



Update

November 9, 2016
Vol. 11, Issue 2

FROM THE K-4 PRINCIPAL

I am writing this Update on Tuesday afternoon November 8th as I do not want to be distracted by the events both local and national in the election of 2016. I want to focus on what is going on here at school. There are a few things I will write about: the Girls' Volleyball team, the Boys' Soccer team and the Lost and Found.

Four years ago Jenn Johnson became the first and only coach of our girls' volleyball team. There were fourteen girls who were on the team that first year and only one of them had ever played volleyball before. That year Jenn did not focus on wins and losses; instead she focused on teaching the girls to love the game and to develop a growth and improvement mindset within a supportive group. They won three games but remained a joyful, supportive team. The next year over 90% of the players returned and the team improved. The same pattern happened again in the team's third year. That brings us to this year where Jenn's team went 12-4 and made it to finals of the Massachusetts Charter School Athletic Organization (MCSAO). In the league semi-finals, after the girls had defeated the team from Prospect Hill Academy in Cambridge, the opposing team's coach boarded the bus and told Jenn that our Jaguars were "the most improved program he had seen." This was not just any polite and encouraging volleyball coach, this was the former Director of the MCSAO. It is also telling that he did not say 'team' he said 'program'. Before the finals I wrote Jenn, "*You really built the program from nothing to playing in a championship game. From what I saw and heard you built it up by thinking about enthusiasm first and then skill. That path is a model for us all in all of our work we do with kids.*" The team did not win the finals but they brought home the second place trophy and an example for us all to follow and that is an achievement.

The girls' volleyball team is not the only squad that is doing their best. The boys' soccer team coached by Donovan Fauvelle played in the semi-finals of the Boys' Division I MCSAO. They too have had a wonderful season with two players selected to the MCSAO Division I All League Team and a 7-4-3 record.

Now for something that has not been so successful -- the Lost and Found. As I said to the folks who were here last week at the Parent Association Meeting so many things have gone well with the expansion. We have new teachers who embody the characteristics of an SSCPS teacher; new students who are enjoying school and so glad to be here; and our expanded structures and systems were well planned and are going as we hoped. But not all is well. The "Lost and Found" is becoming the "Lost and Lost." We work hard to try to get children to bring in their clothes after recess, PE and other outdoor time but this year it is harder to accomplish this than it was in the past. There is a structural reason why, because of the expansion we have improved parking and we were able to remove a section of parking lot and turn it into more play space. In fact we have about twice as much outdoor space as we had in the past. With this larger space and the larger numbers of K - 8 students we are often sharing it between different levels and between classes and recess. We have groups coming and going in this shared outdoor space at different times. Kids get hot and they leave their clothes behind and the adults can't easily look and see what needs to be brought inside.

Let me tell you about today. After dismissal was over at 3:35 I picked up the sweaters, coats, shirts, gloves and hats that were left behind. There were 16 items. One of them was labeled with a child's name the other fifteen were not. I returned the labeled coat to the child's classroom. The other fifteen were put on display in the main hall. If the past is any model of what will happen, about half will be found and the remaining clothes will go into the larger pile and they will be lost.

I have two messages for families: whenever you come into school please look through the Lost and Found for anything your child(ren) might be missing. And lastly, please label your child's clothes. I don't care if they are in 8th grade because for some of our students (and for me) it is hard to remember your things. At the end of next week all clothes not claimed will be donated and we will start afresh. I love it when a child or a family member finds an article of clothing, what I don't like is the "Lost and Lost."

Wednesday 11/9/16: the boys' soccer team played very well and they ended regulation time in a 0-0 game that unfortunately they lost in a sudden death overtime goal.

Ted Hirsch – thirsch@sscps.org

Wednesday	11/09	School Council	3:30pm
Thursday	11/10	Board of Trustees Finance Committee Development Committee	7:30pm 6:30pm 7:00pm
Thursday	11/10	High School Drama Workshop Hosting "Charter Live" at 700 Longwater Drive	7:00-9:00pm
Friday	11/11	Veterans' Day – No school	
Monday	11/14	1st Quarter Grades Distributed	
Tuesday	11/15	Fall Sports Award Ceremony at the SSCPS Gym	5:00pm
Wednesday	11/16	National Honor Society Hosting Blood Drive at the SSCPS Gym	1:00-6:00pm
Thursday	11/17	Early Release for Students Parent/Teacher Conferences by Appointment	12:00 1:00-3:30pm

ANNOUNCEMENTS

NHS Hosting Blood Drive

The National Honor Society will be hosting a blood drive on November 16, in the SSCPS gym space (104 Longwater Drive) from 1:00 through 6:00. The minimum age for donations is 17, or 16 with a filled out parental consent form. Walk-ins are welcome, but to make an appointment call 1-800-RED-CROSS (1-800-733-2767) or visit www.redcross.org.

