



# Update

November 30, 2016  
Vol. 11, Issue 5

## FROM THE 5-12 PRINCIPAL

Now that Thanksgiving is behind us and November is drawing to a close we are left with only four short weeks until we break for the holidays. This time of the year moves rapidly and is bursting with activity in every part of our campus. There is a great deal of learning left for our students in 2016, not only in the academic classroom, but at social events, on field trips, and through performances. The “life” portion of our mission is evident to anyone walking our halls in December. Some of the events in the next few weeks including the Fashion Show, the high school Coffee House, the kindergarten/high school trip to The Nutcracker, the Strings Workshop performance, and the 9-12 segment of the winter concert, are tied to the work of our Projects and Workshops. All Projects and Workshops have culminating events, performances, and celebrations integrated into the school calendar. This is an important component of the Project/Workshop model that provides students with an opportunity to present their work to an audience and a chance to celebrate achieving a goal. A number of these celebrations have become important traditions for our community.

For many high school Workshops these events serve as one of the Exhibitions of Mastery (EOMs) for the school year. The process of completing EOMs at the high school level is different than it is for students in grades K-8. High school Exhibitions do not have fixed dates on the calendar, but instead occur over a span of several weeks. These projects take many forms outside of the traditional trifold board or PowerPoint presentation that our younger students are accustomed to. Spreading out the process means that presentations can happen at points in the year that align with the goals of the group and the broad range of projects allows student work to appropriately echo the focus of the Workshop. The opportunity that students in the Music Workshop have to showcase their work at the Winter Concert is an excellent example of this. Students have chosen the pieces, practiced, and critiqued one another to prepare for the event. The concert provides a wonderful venue for students to practice different aspects of musicianship and I encourage families of K-8 students that are able to stay and watch our high school performers at work.

Another performance-based EOM will take place right before we break for vacation at the end of the month as students in the Art Workshop and their models participate in the Fashion Walk. I visited our Art Workshop students this week and found them intently focused on a variety of tasks, bringing their design ideas to life on their models. At the event students will have the opportunity to present a fashion piece they have constructed out of unconventional materials in the spirit of Project Runway. Just like on the popular runway show, the event includes outside judges, music, and even a runway coach. The event is not only a wonderful send-off before our break, but the culmination of many weeks of effort and a terrific showcase for the work of our talented students.

These examples are just a small sample of the activity our community has to look forward to in the coming weeks and of the opportunities that our students have to grow and learn beyond classroom-based instruction. Please do not hesitate to contact me with any questions or concerns.

Angie Pepin [aepin@sccps.org](mailto:aepin@sccps.org) 781-982-4202 x102

Friday	12/02	Level IV Dance at the Gym	4:00-6:00pm
Saturday	12/03	Parents Association Meeting at 100 Longwater Circle	8:00am
Wednesday	12/07	School Council	3:30pm
Thursday	12/08	Board of Trustees Finance Committee Development Committee	7:30pm 6:00pm 6:30pm
Friday	12/09	Professional Development Early Release	12:00pm
Friday	12/09	Parents Association Hosting Faculty/Staff Luncheon	12:00pm
Save the Date	12/14	Annual Winter Concert at Hingham High School	6:00pm

## ANNOUNCEMENTS

### Calling all bakers, cooks and purchasers for our Annual Teacher/Staff Appreciation Luncheon

The luncheon will take place on Friday, December 9th. This is the half day. We will need main dishes, side dishes, salads, desserts, and drinks.

If possible, **please** try to drop off your item in the morning at drop-off. This helps save time in the afternoon. You may also drop any items off at dismissal, especially if it's a hot item, since there is no way to reheat food, although Crock-Pots can be dropped off **anytime**.

We will also have people at the circle from 11:30am on, so you may drop off your item and jump right in the pickup line. The luncheon hosts about 100 faculty/staff members, and they love and appreciate the assortment of food that is sent in by our families. They always express their sincere appreciation to everyone. If you would like to donate or volunteer, please contact me directly at [debbielbundrick@yahoo.com](mailto:debbielbundrick@yahoo.com) Thank you in advance for your generous donations. They are greatly appreciated.

