



## **FROM THE 5-12 PRINCIPAL**

We have spent the first two weeks of school easing students into the routines of teaching and learning that set the rhythm of the school year. I am impressed with the positivity, motivation, and excitement about learning that I see in our students as they settle in. When I walk through the halls of both buildings I see students and teachers who are hard at work. The faculty has done an incredible job of laying the foundation for another joyful and productive school year.

This week we are opening up the school to families through Back to School Nights for each Level. These nights provide families with the opportunity to meet their children's teachers and learn more about how routines work on each Level and in each classroom. These evenings go by quickly and we realize that families often leave with questions. Parents and guardians will have the opportunity to individually meet with teachers to discuss their child's progress following the distribution of first quarter grades. Information about how to sign up for appointments will be forthcoming. In the meantime please do not hesitate to contact any of your child's teachers directly with any concerns or questions that arise.

It was a pleasure to introduce families to the new middle school spaces and to our terrific 5-8 team on Monday night. We had an excellent turnout with a mixture of old and new faces on both Levels. The night provided Levels III and IV with an opportunity to discuss the changes for our middle school this year. The expansion has generated a great deal of excitement in the high school with the new building and the addition of many new students. The many benefits of the change for our high school students are obvious to outside observers who can see the new space, the greater access to technology, and our expanded course catalog. These are all wonderful things that are enhancing the educational experience of our older students. But in many ways, the greatest beneficiaries of the expansion are our middle school students. Levels III and IV have increased opportunities for their students by expanding their physical footprint, welcoming new students, and growing the size of the faculty. Students have the space they need, a larger social group, and more options during FIT and Projects. The result is a middle school that is a vibrant and exciting place for students to learn.

This year as I try to provide you with a glimpse into the life of our school through the Update you will hear me discussing grades 5-8 as a unit frequently. The Level III and Level IV teams will be working together closely. Grades 5-8 now share a schedule, some staffing, and some spaces. They also share the goal of supporting students as they learn to take on greater responsibility for their own learning and work hard to meet the increasing academic demands of the middle school years. The two teams have weekly opportunities for collaboration to help them achieve this goal. Each Level is working to meet the developmental needs of their students while maintaining the sense of community that makes SSCPS the special place that it is. Together they are preparing students for both the academic and the social expectations of high school and college.

I'm looking forward to a wonderful school year for all of our students, K-12. We are certainly off to a great start! Please feel free to contact me with any questions, suggestions, or concerns.

*Angie Pepin - 781-982-4202 x102 - [apepin@sscps.org](mailto:apepin@sscps.org)*

Wednesday	09/14	Level II Parent Back-to-School Night	6:00-7:30pm
Wednesday	09/14	Senior Parent Night @ 700 Longwater Drive	5:00-6:00pm
Wednesday	09/14	High School Parent Back-to- School Night @ 700 Longwater Drive	6:00-7:30pm
Thursday	09/15	Professional Development Day – No Classes for Students	
Tuesday	09/20	INPAC Meeting	6:00pm
Tuesday	09/20	Parents Association Grant Task Force Meeting	7:00pm

## PHYSICAL EDUCATION

Welcome back from the PE Department! Just a reminder to please send your child to school with sneakers on their PE day. Thank you in advance for your cooperation, we're looking forward to a fun year!

## DEVELOPMENT OFFICE

The year is off to a great start, and now that we've settled in a bit I wanted to introduce myself. My name is Laurie Dannison, and I am the Development Officer at the South Shore Charter Public School. I lead the fundraising efforts for our community, and as you can imagine, I need to rely on you! We host two major events during the school year, the Harvest Run in October and the Annual Auction in May, along with smaller, but no less important, fundraisers throughout the year. My door is always open for parents to suggest new and creative ideas for fundraising, and I work with members of the Parents Association (PA) to streamline fundraising between school and parent volunteers.

