



FROM THE K-4 PRINCIPAL

As I start my twenty- second year here at South Shore Charter I am confident that this will be one of our best years. This past year and summer we took on a huge challenge -- the addition of 154 students and a new building, It would have been fair to expect a difficult start with so many moving pieces but we opened on time, fully staffed, and ready. This success happened because of the careful planning and clear leadership of Alicia Savage, Angie Pepin, Matt Tondorf, Kristine Bingham, Mark Flanagan, and all of the Level Coordinators. We were ready on August 29th for the Kindergarteners and on August 30th for the rest of the school.

School opened and the teachers taught. It was clear we had become an institution that had learned from its past expansions and that as a school we were ready to take a step to being a better place for more children. It is thrilling to be part of something that has matured and become the dream of its founding.

At SSCPS our mission is “to inspire every student to excel in academics, service, and life.” It is that third part that is the most important to me. To be a school where **all** can feel that they are a part of something that is bigger than themselves and that together with others they are involved in something that has purpose. That sense of purpose is what I feel as I work with others in building a school where the ‘life’ of the students is valued and respected. We believe that every year has equal value; that the year of a life from age 7 to 8 is just as important as from 17 to 18, or 37 to 38, or 67 to 68. We do not see school as merely preparation for life; we see school as part of life. We want this to be a school where together we do make the world better and I am so glad that we will be able to do this for 154 more students and their families this year.

Last night the Parents Association had its first meeting of the year. There were about 70 people there and almost 40% of them were brand new to the school. It was clear that they were there to work together with us to make this their school for not only their children but for themselves. Joining these new families are 19 new faculty members. Before school started Angie, Matt, and I gave an introduction to them as to what it is to be an SSCPS teacher. At that training I had a feeling that we had hired extremely well. There is an energy that these new families and new teachers bring us that will make us a better place.

But it is not just the new that makes ours a special school it is also the K-12ness of us and the traditions that have evolved over the years. No better example of both of these elements could be found than the blueberry jam of Max and Debra Goldenberg. Max is a 12th grader and he and his mother Debra have been making blueberry jam and giving it to me and to June Fontaine for the past thirteen years. One of our SSCPS traditions is that for every grade of Level I the students’ families read aloud a Robert McCloskey book. For the Kindergarteners it is [Blueberries for Sal](#). If you don’t know the story it is about a little girl and her mother who get mixed up with a mother bear and cub while picking blueberries. At the end of the story the mother and child make blueberry jam. While Max and Debra are no longer picking the blueberries they are making the jam. I learned from Max that the Goldenberg’s get their blueberries from Intervale Farm in Cherryfield, Maine. www.intervaleblueberryfarm.com

In recent years June and I have shared our jam with the Kindergarten teachers so they could make the experience of reading Robert McCloskey present and real. Here is what teacher Sandi Guimond wrote about her experience of sharing the jam this year.

“On Friday, I read McCloskey's [Blueberries for Sal](#) to my Kindergarteners. After the story, we all sampled the blueberry jam you had passed along to me on crackers. The children loved it! Many had never had blueberry jam and it was a great tie-in to the story.”

Thank you Max and Debra. Thank you all who came to the PA Meeting and thank you all who work so hard to make our school's opening and expansion successful.

Welcome and welcome back.

Ted Hirsch – thirsch@sscps.org

K - 4 Principal and Director of Community Outreach and Continuity

FROM THE EXECUTIVE DIRECTOR

Let us, then, be up and doing,
With a heart for any fate;
Still achieving, still pursuing
Learn to labor and to wait.
~Henry Wadsworth Longfellow

Welcome and welcome back to another school year at the South Shore Charter Public School. These early days of the school year are always a very special time for teachers, students, and families, and this year even more so. Watching so many new students being welcomed by our returning students was heartening to see and serves as a strong reminder of why our school is so special.

This year we had two opening days. Monday was the first day of school for kindergarten students. In all four classrooms, our kindergarten teachers greeted our newest students and quickly the beautifully decorated classrooms transformed into a community of learners. I would like to thank our kindergarten teachers and the Level I team for making these first days so special.

Another new beginning was our high school. Friday we held the ribbon cutting ceremony for the building, Monday we held new student orientation for high school students, and yesterday was the first day of school. The day was filled with new schedules, meeting new and familiar faces, and exploring the new campus. Our high school faculty put much effort into making the day run as efficiently as possible for everyone.

