



Update

April 5, 2017

Vol. 4, Issue 1

FROM THE K-4 PRINCIPAL

I am glad to report that March is over. There are thirty-one days in March and here in Boston there were only seven days when the daily high and daily low were higher than the average daily high and daily low for that date. There were twenty-one days when the daily high and daily low were lower than normal and three days when the high was lower than average but the low was higher than average. So 23% of the days were above average in temperature, 68% were colder than average and about 10% were average. Many of those colder days were on the weekends and I did not get my garden planted as I normally do in March. But spring did officially begin on March 20 and I did see skunk cabbage on March 23. The earth is still rotating around the sun in its usual way and even in this March there were a few days when the strength of the sun came through with a certain glow of warmth. That is, if you stood in just the right way and the wind stopped for a moment. I am glad to announce that it is April and I have got some seeds in the ground.

This year I am teaching a class to three of the Kindergarten pods and two of the first and second grade classes, called "Nature Club." In "Nature Club", as the name implies, we study nature. We do that in a couple of ways. By training the students to use their senses more consciously, they learn to focus in and see details and also to look at large scenes with the same type of concentration so they can see the larger patterns. We teach about the five senses and how to use them in isolation and how, by slowing down and increasing our focus and concentration, the world is more interesting. I have loved teaching these classes because it has caused me to try to convey to the children how to see, feel, touch, smell, and taste with conscious effort. That instruction improved my own perceptions and focus and I saw more of the beauty of the world. In fact it inspired me to make a New Year's resolution to consciously look at trees every day. That is a resolution I have been able to keep and every day this year I have done so. Every day I notice something I had not seen before. Yesterday with the rain and the coming of spring I was amazed at the vibrancy of the lichens on the trunks and branches; to me, yesterday was beautiful.

In "Nature Club" we supplement the instruction on the direct experiences of observation and attention with conversations, writing, and, most importantly, drawing about what we have experienced. In the class I also use children's books to present to the children an artist's eye onto nature. Last week I read to the students Robert McCloskey's Time of Wonder. I love the book and while there are children in the story, the weather and setting are the main characters. Now, McCloskey will be a familiar author to anyone who has had a Level I student at SSCPS for these past many years because for summer reading there is a different McCloskey book for Kindergarten, first grade, and second grade. The great author and illustrator is getting recognition right now at the Museum of Fine Arts ("MFA") in Boston with a small show that celebrates all three of those books. On Saturday I went to the MFA to see it and I recommend you bring your children to see it too. It is small and out of the way deep in the basement of the American Wing but I believe that with the children's personal experience with McCloskey this will be a good way for your family to experience the MFA.

At the MFA children 6 and under are always free and children ages 7 – 17 are free after 3:00 p.m. Monday through Friday and on weekends. The admission cost for adults is \$25 but if you arrive after 4:00 p.m. on Wednesdays, a contribution of any size will give you admittance. Most local libraries also have passes so the trip can be more affordable any day or time of the week. Please see the museum's website at www.mfa.org.

I hope your family can make it to the MFA. If you do go, I would love to talk to you about how it went. I also hope to see you tonight at International Food Night. Happy Spring!

Ted Hirsch – thirsch@sscps.org

Wednesday	04/05	International Food Night at the SSCPS Gym	6:00-7:30pm
Thursday	04/06	End of 3 rd Quarter	
Thursday	04/06	Parents Association Meeting	6:30pm Social 7:00pm Meeting
Friday	04/07	PSAT Grades 8, 9, and 10 Grade 11 College Visit Grade 12 Internship Work	
Monday	04/10	Level II ELA MCAS	
Tuesday	04/11	Level II ELA MCAS	
Tuesday	04/11	Grade 2 Visits Harvard Museum of Natural History	
Tuesday	04/11	New Student Shadow Day for Grades 10 and 11	8:15am-3:00pm
Tuesday	04/11	New Student Enrollment Registration Grades K-4 New Family Welcome Meeting for Grade K-4	6:00-7:00pm 7:00pm
Wednesday	04/12	Level II ELA MCAS	
Wednesday	04/12	School Council	3:30pm
Wednesday	04/12	National Honor Society Hosts Blood Drive – SSCPS Gym	1:00–6:00pm
Wednesday	04/12	New Student Enrollment Registration Grades 5-8 Admitted Student Parent Information Night Grades 5-8	6:00-7:00pm 7:00pm

