



#### FROM THE EXECUTIVE DIRECTOR

At the end of November the South Shore Charter Public School will submit the Charter School End of Year Financial Report to the Massachusetts Department of Education. This report is scheduled to be voted on at our next Board of Trustees meeting Thursday, November 10, 2016. For those families new to SSCPS, Board of Trustees meetings are open public meetings and all are invited to attend.

There is much to be learned from looking at this report. Throughout the Commonwealth, parents and stakeholders have raised many questions regarding public school funding. At our school we determine our annual budget based upon projections from per pupil tuition. As a regional charter school, we receive students from 24 sending districts. Each sending district has a different tuition number, but it is based upon the same formula. That formula is called the *Chapter 70 Formula* or the *School Funding Formula* and it is made up of a combination of local property taxes and state aid.

The formula begins with a foundation budget determined by the state. This is based upon student enrollment, a wage adjustment factor, and inflation. State funding is then combined with a local contribution from a city or town; consisting of property taxes, income, and any municipal revenue growth that may be factored into the equation. These two income sources make up the per pupil tuition that follows the student into their district public school, vocational school, or charter school if they so choose. This formula, coupled with a student's ability to move with it, is why so many public school districts are concerned about charter school growth.

Many of you new to charter schools and our funding formula may not know that although the per capita tuition follows the student, the state reimburses each sending district 100 percent of the per capita tuition for the first year a student from a local district attends a charter school. The state reimburses sending districts 25 percent of the per capita tuition for years two through six. Each sending district receives considerable income from the state for students not taught within that district. Sending districts receive no per capita tuition reimbursements should a child from the district choose to attend a regional public vocational school or a private school, just a charter school.

The intent of the Chapter 70 formula is to ensure that each district has the resources required to educate children across the Commonwealth of Massachusetts. Because of some federal and local recalculations, many school districts and charter schools have found last year's calculations to be less than in years prior. Not all charter and district schools have felt a negative impact, but many have. All public schools have the same funding formula, but since the variables that factor into the formula are different, the financial outcome is also different. Information on how each variable is factored into the formula remains a mystery to almost everyone. We are still waiting for projected numbers from the state. Public school districts, including charter schools, have no access to the formula and cannot make a prediction based upon anything other than trends.

This year we have been working hard to ensure that our class size remains low. It has been an interesting challenge; working with even more limited funds to create a very specific outcome --- low class size and a low student to teacher ratio. We believe that a strong teacher and their ability to focus on the student as an individual have the greatest impact on student achievement.

There is an excellent chance that once the budget numbers come in we will be faced with many of the same decisions we have had to make over the past seven months. I would like to thank all of our families for all efforts to

support our school during these challenging times. Be there no question, our low class size initiative will persist and grow. We will move forward with our unique model of teaching and learning. And our teachers will continue to support all students as they reach for their future.

Thank you for your ongoing support of our school and the unique model of education we bring to so many south shore communities.

Alicia Savage- asavage@sscps.org

Wednesday	11/02	Book Fair	
Thursday	11/03	Book Fair	
Thursday	11/04	Parents Association Meeting	6:30pm Social 7:00pm Meeting
Friday	11/05	1 <sup>st</sup> Quarter Ends	
Monday	11/07	Level IV Field Trip to Boston	
Monday	11/07	High School English to Salem	
Tuesday	11/08	Bertucci's Dining for Dollars	

#### FROM THE COUNSELING DEPARTMENT

"Uncharted" is a monthly discussion of different topics related to the complex social and emotional landscape our students navigate each and every day. There is no one path for maneuvering through some challenges; however, we aim to help students and their families on their journey with the information, resources, and supports we have available. Welcome, and please feel free to contact us directly if there is something our counseling staff can help with.

#### Growing up in the Friend & Follower Era: Social Media & Smart Phones

It is hard to believe that a little more than a decade ago, Facebook, Instagram, and Twitter did not even exist (teenagers will, of course, tell you that these are all old news now). Some of you may remember MySpace, which



at that time, was just picking up speed. Others yet may recall AOL Instant Messenger screen names, away messages, and buddy lists, not to mention that horrifying dial-up sound computers would make when connecting to the internet. Though much has changed since Facebook's inception in 2004, the challenges we face with supporting our children in responsible use of online social networking today are not new challenges, but they are more complex. Social networking is still "social" at its core, presenting issues like friendship, interaction, disagreement, self-disclosure, safety, trust, and gossip. Parents are faced with difficult questions: how old should my child be before being able to use the internet, or a smartphone? When are they allowed to have an online profile, and on which sites or apps? How should I monitor their online activities?