Constant reminders of hard work and patience persisted throughout these first early days. Our expansion was a long time coming. I would like to thank all those who helped make so much possible by working within our unique charter school circumstances for such a positive outcome. I would like to thank the members of the Expansion Committee who began meeting about our growth possibilities over two years ago. I would also like to thank our hard working Board of Trustees, who only last summer decided to pursue and move forward with institutional growth. Thank you William Smyth, the Board of Trustees Co-Chair, Edwin Rivera, the Board of Trustees Treasurer, and Board Member Peter Farrell, who serves as the representative from the Parents Association. I would also like to thank our Board of Trustee Representatives, Daniel Falkner and Joseph Kay, who supported this growth as an essential component to our institutional vision. And a special thank you goes to Board Chair David Whitemyer, who has been a strong sounding board and has ensured that our Board move us all forward through the unknown.

Over the summer we had a very hard-working team at our school. Thank you to Kristine Bingham and Mark Flanagan for their attention to detail and hard work. Thank you to David Griffith and Ted Hirsch; they maintained continuity over the summer at 100 Longwater so that others could focus on the construction project. This summer we also had a wonderful technology team of students led by Ralph deGennaro and Joe McSheffrey. Without the hard work of the technology team, neither building would have the technology and systems to have opened on time. And thank you goes to Angie Pepin and Matthew Tondorf for working so hard on the project from the blueprints to the final phases of construction.

Much can be said about our school community. Much may also be said about those in the outside community who have helped us. Our new high school is the result of the hard work of many people behind the scenes. Tom Kent from Jones, Lang and Lasalle worked with us over the past year to find the perfect match for our school. Thank you to Jason Ward, Chris Reale, and John Cummings from Fox Rock Properties. The building was designed by Eric Gould and his team from Helicon Design Group. Thank you to Eric and his team, Ryan Edwards, and Tim Chilson for such attention to detail; the walls, the floors, the lockers - it all looks truly special.

One of the most amazing aspects of the high school project is that it has been done on time. With the arrival of 255 students yesterday, this is greatly appreciated by faculty, students, and parents alike. This could not have been accomplished without the talent and dedication of an amazing construction team. A special thank you to Rob Barletta, Courtney LaBounty, and Kevin Spellmen of Barletta Associates. Kevin worked at the site every day making sure all ran smoothly and to be sure we would be able to open our doors on time.

Lastly, I would like our parents, faculty, and students who believe in us and believe in our mission every day. Thank you to Danette Carter and Tara Dusthimer, and to all of the parents, many being new parents, who came during those hot days in August to assemble furniture and put finishing touches on all of the classrooms. Without you by our side, we could have never come so far. Thank you.

I wish you and your family all the best as we begin this wonderful new adventure together. Thank you for all of your support and your belief in the South Shore Charter Public School.

Alicia Savage – asavage@sscps.org

Thursday	09/08	Level III Beach Day	
Thursday	09/08	Board of Trustees Finance Committee Development Committee	7:30pm 6:30pm 7:00pm
Friday	09/09	Picture Day – Students should bring their completed forms	
Saturday	09/10	Back-to-School Picnic	3:00-5:00pm
Monday	09/12	Level III and Level IV Parent Back-to-School Night	6:00-7:30pm
Tuesday	09/13	Level I Parent Back-to-School Night	6:00-7:30pm
Wednesday	09/14	Level II Parent Back-to-School Night	6:00-7:30pm
Wednesday	09/14	High School Parent Back-to- School Night @ 700 Longwater Drive	6:00-7:30pm
Thursday	09/15	Professional Development Day – No Classes for Students	

ATHLETICS

Welcome back to a new school year. With a new year comes a new season of Athletics. The athletics department has its own calendar on the new school website under Calendars. All games, practices, and meets will be listed on the website. By next week, the calendar should include all games, meets, and practices for the fall season. Once the schedules are finalized the calendar on the website will be updated. Schedules will also be handed out during this week by the coaches.

Currently games are being scheduled for Middle School Soccer, a co-ed team open to 6-8 graders. Sign-up sheets are posted in Level IV and Level III and there will be a meeting on Monday, September 12th in the Level IV Great Room after school. Once the schedules are finalized the calendar on the website will be updated. Also, if you know of anyone interested in helping coach the middle school team, contact Athletic Director Joe Kay at jkay@sscps.org

If you have any questions regarding a fall sport, please contact their coach.