Deb Paquette, Parent of Kayleen and CJ (Level III)

### School Lunch

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return to Charlene Evans, Food Services Coordinator **by September 30, 2016.** [Click here for the application for free or reduced price meal benefits.](#)

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

## FROM THE HEALTH OFFICE

### Health Screenings

5th grade students will be screened by the Health Office in December unless they have a current physical exam on file or a parent request not to be screened. The screening consists of height, weight, hearing, near and distance vision screenings. Please contact the Health Office at ex 104 or by e-mail at [sdupras@sscps.org](mailto:sdupras@sscps.org) with questions or concerns.

### Cold and Flu Season

Please remember that the school policy states that all students must be **symptom free for 24 hours** before returning to school. Please contact the Health Office if you have concerns about your child attending or missing school. Absences will be excused as necessary to prevent the spread of these illnesses.

## WHAT'S HAPPENING IN WORKSHOPS AND PROJECTS?

**The Art Store** - Every year the high school art students and the department bring **The Art Store** live to our front lobby. It is an opportunity for our staff and art students to offer their creative pieces for sale. **GREAT PLACE TO CHECK OUT HOLIDAY GIFTS** A portion of the proceeds will go to the high school art program. So, **CHECK US OUT** between Thanksgiving and Christmas. Questions? See Marianne, x304.

**Global Graphic Project on Level IV** is holding a **NEW** winter clothing drive for Rosie's Place, a women's shelter in Boston Massachusetts. There is a collection box in the Front lobby at 100 Longwater Circle labeled "Rosie's Place". The **NEW** winter clothing that we are looking for are: Hats, Gloves, Socks, Scarves, Jackets, Sweatshirts, Sweatpants, and Earmuffs (larger sizes are appreciated, but all sizes welcome). We thank you for your time and we hope you donate for this good cause.

**Level II Paws for a Cause Project** - There is a new project this year called Paws for a Cause on Level II. We are looking for the following donations to give to the Scituate Animal Shelter.



- Dog/Cat Food
- Cat Litter
- Dog Poop Bags
- Dog/Cat Toys
- Dog/Cat leashes and collars
- Pet Cages (dog, cat, bird)
- Money



Donation boxes can be found at the front desk, Levels I, II, III, IV, and also at the High School. **Please make sure all donations are unopened for the safety of the animals.** Every little bit helps! Thank you in advance for your generous support!  
Level II Project, Paws for a Cause

## PARENTS ASSOCIATION

The next meeting of the SSCPS Parents Association will be this Saturday morning, December 3 at 8:00 a.m. at 100 Longwater. Continental breakfast and coffee will be served. We will also have childcare. Bring a friend. Agenda to follow shortly! See you there!

## YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to [www.coffeepond.com](http://www.coffeepond.com), to login use school password: [bluejaguar](#). Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at [cbodnar@sscps.org](mailto:cbodnar@sscps.org) to get yours!

## DEVELOPMENT OFFICE

Thank you to all of our 180 visitors at last week's very successful Grandparents and Special Friends Day. We enjoyed hosting the morning activities and hope you all had a good time in the children's classrooms. Thank you to Ted and all of the Level I teachers for taking the time to greet each person and make the day special. Thank you to Pam Alger, Karen Boyle, Dee Delaney, Nicole Franklin, Caitriona Hollowed, Kendra Polefka, Kathy Sobol, Jessica Zutaut for your help checking in visitors. Thank you to all our staff for warmly welcoming our families and friends as well.

In other news, the South Shore Charter Educational Foundation has officially kicked off the Annual Fund Giving Campaign. Revenues raised through our Annual Fund allow us to enhance our library, music, athletics and vital educational programs that benefit our entire student body. We thank you for considering a donation to SSCEF. We will have envelopes at both 100 and 700 if you want to drop off a check. Thank you for your support.

The holidays are around the corner! Get a heads start and dress your child in the SSCPS apparel. Pick up some new SSCPS mechanical pencils, pens, and lip balm. Both 100 and 700 have limited inventory but check it out! Ryan's marketing workshop is handling high school purchases, while Donovan's school store project is selling the pens, pencils and lip balm.

