our troops overseas. We are sending to 21 Medevac soldiers from the C/3-126 Aviation deployed to Iraq and Kuwait. We still have the AF unit from the Cape. Also Cadet Second Lieutenant Timothy Bourque's cousin, SPC Jacob Hultman is deployed to Kuwait and former Pilgrim Cadet Tom Lentini is still in Okinawa. These Valiant Troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service. Many service members deployed do not have people from home to motivate and support them. This is an awesome opportunity for us to show our gratitude for their service! There is a list of their needs and requests in this notice, and on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out! For more information about donations, or CAP please contact Shannon Daly at Shandewi@hotmail.com

### **Level II Student Collecting Donations for Cat Shelter**

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u> SOUTH SHORE YMCA PRESENTS

# SOCIAL & EMOTIONAL

LEARNING

FREE WORKSHOPS!

PLAYING TO LEARN & LEARNING TO PLAY...Social and emotional learning is the foundation for all other kinds of learning! Join South Shore YMCA Staff Laureen Browning, Diane Thureson and Jamee Beaudry for this informative Parent Workshop!

Learn about ways you can help young children be successful in school and in life.

### **FEBRUARY 9, 2017**

THURSDAY EVENING 6:00 - 7:30PM

## **SOUTH SHORE YMCA**

EARLY LEARNING CENTER

1075 Washington St., Hanover, MA



### SOUTH SHORE FAMILY NETWORK

A PROGRAM OF SOUTH SHORE COMMUNITY ACTION COUNCIL



REGISTRATION IS PREFERRED
South Shore Community Action Council
ATTN: Debbie Wightman

71 Obery Street Plymouth MA 02360

PHONE: 508-747-7575 Ext. 6247 FAX: 508-747-1250

E-MAIL: dmwlghtman@sscac.org

PLEASE MAIL, FAX OR EMAIL REG	ISTRATION ONE WEEK	BEFORE PLAYGROUP DAT	Έ
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NAME:	NO. OF CHILDREN IN FAMILY:	:
ADDRESS:		
TOWN:	STATE: ZIP:	
TELEPHONE:		
	(Please Include Your Email If You Would Like to Hear About Puture Ever	ntsi



Leam More At www.BrainBuildinginProgress.org. Funded by a Coordinated Family & Community Engagement Grant from the Massachusetts Department of Early Education & Care.



YMCA WORKSHO



## A Community Benefit Program of South Shore Hospital

Topics of interest for anyone raising, educating, mentoring, coaching or related to a child between the ages of 5-21!

### Highlighted Books:

- "Why Do They Act That Way? Revised and Updated A Survival Guide to the Adolescent Brain for You and Your Teen," by David Walsh, Ph.D.; published by Atria Books, 2014. Visit the author's website at: http://bit.ly/2ictOHa
- "The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults," by Frances E. Jensen, M.D. and Amy Ellis Nutt; published by Harper Paperbacks, 2016.

### Suggested Books

- "Holistic Health for Adolescents: How yoga, aromatherapy, teas and more can help you get and stay well," by Nada Milosavljevic, M.D., J.D.; published by W.W. Norton & Company, 2016. Visit the author's website at: http://bit.ly/2gCw2DQ
- "The More of Less" Finding the Life You Want Under Everything You Own."
   By Joshua Becker, published by WaterBrook, 2016. Visit the author's website at: http://bit.ly/2htBN5W
- "SOS! The Six O'Clock Scramble to the Rescue: Earth Friendly, Kid Pleasing Dinners for Busy Families" by Aviva Goldfarb published by St. Martin's Griffin, 2010. Visit the author's website at: http://bit.ly/2cz22FI
- "Good Night Dorm Room: All the Advice I wish I Got Before Going To College," by Samuel Kaplan and Keith Riegert, Illustrated by Emily Fromm, published by Ulysses Press, 2016.
- "Hands Free Life: Nine Habits for Overcoming Distraction, Living Better and Loving More," by Rachel Macy Stafford, published by Zondervan, 2015. Visit the author's website at: http://bit.ly/2cqpaCu
- "Simple Reminders: Inspirations for Living Your Best Life," by Bryant H. McGill, published by SRN Publishing, 2015. Visit the author's website at: http://bit.ly/2dYk7hW



