



Update

December 14, 2016
Vol. 12, Issue 2

FROM THE EXECUTIVE DIRECTOR

Last week our school had the opportunity to be part of an exciting and important initiative. The South Shore Charter Public School applied for and received a grant to participate in “Game Change: The Patriots Anti-Violence Partnership” program. Working in partnership, Attorney General Maura Healy and New England Patriots team owner Robert Kraft established this program to prevent youth relationship violence through the proactive means of education and information. The program came about when Robert Kraft, concerned about the NFL’s response to relationship violence, reached out to Maura Healy’s office to express his concerns and develop a solution. Thus the partnership began.

Our involvement arrived last spring when teachers Marianne Buckley Curran and Christine Bodnar applied for the grant and participated in the first phase of program. Impressed with both the program and the message, our school decided to move forward and applied for the second phase of the training. Ninety schools were part of the first phase, but only thirty-four schools out of those initial ninety were chosen to be part of the second phase. Our school was honored to be a recipient once again and to be part of this wonderful pursuit.

Phase two participation brought trainers from Northeastern University, Mentors in Violence Prevention (MVP) to our classrooms where they facilitated a course to provide abuse prevention and awareness training to thirty of our high school students and some members of the faculty. High school student training ran Tuesday through Thursday. I was fortunate enough to be able stop by during one of the training sessions, and I have to say that our students were exceptional. I witnessed an outstanding performance and heard many insightful comments about real world concerns. Later that day, we received positive feedback from students calling the course “amazing and informative.” We are greatly looking forward to continuing this initiative school wide with our high school students now leading the way. I am looking forward to seeing our students as ambassadors throughout the building as this year progresses. Thank you to all student participants, our wonderful facilitators, and to Marianne Buckley Curran and Christine Bodnar for their ongoing work on this important issue.

I hope to see all of our students and families tonight at our Winter Concert. If you are new to SSCPS and this is your first winter concert, you are in for a real treat!

Alicia Savage – asavage@sscps.org



SOUTH SHORE CHARTER PUBLIC SCHOOL

Inspiring every student to excel in academics, service, and life

SSCPS Annual Winter Concert
Hingham High School, 17 Union Street, Hingham MA
December 14, 2016

CONCERT PROTOCOL

Concert begins promptly at 6:00pm.

While a Level is performing no one is to enter or exit the auditorium unless their child is scheduled to be performing at that moment. There will be ushers at the doors keeping the doors shut during every set.

Families should not leave the auditorium during the performance of any group that is on stage -- unless they have a crying younger child.

Level I and Level II Performance 6:00 – 6:40pm
All students in Kindergarten through grade 4 should be in the auditorium by 6:00pm

Kindergarteners will perform first. Before the performance starts the Kindergarteners are to sit with their families. At 6:00pm, they will take the stage. After their performance the Kindergarteners will return to their seats with their families. If their families need to leave they are asked to leave immediately after the Kindergarten performance or after the Level I students have finished performing, or at intermission.

Grade 1 through Grade 4 students are to sit in groups (not with their families) while the other students are performing, as follows:

Grade 1 and Grade 2 students will sit in a block of seats on the left hand side of the stage.

Grade 3 and Grade 4 students will sit in a block of seats on the right hand side of the stage.

Grade 1 and Grade 2 will perform. After their performance they will go back to their group seats. If a family is planning to leave at this point simply go up to the student seating section and quickly and quietly leave with your child(ren). If a family needs to leave, please leave before the Level II students begin performing.

Grade 3 and Grade 4 will perform. When Grade 3 and Grade 4 finish, that portion of the concert is over. Families are encouraged to stay for the 5 - 12 part of the concert. The expectation is that children in Level I and Level II will now sit with their families not with friends but the family members who brought them to the concert. If a family stays after intermission the expectation is that attention will be paid to the performers and no one is to leave in the middle of a set unless they have a crying younger child.

Level III, Level IV, and High School Performance 7:00 – 8:10pm
All students in Grades 5-12 should be in the auditorium by 7:00pm

Level III is to sit in a block of seats on the left hand side of the stage.

Level IV is to sit in a block of seats on the right hand side of the stage.

When not performing, students are expected to sit with their group with their attention to the performers on stage.

Order of performers for the 5-12 portion of the concert:

Level III

Level IV

Band

High School Strings Workshop

High School Music Workshop



Do Not Park on the Street!

There is plenty of parking 200 yards from the school. Cars on the street are ticketed and that is no fun.