ANNUAL PARENT SURVEY

<https://www.surveymonkey.com/r/SSCPSParentSurvey2017>

ANNOUNCEMENTS



Congratulations to Chase Faivre, a sixth grade student, who recently won second place in the Pembroke Science Fair! He compared the amount of bacteria colonies on the handles of shopping carts at stores that provide antibacterial wipes with those that do not provide wipes. Hats off to Chase for taking his EOM Project a step further and for representing SSCPS so well in the community!

A Message from the PA Volunteer Committee

For all new parents this year and the coming year, when volunteering at school please make sure you sign in on the Volunteer Log in Sheet not the Visitor Log in sheets. Please sign your first and last name, destination, time in and time out. That way you will get credit for your hours. Also, before volunteering you should have a Volunteer Training with Ted, you can see him for that. It does not take long. And please see Pam Algera to fill out a CORI. If you have any questions email me at danettecarter@gmail.com

Thanks, Danette Carter

School Lunch

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals. If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year.

Your family **MUST** complete a **NEW** application and return it to Charlene Evans, Food Services Coordinator. [Click here for the application for free or reduced price meal benefits.](#)

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

FROM THE PHYSICAL EDUCATION AND ATHLETIC DEPARTMENT

SAVE THE DATE!



Each year, SSCPS is proud to partner with the American Heart Association to help kids with special hearts! SSCPS participates in Jump Rope/Hoops for Heart because it is a great opportunity to help children born with sick hearts, while teaching students healthy heart habits. The event also allows the PE department a chance to earn certificates towards new equipment and supplies. Fundraising is completely optional and all students will be participating in their event week by joining in heart health discussions and engaging in fun games and activities.

Mark your calendars now for our upcoming **Jump Rope For Heart** and **Hoops For Heart** event taking place in PE classes the week of: **APRIL 24-28 - All fundraising forms will be due by Weds, April 26th at the latest**

Grades 1-4 Visit www.heart.org/jump, Levels III Visit www.heart.org/hoops and click on 'Students Sign Up' to get started today. Please contact Heather Brems with any questions. HBrems@sscps.org

The American Heart Association's Mission: To build healthier lives, free of cardiovascular diseases and stroke.

SSCPS is seeking a coach for our Varsity Baseball team.

Interested candidates can submit cover letter and resume via email to Joe Kay, SSCPS Athletic Director jkay@sscps.org or can apply online through the following link:

<http://www.schoolspring.com/jobs/job.cfm?jid=2769717&&iframe=1&employer=12182>

WHAT'S HAPPENING IN WORKSHOPS AND PROJECTS?

Read the latest publication from the High School Journalism Workshop

Hello Charter families! The Journalism Workshop has just published their monthly articles about Charter news and events. Check out the site at charterink.sscps.org to see if your student is featured this month!

Thank you! Journalism Workshop

YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to www.coffeepond.com, to login use school password: **bluejaguar**. Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at cbodnar@sscps.org to get yours!

DEVELOPMENT OFFICE



SOUTH SHORE CHARTER
EDUCATIONAL FOUNDATION INC.

We are one month away to our Annual Auction. Please reserve your spot before we sell out! [Pre-register here](#) for a great adult night out to celebrate together, meet new friends, enjoy food, spirits and fine desserts. Registration is \$40 per person. Don't delay. Check your mail for your 50/50 raffle ticket, or purchase on-line when you register. Each raffle ticket cost \$20 and *you do not need to attend the auction to win the raffle!*

We are asking for 100% family participation for the event this year. There are many ways you can help - come to the event, buy raffle tickets, invite friends or family, donate goods or services, volunteer, or help with the classroom

art project. Can't make it on May 5th? On-line bidding will be available prior to the event, so you can still participate.