The Stop and Shop A+ rewards program is ongoing, so please make sure you have registered your card and our school will get quarterly monetary incentives. Also make sure to link your Amazon account through the Amazon Smile program and .05% of your purchases will benefit the South Shore Charter Educational Foundation, Inc. [See this link to register!](#)

Thank you for all your support. Laurie Dannison [ldannison@sscps.org](mailto:ldannison@sscps.org)

## **COMMUNITY SERVICE OPPORTUNITIES**

### **Collection for our Troops!!**

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much needed and appreciated necessities and reminders of home for our troops overseas. Former Cadet Tom Lentini deployed in Okinawa, SPC Jacob Hultman, Deployed in Kuwait and an Air Force Squadron deployed in Afghanistan, and their fellow troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service.

Many service members deployed don't have people from home to motivate and support them. Shannon and CAP want to send as many boxes as possible before the Holidays, which is a tough time to be away from home. This is an awesome opportunity for us to show our gratitude for their service!

There is a list of their needs and requests on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out.

For more information about donations, or CAP please contact Shannon Daly at [Shandewi@hotmail.com](mailto:Shandewi@hotmail.com)

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**

# LIST OF TROOPS NEEDS AND REQUESTS

- HEALTHY SNACKS.
- DRINK MIX SINGLES AND CONDIMENT PACKS.
- DRY CEREAL, POWDERED MILK/SUGAR PACKETS.
- POP-TOP CANNED MEALS.
- PROTEIN/GRANOLA BARS (THEY LOVE JERKY!).
- ASSORTED TOILETRIES FOR BOTH GENDERS (ORAL HYGIENE PRODUCTS, LOTION, FOOT/BODY POWDER, BABY WIPES, BODY WASH/2 IN ONE SHAMPOO, ETC).
- MORALE BOOSTERS (CURRENT MAGAZINES, BOOKS/PUZZLE BOOKS, DVD'S, BOARD GAMES, LETTERS/MAIL, ETC.).
- PAST TIMES (FRISBEEES, SPORTS EQUIPMENT, PLAYING CARDS, POCKET GAMES, ETC.).
- BLANK GREETING CARDS TO SEND HOME, RETRACTABLE PENS, ETC.
- HALLOWEEN CANDY.
- LETTERS FROM EVERYONE ARE ALWAYS WELCOME!

Something that will remind  
them of home!

For more information contact Shannon Daly in the  
High School

Email: [shandewi@hotmail.com](mailto:shandewi@hotmail.com)



# Holly Hill Farm & Friends

FOR IMMEDIATE RELEASE: Contact Info: *Friends of Holly Hill Farm* Holly Hill Farm 236 Jerusalem Road, Cohasset, MA 02025 [www.hollyhillfarm.org](http://www.hollyhillfarm.org) 781-383-6565 Holly Hill Farm Media contact: [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## **FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!**

The Farm to Food Pantry Program is for teenagers aged 13-18. The teachers are still working in the garden and planning for spring so please contact us if you wish to come and volunteer. Complete your community service requirements at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries. Contact Education Director, Jon Belber at 781-383-6565 or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## **NEW EVENT!! 8<sup>th</sup> ANNUAL HOLLY DAY FAIR, Saturday, December 3rd from 10:00 – 3:00pm**

Unique gifts for holiday giving, wreath making workshop and seasonal cheer! Join the festivities at Holly Hill's annual, traditional Holly Day Fair – create your own personalized evergreen wreath on site using freshly harvested holly and greens from the woodlands of Holly Hill Farm. Wreath workshop: \$20 for Members/\$25 for Non Members (bring last year's grapevine base if you saved it). Festive bows \$5. Brown Boar Farm will be serving hot, grilled sausages and we will have hot soup and beverages. Our Greenhouse will be bursting with gorgeous gift items, created by noted, local artisans. Come and find the perfect creation for your loved ones. Fine jewelry by Sage, hand made pottery by Helen Najarian, West Elm Farm soaps, candles and wools, Sommers Bounty jams, fine art, upcycled leather goods and so much more. Weather permitting, the farmers will take visitors on a hayride pulled by one of our trusty tractors! Santa's sleigh will be decorated for your family to pose for a holiday card! Bring your friends and family for our annual holiday tradition! [Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025](http://Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025). [hollyhillfarm.org](http://hollyhillfarm.org) 781-383-6565