Wednesday	12/14	Annual Winter Concert – Hingham High School	6:00pm
Wednesday	12/14	2 nd Quarter Warnings Mailed	
Thursday	12/15	Melissa's K Pod and HS Dance Workshop to Dorchester	
Thursday	12/15	Grade 9-12 Movie Night at 700 Longwater	5:00-7:00pm
Tuesday	12/20	Kassandra's K Pod Play	1:45pm

ANNOUNCEMENTS

School Lunch

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return it to Charlene Evans, Food Services Coordinator. [Click here for the application for free or reduced price meal benefits.](#)

If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

FROM THE HEALTH OFFICE

The health office is looking for donations of clothing (used) for young boys and girls. The biggest need is pants, preferably elastic waist, also socks, t-shirts and mittens. Thank you.

WHAT'S HAPPENING IN WORKSHOPS AND PROJECTS?

The Art Store - Every year the high school art students and the department bring **The Art Store** live to our front lobby. It is an opportunity for our staff and art students to offer their creative pieces for sale. **IT IS A GREAT PLACE TO CHECK OUT HOLIDAY GIFTS.** A portion of the proceeds will go to the high school art program. So, **CHECK US OUT** between Thanksgiving and Christmas. Questions? See Marianne, x304.

Global Graphic Project on Level IV is holding a **NEW** winter clothing drive for Rosie's Place, a women's shelter in Boston Massachusetts. There is a collection box in the Front lobby at 100 Longwater Circle labeled "Rosie's Place." The **NEW** winter clothing that we are looking for are: hats, gloves, socks, scarves, jackets, sweatshirts, sweatpants, and earmuffs (larger sizes are appreciated, but all sizes welcome). We thank you for your time and we hope you donate for this good cause.

Level II Paws for a Cause Project - There is a new project this year called Paws for a Cause on Level II. We are looking for the following donations to give to the Scituate Animal Shelter.



- Dog/Cat Food
- Cat Litter
- Dog Poop Bags
- Dog/Cat Toys
- Dog/Cat leashes and collars
- Pet Cages (dog, cat, bird)
- Money



These Nautical themed napkin rings, coaster, and hair clips are created by Amette Golden. Priced from \$4 to \$12.50 they make great Chanukah and Christmas gifts.

Donation boxes can be found at the front desk, Levels I, II, III, IV, and also at the High School. **Please make sure all donations are unopened for the safety of the animals.** Every little bit helps! Thank you in advance for your generous support!

Level II Project, Paws for a Cause

YEARBOOK COMMITTEE

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to www.coffeepond.com, to login use school password: [bluejaguar](#). Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at cbodnar@sscps.org to get yours!

DEVELOPMENT OFFICE

December is the time of year to celebrate the people and things you cherish - including SSCEF. Your generosity right now will help our school. On #GivingTuesday we raised \$1200 towards the Foundation. We thank you for your ongoing support. We hope you will consider making an impactful gift in support of our critical initiative to raise \$75,000. We have raised \$4500 to date. [Make your tax deductible donation year-end gift today!](#)

School apparel is the perfect gift for this holiday season. Contact ldannison@sscps.org or call 781-982-4202, ex207.

Make sure to link your Amazon account for all holiday purchases. [See this link to register!](#)

Your support makes all the difference. Thank you!

COMMUNITY SERVICE OPPORTUNITIES

Share The Holidays with our Troops!! Please help us make their time away brighter!!

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much needed and appreciated necessities and reminders of home for our troops overseas. We recently adopted 21 Medevac soldiers from the C/3-126 Aviation deployed to Iraq and Kuwait. We still have the AF unit from the Cape. Also Cadet Second Lieutenant Timothy Bourque's cousin, SPC Jacob Hultman is deployed to Kuwait and former Pilgrim Cadet Tom Lentini is still in Okinawa, these Valiant Troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service. Many service members deployed do not have people from home to motivate and support them. Shannon and CAP want to send as many boxes as possible before the Holidays, which is a tough time to be away from home.

This is an [awesome](#) opportunity for us to show our gratitude for their service! There is a list of their needs and requests in this notice, and on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out!

For more information about donations, or CAP please contact Shannon Daly at Shandewi@hotmail.com

Make room for new Holiday Books!!