Parent Teacher Conferences Thursday, November 17th from 1-3:30pm

To schedule a conference with your student's teachers please see below:

Level I (Grades K, 1, and 2) – Email the teacher directly:

Nora Broderick – Hbroderick@sscps.org
 Kristen Edwards – Kedwards@sscps.org
 June Fontaine – Jfontaine@sscps.org
 Melissa Freitas – Mfreitas@sscps.org
 Sandy Guimond – Sguimond@sscps.org
 Sheina Eugene-Prince – Sprince@sscps.org
 Kassandra Sullivan – Ksullivan@sscps.org
 Deana Tondorf – Dtondorf@sscps.org
 Jessica Woods – Jwoods@sscps.org

Level II (Grades 3 and 4) – Call Dee Delaney at 781-982-4202 ext. 159 or email ddelaney@sscps.org.

Level III (Grades 5 and 6) - Email the teacher directly:

Ben Anderson (Math) - Banderson@sscps.org
Christine Bodnar (Health/Graphics) - Cbodnar@sscps.org
Jenna Brink (Science) - Jbrink@sscps.org
Marianne Buckley-Curran (Art) - Mbuckleycurran@sscps.org
Joyce Dandrow (Learning Services) - Jdandrow@sscps.org
Donovan Fauvelle (Math) - Dfauvelle@sscps.org
Ashley Hiehiapo (History) - Ahiehiapo@sscps.org
Jenn Johnson (ELA) - Jjohnson@sscps.org
Maria Lappas (Spanish) - MLappas@sscps.org
Theron Leonard (Music) - Tleonard@sscps.org
Jane Sullivan (ELA) - Jsullivan@sscps.org
Bill Tramontana (Learning Services) - Wtramontana@sscps.org

Level IV (Grades 7 and 8) – Call Dee Delaney at 781-982-4202 ext. 159 or email ddelaney@sscps.org.

High School (Grades 9, 10, 11, and 12) – Call Dee Delaney at 781-982-4202 ext. 159 or email ddelaney@sscps.org.

School Lunch

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return to Charlene Evans, Food Services Coordinator **by September 30, 2016.** [Click here for the application for free or reduced price meal benefits.](#)

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

ATHLETICS UPDATE

Congratulations to the Girls Volleyball team on their runner up finish in MCSAO!

Congratulations to the Varsity Boys Soccer Team who made it to the semifinals of the MCSAO tournament!

The following student athletes were recognized by the league for their outstanding efforts this year:



Emma Goldberg - Volleyball All League Team
Madison Mirabile - Volleyball All League Team
Naomi Zorilla - Volleyball All League Honorable Mention
Hallie Ferguson - Girls Soccer All League Team
Jerome Sullivan - Boys Soccer All League Team
Ethan Seal - Boys Soccer All League Team
Lucas Whitemyer - Boys Soccer Honorable Mention



Fall Sports Awards Ceremony

The Award Ceremony for the fall season will be held at 5:00 on Tuesday at the PE Space. If you are a parent of a student athlete and would like to contribute food or drinks to have a snack at the ceremony please contact their coach. Also, contact their coach with any questions regarding the event.

LIBRARY UPDATE



Many excited students and families came to browse at the Library Committee's annual **Fall Book Fair** held last **Wednesday November 2nd and Thursday November 3rd!** This event is a major fundraiser for the library, and profits are used to purchase new books.. **The order forms are due Thursday November 10th, and forms can be given to their classroom teacher or put in**

the envelope at the front desk. The book list is also available online at the Storybook Cove website (www.storybookcove.com).

Your child should have brought home a white “Wish List” of all titles as well as a triplicate order form to use to place an order. Please return all sections of the triplicate order form along with payment (cash or check). **Checks should be made out to SSCPS. Books will be delivered before the Thanksgiving break.**



“Holiday Holds”: If you would like to order books as holiday presents, mark those titles on your order form with an ‘H’. **If you would like to keep this order a secret, we request that any orders with a Holiday Hold be dropped off at the FRONT DESK, not with the classroom teacher.** Those books will be delivered separately from the rest of your order.



