



#### FROM THE EXECUTIVE DIRECTOR

There are times when events in the world around us pervade our school walls bringing to light the fact that we are not only individuals, but also an important part of the national landscape. We have all endured a long and challenging year filled with rhetoric that was difficult for both adults and children to hear. The past eighteen months leading up to last week's election were fraught with divisive language and less than optimal behavior leaving many to question who we are as a nation and what values we truly hold.

We do not have these questions. Our values as a school are based on the dignity and rights of every person. Furthermore, we know the importance of language and the weight words hold. We also know that in all likelihood, our children have heard some or all of the harmful words and ideas being exchanged nationwide. Although we sincerely hope this is not the case, exposure to rhetoric may lead some to believe it is acceptable to participate in harmful speech or discriminating behavior either online or in school. As teachers and as parents we are all hoping that the uptick in malicious behavior reported nationally is not something we see in our classrooms and hallways. As always, we will continue to have a zero tolerance policy for discrimination and harassment as outlined in our student handbook. Regardless of election outcomes, we adhere to the tenets protected by law; Title VI of the Civil Rights Act of 1964, Title IX of the 1972 Educational Amendments, and Section 504 of the Rehabilitation Act of 1973.

Our school community has worked hard to create a supportive and inclusive environment for all of our students. The work continues every day. This will prove invaluable in the weeks to come. Our student body is made up of a diverse group of students, each bringing something of value to our collective. We know it is important to be a community where all members can support the political candidate of their choice, and ideas are heard without harm to others. It remains important that we work hard to ensure all of our students feel welcome and safe, particularly when voices from the outside may be sending a different message.

Our efforts now are more important than most of us could have ever realized. Working together as parents and teachers, we can help our children negotiate the current landscape. I would like to thank you for all of the work you do, both at home and at school, to make a difference in the life of your child and in the lives of others.

Alicia Savage asavage@sscps.org

Wednesday	11/16	National Honor Society Hosts Blood Drive at the SSCPS Gym	1:00-6:00pm
Thursday	11/17	Level IV 8 <sup>th</sup> Grade Math Best Chevrolet	
Thursday	11/17	Early Release	12:00pm
Thursday	11/17	Parent/Teacher Conferences	1:00-3:30pm
Friday	11/18	Wizard of Oz, Jr. Performance at Hingham Middle School	7:00pm
Saturday	11/19	Enrollment Open House	11:00am-1:00pm
Saturday	11/19	Wizard of Oz, Jr. Performance at Hingham Middle School	3:00pm
Wednesday	11/23	Grandparents and Special Friends Day for Level I	10:30-11:45am
Wednesday	11/23	Early Release	12:00pm
Thurs-Fri	11/24 & 25	Thanksgiving Break – No School	

#### **ANNOUNCEMENTS**

#### **NHS Hosting Blood Drive**

The National Honor Society will be hosting a blood drive on November 16, in the SSCPS gym space (104 Longwater Drive) from 1:00 through 6:00. The minimum age for donations is 17, or 16 with a filled out parental consent form. Walk-ins are welcome, but to make an appointment call 1-800-RED-CROSS (1-800-733-2767) or visit www.redcross.org.

#### Parent Teacher Conferences Thursday, November 17<sup>th</sup> from 1-3:30pm

To schedule a conference with your student's teachers please see below:

#### Level I (Grades K, 1, and 2) – Email the teacher directly:

Nora Broderick - Hbroderick@sscps.org

Kristen Edwards – Kedwards @sscps.org

June Fontaine — Jfontaine@sscps.org

Melissa Freitas – Mfreitas@sscps.org

Sandy Guimond – Squimond@sscps.org

Sheina Eugene-Prince — Sprince@sscps.org

Kassandra Sullivan – Ksullivan@sscps.org

Deana Tondorf - <u>Dtondorf@sscps.org</u>

Jessica Woods – <u>Jwoods@sscps.org</u>

Level II (Grades 3 and 4) – Call Dee Delaney at 781-982-4202 ext. 159 or email ddelaney@sscps.org.