Shannon Daly in grade 9 is collecting slightly used or new books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside in the front lobby at the front desk at 100 Longwater and any donations would be greatly appreciated. For larger donations please contact Shannon Daly at: shandewi@hotmail.com

Level II Student Collecting Donations for Cat Shelter

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag

of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**

ANNUAL FASHION WALK

December 23, 2016
SSCPS PE Complex
seating will be at 10:45
walk will begin at 11:15

Reception Immediately Following

Parking in the High School Lot at 700 Longwater Drive

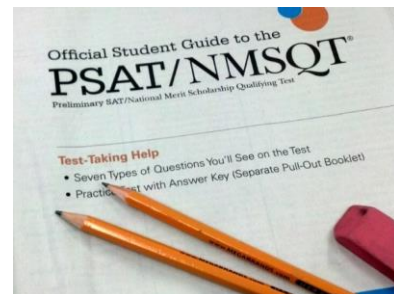
use this invite for parking

FROM THE GUIDANCE OFFICE

Attention Parents/Guardians of Juniors:

PSAT score reports were distributed in Math classes on Monday, December 12th. If you sat for the PSAT last October, you can access or create your account to view your scores online at <https://studentscores.collegeboard.org/home>

Should you have questions about interpreting your score report or especially how your PSAT score compares to your Practice ACT score, please meet with guidance. Here is a brief video that goes over the PSAT score basics <https://youtu.be/nzCSiilL3WQ>



If you are looking for FREE help with SAT Prep, College Board has partnered with Khan Academy. FREE Practice with Khan Academy: Khan Academy analyzes the PSAT scores and creates FREE personalized skill practice, not just test prep, for the student. Here is a video that reviews how to connect the accounts if you wish to get a head start on this. <https://youtu.be/AlveV0131Cw>

The next step for Juniors is to start planning on when to take the SAT or ACT this Spring. To register for the SAT online at www.sat.org

Exam Date	Register By
Jan 21, 2017	Dec 21
March 11	Feb 10
May 6	Apr 7
June 3	May 9

To register for the ACT - www.actstudent.org

Exam Date	Register by
Feb 11	Jan 13
Apr 8	Mar 3
June 10	May 5

Winter Break Guidance Policy Seniors and Families

Please be aware that the Guidance Office will be closing on Friday, December 23 at noon for winter break. The Guidance Office will reopen on Tuesday, January 3, 2017. The Guidance Office will not be sending any materials to colleges during the break. Please see Mary Carter this week if you would like to add any schools to your transcript request form. Thank you.

BOKS

Morning Fitness Program
Open to Level I, II, and III

For school year 2016 – 2017 the BOKS team will be hosting four sessions.

We will meet **Tuesday and Thursday** from 7:20am - 8:00am.

Session Dates:

Session 2: January 10 – January 31

Session 3: February 2 – February 16

Session 4: March 7 – March 30

If you have any questions please email Kathy at kmuse26@hotmail.com

We are looking for more parents willing to go through the training and help run sessions/days. All trainings are held at Rebook in Canton as detailed below.

Here is the link to sign up for training if you are interested in helping out.

<http://www.bokskids.org/training>

BOKS for Levels I, II, and III

Organized and run by SSCPS parents, the program is inspired by the Reebok Foundation's BOKS program; all the fitness leaders have been trained by Reebok. This is a no cost before-school fitness program being offered to any child in Kindergarten to 6th grade. In order to provide the best program to the children there is a limit of 40 participants. If more applications are received than spots available there will be a lottery for participation. The schedule for the program is all Levels Tuesday and Thursdays. BOKS is held in the PE space with a start time of 7:20 and an end time of 8:00, the trainers escort all the children to the back door of the school. The 4 separate sessions are listed on the attached flyer. You may select any number of sessions from 1 to all 4, there will be an opportunity for sign-up before each session.

In order for your child to participate you must fill out the below information as well as the attached application including the doctor information and the release, this is to avoid liability issues. If you have more than one child participating please be sure to complete a separate form for each. Place the completed forms in the envelope at the front desk labeled "BOKS" NO later than **Dec. 22, 2016**.

If we have more applications than spots you will be notified by email of non-entry.

The purpose of BOKS is to stimulate the mind by movement before the school day begins.

ALL requested information is required - Complete a separate form for each child.

PLEASE PRINT CLEARLY

I would like my child to participate in the BOKS Morning Fitness Program

Childs' Name: _____ Pod Teacher: _____

Parent(s)/Guardian(s) Email: _____

Parent(s)/Guardian(s) Signature: _____

Preferred Phone (Home / Work / Cell): _____

Circle All That Apply: Session 1 / Session 2 / Session 3 / Session 4

Any medical issues the trainers need to know?

