



Update

January 31, 2018

Vol. 1, Issue 4

FROM THE EXECUTIVE DIRECTOR

There is no question that the second half of the school year is upon us. This is the time of year when we look back upon the first half of the year, evaluate what our students have learned and plan out what should be accomplished. This time of year is also the height of our enrollment season and the applications and inquiries have been coming in at full force. On the evening of January 18, we held our second Open House. Both November and January Open Houses were well attended. Students and parents did a terrific job giving tours and speaking with prospective families. I had the opportunity to speak with many student applicants and their families, and during these conversations it was clear that a strong reason families are interested in our school is because of the positive words being said by our current families.

The positive messages being sent by our current families has a far-reaching impact. Although we know that we cannot accept all applicants, it is wonderful to know that interest in our school remains high. It is important to remember that current families do not need to reapply each year. However, if your child has a sibling you would like to enroll please fill out an application to be included in the upcoming enrollment lottery. The application may be found at [this link](#). The deadline for all applications is Monday, February 26. The Enrollment Lottery will be held on the afternoon of Wednesday, March 7, 2018. This will be a half day for students. One significant change for this year will be that the lottery will be electronically drawn and posted so it will take less time. As always the lottery will remain random. As has been done in the past, all participating families will be notified of their child's acceptance or number on the wait list by email and posted letter. We are looking forward to another exciting enrollment lottery and welcoming new families to the school community.

Today we welcome the Bright Star Theatre Company from North Carolina who will perform two plays this morning. Our K-4 students will experience an interactive live performance on African Folktales. Students have been studying the power of myth and folktales as part of the Language Arts curriculum. Later this morning students in grades 5-8 will see a short play about the life of Jackie Robinson. We are very excited to see live actors share these important stories with our school community.

Alicia Savage – asavage@sscps.org

Wednesday	01/31	High School Mock Trial to Hingham Court House	1:00-4:00pm
Thursday	02/01	School Council	3:30pm
Friday	02/02	2 nd Quarter Grades Distributed	
Saturday	02/03	Ski Club – Ragged Mountain	6:30am
Saturday	02/03	Level III Jenna’s Project to Wentworth	
Monday	02/05	High School Science MCAS Retest	
Tuesday	02/06	High School Science MCAS Retest	
Wednesday	02/07	Executive Committee Meeting	8:00am
Wednesday	02/07	Professional Development Early Release	12:00pm
Wednesday	02/07	BSU Movie Fundraiser in the SSCPS Gym	12:30-2:30pm

ANNOUNCEMENTS

DESE School Report Card

The federal Elementary and Secondary Education Act (ESEA) requires schools to annually prepare and distribute school report cards to the parents/guardians of all enrolled children. Report cards must include information related to (1) assessments, (2) accountability, and (3) teacher quality. Follow the link below to read our Massachusetts Department of Elementary and Secondary Education prepared school report card.

[2017 Report Card Overview](#)

[2017 Complete School Report Card](#)

FROM THE GUIDANCE OFFICE

Parents/Guardians of Sophomores:

South Shore Charter Public School has partnered with Chyten Educational Group to support our high school students in the college application process. The programming addresses the needs of student at different grade levels. For Seniors, we have a College Center open on Tuesdays and Thursdays that is staffed with a College Access Counselor from Chyten. These counselors assist our students with their college applications, application essays, and their scholarship search. For Juniors, we have been offering SAT Prep courses during Focused Instructional Time (FIT) to prepare students for the spring SAT administration.

This year, Chyten will be offering a free *SAT & ACT Comparison Test* to all sophomores on **Wednesday, February 7th** (during the half-day) and then they will host a *Sophomore Parent Night* on **Tuesday, February 27th**. At the parent event representatives from Chyten go over the results of the comparison test and discuss testing in general (PSAT, SAT, MCAS) as well as beginning the college search process.



Please feel free to contact me for further information at 781-982-4202 x306 or email me at mcarter@sscps.org

Sincerely,
Mary Carter, Director of Guidance

FROM THE HEALTH OFFICE

We will begin BMI (height and weight) screenings this week for Grades 1, 4, 7, and 10. Students in Grade 8 will also receive hearing and vision screening. If for any reason you would not like your child to be screened, please send a letter to the Health Office.

Here are a few reminders regarding viruses such as GI bugs and the Flu. Please follow these guidelines to keep everyone as healthy as possible at school.