## <u>Lists of Troops Needs and Requests</u>

- HEALTHY SNACKS.
- DTZINK MIX SINGLES AND CONDIMENT PACKS
- DTZY CETZEAL, POWDETZED MILK/SUGATZ-PACKETS.
- · POP-TOP CANNED MEALS.
- PTZOTEIN/GTZANOLA BATZS (THEY LOVE JETZKYI).
- ASSOTETED TOILETTELES FOTE.
  BOTH GENDETES (OTEAL
  HYGTENE PTEODUCTS, LOTION,
  FOOT/BODY POWDETE, BABY
  WIPES, BODY WASH/LIN ONE
  SHAMPOO, ETC).
- MOTZALE BOOSTETZS
   (CUTZTZENT MAGAZINES,
   BOOKS/PUZZLE BOOKS,
   DVD'S, BOATZD GAMES,
   LETTETZS/MAIL, ETC.).
- PAST TIMES (FIZISBEES, SPOTZTS EQUIPMENT; PLAYING CATZDS, P
- · POCKET GAMES, ETC.).
- BLANK GREETING CATEDS TO SEND HOME, RETTRACTABLE PENS ETC.
- LETTETZS FIZOM EVETZYONE
   ATZE ALWAYS WELCOME!

FOR THOSE WHO CAN'T BE HERE

# GIVE THEM SOMETHING THAT WILL REMIND THEM OF HOME!

For more information contact Shannon Daly in the High School Email: <a href="mailto:shandevi@hotmail.com">shandevi@hotmail.com</a>



### 1/30/2017 FOR IMMEDIATE RELEASE:

Contact Info: Friends of Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025 <a href="www.hollyhillfarm.org">www.hollyhillfarm.org</a> 781-383-6565 Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

### **UPCOMING EVENTS & ACTIVITIES**

#### NEW! Holly Hill Farm Welcomes our Newest Addition: BENJI the Sicilian Miniature Donkey!

Saturday, February 11

Please join us as we welcome **Benji**, a rescued, one year old Sicilian miniature donkey! Our master carpenter, Dan Callahan, has built a new shelter for Benji, alongside the Dwarf Nigerian goat pen where Bella and Libby reside. Miniature donkeys are one of the most affectionate and friendly animals of their kind with gentle dispositions. Benji is sure to become an adored member of the Holly Hill Farm family! The trails and grounds at Holly Hill Farm are open to the public every day from dawn to dusk.

#### NEW! Holly Hill Winter Farm Stand, Saturday, February 11, 10:00-2:00pm

Holly Hill Farm's Winter Farm Stand in our heated greenhouse will be open with freshly harvested spinach and stocked with our own raw honey, coffee and chocolate from Dean's Beans, Massachusetts produced maple syrup, popular Holly Hill bake sale and other products. Shop early before fresh greens are sold out!

We are proud to offer Brown Boar Farm sustainable raised pork. The next delivery will be Saturday, Feb. 11 between 11:00-noon next to the Farmhouse. A product and price list with pre-ordering information can be obtained by emailing: Meaghan.swetish@brownboarfarm.com

For future notification about our Farm Stand and other Holly Hill Farm events, send your email address to <a href="mailto:friendsofhollyhillfarm@gmail.com">friendsofhollyhillfarm@gmail.com</a> Check our Facebook page and website for the latest updates. Hollyhillfarm.org

### Winter Fun and Exploration at Holly Hill Farm, Wednesday, February 22, 9:00 - 12noon

Come see what is happening at Holly Hill Farm in Winter. We will spend a morning visiting the animals, get our hands into some worm-rich compost, take a walk in the woods and sow some early seeds for Spring. We will see what the farmers are busy doing and lend a hand. Adults are welcome to stay for any part or all of the program. Ages 6-10 \$30/ members; \$42 non-members. Please register by email or phoning the farm: (781) 383-6565 or email: <a href="mailto:ibelberhollyhill@hotmail.com">ibelberhollyhill@hotmail.com</a>

**NEW! Blue Barn Farm and Holly Hill Farm** partnering to provide healthy, locally grown produce to South Shore families in need. March 9<sup>th</sup>, 6:30pm, **The Corner Stop Eatery**, 235 Hull St., Cohasset.