Book Donation for Library: If your family would like to donate a book to the library, mark the title/s on your order form with a ‘D’. We will put a bookplate with your family’s name in the front of the book to acknowledge your donation.

DIARY If you purchased the new **Diary of a Wimpy Kid: Double Down** book (release day 11/1/16), it can be delivered to your child the following day if payment is received.



Questions ? Please email them to bbruce@sscps.org or caithollowed@gmail.com.

YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to www.coffeepond.com, to login use school password: [bluejaguar](#). Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at cbodnar@sscps.org to get yours!

DEVELOPMENT OFFICE

The South Shore Charter Educational Foundation has officially kicked off the Annual Fund Giving Campaign. Revenues raised through our Annual Fund allow us to enhance our library, music, athletics and vital educational programs that benefit our entire student body. A letter was mailed last week so please check your mail. We thank you for considering a [donation to SSCEF](#). We will have envelopes at both 100 and 700 Longwater if you want to drop off a check. Thank you for your support.

The Wizard of Oz, Jr. is coming up on Friday, November 18th at 7pm, and Saturday, the 19th at 3pm at the Hingham Middle school. Tickets for the Wizard of Oz are on sale now. You can purchase your tickets at the Front Desk at 100 or 700 Longwater Circle as long as you bring exact change or a check payable to SSCPS. Please avoid drop off and pick up times as the front desk gets very busy. **Buy your tickets on line by clicking the following link:** [Buy tickets here!](#)

Grandparents and Special Friends Day is scheduled for Wednesday, November 23rd from 10:30-11:45pm. All Level I families (grades K, 1, and 2), will be invited to spend some quality time with your child in their classroom and hear from Ted. An email invitation will be sent out this week to the parents of all Level I families. [Please RSVP for your grandparents or special friends here!](#)

The holidays are around the corner! Get a heads start and dress your child in the SSCPS apparel. Pick up some new SSCPS mechanical pencils, pens, and lip balm. Both 100 and 700 have limited inventory but check it out! Ryan's marketing workshop is handling high school purchases, while Donovan's school store project is selling the pens, pencils and lip balm.

The Stop and Shop A+ rewards program is ongoing, so please make sure you have registered your card and our school will get quarterly monetary incentives. Also make sure to link your Amazon account through the Amazon Smile program and .05% of your purchases will benefit the South Shore Charter Educational Foundation, Inc. [See this link to register!](#)

Thank you for all your support. Laurie Dannison ldannison@sscps.org

COMMUNITY SERVICE OPPORTUNITIES

Collection for our Troops!!

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much needed and appreciated necessities and reminders of home for our troops overseas. Former Cadet Tom Lentini, deployed in Okinawa, SPC Jacob Hultman, Deployed in Kuwait and an Air Force Squadron deployed in Afghanistan and their fellow troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service.

Many service members deployed don't have people from home to motivate and support them. Shannon and CAP want to send as many boxes as possible before the Holidays, which is a tough time to be away from home. This is an awesome opportunity for us to show our gratitude for their service!

There is a list of their needs and requests on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out.

For more information about donations, or CAP please contact Shannon Daly at Shandewi@hotmail.com

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



The need is constant.
The gratification is instant.
Give blood.™

Norwell Community Blood Drive

Sponsored by South Shore Charter Public School

Wednesday, November 16, 2016

1:00 p.m. – 6:00 p.m.

Gym

104 Longwater Drive

For an appointment please call 1-800 RED CROSS
(733-2767) or visit redcrossblood.org

American Red Cross

1-800-RED CROSS | redcrossblood.org

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Wizard of OZ Jr.