- Students should stay home with any vomiting or diarrhea and may return to school when symptom free for 24 hours
- Students should stay home if they have a fever >100.4. They may return to school when fever free for 24 hours without fever reducing medication like Tylenol/Ibuprofen
- Students should stay home with severe cold symptoms/cough

If you have any questions, please contact Darcie in the Health Office at 781-982-4202 x104.

FROM THE DEVELOPMENT OFFICE

The South Shore Charter Educational Foundation is hosting the annual "**LOVE OUR SCHOOL**" phonathon next week. [Make a donation today](#) and avoid getting the call! SSCEF has an anonymous donor who has challenged our community to match their gift of \$6,000 for the month of February. *We can't do this without your help!*



The SSCEF Annual Fund supports and enhances educational opportunities, innovation, and academic excellence throughout our K-12 SSCPS community. Please send a check to SSCEF, P.O. Box 512, Accord, MA 02018, or [click here to donate](#)! Make sure to check with your employer for a company match. Please note you will not receive a call if you have already donated to our Annual Fund giving for the fiscal year 2018.

If you would like to volunteer to help with phone calls next Wednesday night, please get in touch with Laurie Dannison at ldannison@sscps.org, or 781-982-4202.

Thank you for all your support and generosity.

2018 YEARBOOK

Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to www.coffeepond.com. To login use school password: **bluejaguar**. **Parents of seniors may submit a special personalized page** that will appear in the back of the book at these rates: **Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 15th, 2018.** The yearbook staff can help with any design concerns.

COMMUNITY SERVICE OPPORTUNITY

Join the 27th Annual Walk for Hospice – Saturday, March 24

SSCPS mom Kate Youngclaus, and her children Avery, grade 5, Sadie grade 2 and Maggie in kindergarten are participating in the 27th Annual Walk for Hospice of the South Shore taking place on Saturday, March 24, 2018. Each year the Walk for Hospice helps provide necessary funds for end-of-life care for hundreds of patients, and bereavement services for their family and friends. Supporting the Walk ensures that no patient is ever turned away, regardless of his or her ability to pay.

Please consider joining our team, South Shore Charter Public School!

http://giving.southshorehealth.org/site/TR/SignatureEvent/TeamRaiserWorkshop?team_id=1511&pg=team&fr_id=1090

Level 3 Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He even adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can of cat food or bags of cat litter and drop it off in Fisher's Cat Box on Level 3. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. [Click here](#) for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family **MUST** still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



LIFE'S A GIFT. GIVE MORE OF IT. **DONATE BLOOD.**

**Norwell Community
Blood Drive**
**Sponsored by South Shore
Charter Public School**

Gym
104 Longwater Drive
Norwell, MA 02061

**Thursday, February 16, 2018
1:00 PM to 6:00 PM**

Please call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org and enter:
NORWELL to schedule an appointment.

**Streamline your donation experience and save up to
15 minutes by visiting RedCrossBlood.org/RapidPass
to complete your pre-donation reading and health
history questions on the day of your appointment.**



Download the Blood Donor App | redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767



VOLUNTEERS!

“You’re A Good Man, Charlie Brown”

We need student and parent volunteers interested in working on the SSCPS spring musical in the following areas:

Stage Crew
Props
Make Up & Hair
Costumes
Props
Concessions
Box Office
Ushering
Stage Management

For some positions, you may be required to attend one rehearsal and the tech rehearsal in addition to a performance(s).

Please contact Colleen Leonard sscleonard@gmail.com if you are interested in volunteering. In addition to being a lot of fun, it's great experience for college applications and resumes. Hours worked on the spring production count as community service too!

SSCPS Outing Club



What: New England Aquarium
Boston

Who: SSCPS students in grades 5-8

When: Wed. Feb. 7, 2018 - Depart SSCPS gym area at 12:15 pm (it is a short Wednesday!)
Return to Braintree T station 7:00pm

Transportation: Parent Carpool from SSCPS to Braintree T/ MBTA to Aquarium
Student pick up will be at the Braintree T station

Cost: \$15-20 for T tokens and pocket money for dinner

Questions: sscpsoutingclub@gmail.com (Parent organizing: Kate Doyle)

Please complete and return your form by Friday 2/2/18 to front desk at 100 Longwater Circle. (all money should be the responsibility of your child on the day of the trip)

Please note there is a limit of students and chaperones on this trip to 25 students/4 chaperones. First come, first served.

This is not a school sponsored event



New England
Aquarium

Protecting the blue planet

New England Aquarium Outing
February 7, 2018
Middle School Outing Club

Student name: _____ grade _____ age _____

Print Parent/guardian name(s):

Phone #: _____

Email contact: _____

Person/number to call in case of emergency: _____

Choose one:

I am willing to help with transportation and chaperoning and can drive # _____ of students in my vehicle.

please assign a carpool for my child to attend the outing.