Last year, with your help, we successfully raised over \$100,000 through your support of the Annual Auction (\$42,096), Harvest Run (\$12,276), and your contributions to the Annual Fund (\$45,076). We also raised money from Grandparents and Special People Day (\$700), the K-2 social (\$440), apparel sales (\$1,355), and more. This year, with your help, we will be even more successful! Get involved any way you can, be part of the team that helps plan the event, volunteer during and afterwards and help us maximize our opportunities. We need you!

The 2016-17 year is even more exciting for us with the addition of 160 new students. We look forward to meeting and working with you as we know you will bring new ideas and excitement to our projects. The funds we raise go directly to the South Shore Charter Educational Foundation which has historically paid for iPads, Chromebooks, Smartboards, library furniture, science lab equipment, art materials, musical instruments, and many more essential items our kids need to make their school year more successful. Our goal is 100% parent participation, and Parent involvement is integral to making our community stronger.

I welcome any questions and can be reached by phone (781) 982-4202 ext. 207, or by e-mail [ldannison@sscps.org](mailto:ldannison@sscps.org).

Please keep in touch and thank you for your support!

[Register Here for the Harvest Run](#)

[Donate to the Annual Fund](#), or mail a check payable to SSCEF, P.O. Box 512, Accord, MA 02018-0512

Sincerely,  
Laurie Dannison, Development Officer

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**



# SSCPS JAG SWAG!



**Show your school spirit with our  
SSCPS gear**

**Cotton t-shirts \$10**  
**Long sleeve cotton t-shirts \$15**  
**Hoodies \$35**  
**Jaguar pj bottoms \$30**  
**SSCPS winter hats \$15**

**WEAR THEM WITH PRIDE. GO JAGS!**  
 Check or cash payable to SSCPS  
 Email [ldannison@sscps.org](mailto:ldannison@sscps.org)



TUESDAY SEPTEMBER 20<sup>TH</sup> AT 6:30PM



## INCLUSIVE PARENT ADVISORY COUNCIL

will have the first meeting of the school year at SOUTH SHORE PUBLIC CHARTER SCHOOL, 100 Longwater Drive.

Matthew Tondorf, Director of Learning Service, will give a presentation on THE BASIC RIGHTS OF PARENTS pertaining to the IEP PROCESS.

Please direct any questions to INPAC Chairperson, Tina Cary.  
[tinacamp14@yahoo.com](mailto:tinacamp14@yahoo.com)

Babysitting will be available for parents participating in the workshop.

# SSCPS PA Financial Grant Request – Fall 2016

Requests Due by 9/18/16

## Grant Request Information

**Date:**

**Total Amount Requested\*:**

**Date Required:**

**Beneficiaries of the grant** (please provide the individual(s), grades, levels or project that will benefit):

**Description of request (be specific, use the reverse side if necessary):**

**Have you requested these funds from the school, and what was the outcome?**

**Have you requested these funds from parents and what was the outcome?**

**\*Amount requested must include all charges associated with this request** (taxes, labor, set-up charges, delivery fees, etc.). Do the research and make sure the amount requested is completely accurate and/or get realistic quotes from the proposed vendor. **Requests with incomplete information or estimated costs cannot be considered.**  
*Attach any and all supporting documentation necessary to help the Task Force make an informed decision.*

### Supplier's Information

Company Names (2):

Address:

Telephone Number:

Fax Number:

Websites:

### Submitter's Information

Name:

Title:

Email Address:

Telephone Number:

Can the grant taskforce contact you if we have questions while reviewing your request (meetings are generally held in the early evenings)? (Y/N):

If yes, after hours contact information:

### Submitting this request

Return this form and all supporting documentation to PA Treasurer, Kathleen Trask, either by

- Placing in the "PA Grant Requests" envelope at the front desk or
- Email to [Kathleen.trask@gmail.com](mailto:Kathleen.trask@gmail.com)

Deadline: No later than September 18, 2016

Question: Send an email to [Kathleen.trask@gmail.com](mailto:Kathleen.trask@gmail.com) or call Kathleen at 508-284-8095