List of Troops Needs and Requests

- HOLIDAY THEMED GOODIES!
- HEALTHY SNACKS
- DRINK MIX SINGLES AND CONDIMENT PACKS
- DRY CEREAL, POWDERED MILK/SUGAR PACKETS
- POP-TOP CANNED MEALS
- PROTEIN/GRANOLA BARS (THEY LOVE JERKY!).
- ASSORTED TOILETRIES FOR BOTH GENDERS (ORAL HYGIENE PRODUCTS, LOTION, FOOT/BODY POWDER, BABY WIPES, BODY WASH/IN ONE SHAMPOO, ETC).
- MORALE BOOSTERS (CURRENT MAGAZINES, BOOKS/PUZZLE BOOKS, DVD'S, BOARD GAMES, LETTERS/MAIL, ETC.).
- PAST TIMES (FRISBEE'S, SPORTS EQUIPMENT, PLAYING CARDS, POCKET GAMES, ETC.).
- BLANK GREETING CARDS TO SEND HOME, RETRACTABLE PENS, ETC.
- LETTERS FROM EVERYONE ARE ALWAYS WELCOME!

FOR THOSE WHO CAN'T BE HOME THIS TIME OF YEAR,
GIVE THEM SOMETHING THAT WILL
REMINDE THEM OF HOME!

For more information contact Shannon Daly in the High School

Email: shandewi@hotmail.com

Happy Holidays!

Holly Hill Farm & Friends

FOR IMMEDIATE RELEASE: Contact Info: *Friends of Holly Hill Farm* Holly Hill Farm 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565 Holly Hill Farm Media contact: jbelberhollyhill@hotmail.com

UPCOMING EVENTS & ACTIVITIES

Holly Hill Farm would like to offer our heartfelt thanks for a bountiful season to all of our Farm Stand and Farmer's Market customers who bought fresh, organically grown produce from our farm, visitors who hiked our trails and enjoyed Pumpkin the pony and our other farm animals, all of our happy summer campers and families, workshop participants, springtime plant sale enthusiasts, Farm to Table dinner guests, school groups and community club visitors. You are all vital members of our Farm Family! Start the New Year off with a guided, healthy hike and the camaraderie of fellow nature lovers on Sunday, January 1st as we welcome 2017 with our traditional Woodland Walk from 1:00-2:30pm through the trails at Holly Hill. Meet at Main Barn at 12:45pm, rain or shine. All are welcome! Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org 781-383-6565

NEW YEAR'S DAY WOODLAND WALK, Sunday, January 1, 2017, 1:00 – 2:30pm

Start 2017 with a woodland walk through the beautiful woods of Holly Hill Farm. Bring family and friends and make new friends as we ring in the new year! Don't miss a cup of Cindy's Incredible Hot Cocoa! Meet at Main Barn at 12:45pm, rain or shine. No need to pre-register. Free event, donations accepted to support our educational programs. Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025. hollyhillfarm.org 781-383-6565

FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Farm to Food Pantry Program is for teenagers aged 13-18. The teachers are still working in the garden and planning for spring so please contact us if you wish to come and volunteer. Complete your community service requirements at Holly Hill Farm, growing, harvesting and delivering produce to local food pantries. Contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

Holly Hill Farm is proud to offer Brown Boar Farm sustainably raised pork, delivered once every month. The next delivery will be Saturday, January 28 between 11:00-noon. A product and price list with info on pre-ordering can be obtained by emailing: Meaghan.swetish@brownboarfarm.com For future notification of specific produce and other delicious offerings in our 2017 Farm Stand, send your email address to friendsofhollyhillfarm@gmail.com and [check our Facebook page for the latest updates!](#)

SCHOOL FIELD TRIPS TO HOLLY HILL FARM

As it is the harvest season and seed saving time, please consider booking your grade level field trip to Holly Hill Farm. We have guided tours and hands on experiences for preschool aged children through high school. Contact Jon Belber, Education Director at 781-383-6565 or jbelberhollyhill@hotmail.com

Breakfast Order Form

Breakfast for the Month of January, 2017

Due to the office by 3:00 pm, *Tuesday, December 20, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