_____ will pick student from SSCPS at 7:00 PM at the Braintree T station.

Any special concerns that chaperones need to know (allergies, etc.):

I acknowledge that this a parent-organized event and give permission to parent volunteers to chaperone and transport my child as indicated, above.

Parent signature: _____

PLEASE RETURN THIS FORM BY Friday, February 2, 2018. No late sign ups will be accepted. Thank you for understanding.

This is not a school sponsored event

SSCPS Outing Club



What: MIT “Science on Saturdays” (Topic: Materials with Magical Properties)

Massachusetts Institute of Technology - Kresge Auditorium
48 Massachusetts Ave
Cambridge, MA 02139

.....and lunch in the city!

Who: SSCPS students in grades 5-8

When: Feb. 3, 2018, meet to carpool at 8:30am at Barnes and Noble in Braintree; pick up at 1:30

Transportation: Carpool to/from Barnes and Noble in Braintree

Cost: \$2 contribution to cover parking and send pocket money (\$10-15) with your child for lunch
Lunch options: Pizza, Dunkin’ Donuts, Ana’s Taqueria

Questions: sscpsoutingclub@gmail.com (Parent organizing: Kate Doyle)

Please complete and return your payment and the bottom of this form by 2/1/18 to front desk at 100 Longwater Circle to participate. (Cash only please!)

This is not a school sponsored event

MIT Science on Saturdays December 2, 2017
Middle School Outing Club

Student name: _____ grade _____ age _____

Print Parent/guardian name(s): _____

Phone #: _____

Email contact: _____

Person/number to call in case of emergency: _____

Choose one:

_____ I am willing to help with transportation and chaperoning and can drive # _____ of students in my vehicle.

_____ I will need help arranging carpooling for my child to attend the outing.

_____ I am arranging my own carpool to include (list student names and driver):

_____ will pick student from Barnes and Noble at 1:30 PM.

Any special concerns that chaperones need to know (allergies, etc.):

I acknowledge that this a parent-organized event and give permission to parent volunteers to chaperone and transport my child as indicated, above.

Parent signature: _____

PLEASE RETURN THIS FORM BY Feb. 1, 2018

This is not a school sponsored event

Holly Hill Farm & Friends

1/30/2018 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565

UPCOMING EVENTS & ACTIVITIES

NEW EVENT! WEDNESDAY MORNINGS AT THE FARM, WEDNESDAYS, JANUARY 31, FEBRUARY 7 & 14, 10:00 – 11:00am

Come walk, explore and enjoy Holly Hill Farm in winter. Parents, caregivers and youngsters will enjoy the Farm. Dress for some time outdoors and then enjoy a healthy snack and story time in our warm greenhouse. No fee, but donations to the Farm are suggested. Pre-register if you plan to attend one or all of the sessions. Wednesdays, January 31, February 7 & 14. Please call or email in advance. **Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565 hollyhillfarm.org**
jbelberhollyhill@hotmail.com

SCITUATE FARMER'S MARKET, Indoors at ST. LUKE'S CHURCH, 465 First Parish Rd., Scituate FEBRUARY 3 & 24, MARCH 3 & 24, APRIL 7, 8:30am-1:00pm

Holly Hill Farm is at the Scituate Winter Farmer's and Artisan's Market! Unique Farmers and Artisans market with exclusive vendors offering products produced from the earth and hailed from all over New England. Bluegrass, folk, Americana musicians showcasing their talent! Come and buy some Holly Hill Farm Honey, fresh pea shoots, as available. **Brown Boar Farm** will also be there selling their pork products. **Email Meaghan for price list: Meaghan.swetish@brownboarfarm.com**

Walking Trails are open to the public at HOLLY HILL FARM every day!

Farm Stand will be open in the Greenhouse, Saturday, February 10, 10:00 – 2:00pm

Holly Hill Farm is a tranquil destination for a Saturday stroll in the woods and a visit with our farm animals. Property maps are available for purchase in the Greenhouse or in the Farm Office during business hours (\$3.) While you are here, stop by our warm greenhouse to see what the farmers have available on SATURDAY, February 10, FROM 10:00 – 2:00pm. Restock your pantry with Holly Hill Farm's own bottled raw honey, Dean's Bean's fair trade coffee beans. **Place your order in advance for BROWN BOAR pork products and pick up between 11-12pm. Email Meaghan for price list: Meaghan.swetish@brownboarfarm.com** Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

NEW EVENT! Design How Your Garden Grows! Saturday, February 10, 10:30 am

Come discuss the plans for your garden, planters and open space as it is time to order seeds for the spring. We will discuss timing of when to sow, where to plant and how to ensure success for the New Year. Members \$12/ Nonmembers \$15. Pre-register by emailing jbelberhollyhill@hotmail.com or by calling 781-383-6565.

