



## I Dream A World

*By Langston Hughes*

I dream a world where man  
No other man will scorn,  
Where love will bless the earth  
And peace its paths adorn  
I dream a world where all  
Will know sweet freedom's way,  
Where greed no longer saps the soul  
Nor avarice blights our day.  
A world I dream where black or white,  
Whatever race you be,  
Will share the bounties of the earth  
And every man is free,  
Where wretchedness will hang its head  
And joy, like a pearl,  
Attends the needs of all mankind-  
Of such I dream, my world!

In Nora Broderick's Poetry Project the children have studied the Langston Hughes' poem printed above, "I Dream a World." As part of that process they wrote their own version of the poem and one day when Nora knew I was sad she shared them with me because she thought reading them would cheer me up. Reading them did cheer me up and I hope, as we approach our winter break, reading these children's poems gives you a sense of why we are so fortunate to have children in our lives.

*Molly*

I dream my world with hope, justice, freedom, and friendship  
People are no longer greedy  
And joy will cover the earth like happiness  
People no longer suffer and yell  
And peace will bless the Earth

*Dylan*

Nobody litters and everybody throws trash in the trash can,  
Nobody hurts anybody,  
Love spreads around,  
Nobody is being mean,  
Freedom is everywhere, no more wars start,  
The world needs more stuff builded not wrecked,  
Nobody's day gets ruined.

*Bella*

I dream a world  
Where friends dance together.

*Sam*

I want the world to have a lot of gardens,  
So everybody has flowers,  
And all people will be welcome,  
And peace is everywhere.

*Maddy*

I dream a world full of friendship.  
I dream a world of love.

*Juliet*

My dreams for the world are where people are nice to each other,  
Where there is happiness everywhere,  
So kids can be happy,  
Where guns aren't needed,  
Where there is friendship  
People are free,  
People learn about history,  
People are including each other, no one blames each other.

*Logan*

Everybody are friends,  
The world is safe,  
The world is peaceful.  
I dream a world where bad is actually nice,  
Where love will bless the earth.

*Michael*

I want the world to be happy,  
And for people to like each other,  
And people to have good days,  
I want people to have freedom.

*Kaylie*

I love Freedom,  
I want justice for everyone,  
I dream somewhere where there is peace and happiness for everyone,  
I would like niceness with people!  
I dream a place where people help people,  
Where men and women get along together!  
Where whatever race you are you're friends.

Happy New Year and may you seek and find joy.  
Ted Hirsch – thirsch@sscps.org

Thursday	12/22	Level IV Healthy You field trip to Gillette	
Friday	12/23	Craft Day for Level I, Level II, Level III, Level IV	
Friday	12/23	High School Art Workshop Fashion Show at the SSCPS Gym	11:00am
Friday	12/23	Early Release Dismissal	12:00pm
Tuesday	01/03	Classes Resume	8:15am

## FROM THE FACULTY

### Thank you!

A tremendous thank you to all families who baked, cooked, and brought in delicious dishes for the Annual Teacher/Staff Appreciation Luncheon. The faculty and staff had a wonderful afternoon thanks to all of the efforts of so many families. A special thank you to Debbie Paquette for organizing this amazing luncheon. Thank you!

## ANNOUNCEMENTS



Former teacher at SSCPS, **artist and illustrator Velma Begley** has published a book of poetry, exploring nature from the backyard. The pages are filled with vivid watercolor illustrations and melodious stanzas that lead the reader into nature's realm. *In the Write Light* is now available from the following sellers, Amazon.com, BarnesandNoble.com

## School Lunch

Children need healthy meals to learn. **The South Shore Charter Public School** offers healthy meals every school day. **Your children may qualify for free meals or reduced price meals.** If your children were eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST** complete a **NEW** application and return it to Charlene Evans, Food Services Coordinator. [Click here for the application for free or reduced price meal benefits.](#)

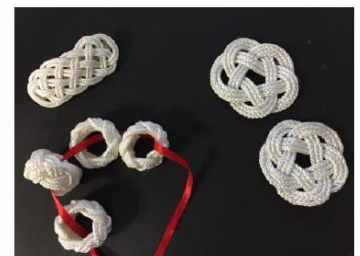
If your family has been notified that you are eligible for free or reduced priced meals **this** academic year, your family will **still** need to complete a lunch and/or breakfast order form each month for each eligible child.