**FINAL WEEK FOR THE weekly HOLLY HILL FARMSTAND in the MAIN BARN! This week will be OPEN Wednesday, Thursday, Friday, Saturday and TENTATIVELY, Sunday from 10:00-5:00pm** featuring seasonally available organic produce featuring our ARUGULA, pea shoots, Swiss chard, kale, potatoes, onions, garlic and more! Holly Hill's own honey in 1-1/2 lb. jars for \$20 makes an awesome gift. Freshly baked breads from The Breadbasket of Hull on Saturday and Sunday mornings. Fresh and dried, organically grown cranberries. Dean's Beans fair trade coffee beans and more. Holly Hill Farm, 236 Jerusalem Rd., Cohasset 781-383-6565. [Hollyhillfarm.org](http://Hollyhillfarm.org)

**Brown Boar Farm will make deliveries of their sustainably raised pork on Saturday, December 10 and January 21, 2017. Email Meaghan for their price list and info on pre-ordering: [Meaghan.swetish@brownboarfarm.com](mailto:Meaghan.swetish@brownboarfarm.com)** For weekly notification of specific produce and other delicious offerings in the Farm Stand, send your email address to [friendsofhollyhillfarm@gmail.com](mailto:friendsofhollyhillfarm@gmail.com)

## **NEW YEAR'S DAY WOODLAND WALK, Sunday, January 1, 2017, 1:00 – 2:30pm**

Start 2017 with a woodland walk through the beautiful woods of Holly Hill Farm. Bring family and friends and make new friends as we ring in the new year! Don't miss a cup of Cindy's Incredible Hot Cocoa! Meet at Main Barn at 12:45pm, rain or shine. No need to pre-register. Free event, donations accepted to support our educational programs. [Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025](http://Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025). [hollyhillfarm.org](http://hollyhillfarm.org) 781-383-6565

## **SCHOOL FIELD TRIPS TO HOLLY HILL FARM**

As it is the harvest season and seed saving time, please consider booking your grade level field trip to Holly Hill Farm. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

## **SCHOOL PARTNERSHIPS – A WEEKLY SNAPSHOT**

Though the weather outside may seem frightful to some, the farm teachers at Holly Hill Farm continue to extend their work with students into the warm late November months. Recently, they have spread seaweed and mulch at the Plymouth River School in Hingham with first graders as part of their efforts to complete chores and put the garden to bed. The lesson connects with a children's story about Sarah Morton, a pilgrim girl in the 1600s, which the class reads. Soon, the farm teachers will plant garlic at St. Paul School in Hingham and continue building beds at Cohasset Recreation's new community garden, where garlic will be heeled in for Winter and a Summer harvest next year. Along as the weather remains delightful, we will keep planting and growing.

# Breakfast Order Form

## Breakfast for the Month of December, 2016

Due to the office by 3:00 pm, \***Tuesday**, December 6, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please **CHECK** off the day breakfast will be ordered.*

~~Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday~~  
~~12/5 – 12/9~~

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday  
 12/12 – 12/16

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday  
 12/19 – 12/23

Number of Breakfasts ordered \_\_\_\_\_ X \$1.85

*Less credit due*

**Total Amount Enclosed**

\_\_\_\_\_

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of December, 2016

Due to the office by 3:00 pm, \***Tuesday**, December 6, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please circle **one** choice per each day lunch is ordered.*

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
12/5 – 12/9	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Early Release</b>

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
12/12– 12/16	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>

Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
12/19 – 12/23	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Reg</b> or <b>Salad</b>	<b>Early Release</b>

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X \$3.40

Number of **Salads (B)** ordered \_\_\_\_\_ X \$3.40

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed**

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.





**SOUTH SHORE CHARTER SCHOOL**  
**DECEMBER, 2016**

**BREAKFAST**

<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>	
28	Cereal WG Grahams Fruit Juice Milk	29	WG Waffle Snackers Fruit Orange Juice Milk	30	WG Croissant & Jelly Fruit Orange Juice Milk	DEC. 1	2 oz. Cereal Fruit Orange Juice Milk	2	3.6 oz. WG Banana Muffin Fruit Orange Juice Milk
5	WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	6	2 oz. Cereal Fruit Juice Milk	7	3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	8	3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	9	WG Cinnamon Bun Fruit Orange Juice Milk
12	Cereal Graham Crackers Fruit Orange Juice Milk	13	WG Bagel w/Jelly Fruit Orange Juice Milk	14	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	15	WG Cinnamon Roll Fruit Juice Milk	16	WG Bagel Fruit Orange Juice Milk
19	Cheerios Graham Crackers Fruit Orange Juice Milk	20	2 oz. Cereal Fruit Orange Juice Milk	21	3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	22	3.6 oz. WG Blueberry Muffin Fruit Juice Milk	23	WG Waffle Snackers Fruit Orange Juice Milk
26		27							

\* All Meals include Choice of 1% or Skim Milk.