#### Level III (Grades 5 and 6) - Email the teacher directly:

Ben Anderson (Math) - Banderson@sscps.org

Christine Bodnar (Health/Graphics) - Cbodnar@sscps.org

Jenna Brink (Science) - Jbrink@sscps.org

Marianne Buckley-Curran (Art) - Mbuckleycurran@sscps.org

Joyce Dandrow (Learning Services) - Jdandrow@sscps.org

Donovan Fauvelle (Math) - Dfauvelle@sscps.org

Ashley Hiehiapo (History) - Ahiehiapo@sscps.org

Jenn Johnson (ELA) - <u>Jjohnson@sscps.org</u>

Maria Lappas (Spanish) - Mlappas@sscps.org

Theron Leonard (Music) - <u>Tleonard@sscps.org</u>

Jane Sullivan (ELA) - Jsullivan@sscps.org

Bill Tramontana (Learning Services) - Wtramontana@sscps.org

Level IV (Grades 7 and 8) – Call Dee Delaney at 781-982-4202 ext. 159 or email ddelaney@sscps.org.

**High School (Grades 9, 10, 11, and 12)** – Call Dee Delaney at 781-982-4202 ext. 159 or email <u>ddelaney@sscps.org</u>.

#### **School Lunch**

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return to Charlene Evans, Food Services Coordinator **by September 30, 2016.** Click here for the application for free or reduced price meal benefits.

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

#### UPDATE ON 2016 FALL BOOK FAIR FROM THE LIBRARY COMMITTEE

This year's Book Fair was a resounding success! Thank you to the entire SSCPS community for your support of this fundraiser and for promoting reading as an important part of your family's life. **The books will be delivered to students this Friday afternoon.** Over 395 books were sold, and many new books were donated to the Library to supplement our K-12 collection. If you had a **Holiday Hold**, those items are available for pick-up at your earliest convenience at the Front Desk with Karen Boyle.

There are *many* individual parents to thank- starting first and foremost with Library Co-Chairpersons Caitriona Hollowed and Kerry Benjamin and committee members Deb Paquette and Patty Downey. These hardworking parent volunteers assisted with all aspects of the planning, with a special thanks to Caitriona for coordinating the parent volunteers who worked at the fair. Deb helped to set up the fair in the wee hours on Wednesday, and Eileen Collins worked her accounting magic behind the scenes to meticulously record each day's orders. Melissa Freitas created the sign-up sheet for teachers, and Kerry Benjamin with assistance from Kathy MacDonald and Kirsten Mullen ran the Book Fair at the November PA evening meeting. A heartfelt thank you also goes out the parent volunteers who assisted students at the book tables, and shared their excitement about the selections: Caitriona Hollowed, Kerry Benjamin, Patty Downey, Ken Lee, Deb Paquette, Nicole Franklin, Ellie Handleman, and Janet Daley. And finally, Karen Boyle fielded numerous questions and orders at the front desk.

And finally, accolades go out to **Storybook Cove bookseller Janet Bibeau** for providing the outstanding selection of books from which to choose. It "takes a village" to run a Book Fair!

If you have any questions about your order, please contact me at <a href="mailto:bbruce@sscps.org">bbruce@sscps.org</a> or x336. Thank you all!

Bev Bruce

#### YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to <a href="www.coffeepond.com">www.coffeepond.com</a>, to login use school password: <a href="bluejaguar">bluejaguar</a>. Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at <a href="mailto:cbodnar@sscps.org">cbodnar@sscps.org</a> to get yours!

#### **DEVELOPMENT OFFICE**

The South Shore Charter Educational Foundation has officially kicked off the Annual Fund Giving Campaign. Revenues raised through our Annual Fund allow us to enhance our library, music, athletics and vital educational programs that benefit our entire student body. We thank you for considering a donation to SSCEF. We will have envelopes at both 100 and 700 Longwater if you want to drop off a check. Thank you for your support.

The Wizard of Oz, Jr. is this weekend Friday, November 18th at 7pm, and Saturday, the 19th at 3pm at the Hingham Middle School. Tickets for the Wizard of Oz, Jr. are on sale now. You can purchase your tickets at the

Front Desk at 100 or 700 Longwater Circle as long as you bring exact change or a check payable to SSCPS. Please avoid drop off and pick up times as the front desk gets very busy. Tickets will also be available at the door the night of the show but you can **buy your tickets on line by clicking the following link:** Buy tickets here!