## FROM THE HEALTH OFFICE

The health office is looking for donations of clothing (used) for young boys and girls. The biggest need is pants, preferably elastic waist, also socks, t-shirts and mittens. Thank you.

## WHAT'S HAPPENING IN WORKSHOPS AND PROJECTS?

**The Art Store** - Every year the high school art students and the department bring **The Art Store** live to our front lobby. It is an opportunity for our staff and art students to offer their creative pieces for sale. **IT IS A GREAT PLACE TO CHECK OUT HOLIDAY GIFTS.** A portion of the proceeds will go to the high school art program. So, **CHECK US OUT** between Thanksgiving and Christmas. Questions? See Marianne, x304.



*These Nautical themed napkin rings, coaster, and hair clips are created by Annette Golden. Priced from \$4 to \$12.50 they make great Chanukah and Christmas gifts.*

**Global Graphic Project on Level IV** is holding a **NEW** winter clothing drive for Rosie's Place, a women's shelter in Boston Massachusetts. There is a collection box in the Front lobby at 100 Longwater Circle labeled "Rosie's Place." The **NEW** winter clothing that we are looking for are: hats, gloves, socks, scarves, jackets, sweatshirts, sweatpants, and earmuffs (larger sizes are appreciated, but all sizes welcome). We thank you for your time and we hope you donate for this good cause.

**Level II Paws for a Cause Project** - There is a new project this year called Paws for a Cause on Level II. We are looking for the following donations to give to the Scituate Animal Shelter.



- Dog/Cat Food
- Cat Litter
- Dog Poop Bags
- Dog/Cat Toys
- Dog/Cat leashes and collars
- Pet Cages (dog, cat, bird)
- Money



Donation boxes can be found at the front desk, Levels I, II, III, IV, and also at the High School. **Please make sure all donations are unopened for the safety of the animals.** Every little bit helps! Thank you in advance for your generous support!  
Level II Project, Paws for a Cause

### **Read the latest publication from the High School Journalism Workshop**

Hello Charter families! The Journalism Workshop has just published their monthly articles about Charter news and events. Check out the site at [charterink.sscps.org](http://charterink.sscps.org) to see if your student is featured this month!

Thank you! Journalism Workshop

## **YEARBOOK COMMITTEE**

The 2017 yearbook is now in progress and all the memories of the 2016-2017 school year will be published forever in print. To order online go to [www.coffeepond.com](http://www.coffeepond.com), to login use school password: [bluejaguar](#). Parents may submit a special personalized page that will appear in the back of the book for their senior at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 30, 2017. The yearbook staff can help with any design concerns. Also there are still a few 2016 books left, please email Christine at [cbodnar@sscps.org](mailto:cbodnar@sscps.org) to get yours!

## **DEVELOPMENT OFFICE**



SOUTH SHORE CHARTER  
EDUCATIONAL FOUNDATION INC.

Happy Holidays from SSCEF! We hope you enjoy your break with your families. Thank you for all of your support this past year. We appreciate your ongoing commitment to our school. [Read me if you missed the email from the past week!](#) See you in 2017!

## **COMMUNITY SERVICE OPPORTUNITIES**

### **Share The Holidays with our Troops!! Please help us make their time away brighter!!**

Shannon Daly is working in collaboration with her Civil Air Patrol Squadron in Plymouth to collect much needed and appreciated necessities and reminders of home for our troops overseas. We recently adopted 21 Medevac soldiers from the C/3-126 Aviation deployed to Iraq and Kuwait. We still have the AF unit from the Cape. Also Cadet Second Lieutenant Timothy Bourque's cousin, SPC Jacob Hultman is deployed to Kuwait and former Pilgrim Cadet Tom Lentini is still in Okinawa, these Valiant Troops are the recipients of this collection. When they receive these packages and letters from home, it lifts their spirits and lets them know we are thinking of them, and appreciate their service. Many service members deployed do not have people from home to motivate and support them. Shannon and CAP want to send as many boxes as possible before the Holidays, which is a tough time to be away from home.