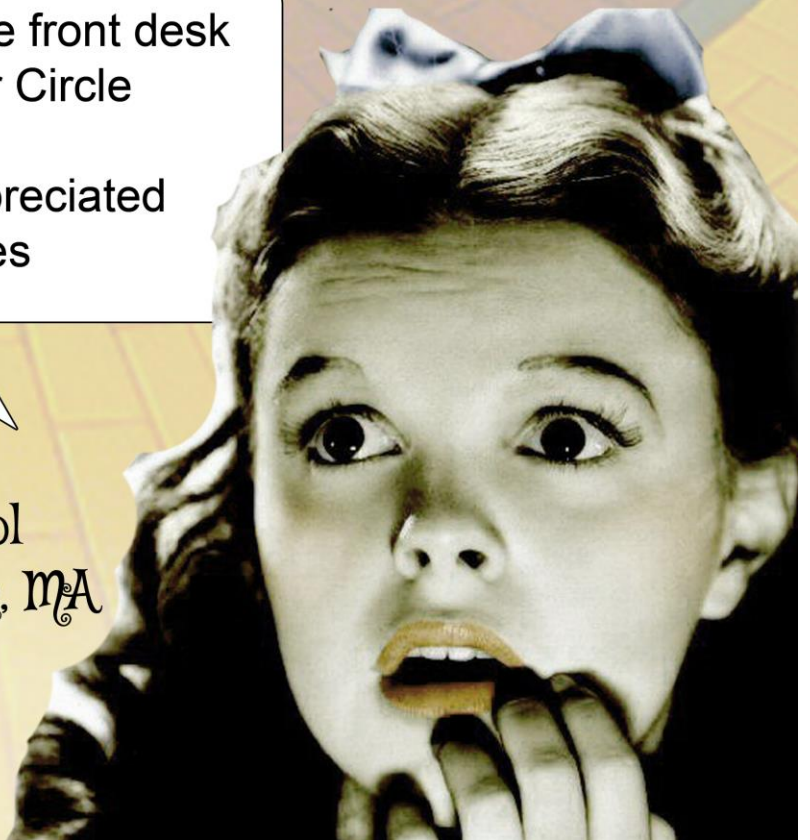
Friday, November 18th at 7:00 pm
Saturday, November 19th at 3:00 pm

ticket prices : \$10 for Students and Seniors
\$12 for Adults

Tickets available at the front desk
of 100 Longwater Circle

Proper change appreciated
for cash sales

Hingham Middle School
1103 Main Street Hingham, MA



LIST OF TROOPS NEEDS AND REQUESTS

- HEALTHY SNACKS.
- DRINK MIX SINGLES AND CONDIMENT PACKS.
- DRY CEREAL, POWDERED MILK/SUGAR PACKETS.
- POP-TOP CANNED MEALS.
- PROTEIN/GRANOLA BARS (THEY LOVE JERKY!).
- ASSORTED TOILETRIES FOR BOTH GENDERS (ORAL HYGIENE PRODUCTS, LOTION, FOOT/BODY POWDER, BABY WIPES, BODY WASH/2 IN ONE SHAMPOO, ETC).
- MORALE BOOSTERS (CURRENT MAGAZINES, BOOKS/PUZZLE BOOKS, DVD'S, BOARD GAMES, LETTERS/MAIL, ETC.).
- PAST TIMES (FRISBEEES, SPORTS EQUIPMENT, PLAYING CARDS, POCKET GAMES, ETC.).
- BLANK GREETING CARDS TO SEND HOME, RETRACTABLE PENS, ETC.
- HALLOWEEN CANDY.
- LETTERS FROM EVERYONE ARE ALWAYS WELCOME!

Something that will remind
them of home!

For more information contact Shannon Daly in the
High School

Email: shandewi@hotmail.com



Holly Hill Farm & Friends

10/24/2016 FOR IMMEDIATE RELEASE: Contact Info: *Friends of Holly Hill Farm* Holly Hill Farm 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565 Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

FARM TO FOOD PANTRY VOLUNTEER FARMING DAY! Saturday, November 12th from 9-12 noon

Come help make compost, harvest, build a garden bed, plant and tend at the farm's food pantry garden. Many tasks for all types of volunteers. We have lots to harvest for Father Bill's in Quincy and there is garlic to plant as well. We will enhance the fence, construct a few new beds and add nutrients to these hard working garden beds, which have helped with our yield of over 250 pounds of organic produce this season, to local food pantries and kitchens. Chipotle burrito coupons will be given to all who participate! Hope to see you there. Free event. Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org [781-383-6565](tel:781-383-6565)

FALL FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Fall Farm to Food Pantry Program is for teenagers aged 13-18. The fall program will begin September 7th and 9th from 3:00-5:00pm and every Wednesday and Friday through Thanksgiving. Complete your community service requirements this fall at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries. Contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

