



Update

January 10, 2018

Vol. 1, Issue 1

FROM THE K-12 INTERIM PRINCIPAL

Welcome back and Happy 2018! I hope that everyone was able to relax and enjoy time with family and friends over the extended break and is returning to the school routine rejuvenated. Walking our halls this week it is evident that this is a busy time for teaching and learning as we approach the midpoint of the school year. The second quarter closes for all students on Tuesday, January 23rd. Our students in grades 7-12 are not only closing the second quarter but are also preparing for midyear exams. Midyear and final exams are important rituals in the life of the school and excellent preparation for exams at the college level. These exams are designed by teachers to test student progress in our curriculum and the results of these exams provide important data about how our students are doing. Studying for midyears helps students to solidify their learning as they enter the second half of the school year. Students have been preparing since the start of the year through the work in their classes. They can expect teachers to provide more specific study materials this week to help them focus their efforts. The long weekend is a wonderful three day opportunity to begin studying. Some may need some encouragement to take advantage of this opportunity.

Scores on midyear exams account for 10% of a student's final grade, a significant portion. Knowledge of that significance is motivating for many students and spurs a healthy level of stress that drives achievement. For other students exams bring a great deal of stress and anxiety because of the high standards that students have set for themselves. These exams can be particularly challenging for our seventh grade students who are preparing for this type of exam for the first time. Please don't hesitate to contact your child's advisor or pod teacher if you are concerned about the level of stress your child is exhibiting. We have a highly skilled counseling team with a track record of helping students work through challenges.

The schedule for midyear exams is below. **All students in grades 7-12 will be dismissed at 12:00pm on Wednesday, January 24th, Thursday, January 25th, and Friday, January 26th.** Please prepare for pickup accordingly. All Level IV students will be dismissed at the front door on those half days. On Friday, January 26th, high school students will be dismissed by 10:00 if they are not taking a make-up exam. Taking exams is exhausting for students. The early dismissal provides students with a well-deserved break.

High School Midyear Exam Schedule

	Wednesday 1/24	Thursday 1/25	Friday 1/26
8:30-10:00	A block	C block	E block
10:00-10:30	Break	Break	Break
10:30-12:00	B block	D block	Make-up exams

Level IV Midyear Exam Schedule

	Wednesday 1/24	Thursday 1/25	Friday 1/26
8:15-8:30	Morning Meeting	Morning Meeting	Morning Meeting
8:30-10:00	7 th Math 8 th English	7 th English 8 th Math	7 th History 8 th Science
10:00-10:30	Break	Break	Break
10:30-12:00	7 th Science 8 th Spanish	7 th Spanish 8 th History	Project Reflection and EOM

Please feel free to contact me with any questions or concerns.

Angie Pepin 781-982-4202 x102 apepin@sscps.org.

Wednesday	01/10	Professional Development Early Release	12:00pm
Monday	01/15	Martin Luther King, Jr. Day Observed – No School	
Wednesday	01/17	Parents Association Meeting	6:30pm
Thursday	01/18	Enrollment Open House	5:00-7:00pm
Save the Date	01/23	Bullying Presentation for Parents	6:00-7:00pm

ANNOUNCEMENTS

Congratulations to SSCPS students Fionn Pina Parker and Larkin Tanner along with their band “Not Today” on their upcoming first radio performance. Tune into WATD on Monday, January 22 at 9pm!

Not Today live on WATD!

When: Mon 1/22 9-10pm Eastern

Where: <http://southshorelive.com/live/>

Tune in to WATD (95.9) to hear our edition of Almost Famous! We'll perform a 45 minute set, and talk about what it's like to be us! If you won't be near a radio, you can stream it live from their website.

Live stream: <http://southshorelive.com/live/>

FROM THE HEALTH OFFICE

Now that winter and snow is here, this is a reminder that the kids go outside, at 100 Longwater, for recess as long as the weather is above 20 degrees. Please send in appropriate attire to go outside and play in the snow. Also, please have your student keep an extra pair of clothes in their locker for times when they get wet at recess.

Along with the cold comes many virus, like GI bugs and Flu. Please follow these guidelines to keep everyone as healthy as possible at school.

- Students should stay home with any vomiting or diarrhea and may return to school when symptom free for 24 hours
- Students should stay home if they have a fever >100.4. They may return to school when fever free for 24 hours without fever reducing medication like Tylenol/Ibuprofen.
- Students should stay home with severe cold symptoms/cough

If you have any questions, please contact Darcie in the Health Office at 781-982-4202 x104

FROM THE PHYSICAL EDUCATION DEPARTMENT

Just a few reminders as the colder weather approaches. Please help your child to remember to bring sneakers on their P.E day so they are able to participate safely. In addition to sneakers and in an effort to be more "green", the P.E department is encouraging all students who feel they will need a drink during class to bring their own water bottles.

Thank you for your help in making our classes more successful for all.