Visit www.sscps.org/auction for more information. Also visit our [Facebook page](#) for all up to date information.

Our Annual Fund is close to halfway to our goal of \$75,000 for the year! Please check with your employer for a company match when you give to SSCEF. [Visit our GIVING page here](#) and make your donation today.

Please use **Amazon Smile** with each Amazon purchase you regularly make. Log into www.smile.amazon.com and use your regular username and password. Search South Shore Charter Educational Foundation and earn free money for us!

Thank you for your support! ldannison@sscps.org

COMMUNITY SERVICE OPPORTUNITIES

Time To Clear Out Those Bookcases!

Shannon Daly in grade 9 is collecting slightly used or new books for children ages 2 to 14 whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at-home library. The Learning Center relies on donations from community members to make this giveaway possible, a lot of the time this is the only way they receive books. The collection box is located in the front lobby at 100 Longwater and any donations would be greatly appreciated. For larger donations please contact Shannon Daly at: shandewi@hotmail.com

Support our Troops!!

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much-needed and appreciated necessities and reminders of home for our troops overseas. We are sending to 21 Medevac soldiers from the C/3-126 Aviation deployed to Iraq and Kuwait. We still have the AF unit from the Cape. Also Cadet Second Lieutenant Timothy Bourque's cousin, SPC Jacob Hultman is deployed to Kuwait and former Pilgrim Cadet Tom Lentini is still in Okinawa. These Valiant Troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service. Many service members deployed do not have people from home to motivate and support them. This is an awesome opportunity for us to show our gratitude for their service! There is a list of their needs and requests in this notice, and on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out! For more information about donations, or CAP please contact Shannon Daly at Shandewi@hotmail.com

Level II Student Collecting Donations for Cat Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



The need is constant.
The gratification is instant.
Give blood.™

**Norwell Community
Blood Drive**
**Sponsored by South Shore
Charter Public School**

Gym
104 Longwater Drive
Norwell, MA 02061

Wednesday, April 12, 2017
1:00 PM to 6:00 PM

Please call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org and enter: NORWELL to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.



Scan to schedule an appointment.

American Red Cross

1-800-RED CROSS | redcrossblood.org

© 2014 The American Red Cross

International Food Night!

Where: The SSCPS PE space (104 Longwater Drive)

When: Wednesday, April 5th, from 6:00 to 7:30 p.m.



Please join us for a potluck dinner! Bring your family's favorite food so we all can share and eat together.

Schedule:

6:00 – 6:15 Welcome! Sign-in and Family Pictures

6:15 – 6:45 Buffet Dinner

6:45 – 7:00 High School Step Team Performance

7:00 – 7:15 Dessert

7:15 – 7:30 Clean-up

A few important items:

- We do not have a kitchen facility so all food should arrive ready to serve.
- SSCPS will supply water, plastic utensils, paper plates & paper cups.
- Please be aware that SSCPS staff are not available to supervise students during this event. Students must be accompanied by an adult.

Due to food allergies, please complete the form below and bring it, along with your dish, to the event. Be sure to include the name of your dish, the country of origin, and its ingredients.