### Authorization for funding this request

Taskforce meeting date:

Taskforce decision:

PA treasurer approval:

# BOKS

## Morning Fitness Program Open to Level I, II, and III

Organized and run by SSCPS parents, the program is inspired by the Reebok Foundation's BOKS program; all the fitness leaders have been trained by Reebok. This is a no cost before-school fitness program being offered to any child in Kindergarten to 6<sup>th</sup> grade. In order to provide the best program to the children there is a limit of 40 participants. If more applications are received than spots available there will be a lottery for participation. The schedule for the program is all Levels Tuesday and Thursdays. BOKS is held in the PE space with a start time of 7:20 and an end time of 8:00, the trainers escort all the children to the back door of the school. The 4 separate sessions are listed on the attached flyer. You may select any number of sessions from 1 to all 4, there will be an opportunity for sign-up before each session.

***The purpose of BOKS is to stimulate the mind by movement before the school day begins.***

For school year 2016 – 2017 the BOKS team will be hosting four sessions.

We will meet **Tuesday and Thursday** from 7:20am - 8:00am.

### **Session Dates:**

**Session 1: October 18 - November 17**

**Session 2: January 10 – January 31**

**Session 3: February 2 – February 16**

**Session 4: March 7 – March 30**

If you have any questions please email Kathy at [kmuse26@hotmail.com](mailto:kmuse26@hotmail.com)

We are looking for more parents willing to go through the training and help run sessions/days. All trainings are held at Rebook in Canton as detailed below.

Here is the link to sign up for training if you are interested in helping out.

<http://www.bokskids.org/training>



# 8th Annual Harvest Run

5K AND 5.5 ROAD RACE/WALK

Saturday, October 15, 2016  
Wompatuck State Park  
Hingham, MA

## SSCPS FAMILY REGISTRATION FOR 5K

Family Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone#: \_\_\_\_\_

Email: \_\_\_\_\_

For office use only  
Cash/Check # \$ Date Received

### Waiver Must Be Read and Understood:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School and the town of Hingham, MA, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Individual Names	Gender M/F	Age on Race Day	Shirt Size *2 shirts included, \$10.00 each additional *Guaranteed to those who register by September 15th*
1.			
2.			
3.			
4.			
5.			

### Pre-Race Number and T-Shirt Pick-Up:

Friday, October 14, 2016 2:00—6:00pm  
Marathon Sports

### Race Schedule:

7:30-8:30am Registration and t-shirt pick-up

9:00: The Harvest Run begins!

\*Refreshments provided after the race\*

**SSCPS Family Registration \$60**  
Fee includes 2 t-shirts and up to 4 registrations

\$5.00 per additional family member  
\$10.00 per additional t-shirt

All funds raised will benefit the South Shore Charter Educational Foundation

100 Longwater Circle, Norwell, MA 02061 Tel: 781-982-4202 www.sscps.org

**GET READY FOR THIS YEAR'S HARVEST RUN 5K/5.5 MILER!**  
**JOIN THE "5 WEEKS TO A 5K" RUNNING CLUB**  
**(Open to Levels II, III, and IV)**

This running club is to help your child increase his/her physical stamina and physical fitness level. It will be held on Thursdays, starting September 8 and ending October 13, the week of the Harvest Run road race. We will be meeting outside at the **FRONT DOOR** at dismissal time (3:15), where we will have a short warm-up prior to running at 3:30. Running club will end at 4:00. Please pick your child up at the front door. \*There will be no running club Thursday, September 15.\*

Running club sessions will be canceled if there is inclement weather or if it is too hot out. I will contact you by 1:00 p.m. on days it is canceled. Please provide your preferred method of contact below.

Please fill out and sign this form/waiver and have your child place it in the envelope marked "HARVEST RUN" at the front desk by Tuesday, Sept. 6.