This month, I'd like to touch specifically on some of the aspects of online social networking.

Several years ago as a college student, I met with my faculty advisor about the research project required for graduation, and we decided to conduct a study that looked at the psychological effects of internet use. That developed into looking at social networking, and then eventually into the use of Facebook in particular. The topic proved to be an important one; it ended up being published and we shared our findings at that year's American Psychological Association conference. This was a small study (here is the Link), but, essentially, we found that college students with lower self-esteem and who had struggled to adjust to college spent more time on and were more reliant on Facebook. Additionally, we found that older students were more able to use Facebook in a healthy

way. Social networking and technology use has since opened up to everyone, including the young people we work with, some of whom may be as young as elementary school. How does this impact them socially and emotionally? In the years since, research has continued to guide us towards responsible and moderated use.

It is our teenagers who generally use social media most frequently. As adults, we may wonder, "why is my child always attached to their phone?". We may see them habitually tapping away on the screen of their phone or tablet and lament their difficulty in putting the device down. Any parent (or teacher) who has taken away or restricted access to a young person's smartphone can attest to this strong attachment. However, to most young people, this response is not about the device; rather, it is about the relationships and connections the device represents. Last year, I attended a lecture with a woman named Dr. Abigail Judge, who presented on the changing face of social media. She likened the online landscape to the modern-day equivalent of what the mall or the local movie theater was like for those of us who grew up in the pre-Zuckerberg era. Teens are not attached to their device, they are attached to their relationships with other teens, and the device enables those relationships to develop, even when not physically near one another. Not only does this mean young people may spend more time developing friendships; it also means that friendships require more time, and possibly energy, to maintain, because the expectation is more frequent interaction than years ago. We know that having many social relationships is so important in adolescence and into young adulthood, so it should be no surprise that these are the populations most feverishly tweeting and checking Instagram.

In some ways, technology allows teens to be more efficient in socializing – they can maintain a number of friendships simultaneously, without actually having to leave their current location and go to a mutual meeting place. In schools like ours, where students live in many different towns, this can be an important way to stay connected with peers in other towns, who they would not be able to interact with as frequently. Socially-nervous teens can reach out to peers via text, rather than speaking face-to-face.

On the other side, some emerging theories have hypothesized a "connectedness anxiety", which states that people experience anxiety when their ability to interact with others through technology is not present. Think about the last time you went out on an errand and forgot your cell phone – did you feel uncomfortable? Maybe your mind started to wander; "what if something happens?", "What if I need to call home?", "What if someone needs to get in touch with me?" If this is something that is affecting adults, imagine how it impacts our young people. You may be aware of the term "F.O.M.O"(Fear Of Missing Out), meaning anxiety or worry of exclusion or that something exciting may be occurring at this very moment, typically brought about by peers' social media posts.

It is important to be cognizant of the extent to which we allow social media to dilute direct interaction. As we know, non-verbal signs are the majority of our message when communicating, and the interpreting of those signals develops significantly in childhood and adolescence. Though SnapChat and other video-based social media are more "realistic" in their presentation, we still miss some of that message via text, tweet, Skype, Instagram, or status. Social networking allows us to maintain relationships that we otherwise may have lost to time or distance, but we must work to teach young people to be aware of how reliance on it can affect their development, their skills, and their relationships.

Happy Tweeting,

Dan Costin, Pupil Adjustment Counselordcostin@sscps.org

#### Tips and Facts

- The average age of obtaining first smart phone is somewhere between the second and third grade
- Start early. If your child is used to having limits set on phone or internet use, they are less likely to use it in an unhealthy way as they get older
- Establishing a routine of checking your child's phone/profile from first obtaining a phone/profile may make it easier to appropriately ease into social media independence as the child ages
- Make sure to set limits in the app store and in apps that offer monetary purchases
- If you are concerned about a child staying up late on their tablet or cell phone, get alarm clocks and designate a time that cell phones/tablets are placed in a bin in a common area, like the kitchen
- Do your best to be aware of what young people are using. Be especially cautious of sites that allow people to post anonymous comments; these are often filled with negative statements and cyberbullying behaviors
- For more resources and answers to your technology-related questions, please check out Common Sense Media

#### ANNOUNCEMENTS

#### **Level III Parent Teacher Conferences**

Parent-Teacher conferences for Level III are on **Thursday, November 17**<sup>th</sup> from **1-4 p.m.** If you would like to schedule a conference with one of your student's teachers, please email the teacher directly and they can give you potential times available. Below is a list of Level III teachers and their email addresses.