Grandparents and Special Friends Day is scheduled for Wednesday, November 23rd from 10:30-11:45pm. All Level I families (K, grade one and two), will be invited to spend some quality time with your child in their classroom and hear from Ted. An email invitation will be sent out this week to the parents of all Level I families. **Please RSVP for your grandparents or special friends in the email.** 

The holidays are around the corner! Get a heads start and dress your child in the SSCPS apparel. Pick up some new SSCPS mechanical pencils, pens, and lip balm. Both 100 and 700 have limited inventory but check it out! Ryan's Marketing Workshop is handling high school purchases, while Donovan's School Store Project is selling the pens, pencils and lip balm.

The Stop and Shop A+ rewards program is ongoing, so please make sure you have registered your card and our school will get quarterly monetary incentives. Also make sure to link your Amazon account through the Amazon Smile program and .05% of your purchases will benefit the South Shore Charter Educational Foundation, Inc. See this link to register!

Thank you for all your support. Laurie Dannison <a href="mailto:ldannison@sscps.org">ldannison@sscps.org</a>

#### COMMUNITY SERVICE OPPORTUNITIES

#### **Collection for our Troops!!**

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much needed and appreciated necessities and reminders of home for our troops overseas. Former Cadet Tom Lentini, deployed in Okinawa, SPC Jacob Hultman, Deployed in Kuwait and an Air Force Squadron deployed in Afghanistan and their fellow troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service.

Many service members deployed don't have people from home to motivate and support them. Shannon and CAP want to send as many boxes as possible before the Holidays, which is a tough time to be away from home. This is an <u>awesome</u> opportunity for us to show our gratitude for their service!

There is a list of their needs and requests on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out.

For more information about donations, or CAP please contact Shannon Daly at Shandewi@hotmail.com

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>







Dear Families,

Grandparents' and Special Friends' Day is on Wednesday, November 23<sup>rd</sup>. This year, Kassandra's Pod will be working with our guests to make hats, scarves, and care packages for people in need.

To complete this project, we will need donations of the following materials:

- LOTS of fleece (minimum 1 yard, neutral colors)
- Gloves and mittens
- Socks

Thank you in advance for your generous support!

-Kassandra's Pod

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The need is constant. The gratification is instant. Give blood. $^{TM}$ 

# Norwell Community Blood Drive

Sponsored by South Shore Charter Public School

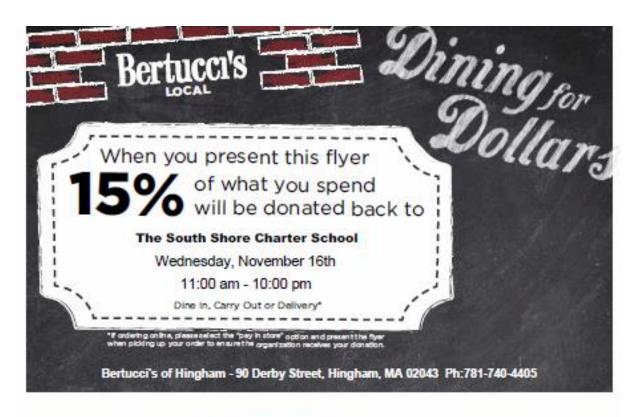
Wednesday, November 16, 2016 1:00 p.m. – 6:00 p.m. Gym 104 Longwater Drive

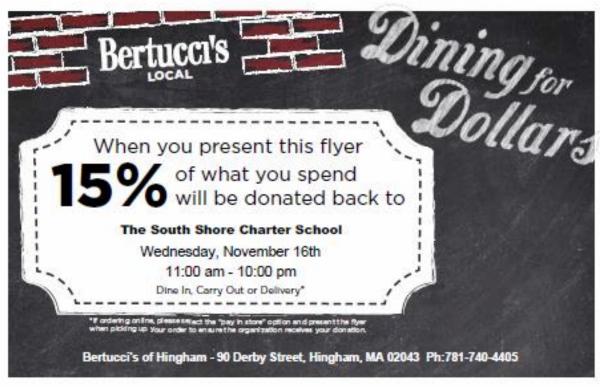
For an appointment please call 1-800 RED CROSS (733-2767) or visit redcrossblood.org

**American Red Cross** 

1-800-RED CROSS | redcrossblood.org

£2014 The American Red On







## LIST OF TROOPS NEEDS AND REQUESTS

- HEALTHY SNACKS.
- Drink Mix Singles and Condiment Packs.
- DRY CEREAL, POWDERED MILK/SUGAR PACKETS.
- POP-TOP CANNED MEALS.
- Protein/granola bars (They Love jerky!).
- Assorted Toiletries for Both Genders (Oral Hygiene Products, Lotion, Foot/body Powder, Baby Wipes, Body Wash/2 in one shampoo, etc).

