



FROM THE K-4 PRINCIPAL

This past Friday we had a Carrot Day that was smaller than I had hoped. For the previous three years we have had a day in the late fall when everyone in the school ate an SSCPS-grown carrot harvested after the frost in celebration of growing food and eating it. We called that event Carrot Day. We grew carrots and ceremoniously ate them. This year because of the drought we only had enough carrots for the students of Level I and so it was a much smaller event.

This past June in the last weeks of school a small group of Kindergarteners planted some carrots. Those carrots were thinned down to about 180 carrots. Two or three weeks later after school got out I planted enough carrots to yield about 1000 more. The Kindergarteners' carrots lived, mine died because in those few wet weeks, the Kindergarteners' carrots grew large enough with deep enough roots to sustain themselves through the dry months this summer. My carrots did not have the roots to find water deep in the parched soil and they died. So the carrots that we did have went to the Level I students.

As part of a class I teach called "Nature Club" most of the Level I students picked a single carrot. It was fascinating to watch more than 100 students each pull a carrot. Pulling a carrot, like almost everything else, is a learned skill. It is captivating to watch someone do something for the first time even if it seems as basic as pulling a carrot from the ground. If you have a Level I student I hope you heard about Carrot Day and I hope to have the whole school back to having a carrot to eat next year on Carrot Day. Perhaps we should start a movement and make Carrot Day a statewide event!

Hope grows eternal in a gardener's heart and I hope you grow your own so that your family can eat the frost-kissed carrots. A nice article and video from the Washington Post explains just why carrots harvested after a frost taste so good:



https://www.washingtonpost.com/news/speaking-of-science/wp/2015/01/20/why-carrots-taste-sweeter-in-winter/?utm_term=.8eaf2391cc4f

The following page of this Update is the new protocol for the Winter Concert. We have put together some new guidelines to put the focus on the performers and we hope they work to make the show even more fun and perhaps more orderly. The Winter Concert is one of my favorite events of the year and I look forward to seeing everyone there on Wednesday, December 14th.

Ted Hirsch – thirsch@sscps.org



SOUTH SHORE CHARTER PUBLIC SCHOOL

Inspiring every student to excel in academics, service, and life

**SSCPS Annual Winter Concert
Hingham High School, 17 Union Street, Hingham MA
December 14, 2016**

CONCERT PROTOCOL

Concert begins promptly at 6:00pm.

While a Level is performing no one is to enter or exit the auditorium unless their child is scheduled to be performing at that moment. There will be ushers at the doors keeping the doors shut during every set.

Families should not leave the auditorium during the performance of any group that is on stage -- unless they have a crying younger child.

**Level I and Level II Performance 6:00 – 6:40pm
All students in Kindergarten through grade 4 should be in the auditorium by 6:00pm**

Kindergarteners will perform first. Before the performance starts the Kindergarteners are to sit with their families. At 6:00pm, they will take the stage. After their performance the Kindergarteners will return to their seats with their families. If their families need to leave they are asked to leave immediately after the Kindergarten performance or after the Level I students have finished performing, or at intermission.

Grade 1 through Grade 4 students are to sit in groups (not with their families) while the other students are performing, as follows:

Grade 1 and Grade 2 students will sit in a block of seats on the left hand side of the stage.

Grade 3 and Grade 4 students will sit in a block of seats on the right hand side of the stage.

Grade 1 and Grade 2 will perform. After their performance they will go back to their group seats. If a family is planning to leave at this point simply go up to the student seating section and quickly and quietly leave with your child(ren). If a family needs to leave, please leave before the Level II students begin performing.

Grade 3 and Grade 4 will perform. When Grade 3 and Grade 4 finish, that portion of the concert is over. Families are encouraged to stay for the 5 - 12 part of the concert. The expectation is that children in Level I and Level II will now sit with their families not with friends but the family members who brought them to the concert. If a family stays after intermission the expectation is that attention will be paid to the performers and no one is to leave in the middle of a set unless they have a crying younger child.

**Level III, Level IV, and High School Performance 7:00 – 8:10pm
All students in Grades 5-12 should be in the auditorium by 7:00pm**

Level III is to sit in a block of seats on the left hand side of the stage.

Level IV is to sit in a block of seats on the right hand side of the stage.

When not performing, students are expected to sit with their group with their attention to the performers on stage.

Order of performers for the 5-12 portion of the concert:

Level III

Level IV

Band

High School Strings Workshop

High School Music Workshop



Do Not Park on the Street!

There is plenty of parking 200 yards from the school. Cars on the street are ticketed and that is no fun.