\*PLEASE be sure to provide your child(ren) with a water DEDICATED FOR AFTER SCHOOL or with a refillable water bottle they can refill at school\*

Justina Pettinelli and Mary Oxner

**WAIVER MUST BE READ AND UNDERSTOOD:**

I know that running is a potentially hazardous activity. I should not enter my child in this running group unless they are medically able. I assume all potential risks to my child associated with running in this group, including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic, all such risks being known and appreciated by me. I also agree to provide my child with the proper hydration necessary to participate. Having read this waiver and knowing these facts, and in consideration of your acceptance of my child's application, I, on behalf of my child, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School and all volunteer participants from all claims or liabilities of any kind arising out of my child's participation in this group.

I hereby give my child(ren) \_\_\_\_\_  
permission to participate in the running club and agree to the foregoing waiver.

Preferred method of contact for cancellations (choose one) (PLEASE PRINT CLEARLY)

\_\_\_\_\_ text (cell #) \_\_\_\_\_ call (phone #)

\_\_\_\_\_ email (provide email address)

Parent or Guardian \_\_\_\_\_  
(please print name)

Signature \_\_\_\_\_ Date \_\_\_\_\_



# Holly Hill Farm & Friends

Contact Info: :*Friends of Holly Hill Farm* Holly Hill Farm 236 Jerusalem Road , Cohasset, MA 02025  
[www.hollyhillfarm.org](http://www.hollyhillfarm.org) 781-383-6565 Holly Hill Farm Media contact: [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## UPCOMING EVENTS & ACTIVITIES

### **NEW EVENT! FRIENDS OF HOLLY HILL FARM ANNUAL MEMBERS FALL PICNIC**

**Sunday, September 18, 1:00-3:00pm**

The *Friends of Holly Hill Farm* members celebrate the season with a communal luncheon, acknowledgment of our hard working volunteers, hayrides and a walk in the surrounding woods. Anyone who wishes to bring a dish to share may do so. Anyone wishing to become a Member is welcome to participate and join *The Friends*. Membership supports educational programs. Annual membership available at the Individual Level \$45 or Family Level \$65. [Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025](http://Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025). [hollyhillfarm.org](http://hollyhillfarm.org) 781-383-6565

### **NEW EVENT! Friends of Holly Hill Farm 9<sup>th</sup> Annual DISCOVER THE WOODS 5K Trail Race at 10:00am and 1 Mile Fun Run at 11:00am, Saturday, October 1, 2016**

Woodland 5K trail run along the paths surrounding fields of organic vegetables, flowers and herbs starts at 10am. 1 mile fun run/walk along salt marsh meadows and shady trails starts at 11am. Visit our resident farm animals and enjoy post-race refreshments. Prizes for top finishers! Register by September 30 and you will be entered into a drawing for gift certificates for our Farm Stand. Not running? Discover our 130 acres of woods and explore historic walking trails with many natural features. This race benefits the Frank H. White Scholarship Fund that makes visits to Holly Hill Farm possible for schools field trips and summer campers. Detailed information and sign up online at [hollyhillfarm.org](http://hollyhillfarm.org) 781-383-6565, 236 Jerusalem Road, Cohasset, MA 02025

### **NEW EVENT! 2<sup>nd</sup> Annual Garlic Festival: Learn, Plant, Eat! Saturday, October 29, 12:00-3:00pm**

Come and learn all the best techniques of growing great garlic, purchase up to 10 garlic heads so you can plant cloves in your home garden. Join us and savor the distinctive, fresh flavors of our organically grown and roasted garlic on hot baked bread. This event is sponsored by Chipotle, who will offer Kids Meal coupons to all Garlic Fest participants. [Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025](http://Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025). [hollyhillfarm.org](http://hollyhillfarm.org) 781-383-6565