High School Boys Soccer- Donovan Fauvelle - dfauvelle@sscps.org

High School Girls Soccer- Matt Goodell - mgoodell@sscps.org

High School Girls Volleyball- Jenn Johnson - jjohnson@sscps.org

Middle School and High School Cross Country (grs. 6-12) - Shawn Connors - sconnors@sscps.org

Co-ed Middle School Soccer (grs. 6-8) Joe Kay - jkay@sscps.org

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG

TUESDAY SEPTEMBER 20TH AT 6:30PM



INCLUSIVE PARENT ADVISORY COUNCIL

will have the first meeting of the school year at SOUTH SHORE PUBLIC
CHARTER SCHOOL, 100 Longwater Drive.

Matthew Tondorf, Director of Learning Service, will give a presentation on
THE BASIC RIGHTS OF PARENTS pertaining to the IEP PROCESS.

Please direct any questions to INPAC Chairperson, Tina Cary.
tinacamp14@yahoo.com

Babysitting will be available for parents participating in the workshop.



Picture Day!

We're taking school photos this year, on:

Friday, September 9!

Please be sure to send each of your children to school with the attached order form filled out!

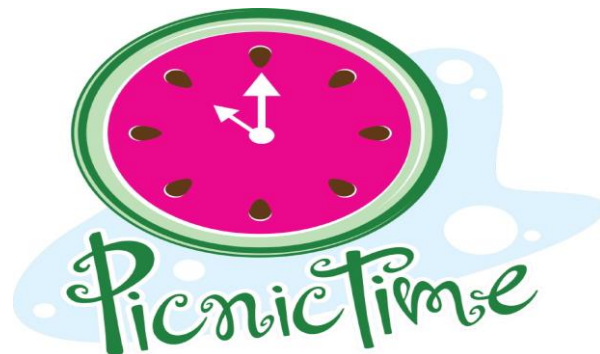
South Shore Charter Public School

Pickup Procedures - from the 2016-2017 Student Handbook

All of us share the common interest at dismissal time of getting all students safely and efficiently into their correct vehicles. Our first goal is safety. The second is an efficient system that treats everyone equitably. Following these procedures will help us maintain a positive school culture and neighborly relations with the other tenants of Assinippi Park. Please remember the following:

- The campus is closed to pick-up traffic before 3:00pm at both locations.
- Students in K-8 must be picked up at 100 Longwater Circle.
- Students in grades 9-12 should be picked up at 700 Longwater Drive unless they have a scheduled last period class at 100 Longwater.
- Towns A-Q will use the front door of 100 Longwater. Towns R-Z will use the back door of 100 Longwater. All students at 700 Longwater are picked up at the same door.
- **Students may be picked up and dropped off at the front or back doors only.** Other pick up and drop off points put student safety at risk. Pick up in other lots is trespassing. **Please remember that the same is true for student drop off in the morning. There is no crossing Longwater Drive to get from campus to campus at drop off time.**
- If you do not want to wait in line, you may find that planning to arrive between 3:15 and 3:25 works better for your family.
- There is no cell phone use while driving on campus during arrival and dismissal.
- To assist with traffic flow, please follow the traffic guard instructions as well as the lines and arrows painted on the pavement.
- The speed limit on campus is five miles per hour.
- All drivers are to stay in their cars and staff members will help your child get into the car.
- If your student or any student in your carpool is not present when you come to pick up that student, a staff member will ask you to pull into a designated waiting area to keep the line moving.
- Parents and guardians who are late to pick up their students must park and come to the front desk to sign out their child(ren).
- All high school students not picked up by 3:30 at the 700 Longwater campus will be escorted to the Computer Lab at 100 Longwater. There is no adult supervision in the computer lab.
- When an appointment requires an exact 3:00pm dismissal, we ask that you pick up your student at or before 2:30.
- Any person who does not cooperate with these procedures will be asked to meet with the Principals.
- SSCPS reserves the right to contact the local police and/or transport any student not picked up by 5:00pm, or any student left waiting for longer than half an hour following a school based event.

GAMES!! POPCORN!! COTTON CANDY!! PRIZES!!
Get information about the Parents Association!



Please join us for
South Shore Charter Public School's
Back to School Picnic
Saturday September 10th, 2016
3-5pm

Bring a blanket, picnic dinner and a **NUT FREE** appetizer or dessert to share.