Wednesday	12/07	School Council	3:30pm
Thursday	12/08	Board of Trustees Finance Committee Development Committee	7:30pm 6:00pm 6:30pm
Friday	12/09	Professional Development Early Release	12:00pm
Friday	12/09	Parents Association Hosting Faculty/Staff Luncheon	12:00pm
Wednesday	12/14	Annual Winter Concert at Hingham High School	6:00pm

ANNOUNCEMENTS

Calling all bakers, cooks and purchasers for our Annual Teacher/Staff Appreciation Luncheon

The luncheon will take place on Friday, December 9th. This is the half day. We will need main dishes, side dishes, salads, desserts, and drinks.

If possible, **please** try to drop off your item in the morning at drop-off. This helps save time in the afternoon. You may also drop any items off at dismissal, especially if it's a hot item, since there is no way to reheat food, although Crock-Pots can be dropped off **anytime**.

We will also have people at the circle from 11:30am on, so you may drop off your item and jump right in the pickup line. The luncheon hosts about 100 faculty/staff members, and they love and appreciate the assortment of food that is sent in by our families. They always express their sincere appreciation to everyone. If you would like to donate or volunteer, please contact me directly at debbielbundrick@yahoo.com Thank you in advance for your generous donations. They are greatly appreciated.

Deb Paquette, Parent of Kayleen and CJ (Level III)

School Lunch

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return it to Charlene Evans, Food Services Coordinator. [Click here for the application for free or reduced price meal benefits.](#)

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

FROM THE HEALTH OFFICE

The health office is looking for donations of clothing (used) for young boys and girls. The biggest need is pants, preferably elastic waist, also socks, t-shirts and mittens. Thank you.

WHAT'S HAPPENING IN WORKSHOPS AND PROJECTS?

The Art Store - Every year the high school art students and the department bring **The Art Store** live to our front lobby. It is an opportunity for our staff and art students to offer their creative pieces for sale. **IT IS A GREAT PLACE TO CHECK OUT HOLIDAY GIFTS.** A portion of the proceeds will go to the high school art program. So, **CHECK US OUT** between Thanksgiving and Christmas. Questions? See Marianne, x304.

Global Graphic Project on Level IV is holding a **NEW** winter clothing drive for Rosie's Place, a women's shelter in Boston Massachusetts. There is a



These Nautical themed napkin rings, coaster, and hair clips are created by Annette Golden. Priced from \$4 to \$12.50 they make great Chanukah and Christmas gifts.

collection box in the Front lobby at 100 Longwater Circle labeled “Rosie’s Place.” The **NEW** winter clothing that we are looking for are: hats, gloves, socks, scarves, jackets, sweatshirts, sweatpants, and earmuffs (larger sizes are appreciated, but all sizes welcome). We thank you for your time and we hope you donate for this good cause.

Level II Paws for a Cause Project - There is a new project this year called Paws for a Cause on Level II. We are looking for the following donations to give to the Scituate Animal Shelter.



- Dog/Cat Food
- Cat Litter
- Dog Poop Bags
- Dog/Cat Toys
- Dog/Cat leashes and collars
- Pet Cages (dog, cat, bird)
- Money



Donation boxes can be found at the front desk, Levels I, II, III, IV, and also at the High School. **Please make sure all donations are unopened for the safety of the animals.** Every little bit helps! Thank you in advance for your generous support!
Level II Project, Paws for a Cause

YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to www.coffeepond.com, to login use school password: [bluejaguar](#). Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at cbodnar@sscps.org to get yours!

DEVELOPMENT OFFICE

December is the time of year to celebrate the people and things you cherish - including SSCEF. Your generosity right now will help our school. Last Tuesday, we raised \$1200 for #GivingTuesday toward the Foundation. We thank you for your ongoing support. We hope you will consider making an impactful gift in support of our critical initiative to raise \$75,000. We have raised \$4500 to date. [Make your tax deductible donation year-end gift today!](#)

School apparel is the perfect gift for this holiday season. Contact ldannison@sscps.org or call 781-982-4202, ex207.

Make sure to link your Amazon account for all holiday purchase. [See this link to register!](#)

Your support makes all the difference. Thank you!

COMMUNITY SERVICE OPPORTUNITIES

Share The Holidays with our Troops!! Please help us make their time away brighter!!

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much needed and appreciated necessities and reminders of home for our troops overseas. We recently adopted 21 Medevac soldiers from the C/3-126 Aviation deployed to Iraq and Kuwait. We still have the AF unit from the Cape. Also Cadet Second Lieutenant Timothy Bourque’s cousin, SPC Jacob Hultman is deployed to Kuwait and former Pilgrim Cadet Tom Lentini is still in Okinawa, these Valiant Troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service. Many service members deployed do not have people from home to motivate and support them. Shannon and CAP want to send as many boxes as possible before the Holidays, which is a tough time to be away from home.