Ben Anderson (Math) - Banderson@sscps.org
Christine Bodnar (Health/Graphics) - Cbodnar@sscps.org
Jenna Brink (Science) - Jbrink@sscps.org
Marianne Buckley-Curran (Art) - Mbuckleycurran@sscps.org
Joyce Dandrow (Learning Services) - Jdandrow@sscps.org
Donovan Fauvelle (Math) - Dfauvelle@sscps.org
Ashley Hiehiapo (History) - Ahiehiapo@sscps.org
Jenn Johnson (ELA) - Jjohnson@sscps.org
Maria Lappas (Spanish) - Mlappas@sscps.org
Theron Leonard (Music) - Tleonard@sscps.org
Jane Sullivan (ELA) - Jsullivan@sscps.org
Bill Tramontana (Learning Services) - Wtramontana@sscps.org

Thank you for your continued support!

#### **School Lunch**

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return to Charlene Evans, Food Services Coordinator **by September 30, 2016.** Click here for the application for free or reduced price meal benefits.

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

#### LIBRARY UPDATE

The Library Committee's annual **Fall Book Fair** is in full swing the next two days, **Wednesday November 2<sup>nd</sup> and Thursday November 3<sup>rd</sup>**. This event is a major fundraiser for the library, and profits are used to purchase new books for the library.

We have again partnered with local bookseller **Storybook Cove** in the Hanover Mall (<a href="www.storybookcove.com">www.storybookcove.com</a>) to provide an outstanding selection of titles for K-12 students. **The collection is available for browsing on both days and at the PA meeting on Thursday evening.** The book list is also available online at their website. Teachers accompany their classes to the fair to look at the books and develop their 'wish lists', and students will be bringing home their wish list plus an order form for purchases.

Please return <u>all sections</u> of the triplicate order form along with payment (cash or check). Checks should be made out to SSCPS. The order forms are due <u>Tuesday November 10<sup>th</sup></u>. Books will be delivered before the Thanksgiving break.

"Holiday Holds": If you would like to order books as holiday presents, mark those titles on your order form with an 'H'. If you would like to keep this order a secret, we request that any orders with a Holiday Hold be dropped off at the FRONT DESK, not with the classroom teacher. Those books will be delivered separately from the rest of your order.

**Book Donation for Library:** If your family would like to donate a book to the library, mark the title/s on your order form with a 'D'. We will put a bookplate with your family's name in the front of the book to acknowledge your donation.

DIARY

winpy Kid: Double Down book (release day 11/1/16), it can be delivered to your child the following day if payment is received. The book will also be available for "cash and carry" at the PA meeting on Thursday evening 11/3.

Questions? Please email them to bbruce@sscps.org or caithollowed@gmail.com.

#### ATHLETICS UPDATE

#### High School Girls Volleyball is Championship Bound!

The High School Girls Volleyball team has made it to the Championship of the Massachusetts Charter School Athletic Organization. In the past week, the girls have beat Paulo Friero Charter of Springfield and Prospect Hill of Cambridge to advance to the finals. The Lady Jags will be facing Foxborough Regional Charter on Thursday 11/3. The game will be played at Pioneer Charter School, 51 Summer St., Everett at 6:30. Hope to see you there!

#### High School Boys Soccer Begin Playoff Push Begins Today!

The High School Boys soccer team will be playing Pioneer Charter in the first round of the MCSAO Tournament. SSCPS will be hosting the match at 400 Shea Memorial Drive, Weymouth at 3:45. Hope to see you there!

#### **Cross Country Update**

The High School Cross Country Team had a great season. Overall we finished with a 5-7 and record and a 7th place finish in our league. Josh Antonellis, P.J. Blanchard, Marc Chouloute, D.J. Faivre, Ryan Hill, Isak Mahegan, Liam McDonald, Daniel Trocher, and Captain Alison Walsh all had outstanding seasons, improved weekly and posted personal best times (some repeatedly). Nathan Tierney suffered an injury after our first meet and was unable to compete for the remainder of the season but supported his team at meets and we look forward to his return next year! These student athletes brought their best effort every single day and their accomplishments are a testament to their enthusiasm and character. Congrats on a great season Jaguars!!!