There will also be food and snacks available to purchase.

Come meet new friends, catch up with old friends and enjoy an evening of music, face painting & crafts.

See you there!

SSCPS Parents Association

If you have questions about this event or if you would like to volunteer for set up, clean up, or to work during the event, please contact Tara Dusthimer (tmdusthimer@yahoo.com)

SSCPS PA Financial Grant Request – Fall 2016

Requests Due by 9/18/16

Grant Request Information

Date:

Total Amount Requested*:

Date Required:

Beneficiaries of the grant (please provide the individual(s), grades, levels or project that will benefit):

Description of request (be specific, use the reverse side if necessary):

Have you requested these funds from the school, and what was the outcome?

Have you requested these funds from parents and what was the outcome?

***Amount requested must include all charges associated with this request** (taxes, labor, set-up charges, delivery fees, etc.). Do the research and make sure the amount requested is completely accurate and/or get realistic quotes from the proposed vendor. **Requests with incomplete information or estimated costs cannot be considered.**
Attach any and all supporting documentation necessary to help the Task Force make an informed decision.

Supplier's Information

Company Names (2):

Address:

Telephone Number:

Fax Number:

Websites:

Submitter's Information

Name:

Title:

Email Address:

Telephone Number:

Can the grant taskforce contact you if we have questions while reviewing your request (meetings are generally held in the early evenings)? (Y/N):

If yes, after hours contact information:

Submitting this request

Return this form and all supporting documentation to PA Treasurer, Kathleen Trask, either by

- Placing in the "PA Grant Requests" envelope at the front desk or
- Email to Kathleen.trask@gmail.com

Deadline: No later than September 18, 2016

Question: Send an email to Kathleen.trask@gmail.com or call Kathleen at 508-284-8095

Authorization for funding this request

Taskforce meeting date:

Taskforce decision:

PA treasurer approval:

BOKS

Morning Fitness Program Open to Level I, II, and III

Organized and run by SSCPS parents, the program is inspired by the Reebok Foundation's BOKS program; all the fitness leaders have been trained by Reebok. This is a no cost before-school fitness program being offered to any child in Kindergarten to 6th grade. In order to provide the best program to the children there is a limit of 40 participants. If more applications are received than spots available there will be a lottery for participation. The schedule for the program is all Levels Tuesday and Thursdays. BOKS is held in the PE space with a start time of 7:20 and an end time of 8:00, the trainers escort all the children to the back door of the school. The 4 separate sessions are listed on the attached flyer. You may select any number of sessions from 1 to all 4, there will be an opportunity for sign-up before each session.

The purpose of BOKS is to stimulate the mind by movement before the school day begins.

For school year 2016 – 2017 the BOKS team will be hosting four sessions.

We will meet **Tuesday and Thursday** from 7:20am - 8:00am.

Session Dates:

Session 1: October 18 - November 17

Session 2: January 10 – January 31

Session 3: February 2 – February 16

Session 4: March 7 – March 30

If you have any questions please email Kathy at kmuse26@hotmail.com

We are looking for more parents willing to go through the training and help run sessions/days. All trainings are held at Rebook in Canton as detailed below.

Here is the link to sign up for training if you are interested in helping out.

<http://www.bokskids.org/training>



8th Annual Harvest Run

5K AND 5.5 ROAD RACE/WALK

Saturday, October 15, 2016
Wompatuck State Park
Hingham, MA

SSCPS FAMILY REGISTRATION FOR 5K

Family Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone#: _____

Email: _____

For office use only
Cash/Check # \$ Date Received

Waiver Must Be Read and Understood:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School and the town of Hingham, MA, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature: _____ Date: _____

Individual Names	Gender M/F	Age on Race Day	Shirt Size *2 shirts included, \$10.00 each additional *Guaranteed to those who register by September 15th*
1.			
2.			
3.			
4.			
5.			

Pre-Race Number and T-Shirt Pick-Up:

Friday, October 14, 2016 2:00—6:00pm
Marathon Sports

Race Schedule:

7:30-8:30am Registration and t-shirt pick-up

9:00: The Harvest Run begins!