Week of 1/2 – 1/6 Monday Tuesday Wednesday Thursday Friday

Week of 1/9 – 1/13 Monday Tuesday Wednesday Thursday Friday

Week of 1/16 – 1/20 Monday Tuesday Wednesday Thursday Friday

Week of 1/23 – 1/27 Monday Tuesday Wednesday Thursday Friday

Week of 1/30 – 2/3 Monday Tuesday Wednesday Thursday Friday

Number of Breakfasts ordered _____ X \$1.85

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of January, 2017

Due to the office by 3:00 pm, *Tuesday, December 20, 2016

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of 1/2 – 1/6	<u>Monday</u> NO SCHOOL	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
Week of 1/9– 1/13	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> NO SCHOOL
Week of 1/16 – 1/20	<u>Monday</u> NO SCHOOL	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
Week of 1/23 – 1/27	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad
Week of 1/30 – 2/3	<u>Monday</u> Reg or Salad	<u>Tuesday</u> Reg or Salad	<u>Wednesday</u> Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or Salad

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ X \$3.40

Less credit due _____

Total Amount Enclosed


\$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL
JANUARY, 2017

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 2 oz. Cereal Fruit Orange Juice Milk	4 WG Croissant w/Jelly Fruit Orange Juice Milk	5 2 oz. Cereal Fruit Orange Juice Milk	6 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk
9 WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	10 2 oz. Cereal Fruit Juice Milk	11 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	12 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	NO SCHOOL
16 	17 Graham Crackers Cereal Fruit Orange Juice Milk	18 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	19 WG Cinnamon Roll Fruit Juice Milk	20 WG Bagel Fruit Orange Juice Milk
23 Cheerios Graham Crackers Fruit Orange Juice Milk	24 2 oz. Cereal Fruit Orange Juice Milk	25 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	26 WG Croissant w/Jelly Fruit Juice Milk	27 WG Apple Roll Fruit Juice Milk
30 Cereal WG Grahams Fruit Juice Milk	31 WG Croissant w/Jelly Fruit Juice Milk	FEB. 1 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	2 WG Bagel w/Jelly Fruit Orange Juice Milk	3 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**


Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
JANUARY, 2017

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 A B	3 A B	4 A B	5 A B	6 A B
9 A B	10 A B	11 A B	12 A B	13 NO SCHOOL
16 	17 A B	18 A B	19 A B	20 A B
23 A B	24 A B	25 A B	26 A B	27 A B
30 A B	31 A B	FEB 1 A B	2 A B	3 A B

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim *All Meals Include Fruit* * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

“This institution is an Equal Opportunity Employer”


Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
JANUARY, 2017

LUNCH MENU Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 A B	3 A Tuna Salad on WG Chickpea Salad w/Broccoli B Salad w/Crispy Chicken & WG Pita Bread Milk	4 A American Chop Suey Corn Whole Grain Roll B Salad w/Crispy Chicken & WG Pita Bread Milk	5 A Oven Baked Chicken Bites Potato Wedges B Salad w/Crispy Chicken & WG Pita Bread Milk	6 A Cheese Pizza Green Beans B Salad w/Crispy Chicken & WG Pita Bread Milk
9 A Hamburger on WG Roll Baked Beans B Salad w/Turkey & WG Pita Bread Milk	10 A Grilled Chicken over Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	11 A Ziti & Meatballs Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	12 A Chicken WG Quesadilla Corn B Salad w/Tukey & WG Pita Bread Milk	NO SCHOOL
16 	17 A Ham & Cheese Sandwich on WG Carrots B Salad w/Tuna & WG Pita Bread Milk	18 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	19 A BBQ Chicken on WG Bun Baked Beans B Salad w/Tuna & WG Pita Bread Milk	
23 A Pancakes & Sausage Potato Wedges B Salad w/Cheese Sticks & WG Pita Bread Milk	24 A Buffalo Chicken Wrap Chickpea Salad B Salad w/Cheese Sticks & WG Pita Bread Milk	25 A Cheeseburger Mac Broccoli Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	26 A Stuffed Shells Carrots Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	27 A Cheese Pizza Italian Beans B Salad w/Cheese Sticks & WG Pita Bread Milk
30 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Grilled Chicken & WG Pita Bread Milk	31 A Chicken Caesar Salad Wrap Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	FEB 1 A Sloppy Joe on WG Bun Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	2 A Meatballs on WG Sub Potato Puffs B Salad w/Grilled Chicken & WG Pita Bread Milk	3 A Cheese Pizza Potato Wedges Carrots B Salad w/Grilled Chicken & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk. **Circle a Milk Choice** 1% Skim *All Meals Include Fruit* * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

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