The Middle School Cross Country Team had a terrific season. Overall we finished with an 11-3 record and a 4th place finish in our league. Dubennah Aniagu, Benny Anteneh, Ryan Benjamin, Captain Caroline Boyle, Niki Childs, Mari Demaggio, Justice Gilliam, Gage Kane, Vincent Little, Micah McCarthy, Dominic Ruggiero, and Duncan Stone all had outstanding seasons, improved weekly and posted personal best times (some repeatedly). These student athletes brought their best effort every single day and their accomplishments are a testament to their enthusiasm and character. Congrats on a great season Jaguars!!!

#### YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to <a href="www.coffeepond.com">www.coffeepond.com</a>, to login use school password: <a href="bluejaguar">bluejaguar</a>. Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at cbodnar@sscps.org to get yours!

#### **DEVELOPMENT OFFICE**

The South Shore Charter Educational Foundation is officially kicking off the Annual Fund Giving Campaign. Revenues raised through our Annual Fund allow us to enhance our library, music, athletics and vital educational programs that benefit our entire student body. A letter is going out this week so please check your mail! We will have envelopes at both 100 and 700 Longwater if you want to drop off a check. Thank you for your support!

The Wizard of Oz is coming up on Friday, November 18th at 7pm, and Saturday, the 19th at 3pm at the Hingham Middle school. Tickets for the Wizard of Oz are on sale now. You can purchase your tickets at the Front Desk at 100 Longwater Circle as as long as you bring exact change or a check payable to SSCPS. Please avoid drop off and pick up times as the front desk gets very busy. Buy your tickets on line by clicking the following link: <a href="Buy tickets">Buy tickets</a> here!

Grandparents and Special Friends Day is scheduled for Wednesday, November 23rd from 10:30-12pm. All Level I families (K, grade one and two), will be invited to spend some quality time with your child in their classroom and hear from Ted. An email invitation will be sent out so stay tuned.

The holidays are around the corner! Get a heads start and dress your child in the SSCPS apparel. Pick up some new SSCPS mechanical pencils, pens, and lip balm. Both 100 and 700 have limited inventory but check it out! Ryan's marketing workshop is handling high school purchases, while Donovan's school store project is selling the pens, pencils and lip balm.

The Stop and Shop A+ rewards program is ongoing, so please make sure you have registered your card and our school will get quarterly monetary incentives. Also make sure to link your Amazon account through the Amazon Smile program and .05% of your purchases will benefit the South Shore Charter Educational Foundation, Inc. See this link to register!

Thank you for all your support. <a href="mailto:ldannison@sscps.org">ldannison@sscps.org</a>

#### **COMMUNITY SERVICE OPPORTUNITIES**

#### **Great Community Service Opportunity for a Family!!**

My daughter Shannon has been collecting books for the Brockton Adult Learning Center since Level II, and now that she is in H.S., it is time for her to pass the torch to another SSCPS family. This project has helped her with her confidence and instilled a sense of responsibility and accomplishment towards these families. I really want to pass this on to a family that will benefit and be able to dedicate themselves to keeping the relationship with the Learning Center strong and long lasting.

The Brockton Learning Center really counts on us to help them with their library and take-home books for the kids. The actual time and effort put in isn't too taxing, it is just maintaining the notices in the Update and checking the box periodically and the dropping off of the books when you get a good bunch. I dropped about 2-4 times during the school year, depending on the amount. I have one more bunch to drop and I will go with the new family to introduce them to the people at the School. I really want to find a family who would love this project as much as we did.

I have set the box up for collection in the front lobby of the main building to continue giving them books without any interruption. Any donations would be greatly appreciated. For larger donations, and if you are interested in the continuing the collection, please E-mail me at: barbara6910@msn.com