This is an awesome opportunity for us to show our gratitude for their service! There is a list of their needs and requests in this notice, and on the collection boxes located in the lobbies of both school buildings as well as pictures of the troops you can check out!

For more information about donations, or CAP please contact Shannon Daly at [Shandewi@hotmail.com](mailto:Shandewi@hotmail.com)

### **Make room for new Holiday Books!!**

Shannon Daly in grade 9 is collecting slightly used or new books for children, ages 2 to 14, whose parents are students at the Adult Learning Center in Brockton. Each year, all the adult learners and their children are invited to come and choose books that they can take home to create an at home library. The Learning Center relies on donations from community members to make this give-away possible, a lot of the time this is the only way they receive books. The collection box is located outside in the front lobby at the front desk at 100 Longwater and any donations would be greatly appreciated. For larger donations please contact Shannon Daly at: [shandewi@hotmail.com](mailto:shandewi@hotmail.com)

### **Level II Student Collecting Donations for Cat Shelter**

Fisher Roman loves cats. LOVES them. He recently adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can or bag of cat food or cat litter and drop it off in Fisher's Cat Box in Nicole's Pod on Level 2. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**

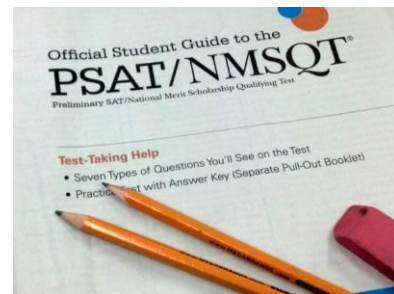


## FROM THE GUIDANCE OFFICE

Attention Parents/Guardians of Juniors:

PSAT score reports were distributed in Math classes on Monday, December 12th. If you sat for the PSAT last October, you can access or create your account to view your scores online at <https://studentscores.collegeboard.org/home>

Should you have questions about interpreting your score report or especially how your PSAT score compares to your Practice ACT score, please meet with guidance. Here is a brief video that goes over the PSAT score basics <https://youtu.be/nzCSfiL3WQ>



If you are looking for FREE help with SAT Prep, College Board has partnered with Khan Academy. FREE Practice with Khan Academy: Khan Academy analyzes the PSAT scores and creates FREE personalized skill practice, not just test prep, for the student. Here is a video that reviews how to connect the accounts if you wish to get a head start on this. <https://youtu.be/AlveV0131Cw>

The next step for Juniors is to start planning on when to take the SAT or ACT this Spring. To register for the SAT online at [www.sat.org](http://www.sat.org)

Exam Date	Register By
Jan 21, 2017	Dec 21
March 11	Feb 10
May 6	Apr 7
June 3	May 9

To register for the ACT - [www.actstudent.org](http://www.actstudent.org)

Exam Date	Register by
Feb 11	Jan 13
Apr 8	Mar 3
June 10	May 5

### Winter Break Guidance Policy Seniors and Families

Please be aware that the Guidance Office will be closing on Friday, December 23 at noon for winter break. The Guidance Office will reopen on Tuesday, January 3, 2017. The Guidance Office will not be sending any materials to colleges during the break. Please see Mary Carter this week if you would like to add any schools to your transcript request form. Thank you.

# BOKS

Morning Fitness Program  
Open to Level I, II, and III

For school year 2016 – 2017 the BOKS team will be hosting four sessions.

We will meet **Tuesday and Thursday** from 7:20am - 8:00am.