Refreshments provided after the race

SSCPS Family Registration \$60
Fee includes 2 t-shirts and up to
4 registrations

\$5.00 per additional family member
\$10.00 per additional t-shirt

All funds raised will benefit the South Shore Charter Educational Foundation

100 Longwater Circle, Norwell, MA 02061 Tel: 781-982-4202 www.sscps.org

GET READY FOR THIS YEAR'S HARVEST RUN 5K/5.5 MILER!
JOIN THE "5 WEEKS TO A 5K" RUNNING CLUB
(Open to Levels II, III, and IV)

This running club is to help your child increase his/her physical stamina and physical fitness level. It will be held on Thursdays, starting September 8 and ending October 13, the week of the Harvest Run road race. We will be meeting outside at the FRONT DOOR at dismissal time (3:15), where we will have a short warm-up prior to running at 3:30. Running club will end at 4:00. Please pick your child up at the front door. *There will be no running club Thursday, September 15.*

Running club sessions will be canceled if there is inclement weather or if it is too hot out. I will contact you by 1:00 p.m. on days it is canceled. Please provide your preferred method of contact below.

Please fill out and sign this form/waiver and have your child place it in the envelope marked "HARVEST RUN" at the front desk by Tuesday, Sept. 6.

PLEASE be sure to provide your child(ren) with a water DEDICATED FOR AFTER SCHOOL or with a refillable water bottle they can refill at school

Justina Pettinelli and Mary Oxner

WAIVER MUST BE READ AND UNDERSTOOD:

I know that running is a potentially hazardous activity. I should not enter my child in this running group unless they are medically able. I assume all potential risks to my child associated with running in this group, including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic, all such risks being known and appreciated by me. I also agree to provide my child with the proper hydration necessary to participate. Having read this waiver and knowing these facts, and in consideration of your acceptance of my child's application, I, on behalf of my child, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School and all volunteer participants from all claims or liabilities of any kind arising out of my child's participation in this group.

I hereby give my child(ren) _____
permission to participate in the running club and agree to the foregoing waiver.

Preferred method of contact for cancellations (choose one) (PLEASE PRINT CLEARLY)

_____ text (cell #) _____ call (phone #)

_____ email (provide email address)

Parent or Guardian _____
(please print name)

Signature _____ Date _____

Breakfast Order Form

Breakfast for the Month of August/September, 2016

Due to the office by 3:00 pm, ***Tuesday**, September 13, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day breakfast will be ordered.

~~Week of _____ [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday~~
~~8/29 - 9/2 (**Kindergarten-Only**)~~

~~Week of _____ [X] Monday [] Tuesday [] Wednesday [] Thursday [] Friday~~
~~9/5 - 9/9 _____~~

~~Week of _____ [] Monday [] Tuesday [] Wednesday [X] Thursday [] Friday~~
~~9/12 - 9/16 _____~~

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
 9/19 - 9/23

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
 9/26 - 9/30

Number of Breakfasts ordered _____ X \$1.85

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of August/September, 2016

Due to the office by 3:00 pm, *Tuesday, September 13, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8/29 – 9/2		Reg or Salad	Reg or Salad	Reg or Salad	Early Release

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9/5 – 9/9	No School	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9/12 – 9/16	Reg or Salad	Reg or Salad	Reg or Salad	No School	Reg or Salad

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9/19 – 9/23	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9/26 – 9/30	Reg or Salad	Reg or Salad	Early Release	Reg or Salad	Reg or Salad

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ X \$3.40

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL
SEPTEMBER, 2016

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
29	30 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	31 WG Cinnamon Roll Fruit Orange Juice Milk	1 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	2 Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk
5 LABOR DAY	6 2 oz Cereal Fruit Orange Juice Milk	7 WG Cinnamon Roll Fruit Orange Juice Milk	8 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	9 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk
12 Cereal Graham Crackers Fruit Orange Juice Milk	13 WG Bagel w/Jelly Fruit Orange Juice Milk	14 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	15 NO SCHOOL	16 WG Bagel Fruit Orange Juice Milk
19 Cheerios Graham Crackers Fruit Orange Juice Milk	20 2 oz. Cereal Fruit Orange Juice Milk	21 3.6 oz. WW Apple Muffin Fruit Orange Juice Milk	22 Cinnamon Toast Crunch Fruit WW Grahams Orange Juice Milk	23 WG Cinnamon Roll Fruit Juice Milk
26 Cereal WG Grahams Fruit Juice Milk	27 WG Waffle Snackers Fruit Juice Milk	28 WG Croissant & Jelly Fruit Juice Milk	29 2 oz Cereal Fruit Orange Juice Milk	30 3.6 oz WG Banana Muffin Fruit Juice Milk