Name of Dish: _____ Country of Origin: _____

Ingredients: _____

Lists of Troops Needs and Requests

- HEALTHY SNACKS
- DRINK MIX SINGLES AND CONDIMENT PACKS
- DRY CEREAL, POWDERED MILK/SUGAR PACKETS
- POP-TOP CANNED MEALS
- PROTEIN/GRANOLA BARS (THEY LOVE JERKY!).
- ASSORTED TOILETRIES FOR BOTH GENDERS (ORAL HYGIENE PRODUCTS, LOTION, FOOT/BODY POWDER, BABY WIPES, BODY WASH/L IN ONE SHAMPOO, ETC.).
- MORALE BOOSTERS (CURRENT MAGAZINES, BOOKS/PUZZLE BOOKS, DVD'S, BOARD GAMES, LETTERS/MAIL, ETC.).
- PAST-TIMES (FRISBEE'S, SPORTS EQUIPMENT, PLAYING CARDS, P
- POCKET GAMES, ETC.).
- BLANK GREETING CARDS TO SEND HOME, RETRACTABLE PENS, ETC.
- LETTERS FROM EVERYONE ARE ALWAYS WELCOME!

FOR THOSE WHO CAN'T BE HERE,

**GIVE THEM SOMETHING THAT WILL
REMINDE THEM OF HOME!**

For more information contact Shannon Daly in the High School

Email: shandewi@hotmail.com

Holly Hill Farm & Friends

2/27/2017 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565
Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

NEW! Holly Hill Farm Welcomes BENJI the Sicilian Miniature Donkey!

Please join us to welcome **Benji**, a rescued, one year old Sicilian miniature donkey! Our master carpenter, Dan Callahan, has built a new shelter for Benji, alongside the Dwarf Nigerian goat pen where Bella and Libby reside. Miniature donkeys are one of the most affectionate and friendly animals of their kind with gentle dispositions. Benji is sure to become an adored member of the Holly Hill Farm family! Benji is on a restricted diet so please do not feed him any treats! The trails and grounds at Holly Hill Farm are open to the public every day from dawn to dusk.

NEW! HOLLY HILL FARM EARLY SPRING FARM STAND, SATURDAY, APRIL 8, 2017, 10:00 – 2:00pm

Holly Hill Farm Stand will be open with freshly harvested spinach and looseleaf lettuce and an array of other products including our own raw honey, fresh bread from Hull's Bread Basket, Dean's Beans coffee & chocolates, Massachusetts produced maple syrup, organic rolled oats from Maine and more! **BROWN BOAR FARM** sustainably raised pork will deliver pre-ordered pork products from 11:00 –noon. Now taking orders for Easter hams! A product and price list with pre-ordering information can be obtained by emailing Meaghan.swetish@brownboarfarm.com. For future notifications about our Farm Stand and other Holly Hill Farm events, send your email address to friendsofhollyhillfarm@gmail.com. Check our Facebook page and website for the latest updates. Hollyhillfarm.org

NEW! ALL THINGS COMPOST WORKSHOP, PART 3, SATURDAY, APRIL 8, 10:00-12:00noon

In this third workshop of our Compost Series, participants will learn how to begin a new compost pile, investigate an existing pile and learn about the multiple benefits of adding compost to your garden. During this workshop we will add all kinds of readily available organic matter to build a nutrient rich resource. We will even have some finished compost to take home. This is a hands on workshop if you are so inclined and a great way to learn about how compost happens! Pre-registration is encouraged, by calling the farm at 781-383-6565 or emailing Jon Belber: jbelberhollyhill@hotmail.com. \$12 members/\$15 non-members. hollyhillfarm.org

NEW! APRIL VACATION WEEK: SPRING FARM FUN! APRIL 18, 19 & 20, 2017 9:00AM – 12:00 noon, Ages 6 - 10

Each day we will soak up the sights and sounds of all that is awakening on the Farm. We will visit the animals, sow seeds, explore the woods and even make compost! You will have a chance to participate in the beginning of a new growing season on our organic farm. Come for 1, 2 or all 3 mornings. \$40/day for Members, \$52/day for Non-Members (All 3 days, \$120/Members, \$156/Non-Members. Pre-register by calling the farm at 781-383-6565 or emailing Jon Belber: jbelberhollyhill@hotmail.com.