## **COHASSET FARMER'S MARKET**

**Thursdays from 2:00- 6:00pm located on Cohasset Common, North Main Street, Cohasset**

Holly Hill Farm offers fresh, organically grown produce at the Cohasset Farmer's Market. Seasonally available produce such as tomatoes, salad greens, pea shoots, Swiss chard, head lettuce, squashes, green beans, eggplants, garlic and Jean's floral bouquets including sunflowers! Many other vendors, local crafts, live music and pony rides. [Cohassetfarmersmarket.com](http://Cohassetfarmersmarket.com)

## **HOLLY HILL FARMSTAND in the MAIN BARN**

OPEN on Wednesdays, Saturdays and Sundays from 10:00-5:00pm featuring seasonally available organic produce such as our tomatoes, summer squashes, pea shoots, Swiss chard and garlic. For weekly notification of specific produce and other delicious offerings in the Farm Stand, send your email address to [friendsofhollyhillfarm@gmail.com](mailto:friendsofhollyhillfarm@gmail.com). Holly Hill Farm, 236 Jerusalem Rd., Cohasset 781-383-6565. [Hollyhillfarm.org](http://Hollyhillfarm.org)

## **SCITUATE FARMER'S MARKET, WEDNESDAYS FROM 3:00-7:00**

Holly Hill Farm is at the Scituate Farmer's Market! If you can't make it to our Farmstand or the Cohasset Farmer's Market, stop by the Scituate Farmer's Market located in St. Mary's Church parking lot at 1 Kent Street, Scituate. Selling produce freshly harvested from our fields.

## **FALL FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!**

The Fall Farm to Food Pantry Program is for teenagers aged 13-18. The fall program will begin September 7th and 9th from 3:00-5:00pm and every Wednesday and Friday through Thanksgiving. Complete your community service requirements this fall at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries. Contact Education Director, Jon Belber at 781-383-6565 or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## **SCHOOL FIELD TRIPS TO HOLLY HILL FARM**

As it is the harvest season and almost seed saving time, please consider booking your grade level field trip to Holly Hill Farm. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## **SCHOOL PARTNERSHIPS**

The prevailing themes of late summer farming and teaching are dry weather and no rain. But the farm educators at Holly Hill Farm continue to teach and plant wisely at local area schools. We are currently welcoming the South Shore Charter Public School in Norwell 1st and 2nd graders to the farm for weekly work in their garden. The children are learning about the farm and sowing some seeds which are being watered with watering cans from the rain barrel at the farm and any rain that might hopefully fall from the sky. Speaking of rain barrels, we are working again with a grant from the Aquarion Water Company in Hingham to secure rain barrels at the four elementary schools in Hingham and the Jacobs School in Hull so we can soon plant spinach. All on account of some liquid sunshine coming our way.

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes.



## Babysitter Safety Training

Grades 6-8

- Is your child mature enough to be a babysitter or a mother's helper?
- Will your child be safe & responsible when babysitting?
- Does your child know what to do in an emergency situation?

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When parents choose to leave their children with a babysitter, they are looking for someone who is mature and fully prepared to handle emergency situations. Children want their babysitter to be lots of fun and creative. This interactive, hands-on, three-hour class, taught by South Shore Safety health educators, will help prepare your son or daughter to be the best babysitter on the block!

- Home safety
- Infant and child care
- Child development
- Basic first aid and choking rescue for infants and children
- Injury prevention
- How to handle emergencies
- Troubleshooting
- Healthy hints for meals and snacks
- Safe marketing strategies

**Saturday, October 8, 2016**

**1:00 – 4:00 pm**

**Cost:** \$40 per person

Location: SSMC 143 Longwater Dr. Norwell

**Register Now!!**

Call: 781-681-1363

Or email: [southshoresafety2@gmail.com](mailto:southshoresafety2@gmail.com)

South Shore  
Medical Center

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes



### Child Safety Program

## Home Alone, Staying Safe

Grades 4-6

- Is your child ready to stay home alone?
- Will your child be safe & responsible when home alone?
- Is your child “street smart” when going to and from the bus or school?