This is an awesome opportunity for us to show our gratitude for their service! There is a list of their needs and requests in this notice, and on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out!

For more information about donations, or CAP please contact Shannon Daly at Shandewi@hotmail.com

Make room for new Holiday Books!!

Shannon Daly in grade 9 is collecting slightly used or new books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside in the front lobby at the front desk at 100 Longwater and any donations would be greatly appreciated. For larger donations please contact Shannon Daly at: shandewi@hotmail.com

Level II Student Collecting Donations for Cat Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



List of Troops Needs and Requests

- HOLIDAY THEMED GOODIES!
- HEALTHY SNACKS
- DRINK MIX SINGLES AND CONDIMENT PACKS
- DRY CEREAL, POWDERED MILK/SUGAR PACKETS
- POP-TOP CANNED MEALS
- PROTEIN/GRANOLA BARS (THEY LOVE JERKY!).
- ASSORTED TOILETRIES FOR BOTH GENDERS (ORAL HYGIENE PRODUCTS, LOTION, FOOT/BODY POWDER, BABY WIPES, BODY WASH/IN ONE SHAMPOO, ETC).
- MORALE BOOSTERS (CURRENT MAGAZINES, BOOKS/PUZZLE BOOKS, DVD'S, BOARD GAMES, LETTERS/MAIL, ETC.).
- PAST TIMES (FRISBEE'S, SPORTS EQUIPMENT, PLAYING CARDS, POCKET GAMES, ETC.).
- BLANK GREETING CARDS TO SEND HOME, RETRACTABLE PENS, ETC.
- LETTERS FROM EVERYONE ARE ALWAYS WELCOME!

FOR THOSE WHO CAN'T BE HOME THIS TIME OF YEAR,
GIVE THEM SOMETHING THAT WILL
REMINDE THEM OF HOME!

For more information contact Shannon Daly in the High School

Email: shandewi@hotmail.com

Happy Holidays!

Holly Hill Farm & Friends

FOR IMMEDIATE RELEASE: Contact Info: *Friends of Holly Hill Farm* Holly Hill Farm 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565 Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

UPCOMING EVENTS & ACTIVITIES

FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Farm to Food Pantry Program is for teenagers aged 13-18. The teachers are still working in the garden and planning for spring so please contact us if you wish to come and volunteer. Complete your community service requirements at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries. Contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

HOLLY HILL FARM STAND will be open on Saturday, Dec. 10 from 10:00-2:00 in our heated greenhouse. Featured this week for our last farm stand opening of 2016: our fresh, organic salad greens, arugula, kale, Swiss chard, & fresh organic cranberries. SPECIAL PRICING ON hot sauces, root vegetables, butternut & sugar pumpkins. STOCK UP on Holly Hill Honey, Massachusetts crafted jams and pickles, Norma's Red Gravy, South Face Farm maple syrup in pints and quarts, Dean's Beans coffee, Maine Grains rolled oats. Find unique holiday gift giving items from Back to Basics, West Elm Farm and more. Limited Bake Sale featuring Mahogany Almond Crunch in gift size packages. **Brown Boar Farm will make deliveries of their sustainably raised pork also on Saturday, December 10 between 11:00-noon. Email Meaghan for their price list and info on pre-ordering:**

Meaghan.swedish@brownboarfarm.com For future notification of specific produce and other delicious offerings in the Farm Stand, send your email address to friendsofhollyhillfarm@gmail.com and check our [Facebook page for the latest updates!](#)

NEW YEAR'S DAY WOODLAND WALK, Sunday, January 1, 2017, 1:00 – 2:30pm

Start 2017 with a woodland walk through the beautiful woods of Holly Hill Farm. Bring family and friends and make new friends as we ring in the new year! Don't miss a cup of Cindy's Incredible Hot Cocoa! Meet at Main Barn at 12:45pm, rain or shine. No need to pre-register. Free event, donations accepted to support our educational programs. Farm Stand hopes to open – latest updates on our Facebook page! Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org 781-383-6565

SCHOOL FIELD TRIPS TO HOLLY HILL FARM

As it is the harvest season and seed saving time, please consider booking your grade level field trip to Holly Hill Farm. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or jbelberhollyhill@hotmail.com

Breakfast Order Form
Breakfast for the Month of December, 2016
Due to the office by 3:00 pm, ***Tuesday**, December 13, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day breakfast will be ordered.