Dinner and wine tasting. At the event, you'll enjoy a three-course dinner and an assortment of sustainable handcrafted Mise Wines. Proceeds from the dinner will provide local families in need with fresh, organic food from Holly Hill Farm. By attending, you'll help to increase food security for South Shore families and you'll support local agriculture. It promises to be a fun and delicious evening for a great cause! Find out how to help support this worthy mission even if you are unable to attend this event. <a href="https://www.fortua.com/campaigns/join-us-for-dinner-and-a-wine-tasting-at-the-corner-stop-on-march-9">https://www.fortua.com/campaigns/join-us-for-dinner-and-a-wine-tasting-at-the-corner-stop-on-march-9</a> For additional information about Blue Barn Farm, bluebarnfarm.org

### FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We will begin spring sessions in March. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. Contact Education Director, Jon Belber at 781-383-6565 or <a href="mailto:jbelberhollyhill@hotmail.com">jbelberhollyhill@hotmail.com</a>

SCHOOL FIELD TRIPS TO HOLLY HILL FARM Please consider booking your grade level field trips to Holly Hill Farm now. Weather permitting, we will host trips beginning in late March. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or <a href="mailto:ibelberhollyhill@hotmail.com">ibelberhollyhill@hotmail.com</a>

#### **SCHOOL PARTNERSHIPS**

Recently, the farm teachers were back at the South Shore Educational Collaborative in Hingham with the middle school students. Though we are not part of the culinary program, we are excited to cook and work with as many local vegetables and herbs as possible. We roasted potatoes from the farm, thyme and garlic from the school garden and olive oil (from Italy). It was good to discuss the origin of our ingredients and we look forward to trying more recipes from hardy Winter crops or Fall crops that store well. Soon we will host the South Shore Charter Public School, grades 1 and 2, for a Winter Walk at the farm. There is much to see in the woods and along the field edges. There is always work to do and things to discover on the farm.



### **Babysitter Safety Training**

Grades 6-8

- · Is your child mature enough to be a babysitter or a mother's helper?
- · Will your child be safe & responsible when babysitting?
- Does your child know what to do in an emergency situation?

When parents choose to leave their children with a babysitter, they are looking for someone who is mature and fully prepared to handle emergency situations. Children want their babysitter to be lots of fun and creative. This interactive, hands-on, three-hour class, taught by South Shore Safety health educators, will help prepare your son or daughter to be the best babysitter on the block!

- Home safety
- Infant and child care
- Child development
- Basic first aid and choking rescue for infants and children
- Injury prevention
- How to handle emergencies
- Troubleshooting
- Healthy hints for meals and snacks
- Safe marketing strategies

## Saturday, February 18, 2017 1:00 – 4:00 pm

Cost: \$45 per person

Location: SSMC 143 Longwater Dr. Norwell

### Register Early, Space is Limited.

Call: 781-681-1363

Or email: southshoresafety2@Gmail.com

South Shore Medical Center

### Breakfast Order Form Breakfast for the Month of February, 2017

Due to the office by 3:00 pm, \*Tuesday, February 14, 2017

Student Nam	ne				
Pod Teacher/Advisor		G	rade		
	Plea	ase <u>CHECK</u> off t	the day breakfast wi	ill be ordered.	
Week of 2/6 2/10	•	[ ] Tuesday	[] Wednesday	[ ] Thursday [ ] Friday	
Week of 2/13 2/17		[ ] Tuesday	[ ] Wednesday	[] Thursday [] Friday	
Week of 2/20 – 2/24	[X] Monday	[X] Tuesday	[X] Wednesday	[X] Thursday [X] Friday	
Week of 2/27 – 3/3	[ ] Monday	[ ] Tuesday	[ ] Wednesday	[ ] Thursday [ ] Friday	
Number of B	Breakfasts ordered	I		X \$1.85	
	ue al Amount Enc eks may be made			\$	
Cash of Che	cas may be made	out to pact a.			

### Lunch Order Form Lunch for the Month of February, 2017

Due to the office by 3:00 pm, \*Tuesday, February 14, 2017

Student Name	;					
Pod Teacher/Advisor			Grade			
	Please <u>circle</u>	e one choice per each day lunch is ordered.				
	Monday Reg or <mark>Salad</mark>					
Week of 2/13–2/17	<u>Monday</u> Reg or <mark>Salad</mark>	<u>Tuesday</u> <b>Reg</b> or <mark>Salad</mark>	<u>Wednesday</u> <b>Reg</b> or <mark>Salad</mark>	<u>Thursday</u> <b>Reg</b> or <mark>Salad</mark>	•	
Week of 2/20 – 2/24	Monday * * * W	Tuesday I N T E R	Wednesday V A		Friday N * * *	
Week of 2/27 – 3/3	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salad	Friday Reg or Salad	
	Option A = Regul Option B = Salad Can only choose 1	Lunch Choice				
Number of <b>Re</b>	egular Lunches (A	) ordered	2	X \$3.40		
Number of Salads (B) ordered				X \$3.40		
Less credit du	e					
	Amount Enclo			\$	_	