FROM THE DEVELOPMENT OFFICE



Welcome back and Happy New Year from the South Shore Charter Educational Foundation! We hope you all had a wonderful and relaxing break with your families. For the eight year in a row, an anonymous donor has challenged the SSCPS community to match their gift of \$6,000. All new and increased gifts to the Annual Fund received between now and March 1st will qualify. We need your help to maintain and enhance our current programs and reach our goal of \$75,000 with 100% participation. [All monetary donations are tax deductible.](#) Thank you for your support! SSCPEF, P.O. Box 512, Accord, MA 02018

SSCPS Jaguars winter hats are still available. The hats are one size fits all and cost \$20. They are available at the front desk at both 100 and 700, or by getting in touch with Laurie Dannison at ldannison@sscps.org.

2018 YEARBOOK

Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to www.coffeepond.com. To login use school password: **bluejaguar**. **Parents of seniors may submit a special personalized page** that will appear in the back of the book at these rates: **Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 15th, 2018.** The yearbook staff can help with any design concerns.

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. [Click here](#) for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**

BOKS

Morning Fitness Program
Open to Level I, II, and III

SESSION 2 SIGN-UPS

‘BOKS Program, sponsored by Reebok is currently accepting enrollment for next session which is scheduled for January 16th- March 8th.

We will meet **Tuesday and Thursday** from 7:20am - 8:00am.

Session Dates:

Session 2: January 16th- March 8th

Place the completed forms it in the envelope at the front desk labeled “BOKS” NO later than **January 11, 2018**

If you have any questions please email Kay Long at Kaybo.long@gmail.com

We are looking for more parents willing to go through the training and help run sessions/days. You do not need to be athletic to help but you will need an updated CORI with the school.

NEW this year are Virtual Training Sessions!!

Here is the link to sign up for training if you are interested in helping out.
<http://www.bokskids.org/training>

BOKS for Levels I, II, and III

Organized and run by SSCPS parents, the program is inspired by the Reebok Foundation's BOKS program; all the fitness leaders have been trained by Reebok. This is a no cost before-school fitness program being offered to any child in Kindergarten to 6th grade. In order to provide the best program to the children there is a limit of 40 participants. If more applications are received than spots available there will be a lottery for participation. The schedule for the program is all Levels Tuesday and Thursdays. BOKS is held in the PE space with a **start time of 7:20** and an end time of 8:00, the trainers escort all the children to the back door of the school. The 2 separate sessions are listed on the attached flyer. You may select any number of sessions from 1 to 2, there will be an opportunity for sign-up before each session.

In order for your child to participate you must fill out the below information as well as the attached application including the doctor information and the release, this is to avoid liability issues. If you have more than one child participating please be sure to complete a separate form for each. Place the completed forms in the envelope at the front desk labeled "BOKS" NO later than **January 11, 2018**.

If we have more applications than spots you will be notified by email of non-entry. ***The purpose of BOKS is to stimulate the mind by movement before the school day begins, please drop your child/children off no later than 7:20.***

ALL requested information is required – Complete a separate form for each child.

PLEASE PRINT CLEARLY

I would like my child to participate in the BOKS Morning Fitness Program Session 2

Childs' Name: _____ Pod Teacher: _____

Parent(s)/Guardian(s) Email:

Parent(s)/Guardian(s) Signature:

Preferred Phone (Home / Work / Cell): _____

Any medical issues the trainers need to know?

Holly Hill Farm & Friends

1/9/2018 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565

UPCOMING EVENTS & ACTIVITIES

HOLLY HILL FARM STAND IN THE GREENHOUSE, SUNDAY, JANUARY 21, 11:00 – 1:00pm

Come to our warm greenhouse on Sunday, January 21 to see what the farmers have available! Check our website for further details. We anticipate offering homemade soup as well as grilled sausages from Brown Boar Farm. Come and learn what we are planning for the Spring at Holly Hill Farm! **Place your order in advance for BROWN BOAR pork products and pick up between 11-12pm. Email Meaghan for price list: Meaghan.swetish@brownboarfarm.com** Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565 hollyhillfarm.org

NEW EVENT! WEDNESDAY MORNINGS AT THE FARM, WEDNESDAYS BEGINNING JANUARY 24, 10:00 – 11:00am

Come walk, explore and enjoy Holly Hill Farm in winter. Parents, caregivers and youngsters will enjoy the Farm. Dress for some time outdoors and then enjoy a healthy snack and story time in our warm greenhouse. No fee, but donations to the Farm are suggested. Pre-register if you plan to attend one or all of the sessions. Wednesdays, January 24, 31, February 7 & 14. Please call or email in advance. **Holly Hill Farm, 236 Jerusalem Road, Cohasset.** 781-383-6565 hollyhillfarm.org jbelberhollyhill@hotmail.com

MONTHLY WINTER FARM STAND 2018

Check our website in January for dates! Hollyhillfarm.org Send email to friendsofhollyhillfarm@gmail.com for weekly news from our farm stand and other events and programs!