## **Session Dates:**

**Session 2: January 10 – January 31**

**Session 3: February 2 – February 16**

**Session 4: March 7 – March 30**

If you have any questions please email Kathy at [kmuse26@hotmail.com](mailto:kmuse26@hotmail.com)

We are looking for more parents willing to go through the training and help run sessions/days. All trainings are held at Rebook in Canton as detailed below.

Here is the link to sign up for training if you are interested in helping out.

<http://www.bokskids.org/training>



## **BOKS for Levels I, II, and III**

Organized and run by SSCPS parents, the program is inspired by the Reebok Foundation's BOKS program; all the fitness leaders have been trained by Reebok. This is a no cost before-school fitness program being offered to any child in Kindergarten to 6<sup>th</sup> grade. In order to provide the best program to the children there is a limit of 40 participants. If more applications are received than spots available there will be a lottery for participation. The schedule for the program is all Levels Tuesday and Thursdays. BOKS is held in the PE space with a start time of 7:20 and an end time of 8:00, the trainers escort all the children to the back door of the school. The 4 separate sessions are listed on the attached flyer. You may select any number of sessions from 1 to all 4, there will be an opportunity for sign-up before each session.

In order for your child to participate you must fill out the below information as well as the attached application including the doctor information and the release, this is to avoid liability issues. If you have more than one child participating please be sure to complete a separate form for each. Place the completed forms in the envelope at the front desk labeled "BOKS" NO later than **Dec. 22, 2016**.

If we have more applications than spots you will be notified by email of non-entry.

The purpose of BOKS is to stimulate the mind by movement before the school day begins.

**ALL requested information is required - Complete a separate form for each child.**

### **PLEASE PRINT CLEARLY**

I would like my child to participate in the BOKS Morning Fitness Program

Childs' Name: \_\_\_\_\_ Pod Teacher: \_\_\_\_\_

Parent(s)/Guardian(s) Email: \_\_\_\_\_

Parent(s)/Guardian(s) Signature: \_\_\_\_\_

Preferred Phone (Home / Work / Cell): \_\_\_\_\_

Circle All That Apply: Session 1 / Session 2 / Session 3 / Session 4

Any medical issues the trainers need to know?

\_\_\_\_\_



## List of Troops Needs and Requests

- HOLIDAY THEMED GOODIES!
- HEALTHY SNACKS
- DRINK MIX SINGLES AND CONDIMENT PACKS
- DRY CEREAL, POWDERED MILK/SUGAR PACKETS
- POP-TOP CANNED MEALS
- PROTEIN/GRANOLA BARS (THEY LOVE JERKY!).
- ASSORTED TOILETRIES FOR BOTH GENDERS (ORAL HYGIENE PRODUCTS, LOTION, FOOT/BODY POWDER, BABY WIPES, BODY WASH/IN ONE SHAMPOO, ETC).
- MORALE BOOSTERS (CURRENT MAGAZINES, BOOKS/PUZZLE BOOKS, DVD'S, BOARD GAMES, LETTERS/MAIL, ETC.).
- PAST TIMES (FRISBEE'S, SPORTS EQUIPMENT, PLAYING CARDS, POCKET GAMES, ETC.).
- BLANK GREETING CARDS TO SEND HOME, RETRACTABLE PENS, ETC.
- LETTERS FROM EVERYONE ARE ALWAYS WELCOME!

FOR THOSE WHO CAN'T BE HOME THIS TIME OF YEAR,  
GIVE THEM SOMETHING THAT WILL  
REMIND THEM OF HOME!

For more information contact Shannon Daly in the High School

Email: [shandewi@hotmail.com](mailto:shandewi@hotmail.com)

# Happy Holidays!

# Breakfast Order Form

## Breakfast for the Month of January, 2017

Due to the office by 3:00 pm, \***Tuesday**, December 20, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day breakfast will be ordered.