~~Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday~~
~~12/5 12/9~~

~~Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday~~
~~12/12 12/16~~

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
12/19 – 12/23

Number of Breakfasts ordered _____ X \$1.85

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of December, 2016

Due to the office by 3:00 pm, *Tuesday, December 13, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
 12/5 – 12/9 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Early Release**

Week of Monday Tuesday Wednesday Thursday Friday
 12/12 – 12/16 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday
 12/19 – 12/23 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Early Release**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ X \$3.40

Less credit due _____

Total Amount Enclosed



\$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL
DECEMBER, 2016

BREAKFAST

Monday		Tuesday		Wednesday		Thursday		Friday	
28	Cereal WG Grahams Fruit Juice Milk	29	WG Waffle Snackers Fruit Orange Juice Milk	30	WG Croissant & Jelly Fruit Orange Juice Milk	DEC. 1	2 oz. Cereal Fruit Orange Juice Milk	2	3.6 oz. WG Banana Muffin Fruit Orange Juice Milk
5	WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	6	2 oz. Cereal Fruit Juice Milk	7	3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	8	3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	9	WG Cinnamon Bun Fruit Orange Juice Milk
12	Cereal Graham Crackers Fruit Orange Juice Milk	13	WG Bagel w/Jelly Fruit Orange Juice Milk	14	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	15	WG Cinnamon Roll Fruit Juice Milk	16	WG Bagel Fruit Orange Juice Milk
19	Cheerios Graham Crackers Fruit Orange Juice Milk	20	2 oz. Cereal Fruit Orange Juice Milk	21	3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	22	3.6 oz. WG Blueberry Muffin Fruit Juice Milk	23	WG Waffle Snackers Fruit Orange Juice Milk
26		27		28		29		30	
<p align="center">Happy Holidays!</p>									

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
DECEMBER, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 A BBQ Chicken on WW Bun Sweet Potato Fries B Salad w/Turkey & WG Pita Bread Milk	29 A Tuna Salad on WG Bun Chickpea Salad B Salad w/Turkey & WG Pita Bread Milk	30 A Stuffed Shells Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	DEC. 1 A Cheeseburger Mac Broccoli Honey Wheat Dinner Roll B Salad w/Turkey & WG Pita Bread Milk	2 A Cheese Pizza Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
5 A Hamburger on WG Roll Baked Beans B Salad w/Tuna & WG Pita Bread Milk	6 A Grilled Chicken over Veggie Pasta Salad B Salad w/Tuna & WG Pita Bread Milk	7 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WG Pita Bread Milk	8 A Chicken Quesadilla Carrots B Salad w/Tuna & WG Pita Bread Milk	9 EARLY DISMISSAL
12 A Meatball Sub Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	13 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	14 A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	15 A Sloppy Joe on WG Bun Green Beans B Salad w/Hummus & WG Pita Bread Milk	16 A Cheese Pizza Carrots B Salad w/Hummus & WG Pita Bread Milk
19 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WG Pita Bread Milk	20 A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	21 A American Chop Suey Broccoli & Carrots Whole Grain Roll B Salad w/Grilled Chicken & WG Pita Bread Milk	22 A Cheese Pizza Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	23 EARLY DISMISSAL
26	27	28	29	30

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim *All Meals Include Fruit* * Complies with NSLP Regulations

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“This institution is an Equal Opportunity Employer”




Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
DECEMBER, 2016

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 A BBQ Chicken on WW Bun Sweet Potato Fries B Salad w/Turkey & WG Pita Bread Milk	29 A Tuna Salad on WG Bun Chickpea Salad B Salad w/Turkey & WG Pita Bread Milk	30 A Stuffed Shells Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	DEC. 1 A Cheeseburger Mac Broccoli Honey Wheat Dinner Roll B Salad w/Turkey & WG Pita Bread Milk	2 A Cheese Pizza Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
5 A Hamburger on WG Roll Baked Beans B Salad w/Tuna & WG Pita Bread Milk	6 A Grilled Chicken over Veggie Pasta Salad B Salad w/Tuna & WG Pita Bread Milk	7 A Oven Baked Chicken Bites Potato Wedges Honey Wheat Dinner Roll B Salad w/Tuna & WG Pita Bread Milk	8 A Chicken Quesadilla Carrots B Salad w/Tuna & WG Pita Bread Milk	9 EARLY DISMISSAL
12 A Meatball Sub Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	13 A Sliced Chicken Sandwich Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	14 A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	15 A Sloppy Joe on WG Bun Green Beans B Salad w/Hummus & WG Pita Bread Milk	16 A Cheese Pizza Carrots B Salad w/Hummus & WG Pita Bread Milk
19 A Pancakes & Sausage Potato Wedges B Salad w/Grilled Chicken & WG Pita Bread Milk	20 A Ham & Cheese Sandwich Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	21 A American Chop Suey Broccoli & Carrots Whole Grain Roll B Salad w/Grilled Chicken & WG Pita Bread Milk	22 A Cheese Pizza Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	23 EARLY DISMISSAL
26 	27	28 <i>Happy holidays</i> 	29	30 

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

All Meals Include Fruit

* Complies with NSLP Regulations

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