- Morale Boosters (Current Magazines, Books/puzzle Books, DVD's, Board Games, Letters/mail, etc.).
- Past Times (Frisbees, Sports Equipment, playing cards, pocket games, etc.).
  - Blank Greeting Cards to Send Home, Retractable Pens, etc.
  - Halloween Candy.
  - Letters from everyone are always welcome!

# Something that will remind them of home!

For more information contact Shannon Daly in the High School

Email: shandewi@hotmail.com





10/24/2016 FOR IMMEDIATE RELEASE: Contact Info: *Friends of Holly Hill Farm* Holly Hill Farm236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565 Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

#### **UPCOMING EVENTS & ACTIVITIES**

#### FALL FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Fall Farm to Food Pantry Program is for teenagers aged 13-18. The fall program will begin September 7th and 9<sup>th</sup> from 3:00-5:00pm and every Wednesday and Friday through Thanksgiving. Complete your community service requirements this fall at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries. Contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

**NEW EVENT! Make Compost and Tuck in the Garden for Winter, Saturday, November 19th at 9:00-10:30am** Join us as we learn how to set up (or enhance) a backyard compost pile. Compost is a great resource for a natural, nutrient-rich fertilizer for your garden at any stage of growth. We will also employ some plans for preparing your garden for the cold months. This hands-on workshop will also send you home with some finished compost for your own garden. \$12 for *Friends of Holly Hill Farm* members; \$15 for non-members Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org 781-383-6565

#### NEW EVENT!! 8th ANNUAL HOLLY DAY FAIR, Saturday, December 3rd from 10:00 - 3:00pm

Unique gifts for holiday giving, wreath making workshop and seasonal cheer! Join the festivities at Holly Hill's annual, traditional Holly Day Fair – create your own personalized evergreen wreath on site using freshly harvested holly and greens from the woodlands of Holly Hill Farm. Wreath workshop: \$20 for Members/\$25 for Non Members (bring last year's grapevine base if you saved it). Festive bows \$5. Brown Boar Farm will be serving hot, grilled sausages and we will have hot beverages. Our Greenhouse will be bursting with gorgeous gift items, created by noted, local artisans. Come and find the perfect creation for your loved ones. Fine jewelry by Sage, hand made pottery by Helen Najarian, West Elm Farm soaps, candles and wools, Sommers Bounty jams, fine art, upcycled leather goods and so much more. Weather permitting, the farmers will take visitors on a hayride pulled by one of our trusty tractors! Bring your friends and family for our annual holiday tradition! Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org 781-383-6565

HOLLY HILL FARMSTAND in the MAIN BARN. OPEN Wednesdays, Thursdays, Fridays, Saturdays and Sundays from 10:00-5:00pm featuring seasonally available organic produce featuring our ARUGULA, pea shoots, Swiss chard, kale, potatoes, onions and garlic! Brussels sprouts on the stalk, red cabbage and wonderful winter squashes. Holly Hill's own honey in 1-1/2 lb. jars for \$20. Freshly baked breads from The Breadbasket of Hull on Saturday and Sunday mornings. Fresh and dried, organically grown cranberries. For weekly notification of specific produce and other delicious offerings in the Farm Stand, send your email address to <a href="mailto:friendsofhollyhillfarm@gmail.com">friendsofhollyhillfarm@gmail.com</a>. Holly Hill Farm, 236 Jerusalem Rd., Cohasset 781-383-6565. Hollyhillfarm.org

#### SCHOOL FIELD TRIPS TO HOLLY HILL FARM

As it is the harvest season and almost seed saving time, please consider booking your grade level field trip to Holly Hill Farm. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or <a href="mailto:jbelberhollyhill@hotmail.com">jbelberhollyhill@hotmail.com</a>

#### SCHOOL PARTNERSHIPS - A WEEKLY SNAPSHOT

Recently the farm teachers have been saving seeds such as corn, bean and sunflower from school gardens in Norwell, Scituate and Hingham so that we can have seeds to sow in Spring. We have also been gathering lots of washed-ashore seaweed for garlic planting. Garlics will be plunged into the ground for a long Winter's nap followed by early Spring growth at all the elementary schools in Hingham and Scituate. Much like daffodils and tulips, though more healthy and better for bread, the garlic is a bulb that will root up these lovely Autumn days.