Week of ~~1/2 – 1/6~~  Monday  Tuesday  Wednesday  Thursday  Friday

Week of 1/9 – 1/13  Monday  Tuesday  Wednesday  Thursday  Friday

Week of 1/16 – 1/20  Monday  Tuesday  Wednesday  Thursday  Friday

Week of 1/23 – 1/27  Monday  Tuesday  Wednesday  Thursday  Friday

Week of 1/30 – 2/3  Monday  Tuesday  Wednesday  Thursday  Friday

Number of Breakfasts ordered \_\_\_\_\_ X \$1.85

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed**

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of January, 2017

Due to the office by 3:00 pm, \*Tuesday, December 20, 2016

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please circle **one** choice per each day lunch is ordered.*

Week of 1/9– 1/13	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>NO SCHOOL</b>
Week of 1/16 – 1/20	<u>Monday</u> <b>NO SCHOOL</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
Week of 1/23 – 1/27	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
Week of 1/30 – 2/3	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X \$3.40

Number of **Salads (B)** ordered \_\_\_\_\_ X \$3.40

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed**


\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.



**SOUTH SHORE CHARTER SCHOOL**  
**JANUARY, 2017**

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 2 oz. Cereal Fruit Orange Juice Milk	4 WG Croissant w/Jelly Fruit Orange Juice Milk	5 2 oz. Cereal Fruit Orange Juice Milk	6 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk
9 WG Cinnamon Raisin Bagel Fruit Orange Juice Milk	10 2 oz. Cereal Fruit Juice Milk	11 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	12 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	<b>NO SCHOOL</b>
16 	17 Graham Crackers Cereal Fruit Orange Juice Milk	18 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	19 WG Cinnamon Roll Fruit Juice Milk	20 WG Bagel Fruit Orange Juice Milk
23 Cheerios Graham Crackers Fruit Orange Juice Milk	24 2 oz. Cereal Fruit Orange Juice Milk	25 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	26 WG Croissant w/Jelly Fruit Juice Milk	27 WG Apple Roll Fruit Juice Milk
30 Cereal WG Grahams Fruit Juice Milk	31 WG Croissant w/Jelly Fruit Juice Milk	FEB. 1 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	2 WG Bagel w/Jelly Fruit Orange Juice Milk	3 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

\* All Meals include Choice of 1% or Skim Milk.

**Circle a Milk Choice**

**1%**

**Skim**

\* Complies with NSLP Regulations

**PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.**

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**


Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

## SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 JANUARY, 2017

**LUNCH MENU Circle A or B**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2		3 <b>A Tuna Salad on WG</b> Chickpea Salad w/Broccoli <b>B Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	4 <b>A American Chop Suey</b> Corn Whole Grain Roll <b>B Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	5 <b>A Oven Baked Chicken Bites</b> Potato Wedges <b>B Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk	6 <b>A Cheese Pizza</b> Green Beans <b>B Salad w/Crispy Chicken &amp; WG Pita Bread</b> Milk
9 <b>A Hamburger on WG Roll</b> Baked Beans <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	10 <b>A Grilled Chicken over Veggie Pasta Salad</b> <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	11 <b>A Ziti &amp; Meatballs</b> Green Beans Whole Grain Roll <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	12 <b>A Chicken WG Quesadilla</b> Corn <b>B Salad w/Turkey &amp; WG Pita Bread</b> Milk	NO SCHOOL	
	16 <b>A Ham &amp; Cheese Sandwich on WG</b> Carrots <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk	17 <b>A Ham &amp; Cheese Sandwich on WG</b> Carrots <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk	18 <b>A Chicken Teriyaki</b> Brown Rice Green Beans <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk	19 <b>A BBQ Chicken on WG Bun</b> Baked Beans <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk	20 <b>A Cheese Pizza</b> Potato Wedges Broccoli <b>B Salad w/Tuna &amp; WG Pita Bread</b> Milk
23 <b>A Pancakes &amp; Sausage</b> Potato Wedges <b>B Salad w/Cheese Sticks &amp; WG Pita Bread</b> Milk	24 <b>A Buffalo Chicken Wrap</b> Chickpea Salad <b>B Salad w/Cheese Sticks &amp; WG Pita Bread</b> Milk	25 <b>A Cheeseburger Mac</b> Broccoli Whole Grain Roll <b>B Salad w/Cheese Sticks &amp; WG Pita Bread</b> Milk	26 <b>A Stuffed Shells</b> Carrots Whole Grain Roll <b>B Salad w/Cheese Sticks &amp; WG Pita Bread</b> Milk	27 <b>A Cheese Pizza</b> Italian Beans <b>B Salad w/Cheese Sticks &amp; WG Pita Bread</b> Milk	
30 <b>A Sweet &amp; Sour Chicken</b> Brown Rice Broccoli <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	31 <b>A Chicken Caesar Salad Wrap</b> Chickpea Salad <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	<b>FEB 1</b> <b>A Sloppy Joe on WG Bun</b> Green Beans <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	<b>2</b> <b>A Meatballs on WG Sub</b> Potato Puffs <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	<b>3</b> <b>A Cheese Pizza</b> Potato Wedges Carrots <b>B Salad w/Grilled Chicken &amp; WG Pita Bread</b> Milk	