NEW! EARLY PLANT SALE! SATURDAY, APRIL 22 AND SUNDAY, APRIL 23, 10:00 – 4:00pm

Open to all, Holly Hill Farm's Early Plant Sale will have strong, healthy, organically grown seedlings for sale. Featuring only the crops ready for the cool weather days of April and early May, such as broccoli, kale, leeks, onions, scallions, Swiss chard, lettuce, cauliflower, snow and sugar snap peas plus Sweet Alyssum and edible Johnny Jump-Up flowers! Seed packets, soil and amendments too. Farm Manager Jasmin may have some new and unique varieties ready for purchase during the sale. We accept cash, checks or credit/debit. Holly Hill Farm, 236 Jerusalem Rd., Cohasset, MA 02025 781-383-6565 hollyhillfarm.org

NEW! MIGRATING SONGBIRD WALK WITH SALLY AVERY, SATURDAY, MAY 6, 8:00am – 10:00am

Join locally renowned birding expert and enthusiast Sally Avery for “Spring Birding” in the woods and trails at Holly Hill Farm. Sally has led numerous tours for Mass Audubon, as well as for the *Friends of Holly Hill Farm*. Sally has a local and statewide following who delight in her expertise and program presentation. Bring good walking shoes and keen ears and eyes as we delight in this lovely rite of spring. Free to all, but pre-registration is encouraged. Rain or shine, unless heavy rainfall. Holly Hill Farm, 236 Jerusalem Rd., Cohasset, MA 02025 781-383-6565 hollyhillfarm.org

NEW! ASPARAGUS FARM TO TABLE DINNER, SATURDAY, MAY 20, 6:00 – 10:00pm

Join us for our annual Asparagus Dinner with Chef Maryann Saporito from Hola! Marshfield, who will take advantage of the early season farm offerings to prepare a 5-course prix fixe menu. \$125 per person for *Friends of Holly Hill Farm* members, \$150 per person for nonmembers. Wine and beer pairings are included. Evening includes a tour of the asparagus field to understand how this perennial crop is organically grown and harvested. Proceeds will support educational programs at the Farm and at local schools. Kindly email or call to reserve seating. You may purchase tickets from our website, hollyhillfarm.org. Holly Hill Farm, 236 Jerusalem Rd., Cohasset, MA 02025 781-383-6565

FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We have already started farming and working in the garden to grow produce. Please join us on Fridays at 3:00pm and/or Saturdays at 9:00am or by appointment. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. Contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

SCHOOL FIELD TRIPS TO HOLLY HILL FARM

Please consider booking your grade level field trips to Holly Hill Farm now, as dates fill up quickly. Weather permitting, we will host trips beginning in late March. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or jbelberhollyhill@hotmail.com

SCHOOL PARTNERSHIPS

Recently, the farm teachers welcomed Spring-like weather at the farm along with students from the Chapman Farm School. The students sowed seeds, took care of Benji the donkey and spread wood chips. Soon the farm teachers will bring the Hingham worm bins back to the elementary school classrooms and gardens and sow seeds with the vermicompost. Spring will come, with rain and sun, perhaps in that order.

SSCPS

SSCPS Family Camping Weekend!!!

Hang out with old friends and make new friends!

When: June 2 - 4, 2017

Where: Boston/ Cape Cod KOA in Middleboro (I know not really located in Boston or Cape Cod)

<http://koa.com/campgrounds/boston/>

For reservations email boston@koa.net

Tell Moe Tara Dusthimer sent you! Discounts will be given to SSCPS Families!



Breakfast Order Form
Breakfast for the Month of April, 2017
Due to the office by 3:00 pm, ***Tuesday**, April 11, 2017

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day breakfast will be ordered.