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“Home Alone Staying Safe” is a 3-hour program which prepares kids for situations that can happen when staying home alone, from the unexpected knock on the door to the 911 emergency phone call. It will also help ease the minds of parents who decide the time has come to leave their kids home alone or with siblings. This interactive and fun course, taught by South Shore Safety health educators, covers a range of safety topics:

- **Safety to and from school**
- **Basic self defense moves**
- **Phone safety**
- **Food/cooking safety**
- **Basic first aid**
- **Choking prevention**
- **Heimlich Maneuver**
- **Handling emergencies**
- **Lots of prevention!**

**Saturday, October 8, 2016**

**9:00 – 12noon**

**Cost:** \$40 per person

**Location:** SSMC 143 Longwater Dr. Norwell

**Register Early!!**

Call: 781-681-1363

Or email: [southshoresafety2@gmail.com](mailto:southshoresafety2@gmail.com)

South Shore  
Medical Center

# August/September Order Form Breakfast

Due to the office by 3:00 pm, \*Tuesday, September 20, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day breakfast will be ordered.

Week of       Monday       Tuesday       Wednesday       Thursday       Friday  
9/26 – 9/30

Number of Breakfasts ordered \_\_\_\_\_ X      \$1.85

Less credit due \_\_\_\_\_

## Lunch

Please circle **one** choice per each day lunch is ordered.

Week of      Monday      Tuesday      Wednesday      Thursday      Friday  
9/26 – 9/30      **Reg or Salad**      **Reg or Salad**      **Early Release**      **Reg or Salad**      **Reg or Salad**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X      \$3.40

Number of **Salads (B)** ordered \_\_\_\_\_ X      \$3.40

Less credit due \_\_\_\_\_

**Total Amount Enclosed**

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

**Breakfast Order Form**  
**Breakfast for the Month of October, 2016**  
Due to the office by 3:00 pm, \***Tuesday**, September 27, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day breakfast will be ordered.*

Week of       Monday       Tuesday       Wednesday       Thursday       Friday  
10/3 – 10/7

Week of       Monday       Tuesday       Wednesday       Thursday       Friday  
10/10 – 10/14

Week of       Monday       Tuesday       Wednesday       Thursday       Friday  
10/17 – 10/21

Week of       Monday       Tuesday       Wednesday       Thursday       Friday  
10/24 – 10/28

Week of       Monday       Tuesday       Wednesday       Thursday       Friday  
10/31 – 11/4

Number of Breakfasts ordered \_\_\_\_\_ X      \$1.85

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed** \$\_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of October, 2016

Due to the office by 3:00 pm, \*Tuesday, September 27, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please circle **one** choice per each day lunch is ordered.*

Week of 10/3 – 10/7	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 10/10 – 10/14	<u>Monday</u> NO SCHOOL	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> NO SCHOOL	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 10/17 – 10/21	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 10/24 – 10/28	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 10/31 – 11/4	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X \$3.40

Number of **Salads (B)** ordered \_\_\_\_\_ X \$3.40

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed**


\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.



**SOUTH SHORE CHARTER SCHOOL**  
**OCTOBER, 2016**

**BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
3 2 oz. Cereal Fruit Juice Milk	4 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	5 WG Cinnamon Roll Fruit Orange Juice Milk	6 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	7 Cinnamon Toast Crunch Fruit WG Grahams Orange Juice Milk
10 <b>COLUMBUS DAY</b> 	11 2 oz. Cereal Fruit Juice Milk	12 <b>NO SCHOOL</b>	13 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	14 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk
17 Cereal Graham Crackers Fruit Orange Juice Milk	18 WG Bagel w/Jelly Fruit Orange Juice Milk	19 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	20 WG Cinnamon Roll Fruit Juice Milk	21 WG Bagel Fruit Orange Juice Milk
24 Cheerios Graham Crackers Fruit Orange Juice Milk	25 2 oz. Cereal Fruit Orange Juice Milk	26 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	27 Cinnamon Toast Crunch Fruit WG Grahams Orange Juice Milk	28 WG Cinnamon Roll Fruit Juice Milk
31 Cereal WG Grahams Fruit Juice Milk	NOV. 1 WG Waffle Snackers Fruit Juice Milk	2 WG Croissant w/Jelly Fruit Juice Milk	3 2 oz. Cereal Fruit Juice Milk	4 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk

\* All Meals include Choice of 1% or Skim Milk.