# Order Form for the Month of November, 2016

Due to the office by 3:00 pm, \*Tuesday, November 22, 2016

Student Nam	e					
Pod Teacher/	Advisor		G	rade		
	Plea	se <u>CHECK</u> off th	he day breakfast wi	ll be orde	ered.	
		BR	EAKFAST			
Week of 11/28 – 12/2	[ ] Monday	[ ] Tuesday	[ ] Wednesday	[ ] Th	ursday [	] Friday
Number of B	reakfasts ordered			2	X \$1.85	
	ue Il Amount Enc eks may be made			\$	<u> </u>	
			LUNCH			
Week of 11/28 – 12/2	Monday Reg or <mark>Salad</mark>	Tuesday Reg or Salad	Wednesday Reg or Salad		ursday g or <mark>Salad</mark>	Friday Reg or Salad
<ul> <li>Optio</li> </ul>	on A = Regular Lu on B = Salad Lunc only choose 1 (one	h Choice				
Number of R	egular Lunches	(A) ordered		X	\$3.40	
Number of S	alads (B) ordered	l		X	\$3.40	
Less credit di	ие					
	al Amount Enc				\$	_

### Breakfast Order Form Breakfast for the Month of December, 2016

Due to the office by 3:00 pm, \*Tuesday, November 29, 2016

Student Name					
Pod Teacher/Advisor		(	Grade		
	Please CHECK off	se <b>CHECK</b> off the day breakfast will be ordered.			
Week of [ ] Mond 12/5 – 12/9	ay [] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday	
Week of [ ] Mond. 12/12 – 12/16	ay [ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday	
Week of [ ] Mond. 12/19 – 12/23	ay [] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday	
Number of Breakfasts or	dered		X \$1	1.85	
Less credit due  Total Amount Cash or Checks may be a			\$	<u> </u>	

### Lunch Order Form Lunch for the Month of December, 2016

Due to the office by 3:00 pm, \*Tuesday, November 29, 2016

Student Name						
Pod Teacher/Advisor			Gra	de		
	Please <u>circl</u>	<u>e</u> <b>one</b> choice j	per each day l	unch is oi	rdered	d.
Week of 12/5 – 12/9	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or		Friday Early Release
Week of 12/12–12/16	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or		Friday Reg or Salad
Week of 12/19 – 12/23	Monday Reg or Salad	<u>Tuesday</u> <b>Reg</b> or <mark>Salad</mark>	Wednesday Reg or Salad	Thursday <b>Reg</b> or S	_	Friday Early Release
<ul> <li>Option</li> </ul>	A = Regular Lun B = Salad Lunch lly choose 1 (one)	Choice				
Number of <b>Re</b>	gular Lunches (A	A) ordered		X \$3	3.40	
Number of Sal	lads (B) ordered			X \$	3.40	
Less credit due	e			_		
	Amount Encloss may be made or			\$_		_



## SOUTH SHORE CHARTER SCHOOL DECEMBER, 2016

#### **BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday		
28	29	30	DEC. 1	2		
Cereal	WG Waffle Snackers	WG Croissant & Jelly	2 oz. Cereal	3.6 oz. WG Banana Muffin		
WG Grahams	Fruit	Fruit	Fruit	Fruit		
Fruit	Orange Juice	Orange Juice	Orange Juice	Orange Juice		
Juice	Milk	Milk	Milk	Milk		
Milk						
5	6	7	8	9		
WG Cinnamon Raisin Bagel	2 oz. Cereal	3.6 oz. WG Blueberry Muffin	3.6 oz. WG Chocolate Muffin	WG Cinnamon Bun		
Fruit	Fruit	Fruit	Fruit	Fruit		
Orange Juice	Juice	Orange Juice	Orange Juice	Orange Juice		
Milk	Milk	Milk	Milk	Milk		
12	13	14	15	16		
Cereal	WG Bagel w/Jelly	3.6 oz. WG Chocolate Chip Muffin	WG Cinnamon Roll	WG Bagel		
Graham Crackers	Fruit	Fruit	Fruit	Fruit		
Fruit	Orange Juice	Orange Juice	Juice	Orange Juice		
Orange Juice	Milk	Milk	Milk	Milk		
Milk						
19	20	21	22	23		
Cheerios	2 oz. Cereal	3.6 oz. WG Apple Muffin	3.6 oz. WG Blueberry Muffin	WG Waffle Snackers		
Graham Crackers	Fruit	Fruit	Fruit	Fruit		
Fruit	Orange Juice	Orange Juice	Juice Milk	Orange Juice		
Orange Juice Milk	Milk	Milk	WIIIK	Milk		
26	27	28	29	30		
		20				
	, <u> </u>	apply Halid		N F		
Happy Holidays!						
				•		