NEW EVENT! WINTER VACATION FUN AT HOLLY HILL FARM, Tues. – Thurs., Feb. 20-22, 9:00-noon

Come join us for vacation exploration at Holly Hill Farm. For one, two or all three days, children ages 7-10 can discover who lives on the farm, what lies beyond the barnyard and what the farmers do in Winter. Tuesday will be a day to learn about and visit with the animals. Wednesday will be a day explore the woods and look for Winter tracks in the snow. Thursday will offer the chance to sow seeds and work with the soil in the warm greenhouse. Children can bring a peanut-free snack and have a great time enjoying the farm in this cool season. Ages 7-10; Minimum of four students, maximum of 12. Tuesday, February 20th; Wednesday, February 21st; Thursday, February 22nd from 9-12 noon each day. FHHF Members: \$36/day; non-members: \$42 /day. Consider becoming an annual member with the Friends of Holly Hill Farm with year-round discounts. **Pre-register by contacting Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 jbelberhollyhill@hotmail.com, hollyhillfarm.org**

MONTHLY WINTER FARM STAND 2018

Check our website in January for dates! hollyhillfarm.org Send email to friendsofhollyhillfarm@gmail.com for weekly news from our farm stand and other farm events and programs!

WINTER NEWS ON THE FARM TO FOOD PANTRY TEEN COMMUNITY SERVICE PROGRAM AT HOLLY HILL FARM

The *Farm to Food Pantry Program* is a unique opportunity for teenagers aged 13-18. Even though the fall schedule has come to a close, we welcome teen farmers who want to plan ahead for early spring chores or would like to help out on a limited basis during the winter months. If students need community service hours, please consider coming to the farm, as the Winter work never ceases. Please contact Jon Belber if you wish to plan your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. For further information and to register, contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com



Resiliency Workshop:

Starting the conversation with children who have a parent with a life changing illness

Thursday, March 29th, 2018 at 6pm - 7:30pm
Hospice of the South Shore
30 Reservoir Park Drive, Rockland MA 02370

Session led by Maria Trozzi, M.Ed.

Maria Trozzi, Program Director of Joanna's Place, is cofounder of The Good Grief Program at Boston Medical Center, and assistant professor of Pediatrics at Boston University School of Medicine for more than two decades, a psychotherapist and parent.

Joanna's Place is partnering with Hospice of the South Shore to bring children and their parents an informative, FREE workshop about coping with illness.

Come fill your tool box with strategies to develop resiliency skills, regardless of the illness your family is facing.

Join other families, have a pizza supper, and maybe for the first time, share feelings with others experiencing similar challenges.

Pre-registration is required
Please contact Mary Boyle
(617) 910-7845 or
mary.boyle@joannasplace.org

**Hospice of the
South Shore**

PART OF South Shore Health System

PEOPLE, CAREGIVERS, AND EXCELLENCE IN MEDICINE TOGETHER *As One*



NAMI
National Alliance on Mental Illness

South
Shore

What is the NAMI Basics Education Program?

NAMI Basics is a free, 6-week education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or whom have already been diagnosed. NAMI Basics is offered in a group setting so you can connect with other people face-to-face.



What Will You Gain?

At NAMI Basics, you'll find out that you're not alone. Recovery is a journey, and there is hope. The group setting of NAMI Basics provides mutual support and shared positive impact—you can experience compassion and reinforcement from people who understand your situation. You also can help others with your own experience!

DATES:
March 6, 2018 to April 10, 2018

WHEN:
Tuesday Evenings from 6:30pm to 9pm

WHERE:
South Shore Children's Museum
Hanover, MA

For Registration Contact:
namisouthshore@gmail.com

NAMI Massachusetts
529 Main St #1M17
Boston, MA 02129



Suggested Winter/Spring 2018 Reading List A Community Benefit Program of South Shore Health System

Topics of interest for anyone raising, educating, mentoring, coaching or related to a child between the ages of 5-21!