## SOUTH SHORE CHARTER SCHOOL *FEBRUARY*, 2017

### **Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
6 WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	7 2 oz. Cereal Fruit Juice Milk	8 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	9 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	10 WG Cinnamon Roll Fruit Orange Juice Milk
2 oz. Cereal Fruit Orange Juice Milk	3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	WG Cinnamon Roll Fruit Juice Milk	WG Bagel Fruit Orange Juice Milk
Presidents' Day	V A	C A	<b>T</b> I	O N
Cereal WG Grahams Fruit Juice Milk	28 WG Croissant w/Jelly Fruit Juice Milk	MARCH 1  WG Croissant w/Jelly Fruit Orange Juice Milk	2 oz. Cereal Fruit Orange Juice Milk	3.6 oz. WG Banana Muffin Fruit Orange Juice Milk

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

6 Skim

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

<sup>\*</sup> Complies with NSLP Regulations

Grade:	
Room:	



No. of Lunches:	
Amount Enclosed: _	

## SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 FEBBRUARY, 2017

LUNCH MENU Circle A ( MONDAY	or B TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 A Hamburger on WG Roll Baked Beans B Salad w/Turkey & WG Pita Bread Milk	7 A Grilled Chicken over Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	8 EARLY DISMISSAL	9 A Chicken WG Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	10 A Cheese Pizza Potato Wedges Green Beans B Salad w/Turkey & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges B Salad w/Cheese Sticks & WG Pita Bread Milk	14 A Ham & Cheese on WG Carrots B Salad w/Tuna & WG Pita Bread Milk	A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	A BBQ Chicken on WG Bun Baked Beans B Salad w/Tuna & WG Pita Bread Milk	17 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WG Pita Bread Milk
HAPPYA PRESIDENTS.	<b>V A</b>	C A	T I	O N
A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Crispy Chicken & WG Pita Bread Milk	A Tuna Salad on WG Chickpea Salad B Salad w/Crispy Chicken & WG Pita Bread Milk	MARCH 1 A Sloppy Joe on WG Bun Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	A Oven Baked Chicken Bites Potato Wedges B Salad w/Crispy Chicken & WG Pita Bread Milk	A Cheese Pizza Carrots B Salad w/Crispy Chicken & WG Pita Bread Milk

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

% Skim

All Meals Include Fruit

### ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

"This institution is an Equal Opportunity Employer"

<sup>\*</sup> Complies with NSLP Regulations

Grade:			
Room:			



No. of Lunches:	
Amount Enclosed:	

## SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12 FEBBRUARY, 2017

### **LUNCH MENU** Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 A Hamburger on WG Roll Baked Beans B Salad w/Turkey & WG Pita Bread Milk	7 A Grilled Chicken over Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	8 EARLY DISMISSAL	9 A Chicken WG Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	10 A Cheese Pizza Potato Wedges Green Beans B Salad w/Turkey & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges B Salad w/Cheese Sticks & WG Pita Bread Milk	A Ham & Cheese on WG Carrots B Salad w/Tuna & WG Pita Bread Milk	A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	A BBQ Chicken on WG Bun Baked Beans B Salad w/Tuna & WG Pita Bread Milk	A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WG Pita Bread Milk
HAPPYA PRESIDENTS. *DAY!*	$\mathbf{V}$ $\mathbf{A}$	$\mathbf{C}$ $\mathbf{A}$	$\mathbf{T}$ $\mathbf{I}$	O N
A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Crispy Chicken & WG Pita Bread Milk	A Tuna Salad on WG Chickpea Salad B Salad w/Crispy Chicken & WG Pita Bread Milk	MARCH 1 A Sloppy Joe on WG Bun Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	A Oven Baked Chicken Bites Potato Wedges B Salad w/Crispy Chicken & WG Pita Bread Milk	A Cheese Pizza Carrots B Salad w/Crispy Chicken & WG Pita Bread Milk

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All Meals Include Fruit

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