NEW EVENT! THURSDAY, JANUARY 25, 5:00 – 7:00 PM Paul Pratt Library, Cohasset

Come learn about and celebrate our Farm to Food Pantry Program. This important Community Service opportunity for teenagers helps teach students about the importance of providing healthy organic produce to those in need. Hear stories from the teens who have gained an understanding of the value of this program. Paul Pratt Library, 35 Ripley Road, Cohasset, MA 02025. For more information, contact Jon Belber, Education Director, Holly Hill Farm, 781-383-6565 hollyhillfarm.org Email: jbelberhollyhill@hotmail.com

WINTER NEWS ON THE FARM TO FOOD PANTRY TEEN COMMUNITY SERVICE PROGRAM AT HOLLY HILL FARM

The *Farm to Food Pantry Program* is a unique opportunity for teenagers aged 13-18. Even though the fall schedule has come to a close, we welcome teen farmers who want to plan ahead for early spring chores or would like to help out on a limited basis during the winter months. If students need community service hours, please consider coming to the farm, as the Winter work never ceases. Please contact Jon Belber if you wish to plan your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. For further information and to register, contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

Breakfast Order Form

Breakfast for the Month of January, 2018

Due to the office by 3:00 pm, ***Tuesday, January 16, 2018**

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day breakfast will be ordered.

~~Week of~~ Monday Tuesday Wednesday Thursday Friday
~~1/1 — 1/5 —~~

~~Week of~~ Monday Tuesday Wednesday Thursday Friday
~~1/8 — 1/12 —~~

~~Week of~~ Monday Tuesday Wednesday Thursday Friday
~~1/15 — 1/19 —~~

Week of Monday Tuesday Wednesday Thursday Friday
 1/22 – 1/26

Week of Monday Tuesday Wednesday Thursday Friday
 1/29 – 2/2

Number of Breakfasts ordered _____ X \$1.85

Less credit due _____

Total Amount Enclosed \$_____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of January, 2018

Due to the office by 3:00 pm, ***Tuesday, January 16, 2018**

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
 1/1 - 1/5 ~~NO SCHOOL~~ ~~NO SCHOOL~~ ~~NO SCHOOL~~ **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday
 1/8 - 1/12 **Reg or Salad** **Reg or Salad** **Early Release** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday
 1/15 - 1/19 ~~NO SCHOOL~~ **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday
 1/22 - 1/26 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday
 1/29 - 2/2 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ X \$3.40

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL
JANUARY, 2018

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			4 Rice Krispies Graham Crackers Fruit Juice Milk	5 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk
8 Frosted Flakes Crackers Fruit Juice Milk	9 2 oz. Cereal Fruit Juice Milk	10 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	11 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	12 3.6 oz WG Banana Muffin Fruit Juice Milk
15 MARTIN LUTHER KING DAY	16 Golden Grahams WG Crackers Fruit Orange Juice Milk	17 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	18 WG Cinnamon Roll Fruit Juice Milk	19 WG Bagel Fruit Orange Juice Milk
22 Cheerios Graham Crackers Fruit Orange Juice Milk	23 2 oz. Cereal Fruit Orange Juice Milk	24 3.6 oz WG Banana Muffin Fruit Orange Juice Milk	25 3.6 oz WG Apple Muffin Fruit Juice Milk	26 WG Apple Roll Fruit Juice Milk
29 Cereal Graham Crackers Fruit Orange Juice Milk	30 WG Croissant w/Jelly Fruit Juice Milk	31 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	Feb 1 WG Apple Roll Fruit Orange Juice Milk	2 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

* All Meals include Choice of 1% or Skim Milk. * Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE *Before placing your order, please inform the school if you have a food allergy!

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
JANUARY, 2018

LUNCH Circle A or B
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			4 A Meatballs on WG Sub Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	5 A Cheese Pizza Carrots Potato Wedges B Salad w/Tuna & WG Pita Bread Milk
8 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	10 EARLY DISMISSAL	11 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	12 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
15 MARTIN LUTHER KING DAY	16 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	17 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	18 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	19 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
22 A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	23 A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	24 A American Chop Suey Broccoli & WG Roll B Salad W/ String Cheese & WG Pita Bread Milk	25 A Hamburger on WG Bun Sweet Potato Puffs B Salad w/ String Cheese & WG Pita Bread Milk	26 A Cheese Pizza Green Beans & Potato Wedges B Salad w/ String Cheese & WG Pita Bread Milk
29 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	30 A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	31 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	FEB 1 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	2 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1%, Fat Free Choc. or Skim Milk.

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

"This institution is an Equal Opportunity Employer"

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
JANUARY, 2018

LUNCH Circle A or B
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			4 A Meatballs on WG Sub Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	5 A Cheese Pizza Carrots Potato Wedges B Salad w/Tuna & WG Pita Bread Milk
8 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	10 EARLY DISMISSAL	11 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	12 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
15 MARTIN LUTHER KING DAY	16 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	17 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	18 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	19 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
22 A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	23 A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	24 A American Chop Suey Broccoli & WG Roll B Salad W/ String Cheese & WG Pita Bread Milk	25 A Hamburger on WG Bun Sweet Potato Puffs B Salad w/ String Cheese & WG Pita Bread Milk	26 A Cheese Pizza Green Beans & Potato Wedges B Salad w/ String Cheese & WG Pita Bread Milk
29 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	30 A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	31 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	FEB 1 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	2 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% , Fat Free Choc. or Skim Milk.

All Meals Include Fruit

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