#### **Collection for our Troops!!**

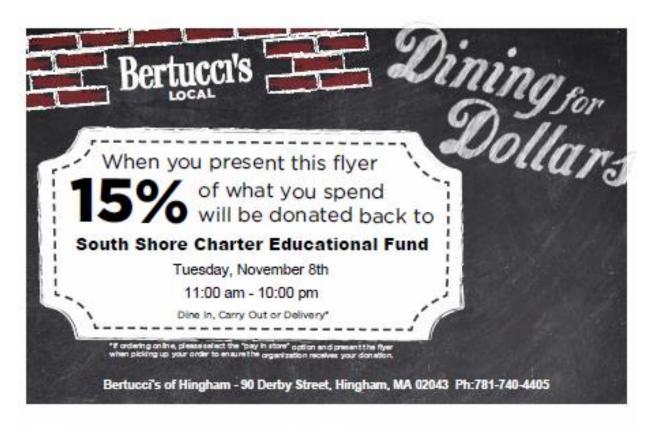
Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much needed and appreciated necessities and reminders of home for our troops overseas. Former Cadet Tom Lentini, deployed in Okinawa, SPC Jacob Hultman, Deployed in Kuwait and an Air Force Squadron deployed in Afghanistan and their fellow troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service.

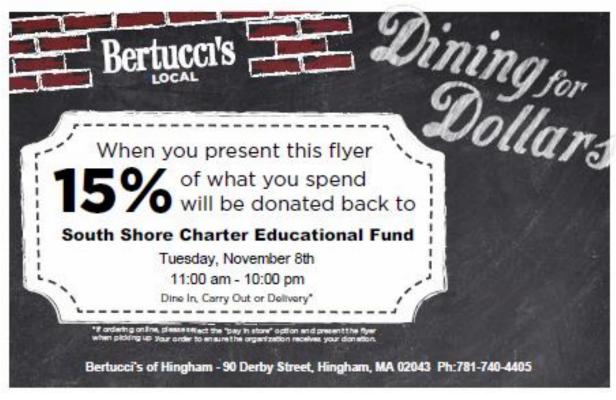
Many service members deployed don't have people from home to motivate and support them. Shannon and CAP want to send as many boxes as possible before the Holidays, which is a tough time to be away from home. This is an <u>awesome</u> opportunity for us to show our gratitude for their service!

There is a list of their needs and requests on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out.

For more information about donations, or CAP please contact Shannon Daly at Shandewi@hotmail.com

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>









- Great Work SSCPS collected 4,100 Box Tops
- Box Tops mailed on Monday 10/31. We will receive a check for \$410 in December
- Please continue to send in your BOX TOPS Clipping neatly really helps <sup>©</sup>
- Please check expiration dates We can submit Box Tops any time so please be sure to get these in on time



Any Questions:

Hackett\_Irene @yahoo.com

# Holly Hill Farm & Friends

10/24/2016 FOR IMMEDIATE RELEASE: Contact Info: *Friends of Holly Hill Farm* Holly Hill Farm236 Jerusalem Road, Cohasset, MA 02025 <a href="https://www.hollyhillfarm.org">www.hollyhillfarm.org</a> 781-383-6565 Holly Hill Farm Media contact: <a href="mailto:jbelberhollyhill@hotmail.com">jbelberhollyhill@hotmail.com</a>

Jerusalem Rd. is partially closed down for the construction of a new section of the causeway. Holly Hill Farm WILL BE OPEN, but you will have to either:

1. Drive from the ocean end of Jerusalem Rd. or
Atlantic Ave. to the farm or....

2. From N. Main St. in Cohasset village, via Beach St. to Atlantic Ave. to Nichols Rd., right on Jerusalem Rd.

SAVE THE DATE FOR OUR LAST FARM TO TABLE DINNER OF THE SEASON! Saturday, November 5 from 6 – 10:00pm. Our Fall Harvest Dinner and Auction will be held in our cozy greenhouse. Chef Tina Conte of Garden to Garnish, Hanson, will be assisted by Kate's Table of Hingham. Organic wines and craft beers will be provided by David Mitchell of MISE, Inc. in Newton. The evening also includes our annual Silent Auction featuring local artisans' gift items and local business offerings. Gather your friends and take advantage of a 20% discount when you book a table for 6 or 8 guests! Please call our office to reserve seating at discount. Further details on our website for individual tickets, hollyhillfarm.org. Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. 781-383-6565

#### Farm to Food Pantry Volunteer Work Day. Saturday, November 12th from 9-12 noon

Come help make compost, harvest, build a garden bed, plant and tend at the farm's food pantry garden. Many tasks for all types of volunteers. We have lots to harvest for Father Bill's in Quincy and there is garlic to plant as well. We will enhance the fence, construct a few new beds and add nutrients to these hard working garden beds, which have helped with our yield of over 250 pounds of organic produce this season, to local food pantries and kitchens. We will have snacks to nourish all who come to lend a hand. Hope to see you there. Free event. Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. <a href="https://hollyhillfarm.org">hollyhillfarm.org</a> 781-383-6565