~~Week of~~ [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
~~4/3 - 4/7~~

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [X] Friday
4/10 - 4/14

Week of [X] Monday [X] Tuesday [X] Wednesday [X] Thursday [X] Friday
4/17 - 4/21

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
4/24 - 4/28

Number of Breakfasts ordered _____ X \$1.85

Less credit due

Total Amount Enclosed

\$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of April, 2017

Due to the office by 3:00 pm, *Tuesday, April 11, 2017

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
4/3 – 4/7	Reg or Salad				

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
4/10 – 4/14	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	NO SCHOOL

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
4/17 – 4/21	~ ~	~ ~	S P R I N G B R E A K	~ ~	~ ~

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
4/24 – 4/28	Reg or Salad				

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ X \$3.40

Less credit due _____

Total Amount Enclosed

\$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER PUBLIC SCHOOL
APRIL, 2017

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	4 2 oz. Cereal Fruit Juice Milk	5 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	6 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	7 WG Apple Roll Fruit Orange Juice Milk
10 Cereal Graham Crackers Fruit Orange Juice Milk	11 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	12 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	13 WG Cinnamon Roll Fruit Juice Milk	14 NO SCHOOL
17  <small>Miriam Meijer</small>	18 V A C	1 A T I	20 O N	21 
24 Cheerios Graham Crackers Fruit Orange Juice Milk	25 2 oz. Cereal Fruit Orange Juice Milk	26 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	27 WG Croissant w/Jelly Fruit Juice Milk	28 WG Apple Roll Fruit Juice Milk

* All Meals include Choice of 1% or Skim Milk.

* Complies with NSLP and NSBP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
APRIL, 2017

LUNCH MENU Circle A or B

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3 A Hamburger on WG Roll Baked Beans B Salad w/Turkey & WG Pita Bread Milk	4 A Tuna Salad on WG Broccoli B Salad w/Turkey & WG Pita Bread Milk	5 A Ziti & Meatballs Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	6 A Chicken WG Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	7 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk	10 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	11 A Ham & Cheese on WG Carrots B Salad w/Tuna & WG Pita Bread Milk	12 A BBQ Chicken on WG Bun Baked Beans B Salad w/Tuna & WG Pita Bread Milk	13 A Cheese Pizza Broccoli Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	14 NO SCHOOL
17 	18 V A C	19 A T	20 I O N	21 	24 A Pancakes & Sausage Potato Wedges B Salad w/Cheese Sticks & WG Pita Bread Milk	25 A Buffalo Chicken Wrap Chickpea Salad B Salad w/Cheese Sticks & WG Pita Bread Milk	26 A Oven Baked Chicken Bites Sweet Potato Puffs Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	27 A Stuffed Shells Broccoli Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	28 A Cheese Pizza Green Beans Potato Wedges B Salad w/Cheese Sticks & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk. **Circle a Milk Choice** 1% Skim *All Meals Include Fruit* * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

This institution is an Equal Opportunity Employer

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
APRIL, 2017

LUNCH MENU Circle A or B

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3 A Hamburger on WG Roll Baked Beans B Salad w/Turkey & WG Pita Bread Milk	4 A Tuna Salad on WG Broccoli B Salad w/Turkey & WG Pita Bread Milk	5 A Ziti & Meatballs Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	6 A Chicken WG Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	7 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk	10 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	11 A Ham & Cheese on WG Carrots B Salad w/Tuna & WG Pita Bread Milk	12 A BBQ Chicken on WG Bun Baked Beans B Salad w/Tuna & WG Pita Bread Milk	13 A Cheese Pizza Broccoli Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	14 NO SCHOOL
17 	18 V A C	19 A T	20 I O N	21 	24 A Pancakes & Sausage Potato Wedges B Salad w/Cheese Sticks & WG Pita Bread Milk	25 A Buffalo Chicken Wrap Chickpea Salad B Salad w/Cheese Sticks & WG Pita Bread Milk	26 A Oven Baked Chicken Bites Sweet Potato Puffs Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	27 A Stuffed Shells Broccoli Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	28 A Cheese Pizza Green Beans Potato Wedges B Salad w/Cheese Sticks & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

"This institution is an Equal Opportunity Employer"