* All Meals include Choice of 1% or Skim Milk. **Circle a Milk Choice** 1% Skim * Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
SEPTEMBER, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	30 A Tuna Salad on WW Bun Chickpea Salad B Salad w/Turkey & WW Pita Bread Milk	31 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Turkey & WW Pita Bread Milk	1 A Stuffed Shells WG Roll Carrots & Green Beans B Salad w/Turkey & WW Pita Bread Milk	2 EARLY DISMISSAL
5 LABOR DAY	6 A Grilled Chicken Breast Pasta Salad w/Veggies B Salad w/Tuna & WW Pita Bread Milk	7 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Tuna & WW Pita Bread Milk	8 A Chicken Quesadilla Baby Carrots B Salad w/Tuna & WW Pita Bread Milk	9 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WW Pita Bread Milk
12 A Meatballs on WG Sub Green Beans B Salad w/Hummus & WG Pita Bread Milk	13 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WW Pita Bread Milk	14 A Ziti & Meatballs Broccoli Fruit B Salad w/Hummus & WW Pita Bread Milk	15 NO SCHOOL PROF. DEV. DAY	16 A Bagel Pizza Potato Wedges Carrots B Salad w/Hummus & WW Pita Bread Milk
19 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WW Pita Bread Milk	20 A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WW Pita Bread Milk	21 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Grilled Chicken & WW Pita Bread Milk	22 A Chicken Parmesan on Bun Green Beans B Salad w/Grilled Chicken & WW Pita Bread Milk	23 A Cheese Pizza Potato Wedges Carrots Banana B Salad w/Grilled Chicken & WW Pita Bread Milk
26 A Tortilla Chicken Broccoli & Carrots B Salad w/Turkey WW Pita Bread Milk	27 A Sloppy Joe on WG Bun B Salad w/Turkey & WW Pita Bread Milk	28 EARLY DISMISSAL	29 A Oven Baked Chicken Bites Potato Wedges B Salad w/Turkey WW Pita Bread Milk	30 A Cheese Pizza Green Beans B Salad w/Turkey & WW Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim *All Meals Include Fruit* * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

"This institution is an Equal Opportunity Employer"

Grade: _____

No. of Lunches: _____



Room: _____

Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
SEPTEMBER, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 A B	30 A Tuna Salad on WW Bun Chickpea Salad B Salad w/Turkey & WW Pita Bread Milk	31 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Turkey & WW Pita Bread Milk	1 A Stuffed Shells WG Roll Carrots & Green Beans B Salad w/Turkey & WW Pita Bread Milk	2 EARLY DISMISSAL
5 LABOR DAY	6 A Grilled Chicken Breast Pasta Salad w/Veggies B Salad w/Tuna & WW Pita Bread Milk	7 A American Chop Suey Green Beans Whole Wheat Roll B Salad w/Tuna & WW Pita Bread Milk	8 A Chicken Quesadilla Baby Carrots B Salad w/Tuna & WW Pita Bread Milk	9 A Cheese Pizza Potato Wedges Broccoli B Salad w/Tuna & WW Pita Bread Milk
12 A Meatballs on WG Sub Green Beans B Salad w/Hummus & WG Pita Bread Milk	13 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WW Pita Bread Milk	14 A Ziti & Meatballs Broccoli Fruit B Salad w/Hummus & WW Pita Bread Milk	15 NO SCHOOL PROF. DEV. DAY	16 A Bagel Pizza Potato Wedges Carrots B Salad w/Hummus & WW Pita Bread Milk
19 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WW Pita Bread Milk	20 A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WW Pita Bread Milk	21 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Grilled Chicken & WW Pita Bread Milk	22 A Chicken Parmesan on Bun Green Beans B Salad w/Grilled Chicken & WW Pita Bread Milk	23 A Cheese Pizza Potato Wedges Carrots Banana B Salad w/Grilled Chicken & WW Pita Bread Milk
26 A Tortilla Chicken Broccoli & Carrots B Salad w/Turkey WW Pita Bread Milk	27 A Sloppy Joe on WG Bun B Salad w/Turkey & WW Pita Bread Milk	28 EARLY DISMISSAL	29 A Oven Baked Chicken Bites Potato Wedges B Salad w/Turkey WW Pita Bread Milk	30 A Cheese Pizza Green Beans B Salad w/Turkey & WW Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

"This institution is an Equal Opportunity Employer"