NEW EVENT! Make Compost and Tuck in the Garden for Winter, Saturday, November 19th at 9:00-10:30am Join us as we learn how to set up (or enhance) a backyard compost pile. Compost is a great resource for a natural, nutrient-rich fertilizer for your garden at any stage of growth. We will also employ some plans for preparing your garden for the cold months. This hands-on workshop will also send you home with some finished compost for your own garden. \$12 for *Friends of Holly Hill Farm* members; \$15 for non-members Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org [781-383-6565](tel:781-383-6565)

NEW EVENT!! 8th ANNUAL HOLLY DAY FAIR, Saturday, December 3rd from 10:00 – 3:00pm

Unique gifts for holiday giving, wreath making workshop and seasonal cheer! Join the festivities at Holly Hill's annual, traditional Holly Day Fair – create your own personalized evergreen wreath on site using freshly harvested holly and greens from the woodlands of Holly Hill Farm. Wreath workshop: \$20 for Members/\$25 for Non Members (bring last year's grapevine base if you saved it). Festive bows \$5. Brown Boar Farm will be serving hot, grilled sausages and we will have hot beverages. Our Greenhouse will be bursting with gorgeous gift items, created by noted, local artisans. Come and find the perfect creation for your loved ones. Fine jewelry by Sage, hand made pottery by Helen Najarian, West Elm Farm soaps, candles and wools, Sommers Bounty jams, fine art, upcycled leather goods and so much more. Weather permitting, the farmers will take visitors on a hayride pulled by one of our trusty tractors! Bring your friends and family for our annual holiday tradition! Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org [781-383-6565](tel:781-383-6565)

HOLLY HILL FARMSTAND in the MAIN BARN. OPEN Wednesdays, Thursdays, Fridays, Saturdays and Sundays from 10:00-5:00pm featuring seasonally available organic produce featuring our ARUGULA, pea shoots, Swiss chard, kale, potatoes, onions and garlic! Brussels sprouts on the stalk, red cabbage and wonderful winter squashes. Holly Hill's own honey in 1-1/2 lb. jars for \$20. Season's last dahlia bouquets! Freshly baked breads from The Breadbasket of Hull on Saturday and Sunday mornings. Fresh and dried, organically grown cranberries. For weekly notification of specific produce and other delicious offerings in the Farm Stand, send your email address to friendsofhollyhillfarm@gmail.com. Holly Hill Farm, 236 Jerusalem Rd., Cohasset 781-383-6565. Hollyhillfarm.org

SCHOOL FIELD TRIPS TO HOLLY HILL FARM

As it is the harvest season and almost seed saving time, please consider booking your grade level field trip to Holly Hill Farm. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or jbelberhollyhill@hotmail.com

SCHOOL PARTNERSHIPS – A WEEKLY SNAPSHOT

Recently the farm teachers attended two farm education workshops, one in Leominster and one in Concord. We learned from other educators, for example, the importance of saving seeds from one year to the next. One workshop explored the sustainability of providing New England grown farm produce to our region (the N.E. Food & Farming Vision). The Educators of Holly Hill Farm presented several workshops. Janice McPhillips helped share the results of our partnership and

collaboration with the Quincy Public Schools to host field trips, train teachers and help start organic farm gardens at the Quincy schools. Jon Belber led a program with three teenagers about the *Farm to Food Pantry* community service program. Soon we will plant garlic at the Academy Avenue School in Weymouth, more schools in Quincy and the South River School in Marshfield.



Sensory Strong Kids

50 minute Sensory based Movement Group

Join us for a 50 minute sensorimotor group incorporating developmentally challenging gross motor play & sensory strategies for improved regulation.



Led by Bridget Dujardin, MSOTR/L
Occupational Therapist & Owner of Boston Sensory Solutions, LLC

Saturdays 12:30- 1:20 for children 6years- 12years old. Groups resume Sept. 10th.

Boston Sensory Solutions, LLC- 500 Granite Ave., Suite 1 Milton, MA 02186

Group limited to 12 children/ class. **Sign-up REQUIRED** to reserve a space.

Email Bridget@BostonSensorySolutions.com to pre-register.

Cost- \$50/ month or drop in (space permitting with pre-registration) for \$15/ class.

"Like" us on Facebook @ [facebook.com/BostonSensorySolutions](https://www.facebook.com/BostonSensorySolutions).