\* All Meals include Choice of 1% or Skim Milk.    **Circle a Milk Choice**    1%    Skim    *All Meals Include Fruit*    \* Complies with NSLP Regulations

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\*Before placing your order, please inform the school if you have a food allergy!

“This institution is an Equal Opportunity Employer”


Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12**  
**JANUARY, 2017**

**LUNCH MENU Circle A or B**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 A B	3 A Tuna Salad on WG Chickpea Salad w/Broccoli B Salad w/Crispy Chicken & WG Pita Bread Milk	4 A American Chop Suey Corn Whole Grain Roll B Salad w/Crispy Chicken & WG Pita Bread Milk	5 A Oven Baked Chicken Bites Potato Wedges B Salad w/Crispy Chicken & WG Pita Bread Milk	6 A Cheese Pizza Green Beans B Salad w/Crispy Chicken & WG Pita Bread Milk
9 A Hamburger on WG Roll Baked Beans B Salad w/Turkey & WG Pita Bread Milk	10 A Grilled Chicken over Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	11 A Ziti & Meatballs Green Beans Whole Grain Roll B Salad w/Turkey & WG Pita Bread Milk	12 A Chicken WG Quesadilla Corn B Salad w/Tukey & WG Pita Bread Milk	<b>NO SCHOOL</b>
16 	17 A Ham & Cheese Sandwich on WG Carrots B Salad w/Tuna & WG Pita Bread Milk	18 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	19 A BBQ Chicken on WG Bun Baked Beans B Salad w/Tuna & WG Pita Bread Milk	
23 A Pancakes & Sausage Potato Wedges B Salad w/Cheese Sticks & WG Pita Bread Milk	24 A Buffalo Chicken Wrap Chickpea Salad B Salad w/Cheese Sticks & WG Pita Bread Milk	25 A Cheeseburger Mac Broccoli Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	26 A Stuffed Shells Carrots Whole Grain Roll B Salad w/Cheese Sticks & WG Pita Bread Milk	27 A Cheese Pizza Italian Beans B Salad w/Cheese Sticks & WG Pita Bread Milk
30 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Grilled Chicken & WG Pita Bread Milk	31 A Chicken Caesar Salad Wrap Chickpea Salad B Salad w/Grilled Chicken & WG Pita Bread Milk	<b>FEB 1</b> A Sloppy Joe on WG Bun Green Beans B Salad w/Grilled Chicken & WG Pita Bread Milk	2 A Meatballs on WG Sub Potato Puffs B Salad w/Grilled Chicken & WG Pita Bread Milk	3 A Cheese Pizza Potato Wedges Carrots B Salad w/Grilled Chicken & WG Pita Bread Milk

\* All Meals include Choice of 1% or Skim Milk.    Circle a Milk Choice    1%    Skim    *All Meals Include Fruit*    \* Complies with NSLP Regulations

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