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

Skim

#### ALL MENUS ARE SUBJECT TO CHANGE

1%

\*Before placing your order, please inform the school if you have a food allergy!

<sup>\*</sup> Complies with NSLP Regulations

Grade:			
Room:			



No. of Lunches:	
Amount Enclosed:	

## SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 DECEMBER, 2016

#### LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A BBQ Chicken on WW Bu Sweet Potato Fries B Salad w/Turkey & WG Pita Bread Milk	A Tuna Salad on WG Bun Chickpea Salad B Salad w/Turkey & WG Pita Bread Milk	30 A Stuffed Shells Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	DEC. 1  A Cheeseburger Mac Broccoli Honey Wheat Dinner Roll B Salad w/Turkey & WG Pita Bread Milk	A Cheese Pizza Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
5 A Hamburger on WG Rol Baked Beans B Salad w/Tuna & WG Pita Bread Milk	6 A Grilled Chicken over Veggie Pasta Salad B Salad w/Tuna & WG Pita Bread Milk	7 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WG Pita Bread Milk	A Chicken Quesadilla Carrots B Salad w/Tuna & WG Pita Bread Milk	9 EARLY DISMISSAL
12 A Meatball Sub Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	14 A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	15 A Sloppy Joe on WG Bun Green Beans B Salad w/Hummus & WG Pita Bread Milk	16 A Cheese Pizza Carrots B Salad w/Hummus & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WG Pita Bread Milk	A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	A American Chop Suey Broccoli & Carrots Whole Grain Roll B Salad w/Grilled Chicken & WG Pita Bread Milk	A Cheese Pizza Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	EARLY DISMISSAL

Happy Holidays!





Circle a Milk Choice

Skim

1%

All Meals Include Fruit

\* Complies with NSLP Regulations

#### ALL MENUS ARE SUBJECT TO CHANGE

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

Grade:	
Room:	



No. of Lunches:	
Amount Enclosed:	

#### SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12 DECEMBER, 2016

#### **LUNCH MENU** Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A BBQ Chicken on WW Bun Sweet Potato Fries B Salad w/Turkey & WG Pita Bread Milk	A Tuna Salad on WG Bun Chickpea Salad B Salad w/Turkey & WG Pita Bread Milk	30 A Stuffed Shells Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	DEC. 1  A Cheeseburger Mac Broccoli Honey Wheat Dinner Roll B Salad w/Turkey & WG Pita Bread Milk	A Cheese Pizza Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
A Hamburger on WG Roll Baked Beans B Salad w/Tuna & WG Pita Bread Milk	A Grilled Chicken over Veggie Pasta Salad B Salad w/Tuna & WG Pita Bread Milk	7 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WG Pita Bread Milk	A Chicken Quesadilla Carrots B Salad w/Tuna & WG Pita Bread Milk	EARLY DISMISSAL
A Meatball Sub Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	14 A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	15 A Sloppy Joe on WG Bun Green Beans B Salad w/Hummus & WG Pita Bread Milk	16 A Cheese Pizza Carrots B Salad w/Hummus & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WG Pita Bread Milk	A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	A American Chop Suey Broccoli & Carrots Whole Grain Roll B Salad w/Grilled Chicken & WG Pita Bread Milk	A Cheese Pizza Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	EARLY DISMISSAL
26	27	-Thappy Tholidays-	29	30

\* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1%

Skim

All Meals Include Fruit

\* Complies with NSLP Regulations

#### ALL MENUS ARE SUBJECT TO CHANGE