#### FALL FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Fall Farm to Food Pantry Program is for teenagers aged 13-18. The fall program will begin September 7th and 9<sup>th</sup> from 3:00-5:00pm and every Wednesday and Friday through Thanksgiving. Complete your community service requirements this fall at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries. Contact Education Director, Jon Belber at 781-383-6565 or <a href="mailto:jbelberhollyhill@hotmail.com">jbelberhollyhill@hotmail.com</a>

**NEW EVENT! Make Compost and Tuck in the Garden for Winter, Saturday, November 19th at 9:00-10:30am** Join us as we learn how to set up (or enhance) a backyard compost pile. Compost is a great resource for a natural, nutrient-rich fertilizer for your garden at any stage of growth. We will also employ some plans for preparing your garden for the cold months. This hands-on workshop will also send you home with some finished compost for your own garden. \$12 for *Friends of Holly Hill Farm* members; \$15 for non-members Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org 781-383-

ADDITIONAL DAYS FOR HOLLY HILL FARMSTAND in the MAIN BARN. WE ARE NOW OPEN ON THURSDAYS AND FRIDAYS TOO! OPEN on Wednesdays, Thursdays, Fridays, Saturdays and Sundays from 10:00-5:00pm featuring seasonally available organic produce featuring our ARUGULA, pea shoots, Swiss chard, kale, potatoes, onions and garlic! Brussels sprouts on the stalk, red cabbage and wonderful winter squashes. Holly Hill's own honey in 1-1/2 lb. jars for \$20. Gorgeous dahlia bouquets. For weekly notification of specific produce and other delicious offerings in the Farm Stand, send your email address to <a href="mailto:friendsofhollyhillfarm@gmail.com">friendsofhollyhillfarm@gmail.com</a>. Holly Hill Farm, 236 Jerusalem Rd., Cohasset 781-383-6565. Hollyhillfarm.org

#### SCHOOL FIELD TRIPS TO HOLLY HILL FARM

As it is the harvest season and almost seed saving time, please consider booking your grade level field trip to Holly Hill Farm. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or <a href="mailto:jbelberhollyhill@hotmail.com">jbelberhollyhill@hotmail.com</a>

SCHOOL PARTNERSHIPS - A WEEKLY SNAPSHOT

Recently, the farm teachers have been out collecting seed at the Cushing and Hatherly schools in Scituate. Due to the drought, the harvest is a bit small, but instead of making corn bread and popping corn, the students are learning the value of saving the glass gem corn seed and pole beans for next Spring. Soon the teachers will head to four Quincy schools to plant garlic for the first time at three elementary schools: Lincoln-Hancock, Clifford Marshall and Squantum and at the Atlantic Middle School. Garlic bread next Fall sounds like a plan.

NEW FILM 'SEED: THE UNTOLD STORY' WILL BE SHOWN ON THURSDAY, OCTOBER 27 @ 7:30PM, Patriot Cinema, the Hingham Shipyard We are delighted to showcase this new film that highlights the importance of seed diversity and the preservation of heirloom seed varieties. This critically important film will be shown at the Patriot Cinema at the Hingham Shipyard. Local farmers Bill Braun and Deanna Levanti of the Ivory Silo Seed Project will discuss their focus on seed collection and saving heirloom varieties at their Westport farm. Call 781-383-6565 with questions. We hope to see you on the 27<sup>th</sup>! Tickets can only be purchased in advance from link on our website, hollyhillfarm.org

#### 2<sup>nd</sup> Annual Garlic Festival: Learn, Plant, Eat! Saturday, October 29, 12:00-3:00pm

Come and learn all the best techniques of growing great garlic, purchase up to 10 garlic heads so you can plant cloves in your home garden. Join us and savor the distinctive, fresh flavors of our organically grown and roasted garlic on hot baked bread. This event is sponsored by Chipotle, who will offer Kids Meal coupons to all Garlic Festival participants. Free event, but garlic will be available to purchase. Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. <a href="https://hollyhillfarm.org">hollyhillfarm.org</a> 781-383-6565