Breakfast Order Form
Breakfast for the Month of November, 2016
Due to the office by 3:00 pm, ***Tuesday**, November 15, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

~~Week of _____ [] Monday _____ [] Tuesday _____ [] Wednesday _____ [] Thursday _____ [X] Friday~~
~~11/7 – 11/11 _____~~

~~Week of _____ [] Monday _____ [] Tuesday _____ [] Wednesday _____ [] Thursday _____ [] Friday~~
~~11/14 – 11/18 _____~~

Week of [] Monday [] Tuesday [] Wednesday [X] Thursday [X] Friday
11/21 – 11/25

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
11/28 – 12/2

Number of Breakfasts ordered _____ X \$1.85

Less credit due

Total Amount Enclosed

Cash or Checks may be made out to SSCPS.

\$ _____

Lunch Order Form

Lunch for the Month of November, 2016

Due to the office by 3:00 pm, *Tuesday, November 15, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
 11/7 – 11/11 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **NO SCHOOL**

Week of Monday Tuesday Wednesday Thursday Friday
 11/14 – 11/18 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Early Release** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday
 11/21 – 11/25 **Reg or Salad** **Reg or Salad** **Early Release** **NO SCHOOL** **NO SCHOOL**

Week of Monday Tuesday Wednesday Thursday Friday
 11/28 – 12/2 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ X \$3.40

Less credit due _____

Total Amount Enclosed



\$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL
NOVEMBER, 2016

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
7 WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	8 2 oz. Cereal Fruit Juice Milk	9 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	10 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	11 
14 Cereal Graham Crackers Fruit Orange Juice Milk	15 WG Bagel w/Jelly Fruit Orange Juice Milk	16 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	17 WG Cinnamon Roll Fruit Juice Milk	18 WG Bagel Fruit Orange Juice Milk
21 Cheerios Graham Crackers Fruit Orange Juice Milk	22 2 oz. Cereal Fruit Orange Juice Milk	23 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	24 25 	
28 Cereal WG Grahams Fruit Juice Milk	29 WG Waffle Snackers Fruit Juice Milk	30 WG Croissant w/Jelly Fruit Juice Milk	DEC. 1 2 oz. Cereal Fruit Juice Milk	2 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**





Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
NOVEMBER, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 A Hamburger on WG Roll Baked Beans B Salad w/Tuna & WG Pita Bread Milk	8 A Grilled Chicken over Veggie Pasta Salad B Salad w/Tuna & WG Pita Bread Milk	9 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WG Pita Bread Milk	10 A Chicken Quesadilla Carrots B Salad w/Tuna & WG Pita Bread Milk	11  VETERANS DAY
14 A Meatball Sub Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	15 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	16 A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	17 EARLY DISMISSAL	18 A Cheese Pizza Potato Wedges Carrots B Salad w/Hummus & WG Pita Bread Milk
21 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WG Pita Bread Milk	22 A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	23 	24  Happy Thanksgiving	25 
28 A BBQ Chicken on WW Bun Sweet Potato Fries B Salad w/Turkey & WG Pita Bread Milk	29 A Tuna Salad on WG Bun Chickpea Salad B Salad w/Turkey & WG Pita Bread Milk	30 A Stuffed Shells Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	DEC. 1 A Cheeseburger Mac Broccoli Honey Wheat Dinner Roll B Salad w/Turkey & WG Pita Bread Milk	2 A Cheese Pizza Potato Wedges B Salad w/Turkey & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

"This institution is an Equal Opportunity Employer"



Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
NOVEMBER, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 A Hamburger on WG Roll Baked Beans B Salad w/Tuna & WG Pita Bread Milk	8 A Grilled Chicken over Veggie Pasta Salad B Salad w/Tuna & WG Pita Bread Milk	9 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WG Pita Bread Milk	10 A Chicken Quesadilla Carrots B Salad w/Tuna & WG Pita Bread Milk	11 
14 A Meatball Sub Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	15 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	16 A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	17 EARLY DISMISSAL	18 A Cheese Pizza Potato Wedges Carrots B Salad w/Hummus & WG Pita Bread Milk
21 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WG Pita Bread Milk	22 A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	23	24 	25
28 A BBQ Chicken on WW Bun Sweet Potato Fries B Salad w/Turkey & WG Pita Bread Milk	29 A Tuna Salad on WG Bun Chickpea Salad B Salad w/Turkey & WG Pita Bread Milk	30 A Stuffed Shells Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	DEC. 1 A Cheeseburger Mac Broccoli Honey Wheat Dinner Roll B Salad w/Turkey & WG Pita Bread Milk	2 A Cheese Pizza Potato Wedges B Salad w/Turkey & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

All Meals Include Fruit

* Complies with NSLP Regulations

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