**Circle a Milk Choice    1%    Skim**

\* Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**


Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL K-8**  
**OCTOBER, 2016**

**LUNCH MENU Circle A or B**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>A Hamburger on WG Roll</b> Baked Beans <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	4 <b>A Tuna Salad on WG Bun</b> Broccoli <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	5 <b>A Oven Baked Chicken Bites</b> Potato Wedges Honey Wheat Dinner Roll <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	6 <b>A Stuffed Shells</b> Green Beans Whole Grain Roll <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	7 <b>A Cheese Pizza</b> Carrots <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk
10 <b>COLUMBUS DAY</b> 	11 <b>A Grilled Chicken over Veggie Pasta Salad</b> <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk	<b>NO SCHOOL</b>	13 <b>A Chicken Quesadilla</b> Carrots <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk	14 <b>A Cheese Pizza</b> Potato Wedges Broccoli <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk
17 <b>A Meatball Sub</b> Potato Wedges <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk	18 <b>A Sliced Chicken Sandwich</b> Chickpea Salad <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk	19 <b>A Ziti &amp; Meatballs</b> Broccoli <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk	20 <b>A Herbed Baked Chicken</b> Rice Green Beans <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk	21 <b>A Cheese Pizza</b> Potato Wedges Carrots <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk
24 <b>A Pancakes &amp; Sausage</b> Potato Wedges <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	25 <b>A Ham &amp; Cheese Sandwich</b> Chickpea Salad <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	26 <b>A Sweet &amp; Sour Chicken</b> Brown Rice Broccoli <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	27 <b>A Chicken Parmesan on Bun</b> Green Beans <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	28 <b>A Cheese Pizza</b> Potato Wedges Carrots <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk
31 <b>A Tortilla Chicken</b> Broccoli <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	NOV. 1 <b>A Sloppy Joe on WG Bun</b> Baked Beans <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	2 <b>A American Chop Suey</b> Carrots Whole Grain Roll <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	3 <b>A Oven Baked Chicken Bites</b> Potato Wedges Honey Wheat Dinner Roll <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	4 <b>A Cheese Pizza</b> Green Beans <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk

\* All Meals include Choice of 1% or Skim Milk.    Circle a Milk Choice    1%    Skim    *All Meals Include Fruit*    \* Complies with NSLP Regulations

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Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12**  
**OCTOBER, 2016**

**LUNCH MENU Circle A or B**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>A Hamburger on WG Roll</b> Baked Beans <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	4 <b>A Tuna Salad on WG Bun</b> Broccoli <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	5 <b>A Oven Baked Chicken Bites</b> Potato Wedges Honey Wheat Dinner Roll <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	6 <b>A Stuffed Shells</b> Green Beans Whole Grain Roll <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	7 <b>A Cheese Pizza</b> Carrots <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk
10 <b>COLUMBUS DAY</b> 	11 <b>A Grilled Chicken over Veggie Pasta Salad</b> <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk	12 <b>NO SCHOOL</b>	13 <b>A Chicken Quesadilla</b> Carrots <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk	14 <b>A Cheese Pizza</b> Potato Wedges Broccoli <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk
17 <b>A Meatball Sub</b> Potato Wedges <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk	18 <b>A Sliced Chicken Sandwich</b> Chickpea Salad <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk	19 <b>A Ziti &amp; Meatballs</b> Broccoli <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk	20 <b>A Herbed Baked Chicken</b> Rice Green Beans <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk	21 <b>A Cheese Pizza</b> Potato Wedges Carrots <b>B Salad w/Hummus &amp; WG Pita Bread</b> Milk
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