SAVE THE DATE FOR OUR LAST FARM TO TABLE DINNER OF THE SEASON! Saturday, November 5 from 6 – 10:00pm. Our Fall Harvest Dinner and Auction will be held in our cozy greenhouse. Chef Tina Conte of Garden to Garnish, Hanson, will be assisted by Kate's Table of Hingham. Organic wines and craft beers will be provided by David Mitchell of MISE, Inc. in Newton. The evening also includes our annual Silent Auction featuring local artisans' gift items and local business offerings. Details on our website, <a href="hollyhillfarm.org">hollyhillfarm.org</a>. Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. 781-383-6565

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### Understanding My Sensational Child: A Hands on Learning Experience

Presented by Janmarie Delaney, OTR/L and Alexa Howell, MS, OTR/L
Thursday, November 3rd and 10th, 2016
7:00-8:30pm
42 Winter Street, Pembroke, MA
\$45

This two-part informational and interactive overview will help parents, teachers, and other health care providers better identify sensory processing issues in children. We will discuss the challenges and typical behaviors that are often seen in children with sensory processing disorders. The interactive format will encourage open discussions and hands-on experiential learning. You will have the chance to explore the gyms and experience first-hand, the impact of sensory integration treatment. This opportunity will provide you with a deeper understanding of how to provide your child with the support he or she may need.

#### **Register Now!**

For More Information or to Register Please Call
South Shore Therapies at (781) 335-6663

\*Please Note\* Space is limited and is on a first come first serve basis.

Payment due at time of registration
You can also find us on Social Media!



## Sensory Strong Kids

#### 50 minute Sensory based Movement Group

Join us for a 50 minute sensorimotor group incorporating developmentally challenging gross motor play & sensory strategies for improved regulation.



Led by Bridget Dujardin, MSOTR/L Occupational Therapist & Owner of Boston Sensory Solutions, LLC

Saturdays 12:30-1:20 for children 6years-12years old. Groups resume Sept. 10th.

Boston Sensory Solutions, LLC- 500 Granite Ave., Suite 1 Milton, MA 02186

Group limited to 12 children/ class. Sign-up REQUIRED to reserve a space.

Email Bridget@BostonSensorySolutions.com to pre-register.

Cost-\$50/ month or drop in (space permitting with pre-registration) for \$15/ class.

"Like" us on Facebook @ facebook.com/BostonSensorySolutions.

## Breakfast Order Form Breakfast for the Month of November, 2016

Due to the office by 3:00 pm, \*Tuesday, November 8, 2016

Student Name				
Pod Teacher/Advisor		(		
Ple	ase <u><b>CHECK</b></u> off	the day breakfast w	ill be ordered.	
Week of [ ] Monday 11/7 11/11	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[X] Friday
Week of [ ] Monday 11/14 – 11/18	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday
Week of [ ] Monday 11/21 – 11/25	[ ] Tuesday	[ ] Wednesday	[X] Thursday	[X] Friday
Week of [ ] Monday 11/28 – 12/2	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[] Friday
Number of Breakfasts ordered	1		X \$1	.85
Less credit due  Total Amount En  Cash or Checks may be made			\$	_

## Lunch Order Form Lunch for the Month of November, 2016

Due to the office by 3:00 pm, \*Tuesday, November 8, 2016

Student Name	·					
Pod Teacher/Advisor		Grade				
	Please <u>circl</u>	<u>e</u> one choice p	per each day l	unch is order	ed.	
			Wednesday Reg or Salad		Friday NO SCHOOL	
Week of 11/14 – 11/18	Monday Reg or Salad		Wednesday Reg or Salad	Thursday Early Releas	Friday e Reg or Salad	
	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Early Release	Thursday NO SCHOO	Friday L NO SCHOOL	
	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	<u>Thursday</u> <b>Reg</b> or <b>Salad</b>		
<ul> <li>Option</li> </ul>	n A = Regular Lun n B = Salad Lunch nly choose 1 (one)	Choice				
Number of Re	egular Lunches (A	(A) ordered		X \$3.40		
Number of Sa	lads (B) ordered			X \$3.40		
Less credit du	e					
	Amount Encloses may be made or			\$		