Highlighted Books:

1. *The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child,* by Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.; published by Bantam Books, January 2018. Visit the author's website at: <http://bit.ly/2p2HNDP>

Suggested Books

2. *"Secret Kindness Agents: How Small Acts of Kindness Really Can Change the World,"* by Ferial Pearson, Ed.D.; Published by Write Life Publishing, 2014. To view the author's Tedx talk visit: <http://bit.ly/2C3KUJk> To read an article in Teaching Tolerance about the author's work visit: <http://bit.ly/2iUsPxK>
3. *Raising a Secure Child: How Circle of Security Parenting Can Help You Nurture Your Child's Attachment, Emotional Resilience and Freedomw to Explore,* by Kent Hoffman, Glen Cooper, Bert Powell with Christine Benton, published by The Guilford Press, 2017. To read a Q & A article by PsychCentral with the author visit: <http://bit.ly/2CvOwzy>
4. *"iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy—and Completely Unprepared for Adulthood—and What That Means for the Rest of Us,"* by Jean M. Twenge, Ph.D.; published by Atria Books, 2017. Visit the author's website at: <http://bit.ly/2DUtrMr> To view a video interview by CBS This Morning visit: <http://bit.ly/2EG34em>
5. *"The Book-- The Story of the Red Tail Hawk: One Family's Journey Through Addiction,"* by K.A. Morini and Amanda Beth Randall; published by Balboa Publishing, 2016.
6. *"The Strength Switch: How the New Science of Strength-Based Parenting Can Help Your Child and your Teen to Flourish"* by Lea Waters, Ph.D., published by Avery, 2017. Visit the author's website at: <http://bit.ly/2IG8X3k>
7. *"Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone,"* by Brené Brown Ph.D., L.M.S.W.; published by Random House, 2017. Visit the author's website at: <http://bit.ly/2AfrQ2n>



South Shore
Health System

Breakfast Order Form
Breakfast for the Month of February, 2018
*Due to the office by 3:00 pm, ***Tuesday**, February 6, 2018*

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

~~Week of~~ ~~[] Monday~~ ~~[] Tuesday~~ ~~[] Wednesday~~ ~~[] Thursday~~ ~~[] Friday~~
~~2/5 – 2/9~~

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
2/12 – 2/16

Week of [X] Monday [X] Tuesday [X] Wednesday [X] Thursday [X] Friday
2/19 – 2/23

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
2/26 – 3/2

Number of Breakfasts ordered _____ X \$1.85

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of February, 2018

Due to the office by 3:00 pm, *Tuesday, February 6, 2018

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
 2/5 - 2/9 ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Early Release~~ ~~Reg or Salad~~ ~~Reg or Salad~~

Week of Monday Tuesday Wednesday Thursday Friday
 2/12 - 2/16 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday
 2/19 - 2/23 * * * W I N T E R V A C A T I O N * * *

Week of Monday Tuesday Wednesday Thursday Friday
 2/26 - 3/2 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ \$3.40

Less credit due _____

Total Amount Enclosed


\$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL
FEBRUARY, 2018

BREAKFAST

Monday		Tuesday		Wednesday		Thursday		Friday	
5	Frosted Flakes Crackers Fruit Juice Milk	6	2 oz. Cereal Fruit Juice Milk	7	3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	8	3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	9	3.6 oz. WG Banana Muffin Fruit Juice Milk
12	Golden Grahams WG Grahams Fruit Orange Juice Milk	13	3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	14	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	15	WG Cinnamon Roll Fruit Juice Milk	16	WG Bagel Fruit Orange Juice Milk
19		V A		C A		T I		O N	
26	Cereal Graham Crackers Fruit Orange Juice Milk	27	WG Croissant w/Jelly Fruit Juice Milk	28	3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	March 1	WG Apple Roll Fruit Orange Juice Milk	2	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____

Room: _____



No. of Lunches: _____

Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
FEBRUARY, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	6 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 EARLY DISMISSAL	8 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
12 A Hamburger on WG Bun Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	13 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	14 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	15 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	16 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
19 	V A	C A	T I	O N
26 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	27 A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	28 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	March 1 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	2 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE***Before placing your order, please inform the school if you have a food allergy!*****"This institution is an Equal Opportunity Employer"***

Grade: _____

Room: _____

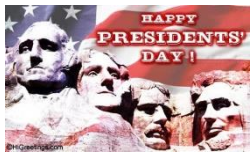


No. of Lunches: _____

Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
FEBRUARY, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	6 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 EARLY DISMISSAL	8 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
12 A Hamburger on WG Bun Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	13 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	14 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	15 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	16 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
19 	V A	C A	T I	O N
26 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	27 A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	28 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	March 1 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	2 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE***Before placing your order, please inform the school if you have a food allergy!*****"This institution is an Equal Opportunity Employer"***