**Circle a Milk Choice**

**1%**

**Skim**

\* Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**



Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL K-8**  
**DECEMBER, 2016**

**LUNCH MENU Circle A or B**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 A <b>BBQ Chicken on WW Bun</b> Sweet Potato Fries B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	29 A <b>Tuna Salad on WG Bun</b> Chickpea Salad B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	30 A <b>Stuffed Shells</b> Green Beans Whole Grain Roll B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	DEC. 1 A <b>Cheeseburger Mac</b> Broccoli Honey Wheat Dinner Roll B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	2 A <b>Cheese Pizza</b> Potato Wedges B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk
5 A <b>Hamburger on WG Roll</b> Baked Beans B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	6 A <b>Grilled Chicken over Veggie Pasta Salad</b> B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	7 A <b>Oven Baked Chicken Bites</b> Potato Wedges Honey Wheat Dinner Roll B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	8 A <b>Chicken Quesadilla</b> Carrots B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	9 <b>EARLY DISMISSAL</b>
12 A <b>Meatball Sub</b> Potato Wedges B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk	13 A <b>Sliced Chicken Sandwich</b> Chickpea Salad B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk	14 A <b>Ziti &amp; Meatballs</b> Broccoli B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk	15 A <b>Sloppy Joe on WG Bun</b> Green Beans B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk	16 A <b>Cheese Pizza</b> Carrots B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk
19 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	20 A <b>Ham &amp; Cheese Sandwich</b> Chickpea Salad B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	21 A <b>American Chop Suey</b> Broccoli & Carrots Whole Grain Roll B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	22 A <b>Cheese Pizza</b> Green Beans B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	23 <b>EARLY DISMISSAL</b>
26	27	28	29	30
<b>Happy Holidays!</b>				

\* All Meals include Choice of 1% or Skim Milk.    Circle a Milk Choice    1%    Skim    *All Meals Include Fruit*    \* Complies with NSLP Regulations

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**

*"This institution is an Equal Opportunity Employer"*




Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12**  
**DECEMBER, 2016**

**LUNCH MENU Circle A or B**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 A <b>BBQ Chicken on WW Bun</b> Sweet Potato Fries B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	29 A <b>Tuna Salad on WG Bun</b> Chickpea Salad B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	30 A <b>Stuffed Shells</b> Green Beans Whole Grain Roll B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	DEC. 1 A <b>Cheeseburger Mac</b> Broccoli Honey Wheat Dinner Roll B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	2 A <b>Cheese Pizza</b> Potato Wedges B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk
5 A <b>Hamburger on WG Roll</b> Baked Beans B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	6 A <b>Grilled Chicken over Veggie Pasta Salad</b> B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	7 A <b>Oven Baked Chicken Bites</b> Potato Wedges Honey Wheat Dinner Roll B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	8 A <b>Chicken Quesadilla</b> Carrots B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	9 <b>EARLY DISMISSAL</b>
12 A <b>Meatball Sub</b> Potato Wedges B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk	13 A <b>Sliced Chicken Sandwich</b> Chickpea Salad B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk	14 A <b>Ziti &amp; Meatballs</b> Broccoli B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk	15 A <b>Sloppy Joe on WG Bun</b> Green Beans B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk	16 A <b>Cheese Pizza</b> Carrots B <b>Salad w/Hummus &amp; WG Pita Bread</b> Milk
19 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	20 A <b>Ham &amp; Cheese Sandwich</b> Chickpea Salad B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	21 A <b>American Chop Suey</b> Broccoli & Carrots Whole Grain Roll B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	22 A <b>Cheese Pizza</b> Green Beans B <b>Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	23 <b>EARLY DISMISSAL</b>
26 	27	28 <i>-Happy holidays-</i> 	29	30 

\* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

*All Meals Include Fruit*

\* Complies with NSLP Regulations

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