## SOUTH SHORE CHARTER SCHOOL NOVEMBER, 2016

#### **BREAKFAST**

DREAKFASI				
Monday	Tuesday	Wednesday	Thursday	Friday
7 WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	8 2 oz. Cereal Fruit Juice Milk	9 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	10 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	Honoring  Americans  Weterans
Cereal Graham Crackers Fruit Orange Juice Milk	WG Bagel w/Jelly Fruit Orange Juice Milk	16 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	WG Cinnamon Roll Fruit Juice Milk	WG Bagel Fruit Orange Juice Milk
Cheerios Graham Crackers Fruit Orange Juice Milk	22 2 oz. Cereal Fruit Orange Juice Milk	3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	24 Thank	25 NOVENIE
Cereal WG Grahams Fruit Juice Milk	29 WG Waffle Snackers Fruit Juice Milk	WG Croissant w/Jelly Fruit Juice Milk	DEC. 1 2 oz. Cereal Fruit Juice Milk	2 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1% Skim

\* Complies with NSLP Regulations

#### ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

Grade:	
Room:	



No. of Lunches:	
Amount Enclosed: _	

## SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 NOVEMBER, 2016

#### **LUNCH MENU** Circle A or B

LUNCH MENU CIRCLE A				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 A Hamburger on WG Roll Baked Beans B Salad w/Tuna & WG Pita Bread Milk	8 A Grilled Chicken over Veggie Pasta Salad B Salad w/Tuna & WG Pita Bread Milk	9 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WG Pita Bread	10 A Chicken Quesadilla Carrots B Salad w/Tuna & WG Pita Bread Milk	11 VETERANS.
IVIIIK	Willia	Milk	WIIIK	ollare e
14	15	16	17	18
A Meatball Sub	A Sliced Chicken Sandwich	A Ziti & Meatballs	EARLY	A Cheese Pizza
Potato Wedges  B Salad w/Hummus &	Chickpea Salad  B Salad w/Hummus &	Broccoli B Salad w/Hummus &	EARLI	Potato Wedges Carrots
WG Pita Bread	B Salad w/Hummus & WG Pita Bread	B Salad w/Hummus & WG Pita Bread	DISMISSAL	B Salad w/Hummus &
Milk	Milk	Milk	DIGITIOGITE	WG Pita Bread Milk
21	22	23	24	25
A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WG Pita Bread Milk	A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk		Happy Thanksgiving	
28	29	30	DEC. 1	2
A BBQ Chicken on WW Bun Sweet Potato Fries	A Tuna Salad on WG Bun Chickpea Salad	A Stuffed Shells Green Beans	A Cheeseburger Mac Broccoli	A Cheese Pizza Potato Wedges
B Salad w/Turkey &	B Salad w/Turkey &	Whole Grain Roll	Honey Wheat Dinner Roll	B Salad w/Turkey &
WG Pita Bread	WG Pita Bread	B Salad w/Turkey &	B Salad w/Turkey &	WG Pita Bread
Milk	Milk	WG Pita Bread	WG Pita Bread	Milk
		Milk	Milk	

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

#### ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy! "This institution is an Equal Opportunity Employer"

Circle a Milk Choice 1%

Skim

All Meals Include Fruit

<sup>\*</sup> Complies with NSLP Regulations

Grade: _	
Room:	



No. of Lunches:	
Amount Enclosed:	

### SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12 NOVEMBER, 2016

#### **LUNCH MENU** Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 A Hamburger on WG Roll Baked Beans B Salad w/Tuna &	8 A Grilled Chicken over Veggie Pasta Salad B Salad w/Tuna &	9 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll	10 A Chicken Quesadilla Carrots B Salad w/Tuna &	11 Remember Our
<b>WG Pita Bread</b> Milk	<b>WG Pita Bread</b> Milk	B Salad w/Tuna & WG Pita Bread Milk	<b>WG Pita Bread</b> Milk	VETERALIS
A Meatball Sub Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	EARLY DISMISSAL	A Cheese Pizza Potato Wedges Carrots  B Salad w/Hummus & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WG Pita Bread Milk	A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	23	HARPY THANKSGIVING	25
A BBQ Chicken on WW Bun Sweet Potato Fries B Salad w/Turkey & WG Pita Bread Milk	A Tuna Salad on WG Bun Chickpea Salad B Salad w/Turkey & WG Pita Bread Milk	A Stuffed Shells Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	DEC. 1  A Cheeseburger Mac Broccoli Honey Wheat Dinner Roll  B Salad w/Turkey & WG Pita Bread Milk	A Cheese Pizza Potato Wedges B Salad w/Turkey & WG Pita Bread Milk

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

#### ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy! "This institution is an Equal Opportunity Employer"

Circle a Milk Choice

<sup>1%</sup> Skim

All Meals Include Fruit

<sup>\*</sup> Complies with NSLP Regulations